VHSL SUPER REGIONAL
Mechanicsville, VA
Pole Green Park
Tuesday, October 27, 2026

BLUE RIDGE TIMING

OFFICIAL MEET REPORT
printed: 10/27/2026 1:38 PM

Race #3
Girls 5C Championship

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Avg.	Spread
1	Glen Allen High School#Te	46	1-2-12-14-17(18)(30)	19:42	2:06.0
2	Midlothian High School#Te	52	3-4-11-15-19(25)	19:47	2:13.3
3	Albemarle#Team	75	6-8-9-23-29(39)(58)	20:29	2:18.8
4	Douglas Freeman	112	7-10-20-28-47(50)(56)	21:11	3:19.0
5	Deep Run	137	5-16-35-40-41(45)(53)	21:29	3:15.8
6	Mills Godwin	142	13-24-26-36-43(61)(62)	21:42	2:30.0
7	Franklin County	186	21-22-46-48-49(52)(59)	22:25	2:33.3
8	Patrick Henry (Roanoke)	208	31-34-38-51-54(57)	22:46	1:58.2
9	Matoaca High School	221	27-37-42-55-60(64)(72)	23:09	3:16.6
10	James River (Midlothian)	259	32-33-63-65-66(68)(70)	24:30	4:07.6
11	Highland Springs	331	44-67-71-73-76(77)(79)	26:57	6:38.6
12	Hermitage	376	69-74-75-78-80	28:48	3:08.5

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1m	3.4k
1	CARLSON, Avery #Team	JR	189	Glen Allen High Sch	1	18:31.1	5:57.3	3:42.2	5:45.1	13:53.4
2	STEIN, Emma #Team	SO	201	Glen Allen High Sch	2	18:35.6	5:58.7	3:43.1	5:44.6	13:52.6
3	ANSELL, Briella #Team	SO	330	Midlothian High Sch	3	18:36.9	5:59.1	3:43.4	5:44.6	13:53.3
4	JAEGER, Kate #Team	SR	343	Midlothian High Sch	4	18:41.1	6:00.5	3:44.2	5:44.4	13:53.8
5	MESEROLE, Dahae	SO	90	Deep Run	5	19:20.4	6:13.1	3:52.1	5:45.8	14:06.9
6	PETERSON, Pia #Team	JR	18	Albemarle	6	19:23.4	6:14.1	3:52.7	5:45.2	14:13.5
7	GAGEN, Alanna	JR	132	Douglas Freeman	7	19:59.3	6:25.6	3:59.8	6:02.2	14:50.3
8	MURRAY, Carys #Team	9	15	Albemarle	8	20:02.0	6:26.5	4:00.4	6:03.7	14:56.5
9	COLEMAN, McKinley #Team	SO	4	Albemarle	9	20:02.4	6:26.6	4:00.5	6:02.7	14:56.5
10	ATCHISON, Elena	SO	123	Douglas Freeman	10	20:04.9	6:27.4	4:01.0	6:02.2	14:50.1
11	GARDNER, Gwendolyn #Tea	SO	339	Midlothian High Sch	11	20:16.0	6:31.0	4:03.2	6:04.1	15:07.6
12	PARDUE, Makenna #Team	JR	197	Glen Allen High Sch	12	20:19.6	6:32.1	4:03.9	5:56.0	14:57.3
13	GROSSMAN, Loren	SR	379	Mills Godwin	13	20:20.6	6:32.5	4:04.1	6:01.7	15:06.7
14	BEIKE, Finley #Team	JR	188	Glen Allen High Sch	14	20:22.6	6:33.1	4:04.5	6:03.5	15:08.7
15	HARWOOD, Riley #Team	SR	340	Midlothian High Sch	15	20:29.5	6:35.3	4:05.9	6:01.6	15:07.8
16	SCHOOT, Grace	SR	92	Deep Run	16	20:32.1	6:36.2	4:06.4	6:03.3	15:12.7
17	ALTMAN, Adalyn #Team	SR	186	Glen Allen High Sch	17	20:37.1	6:37.8	4:07.4	6:02.9	15:08.1
18	ARJONA, Katherine #Team	JR	187	Glen Allen High Sch	(18)	20:45.7	6:40.5	4:09.1	6:01.6	15:09.6
19	BAZEMORE, Charlotte #Tea	9	331	Midlothian High Sch	19	20:50.1	6:41.9	4:10.0	6:05.6	15:28.0
20	ROLIN, Elise	SO	141	Douglas Freeman	20	20:51.2	6:42.3	4:10.2	6:09.9	15:14.6
21	ROACH, Caitlyn	SR	163	Franklin County	21	20:51.4	6:42.4	4:10.3	6:02.7	15:29.4
22	BOWMAN, Kendall	SO	157	Franklin County	22	21:05.7	6:47.0	4:13.1	6:02.9	15:29.3
23	GUILLARD, Elise #Team	9	8	Albemarle	23	21:11.5	6:48.8	4:14.3	6:09.7	15:38.0
24	FLYNN, Sadie	JR	378	Mills Godwin	24	21:25.0	6:53.2	4:17.0	6:05.4	15:42.2
25	FLAKAS, Camila #Team	SR	338	Midlothian High Sch	(25)	21:27.2	6:53.9	4:17.4	6:09.0	15:52.4
26	MCGEHEE, Haden	SO	381	Mills Godwin	26	21:35.3	6:56.5	4:19.1	6:19.8	16:02.7
27	MORGAN, Caroline	SO	290	Matoaca High Scho	27	21:39.9	6:58.0	4:20.0	6:08.7	15:56.5
28	SOWERS, Stella	SR	144	Douglas Freeman	28	21:40.7	6:58.2	4:20.1	6:12.6	16:03.3

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	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1m	3.4k
29	WILKINSON, Abigail #Team	SR	24	Albemarle	29	21:42.1	6:58.7	4:20.4	6:09.7	15:51.7
30	STEFANOVA, Izzy #Team	SR	200	Glen Allen High Sch	(30)	21:48.6	7:00.7	4:21.7	6:04.7	16:00.2
31	GODSEY, Brooke	9	410	Patrick Henry (Roa	31	21:50.8	7:01.5	4:22.2	6:35.0	16:06.5
32	NOWAK, Victoria	9	266	James River (Midlot	32	22:06.0	7:06.3	4:25.2	6:11.2	16:18.8
33	JEREMIAH, Finley	9	265	James River (Midlot	33	22:10.6	7:07.8	4:26.1	6:08.0	16:09.4
34	TULOU, Marie	SO	413	Patrick Henry (Roa	34	22:13.6	7:08.8	4:26.7	6:22.1	16:12.6
35	AQUINO, Makayla	9	75	Deep Run	35	22:16.9	7:09.9	4:27.4	6:21.3	16:23.0
36	WOOLSTENHULME, Elyssa	SO	386	Mills Godwin	36	22:17.0	7:09.9	4:27.4	6:28.5	16:24.1
37	LAURENT, Madeline	SR	288	Matoaca High Scho	37	22:19.4	7:10.6	4:27.9	6:08.7	16:25.0
38	RECKLEY, Elisabeth	JR	411	Patrick Henry (Roa	38	22:25.3	7:12.5	4:29.0	6:36.7	16:35.5
39	MAUNEY, Nora #Team	SR	13	Albemarle	(39)	22:28.2	7:13.5	4:29.6	6:28.3	16:29.7
40	KOTZE, Kailey	9	85	Deep Run	40	22:35.0	7:15.7	4:31.0	6:28.7	16:46.4
41	GILL, Aliyah	9	82	Deep Run	41	22:36.2	7:16.1	4:31.2	6:16.3	16:34.1
42	JONES, Olivia	SO	287	Matoaca High Scho	42	22:49.8	7:20.4	4:33.9	6:50.8	16:51.4
43	EANES, Natalie	SO	377	Mills Godwin	43	22:50.6	7:20.7	4:34.1	6:56.8	17:05.7
44	JOHNSON, Kyndall	SR	233	Highland Springs	44	22:55.9	7:22.4	4:35.2	6:10.5	16:45.6
45	SALMAN, Tanya	9	91	Deep Run	(45)	23:02.1	7:24.4	4:36.4	6:42.2	17:00.3
46	AMOS, Bethany	9	156	Franklin County	46	23:17.8	7:29.4	4:39.6	6:58.2	17:18.3
47	MOORE, Sofia	SR	139	Douglas Freeman	47	23:18.2	7:29.6	4:39.6	6:53.1	17:26.1
48	GALLIMORE, Avery	JR	160	Franklin County	48	23:23.6	7:31.3	4:40.7	7:05.2	17:27.1
49	DAVIS-CRAIGHEAD, Ada	9	159	Franklin County	49	23:24.7	7:31.7	4:40.9	6:56.9	17:17.7
50	JOHNSON, Allie	SR	136	Douglas Freeman	(50)	23:26.6	7:32.3	4:41.3	6:52.9	17:13.4
51	SCHMEIMAN, Averi	JR	412	Patrick Henry (Roa	51	23:28.7	7:33.0	4:41.7	6:29.2	17:16.9
52	COOK, Caretta	9	158	Franklin County	(52)	23:37.4	7:35.8	4:43.5	6:58.4	17:19.0
53	BARNES, Emily	SR	76	Deep Run	(53)	23:45.3	7:38.3	4:45.0	6:39.3	17:39.8
54	DAVIS, Carollne	SO	408	Patrick Henry (Roa	54	23:49.0	7:39.5	4:45.8	7:00.7	17:32.7
55	BEY, Imani	JR	285	Matoaca High Scho	55	23:57.6	7:42.2	4:47.5	6:47.0	17:31.9
56	BHURA, Pari	SR	127	Douglas Freeman	(56)	24:05.4	7:44.7	4:49.1	6:52.8	17:27.0
57	GICK, Charlotte	SO	409	Patrick Henry (Roa	(57)	24:10.3	7:46.3	4:50.0	7:03.0	17:45.1
58	SCANLON, Elyse #Team	SO	20	Albemarle	(58)	24:14.5	7:47.7	4:50.9	6:53.5	17:53.9
59	MEADOR, Mackenzie	SO	162	Franklin County	(59)	24:41.2	7:56.3	4:56.2	7:30.2	18:34.7
60	MANSFIELD, Maggie	SO	289	Matoaca High Scho	60	24:56.4	8:01.2	4:59.3	7:21.6	18:39.0
61	THOMPSON, Hannah	JR	384	Mills Godwin	(61)	25:29.5	8:11.8	5:05.9	7:26.3	18:57.5
62	PORTER, Katie	SO	382	Mills Godwin	(62)	25:37.9	8:14.5	5:07.6	7:16.4	18:53.9
63	WILLIAMSON, Lucy	JR	273	James River (Midlot	63	25:52.2	8:19.1	5:10.4	6:54.1	18:43.4
64	COFFEY, Lily	9	286	Matoaca High Scho	(64)	25:58.9	8:21.2	5:11.8	7:21.1	19:03.7
65	WALKER, Liz	SO	272	James River (Midlot	65	26:05.2	8:23.3	5:13.0	7:13.3	18:59.1
66	PARKER, Sophia	SR	269	James River (Midlot	66	26:13.5	8:25.9	5:14.7	7:14.3	19:24.7
67	ONMONYA, Michelle	SR	234	Highland Springs	67	26:51.7	8:38.2	5:22.3	7:36.1	20:00.3
68	SYKES, Ellie	SR	271	James River (Midlot	(68)	27:08.1	8:43.5	5:25.6	7:39.0	19:55.9
69	SILCOX, Andie	SR	220	Hermitage	69	27:08.3	8:43.6	5:25.7	8:00.2	19:50.5
70	SMITH, Eva	JR	270	James River (Midlot	(70)	27:09.5	8:43.9	5:25.9	7:03.3	20:09.8
71	PRATT, Ariana	JR	235	Highland Springs	71	27:21.7	8:47.9	5:28.3	7:30.9	20:24.3
72	STUCKEY, Elizabeth	SO	291	Matoaca High Scho	(72)	27:47.7	8:56.2	5:33.5	7:24.9	20:07.0
73	HATHAWAY, Diana	9	232	Highland Springs	73	27:58.2	8:59.6	5:35.6	7:35.0	20:44.8
74	ZAKARIA, Flora	SO	221	Hermitage	74	28:20.2	9:06.7	5:40.0	7:21.3	20:42.2

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	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1m	3.4k
75	ANDERSON, Alexis	SO	210	Hermitage	75	28:23.4	9:07.7	5:40.7	7:08.1	19:47.0
76	BENNETT, Harmony	JR	231	Highland Springs	76	29:34.4	9:30.5	5:54.9	7:34.1	21:02.2
77	SALAAM, Mysirah	JR	236	Highland Springs	(77)	29:50.3	9:35.6	5:58.0	7:35.2	22:03.8
78	ZARIF, Nadeen	JR	222	Hermitage	78	29:50.5	9:35.7	5:58.1	8:26.2	22:06.3
79	SALAAM, Yasirah	JR	237	Highland Springs	(79)	29:55.3	9:37.3	5:59.1	7:50.3	22:02.1
80	DOUGHERTY, Mary Helen	SO	214	Hermitage	80	30:16.8	9:44.2	6:03.4	8:00.9	22:06.9
81	CASSEUS, Reeya	JR	428	William Fleming	-	30:49.8	9:54.8	6:09.9	8:26.6	22:28.1
82	GAY, Stara	JR	430	William Fleming	-	36:28.1	11:43.6	7:17.6	9:09.0	26:45.7
83	CASSEUS, Reeyanna	JR	429	William Fleming	-	36:28.2	11:43.6	7:17.6	9:08.6	26:42.7
84	CAMPOS-MARTINEZ, Marily	SR	427	William Fleming	-	37:16.8	11:59.2	7:27.3	9:39.1	27:34.8