

13TH ANNUAL CENTRAL HIGH SCHOOL CROSS COUNTRY INVITATIONAL

Woodstock, VA

Fairview Park

Saturday, August 29, 2026



OFFICIAL MEET REPORT

printed: 8/29/2026 9:42 AM

Race #2
Varsity Girls 3 miles Gold Division

Final Results

TEAM SCORING SUMMARY

Gold Division

Final Standings	Score	Spread
1 Loudoun Valley	27	2:07.2
2 John Handley	43	3:26.0
3 Hayfield Secondary School	115	1:53.9
4 Potomac Falls	117	3:25.4
5 James Wood	125	0:36.7
6 Woodgrove	138	4:07.4
7 Sherando	153	4:55.9

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SENIFF, Ella	FR	173	John Handley	1	18:00.7	6:00.2	3:43.7
2 O'ROURKE, Evelyn	SO	229	Loudoun Valley	2	18:25.3	6:08.4	3:48.8
3 POPP, Lucy	SR	231	Loudoun Valley	3	19:05.0	6:21.7	3:57.1
4 LOVORN, Anna Ruth	FR	197	Loudoun Valley	4	19:25.9	6:28.6	4:01.4
5 ABDOO, Aaliyah		218	Loudoun Valley	5	19:31.1	6:30.4	4:02.5
6 RINKER, Audrey	SR	171	John Handley	6	19:32.4	6:30.8	4:02.7
7 STONE, Jada	SR	343	Potomac Falls	7	19:46.6	6:35.5	4:05.7
8 WELPOTT, Sage	SR	175	John Handley	8	19:56.7	6:38.9	4:07.8
9 SEEMILLER, Penelope	JR	950	Woodgrove	9	20:04.7	6:41.6	4:09.4
10 PORTER, Jayleh	JR	170	John Handley	10	20:12.4	6:44.1	4:11.0
11 ADAMS, Mia	SR	376	Sherando	11	20:26.7	6:48.9	4:14.0
12 MCCOMBS, Evie	SR	336	Potomac Falls	12	20:29.6	6:49.9	4:14.6
13 NEMES, Catalina	JR	228	Loudoun Valley	13	20:32.5	6:50.8	4:15.2
14 RICE, Amelia	SO	391	Sherando	14	20:39.1	6:53.0	4:16.5
15 TESTER, Jeremy	JR	235	Loudoun Valley	(15)	20:57.4	6:59.1	4:20.3
16 FREDLAKE, Emily	JR	97	Hayfield Secondary	16	21:20.0	7:06.7	4:25.0
17 QUINN, Isabelle	JR	102	Hayfield Secondary	17	21:20.1	7:06.7	4:25.0
18 THOMSEN, Charlotte	SO	174	John Handley	18	21:26.7	7:08.9	4:26.4
19 DIPALMA, Rory	SO	943	Woodgrove	19	21:27.2	7:09.1	4:26.5
20 SCHOENNAUER, Julia	JR	103	Hayfield Secondary	20	21:28.2	7:09.4	4:26.7
21 MILLER, Ellie	SO	165	John Handley	(21)	21:36.5	7:12.2	4:28.4
22 OLIVER, Ally	SR	137	James Wood	22	21:37.5	7:12.5	4:28.6
23 EBERT, Abigail	SO	129	James Wood	23	21:43.9	7:14.6	4:30.0
24 PETERS, Grace	SR	230	Loudoun Valley	(24)	21:47.3	7:15.8	4:30.7
25 PADILLA, Melanie	JR	138	James Wood	25	21:53.3	7:17.8	4:31.9
26 MONTMARQUET, Elza	JR	101	Hayfield Secondary	26	21:59.7	7:19.9	4:33.2
27 POSEY, Isabella	JR	140	James Wood	27	22:03.7	7:21.2	4:34.1
28 DAWSON, Grace	SO	128	James Wood	28	22:14.2	7:24.7	4:36.2
29 PEREZ, Zenaida	SR	169	John Handley	(29)	22:24.7	7:28.2	4:38.4
30 SOUCY, Eva	SO	342	Potomac Falls	30	22:33.5	7:31.2	4:40.2
31 VERRY, Kristen	SO	956	Woodgrove	31	22:34.6	7:31.5	4:40.5
32 PRIMUS, Madeleine	JR	141	James Wood	(32)	22:39.7	7:33.2	4:41.5
33 TASDOGAN, Yasemin	SO	344	Potomac Falls	33	22:42.2	7:34.1	4:42.0
34 FERREBEE, Wren	FR	130	James Wood	(34)	23:00.7	7:40.2	4:45.9

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
35 WRENN, Brooke	JR	237	Loudoun Valley	-	23:02.5	7:40.8	4:46.2
36 OLATUBOSUN, Simone	JR	340	Potomac Falls	35	23:12.0	7:44.0	4:48.2
37 LEWIS, Elle	SO	99	Hayfield Secondary	36	23:13.9	7:44.6	4:48.6
38 WELPOTT, Seneca	SR	176	John Handley	-	23:31.2	7:50.4	4:52.2
39 MANN, Linnea	FR	100	Hayfield Secondary	(37)	23:39.5	7:53.2	4:53.9
40 HOLADAY, Emily	FR	134	James Wood	-	24:08.1	8:02.7	4:59.8
41 ANDERSON, Eliza	JR	323	Potomac Falls	(38)	24:10.5	8:03.5	5:00.3
42 SUMMERS, Victoria	SR	954	Woodgrove	39	24:11.3	8:03.8	5:00.5
43 DEN HERDER, Molly	JR	942	Woodgrove	40	24:12.1	8:04.0	5:00.6
44 SARGENT, Clara	SO	394	Sherando	41	24:54.0	8:18.0	5:09.3
45 GOODYKOONTZ, Paige	SO	331	Potomac Falls	(42)	25:04.1	8:21.4	5:11.4
46 HAMBLIN, Hailey	SO	332	Potomac Falls	-	25:16.6	8:25.5	5:14.0
47 CAPLAN, Regan	SR	380	Sherando	43	25:18.8	8:26.3	5:14.5
48 CARPENTER, Ella	SR	381	Sherando	44	25:22.6	8:27.5	5:15.2
49 LAWSON, Alli	SR	386	Sherando	(45)	26:19.9	8:46.6	5:27.1
50 FITZPATRICK, Kyla	SO	96	Hayfield Secondary	(46)	26:29.6	8:49.9	5:29.1
51 KREUZBERGER, Anna	FR	98	Hayfield Secondary	-	26:48.8	8:56.3	5:33.1