NCAA D3 SOUTH REGIONAL PREVIEW

Earlysville, VA
Panorama Farm

Saturday, September 19, 2026

BLUE RIDGE TIMING

OFFICIAL MEET REPORT
printed: 9/19/2026 12:01 PM

Race #2
Womens 6k

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Avg.	Spread
1	Saint Francis	79	3-7-19-20-30(32)(45)	24:03	3:00.5
2	Southern Virginia	103	2-11-18-34-38(54)(93)	24:28	3:44.2
3	Lynchburg	104	8-16-24-27-29(41)(43)	24:37	2:05.8
4	Catholic	127	9-10-23-39-46(53)(56)	24:50	3:15.7
5	Batten University	133	1-14-17-35-66	24:59	6:32.7
6	Berry	160	12-25-36-37-50(55)(83)	25:34	2:47.6
7	Roanoke	166	15-22-33-47-49(58)(64)	25:37	2:35.1
8	Pfeiffer	192	26-28-31-48-59(67)(79)	26:06	2:37.5
9	Fairmont St	196	4-13-44-61-74(80)(96)	26:10	6:54.2
10	Mary Washington	218	5-42-51-57-63(65)(76)	26:26	5:27.6
11	Meredith	244	6-21-60-73-84(88)(91)	27:14	8:07.4
12	Bridgewater (Va.)	328	40-68-71-72-77	28:45	4:09.2
13	Marymount (Va.)	383	52-69-75-89-98	30:21	6:28.0
14	Christendom College	399	62-78-81-86-92(94)(95)	30:30	4:08.6
15	Hollins	456	82-87-90-97-100(103)	33:18	8:22.2
16	Randolph	457	70-85-99-101-102	37:11	17:16.7

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	3K
1	ZAR, Ester	SO	21	Batten University	1	21:58.8	5:53.6	3:39.8	10:47.3
2	ARMSTRONG, Bayleigh	SR	406	Southern Virginia	2	22:11.3	5:56.9	3:41.9	10:52.7
3	CONNORS, Nina	JR	389	Saint Francis	3	22:21.9	5:59.7	3:43.6	10:54.5
4	MITCHELL, Megan	SR	134	Fairmont St	4	22:46.4	6:06.3	3:47.7	11:04.3
5	HOFFMAN, Lily	JR	230	Mary Washington	5	22:52.0	6:07.8	3:48.7	11:14.0
6	BUNDY, Delaney	SR	244	Meredith	6	22:53.4	6:08.2	3:48.9	11:07.0
7	GAYDOS, Rosemary	JR	394	Saint Francis	7	23:04.4	6:11.1	3:50.7	11:08.1
8	CARPENTER, Adelynn	JR	198	Lynchburg	8	23:13.0	6:13.4	3:52.2	11:26.1
9	SOBKOWICZ, Olivia	SO	84	Catholic	9	23:17.2	6:14.6	3:52.9	11:14.4
10	BLUME, Saffron	FR	72	Catholic	10	23:22.8	6:16.1	3:53.8	11:16.7
11	BRADDY, Sasha	SR	407	Southern Virginia	11	23:50.6	6:23.5	3:58.4	11:33.1
12	LOKER, Erin	JR	116	Eastern Mennonite	-	24:01.3	6:26.4	4:00.2	11:50.6
13	WILLIAMS, Ella	SR	38	Berry	12	24:05.1	6:27.4	4:00.8	11:42.6
14	DEMOSS, Mikaela	FR	131	Fairmont St	13	24:06.7	6:27.9	4:01.1	11:42.4
15	COUTINHO, Madison	FR	15	Batten University	14	24:09.2	6:28.5	4:01.5	11:54.8
16	HERNDON, Maya	SO	370	Roanoke	15	24:10.8	6:28.9	4:01.8	11:45.0
17	WOOD, Savannah	FR	207	Lynchburg	16	24:11.5	6:29.1	4:01.9	11:36.6
18	MOSKOWITZ, Ella	FR	17	Batten University	17	24:26.6	6:33.2	4:04.4	12:06.7
19	SCHARMAN, Hazel	FR	412	Southern Virginia	18	24:38.4	6:36.3	4:06.4	12:12.4
20	DEAN, Jordan	SR	391	Saint Francis	19	24:39.5	6:36.6	4:06.6	12:03.0
21	COLMAN, Sarah	SO	388	Saint Francis	20	24:46.5	6:38.5	4:07.7	12:10.0
22	SILVA JIMENEZ, Juana	SO	252	Meredith	21	24:48.7	6:39.1	4:08.1	12:09.1
23	LARIMER, Riley	FR	371	Roanoke	22	24:52.2	6:40.0	4:08.7	12:04.6

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	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	3K
24	GRASSI, Alexa	SR	77	Catholic	23	24:56.5	6:41.2	4:09.4	12:09.8
25	DAVIS, Sydney	FR	199	Lynchburg	24	25:03.0	6:42.9	4:10.5	12:12.8
26	SINCLAIR, Natalie	SO	35	Berry	25	25:07.8	6:44.2	4:11.3	12:16.9
27	BORST, Makayla	SR	330	Pfeiffer	26	25:14.2	6:46.0	4:12.4	12:19.6
28	TIETJEN, Winter	SO	205	Lynchburg	27	25:15.3	6:46.2	4:12.5	12:10.5
29	DELLI COLLI, Izabella	FR	332	Pfeiffer	28	25:17.1	6:46.7	4:12.8	12:18.0
30	WARREN, Ella	FR	206	Lynchburg	29	25:18.7	6:47.2	4:13.1	12:27.5
31	HIRT, Mackenzie	JR	395	Saint Francis	30	25:22.3	6:48.1	4:13.7	12:17.7
32	YATES, Emily	FR	336	Pfeiffer	31	25:29.6	6:50.1	4:14.9	12:13.5
33	HOOVER, Savannah	SO	396	Saint Francis	(32)	25:36.2	6:51.8	4:16.0	12:12.2
34	CONREY, Sofia	FR	367	Roanoke	33	25:41.4	6:53.2	4:16.9	12:10.3
35	LEE, Kyra	SO	409	Southern Virginia	34	25:42.6	6:53.5	4:17.1	12:26.7
36	PECK, Abby	SR	19	Batten University	35	25:44.9	6:54.2	4:17.5	12:25.3
37	BROOKS, Lucy	FR	30	Berry	36	25:50.5	6:55.7	4:18.4	12:30.6
38	SCUDERI, Grace	FR	34	Berry	37	25:51.6	6:56.0	4:18.6	12:27.1
39	OSTROM, Alicia	SO	411	Southern Virginia	38	25:55.5	6:57.0	4:19.2	12:37.8
40	CAVANAUGH, Bridgid	SO	73	Catholic	39	25:58.5	6:57.8	4:19.7	12:25.9
41	MORRA, Olivia	SO	52	Bridgewater (Va.)	40	26:02.5	6:58.9	4:20.4	12:44.2
42	KARWACKI, Sam	FR	201	Lynchburg	(41)	26:03.0	6:59.0	4:20.5	12:39.6
43	WALLIN, Addy	JR	235	Mary Washington	42	26:05.0	6:59.6	4:20.8	12:45.9
44	EDWARDS, Hannah	SR	200	Lynchburg	(43)	26:10.5	7:01.0	4:21.7	12:34.3
45	WOODRING, Clare	SR	138	Fairmont St	44	26:13.5	7:01.8	4:22.2	12:38.3
46	WILSON, Ryan	SR	398	Saint Francis	(45)	26:24.0	7:04.7	4:24.0	12:52.5
47	FREY, Gianna	FR	75	Catholic	46	26:32.9	7:07.0	4:25.5	12:45.9
48	EICHELBERGER, Brooke	SO	369	Roanoke	47	26:34.0	7:07.3	4:25.7	12:37.0
49	GULLEDGE, Madalynn	FR	334	Pfeiffer	48	26:36.4	7:08.0	4:26.1	12:45.0
50	TEER, Sadie	SO	376	Roanoke	49	26:45.9	7:10.5	4:27.6	12:43.7
51	REAMS, Abby	SO	33	Berry	50	26:52.7	7:12.3	4:28.8	13:03.3
52	BLACK, Nicky	SR	214	Mary Baldwin	-	26:57.4	7:13.6	4:29.6	12:56.2
53	FRIDAY, Megan	FR	393	Saint Francis	-	27:00.1	7:14.3	4:30.0	13:00.7
54	DAVIS, Morgan	FR	390	Saint Francis	-	27:00.4	7:14.4	4:30.1	12:57.2
55	RYAN, Mattea	SO	233	Mary Washington	51	27:01.9	7:14.8	4:30.3	12:48.5
56	TITONE, Gabi	SO	241	Marymount (Va.)	52	27:19.9	7:19.6	4:33.3	13:00.3
57	FRIDAY, Madeline	FR	392	Saint Francis	-	27:24.1	7:20.8	4:34.0	13:20.2
58	ROCHE, Erin	SO	82	Catholic	(53)	27:28.5	7:21.9	4:34.7	12:57.4
59	HURST, Claire	SO	115	Eastern Mennonite	-	27:29.6	7:22.2	4:34.9	13:14.3
60	TILL, Elena	FR	413	Southern Virginia	(54)	27:32.2	7:22.9	4:35.4	12:40.5
61	KALLBREIER, Taylor	FR	32	Berry	(55)	27:37.2	7:24.3	4:36.2	13:04.6
62	OGLESBY, Claire	FR	81	Catholic	(56)	27:40.7	7:25.2	4:36.8	13:17.6
63	SPICKARD, Lee	FR	234	Mary Washington	57	27:48.9	7:27.4	4:38.1	13:18.5
64	MURRAY, Lauren	JR	375	Roanoke	(58)	27:50.6	7:27.9	4:38.4	13:15.2
65	GERMAIN, Ryan	JR	333	Pfeiffer	59	27:51.7	7:28.2	4:38.6	13:04.5
66	MOYER, Madison	SO	249	Meredith	60	27:59.9	7:30.4	4:40.0	13:13.4
67	WILLIAMS , Bentlee	FR	137	Fairmont St	61	28:02.5	7:31.1	4:40.4	13:30.4
68	SCHATZ, Ella	FR	101	Christendom Colleg	62	28:06.6	7:32.2	4:41.1	13:57.2
69	CARTER, Rania	SO	228	Mary Washington	63	28:19.6	7:35.7	4:43.3	13:36.2

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	3K
70 WHITENACK, Lucy	FR	378	Roanoke	(64)	28:24.6	7:37.0	4:44.1	13:11.0
71 FLETCHER, Eyaya	SR	229	Mary Washington	(65)	28:28.5	7:38.0	4:44.7	13:15.4
72 LYMAN, Samantha	SO	16	Batten University	66	28:31.4	7:38.8	4:45.2	13:41.8
73 BORST, Hayley	SR	329	Pfeiffer	(67)	28:39.6	7:41.0	4:46.6	13:36.0
74 HISERMAN, Paige	JR	49	Bridgewater (Va.)	68	28:50.4	7:43.9	4:48.4	14:11.6
75 HUGHES, Abby	SR	238	Marymount (Va.)	69	28:55.1	7:45.2	4:49.2	13:48.6
76 TAYLOR, Jessica	SR	349	Randolph	70	29:07.2	7:48.4	4:51.2	13:55.6
77 SHERLINE, Elaina	SO	417	Sweet Briar	-	29:10.2	7:49.2	4:51.7	13:39.6
78 THOMPSON, Shiloh	SO	54	Bridgewater (Va.)	71	29:19.3	7:51.6	4:53.2	14:23.2
79 SHIELDS, Faith	FR	53	Bridgewater (Va.)	72	29:21.1	7:52.1	4:53.5	14:46.1
80 MODLIN, Ashleigh	JR	247	Meredith	73	29:23.0	7:52.6	4:53.8	14:04.4
81 DEL SIGNORE, Abby	SO	130	Fairmont St	74	29:40.6	7:57.4	4:56.8	14:01.6
82 SCHNITTMAN, Ellie	FR	83	Catholic	-	29:41.2	7:57.5	4:56.9	13:52.4
83 DELLACORTE, Elizabeth	JR	237	Marymount (Va.)	75	29:46.3	7:58.9	4:57.7	14:31.9
84 LEHMENSIEK, Anja	FR	231	Mary Washington	(76)	29:50.2	7:59.9	4:58.4	14:23.2
85 KNUDSON, Hannah	SO	51	Bridgewater (Va.)	77	30:11.7	8:05.7	5:01.9	14:48.3
86 PETTIGREW, Lucy	FR	416	Sweet Briar	-	30:14.3	8:06.4	5:02.4	14:29.3
87 HASLAM, Isabel	FR	94	Christendom Colleg	78	30:14.9	8:06.6	5:02.5	14:49.6
88 RICO, Cameron	SR	232	Mary Washington	-	30:18.9	8:07.6	5:03.1	14:55.9
89 SANTIAGO, Lis	FR	335	Pfeiffer	(79)	30:22.9	8:08.7	5:03.8	14:13.9
90 RAFFO, Reagan	SO	135	Fairmont St	(80)	30:24.2	8:09.1	5:04.0	14:41.4
91 HAMM, Jadzia	JR	93	Christendom Colleg	81	30:30.8	8:10.8	5:05.1	15:27.6
92 LOWRY, Elizabeth	SO	171	Hollins	82	30:33.2	8:11.5	5:05.5	14:23.8
93 JOHNSON, Rory	FR	31	Berry	(83)	30:45.5	8:14.8	5:07.6	15:00.6
94 KHWAJA, Yasmeen	FR	246	Meredith	84	31:00.7	8:18.8	5:10.1	14:22.3
95 FRAYSER, Ryleigh	JR	345	Randolph	85	31:03.1	8:19.5	5:10.5	14:54.7
96 BENNETT, Ashley	SR	213	Mary Baldwin	-	31:08.1	8:20.8	5:11.3	15:01.3
97 TUCKER, Mallory	FR	36	Berry	-	31:15.5	8:22.8	5:12.6	14:58.9
98 LAZARO, Andrea	SO	96	Christendom Colleg	86	31:18.3	8:23.5	5:13.0	15:44.5
99 GRINTON, Caroline	FR	169	Hollins	87	31:21.6	8:24.4	5:13.6	15:22.2
100 VERBURGT, Abigail	FR	253	Meredith	(88)	31:24.5	8:25.2	5:14.1	14:56.6
101 GARRETT, Sarah	JR	3	Averett	-	31:25.7	8:25.5	5:14.3	15:02.4
102 PULLEN, Maria	SO	240	Marymount (Va.)	89	31:53.5	8:33.0	5:18.9	15:23.4
103 SULLIVAN, Natalie	SO	173	Hollins	90	31:59.3	8:34.5	5:19.9	15:14.0
104 RAMSEY, Kaia	SO	250	Meredith	(91)	32:09.6	8:37.3	5:21.6	13:42.1
105 MAYVILLE, Lillian	SO	99	Christendom Colleg	92	32:15.1	8:38.8	5:22.5	15:59.4
106 FOX, Katelyn	FR	408	Southern Virginia	(93)	32:18.1	8:39.6	5:23.0	15:02.5
107 DENZER, Sarah	FR	92	Christendom Colleg	(94)	32:44.2	8:46.6	5:27.4	15:43.3
108 PARSONS, Myri	SO	100	Christendom Colleg	(95)	32:45.2	8:46.9	5:27.5	15:42.7
109 EPISCOPO, Stella	SR	133	Fairmont St	(96)	32:47.9	8:47.6	5:28.0	15:18.8
110 MODLIN, Elisabeth	JR	248	Meredith	-	32:55.1	8:49.5	5:29.2	15:55.3
111 MASTERSON, Hannah	SO	98	Christendom Colleg	-	33:29.6	8:58.8	5:34.9	16:38.8
112 HALL, Sage	FR	170	Hollins	97	33:36.5	9:00.6	5:36.1	16:40.8
113 NGUYEN, Sydney	FR	239	Marymount (Va.)	98	33:47.8	9:03.6	5:38.0	15:58.6
114 DILLE, Peyton	SO	132	Fairmont St	-	34:09.2	9:09.4	5:41.5	15:20.9
115 SOMERVILLE, Madison	SO	348	Randolph	99	34:43.1	9:18.5	5:47.2	16:36.7

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	3K
116 COSTA, Amanda	SR	414	Sweet Briar	-	35:29.8	9:31.0	5:55.0	17:31.7
117 CRAWFORD, Josephine	FR	415	Sweet Briar	-	35:30.1	9:31.1	5:55.0	17:05.8
118 ATWOOD, Xue	FR	149	Gallaudet	-	37:08.5	9:57.4	6:11.4	17:28.3
119 JONES, Madison	JR	215	Mary Baldwin	-	37:36.9	10:05.0	6:16.1	17:52.5
120 FURDGE, Jala	SO	152	Gallaudet	-	37:43.8	10:06.9	6:17.3	17:45.7
121 LOCKE, Hannah	SO	97	Christendom Colleg	-	38:26.3	10:18.3	6:24.4	18:39.7
122 REYES, Alondra	FR	172	Hollins	100	38:55.3	10:26.1	6:29.2	17:50.2
123 SKLAR, Devorah	FR	156	Gallaudet	-	42:06.0	11:17.2	7:01.0	19:42.2
124 HARMON, Kayleigh	FR	346	Randolph	101	44:33.9	11:56.9	7:25.6	22:24.6
125 MORALES, Ashley	JR	155	Gallaudet	-	45:15.0	12:07.9	7:32.5	20:07.9
126 AYRES, Tyanna	SO	343	Randolph	102	46:23.9	12:26.3	7:44.0	22:25.8
127 FOSTER, Mallory	SO	168	Hollins	(103)	48:53.5	13:06.4	8:08.9	24:04.1
128 STRAIGHT, Josephine	FR	102	Christendom Colleg	-	54:53.3	14:42.9	9:08.9	25:39.1