

MEAC Indoor Track and Field Championships - 2/22/2026 to 2/23/2026

Virginia Beach Sports Center

Results

Men 60 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Hammond, Solomon	SR Coppin State	6.70Q
2	Kollie, Andie	JR Maryland-Eas	6.71Q
3	Evans, Abraham	SR Howard	6.77Q
4	Patterson-Bryant, Terryn	SR SC State	6.80Q
5	Adekoya, Christopher	SR Coppin State	6.78q
6	McClellan, Orlando	JR N.C. Central	6.80q
7	Drakes, Carl	SR Coppin State	6.83q
8	Basking, Christopher	JR Norfolk Stat	6.83q
9	Smith, Doyin	SO Morgan State	6.85
10	Gibson, Dedric	SR Delaware Sta	6.85
11	Ward, Julian	SO Norfolk Stat	6.85
12	Faison, Rahkeem	FR Norfolk Stat	6.87
13	Smith, Antoine	JR Norfolk Stat	6.87
14	Schlotterbeck, Cole	SR Coppin State	6.88
15	Gaines, Dylan	JR Howard	6.89
16	Akpamgbo, Mihaly	FR Howard	6.93
17	Linsey, Jaycob	FR Norfolk Stat	6.95
18	Golston, Tyrese	SR Maryland-Eas	6.95
19	Willis Jr., Tori	FR Delaware Sta	6.96
20	Dillard, Jabari	FR Howard	6.99
21	Johnson, Deshaun	SO N.C. Central	7.01
22	Boulware, Armond	FR Howard	7.02
23	Washington, Christian	SR SC State	7.04
24	Burney-Green, Anai	FR Delaware Sta	7.11
25	Hudgins, Diondrey	SO N.C. Central	7.14
26	Wright, Judah	SO Maryland-Eas	7.24

Men 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Winfield, Kendrick	SR Norfolk Stat	20.86q
2	Drakes, Carl	SR Coppin State	21.14q
3	Gaines, Dylan	JR Howard	21.15q
4	Hammond, Solomon	SR Coppin State	21.17q
5	Basking, Christopher	JR Norfolk Stat	21.21q
6	Vertus, Isaiah	SR SC State	21.32q
7	Ward, Julian	SO Norfolk Stat	21.36q
8	Golston, Tyrese	SR Maryland-Eas	21.36q
9	Copeland, Maxim	SO Morgan State	21.38
10	Kollie, Andie	JR Maryland-Eas	21.44
11	Frederick, Timothy	SR Coppin State	21.45
12	Schlotterbeck, Cole	SR Coppin State	21.55
13	Smith, Antoine	JR Norfolk Stat	21.58
14	Smith, Doyin	SO Morgan State	21.63
15	Evans, Abraham	SR Howard	21.65
16	Boulware, Armond	FR Howard	21.67
17	Burney-Green, Anai	FR Delaware Sta	21.71
18	Akpamgbo, Mihaly	FR Howard	21.74
19	Johnson, Deshaun	SO N.C. Central	21.82
20	Greene, Jayvian	SO Howard	21.98
21	Sims, Antonio	SR Morgan State	22.00
22	Dorsey, Myles	FR Morgan State	22.13

23	Faison, Rahkeem	FR Norfolk Stat	22.47
24	Gale, Dominic	FR Maryland-Eas	22.73
---	Bond, Lavontay	SO Norfolk Stat	DQ
---	Bell, Dwan	SO N.C. Central	DQ

Men 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Winfield, Kendrick	SR Norfolk Stat	47.83q
2	Frederick, Timothy	SR Coppin State	47.95q
3	Copeland, Maxim	SO Morgan State	48.01q
4	Sims, Antonio	SR Morgan State	48.16q
5	Vertus, Isaiah	SR SC State	48.23q
6	McKindra, Emerson	JR Howard	48.30q
7	Jenerette, Keith	FR Delaware Sta	48.30q
8	Terry, Donovan	SO Norfolk Stat	48.58q
9	Dorsey, Myles	FR Morgan State	48.73
10	Grant, Elijah	SO Howard	48.90
11	Sims Jr, Alonzo	SR Delaware Sta	49.06
12	Greene, Jayvian	SO Howard	49.19
13	Tracey, Kamoi	FR Maryland-Eas	49.20
14	Love Jr., Kendric	SO SC State	49.31
15	Emuze, Destiny	SR Maryland-Eas	49.37
16	Phillips, Sage	SO Delaware Sta	49.57
17	Fitzpatrick, Isaac	FR N.C. Central	49.65
18	Heard, Shamar	SO Norfolk Stat	49.78
19	Edward-Etafo, David	FR Maryland-Eas	50.26
20	Raysor, Christian	FR Morgan State	50.50
21	Williams, Joseph	FR Howard	51.17
22	Hayes, Cy	FR Maryland-Eas	51.49
---	Bond, Vincent	JR Norfolk Stat	DNF
---	Bond, Lavontay	SO Norfolk Stat	DQ
---	Bell, Dwan	SO N.C. Central	DQ

Men 800 Meter Run

Name	Yr	School	Prelims
Preliminaries			
1	Skinner, Samuel	SO Morgan State	1:53.25Q
2	Mincey, Caleb	SO Morgan State	1:53.82Q
3	Cain, Ian	SO Delaware Sta	1:53.38Q
4	Francis, Asa	JR Coppin State	1:54.15Q
5	Thomas, Ashton	FR Howard	1:54.32Q
6	Green, Jemmel	FR Norfolk Stat	1:54.66Q
7	Torgbenu, Etiam	SR Coppin State	1:54.93q
8	Frisby, Keenan	FR Morgan State	1:55.20q
9	Shepherd, William	SO Howard	1:55.57
10	Hutson, Kobe	SR Howard	1:56.07
11	N'Twa, Macaire	FR SC State	1:56.30
12	Martin, David	SR Maryland-Eas	1:58.37
13	Drogba, Nimporembere	FR Norfolk Stat	1:58.97
14	Campbell, Isaiah	JR SC State	1:59.00
15	Keller, Da'Shawn	JR Delaware Sta	1:59.31
16	Forbes, Kemal	JR SC State	2:00.32
17	Ridgeway, Jalen	SR Maryland-Eas	2:00.66
18	Gordon, Kyle	FR Maryland-Eas	2:02.15
19	Hicks, Elijah	FR Coppin State	2:02.88

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Preliminaries ... (Men 800 Meter Run)

Name	Yr	School	Prelims
20 Weathers, Kyllen	FR	N.C. Central	2:12.47

Men 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Mathenge, Daniel	FR	Norfolk Stat	8:17.37 10
2 Drazan, Marian	JR	Delaware Sta	8:22.24 8
3 Mkabela, Banele	JR	Maryland-Eas	8:23.87 6
4 Too, Lewis	SO	Norfolk Stat	8:26.10 5
5 Sotonwa, Lekan	FR	Delaware Sta	8:28.24 4
6 Paddyfote, Emmanuel	SR	N.C. Central	8:44.83 3
7 Kipkoech, Mathew	FR	Norfolk Stat	8:45.67 2
8 Bure, Tinashe	JR	SC State	8:45.71 1
9 Drew, Jonathan	JR	Delaware Sta	8:55.14
10 Nura, Humed	JR	Coppin State	9:03.45
11 Kimutai, Evans	JR	N.C. Central	9:05.58
12 Dozier, Sebastian	JR	N.C. Central	9:15.68
13 Tinajero, Juan	FR	N.C. Central	9:18.83
14 Waweru, Mugo	SO	Delaware Sta	9:18.93
15 McMillen, Brandon	JR	SC State	10:01.39

Men 60 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Thomas, Jameli	JR	SC State	7.86Q
2 Dillard, Drew	SO	Howard	7.92Q
3 Watterson, Justin	SR	Howard	8.04Q
4 Williams, Elijah	FR	Coppin State	7.97Q
5 Bangué, Jorim	SR	Howard	8.14Q
6 Gray, Ra-John	SO	Maryland-Eas	8.21Q
7 Washington, Christian	SR	SC State	8.02q
8 Williams, Jonathan	JR	SC State	8.12q
9 Ra-Akbar, Jadon	JR	Morgan State	8.15
10 Dillard, Jabari	FR	Howard	8.20
11 Hollimon, Alexander	SO	SC State	8.21
12 Yisrael, Emmanuel	SO	SC State	8.52
13 Willis Jr., Tori	FR	Delaware Sta	8.54
14 Dixon, Donovan	SO	Delaware Sta	8.60
15 Solomon-Meekins, Raheem	FR	N.C. Central	8.71
16 Davis, Cameron	FR	SC State	16.66

Men Distance Medley

Team	Relay	Finals
Finals		
1 Delaware State	A	9:57.14 10
1) Sotonwa, Lekan FR	2) Jenerette, Keith FR	
3) Cain, Ian SO	4) Drazan, Marian JR	
2 Norfolk State	A	10:01.41 8
1) Too, Lewis SO	2) Terry, Donovan SO	
3) Green, Jemmel FR	4) Mathenge, Daniel FR	
3 Maryland-Eas	A	10:06.40 6
1) Mkabela, Banele JR	2) Tracey, Kamoi FR	
3) Emuze, Destiny SR	4) Mbatha, Siyabonga JR	

4 Morgan State	A	10:16.92 5
1) Skinner, Samuel SO	2) Raysor, Christian FR	
3) Frisby, Keenan FR	4) Mincey, Caleb SO	
5 Coppin State	A	10:23.30 4
1) Francis, Asa JR		
3) Torgbenu, Etiam SR	4) Nura, Humed JR	
6 Howard	A	10:47.24 3
1) Robinson, Paul SO	2) Hutson, Kobe SR	
3) Thomas, Ashton FR	4) Shepherd, William SO	
7 N.C. Central	A	10:50.09 2
1) Paddyfote, Emmanuel SR	2) Fitzpatrick, Isaiah FR	
3) Weathers, Kyllen FR	4) Dozier, Sebastian JR	
8 SC State	A	10:56.98 1
1) Forbes, Kemal JR	2) Love Jr., Kendric SO	
3) N'Twa, Macaire FR	4) Bure, Tinashe JR	

Men High Jump

Name	Yr	School	Finals
Finals			
1 Dillard, Drew	SO	Howard	2.10m 10
2 Manson, Ja'Mari	SO	Delaware Sta	2.05m 8
3 Williams, Elijah	FR	Coppin State	2.05m 5.5
3 Stephens, kristopher	SO	Norfolk Stat	2.05m 5.5
5 James, Kameron	FR	SC State	2.02m 4
6 Skinner, Theodore	SO	N.C. Central	2.02m 3
7 Rankin, Isaac	JR	Morgan State	1.99m 2
8 Raijon-Koger, Jonathan	JR	N.C. Central	1.96m 1
9 Rhooms, KeSean-Jordan	SO	Morgan State	1.93m
10 Martin, Ezra	JR	N.C. Central	1.90m
10 Wilson, Chazden	SO	Norfolk Stat	1.90m
12 Williams, Sean	FR	Coppin State	1.90m
13 Hopes, Noah	FR	Morgan State	1.85m
14 Washington, Christian	SR	SC State	1.85m
15 Douglas, David	FR	Morgan State	1.85m
--- Brown, Jaidyn	JR	Coppin State	NH
--- Watson, Chancellor	FR	Norfolk Stat	NH
--- Smalley, Elijah	FR	Maryland-Eas	NH
--- Beckles, Jalen	JR	Maryland-Eas	NH
--- Adams, Jared	FR	Maryland-Eas	NH

Men Pole Vault

Name	Yr	School	Finals
Finals			
1 Sheppard, Jeryco	FR	Morgan State	4.66m 10
2 Walker, Landon	SO	Norfolk Stat	4.16m 8
3 Morrissey, Maltius	FR	Howard	3.96m 6
4 Kamandego, Kareem	JR	Maryland-Eas	3.96m 5
5 George, Kenton	SO	SC State	3.96m 4
6 Johnson, Julian	FR	SC State	3.86m 3
7 White, Chrisitan	FR	Norfolk Stat	3.76m 2
8 Murrell, Dezmond	FR	SC State	3.76m 1
9 Levec, Nanjo	FR	Delaware Sta	3.66m
10 Wu, Zhen	FR	Delaware Sta	3.66m
--- Hopkins, Micheal	SR	SC State	NH

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Men Long Jump

Name	Yr	School	Finals
Finals			
1	Washington, Christian	SR SC State	7.20m 10
2	Wray, Sean	SR Howard	7.13m 8
3	Williams, Elijah	FR Coppin State	7.08m 6
4	Ra-Akbar, Jadon	JR Morgan State	7.05m 5
5	Forbes, Malcolm	SR N.C. Central	7.03m 4
6	Stephens, kristopher	SO Norfolk Stat	6.98m 3
7	McCorkle, Jr., Derrick	FR Morgan State	6.96m 2
8	Gordon, Jayden	SO Norfolk Stat	6.87m 1
9	Yisrael, Emmanuel	SO SC State	6.76m
10	Skinner, Theodore	SO N.C. Central	6.75m
11	Prucien, Jonylson	SO Maryland-Eas	6.62m
12	Raijon-Koger, Jonathan	JR N.C. Central	6.53m
13	Hopes, Noah	FR Morgan State	6.34m
14	Ohakah, Martin	FR Howard	6.25m
15	Justice, John	JR Maryland-Eas	6.18m
16	Grey-Clarke, Nicardo	FR Morgan State	6.17m
17	Johnson, Jamel	SR Maryland-Eas	6.02m

Men Shot Put

Name	Yr	School	Finals
Finals			
1	Johnson, Christopher	SR Delaware Sta	16.63m 10
2	Williams, Atrell	SR Norfolk Stat	16.19m 8
3	Young, Soloman	SO Howard	15.95m 6
4	Carter, Robert	JR SC State	15.63m 5
5	Williams, Julian	SO N.C. Central	15.53m 4
6	Miles, Mason	SO SC State	14.99m 3
7	Sirmons, Derrick	FR Delaware Sta	14.88m 2
8	Olowe, Babadara	FR Delaware Sta	14.16m 1
9	Smith, Demond	SO Morgan State	14.11m
10	Wright, Carlton	SO N.C. Central	13.84m
11	Campbell, Jayshaun	FR Norfolk Stat	13.66m
12	Hilliard, Benjamin	SO Howard	12.57m
13	Hare Jr., Martin	JR SC State	12.41m

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1	Washington, Christian	SR SC State	7.04 868
2	Yisrael, Emmanuel	SO SC State	7.12 840
3	Hopkins, Micheal	SR SC State	7.13 837
4	Levec, Nanjo	FR Delaware Sta	7.17 823
5	Sheppard, Jeryco	FR Morgan State	7.27 789
6	George, Kenton	SO SC State	7.34 765
7	Johnson, Isaiah	SR SC State	7.44 732

Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1	Sheppard, Jeryco	FR Morgan State	1.94m 749
2	Levec, Nanjo	FR Delaware Sta	1.91m 723
3	George, Kenton	SO SC State	1.88m 696

4	Washington, Christian	SR SC State	1.85m 670
5	Hopkins, Micheal	SR SC State	1.79m 619
6	Yisrael, Emmanuel	SO SC State	1.73m 569
7	Johnson, Isaiah	SR SC State	1.70m 544

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1	Washington, Christian	SR SC State	7.04m 823
2	Yisrael, Emmanuel	SO SC State	6.69m 741
3	Levec, Nanjo	FR Delaware Sta	6.67m 736
4	Hopkins, Micheal	SR SC State	6.19m 628
5	George, Kenton	SO SC State	6.12m 613
5	Sheppard, Jeryco	FR Morgan State	6.12m 613
7	Johnson, Isaiah	SR SC State	5.11m 404

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1	George, Kenton	SO SC State	12.10m 612
2	Levec, Nanjo	FR Delaware Sta	11.13m 554
3	Hopkins, Micheal	SR SC State	10.75m 531
4	Johnson, Isaiah	SR SC State	10.49m 515
5	Sheppard, Jeryco	FR Morgan State	9.83m 475
6	Washington, Christian	SR SC State	9.78m 472
7	Yisrael, Emmanuel	SO SC State	9.68m 466

Men - Team Rankings - 6 Events Scored

1)	Norfolk State	52.5
2)	Delaware State	43
3)	Howard	33
4)	SC State	32
5)	Morgan State	24
6)	Maryland-Eastern Shore	17
6)	N.C. Central	17
8)	Coppin State	15.5