

Conference Carolinas Indoor T&F Championships - 2/23/2025 to 2/24/2025

JDL Fast Track

Results

Men 60 M

Facility: 6.61 \$ 2016 R Gittens/S McLean
College: 6.62 # 3/5/2016 Keitavious Walter
Conference: 6.68 € 2020 JJ Sherman
Meet: 6.73 @ 2017 Marquett Simmons, Jr.

Name	School	Prelims
Preliminaries		
1 Bomar, Dorian	Converse	6.77Q
2 Gibson, Dedric	Shorter	6.79Q
3 Cox, Zephaniah	Converse	6.82Q
4 Morrow, Travon	Unc Pembroke	6.83Q
5 Davis, Devron	Converse	6.81q
6 Bobbitt, Jordan	Barton	6.84q
7 Lee, Jaidan	Barton	6.86q
8 Mcfadden, Gavin	Converse	6.86q
9 Dawson, Daniel	Unc Pembroke	6.88
10 Stevens, Dominick	King	6.90
11 Johnson, Lynden	King	6.90
12 Brooks, Braylon	Unc Pembroke	6.93
13 McKinney, Calen	Unc Pembroke	6.94
14 Scott, Cameron	Emmanuel	6.94
15 Pevia, Jacoby	Mount Olive	6.95
16 Glover, Jamavie	Mount Olive	6.95
17 Smith, Leland	Mount Olive	6.97
18 Ranieri, Camden	Converse	7.02
19 Kinard, Savion	Mount Olive	7.02
20 Hayes, Mekhi	Unc Pembroke	7.05
21 Hart, Jason	Mount Olive	7.06
22 White, Zyshone	Mount Olive	7.09
23 Walker, Cameron	Barton	7.12
24 Button, Halen	Erskine	7.22
25 Flores, Gavin	Belmont Abbey	7.30
26 White, Joshua	N. Greenville	7.37
27 Gaskin, Aziah	So. Wesleyan	7.42
28 Broom, Jaryd	Lees-McRae	7.53

Men 200 M

Facility: 21.08 \$ 3/15/2014 Lamar Hargrove
College: 21.08 # 3/15/2014 Lamar Hargrove
Conference: 21.27 € 2017 Marquett Simmons, Jr.
Meet: 21.65 @ 2017 Marquett Simmons, Jr.

Name	School	Prelims
Preliminaries		
1 Hayes, Mekhi	Unc Pembroke	@ 21.59q
2 Mcfadden, Gavin	Converse	21.78q
3 Davis, Devron	Converse	22.00q
4 Cox, Zephaniah	Converse	22.04q
5 Lee, Jaidan	Barton	22.07q
6 Bomar, Dorian	Converse	22.08q
7 Morrow, Travon	Unc Pembroke	22.09q
8 Purcell, Marcus	Emmanuel	22.10q
9 Hart, Jason	Mount Olive	22.15
10 Bobbitt, Jordan	Barton	22.29

11 Stevens, Dominick	King	22.37
12 Hines, Jeremiah	Belmont Abbey	22.40
13 Leach, Travelius	Mount Olive	22.44
14 McKinney, Calen	Unc Pembroke	22.44
15 Pevia, Jacoby	Mount Olive	22.46
16 Ingle, Tayshawn	Belmont Abbey	22.65
17 Brooks, Braylon	Unc Pembroke	22.72
18 Coleman, Garison	Belmont Abbey	22.72
19 Gibson, Dedric	Shorter	22.81
20 Breckenridge, Donovan	Shorter	22.81
21 Johnson, Lynden	King	22.92
22 Crymes, Jon	Mount Olive	22.93
23 Lewis, Nickili	Emmanuel	23.04
24 Grant, Thomas	King	23.21
25 Warner, Jaden	So. Wesleyan	23.23
26 Roy, Nic	Erskine	24.04
27 Bankole, Tayo	Lees-McRae	25.31

Men 400 M

Facility: 46.81 \$ 2/25/2012 Dane Hyatt
College: 47.24 # 2/25/2012 Josh Edmonds
Conference: 48.02 € 2019 Ethan Morrison
Meet: 48.40 @ 2021 Sulaimane Bangura

Name	School	Prelims
Preliminaries		
1 Lewis, Nickili	Emmanuel	49.66q
2 Hines, Jeremiah	Belmont Abbey	49.96q
3 Saul, Brian	Mount Olive	50.13q
4 Leach, Travelius	Mount Olive	50.52q
5 Purcell, Marcus	Emmanuel	50.53q
6 Jefferson, Nick	Erskine	50.54q
7 Crymes, Jon	Mount Olive	50.68q
8 Coleman, Garison	Belmont Abbey	50.70q
9 Coleman, Jesse	Belmont Abbey	50.81
10 Townes, Sean	Unc Pembroke	50.84
11 Glenn, Ryan	Converse	50.86
12 Breckenridge, Donovan	Shorter	50.96
13 Copper, Justin	Barton	51.13
14 White, Denard	Converse	51.19
15 Henfield, Matthew	King	51.39
16 Nixon, Andrew	Mount Olive	51.43
17 Jackson, Na'Jay	Barton	53.37
18 Gilmore, Isaac	Converse	53.46
19 Buchanan, Octavious	Shorter	53.50
20 Kearney, Jaedon	Unc Pembroke	1:01.44
--- Gaskin, Aziah	So. Wesleyan	DNF
--- Broom, Jaryd	Lees-McRae	DNF

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Men 5000 M

Facility: 13:35.64 \$ 2/24/2022 Athanas Kioko

College: 13:35.64 # 2/24/2022 Athanas Kioko

Conference: 13:55.27 € 2008 Daniel Kanyaruhuru

Meet: 14:17.89 @ 2/20/2022 Joshua Chepkosir

Name	School	Finals	
Finals			
1	O'Neill, Ronan	So. Wesleyan	14:42.81 10
2	Junker, Norman	Unc Pembroke	14:52.65 8
3	Reyna, Isaac	Lees-McRae	15:23.03 6
4	Kibet, Kelvin	Unc Pembroke	15:26.70 5
5	Porter, Alex	Converse	15:30.36 4
6	Kigen, Antony	Unc Pembroke	15:32.85 3
7	Phieffer, Jack	Unc Pembroke	15:35.33 2
8	Geckler, Max	Lees-McRae	15:36.35 1
9	Robertson, Conrad	Unc Pembroke	15:39.46
10	King, Liam	Young Harris	15:43.62
11	Figgins, Brayden	Young Harris	15:46.13
12	Coffman, Dominic	Belmont Abbey	15:47.00
13	Kilpatrick, Sean	King	16:04.53
14	Heath, Matthew	N. Greenville	16:08.46
15	Wright, Jaxon	Converse	16:19.97
16	Gamwell, Nolan	Barton	16:21.66
17	Hall, Evan	Mount Olive	16:25.74
18	Ruiz Barreda, Marti	Converse	16:28.02
19	Penland, Matthew	Erskine	16:29.27
20	Honeycutt, Matthew	Young Harris	16:36.38
---	Flores, Alain	Converse	DNF

Men 60 M Hurdles

Facility: 7.55 \$ 1/31/2015 Aleec Harris

College: 7.63 # 2/4/2017 Michael Dickson

Conference: 7.77 € 2017 Marshawn Scott

Meet: 7.77 @ 2017 Marshawn Scott

Name	School	Prelims
Preliminaries		
1	Callahan, Tayvon	Unc Pembroke 8.07Q
2	Tibolla, Nick	Converse 8.24Q
3	Thomas, Dre'Kevan	Converse 8.14Q
4	Gulapa, Joshua	Belmont Abbey 8.34Q
5	Lea, Happy	So. Wesleyan 8.35q
6	Thompson, Ayden	Belmont Abbey 8.56q
7	Battle, Justin	Unc Pembroke 8.59q
8	Pineda, Eliezer	Unc Pembroke 8.63q
9	Medley, Donald	Converse 8.66
10	Pearsall, Julian	Barton 8.99
11	Oxendine, Emanuel	Mount Olive 9.12
12	Carter, Johnny	Emmanuel 9.22
13	Davis, Alex	Emmanuel 9.32
14	Richardson, Landon	Shorter 9.33
15	Carter, Nolen	King 11.09

Men Distance Medley

Facility: 9:32.96 \$ 2/18/2022

Fleming, Sapp, Anthony, Lopez Segura

College: 9:32.96 # 2/18/2022

Fleming, Sapp, Anthony, Lopez Segura

Conference: 9:51.17 € 2012

Watson, Steutzel, Crouch, Mwangi

Meet: 10:16.13 @ 2/18/2024 Southern Wesleyan

G Clark, J Warner, E Marchman, D Jones

Team	Relay	Finals
Finals		
1	Southern Wesleyan	A 10:19.53 10
	1) Clark, Grady	2) Marchman, Ethan
	3) Scruggs, Dustyn	4) Jones, Drew
2	Lees-McRae	A 10:22.81 8
	1) Pierce, Brennen	2) Scott, Lodrick
	3) Gillis, Joshua	4) Freeman, Rien
3	Converse	A 10:31.82 6
	1) Vera Molerres, Ander	2) Joe, Jacob
	3) Carver, Zackery	4) Rios Brena, Luis
4	Belmont Abbey	A 10:33.13 5
	1) Willett, Adam	2) McGroarty, Jude
	3) Hetzel, John	4) Hubbard, Clinton
5	North Greenville	A 10:40.78 4
	1) Cox, Dominique	2) White, Mason
	3) Jaminet, Ben	4) Schilling, Thomas
6	Mount Olive	A 10:43.74 3
	1) Meltsaiev, Artem	2) Dixon, Jakaii
	3) Tanui, Titus	4) Tsegay, Aman
7	Unc Pembroke	A 10:47.26 2
	1) Kigen, Antony	2) Todd, Sean
	3) Nervo, Lucas	4) Jimenez, Ryan
8	King	A 10:52.12 1
	1) Utsey, Spencer	2) Carr, Ben
	3) Hatcher, Lance	4) Kilpatrick, Sean
9	Young Harris	A 11:07.31
	1) Holland, Ryder	2) Scheuer, Noah
	3) Dezwart, Austin	4) Potter, Alexander
10	Erskine	A 11:14.77
	1) Wines, Colby	2) Roy, Nic
	3) Edwards, Parker	4) Tejado, Ekaitz
11	Shorter	A 11:35.43
	1) Kipkosgei, Brian	2) Jarvis, Chase
	3) Blount, Erin	4) Otero Lado, Fernando

Men Pole Vault

Facility: 5.51m \$ 2/18/2023 Keon Howe

College: 5.35m # 12/8/2019 Keon Howe

Conference: 5.05m € 2013 Evan Webb

Meet: 4.70m @ 2013 Evan Webb

Name	School	Finals
Finals		
1	Hay, Kelly	Belmont Abbey 4.85m@ 10
2	Thomas, Cole	Unc Pembroke 4.48m 8
3	Barnette, Elijah	Unc Pembroke 3.88m 6
4	Fulmer, Grayson	N. Greenville J3.88m 5

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Finals ... (Men Pole Vault)

Name	School	Finals	
5 Brown, Trent	Unc Pembroke	3.73m	4
6 Hunley, Ryland	Young Harris	3.58m	3
7 Albury, Anderson	Belmont Abbey	3.28m	2
--- Rosson, Nathan	King	NH	

Men Long Jump

Facility: 7.81m \$ 11/16/2013 Mikese Morse

College: 7.76m # 2/21/2014 Andre Dorsey

Conference: 7.69m € 2019 Lawrence Russell, Jr.

Meet: 7.63m @ 2018 Lawrence Russell, Jr.

Name	School	Finals	
1 Gamble, Kaden	Converse	7.17m	10
2 Belton, Omarion	Converse	7.12m	8
3 Gooding-Williams, Dayzhaun	Belmont Abbey	6.86m	6
4 Pender, Andrew	Mount Olive	6.81m	5
5 Ranieri, Camden	Converse	6.62m	4
6 Davis, Albert	Belmont Abbey	J6.62m	3
7 Anagnostopoulos, Chris	Erskine	6.61m	2
8 Wilson-McCoy, Ryan	Mount Olive	6.58m	1
9 Smith, Leland	Mount Olive	6.56m	
10 Wright, Donavan	Emmanuel	6.48m	
11 Pauling, Justin	N. Greenville	6.45m	
12 McKenzie, Matthew	Emmanuel	6.42m	
13 Coleman, Sekani	Belmont Abbey	6.28m	
14 Fontaine, Braxton	Barton	6.26m	
15 Mccrary, Lanear	Shorter	6.25m	
16 Bonds, Mackey	King	6.13m	
17 Loch, Princeton	Mount Olive	6.06m	
18 Fadipe, Wonderful	Mount Olive	5.99m	
19 Marks, Brendin	Mount Olive	5.97m	
20 Elmer, Orrin	Lees-McRae	5.92m	
21 Carmack, Zaccheaus	Barton	5.85m	
22 Fedelus, Zach	Mount Olive	4.51m	
--- Mason, Caleb	Unc Pembroke	FOUL	

Men Weight Throw

Facility: 23.24m \$ 12/2/2017 Josh Davis

College: 23.24m # 12/2/2017 Josh Davis

Conference: 19.49m € 2022 Jon Wojcuich

Meet: 18.57m @ 2/18/2024 Alex Smith-Forte

Name	School	Finals	
1 Parker, Gary	Unc Pembroke	17.51m	10
2 Bass, Caleb	Mount Olive	17.28m	8
3 Heywood, Matthew	Mount Olive	16.84m	6
4 King, Antoine	Unc Pembroke	16.20m	5
5 Noble, Amari	Mount Olive	16.03m	4
6 Lavender, Tyrese	Mount Olive	15.80m	3
7 Harrison, Micah	Mount Olive	15.64m	2
8 Campbell, Taylor	N. Greenville	15.56m	1
9 Robertson, Jerry	Erskine	15.13m	
10 Turner, Adam	Mount Olive	14.73m	
11 Cisse, Abdul	Unc Pembroke	14.55m	

12 Hemphill, Aubrey	Converse	14.29m
13 Belcher, Andrew	Lees-McRae	13.95m
14 Cloud, Nic	Mount Olive	13.51m
15 Powers, Davis	Belmont Abbey	13.12m
16 Drye Jr, Darion	Barton	13.11m
17 Furlough, Nate	Mount Olive	13.08m
18 Crowe, Bailey	N. Greenville	12.94m
19 Durbin, JJ	Mount Olive	12.83m
20 Owens, Jesse	King	12.24m
21 Smith, Daevoohn	Unc Pembroke	11.92m

Heptathlon: #1 Men 60 M Heptathlon

Name	School	Finals	
1 Gulapa, Joshua	Belmont Abbey	7.21	809
2 Hunley, Ryland	Young Harris	7.35	762
3 Brown, Trent	Unc Pembroke	7.43	736
4 Caggins, Antonio	Belmont Abbey	7.46	726

Heptathlon: #4 Men High Jump Heptathlon

Name	School	Finals	
1 Gulapa, Joshua	Belmont Abbey	1.87m	687
2 Hunley, Ryland	Young Harris	1.84m	661
3 Brown, Trent	Unc Pembroke	1.72m	560
4 Caggins, Antonio	Belmont Abbey	1.63m	488

Heptathlon: #2 Men Long Jump Heptathlon

Name	School	Finals	
1 Hunley, Ryland	Young Harris	6.21m	632
2 Gulapa, Joshua	Belmont Abbey	6.11m	610
3 Brown, Trent	Unc Pembroke	6.00m	587
4 Caggins, Antonio	Belmont Abbey	5.44m	469

Heptathlon: #3 Men Shot Put Heptathlon

Name	School	Finals	
1 Gulapa, Joshua	Belmont Abbey	10.03m	487
2 Brown, Trent	Unc Pembroke	9.32m	445
3 Hunley, Ryland	Young Harris	9.06m	429
4 Caggins, Antonio	Belmont Abbey	7.36m	328

Men Heptathlon

Facility: 5765 \$ 3/15/2014 Nick Lebron

College: 5765 # 3/15/2014 Nick Lebron

Name	School	Finals
1 Gulapa, Joshua	Belmont Abbey	2593
2 Hunley, Ryland	Young Harris	2484
3 Brown, Trent	Unc Pembroke	2328
4 Caggins, Antonio	Belmont Abbey	2011

Men - Team Rankings - 5 Events Scored

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Results

1) UNC Pembroke	53
2) Mount Olive	32
2) Converse	32
4) Belmont Abbey	26
5) Southern Wesleyan	20
6) Lees-McRae	15
7) North Greenville	10
8) Young Harris	3
9) Erskine	2
10) King	1