

**Conference Carolinas Indoor T&F Championships - 2/22/2026 to 2/23/2026****JDL Fast Track****Results - Indoor Pentathlon****Women Indoor Pentathlon**

	Points	60H	HJ	SP	LJ	800
1 Lydsdottir, Sara Kristin Mount Olive Team Points: 10	3448	9.29 (850)	1.62m (759)	10.58m (567)	5.22m (620)	2:33.29 (652)
2 Cunningham, Kamille Converse Team Points: 8	3318	8.95 (920)	1.65m (795)	9.27m (482)	5.27m (634)	2:47.77 (487)
3 Darnell, Savannah King Team Points: 6	3281	9.28 (852)	1.59m (724)	9.06m (468)	5.18m (609)	2:35.32 (628)
4 Williams, Mia Belmont Abbey Team Points: 5	2919	9.38 (832)	1.35m (460)	8.81m (452)	4.83m (514)	2:32.58 (661)
5 Thomas, D'Asia Converse Team Points: 4	2859	9.25 (858)	1.59m (724)	8.18m (411)	4.73m (487)	2:58.57 (379)
6 Harned, Ella Southern Wesleyan Team Points: 3	2827	9.96 (720)	1.50m (621)	9.02m (465)	4.27m (371)	2:33.49 (650)
7 Lindsey, Caydence Belmont Abbey Team Points: 1.5	2472	10.87 (558)	1.53m (655)	6.54m (306)	4.37m (396)	2:41.37 (557)
7 Abdussalaam, Nadiyah Ferrum Team Points: 1.5	2472	9.85 (740)	1.35m (460)	9.11m (471)	4.57m (446)	3:01.07 (355)
9 Osika, Keagan Lees-McRae	1575	10.67 (592)	1.44m (555)	8.44m (428)	FOUL (0)	DNF (0)