

Dr. Jack Toms Alumni Invite - 3/28/2025 to 3/29/2025

University of Lynchburg

Results

Men 100 Meter Dash

Name	School	Prelims
Preliminaries		
1	Lewis, Omari	Liberty 10.24q 1.0
2	McKnight, Troy	Liberty 10.35q 2.1
3	Lewis, Gabriel	Shippensburg 10.41q 1.0
4	Wright, Tristan	Lynchburg 10.45q 2.1
5	Jones, Jahmal	Ferrum 10.47q 1.0
6	Vu, Eddy	Liberty 10.49q 1.0
7	Blackburn, Jamaari	Unattached 10.57q 1.0
8	Jones, Jaylen	Lynchburg 10.61q 1.0
9	Haggans, Daron	Kutztown 10.66 1.7
10	Edwards, Jordan	Randolph 10.78 1.7
11	Reid, Isaiah	Eastern Menn 10.82 1.0
12	Morgan, Damon	Eastern Menn 10.91 1.7
13	Singleton, Sean	Kutztown 10.93 1.5
14	Rodkey, Logan	Shippensburg 10.93 1.5
15	Smith, Jordan	Ferrum 10.93 2.4
16	Lacayo, Daven	Lynchburg 11.02 3.1
17	Foddrell, Jaidyn	Unattached 11.03 1.7
18	Madsen, Max	Ferrum 11.04 1.5
19	Winters, Da'Shawn	Eastern Menn 11.12 2.4
20	Goode, Justin	Longwood 11.15 2.4
21	Pittman, Jacob	Shippensburg 11.15 2.4
22	Andrews, Nickolas	Averett 11.24 1.4
23	Greene, Na-Shawn	Ferrum 11.25 2.4
24	Lawson, Deontae	Ferrum 11.26 1.5
25	Fulcher, Faithful	Randolph 11.28 2.1
26	Vann, Jameel	Eastern Menn 11.32 2.4
26	McPherson, DaMauri	Ferrum 11.32 1.5
28	Barba, Nickolas	Bridgeport 11.33 1.5
29	Leech, Micah	Lynchburg 11.35 1.4
30	Covington, Ryan	Concord 11.44 3.1
31	Smith, Da'Quan	Virginia Wes 11.49 2.4
32	Owens, Jamahrie	Averett 11.50 3.1
33	Henson, Blake	Lynchburg 11.57 3.1
34	Adams, Charlie	Longwood 11.61 2.8
34	Bookal, Tayshaun	Bridgeport 11.61 2.1
36	Watlington, Shawn	Averett 11.66 2.8
37	Hertzler, Milo	Eastern Menn 11.68 3.1
38	Smith, Solomon	Virginia Wes 11.71 2.8
39	Little, Jacob	Virginia Wes 11.72 2.8
40	Ashbrook, Quinn	Unattached 11.77 2.8
41	Terry, Joseph	Ferrum 11.85 3.1
42	McClung, Logan	Ferrum 11.93 1.4
43	Easley, Cameron	Ferrum 12.27 2.8
44	Taylor, Darryl	Ferrum 12.31 2.8
45	Fisher, Jeremiah	Bluefield 12.34 1.4
46	Jeter, Jayvon	Ferrum 12.72 1.4

Men 100 Meter Dash

Name	School	Finals
Finals		
1	Jones, Jahmal	Ferrum 10.27 3.4
2	Blackburn, Jamaari	Unattached 10.38 3.4

3	Wright, Tristan	Lynchburg 10.42 3.4
4	Vu, Eddy	Liberty 10.48 3.4
5	Jones, Jaylen	Lynchburg 10.52 3.4

Men 200 Meter Dash

Name	School	Finals
Finals		
1	Webster, Revell	Liberty 21.07 1.2
2	Sherard, Elijah	Liberty 21.12 1.2
3	Wright, Tristan	Lynchburg 21.42 1.8
4	Lamparelli, Simon	Liberty 21.58 1.8
5	Edwards, Jordan	Randolph 21.64 1.2
6	West, Eric	Randolph 21.68 1.8
7	Jackson, Lavar	Shippensburg 21.73 1.2
8	Jones, Jahmal	Ferrum 21.76 1.2
9	Hamm, Michael	Lynchburg 21.82 1.8
10	Wrigley, Steele	Kutztown 22.02 0.8
11	Singleton, Sean	Kutztown 22.10 1.2
12	Morgan, Damon	Eastern Menn 22.11 1.8
13	Smith, Jordan	Ferrum 22.20 0.8
14	Foddrell, Jaidyn	Unattached 22.25 1.8
15	Reid, Isaiah	Eastern Menn 22.26 1.2
16	Lambert, Colby	Randolph 22.29 1.8
17	Rodkey, Logan	Shippensburg 22.35 0.8
18	Camobreco, Lorenzo	Roanoke 22.43 1.8
19	Hall, Jordan	Virginia Wes 22.47 2.0
20	Winters, Da'Shawn	Eastern Menn 22.52 1.2
21	Heffinger, Brandon	Roanoke 22.59 0.8
22	Greene, Na-Shawn	Ferrum 22.59 1.2
23	Lawson, Deontae	Ferrum 22.60 0.8
24	Goode, Justin	Longwood 22.65 1.2
25	Humes, Christian	Randolph 22.78 1.2
26	Love, Kendric	Randolph 22.80 2.0
27	Pittman, Jacob	Shippensburg 22.81 0.8
28	Stant, Aidan	Roanoke 23.02 2.0
29	Andrews, Nickolas	Averett 23.20 1.5
30	Young, James	Lynchburg 23.23 2.8
31	McPherson, DaMauri	Ferrum 23.26 1.2
32	Vann, Jameel	Eastern Menn 23.27 2.0
33	Coles, Damian	Bridgeport 23.33 1.2
34	Hertzler, Milo	Eastern Menn 23.36 2.0
35	Covington, Ryan	Concord 23.45 1.3
36	Petcher, Landon	Randolph 23.63 1.3
37	Raynor, Aaron	Virginia Wes 23.70 1.2
38	Terry, Joseph	Ferrum 23.85 1.3
39	Nelson, Christopher	Averett 23.87 1.3
40	Mcgee, Elijah	Longwood 23.96 2.0
41	Fitzner, Matthew	Longwood 24.08 1.5
42	Childress, Jaiden	Ferrum 24.12 1.3
43	Neel, Davis	Roanoke 24.16 1.5
44	Macklin, Logan	Longwood 24.48 1.5
45	Bookal, Tayshaun	Bridgeport 24.63 1.5
46	Brown, Christopher	Averett 25.05 1.5
47	Easley, Cameron	Ferrum 25.95 2.8
48	Jeter, Jayvon	Ferrum 26.51 2.8
49	Ani, Samuel	Averett 28.21 2.8

Dr. Jack Toms Alumni Invite - 3/28/2025 to 3/29/2025

University of Lynchburg

Results

Finals ... (Men 200 Meter Dash)

Name	School	Finals
--- Henson, Blake	Lynchburg	DNF 2.0

Men 400 Meter Dash

Name	School	Finals
Finals		
1 West, Eric	Randolph	48.77
2 Camobreco, Lorenzo	Roanoke	48.85
3 Stewart, Ayden	Longwood	48.97
4 Love, Kendric	Randolph	49.22
5 Cavalcante, Joe	Kutztown	49.22
6 Townsend, Quinton	Shippensburg	49.49
7 Jaisingh, James	Shippensburg	49.98
8 Duvemay, Marquez	Unattached	50.12
9 Humes, Christian	Randolph	50.33
10 Lambert, Colby	Randolph	50.43
11 Walchle, Bohdan	Liberty	50.77
12 Koenig, Logan	Lynchburg	51.15
13 Flowers, Brian	Lynchburg	51.24
14 Heffinger, Brandon	Roanoke	51.35
15 Coles, Damian	Bridgeport	51.56
16 Stant, Aidan	Roanoke	53.21
17 Duffy, Noah	Lynchburg	53.66
18 Petcher, Landon	Randolph	53.77
19 Alima-Grimshaw, Kevin	Averett	53.94
20 Estes, Andrew	Roanoke	54.18
21 Hamman, Jonah	Roanoke	54.61
22 Macklin, Logan	Longwood	54.62
23 Davis, Diver	Roanoke	54.97
24 Davis, Jeremiah	Averett	55.06
25 Childs, Jacob	Longwood	55.50
26 Belucio, Nicolas	Unattached	55.91
27 Brown, Christopher	Averett	57.04
28 Ward, Teague	Roanoke	58.43

Men 800 Meter Run

Name	School	Finals
Finals		
1 Hotung-Davidsen, Tor	Lynchburg	1:49.95
2 Llanaeza, Sam	Lynchburg	1:50.13
3 Pitcher, Brendan	Liberty	1:50.66
4 Hensinger, Chase	Shippensburg	1:52.17
5 Thrush, Kyle	Liberty	1:52.53
6 Vandelli, Edoardo	Bridgeport	1:53.24
7 Swiger, Slate	Davis & Elki	1:54.03
8 Gibson, Jackson	Davis & Elki	1:55.38
9 Rasco, Ryan	Davis & Elki	1:55.39
10 Stansburg, Ethan	Unattached-LU	1:55.45
11 Mantooth, Jamison	Lynchburg	1:55.57
12 Ammon, Elias	Roanoke	1:55.80
13 Smith, Chris	Longwood	1:56.53
14 Urena, Ramon	Shippensburg	1:57.29
15 Gibson, Cooper	Davis & Elki	1:57.49
16 Sisk, Jake	Unattached-LU	1:57.76
17 Ward, Braden	Concord	1:58.25

18 Abebe, Abenezer	Eastern Menn	1:58.31
19 Herndon, Jackson	Hampden-Sydn	1:58.35
20 Bildheiser, Tommy	Davis & Elki	1:58.39
21 Habalar, Port	Kutztown	1:58.61
22 Martin, Joshua	Longwood	1:58.67
23 bennett, Andrew	Unattached	1:58.87
24 Morales, Peter	Lynchburg	2:00.82
25 Hickey, Reese	Concord	2:01.41
26 Herklotz, Carter	Lynchburg	2:01.71
27 Williams, Connor	Longwood	2:01.80
28 Kovacevic, Marko	Lynchburg	2:01.91
29 Hathaway, Andrew	Longwood	2:02.47
30 Perry, Seth	Roanoke	2:02.80
31 Shiguango-Holtz, Adrian	Roanoke	2:03.17
32 Wilson, Zach	Concord	2:03.88
33 Lucas, Christopher	Davis & Elki	2:03.89
34 Kinder, Garrett	Concord	2:04.21
35 Ramirez Hannon, Gabe	Roanoke	2:04.42
36 Duarte, Daniel	Longwood	2:04.75
37 Murphy, Connor	Kutztown	2:04.96
38 Canaday, Brandon	Concord	2:04.98
39 Crowder, George	Liberty Runn	2:05.32
40 Weaver, Landon	Unattached	2:05.64
41 Bernard, Bradley	Lynchburg	2:06.12
42 Wiles, Willie	Kutztown	2:06.40
43 Clancy, Clinton	Longwood	2:06.64
44 Quintero, Azael	Averett	2:06.93
45 Goulet, Benjamin	Longwood	2:07.01
46 Mills, Josh	Ferrum	2:07.38
47 Koval, Ryan	Virginia Wes	2:09.67
48 Palma, Josiah	Virginia Wes	2:09.95
49 Hatcher, Garrett	Concord	2:10.84
50 Cormack, Connor	Concord	2:11.24
51 Watson, Jerry	Virginia Wes	2:11.70
52 Hiss, Ben	Randolph	2:12.00
53 Black, Casey	Virginia Wes	2:12.67
54 Holcomb, Wes	Concord	2:13.39
55 Bishop, Kellen	Roanoke	2:15.30
56 Hodge, Matthew	Virginia Wes	2:16.62
57 Eubanks, Darius	Averett	2:17.75
58 Legg, Bryce	Concord	2:18.53
59 Estes, Andrew	Roanoke	2:19.30
60 Crouch, Greyson	Ferrum	2:22.27
61 Mills, Davis	Hampden-Sydn	2:25.25
62 Lathroum, Madoc	Concord	2:26.61
63 Ruhnke, Luke	Concord	2:28.18
64 Busch, Kevin	Hampden-Sydn	2:35.04
65 Cole, William	Hampden-Sydn	2:43.24

Men 1500 Meter Run Invite

Name	School	Finals
Finals		
1 Hotung-Davidsen, Tor	Lynchburg	3:45.71
2 Llanaeza, Sam	Lynchburg	3:47.28
3 Kiproop, Edwin	Liberty	3:47.35
4 Hunt, Chasen	Lynchburg	3:47.99

Dr. Jack Toms Alumni Invite - 3/28/2025 to 3/29/2025

University of Lynchburg

Results

Finals ... (Men 1500 Meter Run Invite)

Name	School	Finals
5 Pitcher, Brendan	Liberty	3:51.82
6 Hall, Dale	Liberty	3:52.56
7 Stansburg, Ethan	Unattached-LU	3:54.00
8 Kovacevic, Marko	Lynchburg	3:54.67
9 White, Randy	Lynchburg	3:55.24
10 Hensinger, Chase	Shippensburg	3:55.29
11 Cottrell, Jack	Liberty	3:55.78
12 Rasco, Ryan	Davis & Elki	3:56.08
13 Aiken, Sean	Liberty	3:56.09
14 Hollub, Jack	Unattached	3:56.76
15 Thrush, Kyle	Liberty	3:59.37
16 Erickson, Bode	Unattached	3:59.38
17 Urena, Ramon	Shippensburg	3:59.41
18 Immanuel, Bellamy	Eastern Menn	3:59.44
19 Fretwell, Joshua	Lynchburg	3:59.75
20 Weddle, Jack	Lynchburg	4:00.38
21 Hurst, Cooper	Lynchburg	4:00.86
22 Musssmon, Graham	Liberty	4:01.27
23 Julian, Eli	Unattached-LU	4:02.23
24 Allison, Konnor	Davis & Elki	4:04.02
25 Habalar, Port	Kutztown	4:06.30
26 Sisk, Jake	Unattached-LU	4:06.63

Men 1500 Meter Run Open

Name	School	Finals
1 Ward, Braden	Concord	4:02.93
2 Hathaway, Andrew	Longwood	4:03.23
3 Fernandez, Draven	Lynchburg	4:04.39
4 Perry, Seth	Roanoke	4:05.55
5 Clancy, Clinton	Longwood	4:05.63
6 Murphy, Connor	Kutztown	4:07.13
7 Maters, Chase	Lynchburg	4:08.12
8 Fellows, Ian	Roanoke	4:09.06
9 Khan, Saad	Longwood	4:10.33
10 Goulet, Benjamin	Longwood	4:11.04
11 Tickle, Andrew	Concord	4:11.07
12 Hickey, Reese	Concord	4:11.28
13 Wiles, Willie	Kutztown	4:11.81
14 Canaday, Brandon	Concord	4:12.87
15 Lucas, Christopher	Davis & Elki	4:13.11
16 Wilson, Zach	Concord	4:13.93
17 Kinder, Garrett	Concord	4:14.58
18 Pittman, Joey	Kutztown	4:15.13
19 Irvin, Alex	Concord	4:15.83
20 Ramirez Hannon, Gabe	Roanoke	4:15.89
21 Hudson, Carter	Lynchburg	4:16.35
22 Ottinger, Davis	Uva Club Run	4:16.58
23 Swiston, Stephen	Unattached	4:20.68
24 Hegg, Eric	Uva Club Run	4:21.20
25 Campbell, Caedmon	Pacers	4:21.96
26 Coombes, Jackson	Roanoke	4:22.27
27 Mills, Josh	Ferrum	4:25.16
28 Hatcher, Garrett	Concord	4:25.45

29 Brubaker, Tyler	Randolph	4:26.34
30 Cormack, Connor	Concord	4:26.66
31 Mast, Andrew	Pacers	4:27.72
32 Mcgee, Elijah	Longwood	4:28.51
33 Holcomb, Wes	Concord	4:28.86
34 Chorbaji, Jordan	Hampden-Sydn	4:28.99
35 O'Connor, Evan	Liberty Runn	4:29.17
36 Legg, Bryce	Concord	4:30.02
37 Black, Casey	Virginia Wes	4:31.42
38 Bishop, Kellen	Roanoke	4:32.68
39 Mast, Henry	Pacers	4:32.80
40 Board, Ethan	Concord	4:32.90
41 Turner, TaKaleb	Davis & Elki	4:37.48
42 Minton, Kade	Hampden-Sydn	4:37.90
43 Fletcher, Levi	Pacers	4:46.25
44 Crouch, Greyson	Ferrum	4:49.27
45 Roldan, Javier	Longwood	4:50.71
46 Reilly, Josh	Roanoke	4:58.63
47 Bernhardt, Andrew	Longwood	5:04.70
48 Ruhnke, Luke	Concord	5:08.98
49 Leonard, Isaiah	Hampden-Sydn	5:21.14

Men 5000 Meter Run Open

Name	School	Finals
1 Reid, Christian	Longwood	16:11.03
2 Craig, Michael	Unattached	16:13.50
3 Smith, Jesse	Uva Club Run	16:22.80
4 Sell, Matthew	Liberty Runn	16:23.65
5 White, Isaiah	Unattached	16:48.70
6 Burcham, Carter	Hampden-Sydn	16:55.80
7 Christian, Bryce	Longwood	16:58.92
8 Smith, Tyler	Lighthorse T	17:51.91
9 Williams, Mason	Randolph	18:23.27

Men 5000 Meter Run Invite

Name	School	Finals
1 Kiprotich, Nicholas	Liberty	14:43.44
2 Moore, Nathan	Liberty	14:48.40
3 Schultz, Andrew	Unattached	14:58.61
4 Dance, Charlie	Radford	15:00.62
5 Cartwright, Chase	Uva Club Run	15:05.19
6 Pedersen, Ethan	Liberty	15:12.72
7 Masiakos, Andreas	Uva Club Run	15:16.26
8 Hiegel, Jamie	Unattached	15:17.97
9 Stoner, Cayden	Uva Club Run	15:24.06
10 Cabusao, Azrael	Radford	15:31.47
11 Bowen, Andrew	Davis & Elki	15:32.10
12 Buffington, Dylan	Unattached	15:44.90
13 Sowers, Maxton	Radford	15:48.03
14 Conder, Gabe	Davis & Elki	15:48.95
15 Garis, Matt	Roanoke	16:00.29
16 Gibson, Trey	Unattached	16:31.74
--- McKee, Nathaniel	Unattached	DNF
--- Hamilton, Logan	Radford	DNF

Dr. Jack Toms Alumni Invite - 3/28/2025 to 3/29/2025

University of Lynchburg

Results

Finals ... (Men 5000 Meter Run Invite)

Name	School	Finals
--- Rush, Jonas	Lynchburg	DNF
--- Brocato, Adam	Kutztown	DNF

Men 10000 Meter Run Open

Name	School	Finals
Finals		
1 Hollar, Jack	Kutztown	32:23.91
2 Small, Peyton	Kutztown	32:52.87
3 Jordan, Alex	Lynchburg	33:22.13
4 Cochran, Tanner	Randolph	33:24.25
5 Sidebotham, Cameron	Lynchburg	33:25.51
6 Lloyd, Robby	Kutztown	33:34.31
7 Paciello, Alex	Lynchburg	33:36.55
8 Riggle, Aidan	Lynchburg	33:40.27
9 Weaver, Garrett	Roanoke	34:45.15
10 Counts, Levi	Roanoke	36:03.38
11 Buffington, Dylan	Unattached	36:12.04
--- Hiegel, Jamie	Unattached	DNF
--- Gibson, Trey	Unattached	DNF

Men 110 Meter Hurdles

Name	School	Finals
Finals		
1 Daniel, Jeovaghni	Shippensburg	14.82 2.5
2 Book, Josef	Shippensburg	15.14 2.5
3 Graham, Daniel	Roanoke	15.35 2.5
4 Steele, Antaveon	Unattached	15.37 2.5
5 Wood, Ian	Davis & Elki	15.42 2.5
6 Brewington, Jasha	Virginia Wes	15.47 2.5
7 Panzera, John	Bridgeport	15.56 2.5
8 Boyd, Mason	Shippensburg	15.72 2.5
9 O'Regan, Samuel	Liberty	15.85 4.3
10 Conrad, Ethan	Shippensburg	15.99 2.5
11 Neel, Davis	Roanoke	16.59 2.5
12 Migliarese, Nicholas	Bridgeport	17.92 4.3
--- Bell III, Bernard	Shippensburg	DNF 2.5
--- Bankert, Noah	Shippensburg	DNF 4.3

Men 400 Meter Hurdles

Name	School	Finals
Finals		
1 Hrabosky, Robert	Shippensburg	52.46
2 Wilk, Travis	Shippensburg	54.68
3 Love, Kyle	Kutztown	54.71
4 Washburn, James	Kutztown	54.97
5 Book, Josef	Shippensburg	55.57
6 Arnold, Nicholas	Eastern Menn	56.69
7 Duplissey, Tristan	Longwood	57.92
8 Daniel, Jeovaghni	Shippensburg	58.31
9 Brewington, Jasha	Virginia Wes	59.53
10 Wood, Ian	Davis & Elki	59.58
11 Graham, Daniel	Roanoke	1:00.12
12 Knick, Dylan	Roanoke	1:00.89
13 Davis, Diver	Roanoke	1:02.36

14 Ward, Teague	Roanoke	1:08.07
--- Glaspie, Jeremiah	Lynchburg	DNF

Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Allison, Konnor	Davis & Elki	9:42.03
2 Santos Nguyen, Jaiden	Bway Enduran	10:02.52
3 Skeens, AJ	Concord	10:05.56
4 Daniel, Alec	Longwood	10:28.45
5 Woodley, Joshua	Roanoke	10:31.87
6 Langkopf, Paul	Davis & Elki	10:35.71
7 Nitsch, Kadin	Longwood	10:59.54
8 Stepp, Joshua	Unattached	11:01.35
9 Williams, Nicolas	Longwood	11:12.24
--- Schaefer, Andrew	Longwood	DNF
--- Fernandez, Draven	Lynchburg	DNF
--- Hurst, Cooper	Lynchburg	DNF
--- Fretwell, Joshua	Lynchburg	DNF

Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Liberty	A	39.42
1) Vu, Eddy	2) McKnight, Troy	
3) Webster, Revell	4) Lewis, Omari	
2 Kutztown	A	40.68
1) Fellin, Michael	2) Washburn, James	
3) Wrigley, Steele	4) Haggans, Daron	
3 Ferrum	A	41.61
1) McPherson, DaMauri	2) Lawson, Deontae	
3) Smith, Jordan	4) Jones, Jahmal	
4 Eastern Mennonite	A	42.56
1) Winters, Da'Shawn	2) Morgan, Damon	
3) Bailey, Shaddai	4) Reid, Isaiah	
5 Longwood	A	42.73
1) Carter, Cullen	2) Goode, Justin	
3) Duplissey, Tristan	4) Stewart, Ayden	
6 Virginia Wesleyan	A	44.67
1) Smith, Da'Quan	2) Smith, Solomon	
3) Little, Jacob	4) Raynor, Aaron	
--- Randolph	A	FS
1) Calloway, Xavier	2) Lambert, Colby	
3) West, Eric	4) Edwards, Jordan	
--- Averett	A	DNF
1) Andrews, Nickolas	2) Owens, Jamahrie	
3) Davis, Jeremiah	4) Nelson, Christopher	
--- Lynchburg	A	DNF
1) Hamm, Michael	2) Jones, Jaylen	
3) Davis, Isaiah	4) Wright, Tristan	

Dr. Jack Toms Alumni Invite - 3/28/2025 to 3/29/2025

University of Lynchburg

Results

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Randolph	A	3:19.79
1) Lambert, Colby	2) Love, Kendric	
3) Humes, Christian	4) West, Eric	
2 Longwood	A	3:23.77
1) Childs, Jacob	2) Smith, Chris	
3) Martin, Joshua	4) Stewart, Ayden	
3 Shippensburg	A	3:24.68
1) Jaisingh, James	2) Hrabosky, Robert	
3) Jackson, Lavar	4) Book, Josef	
4 Lynchburg	B	3:25.46
1) Hotung-Davidsen, Tor	2) Llaneza, Sam	
3) Mantooth, Jamison	4) Kovacevic, Marko	
5 Bridgeport	A	3:34.70
1) Barba, Nickolas	2) Panzera, John	
3) Vandelli, Edoardo	4) Coles, Damian	
6 Roanoke	A	3:35.68
1) Shiguango-Holtz, Adrian	2) Fellows, Ian	
3) Perry, Seth	4) Ammon, Elias	
7 Lynchburg	A	3:45.25
1) Duffy, Noah	2) Flowers, Brian	
3) Koenig, Logan	4) Leech, Micah	
8 Virginia Wesleyan	A	3:47.65
1) Koval, Ryan	2) Black, Casey	
3) Palma, Josiah	4) Watson, Jerry	

Men High Jump

Name	School	Finals
Finals		
1 Brown, Jamarcus	Lynchburg	2.02m
2 White, Tracey	Kutztown	1.92m
2 Lee, Jaren	Lynchburg	1.92m
2 Kadziela, Michael	Shippensburg	1.92m
5 Archie, Kyle	Kutztown	J1.92m
6 Hipp, Aidan	Lynchburg	J1.92m
7 Madsen, Max	Ferrum	1.87m
8 Roupe, Cody	Roanoke	J1.87m
9 Panzera, John	Bridgeport	1.82m
10 Derry, Zachary	Shippensburg	1.77m
11 Bankert, Noah	Shippensburg	J1.77m
--- Childress, Jaiden	Ferrum	NH

Men Pole Vault

Name	School	Finals
Finals		
1 Benhase, Todd	Liberty	4.65m
2 Tryninewski, Caleb	Kutztown	4.50m
2 Schaeffer, Nathan	Kutztown	4.50m
4 Watkins, Jayden	Randolph	4.35m
5 Andrasz, Bronson	Unattached	4.05m
5 Powell, Julian	Lynchburg	4.05m
5 Leech, Micah	Lynchburg	4.05m
5 Van Duren, Daniel	Liberty	4.05m

5 O'Regan, Samuel	Liberty	4.05m
10 Jackson, Peyton	Randolph	3.75m
--- McCombs, Dominic	Roanoke	NH
--- Stone, Fisher	Virginia Wes	NH
--- Flack, Hunter	Liberty	NH
--- Williams, Noah	Randolph	NH

Men Long Jump

Name	School	Finals
Finals		
1 Boyd, Mason	Shippensburg	6.94m 0.2
2 Dunn, Quincy	Virginia Wes	6.74m +0.0
3 Fitzner, Matthew	Longwood	6.73m +0.0
4 Greene, Na-Shawn	Ferrum	6.67m +0.0
5 Conrad, Ethan	Shippensburg	6.66m +0.0
6 Madsen, Max	Ferrum	6.65m 0.2
7 Lacayo, Daven	Lynchburg	6.63m +0.0
8 Hinton, Demitri	Lynchburg	6.56m +0.0
9 Steele, Antaveon	Unattached	6.50m +0.0
10 Gaymon, Jabrie	Shippensburg	6.29m +0.0
11 Mauer, Ty	Lynchburg	6.28m +0.0
12 Brewington, Jasha	Virginia Wes	6.23m +0.0
13 Smith, Da'Quan	Virginia Wes	6.21m +0.0
14 Ashbrook, Quinn	Unattached	6.16m +0.0
15 Fenwick Jr, Marvin	Bridgeport	6.08m +0.0
16 Winters, Da'Shawn	Eastern Menn	6.07m +0.0
17 Little, Jacob	Virginia Wes	5.86m +0.0
18 Davis, Jeremiah	Averett	5.82m +0.0
19 Blackstone, David	Unattached	5.81m 0.2
20 Andrews, Nickolas	Averett	5.80m +0.0
21 Tomlinson, Trey	Roanoke	5.79m +0.0
22 McDaniel, Jack	Lynchburg	J5.79m +0.0
23 Emmons-Mayo, Jahki	Virginia Wes	5.71m +0.0
24 Mortan, Evan	Unattached	5.70m +0.0
25 Childress, Jaiden	Ferrum	5.42m +0.0
26 Terry, Joseph	Ferrum	5.23m +0.0
27 Nelson, Christopher	Averett	4.83m +0.0

Men Triple Jump

Name	School	Finals
Finals		
1 Wang, Shane	Liberty	14.57m 0.4
2 Amoaeng, Grant	Unattached	14.32m 0.2
3 Hinton, Demitri	Lynchburg	14.22m 0.2
4 Fielder, Jordan	Virginia Wes	14.20m 0.4
5 Dunn, Quincy	Virginia Wes	13.89m 0.3
6 Fitzner, Matthew	Longwood	13.63m -0.1
7 Gaymon, Jabrie	Shippensburg	13.48m 0.4
8 Ashbrook, Quinn	Unattached	12.97m 0.3
9 Fenwick Jr, Marvin	Bridgeport	12.93m +0.0
10 Smith, Da'Quan	Virginia Wes	12.83m 0.2
11 Nelson, Christopher	Averett	12.77m 0.2
12 Blackstone, David	Unattached	11.79m +0.0
13 Little, Jacob	Virginia Wes	11.70m 0.2
14 Tomlinson, Trey	Roanoke	11.57m -0.1
15 Taylor, Darryl	Ferrum	11.21m 0.5

Dr. Jack Toms Alumni Invite - 3/28/2025 to 3/29/2025

University of Lynchburg

Results

Finals ... (Men Triple Jump)

Name	School	Finals
--- Davis, Jeremiah	Averett	FOUL

Men Shot Put

Name	School	Finals
Finals		
1 Kitchen, Donovan	Shippensburg	15.67m
2 Greggo, Gian	Shippensburg	15.60m
3 Melhorn, Colin	Shippensburg	15.30m
4 Solonoski, Jacob	Kutztown	14.09m
5 Davis, Jalen	Virginia Wes	13.34m
6 Daub, Colin	Shippensburg	13.26m
7 Hughes, Evyn	Roanoke	12.36m
8 Holcomb, Kyle	Ferrum	11.72m
9 White, Xavier	Randolph	11.62m
10 Erickson, Carter	Averett	10.50m
11 Bennett, Shawn	Concord	10.02m
12 Leech, Micah	Lynchburg	9.85m
13 Hillman, Jaylon	Ferrum	8.05m

Men Discus Throw

Name	School	Finals
Finals		
1 Kitchen, Donovan	Shippensburg	49.31m
2 Greggo, Gian	Shippensburg	46.93m
3 Crispino, Ridge	Shippensburg	45.60m
4 Melhorn, Colin	Shippensburg	45.36m
5 Daub, Colin	Shippensburg	42.76m
6 Davis, Jalen	Virginia Wes	41.71m
7 McCormick, Andy	Lynchburg	38.59m
8 Leech, Micah	Lynchburg	38.03m
9 Solonoski, Jacob	Kutztown	36.11m
10 Van Duren, Daniel	Liberty	34.64m
11 White, Xavier	Randolph	34.33m
12 Bennett, Shawn	Concord	32.64m
13 O'Regan, Samuel	Liberty	32.55m
14 Holcomb, Kyle	Ferrum	31.15m
15 Erickson, Carter	Averett	30.92m
16 Hughes, Evyn	Roanoke	30.04m
17 Vigus, Aidan	Roanoke	29.66m
18 Weaver, Owen	Kutztown	28.27m
19 Hillman, Jaylon	Ferrum	25.06m
--- Patrick, Damien	Averett	FOUL

Men Hammer Throw

Name	School	Finals
Finals		
1 Crispino, Ridge	Shippensburg	52.31m
2 Solonoski, Jacob	Kutztown	51.72m
3 Sarsfield, Jim	Roanoke	48.35m
4 White, Xavier	Randolph	45.23m
5 Kitchen, Donovan	Shippensburg	43.06m
6 Migliarese, Nicholas	Bridgeport	40.43m
7 Holcomb, Kyle	Ferrum	40.05m
8 Suarez, Jonathan	Lynchburg	35.55m

9 McCormick, Andy	Lynchburg	34.46m
10 Davis, Jalen	Virginia Wes	34.36m
11 Vigus, Aidan	Roanoke	34.10m
--- Greggo, Gian	Shippensburg	FOUL

Men Javelin Throw

Name	School	Finals
Finals		
1 Hersh, Jackson	Shippensburg	64.71m
2 Givone, Kevin	Kutztown	60.28m
3 Helmstetter, Anthony	Kutztown	56.80m
4 Pretopapa, Mason	Shippensburg	56.34m
5 Zimmerman, Aidan	Shippensburg	53.23m
6 Long, Austin	Shippensburg	49.07m
7 Panzera, John	Bridgeport	46.68m
8 Leech, Micah	Lynchburg	45.75m
9 McPherson, DaMauri	Ferrum	43.70m
10 Van Duren, Daniel	Liberty	43.19m
11 Migliarese, Nicholas	Bridgeport	40.40m
12 Hodnett, Jacob	Lynchburg	40.08m
13 Glaspie, Jeremiah	Lynchburg	39.60m
14 McCombs, Dominic	Roanoke	37.43m
15 Hughes, Evyn	Roanoke	36.48m
16 Mauer, Ty	Lynchburg	35.94m
17 Vigus, Aidan	Roanoke	35.11m
18 Schmied, Justin	Averett	34.72m
19 Patrick, Damien	Averett	33.75m
20 Knowles, Luke	Lynchburg	31.27m
21 Holcomb, Kyle	Ferrum	29.23m
22 Erickson, Carter	Averett	29.08m
23 Medrano, Martin	Concord	24.54m
--- Bennett, Shawn	Concord	FOUL
--- Kareem-Ojo, Opeyemi	Virginia Wes	FOUL