

SPIDER ALUMNI OPENRichmond, VA
Pole Green Park

Saturday, September 5, 2026

**OFFICIAL MEET REPORT**

printed: 9/5/2026 1:44 PM

Race #2
Mens 6k**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Avg.	Spread
1 William & Mary	33	18:35	0:31.0
2 Georgetown	34	18:36	0:23.1
3 Norfolk State	65	18:50	1:17.1
4 American	93	19:09	0:37.4
5 Richmond	144	19:45	0:42.4
6 VCU	204	20:26	2:11.3
7 VMI	251	20:58	1:09.8
8 Christopher Newport	256	21:02	1:50.9
9 Catholic	266	21:09	1:17.8
10 Mary Washington	287	21:23	1:02.3
11 Hampton	311	21:47	2:31.1
12 Virginia Union	349	22:49	5:45.0
13 Hampden-Sydney	373	22:47	3:00.8
14 Virginia State	375	22:56	3:35.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. km	1K	2K	3K	4K	5k
1 KIPRUTO , Clinton	FR	666	Norfolk State	1	18:05.5	4:51.0	3:00.9	2:53.	5:49.	8:52.	11:54	15:03
2 TRAPP , Hayes	SR	823	William & Mary	2	18:19.0	4:54.6	3:03.2	2:57.	6:02.	9:11.	12:13	15:17
3 HARRIMAN, Birhanu	SR	584	Georgetown	3	18:26.0	4:56.5	3:04.3	2:57.	6:02.	9:11.	12:13	15:20
4 ONDRACEK, Luke	JR	587	Georgetown	4	18:26.1	4:56.5	3:04.4	2:57.	6:03.	9:12.	12:14	15:21
5 JORDAN, Alex	JR	817	William & Mary	5	18:29.6	4:57.5	3:04.9	2:57.	6:03.	9:11.	12:15	15:25
6 WILCOX , Caleb	SO	825	William & Mary	6	18:36.7	4:59.4	3:06.1	2:58.	6:03.	9:13.	12:25	15:36
7 FRIEDRICH, Maxwell	FR	582	Georgetown	7	18:37.3	4:59.5	3:06.2	2:57.	6:03.	9:12.	12:20	15:29
8 PHILLIPS, Eli	SO	819	William & Mary	8	18:37.8	4:59.7	3:06.3	2:57.	6:03.	9:12.	12:20	15:30
9 PARRISH, Quinn	SO	588	Georgetown	9	18:39.4	5:00.1	3:06.6	2:57.	6:02.	9:12.	12:20	15:35
10 TOO, Lewis	JR	671	Norfolk State	10	18:44.3	5:01.4	3:07.4	2:56.	6:03.	9:12.	12:24	15:36
11 SHAW, Tommy	SR	590	Georgetown	11	18:49.1	5:02.7	3:08.2	2:57.	6:02.	9:12.	12:25	15:40
12 YEAGLE, Nolan	FR	826	William & Mary	12	18:50.0	5:02.9	3:08.3	2:57.	6:03.	9:12.	12:24	15:38
13 SMITH, Noah	JR	510	American	13	18:50.6	5:03.1	3:08.4	2:59.	6:07.	9:19.	12:32	15:45
14 MATHENGE, Daniel	SO	668	Norfolk State	14	18:55.5	5:04.4	3:09.3	2:53.	5:57.	9:12.	12:24	15:40
15 RACKLEY , Carson	SO	820	William & Mary	(15)	18:57.6	5:05.0	3:09.6	3:01.	6:09.	9:20.	12:33	15:46
16 ENGELHARDT, Emmett	SO	501	American	16	18:58.0	5:05.1	3:09.7	2:58.	6:07.	9:17.	12:31	15:45
17 VALENZUELA, Marcus	FR	511	American	17	18:59.1	5:05.4	3:09.9	2:59.	6:06.	9:19.	12:33	15:49
18 KIMUTAI, Ian	JR	664	Norfolk State	18	19:00.0	5:05.6	3:10.0	2:55.	6:01.	9:13.	12:28	15:45
19 GOODMAN, Hayden	FR	815	William & Mary	(19)	19:01.7	5:06.1	3:10.3	2:58.	6:03.	9:12.	12:32	15:50
20 HESS, Jonathan	SO	738	VCU	20	19:15.5	5:09.8	3:12.6	2:55.	6:02.	9:12.	12:25	15:53
21 THURNEYSEN, Tristan	FR	822	William & Mary	-	19:16.9	5:10.2	3:12.8	2:58.	6:03.	9:13.	12:32	15:57
22 SCULLY, Eric	JR	699	Richmond	21	19:18.8	5:10.7	3:13.1	3:00.	6:15.	9:29.	12:45	16:03
23 FAGAN, Eric	JR	813	William & Mary	-	19:19.6	5:10.9	3:13.3	3:02.	6:12.	9:26.	12:47	16:06
24 TWYMAN, Matthew	FR	824	William & Mary	-	19:19.9	5:11.0	3:13.3	2:58.	6:08.	9:22.	12:47	16:08
25 ANDERSON, Henry	JR	812	William & Mary	-	19:21.4	5:11.4	3:13.6	3:01.	6:14.	9:26.	12:47	16:07
26 MRAHI, Mohammed	JR	669	Norfolk State	22	19:22.6	5:11.7	3:13.8	2:57.	6:05.	9:25.	12:47	16:07

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Mens 6k

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. km	1K	2K	3K	4K	5k
27 ZERBE, Zack	JR	513	American	23	19:27.7	5:13.1	3:14.6	3:02.	6:13.	9:27.	12:51	16:14
28 FREDERICK, Jaden	JR	503	American	24	19:28.0	5:13.1	3:14.7	2:59.	6:09.	9:22.	12:40	15:58
29 GIBSON, Ryan	FR	695	Richmond	25	19:32.0	5:14.2	3:15.3	3:01.	6:15.	9:32.	12:54	16:14
30 TAYLOR, Joshua	FR	821	William & Mary	-	19:33.4	5:14.6	3:15.6	2:58.	6:05.	9:23.	12:46	16:11
31 MCCONVILLE, Marshall	FR	585	Georgetown	(26)	19:38.1	5:15.8	3:16.4	2:57.	6:04.	9:23.	12:50	16:17
32 GREEN, Jemmel	SO	663	Norfolk State	(27)	19:45.0	5:17.7	3:17.5	3:01.	6:15.	9:33.	12:56	16:21
33 MULROONEY, Ryan	JR	586	Georgetown	(28)	19:47.6	5:18.4	3:17.9	2:57.	6:11.	9:33.	13:01	16:24
34 KIPKOECH, Mathew	JR	665	Norfolk State	(29)	19:48.3	5:18.6	3:18.0	3:00.	6:12.	9:32.	12:59	16:26
35 GOLDSTEIN, Barak	JR	504	American	(30)	19:48.8	5:18.7	3:18.1	3:00.	6:13.	9:32.	12:59	16:28
36 ANDRESEN, Luke	FR	690	Richmond	31	19:53.6	5:20.0	3:18.9	3:01.	6:16.	9:33.	12:59	16:29
37 PARKER, Ty	JR	509	American	(32)	19:54.2	5:20.2	3:19.0	2:59.	6:12.	9:35.	13:04	16:36
38 MORROW, Brandon	FR	507	American	-	19:55.6	5:20.5	3:19.3	3:03.	6:21.	9:44.	13:14	16:39
39 WRIGHT, Bennett	SO	701	Richmond	33	19:57.9	5:21.2	3:19.7	3:01.	6:16.	9:39.	13:03	16:32
40 GRIESMER, Will	JR	816	William & Mary	-	20:00.4	5:21.8	3:20.1	3:02.	6:16.	9:38.	13:07	16:39
41 BRUNS, Carter	SR	692	Richmond	34	20:01.2	5:22.0	3:20.2	3:02.	6:16.	9:41.	13:12	16:42
42 RANKIN, Clayton	SR	560	Christopher Newpor	35	20:03.1	5:22.5	3:20.5	3:00.	6:18.	9:42.	13:12	16:41
43 MCGLYNN, Danny	FR	818	William & Mary	-	20:05.9	5:23.3	3:21.0	3:03.	6:18.	9:41.	13:13	16:44
44 HAVRAN, Ethan	FR	737	VCU	36	20:07.3	5:23.7	3:21.2	2:59.	6:16.	9:38.	13:10	16:42
45 FARMER, Jackson	FR	502	American	-	20:08.4	5:24.0	3:21.4	3:00.	6:12.	9:32.	13:02	16:39
46 GRAY, Josh	SR	696	Richmond	(37)	20:16.4	5:26.1	3:22.7	3:07.	6:26.	9:51.	13:22	16:55
47 HESS, Thomas	JR	739	VCU	38	20:16.5	5:26.1	3:22.8	3:03.	6:26.	9:57.	13:28	16:59
48 PELOV, Alex	FR	589	Georgetown	-	20:16.8	5:26.2	3:22.8	2:58.	6:15.	9:41.	13:14	16:47
49 RAFFEL, Jason	SO	698	Richmond	(39)	20:19.6	5:27.0	3:23.3	3:10.	6:34.	10:02	13:33	17:00
50 FLAIG, David	SO	581	Georgetown	-	20:21.1	5:27.4	3:23.5	2:58.	6:15.	9:41.	13:16	16:52
51 MALLOY, Aidan	FR	536	Catholic	40	20:21.5	5:27.5	3:23.6	3:08.	6:33.	10:00	13:31	17:01
52 STEVENS, Zachary	SR	700	Richmond	-	20:26.3	5:28.8	3:24.4	3:08.	6:31.	9:56.	13:30	17:03
53 LAMBERT, Cameron	JR	798	VMI	41	20:26.4	5:28.8	3:24.4	3:10.	6:26.	9:47.	13:18	16:53
54 HAMID, Khalid	SR	611	Hampton	42	20:31.2	5:30.1	3:25.2	3:02.	6:13.	9:43.	13:21	16:58
55 DOHERTY, Patrick	JR	694	Richmond	-	20:31.8	5:30.2	3:25.3	3:08.	6:31.	9:56.	13:29	17:02
56 SCHUBERT, Zachary	FR	802	VMI	43	20:35.8	5:31.3	3:26.0	3:11.	6:35.	10:01	13:32	17:05
57 BYRNES, William	FR	793	VMI	44	20:40.7	5:32.6	3:26.8	3:13.	6:37.	10:07	13:43	17:17
58 WILLIAMS, Stewart	FR	562	Christopher Newpor	45	20:40.8	5:32.7	3:26.8	3:03.	6:27.	9:55.	13:31	17:04
59 NELSON, Aidan	FR	508	American	-	20:41.9	5:32.9	3:27.0	3:04.	6:23.	9:56.	13:32	17:12
60 PLATH, Evan	FR	640	Mary Washington	46	20:42.5	5:33.1	3:27.1	3:07.	6:33.	10:02	13:37	17:11
61 LEVINE, Jack	SR	697	Richmond	-	20:43.5	5:33.4	3:27.3	3:08.	6:35.	10:02	13:37	17:16
62 WILLIAMS, Emmanuel	SR	757	Virginia State	47	20:46.6	5:34.2	3:27.8	3:10.	6:37.	10:08	13:45	17:22
63 HERNDON, Jackson	SR	599	Hampden-Sydney	48	20:48.5	5:34.7	3:28.1	3:22.	6:53.	10:25	13:58	17:29
64 MERRITT II, Marcus	FR	780	Virginia Union	49	20:49.3	5:34.9	3:28.2	3:10.	6:34.	10:03	13:36	17:10
65 AL-YAFEE, Mohammed	SR	607	Hampton	50	20:55.9	5:36.7	3:29.3	3:02.	6:27.	10:03	13:44	17:22
66 CURRY, Jayden	SO	736	VCU	51	20:59.8	5:37.7	3:30.0	3:04.	6:33.	10:07	13:47	17:27
67 MAHONEY, Jaxyn	SO	506	American	-	21:00.0	5:37.8	3:30.0	3:03.	6:23.	9:54.	13:35	17:15
68 HAUGH, Matt	SO	532	Catholic	52	21:00.8	5:38.0	3:30.1	3:14.	6:42.	10:14	13:50	17:26
69 WILSON, Nate	FR	563	Christopher Newpor	53	21:03.3	5:38.7	3:30.6	3:07.	6:34.	10:06	13:46	17:28
70 BUONOPANE, Christian	FR	693	Richmond	-	21:11.0	5:40.8	3:31.8	3:08.	6:34.	10:07	13:47	17:31
71 NICHOLS, Trent	SO	639	Mary Washington	54	21:16.9	5:42.3	3:32.8	3:07.	6:32.	10:02	13:39	17:21
72 MORRIS, Patrick	JR	538	Catholic	55	21:17.8	5:42.6	3:33.0	3:07.	6:34.	10:09	13:55	17:39

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1K	2K	3K	4K	5k
73 LANGAN, Quinn	FR	534	Catholic	56	21:23.0	5:44.0	3:33.8	3:17.	6:47.	10:20	14:03	17:47
74 KUTZ, Grant	FR	558	Christopher Newpor	57	21:24.5	5:44.4	3:34.1	3:07.	6:38.	10:14	13:58	17:45
75 COE, Andrew	FR	634	Mary Washington	58	21:26.0	5:44.8	3:34.3	3:23.	6:51.	10:30	14:14	17:52
76 SMITH, Carter	SR	740	VCU	59	21:26.8	5:45.0	3:34.5	3:04.	6:33.	10:07	13:56	17:44
77 KOONCE, Keon	SO	778	Virginia Union	60	21:28.2	5:45.4	3:34.7	3:15.	6:46.	10:25	14:11	17:55
78 RENQUIST, Timothy	FR	800	VMI	61	21:30.3	5:45.9	3:35.1	3:12.	6:36.	9:59.	13:44	17:35
79 GONZALES, Camden	JR	797	VMI	62	21:36.2	5:47.5	3:36.0	3:15.	6:42.	10:20	14:07	17:54
80 MONTGOMERY, Matthew	FR	537	Catholic	63	21:39.3	5:48.3	3:36.6	3:12.	6:44.	10:25	14:13	17:56
81 CIMON, Everett	JR	633	Mary Washington	64	21:43.6	5:49.5	3:37.3	3:21.	6:57.	10:36	14:23	18:07
82 HERRING, Daniel	FR	635	Mary Washington	65	21:44.8	5:49.8	3:37.5	3:08.	6:41.	10:27	14:16	18:07
83 DOBSON, Louis	FR	554	Christopher Newpor	66	21:54.0	5:52.3	3:39.0	3:15.	6:53.	10:40	14:32	18:20
84 BASSEY, Dominic	SO	608	Hampton	67	22:01.4	5:54.3	3:40.2	3:12.	6:51.	10:38	14:29	18:19
85 GROGAN, Daden	SO	505	American	-	22:03.4	5:54.8	3:40.6	3:05.	6:33.	10:18	14:10	18:14
86 FALCON, Brady	SO	531	Catholic	(68)	22:04.3	5:55.0	3:40.7	3:20.	7:01.	10:46	14:35	18:27
87 BRANN, Tyler	FR	552	Christopher Newpor	(69)	22:04.4	5:55.1	3:40.7	3:16.	6:49.	10:33	14:25	18:17
88 BEABER, Kyle	FR	528	Catholic	(70)	22:07.3	5:55.8	3:41.2	3:12.	6:45.	10:38	14:42	18:30
89 JAGADESAN, Kamran	JR	533	Catholic	-	22:08.4	5:56.1	3:41.4	3:20.	6:50.	10:36	14:27	18:16
90 BREWER, Kaiden	SO	553	Christopher Newpor	(71)	22:08.5	5:56.2	3:41.4	3:18.	6:53.	10:39	14:31	18:26
91 BAN, Charley		839	Unattached	-	22:12.3	5:57.2	3:42.1					
92 STETKEYVYCH, Robert	SO	641	Mary Washington	(72)	22:13.0	5:57.4	3:42.2	3:23.	7:02.	10:49	14:45	18:42
93 LARSON, Dan	FR	559	Christopher Newpor	-	22:14.3	5:57.7	3:42.4	3:13.	6:51.	10:39	14:30	18:25
94 HINTON, Luca	JR	557	Christopher Newpor	-	22:15.7	5:58.1	3:42.6	3:21.	7:01.	10:47	14:38	18:32
95 WARING, Shane	JR	541	Catholic	-	22:17.1	5:58.5	3:42.9	3:19.	7:00.	10:48	14:40	18:36
96 WICKS, Miles	FR	512	American	-	22:18.1	5:58.7	3:43.0	3:02.	6:22.	9:54.	13:41	17:59
97 JEMISON, Xavier	SO	612	Hampton	73	22:23.6	6:00.2	3:43.9	3:03.	6:30.	10:16	14:17	18:25
98 FARNSWORTH, Kevin	SR	555	Christopher Newpor	-	22:24.7	6:00.5	3:44.1	3:16.	6:56.	10:46	14:41	18:39
99 BROWN, Tim	SO	529	Catholic	-	22:26.5	6:01.0	3:44.4	3:11.	6:45.	10:31	14:27	18:27
100 RICHARDSON, Jaiden	FR	782	Virginia Union	74	22:29.1	6:01.7	3:44.9	3:22.	7:02.	10:52	14:45	18:41
101 KIMENER, Aidan		713	Unattached	-	22:30.8	6:02.1	3:45.1	3:33.	7:20.	11:12	15:06	18:57
102 SMITH, Phil	FR	655	Marymount (Va.)	-	22:32.6	6:02.6	3:45.4	3:29.	7:16.	11:07	14:59	18:53
103 BUTLER, Jordan	FR	678	Richard Bland	-	22:33.3	6:02.8	3:45.6	3:13.	6:54.	10:46	14:39	18:42
104 BLAIR, Luke		712	Unattached	-	22:34.3	6:03.1	3:45.7	3:31.	7:20.	11:13	15:06	18:56
105 SWEENEY, Tim	SO	540	Catholic	-	22:34.4	6:03.1	3:45.7	3:15.	6:53.	10:41	14:40	18:40
106 JEBOHAM, Bradford	FR	777	Virginia Union	75	22:39.2	6:04.4	3:46.5	3:11.	6:49.	10:44	14:41	18:42
107 EVANS, Dylan	SR	598	Hampden-Sydney	76	22:45.5	6:06.1	3:47.6	3:30.	7:18.	11:12	15:05	18:56
108 HULLEMAN, Christopher	SO	636	Mary Washington	(77)	22:45.6	6:06.1	3:47.6	3:23.	7:05.	10:59	14:58	19:00
109 WINTER, Peter	SR	542	Catholic	-	22:47.7	6:06.7	3:48.0	3:19.	7:01.	10:54	15:04	19:00
110 PORTER, Patrick	FR	654	Marymount (Va.)	-	22:49.8	6:07.2	3:48.3	3:30.	7:16.	11:02	14:50	18:53
111 SARTIN, Jakari	FR	756	Virginia State	78	22:52.8	6:08.0	3:48.8	3:19.	7:02.	10:52	14:48	18:48
112 HENDLER-VOSS, Myles	SO	556	Christopher Newpor	-	22:58.7	6:09.6	3:49.8	3:15.	6:59.	10:48	14:53	18:58
113 MAYS, Bryce	FR	613	Hampton	79	23:02.3	6:10.6	3:50.4	3:23.	7:12.	11:12	15:14	19:10
114 LEHOCKY, Morgan	JR	637	Mary Washington	-	23:04.2	6:11.1	3:50.7	3:22.	7:05.	10:59	15:01	19:05
115 BRYN, Henry	SO	651	Marymount (Va.)	-	23:06.9	6:11.8	3:51.2	3:28.	7:16.	11:08	15:06	19:09
116 ROBERTS, Tyler	SO	755	Virginia State	80	23:13.1	6:13.5	3:52.2	3:20.	7:01.	11:09	15:16	19:28
117 STORMER, Patrick	FR	561	Christopher Newpor	-	23:13.7	6:13.6	3:52.3	3:15.	6:58.	10:54	15:02	19:11
118 HUNTER, Bennett	FR	600	Hampden-Sydney	81	23:14.5	6:13.9	3:52.4	3:30.	7:18.	11:11	15:09	19:11

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119 STEVENS, Luke	FR	605	Hampden-Sydney	82	23:16.8	6:14.5	3:52.8	3:34.	7:28.	11:21	15:24	19:29
120 DOCKERY, Montez	FR	751	Virginia State	83	23:24.1	6:16.4	3:54.0	3:20.	7:02.	10:55	15:16	19:28
121 NIMPOREMBERE, Drogba	SO	670	Norfolk State	-	23:24.8	6:16.6	3:54.1	3:16.	7:00.	11:06	15:15	19:38
122 FIORILLO, Peter	JR	796	VMI	(84)	23:33.9	6:19.1	3:55.7	3:17.	6:58.	10:52	15:04	19:25
123 DONES, Jordan	SO	610	Hampton	(85)	23:43.2	6:21.6	3:57.2	3:23.	7:13.	11:13	15:16	19:35
124 TRITT, Elijah	FR	606	Hampden-Sydney	86	23:49.3	6:23.2	3:58.2	3:33.	7:33.	11:33	15:38	19:46
125 KOONCE, Alijah	JR	754	Virginia State	87	24:22.0	6:32.0	4:03.7	3:32.	7:32.	11:51	15:59	20:21
126 YOUNG, Matthew	FR	758	Virginia State	(88)	24:41.9	6:37.3	4:07.0	3:25.	7:16.	11:27	15:47	20:20
127 MULHERN, Thomas	JR	638	Mary Washington	-	24:44.7	6:38.0	4:07.5	3:36.	7:27.	11:36	15:56	20:31
128 LEON, Joshua	JR	535	Catholic	-	24:51.8	6:39.9	4:08.6	3:23.	7:07.	11:20	15:44	20:38
129 OMAN, Jack	FR	653	Marymount (Va.)	-	25:01.2	6:42.5	4:10.2	3:49.	7:52.	12:00	16:16	20:55
130 DUFFEY, Jefferson	SR	597	Hampden-Sydney	(89)	25:07.4	6:44.1	4:11.2	3:34.	7:36.	11:51	16:16	20:47
131 JONES, Carrington	SO	753	Virginia State	(90)	26:25.0	7:04.9	4:24.2	3:33.	7:35.	11:57	16:32	21:45
132 PEDRO, James	FR	781	Virginia Union	91	26:34.3	7:07.4	4:25.7	3:49.	8:04.	12:46	17:24	22:14
133 FAGAN, Conor	FR	530	Catholic	-	27:37.7	7:24.4	4:36.3	3:25.	7:50.	12:46	17:54	22:59
134 HINES, Jeremiah	FR	682	Richard Bland	-	29:08.1	7:48.7	4:51.3	3:25.	7:57.	13:05	18:19	23:56
135 BLACKBURN, Kingston	FR	776	Virginia Union	(92)	29:48.6	7:59.5	4:58.1	3:57.	8:54.	13:57	19:16	25:02
136 POPE, Noah	FR	683	Richard Bland	-	29:55.8	8:01.4	4:59.3	3:47.	8:54.	14:09	19:40	25:04
137 HARRISON, Najm	SO	680	Richard Bland	-	30:52.3	8:16.6	5:08.7	3:59.	9:08.	14:38	20:12	25:49