

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Men 60 Meter Dash****ODAC Rec: 6.76 # 2012****Johnathan Smith****Meet Rec: 6.78 \$ 2020****Davonta Womack**

Name	School	Finals
1 Wright, Tristan	Lynchburg	6.76# 10
2 Crowder, William	Shenandoah	6.86 8
3 Carter, Amari	Roanoke	6.86 6
4 Jones, Jahmal	Ferrum	6.88 5
5 Bitzer, Drew	Roanoke	6.94 4
6 Edwards, Jordan	Randolph	7.00 3
7 Jones, Jaylen	Lynchburg	7.01 2
8 Reid, Isaiah	Eastern Menn	7.07 1

Men 200 Meter Dash**ODAC Rec: 21.47 # 2023****Miles Moore****Meet Rec: 22.01 \$ 2024****Brady Fowler**

Name	School	Finals
1 Fowler, Brady	Roanoke	21.95\$ 10
2 Wright, Tristan	Lynchburg	21.98\$ 8
3 West, Eric	Randolph	22.20 6
4 Edwards, Jordan	Randolph	22.30 5
5 Bitzer, Drew	Roanoke	22.35 4
6 Jones, Jaylen	Lynchburg	22.36 3
7 Lambert, Colby	Randolph	22.50 2
8 Hamm, Michael	Lynchburg	22.53 1
9 Morgan, Damon	Eastern Menn	22.64
10 Crowder, William	Shenandoah	22.66
11 Jones, Jahmal	Ferrum	22.76
12 Farbman, Jonathan	Washington a	23.16
13 Arnold, Nicholas	Eastern Menn	23.17
14 Galloway, Kyle	Bridgewater	23.26
15 Lawson, Deontae	Ferrum	23.34
16 Wylie, Gabe	Bridgewater	23.45
17 Freeman, Mark	Washington a	23.49
18 Reid, Isaiah	Eastern Menn	23.63
19 Winters, Da'Shawn	Eastern Menn	23.70
20 Vann, Jameel	Eastern Menn	24.18
21 Greene, Na-Shawn	Ferrum	25.69
22 Smith, Jordan	Ferrum	26.36

Men 400 Meter Run**ODAC Rec: 47.86 # 2014****Tom Sippie****Meet Rec: 49.11 \$ 2014****Tom Sippie**

Name	School	Finals
1 Hodnett, Jacob	Lynchburg	49.90 10
2 West, Eric	Randolph	49.92 8
3 Lambert, Colby	Randolph	50.08 6
4 Hamm, Michael	Lynchburg	50.18 5
5 Smith, Jordan	Ferrum	50.60 4
6 Arnold, Nicholas	Eastern Menn	50.69 3
7 Wylie, Gabe	Bridgewater	50.73 2
8 Love, Kendric	Randolph	50.76 1

9 Greene, Na-Shawn	Ferrum	50.79
10 Marable, George	Washington a	50.87
11 De Fonseca, Ethan	Washington a	51.22
12 Hill, Bryson	Roanoke	51.26
13 Avigliano, Luke	Washington a	51.29
14 Humes, Christian	Randolph	52.03
15 Newcome, Wyatt	Shenandoah	52.09
16 Meldrum, Duncan	Washington a	52.75
17 Jones, Jaden	Guilford	52.85
18 Lamb, Lauchnor	Bridgewater	53.01
19 Hirwa, Javan	Washington a	53.06
20 Alderman, Cy	Bridgewater	53.56
21 Davis, Diver	Roanoke	53.93
22 Hamman, Jonah	Roanoke	54.32
23 Clark, Schuyler	Washington a	54.35
24 Hertzler, Milo	Eastern Menn	54.86

Men 800 Meter Run**ODAC Rec: 1:49.17 # 2023****Tor Hotung- Davidsen****Meet Rec: 1:52.59 \$ 2024****Sam Llanaeza**

Name	School	Finals
1 Hotung-Davidsen, Tor	Lynchburg	1:56.27 10
2 Hunt, Chasen	Lynchburg	1:57.44 8
3 White, Randy	Lynchburg	1:57.66 6
4 Mantooth, Jamison	Lynchburg	1:57.70 5
5 Herndon, Jackson	Hampden-Sydn	1:58.07 4
6 Herklotz, Carter	Lynchburg	1:58.23 3
7 Ryder, Kayden	Ferrum	1:59.22 2
8 Lee, Nathan	Shenandoah	2:00.92 1
9 Corpin, Kyle	Shenandoah	2:01.45
10 Bernard, Bradley	Lynchburg	2:01.55
11 DiMond, Mitchell	Washington a	2:01.70
12 Morales, Peter	Lynchburg	2:01.75
13 Fretwell, Joshua	Lynchburg	2:02.99
14 Perry, Seth	Roanoke	2:03.55
15 Fellows, Ian	Roanoke	2:05.56
16 Abebe, Abenezer	Eastern Menn	2:05.60
17 Brighter, Jaden	Washington a	2:05.79
18 Shiguango-Holtz, Adrian	Roanoke	2:06.19
19 Watson, Jerry	Virginia Wes	2:07.95
20 Mills, Josh	Ferrum	2:08.55
21 Kanagy, Ethan	Eastern Menn	2:08.67
22 Lehman, Nate	Eastern Menn	2:21.21

Men 1 Mile Run**ODAC Rec: 4:02.58 # 2025****Chasen Hunt****Meet Rec: 4:07.78 \$ 2/28/2022****Sam Llanaeza**

Name	School	Finals
1 Hotung-Davidsen, Tor	Lynchburg	4:07.59\$ 10
2 Kovacevic, Marko	Lynchburg	4:12.37 8
3 Hunt, Chasen	Lynchburg	4:23.06 6
4 White, Randy	Lynchburg	4:23.94 5
5 Fellows, Ian	Roanoke	4:24.30 4
6 Hurst, Cooper	Lynchburg	4:24.47 3

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Finals ... (Men 1 Mile Run)**

Name	School	Finals	
7 Weddle, Jack	Lynchburg	4:24.95	2
8 Fretwell, Joshua	Lynchburg	4:25.58	1
9 DiMond, Mitchell	Washington a	4:27.53	
10 Fitch, William	Washington a	4:29.02	
11 Perry, Seth	Roanoke	4:29.30	
12 DeLoach, Will	Washington a	4:29.49	
13 Maters, Chase	Lynchburg	4:31.75	
14 Ramirez Hannon, Gabe	Roanoke	4:37.91	
15 Brasler, Samuel	Roanoke	4:42.95	
16 Lehman, Nate	Eastern Menn	4:46.79	
17 Newton, Luke	Washington a	4:49.70	
18 Maldonado, Kamrin	Hampden-Sydn	4:50.80	
19 Counts, Levi	Roanoke	4:51.17	
20 Black, Casey	Virginia Wes	4:52.56	
21 Pentel, Aidan	Bridgewater	4:54.91	
22 Huyard, Ben	Eastern Menn	5:02.80	

Men 3000 Meter Run

ODAC Rec: 7:56.92 # 2024 Chasen Hunt

Meet Rec: 8:27.80 \$ 2/27/2023 Frank Csorba

Name	School	Finals	
1 Hunt, Chasen	Lynchburg	8:38.91	10
2 Rush, Keaton	Washington a	8:39.21	8
3 Hurst, Cooper	Lynchburg	8:40.34	6
4 Kovacevic, Marko	Lynchburg	8:42.32	5
5 Cooper, Robert	Washington a	8:43.03	4
6 Immanuel, Bellamy	Eastern Menn	8:43.11	3
7 Garis, Matt	Roanoke	8:44.46	2
8 Jordan, Alex	Lynchburg	8:45.92	1
9 Daunt, Sam	Washington a	8:50.12	
10 Riggle, Aidan	Lynchburg	8:57.15	
11 Sidebotham, Cameron	Lynchburg	8:58.39	
12 Sterne, Row	Washington a	8:59.60	
13 Harrower, Ethan	Shenandoah	9:04.03	
14 Rush, Jonas	Lynchburg	9:05.86	
15 Dunaway, William	Washington a	9:06.69	
16 Cochran, Tanner	Randolph	9:08.44	
17 Kallen, Thomas	Washington a	9:08.51	
18 Coombes, Jackson	Roanoke	9:10.82	
19 Shotwell, Brayden	Shenandoah	9:14.95	
20 Beiswenger, Caleb	Shenandoah	9:17.85	
21 Miller, Gabe	Bridgewater	9:17.90	
22 Mehendale, Raja	Washington a	9:28.41	
23 Duncan, Ethan	Bridgewater	9:47.43	

Men 5000 Meter Run

ODAC Rec: 14:28.98 # 2009 Ricky Flynn

Meet Rec: 14:37.58 \$ 2/26/2023 Frank Csorba

Name	School	Finals	
1 Rush, Keaton	Washington a	14:46.90	10
2 Cooper, Robert	Washington a	14:58.24	8
3 Jordan, Alex	Lynchburg	15:01.45	6

4 Cobb, Jonathan	Lynchburg	15:04.04	5
5 Daunt, Sam	Washington a	15:16.95	4
6 Kodenski, Jackson	Washington a	15:18.14	3
7 Garis, Matt	Roanoke	15:23.99	2
8 Fernandez, Draven	Lynchburg	15:33.05	1
9 Franklin, Thomas	Washington a	15:33.15	
10 Sidebotham, Cameron	Lynchburg	15:34.28	
11 Paciello, Alex	Lynchburg	15:45.24	
12 Verrett, Colin	Washington a	15:53.02	
13 Harrower, Ethan	Shenandoah	15:53.84	
14 Beiswenger, Caleb	Shenandoah	16:15.12	
15 Brasler, Samuel	Roanoke	16:20.08	
16 Ramirez Hannon, Gabe	Roanoke	16:27.72	
17 Shotwell, Brayden	Shenandoah	16:30.13	
18 Benjamin, Wyatt	Washington a	16:30.67	
19 Hamacher, Zachary	Shenandoah	16:31.31	
20 Ashley, William	Shenandoah	16:31.35	
21 Counts, Levi	Roanoke	16:43.34	
22 Duncan, Ethan	Bridgewater	16:55.96	
23 Woodley, Joshua	Roanoke	17:09.48	
--- Immanuel, Bellamy	Eastern Menn	DNF	

Men 60 Meter Hurdles

ODAC Rec: 8.09 # 2022 Landry Moffo

Meet Rec: 8.09 \$ 2/28/2022 Landry Moffo

Name	School	Finals	
1 Leech, Micah	Lynchburg	8.33	10
2 Marable, George	Washington a	8.38	8
3 Brewington, Jasha	Virginia Wes	8.49	6
4 Graham, Daniel	Roanoke	8.62	5
5 Amlacher, Joe	Bridgewater	8.67	4
6 Carter, Mario	Randolph	8.78	3
7 Jakubowski-Lewis, Daniel	Washington a	8.79	2
8 Johnson, Tyler	Bridgewater	8.80	1

Men 4x400 Meter Relay

ODAC Rec: 3:16.84 # 2001 Lynchburg

Goss, Williams, Harris, Smith

Meet Rec: 3:21.96 \$ 2016 Virginia Wesleyan

Hawkins, Ramirez, Sivels, White

Team	Relay	Finals	
1 Randolph	A	3:21.79	10
2 Washington and Lee	A	3:23.98	8
3 Lynchburg	A	3:24.21	6
4 Roanoke	A	3:24.53	5
5 Bridgewater (Va.)	A	3:26.85	4
6 Ferrum	A	3:27.31	3
7 Eastern Mennonite	A	3:31.47	2
8 Shenandoah	A	3:33.57	1
9 Guilford	A	3:38.71	
10 Virginia Wesleyan	A	3:43.25	
11 Averett	A	3:45.29	

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Men Distance Medley**

ODAC Rec: 9:44.44 # 2024 Lynchburg
Hotung-Davidsen, Hunt, Kovacevic, Llaneza
Meet Rec: 10:17.21 \$ 2/27/2022 Lynchburg
Hotung-Davidsen, Hodnett, Lauffenberger, Green

Team	Relay	Finals	
Finals			
1	Lynchburg	A	10:36.20 10
2	Roanoke	A	10:38.83 8
3	Washington and Lee	A	10:48.94 6
4	Bridgewater (Va.)	A	11:04.90 5
5	Shenandoah	A	11:07.32 4
6	Hampden-Sydney	A	11:13.75 3
7	Randolph	A	11:25.34 2
8	Virginia Wesleyan	A	11:25.87 1
9	Ferrum	A	11:34.11
10	Eastern Mennonite	A	11:41.56
11	Averett	A	12:37.55

Men High Jump

ODAC Rec: 2.13m # 1997 DaVon Lewis
Meet Rec: 2.05m \$ 2014 Jordan King

Name	School	Finals	
Finals			
1	Rose, Elijah	Lynchburg	1.98m 10
2	Birchett, Trey	Bridgewater	J1.98m 8
3	Roupe, Cody	Roanoke	1.95m 6
4	Lee, Jaren	Lynchburg	1.90m 5
5	Mims, Mekhi	Shenandoah	J1.90m 4
6	Madsen, Max	Ferrum	1.85m 3
7	Brewington, Jasha	Virginia Wes	1.75m 2
---	Childress, Jaiden	Ferrum	NH
---	Amlacher, Joe	Bridgewater	NH
---	Lawson, Deontae	Ferrum	NH

Men Pole Vault

ODAC Rec: 5.10m # 2022 Joe O'Connor
Meet Rec: 4.83m \$ 2020 Joe O'Connor

Name	School	Finals	
Finals			
1	Langhammer, Evan	Washington a	4.61m 10
2	Powell, Julian	Lynchburg	4.31m 8
3	McCombs, Dominic	Roanoke	4.16m 6
4	Hennessy, Thomas	Bridgewater	4.01m 5
5	Mast, Micah	Eastern Menn	3.86m 4
6	Jackson, Peyton	Randolph	J3.86m 3
7	Michael, Lukas	Washington a	3.71m 2
8	Rai, Utshab	Bridgewater	J3.71m 1
9	Spillman, Troy	Washington a	3.56m
---	Watkins, Jayden	Randolph	NH
---	Knically, Walker	Bridgewater	NH
---	King, Colin	Bridgewater	NH
---	Frazier, Karim	Eastern Menn	NH
---	Leech, Micah	Lynchburg	NH
---	Birchett, Trey	Bridgewater	NH

Men Long Jump

ODAC Rec: 7.43m # 2001 James Goss
Meet Rec: 7.36m \$ 2020 Davonta Womack

Name	School	Finals	
Finals			
1	Leech, Micah	Lynchburg	7.00m 10
2	Dunn, Quincy	Virginia Wes	6.72m 8
3	Browne, Ian	Bridgewater	6.65m 6
4	Madsen, Max	Ferrum	6.63m 5
5	Hall, Jordan	Virginia Wes	6.61m 4
6	Lacayo, Daven	Lynchburg	J6.61m 3
7	Lamb, Lauchnor	Bridgewater	6.58m 2
8	Mauer, Ty	Lynchburg	6.56m 1
9	Smith, Da'Quan	Virginia Wes	6.44m
10	Lawson, Deontae	Ferrum	6.37m
11	Martino, Guillermo	Lynchburg	6.36m
12	Calloway, Xavier	Randolph	6.34m
13	Greene, Na-Shawn	Ferrum	6.28m
14	Vaughn, Will	Washington a	6.26m
15	Fielder, Jordan	Virginia Wes	6.20m
16	Haynes, Patrick	Washington a	6.09m
17	Abdul-Haqq, Ahmaad	Guilford	6.03m
18	Andrews, Nickolas	Averett	5.95m
19	Knick, Dylan	Roanoke	5.63m
20	Tate, Marcus	Guilford	5.54m
21	Nelson, Christopher	Averett	5.37m
22	Holden, Willie	Shenandoah	5.14m
23	Terry, Joseph	Ferrum	4.83m
---	Winters, Da'Shawn	Eastern Menn	FOUL

Men Triple Jump

ODAC Rec: 15.18m # 1994 Otio Okilo
Meet Rec: 15.05m \$ 2/27/2023 Geni Roberts

Name	School	Finals	
Finals			
1	Fielder, Jordan	Virginia Wes	14.06m 10
2	Dunn, Quincy	Virginia Wes	13.96m 8
3	Hinton, Demetri	Lynchburg	13.77m 6
4	Smith, Da'Quan	Virginia Wes	13.37m 5
5	Leech, Micah	Lynchburg	J13.37m 4
6	Madsen, Max	Ferrum	13.27m 3
7	Small, Fidel	Washington a	13.19m 2
8	Bailey, Jaimir	Shenandoah	12.85m 1
9	Lawson, Deontae	Ferrum	12.80m
10	Calloway, Xavier	Randolph	12.76m
11	Lee, Jaren	Lynchburg	12.63m
12	Haynes, Patrick	Washington a	J12.63m
13	Tomlinson, Trey	Roanoke	12.53m
14	Carter, Mario	Randolph	12.48m
15	Childress, Jaiden	Ferrum	11.87m
16	Nelson, Christopher	Averett	11.83m
---	Jackson, Peyton	Randolph	FOUL

ODAC Indoor Track & Field Championships - 3/1/2025 to 3/2/2025**Cregger Center****Results****Men Shot Put**

ODAC Rec: 16.82m # 2008

Nathan Turner

Meet Rec: 16.36m \$ 2007

Nathan Turner

Name	School	Finals	
Finals			
1 Flores, Jesus	Bridgewater	15.31m	10
2 Smith, Michael	Bridgewater	15.17m	8
3 Davis, Jalen	Virginia Wes	14.38m	6
4 Knight, Will	Washington a	14.08m	5
5 Bajski, Stevan	Washington a	14.03m	4
6 Avigliano, Leo	Washington a	13.92m	3
7 McKinney, O'Keefe	Washington a	13.45m	2
8 Sarsfield, Jim	Roanoke	13.33m	1
9 Schmidt, Christian	Eastern Menn	13.05m	
10 Leichty, Grant	Eastern Menn	13.00m	
11 Harris, Antonio	Bridgewater	12.98m	
12 Vigus, Aidan	Roanoke	12.35m	
13 Goodbar, McKinley	Bridgewater	12.08m	
14 Watkins, Jayden	Randolph	11.95m	
15 Speer, Grady	Shenandoah	11.79m	
16 White, Xavier	Randolph	11.78m	
17 Hoffinan, Bryce	Bridgewater	11.30m	
18 Goleno, Nick	Bridgewater	11.08m	
19 Holcomb, Kyle	Ferrum	11.04m	
20 Hughes, Eryn	Roanoke	11.02m	
21 Makowski, Brandon	Washington a	10.73m	
22 Joyner, Elijah	Ferrum	10.71m	
23 Brewington, Jasha	Virginia Wes	10.25m	

Men - Team Rankings - 16 Events Scored

1) Lynchburg	213
2) Washington and Lee	91
3) Bridgewater (Va.)	78
4) Roanoke	69
5) Virginia Wesleyan	58
6) Randolph	50
7) Ferrum	25
8) Shenandoah	19
9) Eastern Mennonite	13
10) Hampden-Sydney	7

Men Weight Throw

ODAC Rec: 19.66m # 2023

Tucker Kindig

Meet Rec: 18.91m \$ 2/26/2023

John Kindig

Name	School	Finals	
Finals			
1 Smith, Michael	Bridgewater	17.02m	10
2 Flores, Jesus	Bridgewater	15.57m	8
3 Sarsfield, Jim	Roanoke	15.54m	6
4 Davis, Jalen	Virginia Wes	15.12m	5
5 Flynn, Joe	Bridgewater	14.97m	4
6 Lamoso, Carlos	Virginia Wes	14.87m	3
7 Novak, Evan	Washington a	14.81m	2
8 White, Xavier	Randolph	14.38m	1
9 McIntyre, Zakary	Shenandoah	13.99m	
10 Leichty, Grant	Eastern Menn	13.79m	
11 Harris, Antonio	Bridgewater	13.67m	
12 Goodbar, McKinley	Bridgewater	13.13m	
13 Schmidt, Christian	Eastern Menn	12.68m	
14 Holcomb, Kyle	Ferrum	12.67m	
15 Hoffman, Bryce	Bridgewater	12.50m	
16 Goleno, Nick	Bridgewater	12.02m	
17 Vigus, Aidan	Roanoke	11.47m	
18 Harlow, Henry	Randolph	10.30m	
19 Navarro, Fiell	Bridgewater	10.18m	
--- Ramos, Will	Eastern Menn	FOUL	