10k Run - Senior Games 2026

Male 55 - 59

Place	Bib #	Name	Time	Type	City
1	11	FREDERIC JACOB	00:48:15	Runner	Ellicott City

Split Description	Split Times	Speed	Pace	Cumulative
Split 1	00:07:40.567	24.3mph	02:28	00:07:40.567
Split 2	00:07:57.865	23.4mph	02:33	00:15:38.432
Split 3	00:08:05.871	7.7mph	07:49	00:23:44.303
Split 4	00:08:08.656	7.6mph	07:51	00:31:52.959
Split 5	00:08:15.824	7.5mph	07:58	00:40:08.783
Split 6	00:08:06.246	7.7mph	07:49	00:48:15.029

Male 75 - 79

Place	Bib #	Name	Time	Type	City
1	19	VINCENT MURPHY	01:03:07	Runner	Woodbridge

Split Description	Split Times	Speed	Pace	Cumulative
Split 1	00:10:14.450	18.2mph	03:17	00:10:14.450
Split 2	00:10:35.826	17.6mph	03:24	00:20:50.276
Split 3	00:10:17.314	6.0mph	09:56	00:31:07.590
Split 4	00:10:38.972	5.8mph	10:16	00:41:46.562
Split 5	00:10:41.519	5.8mph	10:19	00:52:28.081
Split 6	00:10:39.137	5.8mph	10:17	01:03:07.218