

## ODAC Outdoor Track &amp; Field Championships - 4/24/2026 to 4/25/2026

## Bomberger Field

## Results

## Men 100 Meter Dash

Conference: 10.20 \$ 2019 Davonta Womack  
Meet Rec: 10.57 # 2023 Kyle Clayton

Name	School	Prelims
<b>Preliminaries</b>		
1 Victoria, Lamont	Lynchburg	# 10.51Q1.1
2 Carter, Amari	Roanoke	10.63Q1.1
3 Davenport, Jayden	Bridgewater	10.65Q2.0
4 Smith, Ja'mar	Randolph	10.74q 1.1
5 Winters, Da'Shawn	Eastern Menn	10.81q 1.1
6 Hall, Jordan	Virginia Wes	10.87q 1.1
7 Mendscole, Jeff	Randolph	10.87q 2.0
8 Freeman, Mark	Washington a	10.90q 1.1
9 Reid, Isaiah	Eastern Menn	10.94 2.0
10 Martino, Guillermo	Lynchburg	10.98 1.1
11 McCarthy, Xavier	Eastern Menn	11.03 1.1
12 Coley, Michael	Lynchburg	11.04 1.1
13 Vann, Jameel	Eastern Menn	11.06 1.1
14 Rosner, Sean	Shenandoah	11.08 1.1
15 Galloway, Kyle	Bridgewater	11.09 1.1
16 Linebaugh, Sam	Roanoke	11.15 1.1
17 Browne, Ian	Bridgewater	11.16 2.0
18 Tucker, Trenton	Lynchburg	11.17 2.0
19 Allen, KJ	Guilford	11.19 2.0
20 McLean, James	Randolph	11.20 2.0
21 Thomas, Savion	Randolph	11.21 1.1
22 Glover, Aaron	Roanoke	11.21 1.1
23 Blowe, Cedric	Guilford	11.22 2.0
24 Evans, Jacob	Roanoke	11.46 1.1

## Men 100 Meter Dash

Conference: 10.20 \$ 2019 Davonta Womack  
Meet Rec: 10.57 # 2023 Kyle Clayton

Name	School	Finals
<b>Finals</b>		
1 Victoria, Lamont	Lynchburg	10.55 10
2 Carter, Amari	Roanoke	10.65 8
3 Davenport, Jayden	Bridgewater	10.76 6
4 Mendscole, Jeff	Randolph	10.76 5
5 Smith, Ja'mar	Randolph	10.80 4
6 Freeman, Mark	Washington a	10.92 3
7 Winters, Da'Shawn	Eastern Menn	10.93 2
8 Hall, Jordan	Virginia Wes	10.98 1

## Men 200 Meter Dash

Conference: 20.95 \$ 2024 Brady Fowler  
Meet Rec: 21.29 # 4/26/2024 Brady Fowler

Name	School	Prelims
<b>Preliminaries</b>		
1 Victoria, Lamont	Lynchburg	21.48Q-0.2
2 Davenport, Jayden	Bridgewater	21.80Q-0.1
3 Carter, Amari	Roanoke	21.81Q-0.1
4 Abul-Qasim, Ahsan	Eastern Menn	22.01Q+0.0
5 Jackson, Leander	Randolph	22.10q -0.1
6 Jones, Jaden	Guilford	22.30q +0.0

7 Hill, Bryson	Roanoke	22.36q -0.1
8 Hall, Jordan	Virginia Wes	22.36q -0.2
9 Heffinger, Brandon	Roanoke	22.38 -0.1
10 Winters, Da'Shawn	Eastern Menn	22.43 -0.1
11 Kurtz, Kyle	Randolph	22.51 +0.0
12 McLean, James	Randolph	22.64 -0.2
13 Cardwell, Max	Roanoke	22.66 +0.0
14 Galloway, Kyle	Bridgewater	22.72 -0.1
15 Newcome, Wyatt	Shenandoah	22.85 -0.2
16 De Fonseka, Ethan	Washington a	22.85 -0.1
17 Blowe, Cedric	Guilford	22.86 +0.0
18 Browne, Ian	Bridgewater	23.02 -0.1
19 Young, James	Lynchburg	23.25 -0.1
20 Linebaugh, Sam	Roanoke	23.30 -0.2
21 Allen, KJ	Guilford	23.50 -0.1
22 Evans, Jacob	Roanoke	23.78 +0.0
23 Glover, Aaron	Roanoke	23.81 -0.1

## Men 200 Meter Dash

Conference: 20.95 \$ 2024 Brady Fowler  
Meet Rec: 21.29 # 4/26/2024 Brady Fowler

Name	School	Finals
<b>Finals</b>		
1 Victoria, Lamont	Lynchburg	21.36 10
2 Carter, Amari	Roanoke	21.54 8
3 Abul-Qasim, Ahsan	Eastern Menn	21.73 6
4 Davenport, Jayden	Bridgewater	21.97 5
5 Jones, Jaden	Guilford	22.08 4
6 Jackson, Leander	Randolph	22.08 3
7 Hill, Bryson	Roanoke	22.14 2
8 Hall, Jordan	Virginia Wes	22.20 1

## Men 400 Meter Dash

Conference: 46.74 \$ 1978 Jesse Thomas  
Meet Rec: 47.21 # 4/26/2025 Eric West

Name	School	Prelims
<b>Preliminaries</b>		
1 Bernard, Roman	Shenandoah	48.14Q
2 Cardwell, Max	Roanoke	48.63Q
3 Camobreco, Lorenzo	Roanoke	48.93Q
4 Humes, Christian	Randolph	48.70q
5 Wylie, Gabe	Bridgewater	49.39q
6 Jackson, Emir	Randolph	49.53q
7 Marshall, Parker	Lynchburg	49.58q
8 Knicey, Walker	Bridgewater	50.00q
9 Heffinger, Brandon	Roanoke	50.12
10 LaCour, Connor	Washington a	50.32
11 Hill, Bryson	Roanoke	50.37
12 Mayfield, David	Lynchburg	50.41
13 Davis, Tkwon	Guilford	50.57
14 Davis, Isaiah	Lynchburg	50.67
15 Joseph, Joshua	Eastern Menn	51.06
16 Jones, Jaden	Guilford	51.40
17 Allam, Yassine	Guilford	52.02
18 Clark, Schuyler	Washington a	52.54
19 Lamb, Lauchnor	Bridgewater	52.66

## ODAC Outdoor Track &amp; Field Championships - 4/24/2026 to 4/25/2026

## Bomberger Field

## Results

## Preliminaries ... (Men 400 Meter Dash)

Name	School	Prelims
20 Hamman, Jonah	Roanoke	52.67
21 Torain, Trenton	Guilford	52.83
22 Gardner, Anthony	Roanoke	52.98
23 Hirwa, Javan	Washington a	53.21
24 Baker, Ben	Bridgewater	53.49

## Men 400 Meter Dash

Conference: 46.74 \$ 1978 Jesse Thomas  
Meet Rec: 47.21 # 4/26/2025 Eric West

Name	School	Finals
<b>Finals</b>		
1 Camobreco, Lorenzo	Roanoke	47.14# 10
2 Bernard, Roman	Shenandoah	47.28 8
3 Cardwell, Max	Roanoke	47.81 6
4 Humes, Christian	Randolph	48.54 5
5 Jackson, Emir	Randolph	49.07 4
6 Marshall, Parker	Lynchburg	49.46 3
7 Wylie, Gabe	Bridgewater	49.57 2
8 Knicely, Walker	Bridgewater	50.24 1

## Men 800 Meter Run

Conference: 1:48.30 \$ 2025 Tor Hotung-Davidsen  
Meet Rec: 1:50.71 # 4/26/2025 Tor Hotung-Davidsen

Name	School	Finals
<b>Finals</b>		
1 Ammon, Elias	Roanoke	1:53.15 10
2 Kane, Matthew	Lynchburg	1:55.10 8
3 Warner, Ryan	Lynchburg	1:55.40 6
4 Kirby, Foster	Lynchburg	1:56.56 5
5 Brighter, Jaden	Washington a	1:57.31 4
6 John, Joey	Lynchburg	1:57.32 3
7 Lee, Nathan	Shenandoah	1:57.47 2
8 Allcorn, Rylan	Lynchburg	1:57.56 1
9 Sisk, Jake	Lynchburg	1:57.90
10 Hogan, John	Washington a	1:58.83
11 DeLoach, Will	Washington a	1:58.85
12 Diehl, Gavin	Bridgewater	1:59.15
13 Massey, Aaron	Roanoke	2:01.01
14 Carroll, Andrew	Washington a	2:01.26
15 Corpin, Kyle	Shenandoah	2:01.44
16 Amare, Davis	Washington a	2:01.52
17 Fitch, William	Washington a	2:02.08
18 Rockey, Daniel	Lynchburg	2:03.29
19 Shiguango-Holtz, Adrian	Roanoke	2:03.67
20 Belisle, Alex	Eastern Menn	2:06.42
21 Herndon, Jackson	Hampden-Sydn	2:08.50
22 Estes, Andrew	Roanoke	2:09.94
23 Kanagy, Ethan	Eastern Menn	2:11.51
--- Mantooth, Jamison	Lynchburg	DNF

## Men 1500 Meter Run

Conference: 3:42.12 \$ 2025 Tor Hotung-Davidsen  
Meet Rec: 3:51.02 # 2021 Isaac Alderfer

Name	School	Finals
<b>Finals</b>		
1 Hunt, Chasen	Lynchburg	3:56.09 10
2 Jordan, Alex	Lynchburg	3:56.73 8
3 Rockey, Daniel	Lynchburg	3:57.11 6
4 Rush, Keaton	Washington a	3:57.69 5
5 Orban, Nathaniel	Roanoke	3:58.24 4
6 White, Randy	Lynchburg	3:59.38 3
7 Stevens, Shane	Roanoke	3:59.80 2
8 Ammon, Elias	Roanoke	3:59.91 1
9 Green, Corbin	Lynchburg	4:01.78
10 Guest, Owen	Lynchburg	4:05.23
11 Amis, Logan	Lynchburg	4:06.09
12 Wettig, Malakai	Bridgewater	4:06.42
13 Park, Justin	Lynchburg	4:07.82
14 Hogan, John	Washington a	4:08.24
15 Amare, Davis	Washington a	4:09.18
16 Cooper, Robert	Washington a	4:10.42
17 Perry, Seth	Roanoke	4:12.39
18 DiMond, Mitchell	Washington a	4:15.23
19 Ramirez Hannon, Gabe	Roanoke	4:18.87
20 Koroma, Edward	Randolph	4:19.58
21 Carroll, Andrew	Washington a	4:19.95
22 Kanagy, Ethan	Eastern Menn	4:22.20
23 Camp, Jack	Washington a	4:26.86
24 Counts, Levi	Roanoke	4:31.31

## Men 5000 Meter Run

Conference: 13:41.96 \$ 2025 Chasen Hunt  
Meet Rec: 14:38.40 # 4/26/2025 Chasen Hunt

Name	School	Finals
<b>Finals</b>		
1 Jordan, Alex	Lynchburg	14:38.31# 10
2 Hunt, Chasen	Lynchburg	14:39.01 8
3 Daunt, Sam	Washington a	14:46.22 6
4 Riggie, Aidan	Lynchburg	14:55.91 5
5 Sidebotham, Cameron	Lynchburg	15:08.66 4
6 Stevens, Shane	Roanoke	15:17.30 3
7 Blosser, Parker	Roanoke	15:18.63 2
8 Verrett, Colin	Washington a	15:30.47 1
9 Fretwell, Joshua	Lynchburg	15:34.85
10 Fernandez, Draven	Lynchburg	15:39.10
11 Benjamin, Wyatt	Washington a	15:46.71
12 Coombes, Jackson	Roanoke	15:54.57
13 Guest, Owen	Lynchburg	16:00.15
14 Miller, Gabe	Bridgewater	16:04.88
15 Amis, Logan	Lynchburg	16:12.23
16 Ashley, William	Shenandoah	16:14.89
17 Berrios-Gandarillas, Sebastiar	Shenandoah	16:16.38
18 Wettig, Malakai	Bridgewater	16:17.11
19 Howley, Kaedon	Bridgewater	16:20.77
20 Hamacher, Zachary	Shenandoah	16:24.74

## ODAC Outdoor Track &amp; Field Championships - 4/24/2026 to 4/25/2026

## Bomberger Field

## Results

## Finals ... (Men 5000 Meter Run)

Name	School	Finals
21 Maloy, Brenden	Shenandoah	16:32.81
22 Christensen, Corey	Shenandoah	17:18.51
--- Orban, Nathaniel	Roanoke	DNF

## Men 10000 Meter Run

Conference: 29:36.78 \$ 2026 Keaton Rush  
 Meet Rec: 31:10.87 # 4/26/2024 Jonathan Cobb

Name	School	Finals
<b>Finals</b>		
1 Paciello, Alex	Lynchburg	32:56.39 10
2 Riggle, Aidan	Lynchburg	32:57.19 8
3 Fernandez, Draven	Lynchburg	32:57.83 6
4 Verrett, Colin	Washington a	32:58.43 5
5 Blosser, Parker	Roanoke	33:04.54 4
6 Sidebotham, Cameron	Lynchburg	33:04.98 3
7 Cooper, Robert	Washington a	33:10.26 2
8 Cobb, Jonathan	Lynchburg	33:11.89 1
9 Ashley, William	Shenandoah	33:11.95
10 Khouri, Ethan	Washington a	33:28.05
11 Alden, Mercer	Lynchburg	33:35.92
12 Shotwell, Brayden	Shenandoah	34:09.64
13 Black, Casey	Virginia Wes	34:11.41
14 Miller, Gabe	Bridgewater	34:20.16
15 Hamacher, Zachary	Shenandoah	34:36.60
16 Brasler, Samuel	Roanoke	34:42.78
17 Weaver, Garrett	Roanoke	34:52.06
18 Breneman, Blaise	Lynchburg	34:55.88
19 Beaugez, Ethan	Shenandoah	35:12.20
20 Dumas, Aiden	Bridgewater	35:27.80
21 Adamson, Brandon	Bridgewater	35:33.26
22 Bishop, Kellen	Roanoke	35:47.81
--- Clarke, Isaac	Shenandoah	DNF

## Men 110 Meter Hurdles

Conference: 14.28 \$ 2026 Macky Gartley  
 Meet Rec: 14.54 # 1988 Andy White

Name	School	Prelims
<b>Preliminaries</b>		
1 Toelau, Filipo	Eastern Menn	14.73Q-1.8
2 Gartley, Davin (Macky)	Washington a	14.78Q-1.6
3 Steele, Antaveon	Lynchburg	15.12q -1.6
4 Taylor, Mitchell	Roanoke	15.21q -1.8
5 Brown, Jayden	Bridgewater	15.52q -1.8
6 Amlacher, Joe	Bridgewater	15.56q -1.6
7 Leech, Micah	Lynchburg	15.59q -1.6
8 Bailey, Shaddai	Eastern Menn	15.66q -1.6
9 Neel, Davis	Roanoke	15.84 -1.8
10 Fisher, Ethan	Randolph	15.99 -1.8
11 Graham, Daniel	Roanoke	16.14 -1.6
12 Arends, Johan	Randolph	16.23 -1.6
13 Brewington, Jasha	Virginia Wes	16.24 -1.8

## Men 110 Meter Hurdles

Conference: 14.28 \$ 2026 Macky Gartley  
 Meet Rec: 14.54 # 1988 Andy White

Name	School	Finals
<b>Finals</b>		
1 Gartley, Davin (Macky)	Washington a	14.98 10
2 Taylor, Mitchell	Roanoke	15.27 8
3 Brown, Jayden	Bridgewater	15.64 6
4 Steele, Antaveon	Lynchburg	15.72 5
5 Leech, Micah	Lynchburg	15.97 4
6 Bailey, Shaddai	Eastern Menn	16.30 3
7 Amlacher, Joe	Bridgewater	16.48 2

## Men 400 Meter Hurdles

Conference: 51.35 \$ 2018 Connor Faint  
 Meet Rec: 53.67 # 2013 Rachad Davis  
 Meet Rec: 53.67 # 2017 Connor Faint

Name	School	Prelims
<b>Preliminaries</b>		
1 Austin, DeShawn	Roanoke	# 52.95Q
2 Gartley, Davin (Macky)	Washington a	54.53Q
3 Arnold, Nick	Eastern Menn	# 53.46q
4 Brown, Jayden	Bridgewater	55.16q
5 Daniels, John	Washington a	55.19q
6 Hills, Javon	Virginia Wes	55.23q
7 Taylor, Mitchell	Roanoke	55.50q
8 Jakubowski-Lewis, Daniel	Washington a	55.78q
9 Rose, Elijah	Lynchburg	56.08
10 Knick, Dylan	Roanoke	56.44
11 Fisher, Ethan	Randolph	57.60
12 Henson, Blake	Lynchburg	57.77
13 Davis, George	Roanoke	1:00.22
14 Baker, Ben	Bridgewater	1:02.42
--- Bailey, Shaddai	Eastern Menn	FS

## Men 400 Meter Hurdles

Conference: 51.35 \$ 2018 Connor Faint  
 Meet Rec: 53.67 # 2013 Rachad Davis  
 Meet Rec: 53.67 # 2017 Connor Faint

Name	School	Finals
<b>Finals</b>		
1 Austin, DeShawn	Roanoke	53.40# 10
2 Gartley, Davin (Macky)	Washington a	53.65# 8
3 Arnold, Nick	Eastern Menn	54.35 6
4 Taylor, Mitchell	Roanoke	54.51 5
5 Jakubowski-Lewis, Daniel	Washington a	55.85 4
6 Brown, Jayden	Bridgewater	56.01 3
7 Daniels, John	Washington a	56.88 2
8 Hills, Javon	Virginia Wes	59.26 1

## ODAC Outdoor Track &amp; Field Championships - 4/24/2026 to 4/25/2026

## Bomberger Field

## Results

## Men 3000 Meter Steeplechase

Conference: 8:55.18 \$ 2025

Cooper Hurst

Meet Rec: 9:18.36 # 2022

Connor McCroy

Name	School	Finals
<b>Finals</b>		
1 Fretwell, Joshua	Lynchburg	9:53.12 10
2 Coombes, Jackson	Roanoke	9:59.06 8
3 Ramirez Hannon, Gabe	Roanoke	10:02.58 6
4 Bryant, Emerson	Lynchburg	10:07.18 5
5 Diemoz, Luke	Lynchburg	10:10.55 4
6 Henson, Shea	Lynchburg	10:19.95 3
7 Meredith, Teddy	Washington a	10:20.52 2
8 Watson, Jerry	Virginia Wes	10:24.11 1
9 Rife, Kaden	Washington a	10:26.19
10 Rose, Ryder	Bridgewater	10:39.35
11 Hudson, Carter	Lynchburg	10:40.30
12 Beiswenger, Caleb	Shenandoah	10:41.72
13 Foley, Michael	Roanoke	10:48.84
14 Buckley, John	Shenandoah	10:55.06
15 Harway, Jeremy	Guilford	11:13.16
16 Lyons, Shane	Shenandoah	11:33.38
--- Wildman, Hall	Washington a	DNF

## Men 4x100 Meter Relay

Conference: 40.66 \$ 2025

Roanoke

A Carter, D Bitzer, B Hill, B Fowler

Meet Rec: 40.96 # 4/26/2025

Lynchburg

M Hamm, J Jones, N Raya, T Wright

Team	Relay	Finals
<b>Finals</b>		
1 Lynchburg	A	41.41 10
1) Tucker, Trenton	2) Davis, Isaiah	
3) Martino, Guillermo	4) Victoria, Lamont	
2 Bridgewater (Va.)	A	41.62 8
1) Knicely, Walker	2) Galloway, Kyle	
3) Browne, Ian	4) Davenport, Jayden	
3 Roanoke	A	41.70 6
1) Linebaugh, Sam	2) Cardwell, Max	
3) Hill, Bryson	4) Carter, Amari	
4 Randolph	A	41.88 5
1) Mendscole, Jeff	2) McLean, James	
3) Thomas, Savion	4) Smith, Ja'mar	
5 Virginia Wesleyan	A	42.15 4
1) Smith, Da'Quan	2) Hall, Jordan	
3) Hills, Javon	4) Brewington, Jasha	
6 Guilford	A	42.53 3
1) Blowe, Cedric	2) Jones, Jaden	
3) Davis, Tkwon	4) Allen, KJ	
7 Washington and Lee	A	43.00 2
1) De Fonseka, Ethan	2) Freeman, Mark	
3) LaCour, Connor	4) Mandis, Mason	
8 Shenandoah	A	43.39 1
1) Newcome, Wyatt	2) Sheehan, Zachary	
3) Cameron, Jaidan	4) Rosner, Sean	

--- Eastern Mennonite	A	DNF
1) Winters, Da'Shawn	2) Vann, Jameel	
3) Reid, Isaiah	4) Abul-Qasim, Ahsan	

## Men 4x400 Meter Relay

Conference: 3:10.20 \$ 2019

Lynchburg College

K Smith, J Harris, J Smith, S Williams

Meet Rec: 3:16.66 # 4/26/2025

Randolph

C Lambert, K Love, C Humes, E West

Team	Relay	Finals
<b>Finals</b>		
1 Roanoke	A	3:17.91 10
1) Cardwell, Max	2) Austin, DeShawn	
3) Heffinger, Brandon	4) Camobreco, Lorenzo	
2 Lynchburg	A	3:20.85 8
1) Mayfield, David	2) Henson, Blake	
3) Davis, Isaiah	4) Marshall, Parker	
3 Eastern Mennonite	A	3:21.79 6
1) Joseph, Joshua	2) Abul-Qasim, Ahsan	
3) Winters, Da'Shawn	4) Arnold, Nick	
4 Randolph	A	3:22.18 5
1) Petcher, Landon	2) Jackson, Emir	
3) Kurtz, Kyle	4) Humes, Christian	
5 Washington and Lee	A	3:26.10 4
1) Hirwa, Javan	2) De Fonseka, Ethan	
3) Jakubowski-Lewis, Daniel	4) LaCour, Connor	
6 Bridgewater (Va.)	A	3:26.53 3
1) Knicely, Walker	2) Browne, Ian	
3) Galloway, Kyle	4) Wylie, Gabe	
7 Guilford	A	3:30.29 2
1) Jones, Jaden	2) Davis, Tkwon	
3) Torain, Trenton	4) Allam, Yassine	
8 Shenandoah	A	3:31.85 1
1) Newcome, Wyatt	2) Corpin, Kyle	
3) Lee, Nathan	4) Bernard, Roman	
9 Averett	A	3:53.85
1) Tucker, Jayvyn	2) Quintero, Azael	
3) Simon, Jesiah	4) Foley, Brett	

## Men High Jump

Conference: 2.19m \$ 1997

DaVon Lewis

Meet Rec: 2.14m # 2005

Ricky Easterling

Name	School	Finals
<b>Finals</b>		
1 Brown, Jamarcus	Lynchburg	2.11m 10
2 Victoria, Lamont	Lynchburg	2.08m 8
3 Birchett, Trey	Bridgewater	2.05m 6
4 Rose, Elijah	Lynchburg	1.92m 5
5 Toney, Na'Tevis	Roanoke	J1.92m 4
6 Akinnubi, David	Washington a	J1.92m 3
7 Roupe, Cody	Roanoke	J1.92m 2
8 Mims, Mekhi	Shenandoah	1.87m 1
9 Abul-Qasim, Ahsan	Eastern Menn	J1.87m
10 Amlacher, Joe	Bridgewater	1.82m
11 Washington, Cyle	Lynchburg	1.77m

## ODAC Outdoor Track &amp; Field Championships - 4/24/2026 to 4/25/2026

## Bomberger Field

## Results

## Men Pole Vault

Conference: 5.05m \$ 2022 Joe O'Connor  
 Meet Rec: 5.03m # 4/25/2025 Evan Langhammer

Name	School	Finals
<b>Finals</b>		
1 Andrasz, Bronson	Lynchburg	4.65m 10
2 Langhammer, Evan	Washington a	4.55m 8
3 Watkins, Jayden	Randolph	4.40m 6
4 Knicely, Walker	Bridgewater	J4.40m 5
5 Leech, Micah	Lynchburg	J4.40m 4
6 McCombs, Dominic	Roanoke	4.25m 3
7 Michael, Lukas	Washington a	4.10m 2
8 Jackson, Peyton	Randolph	3.80m 1
9 Graham, Daniel	Roanoke	J3.80m
10 McLaughlin, Jeffrey	Roanoke	J3.80m
11 Hennessy, Thomas	Bridgewater	J3.80m
12 Spillman, Troy	Washington a	3.50m
--- Williams, Noah	Randolph	NH
--- Jantzen, Alex	Eastern Menn	NH

## Men Long Jump

Conference: 7.67m \$ 2015 Evan Truman  
 Meet Rec: 7.42m # 1998 Dave Lichtenstein

Name	School	Finals
<b>Finals</b>		
1 Hall, Jordan	Virginia Wes	7.21m 10
2 Austin, DeShawn	Roanoke	7.18m 8
3 Abul-Qasim, Ahsan	Eastern Menn	7.17m 6
4 Mauer, Ty	Lynchburg	7.09m 5
5 Hinton, Demetri	Lynchburg	6.95m 4
6 Leech, Micah	Lynchburg	6.92m 3
7 Smith, Ja'mar	Randolph	6.75m 2
8 Coley, Michael	Lynchburg	6.60m 1
9 Mandis, Mason	Washington a	6.59m +0.0
10 Thomas, Savion	Randolph	6.53m 0.8
11 Martino, Guillermo	Lynchburg	J6.53m +0.0
12 Gault, Kyron	Randolph	6.48m +0.0
13 Blowe, Cedric	Guilford	6.47m 0.2
14 Brown, Hezekiah	Eastern Menn	6.43m +0.0
15 Lamb, Lauchnor	Bridgewater	J6.43m +0.0
16 Browne, Ian	Bridgewater	6.39m 0.1
17 Fielder, Jordan	Virginia Wes	6.36m +0.0
18 Winters, Da'Shawn	Eastern Menn	6.34m +0.0
19 Sheehan, Zachary	Shenandoah	6.29m -1.6
20 Lacayo, Daven	Lynchburg	J6.29m +0.0
21 Calloway, Xavier	Randolph	J6.29m 0.3
22 Howard, AJ	Virginia Wes	6.22m 0.2
23 Smith, Da'Quan	Virginia Wes	6.11m -0.7
24 Gipson, David	Roanoke	5.81m +0.0

## Men Triple Jump

Conference: 15.27m \$ 1990 James Walker  
 Meet Rec: 15.27m # 2007 James Walker

Name	School	Finals
<b>Finals</b>		
1 Fielder, Jordan	Virginia Wes	14.59m 10
2 Hinton, Demetri	Lynchburg	14.02m 8
3 Leech, Micah	Lynchburg	13.76m 6
4 Sheehan, Zachary	Shenandoah	13.74m 5
5 Smith, Da'Quan	Virginia Wes	13.37m 4
6 Jackson, Ashton	Randolph	13.31m 3
7 Thomas, Savion	Randolph	13.26m 2
8 Carter, Mario	Randolph	12.98m 1
9 Smith, Ja'mar	Randolph	12.96m 1.9
10 Howard, AJ	Virginia Wes	12.88m 3.1
11 Gipson, David	Roanoke	12.59m 0.2
12 Thompson, Colby	Roanoke	12.50m 0.7
13 Calloway, Xavier	Randolph	12.41m 2.4
14 Toney, Na'Tevis	Roanoke	12.38m 2.4
15 Murrell, Dai'vian	Averett	11.88m 0.8
--- Hamman, Jonah	Roanoke	FOUL

## Men Shot Put

Conference: 17.22m \$ 2008 Nathan Turner  
 Meet Rec: 16.69m # 2008 Nathan Turner

Name	School	Finals
<b>Finals</b>		
1 Flores, Jesus	Bridgewater	15.98m 10
2 Rucker, Koran	Eastern Menn	15.32m 8
3 Stephens, Kyle	Roanoke	14.25m 6
4 Noll, Maddox	Washington a	14.04m 5
5 Williams, Luke	Bridgewater	13.38m 4
6 Goodbar, McKinley	Bridgewater	13.35m 3
7 Speer, Grady	Shenandoah	13.10m 2
8 Mullins, Ezekiel	Washington a	12.93m 1
9 Avigliano, Leo	Washington a	12.91m
10 McKinney, O'Keefe	Washington a	12.41m
11 Navarro, Fiell	Bridgewater	12.15m
12 White, Xavier	Randolph	12.03m
13 Vigus, Aidan	Roanoke	11.97m
14 Keller, Noah	Bridgewater	11.62m
15 Alvarenga, Julio	Randolph	11.40m
16 Hoffman, Bryce	Bridgewater	11.39m
17 Harris, Antonio	Bridgewater	11.37m
18 Bates, Silas	Eastern Menn	11.17m
19 Strath, Gavin	Bridgewater	11.13m
20 Smith, Jamal	Averett	10.96m
21 Stiltner, Gregory	Roanoke	10.87m
22 Erickson, Carter	Averett	10.83m
23 Kareem-Ojo, Opeyemi	Virginia Wes	10.53m
24 Paine, Sawyer	Shenandoah	9.99m

## ODAC Outdoor Track &amp; Field Championships - 4/24/2026 to 4/25/2026

## Bomberger Field

## Results

## Men Discus Throw

Conference: 50.62m \$ 1995 Seth McGuffin  
 Meet Rec: 48.93m # 4/26/2026 Leo Avigliano

Name	School	Finals
<b>Finals</b>		
1 Rucker, Koran	Eastern Menn	44.49m 10
2 Speer, Grady	Shenandoah	43.16m 8
3 Flynn, Joe	Bridgewater	42.35m 6
4 Williams, Luke	Bridgewater	42.06m 5
5 Avigliano, Leo	Washington a	40.90m 4
6 Noll, Maddox	Washington a	40.50m 3
7 Goleno, Nick	Bridgewater	39.93m 2
8 White, Xavier	Randolph	38.55m 1
9 Stiltner, Gregory	Roanoke	37.14m
10 Bates, Silas	Eastern Menn	36.84m
11 Kareem-Ojo, Opeyemi	Virginia Wes	36.00m
12 Alvarenga, Julio	Randolph	35.66m
13 Keller, Noah	Bridgewater	35.60m
14 Hoffman, Bryce	Bridgewater	34.97m
15 Bea, Jayven	Roanoke	33.78m
16 Hepburn, Will	Virginia Wes	33.61m
17 Njie, Kebba	Averett	32.94m
18 Jacobs, Luke	Shenandoah	32.27m
19 Mullins, Ezekiel	Washington a	31.45m
20 Strath, Gavin	Bridgewater	30.16m
21 Paine, Sawyer	Shenandoah	26.00m
22 Goodbar, McKinley	Bridgewater	25.31m
--- Harris, Antonio	Bridgewater	FOUL
--- McKinney, O'Keefe	Washington a	FOUL

## Men Hammer Throw

Conference: 60.34m \$ 2023 Peter Fulton  
 Meet Rec: 57.85m # 2023 Peter Fulton

Name	School	Finals
<b>Finals</b>		
1 Rucker, Koran	Eastern Menn	56.19m 10
2 Flores, Jesus	Bridgewater	51.65m 8
3 Speer, Grady	Shenandoah	47.71m 6
4 Flynn, Joe	Bridgewater	47.63m 5
5 Harris, Antonio	Bridgewater	47.35m 4
6 White, Xavier	Randolph	46.66m 3
7 Hoffman, Bryce	Bridgewater	41.89m 2
8 Goodbar, McKinley	Bridgewater	40.74m 1
9 Glenn, Noah	Lynchburg	40.58m
10 Keller, Noah	Bridgewater	39.85m
11 Williams, Malik	Virginia Wes	38.03m
12 Bea, Jayven	Roanoke	37.46m
13 Halterman, Austin	Washington a	36.87m
14 Goleno, Nick	Bridgewater	36.77m
15 Jacobs, Luke	Shenandoah	36.16m
16 Vigus, Aidan	Roanoke	36.08m
17 Bates, Silas	Eastern Menn	33.78m
18 Stephens, Kyle	Roanoke	33.74m
19 Alvarenga, Julio	Randolph	31.75m
20 Paine, Sawyer	Shenandoah	29.40m

--- Duncan, Ryan Bridgewater FOUL

## Men Javelin Throw

Conference: 63.76m \$ 2014 Kevin Sullivan  
 Meet Rec: 63.76m # 2014 Kevin Sullivan

Name	School	Finals
<b>Finals</b>		
1 Mann, George	Washington a	57.34m 10
2 Leech, Micah	Lynchburg	52.20m 8
3 Makowski, Brandon	Washington a	52.01m 6
4 Spillman, Troy	Washington a	49.70m 5
5 Gaddist, Kayden	Guilford	46.77m 4
6 Birchett, Trey	Bridgewater	46.72m 3
7 Watkins, Jayden	Randolph	45.20m 2
8 Davis, George	Roanoke	41.53m 1
9 Mullins, Ezekiel	Washington a	35.10m
10 Vigus, Aidan	Roanoke	34.78m
11 Mims, Mekhi	Shenandoah	34.26m
12 Knowles, Luke	Lynchburg	34.26m
13 Harris, Carson	Shenandoah	34.06m
14 McCombs, Dominic	Roanoke	32.78m
15 Kareem-Ojo, Opeyemi	Virginia Wes	32.43m
16 Speer, Grady	Shenandoah	32.17m
17 White, Xavier	Randolph	31.68m
18 Washington, Cyle	Lynchburg	30.94m
19 Alvarenga, Julio	Randolph	29.53m
20 Williams, Malik	Virginia Wes	27.28m
21 Tate, Marcus	Guilford	21.48m
--- Vaughn, Will	Washington a	ND

## Men - Team Rankings - 20 Events Scored

1) Lynchburg	249
2) Roanoke	137
3) Washington and Lee	105
4) Bridgewater (Va.)	100
5) Eastern Mennonite	57
6) Randolph	52
7) Shenandoah	34
8) Virginia Wesleyan	32
9) Guilford	13