

2025 HFA Memorial 5k

Overall Male Runner

Place	Bib #	Name	Time	Type	City
1	330	MICHAEL BRAND	00:18:04	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:08:46.758 10.6mph 05:39 00:08:46.758					
Finish 00:09:17.749 10.0mph 05:59 00:18:04.507					
2	381	PATRICK KAY	00:18:07	.	Catlett
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:08:45.272 10.6mph 05:38 00:08:45.272					
Finish 00:09:22.724 9.9mph 06:02 00:18:07.996					
3	377	DANIEL HURLEY	00:18:22	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:08:55.257 10.4mph 05:44 00:08:55.257					
Finish 00:09:27.469 9.9mph 06:05 00:18:22.726					

Overall Female Runner

Place	Bib #	Name	Time	Type	City
1	332	MIA BUKOWSKI	00:22:29	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:10:54.038 8.6mph 07:01 00:10:54.038					
Finish 00:11:35.564 8.0mph 07:27 00:22:29.602					
2	380	PHILOMENA KAY	00:22:47	.	Catlett
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:09.250 8.4mph 07:10 00:11:09.250					
Finish 00:11:38.047 8.0mph 07:29 00:22:47.297					
3	416	REGINA PENNEFATHER	00:22:47	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:18.768 8.2mph 07:16 00:11:18.768					
Finish 00:11:28.908 8.1mph 07:23 00:22:47.676					

Male 9 & Under

Place	Bib #	Name	Time	Type	City
1	406	BRUNO MENKE	00:22:51	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:05.049 8.4mph 07:08 00:11:05.049					
Finish 00:11:46.394 7.9mph 07:34 00:22:51.443					
2	314	THOMAS BAILEY	00:23:29	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:24.701 8.2mph 07:20 00:11:24.701					
Finish 00:12:04.602 7.7mph 07:46 00:23:29.303					

Female 9 & Under

Place	Bib #	Name	Time	Type	City
1	393	CAMILLE KRAMER	00:28:35	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:13:50.402 6.7mph 08:54 00:13:50.402					
Finish 00:14:45.209 6.3mph 09:29 00:28:35.611					
2	373	EVELYN HOWELL	00:33:23	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:15:51.944 5.9mph 10:12 00:15:51.944					
Finish 00:17:31.450 5.3mph 11:16 00:33:23.394					

Male 10 - 12

Place	Bib #	Name	Time	Type	City
1	481	QUINTIN DALY	00:21:45	.	
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:10:53.493 8.6mph 07:00 00:10:53.493					
Finish 00:10:51.974 8.6mph 06:59 00:21:45.467					
2	396	JUDE LEFFAS	00:21:51	.	Fairfax
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:09:31.798 9.8mph 06:08 00:09:31.798					
Finish 00:12:19.525 7.6mph 07:56 00:21:51.323					

Female 10 - 12

Place	Bib #	Name	Time	Type	City
1	356	MARY FRANCIS	00:24:20	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:45.701 7.9mph 07:34 00:11:45.701					
Finish 00:12:34.796 7.4mph 08:05 00:24:20.497					
2	383	MARIAN KAY	00:24:37	.	Catlett
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:12:01.338 7.8mph 07:44 00:12:01.338					
Finish 00:12:36.129 7.4mph 08:06 00:24:37.467					

Male 13 - 15

Place	Bib #	Name	Time	Type	City
1	446	WILLIAM SHEEDY	00:19:09	.	Warrenton
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:09:16.254 10.1mph 05:58 00:09:16.254					
Finish 00:09:52.804 9.4mph 06:21 00:19:09.058					
2	443	GREYSON SHAMBAUGH	00:19:14	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:09:27.806 9.8mph 06:05 00:09:27.806					
Finish 00:09:46.530 9.5mph 06:17 00:19:14.336					

Female 13 - 15

Place	Bib #	Name	Time	Type	City
1	382	CLARE KAY	00:23:47	.	Catlett
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:09.151 8.4mph 07:10 00:11:09.151					
Finish 00:12:38.738 7.4mph 08:08 00:23:47.889					
2	447	RITA SHEEDY	00:24:48	.	Warrenton
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:12:07.822 7.7mph 07:48 00:12:07.822					
Finish 00:12:40.614 7.4mph 08:09 00:24:48.436					

Male 16 - 19

Place	Bib #	Name	Time	Type	City
1	355	GABRIEL DWANE	00:19:44	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:09:30.485 9.8mph 06:07 00:09:30.485					
Finish 00:10:13.823 9.1mph 06:35 00:19:44.308					
2	445	KEVIN SHEEDY	00:21:01	.	Warrenton
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:09:58.009 9.4mph 06:24 00:09:58.009					
Finish 00:11:03.836 8.4mph 07:07 00:21:01.845					

Female 16 - 19

Place	Bib #	Name	Time	Type	City
1	389	CORA KRAMER	00:23:36	.	Manassas
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:28.365 8.1mph 07:23 00:11:28.365					
Finish 00:12:07.812 7.7mph 07:48 00:23:36.177					
2	463	BARBARA WOLTERING	00:25:01	.	Marshall
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
2500 00:11:53.986 7.8mph 07:39 00:11:53.986					
Finish 00:13:07.075 7.1mph 08:26 00:25:01.061					

2025 HFA Memorial 5k

Female 20 - 29

Place	Bib #	Name	Time	Type	City
1	349	MONICA CONROY	00:26:19	.	Manassas
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:13:06.430 7.1mph 08:26 00:13:06.430 Finish 00:13:13.319 7.0mph 08:30 00:26:19.749 </div>					
2	418	ANN PENNEFATHER	00:27:33	.	Manassas
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:14:05.073 6.6mph 09:04 00:14:05.073 Finish 00:13:27.953 6.9mph 08:40 00:27:33.026 </div>					

Male 30 - 39

Place	Bib #	Name	Time	Type	City
1	459	TIMOTHY VANDER WOUDE	00:19:02	.	Nokesville
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:09:19.381 10.0mph 06:00 00:09:19.381 Finish 00:09:43.126 9.6mph 06:15 00:19:02.507 </div>					
2	470	CHRIS AUDINO	00:20:06	.	
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:09:21.946 10.0mph 06:01 00:09:21.946 Finish 00:10:44.543 8.7mph 06:54 00:20:06.489 </div>					

Female 30 - 39

Place	Bib #	Name	Time	Type	City
1	457	ELIZABETH TATE	00:26:04	.	Nokesville
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:13:07.336 7.1mph 08:26 00:13:07.336 Finish 00:12:57.462 7.2mph 08:20 00:26:04.798 </div>					
2	386	THERESA KOSSEY	00:37:34	.	Fairfax
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:17:36.384 5.3mph 11:20 00:17:36.384 Finish 00:19:58.310 4.7mph 12:51 00:37:34.694 </div>					

Male 40 - 49

Place	Bib #	Name	Time	Type	City
1	351	MICHAEL CROSON	00:22:51	.	Manassas
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:11:17.027 8.3mph 07:15 00:11:17.027 Finish 00:11:34.344 8.1mph 07:26 00:22:51.371 </div>					
2	451	BRIG SLOCUM	00:23:55	.	Manassas
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:12:11.028 7.6mph 07:50 00:12:11.028 Finish 00:11:44.329 7.9mph 07:33 00:23:55.357 </div>					

Female 40 - 49

Place	Bib #	Name	Time	Type	City
1	353	MELANIE DUCHATEAU	00:30:44	.	Woodbridge
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:15:08.252 6.2mph 09:44 00:15:08.252 Finish 00:15:36.164 6.0mph 10:02 00:30:44.416 </div>					

Male 50 - 59

Place	Bib #	Name	Time	Type	City
1	492	BRENT SCOTT	00:22:12	.	Manassas
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:10:54.075 8.6mph 07:01 00:10:54.075 Finish 00:11:18.451 8.2mph 07:16 00:22:12.526 </div>					
2	456	RICK STOREY	00:25:24	.	Warrenton
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:12:43.754 7.3mph 08:11 00:12:43.754 Finish 00:12:40.911 7.3mph 08:09 00:25:24.665 </div>					

Female 50 - 59

Place	Bib #	Name	Time	Type	City
1	417	DEIRDRE PENNEFATHER	00:29:15	.	Manassas
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:14:38.089 6.4mph 09:25 00:14:38.089 Finish 00:14:37.879 6.4mph 09:25 00:29:15.968 </div>					

Female 60 & Over

Place	Bib #	Name	Time	Type	City
1	369	BARBARA HEALY	00:37:34	.	Reston
<div> <div><u>Split Description</u></div> <div><u>Split Times</u></div> <div><u>Speed</u></div> <div><u>Pace</u></div> <div><u>Cumulative</u></div> </div> <div> 2500 00:17:36.612 5.3mph 11:20 00:17:36.612 Finish 00:19:57.865 4.7mph 12:51 00:37:34.477 </div>					