

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025

Cregger Center

Results - Saturday

Women 60 Meter Dash

Name	School	Prelims
Preliminaries		
1 Buckles, Jade	Bridgewater	7.77Q
2 Versen, Lilly	Washington a	7.83Q
3 Henderson, Nalonda	Roanoke	7.89Q
4 Turner, Rylee	Lynchburg	7.90Q
5 Coleman, Adalia	Bridgewater	8.00Q
6 Wallace, Summer	Bridgewater	8.06Q
7 Hinckley, Eleanor	Roanoke	8.01q
8 Anderson, Janelle	Shenandoah	8.07q
9 Hathaway, Julia	Virginia Wes	8.08
10 Langston, Tatianna	Randolph	8.11
11 Hoggard, Lyric	Virginia Wes	8.13
12 Turner, Jaidyn	Randolph	8.15
13 Smith, Kendra	Randolph	8.16
14 Patterson, Jazmine	Hollins	8.19
15 Fox, Kenna	Roanoke	8.23
16 Chapman, Kennedy	Virginia Wes	8.26
17 Gore, Ivy	Washington a	8.28
18 Juhasz, Hailey	Averett	8.28
19 Schmincke, Hannah	Lynchburg	8.39
20 Mosley, Tijjah	Virginia Wes	8.45
21 McPherson, Electra	Sweet Briar	8.49
22 Powell-Utley, Myah	Shenandoah	8.55
23 McIntyre, Julianna	Sweet Briar	8.65
24 Whiting, Lily	Randolph	8.67

Women 5000 Meter Run

Name	School	Finals
Finals		
1 Warr, Olivia	Washington a	17:41.40
42.722 (42.722)	1:27.157 (44.435)	2:12.772 (45.615)
2:58.464 (45.692)	3:43.577 (45.113)	4:28.865 (45.288)
5:14.354 (45.489)	5:59.459 (45.105)	6:42.397 (42.938)
7:24.219 (41.822)	8:06.132 (41.913)	8:47.911 (41.779)
9:29.584 (41.673)	10:11.484 (41.900)	10:54.336 (42.852)
11:37.494 (43.158)	12:20.494 (43.000)	13:02.643 (42.149)
13:45.554 (42.911)	14:28.916 (43.362)	
15:48.659 (40.196)	16:28.639 (39.980)	17:07.486 (38.847)
17:41.398 (33.912)		
2 Dell, Allison	Lynchburg	17:52.02
42.557 (42.557)	1:27.034 (44.477)	2:12.620 (45.586)
2:58.312 (45.692)	3:43.394 (45.082)	4:28.774 (45.380)
5:14.236 (45.462)	5:59.342 (45.106)	6:42.319 (42.977)
7:24.094 (41.775)	8:06.043 (41.949)	8:47.859 (41.816)
9:29.463 (41.604)	10:11.385 (41.922)	10:54.219 (42.834)
11:37.366 (43.147)	12:20.407 (43.041)	13:02.617 (42.210)
13:45.526 (42.909)	14:28.942 (43.416)	
15:52.376 (41.347)	16:33.352 (40.976)	17:13.938 (40.586)
17:52.013 (38.075)		

3 Myers, Taylor	Bridgewater	17:53.03
43.006 (43.006)	1:27.378 (44.372)	2:13.006 (45.628)
2:58.734 (45.728)	3:43.771 (45.037)	4:29.109 (45.338)
5:14.561 (45.452)	5:59.733 (45.172)	6:42.597 (42.864)
7:24.373 (41.776)	8:06.328 (41.955)	8:48.188 (41.860)
9:29.742 (41.554)	10:11.680 (41.938)	10:54.638 (42.958)
11:37.683 (43.045)	12:20.668 (42.985)	13:02.909 (42.241)
13:45.847 (42.938)	14:29.174 (43.327)	
15:54.206 (42.637)	16:36.465 (42.259)	17:17.162 (40.697)
17:53.026 (35.864)		
4 Mitchell, Emma	Washington a	17:57.18
43.898 (43.898)	1:29.229 (45.331)	2:14.619 (45.390)
2:59.838 (45.219)	3:44.903 (45.065)	4:30.543 (45.640)
5:15.278 (44.735)	6:00.554 (45.276)	6:42.937 (42.383)
7:24.743 (41.806)	8:06.866 (42.123)	8:49.154 (42.288)
9:31.986 (42.832)	10:15.266 (43.280)	10:58.917 (43.651)
11:41.279 (42.362)	12:24.183 (42.904)	13:06.918 (42.735)
13:49.792 (42.874)	14:32.526 (42.734)	
15:57.388 (42.874)	16:38.878 (41.490)	17:20.007 (41.129)
17:57.173 (37.166)		
5 Harvey, Lydia	Washington a	18:18.67
43.562 (43.562)	1:28.189 (44.627)	2:14.050 (45.861)
3:00.155 (46.105)	3:44.345 (44.190)	4:30.176 (45.831)
5:15.409 (45.233)	6:00.220 (44.811)	6:43.824 (43.604)
7:26.486 (42.662)	8:08.914 (42.428)	8:51.821 (42.907)
9:35.322 (43.501)	10:19.415 (44.093)	11:03.677 (44.262)
11:47.438 (43.761)	12:30.647 (43.209)	13:14.218 (43.571)
13:57.921 (43.703)	14:41.720 (43.799)	
16:09.818 (43.837)	16:53.660 (43.842)	17:37.035 (43.375)
18:18.667 (41.632)		
6 Thrush, Makenna	Shenandoah	18:23.42
43.266 (43.266)	1:27.686 (44.420)	2:13.340 (45.654)
2:59.001 (45.661)	3:44.000 (44.999)	4:29.696 (45.696)
5:14.959 (45.263)	6:00.315 (45.356)	6:44.325 (44.010)
7:25.041 (40.716)	8:07.145 (42.104)	8:49.406 (42.261)
9:32.332 (42.926)	10:15.608 (43.276)	10:59.259 (43.651)
11:41.564 (42.305)	12:24.454 (42.890)	13:07.171 (42.717)
13:50.243 (43.072)	14:34.879 (44.636)	
16:08.135 (46.937)	16:54.493 (46.358)	17:40.535 (46.042)
18:23.419 (42.884)		
7 Lamont, Kailey	Shenandoah	18:34.86
44.121 (44.121)	1:28.617 (44.496)	2:13.881 (45.264)
2:59.537 (45.656)	3:44.436 (44.899)	4:30.092 (45.656)
5:15.054 (44.962)	6:00.445 (45.391)	6:44.624 (44.179)
7:26.908 (42.284)	8:07.874 (40.966)	8:51.334 (43.460)
9:35.440 (44.106)	10:20.387 (44.947)	11:06.182 (45.795)
11:50.222 (44.040)	12:35.288 (45.066)	13:19.632 (44.344)
14:05.459 (45.827)	14:50.938 (45.479)	
16:24.396 (46.726)	17:10.114 (45.718)	17:52.602 (42.488)
18:34.851 (42.249)		

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025

Cregger Center

Results - Saturday

Finals ... (Women 5000 Meter Run)

Name	School	Finals					
8	Hamlet, Claire	Washington a	18:49.98	13	Christy, Sarah	Shenandoah	19:59.01
	44.240 (44.240)	1:29.540 (45.300)	2:14.600 (45.060)		44.400 (44.400)	1:29.956 (45.556)	2:14.979 (45.023)
	2:59.502 (44.902)	3:43.957 (44.455)	4:29.421 (45.464)		3:01.523 (46.544)	3:46.930 (45.407)	4:32.756 (45.826)
	5:14.804 (45.383)	5:59.984 (45.180)	6:44.112 (44.128)		5:18.952 (46.196)	6:05.130 (46.178)	6:50.602 (45.472)
	7:26.965 (42.853)	8:10.918 (43.953)	8:56.066 (45.148)		7:38.967 (48.365)	8:27.621 (48.654)	9:14.846 (47.225)
	9:41.814 (45.748)	10:26.157 (44.343)	11:09.626 (43.469)		10:03.756 (48.910)	10:52.849 (49.093)	11:41.842 (48.993)
	11:54.025 (44.399)	12:39.095 (45.070)	13:23.922 (44.827)		12:30.554 (48.712)	13:20.340 (49.786)	14:09.628 (49.288)
	14:08.089 (44.167)	14:53.954 (45.865)			14:58.811 (49.183)	15:50.073 (51.262)	
	16:30.465 (48.186)	17:18.203 (47.738)	18:05.343 (47.140)		17:31.689 (50.239)	18:22.265 (50.576)	19:11.266 (49.001)
	18:49.973 (44.630)				19:59.004 (47.738)		
9	Saulsbury, Delaney	Lynchburg	18:51.80	14	Lanham, Georgie	Lynchburg	20:13.34
	44.001 (44.001)	1:28.386 (44.385)	2:14.163 (45.777)		44.476 (44.476)	1:28.823 (44.347)	2:14.331 (45.508)
	2:59.729 (45.566)	3:44.293 (44.564)	4:29.766 (45.473)		3:00.488 (46.157)	3:44.730 (44.242)	4:30.286 (45.556)
	5:15.735 (45.969)	5:59.960 (44.225)	6:43.275 (43.315)		5:15.900 (45.614)	6:01.127 (45.227)	6:45.412 (44.285)
	7:25.439 (42.164)	8:08.055 (42.616)	8:51.084 (43.029)		7:30.821 (45.409)	8:18.511 (47.690)	9:07.316 (48.805)
	9:34.768 (43.684)	10:19.197 (44.429)	11:03.579 (44.382)		9:56.987 (49.671)	10:46.620 (49.633)	11:36.675 (50.055)
	11:48.590 (45.011)	12:34.789 (46.199)	13:19.736 (44.947)		12:26.779 (50.104)	13:18.004 (51.225)	14:09.012 (51.008)
	14:06.234 (46.498)	14:54.571 (48.337)			15:00.998 (51.986)	15:52.987 (51.989)	
	16:30.185 (47.610)	17:18.798 (48.613)	18:06.194 (47.396)		17:36.390 (52.329)	18:29.276 (52.886)	19:21.342 (52.066)
	18:51.793 (45.599)				20:13.331 (51.989)		
10	Lotts, Madeline	Shenandoah	18:55.76	15	Weaver, Jenna	Eastern Menn	20:25.38
	43.370 (43.370)	1:27.968 (44.598)	2:13.588 (45.620)		43.845 (43.845)	1:29.022 (45.177)	2:14.859 (45.837)
	2:59.242 (45.654)	3:44.251 (45.009)	4:30.039 (45.788)		3:00.762 (45.903)	3:45.179 (44.417)	4:31.061 (45.882)
	5:15.455 (45.416)	6:00.900 (45.445)	6:44.514 (43.614)		5:16.710 (45.649)	6:03.018 (46.308)	6:49.950 (46.932)
	7:26.238 (41.724)	8:07.609 (41.371)	8:50.820 (43.211)		7:37.633 (47.683)	8:26.964 (49.331)	9:16.659 (49.695)
	9:35.076 (44.256)	10:20.068 (44.992)	11:05.989 (45.921)		10:06.864 (50.205)	10:57.642 (50.778)	11:48.456 (50.814)
	11:53.001 (47.012)	12:41.371 (48.370)	13:29.888 (48.517)		12:39.326 (50.870)	13:31.131 (51.805)	14:23.501 (52.370)
	14:17.776 (47.888)	15:06.003 (48.227)			15:15.424 (51.923)	16:07.500 (52.076)	
	16:43.060 (48.342)	17:30.363 (47.303)	18:15.704 (45.341)		17:51.285 (51.186)	18:43.011 (51.726)	19:34.328 (51.317)
	18:55.759 (40.055)				20:25.377 (51.049)		
11	Chorney, Madison	Shenandoah	18:57.62	16	Tooman, Lauren	Shenandoah	20:40.93
	43.694 (43.694)	1:28.487 (44.793)	2:13.698 (45.211)		44.647 (44.647)	1:30.814 (46.167)	2:17.125 (46.311)
	2:59.350 (45.652)	3:44.549 (45.199)	4:29.947 (45.398)		3:04.519 (47.394)	3:52.365 (47.846)	4:40.847 (48.482)
	5:15.234 (45.287)	6:00.569 (45.335)	6:44.379 (43.810)		5:30.329 (49.482)	6:19.858 (49.529)	7:09.967 (50.109)
	7:26.779 (42.400)	8:09.866 (43.087)	8:54.168 (44.302)		8:00.082 (50.115)	8:49.653 (49.571)	9:39.661 (50.008)
	9:39.356 (45.188)	10:25.301 (45.945)	11:10.659 (45.358)		10:30.569 (50.908)	11:22.738 (52.169)	12:15.363 (52.625)
	11:57.009 (46.350)	12:44.670 (47.661)	13:33.014 (48.344)		13:07.088 (51.725)	13:59.452 (52.364)	14:51.336 (51.884)
	14:20.205 (47.191)	15:07.809 (47.604)			15:43.129 (51.793)	16:34.448 (51.319)	
	16:42.483 (47.086)	17:30.004 (47.521)	18:16.106 (46.102)		18:15.552 (50.315)	19:05.103 (49.551)	19:53.666 (48.563)
	18:57.615 (41.509)				20:40.930 (47.264)		
12	Loker, Erin	Eastern Menn	19:44.74	17	Helman, Cora	Shenandoah	21:06.77
	44.457 (44.457)	1:29.736 (45.279)	2:15.109 (45.373)		50.537 (50.537)	1:38.912 (48.375)	2:28.887 (49.975)
	3:01.159 (46.050)	3:46.063 (44.904)	4:31.993 (45.930)		3:20.254 (51.367)	4:10.025 (49.771)	5:00.334 (50.309)
	5:18.240 (46.247)	6:04.902 (46.662)	6:51.924 (47.022)		5:50.576 (50.242)	6:41.427 (50.851)	7:31.409 (49.982)
	7:40.264 (48.340)	8:28.162 (47.898)	9:16.877 (48.715)		8:22.348 (50.939)	9:13.343 (50.995)	10:04.602 (51.259)
	10:05.508 (48.631)	10:53.978 (48.470)	11:42.025 (48.047)		10:56.200 (51.598)	11:46.967 (50.767)	12:39.408 (52.441)
	12:30.707 (48.682)	13:20.466 (49.759)	14:08.522 (48.056)		13:31.079 (51.671)	14:23.368 (52.289)	15:15.152 (51.784)
	14:56.803 (48.281)	15:45.086 (48.283)			16:08.034 (52.882)	17:00.148 (52.114)	
	17:23.969 (49.901)	18:13.738 (49.769)	19:00.731 (46.993)		18:42.493 (51.187)	19:32.508 (50.015)	20:21.229 (48.721)
	19:44.735 (44.004)				21:06.766 (45.537)		

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center
Results - Saturday****Finals ... (Women 5000 Meter Run)**

Name	School	Finals
18 Lane, Sarah	Shenandoah	21:10.04
50.666 (50.666)	1:39.146 (48.480)	2:29.174 (50.028)
3:20.640 (51.466)	4:10.325 (49.685)	5:00.694 (50.369)
5:51.013 (50.319)	6:42.050 (51.037)	7:32.237 (50.187)
8:23.399 (51.162)	9:14.846 (51.447)	10:06.311 (51.465)
10:57.163 (50.852)	11:48.648 (51.485)	12:41.223 (52.575)
13:33.502 (52.279)	14:25.938 (52.436)	15:19.044 (53.106)
16:11.551 (52.507)	17:04.338 (52.787)	
18:47.488 (51.047)	19:38.368 (50.880)	20:26.683 (48.315)
21:10.034 (43.351)		
19 DeFelice, Alaina	Roanoke	21:58.15
51.077 (51.077)	1:39.521 (48.444)	2:29.698 (50.177)
3:20.793 (51.095)	4:10.664 (49.871)	5:00.962 (50.298)
5:51.415 (50.453)	6:42.489 (51.074)	7:32.653 (50.164)
8:24.135 (51.482)	9:16.613 (52.478)	10:09.506 (52.893)
11:03.115 (53.609)	11:56.640 (53.525)	12:53.387 (56.747)
13:48.143 (54.756)	14:45.252 (57.109)	15:42.651 (57.399)
16:40.176 (57.525)	17:37.591 (57.415)	
19:31.055 (56.173)	20:26.171 (55.116)	21:17.064 (50.893)
21:58.145 (41.081)		
20 Murray, Lauren	Roanoke	22:32.01
47.954 (47.954)	1:39.462 (51.508)	2:29.524 (50.062)
3:21.017 (51.493)	4:10.428 (49.411)	5:00.656 (50.228)
5:50.384 (49.728)	6:40.031 (49.647)	7:30.009 (49.978)
8:21.196 (51.187)	9:13.046 (51.850)	10:06.965 (53.919)
11:02.248 (55.283)	11:57.602 (55.354)	12:54.300 (56.698)
13:51.330 (57.030)	14:49.823 (58.493)	15:52.980 (1:03.157)
16:55.669 (1:02.689)	17:54.561 (58.892)	
19:53.881 (1:00.005)	20:51.144 (57.263)	21:44.707 (53.563)
22:32.006 (47.299)		
21 Rhyne, Madeleine	Roanoke	22:33.20
48.525 (48.525)	1:40.288 (51.763)	2:30.297 (50.009)
3:21.478 (51.181)	4:11.780 (50.302)	5:03.693 (51.913)
5:55.577 (51.884)	6:48.842 (53.265)	7:42.702 (53.860)
8:35.850 (53.148)	9:30.944 (55.094)	10:26.054 (55.110)
11:21.148 (55.094)	12:17.063 (55.915)	13:12.877 (55.814)
14:08.623 (55.746)	15:05.268 (56.645)	16:01.825 (56.557)
16:59.160 (57.335)	17:55.272 (56.112)	
19:47.666 (56.653)	20:44.569 (56.903)	21:40.490 (55.921)
22:33.198 (52.708)		

10 Schultz, Faith

Eastern Menn

9.96

Women 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Mohnkern, Betsy	Lynchburg	8.97Q
2 Carr, Rebecca	Roanoke	9.03Q
3 Viers, Olivia	Roanoke	9.14Q
4 Romano, Amanda	Washington a	9.25Q
5 Winston, Cammi	Roanoke	9.38q
6 Crigger, Olivia	Bridgewater	9.43q
7 Bates, Olivia	Bridgewater	9.43q
8 Riolo, McKenna	Roanoke	9.52q
9 Watson, Maddie	Bridgewater	9.64

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results - Saturday**

11	Lee, Joanne	Washington a	9.96
12	Venable, Madelyn	Washington a	10.76
13	McIntyre, Taylor	Shenandoah	10.81
14	Owens, Shaniya	Randolph	11.13
15	Dickerson, Ashley	Virginia Wes	12.15
---	Joseph, Destiny	Bridgewater	DQ

Women Distance Medley

Team	Relay	Finals
Finals		
1	Washington and Lee	A 12:45.67
3:54.914 (3:54.914) 4:58.062 (1:03.148) 7:25.610 (2:27.548)		
12:45.661 (5:20.051)		
2	Lynchburg	A 12:47.99
3:50.942 (3:50.942) 4:53.776 (1:02.834) 7:26.825 (2:33.049)		
12:47.987 (5:21.162)		
3	Shenandoah	A 13:09.98
3:58.544 (3:58.544) 5:06.153 (1:07.609) 7:37.987 (2:31.834)		
13:09.974 (5:31.987)		
4	Bridgewater (Va.)	A 13:14.04
3:56.680 (3:56.680) 5:02.589 (1:05.909) 7:40.989 (2:38.400)		
13:14.036 (5:33.047)		
5	Virginia Wesleyan	A 13:15.57
4:12.409 (4:12.409) 5:20.683 (1:08.274) 7:44.866 (2:24.183)		
13:15.564 (5:30.698)		
6	Eastern Mennonite	A 13:27.57
4:12.995 (4:12.995) 5:19.316 (1:06.321) 7:45.451 (2:26.135)		
13:27.563 (5:42.112)		
7	Roanoke	A 13:39.84
4:09.218 (4:09.218) 5:15.096 (1:05.878) 7:47.679 (2:32.583)		
13:39.837 (5:52.158)		
8	Randolph	A 14:03.49
4:10.761 (4:10.761) 5:13.580 (1:02.819) 8:08.805 (2:55.225)		
14:03.490 (5:54.685)		
9	Sweet Briar	A 15:14.17
4:34.727 (4:34.727) 5:50.276 (1:15.549) 8:42.110 (2:51.834)		
15:14.167 (6:32.057)		

Women High Jump

Name	School	Finals
Finals		
1	Gillum, Camille	Washington a 1.64m
2	Ciano, Norah	Virginia Wes 1.61m
3	Fox, Margo	Lynchburg 1.58m
4	Wallace, Summer	Bridgewater J1.58m
5	Hoover, Katya	Shenandoah 1.53m
6	Carr, Rebecca	Roanoke J1.53m
7	Plummer, Maria	Virginia Wes 1.43m
7	Freideman, Madison	Hollins 1.43m
7	Kasischke, Simone	Washington a 1.43m
7	Dale, Autumn	Hollins 1.43m
11	Schultz, Faith	Eastern Menn J1.43m
12	McIntyre, Taylor	Shenandoah 1.38m

Women Long Jump

Name	School	Finals
Finals		
1	Chapman, Kennedy	Virginia Wes 5.41m
2	Buckles, Jade	Bridgewater 5.33m
3	Wallace, Summer	Bridgewater 5.26m
4	Kelly, Kacey	Lynchburg 5.25m
5	Crigger, Olivia	Bridgewater J5.25m
6	Hubbard, Alexis	Shenandoah 5.23m
7	Fox, Margo	Lynchburg J5.23m
8	Venable, Madelyn	Washington a 5.09m
9	Devraj, Bella	Washington a 5.08m
10	Smith, Kiara	Lynchburg 4.96m
11	Viers, Olivia	Roanoke 4.89m
12	David, Angel	Eastern Menn 4.81m
13	Schultz, Faith	Eastern Menn 4.76m
14	Hoggard, Lyric	Virginia Wes 4.75m
15	Smith, Kendra	Randolph 4.74m
16	Gomez, Arianna	Hollins 4.65m
17	Loy, Kaitlyn	Shenandoah 4.62m
18	Dale, Autumn	Hollins 4.58m
19	Beverley, Airiana	Ferrum 4.49m
19	Joseph, Destiny	Bridgewater 4.49m
21	Freideman, Madison	Hollins 4.46m
22	Parnell, Bess	Guilford 4.44m
23	Kelley, Emma	Ferrum 4.20m
---	Morante, Mackenzie	Washington a FOUL

Women Weight Throw

Name	School	Finals
Finals		
1	Hedgemon, Bailey	Washington a 16.28m
2	Swicegood, Kenzie	Lynchburg 15.78m
3	Morgan, Brianna	Bridgewater 15.51m
4	Tucker, Daryl	Virginia Wes 14.96m
5	Mikolay, Abby	Bridgewater 14.93m
6	Alling, Kiersten	Randolph J14.93m
7	Fuchs, Sarah	Roanoke 14.35m
8	Rucker, Kya	Lynchburg 14.10m
9	Kamgaing, Denise	Virginia Wes 14.00m
10	Belton, Sanaa	Hollins 13.93m
11	Timmerding, Bella	Washington a 13.00m
12	Brainard, Madeline	Lynchburg 12.73m
13	McGlothlin, Abby	Roanoke 12.16m
14	Ramos, Elizabeth	Bridgewater 12.15m
15	Hoover, Katya	Shenandoah 12.05m
16	Marando, Bri	Roanoke 11.84m
17	Wood, Katie	Washington a 11.70m
18	Swanson, Mackenzie	Virginia Wes 11.36m
19	Johnson, Kennedy	Lynchburg 10.94m
20	Gatesman, Lily	Eastern Menn 10.68m
21	Dabaghyan, Anna	Bridgewater 10.60m
22	Disbrow, Claudia	Roanoke 10.51m
23	Woodside, Valtasia	Lynchburg 10.28m
24	Kegler, Ava	Hollins 10.06m

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results - Saturday**

Women - Team Rankings - 5 Events Scored

1) Washington and Lee	51.75
2) Bridgewater (Va.)	44
3) Lynchburg	38
4) Virginia Wesleyan	27.75
5) Shenandoah	18
6) Roanoke	7
7) Randolph	4
8) Eastern Mennonite	3
9) Hollins	1.5