

ODAC Indoor Track & Field Championships - 2/28/2026 to 3/1/2026

Cregger Center

Results

Men 60 Meter Dash

Name	School	Prelims
Preliminaries		
1	Victoria, Lamont	Lynchburg 6.82Q
2	Davenport, Jayden	Bridgewater 6.95Q
3	Carter, Amari	Roanoke 6.98Q
4	Smith, Ja'mar	Randolph 7.04Q
5	Weekes, Jahlil	Randolph 7.05Q
6	Mendscole, Jeff	Randolph 7.08Q
7	Freeman, Mark	Washington a 7.07q
8	Winters, Da'Shawn	Eastern Menn 7.08q
9	McLean, James	Randolph 7.12
10	Blowe, Cedric	Guilford 7.17
11	Young, James	Lynchburg 7.20
12	Linebaugh, Sam	Roanoke 7.21
13	Galloway, Kyle	Bridgewater 7.23
14	Tucker, Trenton	Lynchburg 7.25
15	Kurtz, Kyle	Randolph 7.25
16	Sirico, Gian	Bridgewater 7.25
16	Lacayo, Daven	Lynchburg 7.25
18	Coley, Michael	Lynchburg 7.26
19	Jackson, Leander	Randolph 7.28
20	Eubanks, Demorris	Shenandoah 7.30
21	Evans, Jacob	Roanoke 7.31
22	Williams, Immanuel	Randolph 7.35

Men 60 Meter Dash

Name	School	Finals
Finals		
1	Victoria, Lamont	Lynchburg 6.79 10
2	Davenport, Jayden	Bridgewater 6.95 8
3	Smith, Ja'mar	Randolph 6.96 6
4	Carter, Amari	Roanoke 6.98 5
5	Mendscole, Jeff	Randolph 6.99 4
6	Freeman, Mark	Washington a 7.04 3
7	Weekes, Jahlil	Randolph 7.05 2
8	Winters, Da'Shawn	Eastern Menn 7.12 1

Men 200 Meter Dash

Name	School	Finals
Finals		
1	Victoria, Lamont	Lynchburg 22.08 10
2	Carter, Amari	Roanoke 22.44 8
3	Davenport, Jayden	Bridgewater 22.61 6
4	McLean, James	Randolph 22.74 5
5	Gartley, Davin (Macky)	Washington a 22.83 4
6	Cardwell, Max	Roanoke 22.86 3
7	Arnold, Nick	Eastern Menn 22.92 2
8	Jackson, Leander	Randolph 22.94 1
9	Linebaugh, Sam	Roanoke 23.10
10	Galloway, Kyle	Bridgewater 23.15
11	Kurtz, Kyle	Randolph 23.23
12	Wylie, Gabe	Bridgewater 23.29
13	Blowe, Cedric	Guilford 23.36
14	Jones, Jaden	Guilford 23.66

15	Stant, Aidan	Roanoke 23.87
16	Williams, Immanuel	Randolph 24.04
17	Davis, Tkwon	Guilford 24.39
18	Allam, Yassine	Guilford 24.64
19	Torain, Trenton	Guilford 24.71
20	Allen, KJ	Guilford 24.92

Men 400 Meter Run

Name	School	Finals
Finals		
1	Camobreco, Lorenzo	Roanoke 49.50 10
2	Bernard, Roman	Shenandoah 49.92 8
3	Cardwell, Max	Roanoke 50.04 6
4	Arnold, Nick	Eastern Menn 50.24 5
5	LaCour, Connor	Washington a 50.55 4
6	Wylie, Gabe	Bridgewater 51.15 3
7	Heffinger, Brandon	Roanoke 51.27 2
8	Humes, Christian	Randolph 51.91 1
9	Jackson, Emir	Randolph 51.93
10	Marshall, Parker	Lynchburg 52.12
11	Hamman, Jonah	Roanoke 52.38
12	Taylor, Mitchell	Roanoke 52.45
13	Newcome, Wyatt	Shenandoah 52.49
14	Davis, Tkwon	Guilford 52.55
15	Henson, Blake	Lynchburg 52.60
16	Baker, Ben	Bridgewater 53.05
17	Wills, Christopher	Randolph 53.37
18	Davis, Isaiah	Lynchburg 53.40
19	Jones, Jaden	Guilford 53.67
20	Hirwa, Javan	Washington a 54.08
21	Knick, Dylan	Roanoke 54.34
22	Allam, Yassine	Guilford 54.46

Men 800 Meter Run

Name	School	Finals
Finals		
1	McDonough, Donald (Dj)	Washington a 1:54.21 10
2	Ammon, Elias	Roanoke 1:55.50 8
3	Herndon, Jackson	Hampden-Sydn 1:56.53 6
4	Sisk, Jake	Lynchburg 1:57.42 5
5	Rockey, Daniel	Lynchburg 1:57.68 4
6	Warner, Ryan	Lynchburg 1:58.96 3
7	John, Joey	Lynchburg 1:59.56 2
8	Hogan, John	Washington a 1:59.67 1
9	DeLoach, Will	Washington a 2:00.49
10	Diehl, Gavin	Bridgewater 2:00.58
11	Mantooth, Jamison	Lynchburg 2:00.82
12	Park, Justin	Lynchburg 2:00.83
13	Corpin, Kyle	Shenandoah 2:01.00
14	Kirby, Foster	Lynchburg 2:01.64
15	Orban, Nathaniel	Roanoke 2:01.94
16	Lee, Nathan	Shenandoah 2:02.92
17	Camp, Jack	Washington a 2:04.75
18	Massey, Aaron	Roanoke 2:05.65
19	Stevens, Shane	Roanoke 2:06.32
20	Carroll, Andrew	Washington a 2:07.31

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Finals ... (Men 800 Meter Run)

Name	School	Finals
21 Fitch, William	Washington a	2:09.43
22 Bartulis, Aiden	Randolph	2:11.85
--- White, Randy	Lynchburg	DNF

Men 1 Mile Run

Name	School	Finals
Finals		
1 Hunt, Chasen	Lynchburg	4:19.80 10
2 Rockey, Daniel	Lynchburg	4:21.22 8
3 Kane, Matthew	Lynchburg	4:22.36 6
4 White, Randy	Lynchburg	4:22.55 5
5 Riggle, Aidan	Lynchburg	4:24.53 4
6 Orban, Nathaniel	Roanoke	4:24.69 3
7 Fitch, William	Washington a	4:25.76 2
8 Guest, Owen	Lynchburg	4:26.76 1
9 Stevens, Shane	Roanoke	4:26.97
10 Wettig, Malakai	Bridgewater	4:27.01
11 Weddle, Jack	Lynchburg	4:27.79
12 Daunt, Sam	Washington a	4:28.47
13 Massey, Aaron	Roanoke	4:29.64
14 Carroll, Andrew	Washington a	4:30.49
15 Brebner, Beau	Roanoke	4:31.00
16 Howley, Kaedon	Bridgewater	4:31.86
17 Meredith, Teddy	Washington a	4:31.99
18 Coombes, Jackson	Roanoke	4:32.73
19 Rush, Eamon	Lynchburg	4:39.54
20 Koroma, Edward	Randolph	4:41.53
21 Kanagy, Ethan	Eastern Menn	4:49.06
22 Rose, Ryder	Bridgewater	4:51.48
23 Bishop, Kellen	Roanoke	4:52.04

Men 3000 Meter Run

Name	School	Finals
Finals		
1 Hunt, Chasen	Lynchburg	8:33.94 10
2 Jordan, Alex	Lynchburg	8:35.14 8
3 Cooper, Robert	Washington a	8:38.04 6
4 Dunaway, William	Washington a	8:44.03 5
5 Sidebotham, Cameron	Lynchburg	8:44.32 4
6 Kodenski, Jackson	Washington a	8:48.66 3
7 Franklin, Thomas	Washington a	8:56.15 2
8 Verrett, Colin	Washington a	9:00.10 1
9 Amis, Logan	Lynchburg	9:01.73
10 Ramirez Hannon, Gabe	Roanoke	9:03.94
11 Paciello, Alex	Lynchburg	9:06.86
12 Shotwell, Brayden	Shenandoah	9:09.91
13 Jacquez, Grayson	Bridgewater	9:11.06
14 Henson, Shea	Lynchburg	9:13.47
15 Brasler, Samuel	Roanoke	9:15.34
16 Brebner, Beau	Roanoke	9:22.55
17 Ashley, William	Shenandoah	9:23.63
18 Blosser, Parker	Roanoke	9:24.45
19 Beiswenger, Caleb	Shenandoah	9:24.64
20 Maloy, Brenden	Shenandoah	9:27.14

21 Rife, Kaden	Washington a	9:32.69
22 Beaugez, Ethan	Shenandoah	9:41.34

Men 5000 Meter Run

Name	School	Finals
Finals		
1 Jordan, Alex	Lynchburg	14:30.30 10
2 Dunaway, William	Washington a	14:42.09 8
3 Rush, Keaton	Washington a	14:45.02 6
4 Daunt, Sam	Washington a	14:55.54 5
5 Sidebotham, Cameron	Lynchburg	15:05.47 4
6 Cobb, Jonathan	Lynchburg	15:13.88 3
7 Riggle, Aidan	Lynchburg	15:14.33 2
8 Kodenski, Jackson	Washington a	15:26.39 1
9 Ashley, William	Shenandoah	15:35.79
10 Benjamin, Wyatt	Washington a	15:42.31
11 Paciello, Alex	Lynchburg	15:43.31
12 Fernandez, Draven	Lynchburg	15:44.51
13 Alden, Mercer	Lynchburg	15:51.36
14 Verrett, Colin	Washington a	15:59.58
15 Brasler, Samuel	Roanoke	16:01.62
16 Beiswenger, Caleb	Shenandoah	16:36.47
17 Maloy, Brenden	Shenandoah	16:36.70
18 Adamson, Brandon	Bridgewater	16:59.17
19 Dumas, Aiden	Bridgewater	17:23.41
20 Huyard, Ben	Eastern Menn	18:16.56
--- Bryant, Emerson	Lynchburg	DNF

Men 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Gartley, Davin (Macky)	Washington a	8.12Q
2 Toelau, Filipo	Eastern Menn	8.21Q
3 Taylor, Mitchell	Roanoke	8.37Q
4 Leech, Micah	Lynchburg	8.23Q
5 Graham, Daniel	Roanoke	8.43Q
6 Brewington, Jasha	Virginia Wes	8.49Q
7 Steele, Antaveon	Lynchburg	8.54q
8 Brown, Jayden	Bridgewater	8.65q
9 Neel, Davis	Roanoke	8.67
10 Amlacher, Joe	Bridgewater	8.75
11 Jakubowski-Lewis, Daniel	Washington a	8.76
12 Daniels, John	Washington a	8.76
13 Fisher, Ethan	Randolph	8.81
14 Bailey, Shaddai	Eastern Menn	8.83
15 Carter, Mario	Randolph	8.95
16 Arends, Johan	Randolph	8.97
17 Diamond, Ardarian	Lynchburg	9.17

Men 60 Meter Hurdles

Name	School	Finals
Finals		
1 Gartley, Davin (Macky)	Washington a	8.04 10
2 Toelau, Filipo	Eastern Menn	8.15 8
3 Graham, Daniel	Roanoke	8.29 6
4 Taylor, Mitchell	Roanoke	8.34 5

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Finals ... (Men 60 Meter Hurdles)

Name	School	Finals	
5 Brown, Jayden	Bridgewater	8.46	4
6 Leech, Micah	Lynchburg	8.47	3
7 Brewington, Jasha	Virginia Wes	8.47	2
8 Steele, Antaveon	Lynchburg	8.66	1

Men 4x400 Meter Relay

Team	Relay	Finals	
Finals			
1 Roanoke	A	3:20.55	10
2 Washington and Lee	A	3:21.75	8
3 Eastern Mennonite	A	3:25.97	6
4 Randolph	A	3:26.41	5
5 Shenandoah	A	3:29.43	4
6 Bridgewater (Va.)	A	3:30.33	3
7 Lynchburg	A	3:31.22	2
8 Guilford	A	3:33.88	1
9 Averett	A	4:00.70	

Men Distance Medley

Team	Relay	Finals	
Finals			
1 Lynchburg	A	10:31.32	10
2 Bridgewater (Va.)	A	10:35.83	8
3 Roanoke	A	10:36.72	6
4 Washington and Lee	A	10:42.28	5
5 Shenandoah	A	10:51.12	4
6 Virginia Wesleyan	A	11:02.42	3
7 Eastern Mennonite	A	11:32.78	2
8 Randolph	A	11:45.44	1
9 Guilford	A	12:18.41	
10 Averett	A	13:10.02	

Men High Jump

Name	School	Finals	
Finals			
1 Victoria, Lamont	Lynchburg	2.10m	10
2 Brown, Jamarcus	Lynchburg	2.03m	8
3 Birchett, Trey	Bridgewater	2.00m	6
4 Akinnubi, David	Washington a	J2.00m	5
5 Rose, Elijah	Lynchburg	1.95m	4
6 Hipp, Aidan	Lynchburg	1.90m	3
7 Roupe, Cody	Roanoke	J1.90m	2
8 Abul-Qasim, Ahsan	Eastern Menn	J1.90m	1
9 Toney, Na'Tevis	Roanoke	J1.90m	
9 Mims, Mekhi	Shenandoah	J1.90m	
11 Leech, Micah	Lynchburg	1.85m	
12 Watkins, Chris	Lynchburg	J1.85m	
--- Hunter, Ford	Washington a	NH	
--- Washington, Cyle	Lynchburg	NH	

Men Pole Vault

Name	School	Finals	
Finals			
1 Langhammer, Evan	Washington a	4.73m	10

2 Watkins, Jayden	Randolph	4.53m	8
3 Knicely, Walker	Bridgewater	4.38m	6
4 Andrasz, Bronson	Lynchburg	J4.38m	5
5 McCombs, Dominic	Roanoke	J4.38m	4
6 Strobach, Charlie	Washington a	4.23m	3
7 Michael, Lukas	Washington a	J4.23m	1.5
7 Leech, Micah	Lynchburg	J4.23m	1.5
9 Graham, Daniel	Roanoke	4.08m	
9 Watkins, Chris	Lynchburg	4.08m	
11 Hennessy, Thomas	Bridgewater	3.78m	
12 Jackson, Peyton	Randolph	3.63m	
13 Jackson, Ashton	Randolph	J3.63m	
--- Jantzen, Alex	Eastern Menn	NH	
--- Spillman, Troy	Washington a	NH	

Men Long Jump

Name	School	Finals	
Finals			
1 Hall, Jordan	Virginia Wes	7.09m	10
2 Hinton, Demetri	Lynchburg	7.02m	8
3 Leech, Micah	Lynchburg	6.94m	6
4 Abul-Qasim, Ahsan	Eastern Menn	6.90m	5
5 Austin, DeShawn	Roanoke	6.82m	4
6 Smith, Ja'mar	Randolph	6.50m	3
7 Gault, Kyron	Randolph	6.49m	2
8 Mauer, Ty	Lynchburg	6.48m	1
9 Smith, Da'Quan	Virginia Wes	6.38m	
10 Fielder, Jordan	Virginia Wes	6.30m	
10 Coley, Michael	Lynchburg	6.30m	
12 Spencer, Amir	Roanoke	6.28m	
13 Martino, Guillermo	Lynchburg	6.27m	
14 Sheehan, Zachary	Shenandoah	6.26m	
15 Blowe, Cedric	Guilford	6.22m	
16 Thomas, Savion	Randolph	6.18m	
17 Browne, Ian	Bridgewater	6.17m	
18 Calloway, Xavier	Randolph	6.16m	
18 Lacayo, Daven	Lynchburg	6.16m	
20 Jackson, Ashton	Randolph	6.15m	
21 Winters, Da'Shawn	Eastern Menn	5.92m	
22 Steele, Antaveon	Lynchburg	5.87m	
23 Gipson, David	Roanoke	5.78m	
--- Mandis, Mason	Washington a	FOUL	

Men Triple Jump

Name	School	Finals	
Finals			
1 Hinton, Demetri	Lynchburg	14.41m	10
2 Fielder, Jordan	Virginia Wes	14.27m	8
3 Leech, Micah	Lynchburg	14.14m	6
4 Small, Fidel	Washington a	13.74m	5
5 Thomas, Savion	Randolph	13.45m	4
6 Smith, Da'Quan	Virginia Wes	13.38m	3
7 Carter, Mario	Randolph	13.29m	2
8 Sheehan, Zachary	Shenandoah	13.28m	1
9 Toney, Na'Tevis	Roanoke	12.78m	
10 Calloway, Xavier	Randolph	12.70m	

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Finals ... (Men Triple Jump)

Name	School	Finals
11 Gipson, David	Roanoke	12.61m
12 Thompson, Colby	Roanoke	12.59m
13 Bailey, Jaimir	Shenandoah	12.58m
14 Hamman, Jonah	Roanoke	12.50m
15 Murrell, Dai'vian	Averett	11.64m

Men Shot Put

Name	School	Finals
Finals		
1 Flores, Jesus	Bridgewater	15.75m 10
2 Rucker, Koran	Eastern Menn	15.55m 8
3 Goodbar, McKinley	Bridgewater	14.10m 6
4 McKinney, O'Keefe	Washington a	13.81m 5
5 Avigliano, Leo	Washington a	13.78m 4
6 Williams, Luke	Bridgewater	13.61m 3
7 Noll, Maddox	Washington a	13.58m 2
8 Mullins, Ezekiel	Washington a	13.25m 1
9 Stephens, Kyle	Roanoke	12.87m
10 Speer, Grady	Shenandoah	12.40m
11 Bates, Silas	Eastern Menn	12.36m
12 Vigus, Aidan	Roanoke	12.22m
13 White, Xavier	Randolph	12.20m
14 Hoffman, Bryce	Bridgewater	12.17m
15 Stiltner, Gregory	Roanoke	11.63m
16 Pinon, David	Eastern Menn	11.33m
17 Navarro, Fiell	Bridgewater	J11.33m
18 Strath, Gavin	Bridgewater	11.00m
19 Keller, Noah	Bridgewater	J11.00m
20 Jacobs, Luke	Shenandoah	10.87m
21 Alvarenga, Julio	Randolph	10.29m
22 Hepburn, Will	Virginia Wes	10.28m
--- Harris, Antonio	Bridgewater	FOUL

Men Weight Throw

Name	School	Finals
Finals		
1 Flores, Jesus	Bridgewater	17.58m 10
2 Flynn, Joe	Bridgewater	16.10m 8
3 White, Xavier	Randolph	15.61m 6
4 Rucker, Koran	Eastern Menn	15.45m 5
5 Harris, Antonio	Bridgewater	14.97m 4
6 Hoffman, Bryce	Bridgewater	14.74m 3
7 Goleno, Nick	Bridgewater	14.71m 2
8 Speer, Grady	Shenandoah	14.20m 1
9 Bea, Jayven	Roanoke	14.16m
10 Goodbar, McKinley	Bridgewater	13.65m
11 Avigliano, Leo	Washington a	13.36m
12 Williams, Luke	Bridgewater	13.27m
13 Halterman, Austin	Washington a	13.14m
14 Glenn, Noah	Lynchburg	13.10m
15 Vigus, Aidan	Roanoke	13.09m
16 Jacobs, Luke	Shenandoah	12.97m
17 Mullins, Ezekiel	Washington a	12.35m
18 Duncan, Ryan	Bridgewater	12.05m

19 Williams, Malik	Virginia Wes	10.77m
20 Paine, Sawyer	Shenandoah	10.30m
21 Stephens, Kyle	Roanoke	8.87m
--- Lawson, Mathew	Eastern Menn	FOUL

Men - Team Rankings - 16 Events Scored

1) Lynchburg	187.5
2) Washington and Lee	120.5
3) Bridgewater (Va.)	90
4) Roanoke	82
5) Randolph	50
6) Eastern Mennonite	43
7) Virginia Wesleyan	26
8) Shenandoah	18
9) Hampden-Sydney	6
10) Guilford	1