V.I.S.A.A. STATE XC CHAMPIONSHIPS

Earlysville, VA
Panorama Farms

Thursday, November 12, 2026

BLUE RIDGE TIMING

OFFICIAL MEET REPORT
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Race #1
Boys Championship 5k (Division I)

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Norfolk Academy	99	3-9-19-32-36(56)(86)	1:26:52	17:23	1:53.5
2	St. Stephen's and St. Agne	107	5-8-22-28-44(71)(87)	1:27:07	17:26	2:08.4
3	Woodberry Forest	122	6-14-20-30-52(54)(62)	1:28:29	17:42	2:21.3
4	Bishop O'Connell	130	10-12-27-39-42(48)(81)	1:28:32	17:43	1:45.5
5	Saint John Paul the Great	131	7-16-29-34-45(49)(53)	1:28:41	17:45	2:01.9
6	Bishop Ireton	152	1-25-31-38-57(58)(60)	1:28:43	17:45	3:21.1
7	St. Christopher's	176	2-4-23-73-74(105)(109)	1:29:17	17:52	3:13.6
8	St. Anne's-Belfield School	182	13-26-35-47-61(88)(94)	1:31:07	18:14	1:40.5
9	Flint Hill School	209	17-18-40-50-84(95)(102)	1:32:03	18:25	2:08.9
10	Catholic	252	24-33-46-66-83(106)(111)	1:33:29	18:42	1:52.1
11	St. Paul VI Catholic	264	11-41-65-68-79(80)(82)	1:33:16	18:40	2:41.4
12	Trinity Episcopal School	286	21-51-67-70-77(96)(103)	1:34:36	18:56	1:51.5
13	Collegiate	294	15-55-64-75-85(90)(91)	1:34:43	18:57	2:18.6
14	Episcopal	328	37-59-63-76-93(100)(104)	1:36:17	19:16	2:12.0
15	The Potomac School	380	43-72-78-89-98(99)(107)	1:38:20	19:40	2:21.8
16	Benedictine	467	69-92-97-101-108(110)(112)	1:43:05	20:37	2:12.6

INDIVIDUAL RESULTS

Athlete		YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	2k	4.1k
1	DAY, Jason	SR	13	Bishop Ireton	1	15:36.4	---	5:01.1	3:07.3	**6:10.3(1)**	**12:57.9(1)**
2	JONES, Grayson	JR	104	St. Christopher's	2	16:13.5	37.1	5:13.0	3:14.7	6:16.7(4)	13:36.7(2)
3	BROWN, Brogan	JR	73	Norfolk Academy	3	16:19.8	43.4	5:15.0	3:16.0	6:12.3(3)	13:39.0(4)
4	NGUYEN, LT	SR	106	St. Christopher's	4	16:22.3	45.9	5:15.9	3:16.5	6:20.1(5)	13:44.4(6)
5	KREBS, Henry	JR	124	St. Stephen's and S	5	16:23.3	46.9	5:16.2	3:16.7	6:20.9(7)	13:46.4(7)
6	ERICKSON, Fin	FR	154	Woodberry Forest	6	16:30.4	54.0	5:18.5	3:18.1	6:26.3(11)	13:51.7(10)
7	HURLEY, David	SR	83	Saint John Paul the	7	16:30.7	54.3	5:18.6	3:18.1	6:23.7(10)	13:37.1(3)
8	RIEDY, Liam	JR	129	St. Stephen's and S	8	16:33.1	56.7	5:19.3	3:18.6	6:21.1(8)	13:47.0(8)
9	BOUSMAN, Matt	SO	71	Norfolk Academy	9	16:34.1	57.7	5:19.6	3:18.8	6:20.3(6)	13:48.8(9)
10	BREFCZYNSKI, Jayse	SR	23	Bishop O'Connell	10	16:38.7	1:02.3	5:21.1	3:19.7	6:21.9(9)	13:40.5(5)
11	DESIMONE, Alston	SO	113	St. Paul VI Catholic	11	16:52.2	1:15.8	5:25.5	3:22.4	6:29.0(13)	14:03.3(12)
12	BREFCZYNSKI, Landon	SO	24	Bishop O'Connell	12	17:15.4	1:39.0	5:32.9	3:27.1	6:10.8(2)	13:52.1(11)
13	MCLAUGHLIN, Jake	JR	98	St. Anne's-Belfield	13	17:22.1	1:45.7	5:35.1	3:28.4	6:47.9(24)	14:23.5(13)
14	DASHER, Hakim	FR	153	Woodberry Forest	14	17:27.3	1:50.9	5:36.8	3:29.5	6:55.6(34)	14:40.3(18)
15	LEWIS, Reade	SR	46	Collegiate	15	17:27.9	1:51.5	5:36.9	3:29.6	6:36.7(14)	14:30.7(14)
16	CARTER, Troy	JR	82	Saint John Paul the	16	17:30.0	1:53.6	5:37.6	3:30.0	6:46.5(20)	14:36.5(16)
17	COLLINS, Jake	SO	64	Flint Hill School	17	17:34.4	1:58.0	5:39.0	3:30.9	6:28.1(12)	14:34.5(15)
18	SCHONE, Bensten	SR	67	Flint Hill School	18	17:34.7	1:58.3	5:39.1	3:30.9	6:37.9(16)	14:37.2(17)
19	CROCKER, Ashton	SR	74	Norfolk Academy	19	17:37.7	2:01.3	5:40.1	3:31.5	6:53.1(29)	14:53.0(27)
20	LI, Aaron	JR	155	Woodberry Forest	20	17:38.6	2:02.2	5:40.4	3:31.7	6:55.2(32)	14:46.7(22)
21	CHILDS, Ben	JR	141	Trinity Episcopal Sc	21	17:40.3	2:03.9	5:40.9	3:32.1	6:47.0(22)	14:43.9(19)
22	EVELYN, Cole	SO	122	St. Stephen's and S	22	17:45.7	2:09.3	5:42.7	3:33.1	6:54.9(31)	14:47.8(24)
23	WHITE, Asa	JR	110	St. Christopher's	23	17:49.2	2:12.8	5:43.8	3:33.8	6:54.8(30)	14:49.1(26)

Race #1
Boys Championship 5k (Division I)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	2k	4.1k
24 WALKER, Tyler	SR	40	Catholic	24	17:49.3	2:12.9	5:43.8	3:33.9	6:37.0(15)	14:46.3(21)
25 MUNDARAIN, Nicholas	SO	18	Bishop Ireton	25	17:50.0	2:13.6	5:44.1	3:34.0	6:40.2(17)	14:47.7(23)
26 ZEISLER, Nico	JR	100	St. Anne's-Belfield	26	17:51.9	2:15.5	5:44.7	3:34.4	6:48.3(25)	14:45.8(20)
27 STREET, Ryan	JR	29	Bishop O'Connell	27	17:52.4	2:16.0	5:44.8	3:34.5	6:51.4(28)	14:57.1(29)
28 PENCEK, Connor	JR	128	St. Stephen's and S	28	17:53.0	2:16.6	5:45.0	3:34.6	6:55.3(33)	14:48.6(25)
29 SJURSET, Matthew	SR	87	Saint John Paul the	29	17:56.3	2:19.9	5:46.1	3:35.3	7:11.2(61)	15:06.2(31)
30 BARRETT, Eli	SO	151	Woodberry Forest	30	18:00.7	2:24.3	5:47.5	3:36.1	6:55.7(35)	14:54.7(28)
31 METZGAR, Michael	SO	16	Bishop Ireton	31	18:04.5	2:28.1	5:48.7	3:36.9	7:00.0(44)	15:03.9(30)
32 GUZIK, Finn	SR	77	Norfolk Academy	32	18:06.4	2:30.0	5:49.3	3:37.3	6:57.5(40)	15:07.4(32)
33 ANDERSON, Tj	SO	31	Catholic	33	18:10.9	2:34.5	5:50.8	3:38.2	7:01.3(46)	15:09.5(33)
34 BOURIL, Andrew	JR	81	Saint John Paul the	34	18:11.3	2:34.9	5:50.9	3:38.3	7:07.5(54)	15:13.0(36)
35 SHIRAISHI, Brendan	JR	99	St. Anne's-Belfield	35	18:11.4	2:35.0	5:50.9	3:38.3	7:04.3(50)	15:15.0(38)
36 WISE, Taylor	SO	79	Norfolk Academy	36	18:13.3	2:36.9	5:51.5	3:38.7	6:46.7(21)	15:11.3(34)
37 WATTS, Robert	SR	60	Episcopal	37	18:14.5	2:38.1	5:51.9	3:38.9	6:57.6(41)	15:11.9(35)
38 MAH-CHAMBERLIN, Neil	SR	15	Bishop Ireton	38	18:14.6	2:38.2	5:52.0	3:38.9	7:02.8(49)	15:15.4(39)
39 BRADLEY, Ian	SR	22	Bishop O'Connell	39	18:20.6	2:44.2	5:53.9	3:40.1	7:01.3(46)	15:22.7(44)
40 HAMILTON, Ian	SO	66	Flint Hill School	40	18:23.6	2:47.2	5:54.9	3:40.7	6:49.0(26)	15:13.0(36)
41 COLLENS, Tommy	SO	111	St. Paul VI Catholic	41	18:24.0	2:47.6	5:55.0	3:40.8	6:59.4(43)	15:20.8(43)
42 BEST, Dominic	SR	21	Bishop O'Connell	42	18:24.2	2:47.8	5:55.0	3:40.8	6:56.2(36)	15:15.4(39)
43 REINECKE, Joshua	SR	137	The Potomac Scho	43	18:30.1	2:53.7	5:56.9	3:42.0	6:57.0(38)	15:19.2(41)
44 FRENCH, Will	JR	123	St. Stephen's and S	44	18:31.7	2:55.3	5:57.5	3:42.3	6:56.4(37)	15:23.4(45)
45 STEHLIK, Sam	JR	88	Saint John Paul the	45	18:32.6	2:56.2	5:57.7	3:42.5	7:08.9(56)	15:28.9(48)
46 SCHLEICHER, John	JR	38	Catholic	46	18:34.3	2:57.9	5:58.3	3:42.9	7:01.9(48)	15:27.8(46)
47 BABICH, Jayton	FR	92	St. Anne's-Belfield	47	18:38.1	3:01.7	5:59.5	3:43.6	7:04.3(50)	15:37.4(51)
48 FLEENOR, Peter	JR	25	Bishop O'Connell	(48)	18:38.3	3:01.9	5:59.6	3:43.7	6:44.4(19)	15:38.6(52)
49 LASSETER, Peter	SR	84	Saint John Paul the	(49)	18:40.5	3:04.1	6:00.3	3:44.1	7:11.5(62)	15:19.7(42)
50 WILLATS, Jackson	SO	70	Flint Hill School	50	18:46.4	3:10.0	6:02.2	3:45.3	6:50.9(27)	15:28.5(47)
51 ELDRIDGE, Grey	FR	143	Trinity Episcopal Sc	51	18:49.3	3:12.9	6:03.1	3:45.9	7:07.6(55)	15:43.7(56)
52 YOUNG, Benjamin	JR	160	Woodberry Forest	52	18:51.7	3:15.3	6:03.9	3:46.3	7:23.2(71)	15:43.4(55)
53 YOUNG, Joseph	SR	90	Saint John Paul the	(53)	18:52.6	3:16.2	6:04.2	3:46.5	7:09.1(57)	15:47.2(60)
54 MYERS, Daniel	JR	156	Woodberry Forest	(54)	18:53.6	3:17.2	6:04.5	3:46.7	7:23.8(74)	15:43.9(57)
55 PORTER, Jack	SR	47	Collegiate	55	18:54.7	3:18.3	6:04.9	3:46.9	6:47.2(23)	15:33.4(49)
56 DESAI, Aransh	FR	76	Norfolk Academy	(56)	18:55.6	3:19.2	6:05.1	3:47.1	7:07.3(53)	15:43.3(54)
57 CARTER, Joseph	JR	12	Bishop Ireton	57	18:57.5	3:21.1	6:05.8	3:47.5	7:00.2(45)	15:40.0(53)
58 SCHUBERT, Henry	SR	20	Bishop Ireton	(58)	18:57.6	3:21.2	6:05.8	3:47.5	7:14.1(63)	15:48.5(61)
59 BEDI, Kabir	JR	51	Episcopal	59	18:59.8	3:23.4	6:06.5	3:48.0	7:28.2(87)	15:52.9(63)
60 MOELLER, Zach	JR	17	Bishop Ireton	(60)	19:00.9	3:24.5	6:06.8	3:48.2	7:14.2(64)	15:48.8(62)
61 GREENE, Jack	SO	95	St. Anne's-Belfield	61	19:02.6	3:26.2	6:07.4	3:48.5	7:24.3(77)	15:53.5(66)
62 BROUGHTON, Shaffer	SR	152	Woodberry Forest	(62)	19:04.9	3:28.5	6:08.1	3:49.0	7:23.6(72)	15:53.0(64)
63 FOULK, Ephraim	FR	53	Episcopal	63	19:05.1	3:28.7	6:08.2	3:49.0	7:28.1(86)	15:53.9(67)
64 AMIN, Aaryan	8	41	Collegiate	64	19:05.8	3:29.4	6:08.4	3:49.2	7:24.9(79)	15:54.7(68)
65 LANHAM, Luke	JR	114	St. Paul VI Catholic	65	19:09.4	3:33.0	6:09.6	3:49.9	7:29.9(91)	16:06.5(75)
66 NICOLETTI, James	JR	37	Catholic	66	19:12.9	3:36.5	6:10.7	3:50.6	6:57.9(42)	15:45.7(59)
67 OPERE, Ryder	SO	148	Trinity Episcopal Sc	67	19:15.6	3:39.2	6:11.6	3:51.1	6:57.4(39)	15:44.9(58)
68 MYERS, Christian	SO	19	Bishop Ireton	-	19:15.6	3:39.2	6:11.6	3:51.1	7:14.6(65)	15:53.1(65)
69 WILLIAMS, Khae'el	SR	89	Saint John Paul the	-	19:15.8	3:39.4	6:11.6	3:51.2	7:10.3(59)	15:56.4(69)

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	2k	4.1k
70 SERNGADICHAIVIT, Ryan	JR	118	St. Paul VI Catholic	68	19:16.4	3:40.0	6:11.8	3:51.3	7:28.9(89)	16:03.4(72)
71 BLOMMEL, Dade	SR	4	Benedictine	69	19:16.6	3:40.2	6:11.9	3:51.3	7:10.9(60)	15:58.3(70)
72 CHULICK, Tyler	JR	142	Trinity Episcopal Sc	70	19:18.7	3:42.3	6:12.6	3:51.7	7:30.1(92)	16:10.2(77)
73 DORE, Charlie	FR	121	St. Stephen's and S	(71)	19:19.2	3:42.8	6:12.7	3:51.8	7:27.9(85)	16:07.3(76)
74 CAMPBELL, Burke	JR	132	The Potomac Scho	72	19:21.5	3:45.1	6:13.5	3:52.3	7:26.2(80)	16:12.9(84)
75 STEWART, Osawe	SR	157	Woodberry Forest	-	19:23.2	3:46.8	6:14.0	3:52.6	7:24.7(78)	16:04.7(73)
76 ANAND, Arjun	JR	101	St. Christopher's	73	19:24.2	3:47.8	6:14.3	3:52.8	7:19.8(67)	16:05.4(74)
77 ROBERTS, Joseph	SR	86	Saint John Paul the	-	19:24.6	3:48.2	6:14.5	3:52.9	7:04.9(52)	16:00.5(71)
78 SMITH, Noah	SR	108	St. Christopher's	74	19:27.1	3:50.7	6:15.3	3:53.4	7:09.2(58)	16:11.0(78)
79 JOHNSTON, Kieran	JR	44	Collegiate	75	19:27.5	3:51.1	6:15.4	3:53.5	7:26.4(81)	16:11.7(79)
80 HUYNH, Kingsley	SO	55	Episcopal	76	19:30.6	3:54.2	6:16.4	3:54.1	7:29.5(90)	16:12.3(82)
81 SPRINGER, Cruize	SO	149	Trinity Episcopal Sc	77	19:31.8	3:55.4	6:16.8	3:54.4	7:21.1(68)	16:12.0(81)
82 PAI, Alexander	FR	136	The Potomac Scho	78	19:32.5	3:56.1	6:17.0	3:54.5	7:37.4(106)	16:19.9(86)
83 SUMNER, Alex	SR	120	St. Paul VI Catholic	79	19:33.6	3:57.2	6:17.4	3:54.7	7:28.8(88)	16:18.6(85)
84 LAU, Matthew	SO	115	St. Paul VI Catholic	(80)	19:33.9	3:57.5	6:17.5	3:54.8	7:30.8(94)	16:12.6(83)
85 SPRINGER, Will	FR	28	Bishop O'Connell	(81)	19:39.1	4:02.7	6:19.1	3:55.8	7:41.3(108)	16:28.7(92)
86 MEAGHER, Ryan	SR	85	Saint John Paul the	-	19:39.8	4:03.4	6:19.4	3:56.0	7:36.2(103)	16:21.9(90)
87 PARAS, Daniel	SO	116	St. Paul VI Catholic	(82)	19:40.3	4:03.9	6:19.5	3:56.1	7:18.4(66)	16:11.7(79)
88 MAREK, Brennan	FR	36	Catholic	83	19:41.4	4:05.0	6:19.9	3:56.3	7:24.0(76)	16:19.9(86)
89 MCLAUGHLIN, Evan		68	Flint Hill School	84	19:43.3	4:06.9	6:20.5	3:56.7	7:35.1(100)	16:22.4(91)
90 KRUMBEIN, Nathan	JR	45	Collegiate	85	19:46.5	4:10.1	6:21.5	3:57.3	7:26.8(83)	16:20.0(88)
91 SCHNITTGER, Andrew	JR	117	St. Paul VI Catholic	-	19:48.1	4:11.7	6:22.0	3:57.6	7:35.6(101)	16:32.2(94)
92 BORJA, Ethan	SR	11	Bishop Ireton	-	19:51.0	4:14.6	6:23.0	3:58.2	7:22.9(70)	16:20.5(89)
93 COOGAN, Joseph	JR	112	St. Paul VI Catholic	-	19:52.2	4:15.8	6:23.3	3:58.4	7:36.2(103)	16:31.8(93)
94 CUNNION, Mason	SR	75	Norfolk Academy	(86)	19:54.8	4:18.4	6:24.2	3:59.0	7:22.1(69)	16:35.7(97)
95 MCCUSKER, William	JR	126	St. Stephen's and S	(87)	19:55.2	4:18.8	6:24.3	3:59.0	7:34.2(99)	16:47.0(102)
96 WILMER, Johnny	JR	130	St. Stephen's and S	-	19:57.6	4:21.2	6:25.1	3:59.5	7:32.6(97)	16:34.2(95)
97 STRICKLAND, Mac	JR	158	Woodberry Forest	-	19:58.3	4:21.9	6:25.3	3:59.7	7:37.3(105)	16:39.0(98)
98 GRIMM, Ansel	JR	96	St. Anne's-Belfield	(88)	20:01.0	4:24.6	6:26.2	4:00.2	7:30.6(93)	16:34.4(96)
99 AMR, Zane	JR	131	The Potomac Scho	89	20:03.2	4:26.8	6:26.9	4:00.6	7:44.1(109)	16:44.9(101)
100 WALLACE, James	SO	50	Collegiate	(90)	20:06.9	4:30.5	6:28.1	4:01.4	7:32.0(96)	16:42.1(99)
101 WILLISTON, Win	FR	78	Norfolk Academy	-	20:10.5	4:34.1	6:29.2	4:02.1	7:36.0(102)	16:47.5(103)
102 SLOAN, John Paul	FR	27	Bishop O'Connell	-	20:10.6	4:34.2	6:29.3	4:02.1	7:23.9(75)	16:42.2(100)
103 FERRELL, McGill	8	42	Collegiate	(91)	20:16.9	4:40.5	6:31.3	4:03.4	7:50.7(120)	16:52.0(105)
104 WESLEY, William	SR	10	Benedictine	92	20:22.2	4:45.8	6:33.0	4:04.4	7:27.6(84)	16:59.9(108)
105 THOMSON, Davis	SO	159	Woodberry Forest	-	20:25.2	4:48.8	6:34.0	4:05.0	7:37.6(107)	16:59.0(107)
106 LIN, Jeremy	JR	56	Episcopal	93	20:26.5	4:50.1	6:34.4	4:05.3	7:58.9(125)	17:07.9(110)
107 DYNER, Evan	SO	93	St. Anne's-Belfield	(94)	20:27.6	4:51.2	6:34.7	4:05.5	7:44.6(110)	17:02.8(109)
108 ANDERSON, Oliver	FR	61	Flint Hill School	(95)	20:34.9	4:58.5	6:37.1	4:07.0	7:33.8(98)	16:56.2(106)
109 THALHIMER, Ben	JR	49	Collegiate	-	20:40.3	5:03.9	6:38.8	4:08.1	6:41.2(18)	15:35.2(50)
110 ESTERHAY, Gavin	FR	94	St. Anne's-Belfield	-	20:44.2	5:07.8	6:40.1	4:08.8	7:46.4(114)	17:09.0(111)
111 SWINGLE, Andy	SR	30	Bishop O'Connell	-	20:44.4	5:08.0	6:40.1	4:08.9	7:26.4(81)	16:50.8(104)
112 JONES, Bays	8	145	Trinity Episcopal Sc	(96)	20:46.3	5:09.9	6:40.7	4:09.3	7:44.8(111)	17:16.7(112)
113 XU, Ivan	SR	80	Norfolk Academy	-	20:46.6	5:10.2	6:40.8	4:09.3	7:23.6(72)	17:17.5(113)
114 ACQUISTA, Dominic	SO	2	Benedictine	97	20:50.8	5:14.4	6:42.2	4:10.2	7:50.5(119)	17:21.9(115)
115 YUAN, Aiden	SR	140	The Potomac Scho	98	20:51.9	5:15.5	6:42.5	4:10.4	7:49.5(116)	17:24.2(116)

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	2k	4.1k
116 MATHURIA, Kavi	FR	134	The Potomac Scho	(99)	20:58.9	5:22.5	6:44.8	4:11.8	7:58.7(124)	17:32.8(119)
117 GARCIA, Holden	SO	14	Bishop Ireton	-	21:00.1	5:23.7	6:45.2	4:12.0	7:59.8(126)	17:42.1(124)
118 GUY, August	JR	54	Episcopal	(100)	21:01.4	5:25.0	6:45.6	4:12.3	8:02.3(127)	17:40.9(123)
119 BRONAUGH, Liam	JR	72	Norfolk Academy	-	21:03.7	5:27.3	6:46.3	4:12.7	7:31.5(95)	17:24.8(117)
120 LAWRENCE, William	FR	125	St. Stephen's and S	-	21:04.2	5:27.8	6:46.5	4:12.8	7:50.8(121)	17:28.1(118)
121 SCHOOL, Max	FR	9	Benedictine	101	21:05.9	5:29.5	6:47.0	4:13.2	7:51.7(122)	17:33.8(120)
122 GULOTTA, Liam	SO	97	St. Anne's-Belfield	-	21:08.1	5:31.7	6:47.7	4:13.6	7:45.1(112)	17:20.2(114)
123 FENG, Dylan	JR	65	Flint Hill School	(102)	21:10.9	5:34.5	6:48.6	4:14.2	8:11.1(131)	17:44.5(126)
124 FLAHERTY, Wyatt	SR	144	Trinity Episcopal Sc	(103)	21:14.8	5:38.4	6:49.9	4:15.0	7:45.2(113)	17:36.5(122)
125 WANG, William	SO	59	Episcopal	(104)	21:15.8	5:39.4	6:50.2	4:15.2	8:11.6(132)	17:48.4(127)
126 SUTHERLAND, Preston	SR	48	Collegiate	-	21:16.3	5:39.9	6:50.4	4:15.3	8:03.6(128)	17:44.1(125)
127 ATEGOU, Mateo	SR	91	St. Anne's-Belfield	-	21:20.7	5:44.3	6:51.8	4:16.1	7:47.3(115)	17:34.1(121)
128 SMALL, Zern	FR	107	St. Christopher's	(105)	21:24.7	5:48.3	6:53.1	4:16.9	8:14.1(134)	18:11.1(134)
129 BOUMA, Brandon	SO	33	Catholic	(106)	21:25.6	5:49.2	6:53.4	4:17.1	7:56.9(123)	17:50.4(130)
130 SINGSON, Lakan	SR	139	The Potomac Scho	(107)	21:28.0	5:51.6	6:54.1	4:17.6	8:14.6(135)	17:50.0(129)
131 FERGUSON, Braden	SO	6	Benedictine	108	21:29.2	5:52.8	6:54.5	4:17.8	8:11.9(133)	17:58.3(132)
132 BERENTS, Avery	SO	102	St. Christopher's	(109)	21:31.6	5:55.2	6:55.3	4:18.3	7:49.9(117)	17:49.1(128)
133 EAKIN, McCoy	SO	103	St. Christopher's	-	21:39.9	6:03.5	6:58.0	4:20.0	8:05.5(130)	17:57.8(131)
134 ODOM, Derek	SO	127	St. Stephen's and S	-	22:09.5	6:33.1	7:07.5	4:25.9	8:27.1(140)	18:27.1(135)
135 DUONG, Royce	SO	52	Episcopal	-	22:13.8	6:37.4	7:08.9	4:26.8	8:34.9(144)	18:40.3(137)
136 WARREN, Whittaker	FR	150	Trinity Episcopal Sc	-	22:16.1	6:39.7	7:09.6	4:27.2	8:04.5(129)	17:59.6(133)
137 ABERNATHY, Benton	SO	1	Benedictine	(110)	22:18.4	6:42.0	7:10.4	4:27.7	8:19.1(136)	18:31.3(136)
138 BAKER, Grayson	SR	32	Catholic	(111)	22:23.6	6:47.2	7:12.0	4:28.7	8:26.8(139)	18:41.3(138)
139 TATUM, Eli	JR	109	St. Christopher's	-	22:25.9	6:49.5	7:12.8	4:29.2	8:35.2(146)	18:51.8(142)
140 MUNIZ, Aaron	SR	147	Trinity Episcopal Sc	-	22:28.9	6:52.5	7:13.7	4:29.8	7:49.9(117)	18:44.3(139)
141 SEEBER, Matthew	JR	138	The Potomac Scho	-	22:30.1	6:53.7	7:14.1	4:30.0	8:33.8(141)	18:51.6(141)
142 PARK, Raymond	SO	57	Episcopal	-	22:30.6	6:54.2	7:14.3	4:30.1	8:35.0(145)	18:54.4(143)
143 SEMONES, Michael	FR	39	Catholic	-	22:31.6	6:55.2	7:14.6	4:30.3	8:20.0(137)	18:49.0(140)
144 RAGLAND, Robert	SR	58	Episcopal	-	22:53.8	7:17.4	7:21.7	4:34.8	8:46.9(149)	19:02.4(144)
145 GRASSER, Ryan	JR	7	Benedictine	(112)	22:57.1	7:20.7	7:22.8	4:35.4	8:44.2(147)	19:14.9(146)
146 COFFEE, Caden	JR	63	Flint Hill School	-	23:03.0	7:26.6	7:24.7	4:36.6	8:44.7(148)	19:16.5(147)
147 NASR, Vincent	FR	135	The Potomac Scho	-	23:09.7	7:33.3	7:26.8	4:37.9	8:34.1(142)	19:08.0(145)
148 GUZMAN, Ben	JR	35	Catholic	-	23:12.0	7:35.6	7:27.6	4:38.4	8:51.2(150)	19:25.3(149)
149 TAYLOR, Jackson	SR	69	Flint Hill School	-	23:15.9	7:39.5	7:28.8	4:39.2	8:52.2(151)	19:24.7(148)
150 REGENSBURG, Noah	JR	8	Benedictine	-	23:37.2	8:00.8	7:35.7	4:43.4	8:34.3(143)	19:33.4(150)
151 BLOMMEL, Ian	SO	5	Benedictine	-	23:56.1	8:19.7	7:41.8	4:47.2	8:22.3(138)	20:07.0(151)
152 AKBAR, Alexander	SO	3	Benedictine	-	24:45.0	9:08.6	7:57.5	4:57.0	8:59.7(152)	20:30.5(152)
-- STEPHENSON, Aiden	JR	119	St. Paul VI Catholic	-	DNF		---	---		
-- BETHEL, Connor	SO	62	Flint Hill School	-	DNF		---	---		
-- MCDONNELL, Nicolas	JR	105	St. Christopher's	-	DNF		---	---		