

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Women 60 Meter Dash**

ODAC Rec: 7.46 # 2018

Harlan Quinn

Meet Rec: 7.46 \$ 2018

Harlan Quinn

Name	School	Finals
Finals		
1 Buckles, Jade	Bridgewater	7.77 10
2 Henderson, Nalonda	Roanoke	7.86 8
3 Turner, Rylee	Lynchburg	7.96 6
4 Versen, Lilly	Washington a	7.99 5
5 Coleman, Adalia	Bridgewater	8.01 4
6 Anderson, Janelle	Shenandoah	8.05 3
7 Hinckley, Eleanor	Roanoke	8.06 2
8 Wallace, Summer	Bridgewater	8.10 1

Women 200 Meter Dash

ODAC Rec: 24.15 # 2017

Amber Celen

Meet Rec: 24.92 \$ 2017

Amber Celen

Name	School	Finals
Finals		
1 Buckles, Jade	Bridgewater	25.49 10
2 Hobin, Lindsey	Roanoke	26.03 8
3 Wallace, Summer	Bridgewater	26.10 6
4 Turner, Rylee	Lynchburg	26.20 5
5 D'Ambrosia, Ashley	Washington a	26.31 4
6 Versen, Lilly	Washington a	26.35 3
7 Hinckley, Eleanor	Roanoke	26.35 2
8 Evans, Jesma	Washington a	26.49 1
9 Patterson, Jazmine	Hollins	26.71
10 Langston, Tatianna	Randolph	26.76
11 Chapman, Kennedy	Virginia Wes	26.80
12 Mohnkern, Betsy	Lynchburg	26.96
13 Turner, Jaidyn	Randolph	27.05
14 Taylor, Jessica	Randolph	27.11
15 Anderson, Janelle	Shenandoah	27.42
16 Henderson, Nalonda	Roanoke	27.45
17 Fox, Kenna	Roanoke	27.52
18 D'Ambrosia, Olivia	Washington a	27.80
19 Juhasz, Hailey	Averett	27.88
20 McPherson, Electra	Sweet Briar	29.23
21 Whiting, Lily	Randolph	29.64
22 McIntyre, Julianna	Sweet Briar	29.69
23 Boyd, Nia	Eastern Menn	30.22

Women 400 Meter Run

ODAC Rec: 56.04 # 2008

Robin Yerkes

Meet Rec: 58.12 \$ 2016

Dana Lee

Name	School	Finals
Finals		
1 Evans, Jesma	Washington a	57.30\$ 10
2 Hobin, Lindsey	Roanoke	59.19 8
3 Edwards, Hannah	Lynchburg	1:00.02 6
4 Molina-Shuman, Maryrose	Roanoke	1:00.35 5
5 Patterson, Jazmine	Hollins	1:00.41 4
6 Hubbard, Alexis	Shenandoah	1:00.68 3
7 Ladner, Ophelia	Roanoke	1:00.74 2

8 Kaufman, Mae	Roanoke	1:01.00 1
9 Cantey, Nadira	Roanoke	1:01.58
10 Taylor, Jessica	Randolph	1:02.12
11 Hathaway, Julia	Virginia Wes	1:02.22
12 Sutliff, Annabelle	Washington a	1:02.87
13 Semow, Grace	Shenandoah	1:03.23
14 Lee, Simmons	Washington a	1:04.12
15 Juhasz, Hailey	Averett	1:05.01
16 Loy, Kaitlyn	Shenandoah	1:06.11
17 Andreasik, Genna	Lynchburg	1:06.33
18 McIntyre, Taylor	Shenandoah	1:06.62
19 Brophy, Megan	Shenandoah	1:08.18
20 Peets, Alia	Sweet Briar	1:08.50
21 Showers, Kasi	Bridgewater	1:09.36
22 Parnell, Bess	Guilford	1:09.46
--- Little, Samaria	Lynchburg	DQ

Women 800 Meter Run

ODAC Rec: 2:10.36 # 2012

Carmen Graves

Meet Rec: 2:16.51 \$ 2/27/2023

Hailey Smith

Name	School	Finals
Finals		
1 Myers, Taylor	Bridgewater	2:20.85 10
2 Kemp, Mimi	Washington a	2:21.58 8
3 Graziano, Lucie	Washington a	2:22.43 6
4 Clingenpeel, Ella	Virginia Wes	2:23.65 5
5 Plowman, Mackenzie	Shenandoah	2:25.15 4
6 Wimmer, Megan	Bridgewater	2:25.38 3
7 Luczak, Brenna	Washington a	2:25.54 2
8 Petrucelli, Sofia	Washington a	2:25.55 1
9 Asefa, Elili	Eastern Menn	2:27.45
10 Reid, Savannah	Roanoke	2:29.27
11 Brown, Salya	Virginia Wes	2:29.49
12 Magee, Evelyn	Roanoke	2:30.13
13 Vera, Adia	Washington a	2:30.68
14 Oleksy, Amy	Shenandoah	2:31.96
15 Gardner, Charlotte	Washington a	2:32.53
16 Nicely, Emma	Shenandoah	2:33.47
17 Frayser, Ryleigh	Randolph	2:33.79
18 Gallaher, Allie	Roanoke	2:34.09
19 Edwards, Hannah	Lynchburg	2:35.60
20 Green, Izzy	Bridgewater	2:37.19
21 Peck, Abby	Virginia Wes	2:39.45
22 Hiserman, Paige	Bridgewater	2:39.89

Women 1 Mile Run

ODAC Rec: 4:54.01 # 2017

Marissa Coombs

Meet Rec: 5:02.01 \$ 2017

Marrissa Coombs

Name	School	Finals
Finals		
1 Carr, Cassie	Washington a	4:57.66\$ 10
2 Breschi, Sophia	Washington a	5:01.07\$ 8
3 Myers, Taylor	Bridgewater	5:03.34 6
4 Thrush, Makenna	Shenandoah	5:13.42 5
5 Lamont, Kailey	Shenandoah	5:13.90 4
6 Brown, Reese	Washington a	5:16.12 3

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025

Cregger Center

Results

Finals ... (Women 1 Mile Run)

Name	School	Finals
7 Sansbury, Emily	Washington a	5:23.60 2
8 Bush, Julie Anne	Washington a	5:24.13 1
9 Gorsky, Mary	Washington a	5:27.95
10 Oleksy, Amy	Shenandoah	5:28.39
11 Chorney, Madison	Shenandoah	5:29.22
12 Mast, Halie	Eastern Menn	5:29.93
13 Brown, Salya	Virginia Wes	5:31.90
14 Nicely, Emma	Shenandoah	5:32.28
15 Adams, Hannah	Washington a	5:34.28
16 Sass, Jenna	Randolph	5:36.41
17 Weaver, Jenna	Eastern Menn	5:37.27
18 Peck, Abby	Virginia Wes	5:37.89
19 Hiserman, Paige	Bridgewater	5:44.44
20 Lovan, Olivia	Washington a	5:46.39
21 Griffin, Gabrielle	Averett	5:48.62
22 Baker, Mya	Lynchburg	5:50.95
23 Williamson, Molly	Bridgewater	5:53.08

Women 3000 Meter Run

ODAC Rec: 9:46.68 # 2024 Kayla Werner
 Meet Rec: 10:10.61 \$ 2001 Casey Smith

Name	School	Finals
1 Warr, Olivia	Washington a	9:48.64\$ 10
2 Dell, Allison	Lynchburg	10:06.47\$ 8
3 Carr, Cassie	Washington a	10:10.73 6
4 Mitchell, Emma	Washington a	10:12.28 5
5 Breschi, Sophia	Washington a	10:17.17 4
6 Thrush, Makenna	Shenandoah	10:23.84 3
7 Carpenter, Adelynn	Lynchburg	10:26.89 2
8 Saulsbury, Delaney	Lynchburg	10:41.31 1
9 Lotts, Madeline	Shenandoah	10:51.64
10 Breyault, Brianna	Washington a	10:57.09
11 Clodgo, Kristen	Washington a	11:02.74
12 Robinson, Regan	Bridgewater	11:06.01
13 Mast, Halie	Eastern Menn	11:14.00
14 Moore, Mackenzie	Washington a	11:28.06
15 Griffin, Gabrielle	Averett	11:29.14
16 Lanham, Georgie	Lynchburg	11:37.97
17 Kowkabany, Hannah	Washington a	11:42.10
18 Williamson, Molly	Bridgewater	12:00.33
--- Weaver, Jenna	Eastern Menn	DNF

Women 5000 Meter Run

ODAC Rec: 17:06.99 # 2001 Casey Smith
 Meet Rec: 17:35.81 \$ 2020 English Jackson

Name	School	Finals
1 Warr, Olivia	Washington a	17:41.40 10
2 Dell, Allison	Lynchburg	17:52.02 8
3 Myers, Taylor	Bridgewater	17:53.03 6
4 Mitchell, Emma	Washington a	17:57.18 5
5 Harvey, Lydia	Washington a	18:18.67 4
6 Thrush, Makenna	Shenandoah	18:23.42 3

7 Lamont, Kailey	Shenandoah	18:34.86 2
8 Hamlet, Claire	Washington a	18:49.98 1
9 Saulsbury, Delaney	Lynchburg	18:51.80
10 Lotts, Madeline	Shenandoah	18:55.76
11 Chorney, Madison	Shenandoah	18:57.62
12 Loker, Erin	Eastern Menn	19:44.74
13 Christy, Sarah	Shenandoah	19:59.01
14 Lanham, Georgie	Lynchburg	20:13.34
15 Weaver, Jenna	Eastern Menn	20:25.38
16 Tooman, Lauren	Shenandoah	20:40.93
17 Helman, Cora	Shenandoah	21:06.77
18 Lane, Sarah	Shenandoah	21:10.04
19 DeFelice, Alaina	Roanoke	21:58.15
20 Murray, Lauren	Roanoke	22:32.01
21 Rhyne, Madeleine	Roanoke	22:33.20

Women 60 Meter Hurdles

ODAC Rec: 8.64 # 2024 Aniya Seward
 Meet Rec: 8.67 \$ 2/26/2023 Aniya Seward

Name	School	Finals
1 Mohnkern, Betsy	Lynchburg	8.90 10
2 Romano, Amanda	Washington a	9.00 8
3 Carr, Rebecca	Roanoke	9.01 6
4 Viers, Olivia	Roanoke	9.07 5
5 Bates, Olivia	Bridgewater	9.19 4
6 Winston, Cammi	Roanoke	9.35 3
7 Riolo, McKenna	Roanoke	9.50 2
8 Crigger, Olivia	Bridgewater	9.55 1

Women 4x400 Meter Relay

ODAC Rec: 3:56.25 # 2014 Roanoke

MacDougall, Mejia, Janney, Kinney

Meet Rec: 3:59.58 \$ 2013 Roanoke

Graves, Janney, Kinney, Mejia

Team	Relay	Finals
1 Roanoke	A	4:00.89 10
2 Washington and Lee	A	4:02.69 8
3 Lynchburg	A	4:06.13 6
4 Bridgewater (Va.)	A	4:07.85 5
5 Shenandoah	A	4:16.37 4
6 Randolph	A	4:18.94 3
7 Virginia Wesleyan	A	4:31.74 2
8 Sweet Briar	A	4:49.87 1
9 Hollins	A	4:50.38

Women Distance Medley

ODAC Rec: 11:58.66 # 2017 Washington and Lee

Seybold, Lee, Fonvielle, Yates

Meet Rec: 12:37.64 \$ 2015 Eastern Mennonite

Paden, Brumfield, Schirch, Chappell-Dick

Team	Relay	Finals
1 Washington and Lee	A	12:45.67 10
2 Lynchburg	A	12:47.99 8

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Finals ... (Women Distance Medley)**

Team	Relay	Finals	
3 Shenandoah	A	13:09.98	6
4 Bridgewater (Va.)	A	13:14.04	5
5 Virginia Wesleyan	A	13:15.57	4
6 Eastern Mennonite	A	13:27.57	3
7 Roanoke	A	13:39.84	2
8 Randolph	A	14:03.49	1
9 Sweet Briar	A	15:14.17	

Women High Jump

ODAC Rec: 1.72m # 2000

Vicki Osinga

Meet Rec: 1.68m \$ 2024

Katya Hoover

Name	School	Finals	
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Finals

1 Gillum, Camille	Washington a	1.64m	10
2 Ciano, Norah	Virginia Wes	1.61m	8
3 Fox, Margo	Lynchburg	1.58m	6
4 Wallace, Summer	Bridgewater	J1.58m	5
5 Hoover, Katya	Shenandoah	1.53m	4
6 Carr, Rebecca	Roanoke	J1.53m	3
7 Plummer, Maria	Virginia Wes	1.43m	0.8
7 Freideman, Madison	Hollins	1.43m	0.8
7 Kasischke, Simone	Washington a	1.43m	0.8
7 Dale, Autumn	Hollins	1.43m	0.8
11 Schultz, Faith	Eastern Menn	J1.43m	
12 McIntyre, Taylor	Shenandoah	1.38m	

Women Pole Vault

ODAC Rec: 3.77m # 2002

Laura Rosenberger

Meet Rec: 3.61m \$ 2010

Christina Rhodes

Name	School	Finals	
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Finals

1 Bobst, Allison	Lynchburg	3.56m	10
2 D'Ambrosia, Ashley	Washington a	J3.56m	8
3 Keadle, Layla	Washington a	3.41m	6
4 Weber, Cameron	Lynchburg	3.26m	5
5 Miller, Tasha	Roanoke	3.11m	4
6 Cholewa, Abby	Washington a	2.96m	3
7 Pullen, Gabby	Washington a	J2.96m	2

Women Long Jump

ODAC Rec: 5.89m # 2017

Amber Celen

Meet Rec: 5.89m \$ 2017

Amber Celen

Name	School	Finals	
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Finals

1 Chapman, Kennedy	Virginia Wes	5.41m	10
2 Buckles, Jade	Bridgewater	5.33m	8
3 Wallace, Summer	Bridgewater	5.26m	6
4 Kelly, Kacey	Lynchburg	5.25m	5
5 Crigger, Olivia	Bridgewater	J5.25m	4
6 Hubbard, Alexis	Shenandoah	5.23m	3
7 Fox, Margo	Lynchburg	J5.23m	2
8 Venable, Madelyn	Washington a	5.09m	1
9 Devraj, Bella	Washington a	5.08m	
10 Smith, Kiara	Lynchburg	4.96m	

11 Viers, Olivia	Roanoke	4.89m	
12 David, Angel	Eastern Menn	4.81m	
13 Schultz, Faith	Eastern Menn	4.76m	
14 Hoggard, Lyric	Virginia Wes	4.75m	
15 Smith, Kendra	Randolph	4.74m	
16 Gomez, Arianna	Hollins	4.65m	
17 Loy, Kaitlyn	Shenandoah	4.62m	
18 Dale, Autumn	Hollins	4.58m	
19 Beverley, Airiana	Ferrum	4.49m	
19 Joseph, Destiny	Bridgewater	4.49m	
21 Freideman, Madison	Hollins	4.46m	
22 Parnell, Bess	Guilford	4.44m	
23 Kelley, Emma	Ferrum	4.20m	
--- Morante, Mackenzie	Washington a	FOUL	

Women Triple Jump

ODAC Rec: 11.95m # 2/27/2023 Aniya Seward

Meet Rec: 11.95m \$ 2/27/2023 Aniya Seward

Name	School	Finals	
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Finals

1 Kelly, Kacey	Lynchburg	12.12m#	10
2 Crigger, Olivia	Bridgewater	10.92m	8
3 Bates, Olivia	Bridgewater	10.90m	6
4 Morante, Mackenzie	Washington a	10.80m	5
5 Smith, Kiara	Lynchburg	10.65m	4
6 Smith, Kendra	Randolph	10.58m	3
7 Gomez, Arianna	Hollins	10.53m	2
8 Winston, Cammi	Roanoke	10.49m	1
9 Wallace, Summer	Bridgewater	10.44m	
10 Watson, Maddie	Bridgewater	10.28m	
11 David, Angel	Eastern Menn	10.17m	
12 Dale, Autumn	Hollins	9.93m	
13 Freideman, Madison	Hollins	9.72m	
14 Barney, Veronica	Sweet Briar	9.23m	

Women Shot Put

ODAC Rec: 13.36m # 1995

Crystal Campbell

Meet Rec: 13.36m \$ 1995

Crystal Campbell

Name	School	Finals	
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Finals

1 Mikolay, Abby	Bridgewater	12.33m	10
2 Jackson, Emily	Washington a	12.15m	8
3 Hedgemon, Bailey	Washington a	11.76m	6
4 Swicegood, Kenzie	Lynchburg	11.75m	5
5 Swanson, Mackenzie	Virginia Wes	11.58m	4
6 Alling, Kiersten	Randolph	11.18m	3
7 Fuchs, Sarah	Roanoke	11.15m	2
8 Wood, Katie	Washington a	11.13m	1
9 Kamgaing, Denise	Virginia Wes	10.72m	
10 Timmerding, Bella	Washington a	10.70m	
11 Hoover, Katya	Shenandoah	10.64m	
12 McGlothlin, Abby	Roanoke	10.47m	
13 Belton, Sanaa	Hollins	10.46m	
14 Tucker, Daryl	Virginia Wes	10.43m	
15 Gustin, Vivianna	Randolph	10.42m	
16 Disbrow, Claudia	Roanoke	10.36m	

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Finals ... (Women Shot Put)**

	Name	School	Finals
17	Fox, Margo	Lynchburg	10.10m
18	Kegler, Ava	Hollins	9.71m
19	Durand, Zantia	Virginia Wes	9.54m
20	Gray, Jaiana	Sweet Briar	8.49m
21	Morgan, Brianna	Bridgewater	8.06m
---	Marando, Bri	Roanoke	FOUL

Women Weight ThrowODAC Rec: **18.24m # 2024** **Kiara Felston**Meet Rec: **18.24m \$ 2024** **Kiara Felston**

	Name	School	Finals
Finals			
1	Hedgemon, Bailey	Washington a	16.28m 10
2	Swicegood, Kenzie	Lynchburg	15.78m 8
3	Morgan, Brianna	Bridgewater	15.51m 6
4	Tucker, Daryl	Virginia Wes	14.96m 5
5	Mikolay, Abby	Bridgewater	14.93m 4
6	Alling, Kiersten	Randolph	J14.93m 3
7	Fuchs, Sarah	Roanoke	14.35m 2
8	Rucker, Kya	Lynchburg	14.10m 1
9	Kamgaing, Denise	Virginia Wes	14.00m
10	Belton, Sanaa	Hollins	13.93m
11	Timmerding, Bella	Washington a	13.00m
12	Brainard, Madeline	Lynchburg	12.73m
13	McGlothlin, Abby	Roanoke	12.16m
14	Ramos, Elizabeth	Bridgewater	12.15m
15	Hoover, Katya	Shenandoah	12.05m
16	Marando, Bri	Roanoke	11.84m
17	Wood, Katie	Washington a	11.70m
18	Swanson, Mackenzie	Virginia Wes	11.36m
19	Johnson, Kennedy	Lynchburg	10.94m
20	Gatesman, Lily	Eastern Menn	10.68m
21	Dabaghyan, Anna	Bridgewater	10.60m
22	Disbrow, Claudia	Roanoke	10.51m
23	Woodside, Valtasia	Lynchburg	10.28m
24	Kegler, Ava	Hollins	10.06m

Women - Team Rankings - 16 Events Scored

1)	Washington and Lee	195.75
2)	Bridgewater (Va.)	128
3)	Lynchburg	116
4)	Roanoke	76
5)	Shenandoah	44
6)	Virginia Wesleyan	38.75
7)	Randolph	13
8)	Hollins	7.5
9)	Eastern Mennonite	3
10)	Sweet Briar	1