

Washington and Lee Carnival - 3/21/2025 to 3/22/2025

Washington and Lee University

Results

Women 100 Meter Dash

Name	School	Finals
Finals		
1	Buckles, Jade	Bridgewater 12.43 -0.5
2	Wallace, Summer	Bridgewater 12.78 -0.5
3	Dove, Gabrielle	St. Vincent 12.83 -0.1
4	Turner, Rylee	Lynchburg 12.84 -0.5
5	Iglesias, Gianna	Misericordia 13.02 NWI
6	Samuel, Jesikah	Muskingum 13.09 -0.1
7	Friedman, Riley	Case Western 13.17 NWI
8	Molina-Shuman, Maryrose	Roanoke 13.25 NWI
9	Hunt, Maia	Southern Vir 13.26 -0.1
10	Ladner, Ophelia	Roanoke 13.27 NWI
11	Gore, Ivy	Washington a 13.28 -0.1
12	Fox, Kenna	Roanoke 13.29 -0.5
13	Hawkins, Ilana	Marymount (V) 13.37 -0.2
14	Kaufman, Mea	Muskingum 13.45 -0.2
15	Parker, Selah	Lynchburg 13.59 -0.1
16	Saleem, Lalah	Case Western 13.64 -0.1
17	Crigger, Olivia	Bridgewater 13.64 -0.2
18	Viers, Olivia	Roanoke 13.66 NWI
19	Krevey, Emily	Misericordia 13.67 NWI
20	Kane, Amanda	St. Vincent 13.75 -0.2
21	Grinnell, Jacquelynn	Muskingum 13.82 NWI
22	Schmincke, Hannah	Lynchburg 13.83 NWI
23	Atwood, Abby	Eastern Menn 13.86 -0.2
24	Walter, Megan	Bridgewater 13.87 -0.2
25	Boyd, Nia	Eastern Menn 13.92 -0.1
26	Winston, Cammi	Roanoke 14.04 -0.5
27	Jones, Teasia	Muskingum 14.11 -0.1
28	Aber, Emerson	Marymount (V) 14.12 -0.1
29	Mihalko, Natasha	Misericordia 14.21 -0.1
30	Walton, Emily	Case Western 14.24 -0.1
31	Bunting, Liberty	Muskingum 14.35 -0.1
32	Condra, Adelle	Hollins 14.43 -0.2
33	Gerhart, Kendall	Misericordia 14.45 -0.1
34	Carpenter, Cynthia	Misericordia 14.52 -0.1
35	Grasso, Mary	Misericordia 14.56 -0.1
36	Straub, Samantha	St. Vincent 14.80 -0.2

Women 200 Meter Dash

Name	School	Finals
Finals		
1	Buckles, Jade	Bridgewater 25.41 -2.1
2	Wallace, Summer	Bridgewater 25.63 -2.1
3	Evans, Jesma	Washington a 25.87 -0.2
4	Versen, Lilly	Washington a 25.91 -0.2
5	D'Ambrosia, Ashley	Washington a 26.02 -2.1
6	Hawkins, Ilana	Marymount (V) 26.04 -2.1
7	Turner, Rylee	Lynchburg 26.09 -2.1
8	Friedman, Riley	Case Western 26.51 -0.2
9	Iglesias, Gianna	Misericordia 26.78 NWI
10	Bates, Olivia	Bridgewater 27.00 -0.2
11	Dove, Gabrielle	St. Vincent 27.01 2.0
12	Kannenberg, Siena	Case Western 27.18 0.5

13	Sutliff, Annabelle	Washington a 27.38 NWI
14	Wallace, Averi	Muskingum 27.41 -0.2
15	Krevey, Emily	Misericordia 27.47 NWI
16	Hodneland, Ana	Washington a 27.48 2.0
17	Samuel, Jesikah	Muskingum 27.50 -2.3
18	Kaufman, Mea	Muskingum 27.54 0.5
19	Walter, Megan	Bridgewater 27.65 2.0
20	Taylor, Melanie	Case Western 27.73 0.5
21	D'Ambrosia, Olivia	Washington a 27.81 2.0
22	Fox, Kenna	Roanoke 27.86 NWI
23	Hunt, Maia	Southern Vir 27.98 -2.0
24	David, Angel	Eastern Menn 28.06 -2.3
25	Crigger, Olivia	Bridgewater 28.09 -2.3
26	Saleem, Lalah	Case Western 28.09 -2.3
27	Kane, Amanda	St. Vincent 28.10 0.5
28	Bunting, Liberty	Muskingum 28.12 2.0
29	Walton, Emily	Case Western 28.98 -2.3
30	Grinnell, Jacquelynn	Muskingum 28.98 -2.3
31	Grasso, Mary	Misericordia 29.01 -2.3
32	Little, Samaria	Lynchburg 29.01 -2.3
33	Showers, Kasi	Bridgewater 29.10 -2.3
34	Boyd, Nia	Eastern Menn 29.10 -2.0
35	Andreasik, Genna	Lynchburg 29.13 -2.3
36	Conti, Abigail	Misericordia 29.15 0.5
37	Schmincke, Hannah	Lynchburg 29.27 -2.3
38	Aber, Emerson	Marymount (V) 29.27 -2.0
39	Keylor, Emily	Muskingum 29.40 -2.3
40	Gerhart, Kendall	Misericordia 29.51 -2.3
41	Smith, Cadence	St. Vincent 29.69 -2.0
42	Carpenter, Cynthia	Misericordia 29.73 -2.0
43	Joseph, Destiny	Bridgewater 29.76 -2.3
44	Matthews, Hailey	Southern Vir 29.81 -2.3
45	Auman, Kiersten	St. Vincent 30.16 -2.0

Women 400 Meter Dash

Name	School	Finals
Finals		
1	Patterson, Jazmine	Hollins 59.87
2	Molina-Shuman, Maryrose	Roanoke 1:00.15
3	Cincotta, Miranda	St. Vincent 1:00.28
4	Wallace, Averi	Muskingum 1:00.51
5	Morningstar, Grace	Misericordia 1:01.26
6	Kannenberg, Siena	Case Western 1:01.66
7	Doyle, Cara	Misericordia 1:01.85
8	Graziano, Lucie	Washington a 1:02.48
9	Little, Samaria	Lynchburg 1:03.31
10	Petrucelli, Sofia	Washington a 1:03.59
11	Keylor, Emily	Muskingum 1:03.98
12	Andreasik, Genna	Lynchburg 1:06.37
13	Matthews, Hailey	Southern Vir 1:07.89
14	Seibert, Maura	Muskingum 1:08.41
15	Smith, Cadence	St. Vincent 1:08.67

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Women 800 Meter Run

Name	School	Finals
Finals		
1 Edwards, Hannah	Lynchburg	2:19.55
1:08.110 (1:08.110)		
2 Hluck, Julia	Case Western	2:20.91
1:09.952 (1:09.952)		
3 Drumm, Courtney	Lynchburg	2:21.23
1:07.849 (1:07.849)		
4 Kammer, Madison	Misericordia	2:22.18
1:10.650 (1:10.650)		
5 Neubert, Grace	St. Vincent	2:22.56
1:10.432 (1:10.432)		
6 Taylor, Melanie	Case Western	2:23.41
1:10.207 (1:10.207)		
7 Wagner, Brianna	Misericordia	2:23.78
1:10.338 (1:10.338)		
8 Wimmer, Megan	Bridgewater	2:24.48
1:12.780 (1:12.780) 2:24.471 (1:11.691)		
9 Walko, Julia	Case Western	2:25.79
1:12.684 (1:12.684) 2:25.782 (1:13.098)		
10 Luczak, Brenna	Washington a	2:25.90
1:10.889 (1:10.889)		
11 Murphy, Lily	St. Vincent	2:26.39
1:12.495 (1:12.495) 2:26.382 (1:13.887)		
12 Cantey, Nadira	Roanoke	2:27.39
1:12.616 (1:12.616) 2:27.388 (1:14.772)		
13 Derry, Abigail	Muskingum	2:27.58
1:10.369 (1:10.369)		
14 Barton, Heidi	Southern Vir	2:29.52
1:10.256 (1:10.256)		
15 Fleschut, Madison	Misericordia	2:29.61
1:12.961 (1:12.961) 2:29.609 (1:16.648)		
16 Dalebout, Lilly	Southern Vir	2:31.20
1:14.417 (1:14.417) 2:31.191 (1:16.774)		
17 Walley, Izzy	Southern Vir	2:32.98
1:13.709 (1:13.709)		
18 Snyder, Isabella	St. Vincent	2:33.53
1:14.875 (1:14.875) 2:33.529 (1:18.654)		
19 Reid, Savannah	Roanoke	2:34.38
1:14.436 (1:14.436) 2:34.378 (1:19.942)		
20 De Souza, Jasmine	Southern Vir	2:34.85
1:14.679 (1:14.679)		
21 Lovan, Olivia	Washington a	2:36.63
1:15.046 (1:15.046)		
22 Beebe, Kayla	Misericordia	2:36.64
1:12.931 (1:12.931)		
23 Hughes, Abby	Marymount (V)	2:37.12
1:13.617 (1:13.617) 2:37.114 (1:23.497)		
24 Scoville, Grace	St. Vincent	2:38.93
1:16.846 (1:16.846)		
25 Grimm, Teresa	St. Vincent	2:42.04
1:14.656 (1:14.656)		
26 Magee, Evelyn	Roanoke	2:42.07
1:15.661 (1:15.661) 2:42.062 (1:26.401)		

27 Keefer, Evelyn	Hollins	2:43.36
1:17.619 (1:17.619)		
28 Bennett, Ashley	Mary Baldwin	2:45.78
1:18.312 (1:18.312)		
29 Farrer, Ella	Misericordia	2:47.77
1:20.289 (1:20.289)		
30 Downer, Rowan	Mary Baldwin	2:51.63
1:19.650 (1:19.650)		
31 Dellacorte, Elizabeth	Marymount (V)	2:52.14
1:23.625 (1:23.625)		
32 McElfresh, Elizabeth	Roanoke	2:56.04
1:23.040 (1:23.040)		
33 Weirsky, Gabrielle	Marymount (V)	3:02.07
1:24.803 (1:24.803) 3:02.068 (1:37.265)		
34 Guillet, Sylvia	Hollins	3:11.62
1:33.824 (1:33.824) 3:11.613 (1:37.789)		
35 Inofuente, Sheyla	Marymount (V)	3:13.75
1:27.319 (1:27.319) 3:13.742 (1:46.423)		
--- Holbrook, Arianna	Case Western	DNF
1:08.789 (1:08.789)		

Women 1500 Meter Run Unseeded

Name	School	Finals
Finals		
1 Gardner, Charlotte	Washington a	5:00.42
58.235 (58.235) 2:19.970 (1:21.735) 3:43.158 (1:23.189)		
2 Smith, Lane	Washington a	5:06.56
58.802 (58.802) 2:21.062 (1:22.260) 3:46.081 (1:25.019)		
3 Walko, Julia	Case Western	5:09.63
59.342 (59.342) 2:21.556 (1:22.214) 3:45.766 (1:24.210)		
4 Kowkabany, Hannah	Washington a	5:10.87
59.025 (59.025) 2:21.412 (1:22.388) 3:48.360 (1:26.948)		
5 Gallaher, Allie	Roanoke	5:11.65
58.606 (58.606) 2:21.386 (1:22.780) 3:48.116 (1:26.730)		
6 Motley, Caroline	Mary Baldwin	5:12.89
58.001 (58.001) 2:20.678 (1:22.678) 3:47.262 (1:26.584)		
7 Petrucelli, Sofia	Washington a	5:13.04
58.490 (58.490) 2:21.007 (1:22.518) 3:48.388 (1:27.382)		
8 Scoville, Grace	St. Vincent	5:13.40
59.082 (59.082) 2:22.462 (1:23.380) 3:49.918 (1:27.457)		
9 Snyder, Isabella	St. Vincent	5:17.78
1:00.879 (1:00.879) 2:26.388 (1:25.509) 3:53.468 (1:27.080)		
10 Lovan, Olivia	Washington a	5:19.22
59.487 (59.487) 2:21.303 (1:21.817) 3:47.978 (1:26.675)		
11 Fleschut, Madison	Misericordia	5:21.17
1:01.835 (1:01.835) 2:27.319 (1:25.484) 3:57.285 (1:29.967)		
12 Beebe, Kayla	Misericordia	5:22.03
59.235 (59.235) 2:22.728 (1:23.494) 3:50.562 (1:27.834)		
13 Pare, Madeleine	Marymount (V)	5:23.49
1:02.315 (1:02.315) 2:28.677 (1:26.362) 3:57.475 (1:28.799)		
14 De Souza, Jasmine	Southern Vir	5:26.91
1:00.715 (1:00.715) 2:27.022 (1:26.307) 3:57.974 (1:30.953)		
15 Hughes, Abby	Marymount (V)	5:28.56
1:03.199 (1:03.199) 2:31.474 (1:28.275) 4:00.908 (1:29.434)		
16 Magee, Evelyn	Roanoke	5:30.25
58.995 (58.995) 2:21.870 (1:22.875) 3:50.803 (1:28.934)		

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Results

Finals ... (Women 1500 Meter Run Unseeded)

Name	School	Finals
17 Kochanski, Sarah	Roanoke	5:31.94 1:00.035 (1:00.035) 2:27.820 (1:27.785) 4:01.480 (1:33.660)
18 Grimm, Teresa	St. Vincent	5:33.11 1:03.263 (1:03.263) 2:32.072 (1:28.809) 4:06.010 (1:33.939)
19 DeFelice, Alaina	Roanoke	5:34.26 1:02.713 (1:02.713) 2:33.714 (1:31.002) 4:08.403 (1:34.689)
20 Murray, Lauren	Roanoke	5:41.69 1:02.872 (1:02.872) 2:33.873 (1:31.002) 4:06.848 (1:32.975)
21 McElfresh, Elizabeth	Roanoke	5:55.68 1:04.149 (1:04.149) 2:41.907 (1:37.758) 4:22.784 (1:40.878)
22 Laudie, Amaura	Southern Vir	6:12.83 1:11.194 (1:11.194) 2:52.117 (1:40.923) 4:34.577 (1:42.460)
23 Hyder, Emma	St. Vincent	6:17.53 1:12.113 (1:12.113) 2:52.932 (1:40.819) 4:37.673 (1:44.742)

Women 1500 Meter Run Invite

Name	School	Finals
1 Barton, Heidi	Southern Vir	4:41.81 57.065 (57.065) 2:13.765 (1:16.700) 3:30.067 (1:16.303)
2 Mitchell, Emma	Washington a	4:43.56 57.167 (57.167) 2:14.370 (1:17.203) 3:30.667 (1:16.298)
3 Cincotta, Miranda	St. Vincent	4:48.21 56.921 (56.921) 2:14.748 (1:17.828) 3:32.055 (1:17.307)
4 Hluck, Julia	Case Western	4:49.32 57.466 (57.466) 2:16.607 (1:19.142) 3:34.392 (1:17.785)
5 Kemp, Mimi	Washington a	4:50.37 56.683 (56.683) 2:15.798 (1:19.115) 3:35.207 (1:19.409)
6 Brown, Reese	Washington a	4:51.20 57.345 (57.345) 2:16.037 (1:18.693) 3:34.897 (1:18.860)
7 Carpenter, Adelynn	Lynchburg	4:51.91 57.597 (57.597) 2:17.829 (1:20.232) 3:36.732 (1:18.904)
8 Luczak, Brenna	Washington a	4:52.04 57.169 (57.169) 2:17.087 (1:19.919) 3:36.555 (1:19.468)
9 Murphy, Lily	St. Vincent	4:54.67 57.946 (57.946) 2:17.030 (1:19.084) 3:35.791 (1:18.762)
10 Weaver, Jenna	Eastern Menn	4:55.59 57.470 (57.470) 2:18.386 (1:20.917) 3:40.076 (1:21.690)
11 Vera, Adia	Washington a	4:55.71 57.316 (57.316) 2:17.252 (1:19.937) 3:37.901 (1:20.649)
12 Gorsky, Mary	Washington a	4:55.95 56.822 (56.822) 2:16.337 (1:19.515) 3:36.070 (1:19.733)
13 Edwards, Hannah	Lynchburg	4:56.38 57.008 (57.008) 2:16.138 (1:19.130) 3:36.435 (1:20.297)
14 Lanza, Cassy	St. Vincent	4:56.50 58.644 (58.644) 2:19.692 (1:21.049) 3:39.245 (1:19.553)
15 Redd, Bayleigh	Southern Vir	4:57.07 57.540 (57.540) 2:16.353 (1:18.814) 3:37.926 (1:21.573)
16 Bush, Julie Anne	Washington a	5:01.83 57.819 (57.819) 2:17.837 (1:20.019) 3:38.236 (1:20.399)
17 Asefa, Elili	Eastern Menn	5:05.86 57.701 (57.701) 2:18.781 (1:21.080) 3:43.289 (1:24.508)
18 Sansbury, Emily	Washington a	5:07.27 57.776 (57.776) 2:17.497 (1:19.722) 3:42.270 (1:24.773)

19 Wimmer, Megan	Bridgewater	5:09.03 59.315 (59.315) 2:21.514 (1:22.199) 3:46.829 (1:25.315)
20 Baker, Mya	Lynchburg	5:10.03 58.985 (58.985) 2:20.797 (1:21.813) 3:46.505 (1:25.708)

Women 3000 Meter Run

Name	School	Finals
1 Lanza, Cassy	St. Vincent	11:07.57 43.856 (43.856) 2:11.349 (1:27.493) 3:39.396 (1:28.047) 5:07.163 (1:27.767) 6:35.563 (1:28.400) 8:04.935 (1:29.372) 9:38.608 (1:33.673) 11:07.568 (1:28.960)
2 Gallaher, Allie	Roanoke	11:49.02 44.220 (44.220) 2:12.649 (1:28.429) 3:43.774 (1:31.125) 5:16.914 (1:33.140) 6:55.369 (1:38.455) 8:35.618 (1:40.249) 10:15.559 (1:39.941) 11:49.019 (1:33.460)
3 Kochanski, Sarah	Roanoke	11:55.84 44.592 (44.592) 2:16.302 (1:31.710) 3:52.260 (1:35.958) 5:28.744 (1:36.484) 7:06.604 (1:37.860) 8:45.720 (1:39.116) 10:23.978 (1:38.258) 11:55.831 (1:31.853)
4 DeFelice, Alaina	Roanoke	12:12.57 48.015 (48.015) 2:24.533 (1:36.518) 4:01.473 (1:36.940) 5:39.704 (1:38.231) 7:17.766 (1:38.062) 8:58.350 (1:40.584) 10:39.333 (1:40.983) 12:12.563 (1:33.230)
5 Murray, Lauren	Roanoke	12:19.37 48.222 (48.222) 2:24.430 (1:36.208) 4:01.082 (1:36.652) 5:39.207 (1:38.125) 7:17.292 (1:38.085) 8:57.423 (1:40.131) 10:38.544 (1:41.121) 12:19.363 (1:40.819)
6 Rhyne, Madeleine	Roanoke	12:40.63 48.705 (48.705) 2:26.236 (1:37.531) 4:06.245 (1:40.009) 5:46.927 (1:40.682) 7:28.758 (1:41.831) 9:13.757 (1:44.999) 10:59.922 (1:46.165) 12:40.627 (1:40.705)
7 Laudie, Amaura	Southern Vir	13:24.63 49.325 (49.325) 2:38.924 (1:49.599) 4:30.079 (1:51.155) 6:22.189 (1:52.110) 8:09.306 (1:47.117) 9:56.327 (1:47.021) 11:42.334 (1:46.007) 13:24.622 (1:42.288)
8 McConville, Mary	St. Vincent	14:44.05 52.435 (52.435) 2:49.637 (1:57.202) 4:48.021 (1:58.384) 6:47.123 (1:59.102) 8:49.009 (2:01.886) 10:51.269 (2:02.260) 12:51.433 (2:00.164) 14:44.046 (1:52.613)

Women 5000 Meter Run Invite

Name	School	Finals
1 Breschi, Sophia	Washington a	17:28.24 41.448 (41.448) 2:06.264 (1:24.817) 3:30.740 (1:24.477) 4:55.259 (1:24.519) 6:19.665 (1:24.407) 7:41.500 (1:21.835) 9:03.043 (1:21.543) 10:24.204 (1:21.162) 11:47.852 (1:23.648) 13:12.873 (1:25.022) 14:38.615 (1:25.743) 16:05.499 (1:26.884)
2 Myers, Taylor	Bridgewater	17:33.36 41.930 (41.930) 2:06.700 (1:24.770) 3:30.970 (1:24.270) 4:55.578 (1:24.608) 6:20.085 (1:24.508) 7:44.469 (1:24.384) 9:10.037 (1:25.568) 10:35.349 (1:25.313) 12:01.200 (1:25.852) 13:26.483 (1:25.283) 14:51.563 (1:25.080) 16:16.085 (1:24.523)

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Results

Finals ... (Women 5000 Meter Run Invite)

Name	School	Finals
3 Wagner, Brianna	Misericordia	17:34.97
42.339 (42.339)	2:06.944 (1:24.605)	3:31.238 (1:24.294)
4:55.999 (1:24.762)	6:20.380 (1:24.382)	7:44.103 (1:23.723)
9:09.762 (1:25.659)	10:35.082 (1:25.320)	12:00.890 (1:25.809)
13:26.518 (1:25.628)	14:51.793 (1:25.275)	16:15.897 (1:24.104)
4 Gallagher, Grace	Misericordia	17:37.71
41.233 (41.233)	2:06.165 (1:24.933)	3:30.637 (1:24.472)
4:55.123 (1:24.487)	6:19.792 (1:24.669)	7:44.098 (1:24.307)
9:09.510 (1:25.413)	10:34.839 (1:25.329)	12:00.574 (1:25.735)
13:26.202 (1:25.628)	14:51.289 (1:25.088)	16:15.819 (1:24.530)
5 Neubert, Grace	St. Vincent	17:56.39
41.594 (41.594)	2:06.497 (1:24.903)	3:31.132 (1:24.635)
4:56.343 (1:25.212)	6:20.733 (1:24.390)	7:45.430 (1:24.698)
9:11.310 (1:25.880)	10:37.924 (1:26.614)	12:05.789 (1:27.865)
13:36.304 (1:30.515)	15:05.354 (1:29.050)	16:32.813 (1:27.459)
6 Kammer, Madison	Misericordia	18:03.12
43.163 (43.163)	2:12.018 (1:28.855)	3:39.767 (1:27.749)
5:06.580 (1:26.814)	6:33.452 (1:26.872)	8:00.324 (1:26.873)
9:27.340 (1:27.017)	10:54.539 (1:27.199)	12:22.887 (1:28.348)
13:50.748 (1:27.862)	15:18.783 (1:28.035)	16:44.467 (1:25.684)
7 Novak, Ashley	Case Western	18:03.80
41.982 (41.982)	2:06.813 (1:24.832)	3:31.355 (1:24.543)
4:55.922 (1:24.567)	6:20.583 (1:24.662)	7:47.228 (1:26.645)
9:15.475 (1:28.248)	10:44.743 (1:29.268)	12:14.570 (1:29.828)
13:44.428 (1:29.858)	15:11.922 (1:27.494)	16:39.814 (1:27.893)
8 Hamlet, Claire	Washington a	18:11.93
41.844 (41.844)	2:06.563 (1:24.719)	3:30.953 (1:24.390)
4:54.997 (1:24.044)	6:19.528 (1:24.532)	7:43.815 (1:24.288)
9:09.265 (1:25.450)	10:36.473 (1:27.208)	12:05.748 (1:29.275)
13:42.237 (1:36.489)	15:14.624 (1:32.388)	16:44.315 (1:29.692)
9 Saulsbury, Delaney	Lynchburg	18:16.26
43.129 (43.129)	2:11.829 (1:28.700)	3:40.150 (1:28.322)
5:06.719 (1:26.569)	6:33.629 (1:26.910)	8:00.594 (1:26.965)
9:27.639 (1:27.045)	10:54.887 (1:27.248)	12:23.170 (1:28.284)
13:51.484 (1:28.314)	15:21.534 (1:30.050)	16:51.353 (1:29.819)
10 Clodgo, Kristen	Washington a	18:34.42
43.598 (43.598)	2:11.618 (1:28.020)	3:40.043 (1:28.425)
5:07.064 (1:27.022)	6:35.665 (1:28.602)	8:05.245 (1:29.580)
9:35.704 (1:30.459)	11:05.625 (1:29.922)	12:36.873 (1:31.248)
14:08.775 (1:31.903)	15:41.057 (1:32.282)	17:11.660 (1:30.604)
11 Black, Nicky	Mary Baldwin	18:36.86
45.354 (45.354)	2:14.204 (1:28.850)	3:41.790 (1:27.587)
5:08.794 (1:27.004)	6:38.049 (1:29.255)	8:07.925 (1:29.877)
9:38.190 (1:30.265)	11:08.643 (1:30.453)	12:39.984 (1:31.342)
14:11.593 (1:31.609)	15:43.864 (1:32.272)	17:14.350 (1:30.487)
12 Breyault, Brianna	Washington a	18:46.36
45.583 (45.583)	2:13.213 (1:27.630)	3:41.263 (1:28.050)
5:09.552 (1:28.289)	6:38.642 (1:29.090)	8:07.577 (1:28.935)
9:37.777 (1:30.200)	11:08.389 (1:30.613)	12:40.835 (1:32.447)
14:13.802 (1:32.967)	15:46.737 (1:32.935)	17:18.900 (1:32.164)

13 Barton, Heidi	Southern Vir	18:54.80
46.304 (46.304)	2:15.747 (1:29.443)	3:43.258 (1:27.512)
5:10.573 (1:27.315)	6:40.037 (1:29.464)	8:08.270 (1:28.234)
9:40.335 (1:32.065)	11:13.390 (1:33.055)	12:48.072 (1:34.682)
14:22.792 (1:34.720)	15:55.995 (1:33.204)	17:26.897 (1:30.902)
14 Dalebout, Lilly	Southern Vir	19:02.58
45.807 (45.807)	2:14.504 (1:28.698)	3:42.773 (1:28.269)
5:09.208 (1:26.435)	6:39.102 (1:29.894)	8:08.838 (1:29.737)
9:41.749 (1:32.912)	11:16.003 (1:34.254)	12:50.427 (1:34.424)
14:25.182 (1:34.755)	16:00.040 (1:34.859)	17:35.028 (1:34.988)
15 Clark, Sarah	Washington a	19:10.31
46.730 (46.730)	2:19.978 (1:33.248)	3:52.085 (1:32.108)
5:23.824 (1:31.739)	6:56.669 (1:32.845)	8:30.182 (1:33.513)
9:59.860 (1:29.679)	11:36.089 (1:36.229)	13:06.254 (1:30.165)
14:39.048 (1:32.794)	16:12.412 (1:33.364)	17:43.207 (1:30.795)
16 Robinson, Regan	Bridgewater	19:11.72
46.053 (46.053)	2:19.588 (1:33.535)	3:50.867 (1:31.279)
5:21.962 (1:31.095)	6:53.927 (1:31.965)	8:25.488 (1:31.562)
9:57.208 (1:31.720)	11:29.130 (1:31.923)	13:03.407 (1:34.277)
14:37.338 (1:33.932)	16:10.832 (1:33.494)	17:44.040 (1:33.209)
17 Adams, Hannah	Washington a	19:22.77
45.667 (45.667)	2:19.385 (1:33.719)	3:51.450 (1:32.065)
5:23.452 (1:32.002)	6:56.365 (1:32.914)	8:29.900 (1:33.535)
10:04.188 (1:34.288)	11:37.594 (1:33.407)	13:10.817 (1:33.223)
14:44.717 (1:33.900)	16:19.390 (1:34.674)	17:53.837 (1:34.447)
18 Moore, Mackenzie	Washington a	19:34.52
45.772 (45.772)	2:19.288 (1:33.517)	3:51.168 (1:31.880)
5:22.988 (1:31.820)	6:55.978 (1:32.990)	8:29.774 (1:33.797)
10:04.092 (1:34.318)	11:38.187 (1:34.095)	13:13.512 (1:35.325)
14:49.752 (1:36.240)	16:25.962 (1:36.210)	18:03.143 (1:37.182)
19 Reid, Savannah	Roanoke	19:41.60
43.815 (43.815)	2:15.224 (1:31.409)	3:47.887 (1:32.663)
5:23.350 (1:35.464)	6:57.218 (1:33.868)	8:32.729 (1:35.512)
10:09.242 (1:36.513)	11:46.235 (1:36.994)	13:22.683 (1:36.448)
14:58.769 (1:36.087)	16:35.913 (1:37.144)	18:11.537 (1:35.624)
20 Hiserman, Paige	Bridgewater	20:14.94
47.833 (47.833)	2:24.115 (1:36.283)	4:02.577 (1:38.462)
5:42.644 (1:40.068)	7:21.559 (1:38.915)	8:59.913 (1:38.354)
10:37.968 (1:38.055)	12:16.040 (1:38.073)	13:53.649 (1:37.609)
15:31.814 (1:38.165)	17:09.223 (1:37.409)	18:45.619 (1:36.397)
21 Williamson, Molly	Bridgewater	20:36.47
50.249 (50.249)	2:28.985 (1:38.737)	4:10.353 (1:41.368)
5:52.403 (1:42.050)	7:34.168 (1:41.765)	9:14.247 (1:40.079)
10:55.118 (1:40.872)	12:36.417 (1:41.299)	14:15.690 (1:39.274)
15:53.974 (1:38.284)	17:31.592 (1:37.618)	19:08.072 (1:36.480)
22 Weirsky, Gabrielle	Marymount (V	21:30.93
47.382 (47.382)	2:23.144 (1:35.763)	4:03.172 (1:40.028)
5:45.178 (1:42.007)	7:31.044 (1:45.867)	9:16.502 (1:45.458)
11:03.032 (1:46.530)	12:50.005 (1:46.974)	14:35.798 (1:45.793)
16:20.873 (1:45.075)	18:06.055 (1:45.183)	19:49.084 (1:43.029)
23 Dellacorte, Elizabeth	Marymount (V	23:01.79
49.835 (49.835)	2:32.649 (1:42.814)	4:21.415 (1:48.767)
6:13.199 (1:51.784)	8:06.018 (1:52.819)	9:59.830 (1:53.813)
11:53.089 (1:53.259)	13:49.433 (1:56.344)	15:46.724 (1:57.292)
17:40.963 (1:54.239)	19:32.930 (1:51.968)	21:23.409 (1:50.479)

Washington and Lee Carnival - 3/21/2025 to 3/22/2025

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Results

Women 10000 Meter Run

Name	School	Finals
Finals		
1 Prince, Kristen	St. Vincent	38:23.81
1:31.850 (1:31.850)	3:10.639 (1:38.789)	4:47.128 (1:36.489)
6:19.757 (1:32.629)	7:51.712 (1:31.955)	9:23.382 (1:31.670)
10:54.955 (1:31.574)	12:26.974 (1:32.019)	13:58.364 (1:31.390)
15:30.303 (1:31.939)	17:02.148 (1:31.845)	18:33.060 (1:30.913)
20:04.523 (1:31.463)	21:36.335 (1:31.813)	23:08.622 (1:32.287)
24:40.610 (1:31.989)	26:12.617 (1:32.007)	27:44.218 (1:31.602)
29:15.424 (1:31.207)	30:47.490 (1:32.067)	
33:53.254 (1:32.904)	35:25.522 (1:32.269)	36:57.000 (1:31.479)
2 Amerlinck, Brier	Marymount (V	39:06.81
1:31.929 (1:31.929)	3:10.704 (1:38.775)	4:47.050 (1:36.347)
6:19.618 (1:32.568)	7:51.752 (1:32.134)	9:23.653 (1:31.902)
10:55.329 (1:31.677)	12:28.638 (1:33.309)	14:01.817 (1:33.179)
15:36.120 (1:34.304)	17:10.900 (1:34.780)	18:45.042 (1:34.142)
20:18.995 (1:33.954)	21:52.614 (1:33.619)	23:27.055 (1:34.442)
25:02.742 (1:35.687)	26:38.445 (1:35.704)	28:13.190 (1:34.745)
29:48.608 (1:35.418)	31:24.087 (1:35.479)	
34:34.160 (1:34.644)	36:06.614 (1:32.454)	37:38.414 (1:31.800)
3 Ulrich, Rachel	Misericordia	39:46.23
1:31.725 (1:31.725)	3:10.440 (1:38.715)	4:50.043 (1:39.603)
6:24.048 (1:34.005)	7:57.894 (1:33.847)	9:32.014 (1:34.120)
11:05.129 (1:33.115)	12:38.377 (1:33.248)	14:13.850 (1:35.474)
15:48.852 (1:35.002)	17:22.754 (1:33.903)	18:57.185 (1:34.432)
20:30.998 (1:33.813)	22:05.339 (1:34.342)	23:40.538 (1:35.199)
25:16.112 (1:35.574)	26:52.198 (1:36.087)	28:29.634 (1:37.437)
30:06.199 (1:36.565)	31:44.137 (1:37.938)	
34:58.232 (1:36.887)	36:35.875 (1:37.644)	38:11.507 (1:35.632)
4 Morrow, Madison	Misericordia	42:33.55
1:36.968 (1:36.968)	3:20.664 (1:43.697)	5:02.778 (1:42.114)
6:44.199 (1:41.422)	8:26.297 (1:42.098)	10:07.913 (1:41.617)
11:50.012 (1:42.099)	13:31.440 (1:41.429)	15:12.308 (1:40.868)
16:54.079 (1:41.772)	18:35.774 (1:41.695)	20:17.354 (1:41.580)
21:58.645 (1:41.292)	23:40.968 (1:42.323)	25:22.423 (1:41.455)
27:04.497 (1:42.074)	28:46.947 (1:42.450)	30:29.927 (1:42.980)
32:13.710 (1:43.784)	33:57.382 (1:43.672)	
37:25.672 (1:44.075)	39:09.987 (1:44.315)	40:53.902 (1:43.915)
--- Gallagher, Grace	Misericordia	DNF
1:31.533 (1:31.533)	3:10.293 (1:38.760)	4:49.965 (1:39.673)
6:23.743 (1:33.778)	7:57.623 (1:33.880)	9:31.708 (1:34.085)
11:04.772 (1:33.064)	12:38.022 (1:33.250)	14:13.543 (1:35.522)
15:48.565 (1:35.023)	17:22.282 (1:33.717)	18:56.592 (1:34.310)

Women 100 Meter Hurdles

Name	School	Finals
Finals		
1 Romano, Amanda	Washington a	15.11 2.0
2 Conklin, Deziree	Marymount (V	15.32 2.0
3 Viers, Olivia	Roanoke	15.42 2.0
4 Torres, Flo	Southern Vir	15.62 -1.0
5 Bates, Olivia	Bridgewater	15.67 2.0
6 Winston, Cammi	Roanoke	15.94 2.0
7 Allman, Shandrey	Southern Vir	16.88 2.0

8 Lee, Joanne	Washington a	16.90 -1.0
9 Schultz, Faith	Eastern Menn	17.05 -1.0
10 Riolo, McKenna	Roanoke	17.76 -1.0
11 Auman, Kiersten	St. Vincent	18.77 -1.0
12 Atwood, Abby	Eastern Menn	19.79 -1.0
--- Watson, Maddie	Bridgewater	DNF -1.0

Women 400 Meter Hurdles

Name	School	Finals
Finals		
1 Romano, Amanda	Washington a	1:03.33
2 Ladner, Ophelia	Roanoke	1:04.61
3 Miller, Anna	Lynchburg	1:09.92
4 Lee, Joanne	Washington a	1:11.08
5 Torres, Flo	Southern Vir	1:13.80
6 Riolo, McKenna	Roanoke	1:14.17
7 Allman, Shandrey	Southern Vir	1:15.09
8 Joseph, Destiny	Bridgewater	1:15.62
9 Showers, Kasi	Bridgewater	1:16.16
10 Golston, Ashlyne	Hollins	1:18.78
11 Workman, Izzy	Hollins	1:24.16

Women 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Redd, Bayleigh	Southern Vir	11:29.10
49.178 (49.178)	2:17.246 (1:28.068)	3:48.580 (1:31.334)
5:19.461 (1:30.881)	6:52.622 (1:33.161)	8:27.088 (1:34.466)
10:01.079 (1:33.991)	11:29.099 (1:28.020)	
2 Grabenbauer, Ayla	Case Western	11:36.46
50.255 (50.255)	2:20.065 (1:29.810)	3:50.768 (1:30.703)
5:21.111 (1:30.343)	6:54.979 (1:33.868)	8:30.834 (1:35.855)
10:06.743 (1:35.909)	11:36.459 (1:29.716)	
3 Pare, Madeleine	Marymount (V	13:33.28
51.290 (51.290)	2:29.212 (1:37.922)	4:21.693 (1:52.481)
6:08.868 (1:47.175)	7:58.012 (1:49.144)	9:51.126 (1:53.114)
11:46.208 (1:55.082)	13:33.279 (1:47.071)	

Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Washington and Lee	A	49.06
2 Southern Virginia	A	50.37
3 Muskingum	A	51.90

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Washington and Lee	A	3:59.04
1:00.868 (1:00.868)	2:02.986 (1:02.119)	3:02.505 (59.519)
2 Misericordia	A	4:10.09
1:01.030 (1:01.030)	2:07.296 (1:06.267)	3:08.219 (1:00.923)
3 Muskingum	A	4:10.78
1:01.555 (1:01.555)	2:06.418 (1:04.863)	3:10.888 (1:04.470)
4 St. Vincent (Pa.)	A	4:24.24
1:05.154 (1:05.154)	2:12.739 (1:07.585)	3:18.689 (1:05.950)

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Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
5 St. Vincent (Pa.)	B	4:42.67
1:09.005 (1:09.005)	2:21.304 (1:12.299)	3:32.695 (1:11.392)

Women High Jump

Name	School	Finals
Finals		
1 Gillum, Camille	Washington a	1.64m
2 Simons, Marin	Southern Vir	1.59m
3 Wallace, Summer	Bridgewater	1.54m
4 Hill, Marissa	Muskingum	1.49m
4 Pedersen, Jilane	Southern Vir	1.49m
6 Kasischke, Simone	Washington a	J1.49m
7 Holman, Elyssa	Southern Vir	1.44m
8 Freideman, Madison	Hollins	J1.44m
9 Curtis, Elise	Southern Vir	J1.44m
10 Dale, Autumn	Hollins	1.39m
10 Seibert, Maura	Muskingum	1.39m
--- Dabaghyan, Anna	Bridgewater	NH
--- Pittsman, Elizabeth	Misericordia	NH
--- Moyer, Erica	Misericordia	NH

Women Pole Vault

Name	School	Finals
Finals		
1 D'Ambrosia, Ashley	Washington a	3.62m
2 Keadle, Layla	Washington a	3.32m
3 Weber, Cameron	Lynchburg	3.17m
4 Miller, Tasha	Roanoke	3.02m
5 Mahmud, Surraiya	Southern Vir	J3.02m
6 Cholewa, Abby	Washington a	J3.02m
7 Pullen, Gabby	Washington a	2.87m
--- Paz, Esther	Marymount (V	NH
--- Ellis, Emi	Case Western	NH
--- Brodie, Allyson	Misericordia	NH
--- Disbrow, Claudia	Roanoke	NH

Women Long Jump

Name	School	Finals
Finals		
1 Wallace, Summer	Bridgewater	5.28m 1.3
2 Su, Jordan	Case Western	5.19m 2.7
3 Versen, Lilly	Washington a	5.18m 1.4
4 Conklin, Deziree	Marymount (V	5.16m 2.4
5 Buckles, Jade	Bridgewater	5.15m 2.2
6 Venable, Madelyn	Washington a	5.08m 0.5
7 Devraj, Bella	Washington a	5.06m 0.8
8 Smith, Kiara	Lynchburg	5.03m 0.8
9 Schultz, Faith	Eastern Menn	4.97m 1.5
10 Parker, Selah	Lynchburg	4.86m 0.1
11 Viers, Olivia	Roanoke	4.84m 1.9
12 Mihalko, Natasha	Misericordia	4.80m 3.1
13 David, Angel	Eastern Menn	4.77m 1.7
14 Morante, Mackenzie	Washington a	4.71m +0.0
15 Dale, Autumn	Hollins	4.57m 0.6

15 Jones, Teasia	Muskingum	4.57m +0.0
17 Freideman, Madison	Hollins	4.56m 0.9
18 Nelson, Andee	Southern Vir	4.51m 0.1
19 Conti, Abigail	Misericordia	4.41m 2.6
20 Joseph, Destiny	Bridgewater	4.37m 1.4
21 Carpenter, Cynthia	Misericordia	4.28m 2.7
22 Johnson, Amirah	Mary Baldwin	3.93m 2.4

Women Triple Jump

Name	School	Finals
Finals		
1 Crigger, Olivia	Bridgewater	11.47m +0.0
2 Su, Jordan	Case Western	11.06m 0.4
3 Bates, Olivia	Bridgewater	10.78m 1.6
4 Morante, Mackenzie	Washington a	10.72m 3.0
5 Smith, Kiara	Lynchburg	10.60m 2.4
6 Straub, Samantha	St. Vincent	10.47m 3.1
7 Mihalko, Natasha	Misericordia	10.39m 2.3
8 Watson, Maddie	Bridgewater	10.14m 2.0
9 Winston, Cammi	Roanoke	10.12m 3.8
10 Conti, Abigail	Misericordia	9.90m 3.0
11 Grinnell, Jacquelynn	Muskingum	9.50m 0.9
12 Holman, Elyssa	Southern Vir	9.47m 0.4

Women Shot Put

Name	School	Finals
Finals		
1 Mikolay, Abby	Bridgewater	12.78m
2 Dotson, Jessica	Muskingum	11.53m
3 Jackson, Emily	Washington a	11.41m
4 Mahmud, Surraiya	Southern Vir	11.14m
5 Hedgemon, Bailey	Washington a	10.95m
6 Wood, Katie	Washington a	10.58m
7 Fuchs, Sarah	Roanoke	10.54m
8 Timmerding, Bella	Washington a	10.34m
9 Monnin-Lee, Kendra	Muskingum	9.96m
10 Bochicchio, Izabella	Misericordia	9.76m
11 Rivera, Isabella	Marymount (V	9.69m
12 Smith, Gelina	Misericordia	9.09m
13 Matthews, Jasmine	Muskingum	9.01m
14 Wynder, Shayla	Marymount (V	8.79m
15 Bowen, Bailey	Case Western	8.74m
16 Ramos, Elizabeth	Bridgewater	8.66m
17 Viveiros, Sarah	Case Western	8.45m
17 Martinez, Maddie	Case Western	8.45m
19 Mason, Ihyana	Marymount (V	7.98m
20 Biswas, Grace	Case Western	7.81m
21 Rhyne, Polosomo	Southern Vir	6.55m
--- Marando, Bri	Roanoke	FOUL
--- Allen, Hazel	Southern Vir	FOUL

Women Discus Throw

Name	School	Finals
Finals		
1 Mikolay, Abby	Bridgewater	42.18m
2 Dotson, Jessica	Muskingum	35.62m

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Finals ... (Women Discus Throw)

Name	School	Finals
3 Tuilaepa, Aldora	Eastern Menn	35.11m
4 Disbrow, Claudia	Roanoke	34.70m
5 Lee, Michelle	Case Western	33.60m
6 Hedgemon, Bailey	Washington a	32.97m
7 Jackson, Emily	Washington a	32.65m
8 Ginn, Rachel	Case Western	32.34m
9 Matthews, Jasmine	Muskingum	31.13m
10 Roskuszka, Lauren	Case Western	31.01m
11 Marando, Bri	Roanoke	30.89m
12 Gronau, Brooke	Misericordia	30.37m
13 Belton, Sanaa	Hollins	30.09m
14 Andres, Kylie	Muskingum	29.83m
15 Ramos, Elizabeth	Bridgewater	29.81m
16 Morgan, Brianna	Bridgewater	29.78m
17 Brodie, Allyson	Misericordia	29.50m
18 Monnin-Lee, Kendra	Muskingum	29.40m
19 Wood, Katie	Washington a	29.38m
20 Biswas, Grace	Case Western	28.55m
21 Phillips, Lilly	Hollins	27.72m
22 Mahmud, Surraiya	Southern Vir	27.15m
23 Allen, Hazel	Southern Vir	26.73m
24 Gatesman, Lily	Eastern Menn	26.32m
25 Greer, Emma	Eastern Menn	26.06m
26 Wynder, Shayla	Marymount (V	25.40m
27 Wilds, Ella	Hollins	19.63m
28 Mason, Ihyana	Marymount (V	17.99m
--- Bartlett, Hollis	Roanoke	FOUL
--- McGlothlin, Abby	Roanoke	FOUL

Women Hammer Throw

Name	School	Finals
1 Duffie, Ailean	Case Western	46.64m
2 Roskuszka, Lauren	Case Western	45.65m
3 Hedgemon, Bailey	Washington a	45.40m
4 Ginn, Rachel	Case Western	45.20m
5 Tuilaepa, Aldora	Eastern Menn	43.57m
6 Lee, Michelle	Case Western	42.86m
7 Mikolay, Abby	Bridgewater	41.81m
8 Belton, Sanaa	Hollins	40.77m
9 Corll, Amber	Muskingum	39.40m
10 O'Neil, Avrie	Muskingum	39.27m
11 Andres, Kylie	Muskingum	38.98m
12 Gardner, Katrina	Southern Vir	38.68m
13 Fuchs, Sarah	Roanoke	38.55m
14 Wood, Katie	Washington a	37.76m
15 Timmerding, Bella	Washington a	36.89m
16 Bochicchio, Izabella	Misericordia	36.24m
17 Wynder, Shayla	Marymount (V	35.46m
18 Johnson, Kennedy	Lynchburg	34.74m
19 Morgan, Brianna	Bridgewater	34.17m
20 Rucker, Kya	Lynchburg	33.96m
21 Ramos, Elizabeth	Bridgewater	32.49m
22 Marando, Bri	Roanoke	32.38m

23 Allen, Hazel	Southern Vir	30.09m
24 Bartlett, Hollis	Roanoke	28.94m
25 McGlothlin, Abby	Roanoke	28.46m
26 Phillips, Lilly	Hollins	27.85m
27 Mason, Ihyana	Marymount (V	26.43m
28 Smith, Gelina	Misericordia	26.29m
29 Wilds, Ella	Hollins	21.01m
30 Rhyne, Polosomo	Southern Vir	20.51m

Women Javelin Throw

Name	School	Finals
1 Roskuszka, Lauren	Case Western	35.39m
2 Achramaviciute, Nida	Case Western	33.35m
3 Pedersen, Jilane	Southern Vir	33.18m
4 Bowen, Bailey	Case Western	32.19m
5 Viveiros, Sarah	Case Western	31.96m
6 Stover, Morgan	Misericordia	31.91m
7 Disbrow, Claudia	Roanoke	31.86m
8 Keylor, Emily	Muskingum	31.16m
9 Martinez, Maddie	Case Western	29.45m
10 Wood, Katie	Washington a	27.18m
11 Nelson, Andee	Southern Vir	26.75m
12 McGlothlin, Abby	Roanoke	25.50m
13 Wynder, Shayla	Marymount (V	24.53m
14 Pittsman, Elizabeth	Misericordia	24.09m
15 Gonzalez-Hayes, Alma	Mary Baldwin	21.72m
16 Gatesman, Lily	Eastern Menn	21.00m
17 Weber, Cameron	Lynchburg	20.78m
18 Fuchs, Sarah	Roanoke	20.13m
19 Aber, Emerson	Marymount (V	18.71m
20 Pare, Madeleine	Marymount (V	17.03m
21 Belton, Sanaa	Hollins	16.85m
22 Miller, Anna	Lynchburg	16.06m
23 Inofuente, Sheyla	Marymount (V	15.58m

Men 100 Meter Dash

Name	School	Finals
1 Hunter, Jacob	Misericordia	11.01 2.3
2 Billings, Richard	Misericordia	11.02 0.5
3 Farbman, Jonathan	Washington a	11.09 1.2
4 Galloway, Kyle	Bridgewater	11.31 2.3
5 Davis, Isaiah	Lynchburg	11.31 0.5
6 Winters, Da'Shawn	Eastern Menn	11.36 1.2
7 Williams, Jalen	Southern Vir	11.39 -0.8
8 Bates, Josh	Case Western	11.41 1.2
9 Brent, Alex	Lynchburg	11.41 0.5
10 Camobreco, Lorenzo	Roanoke	11.43 2.3
11 Xia, Jack	Case Western	11.44 2.3
12 Freeman, Mark	Washington a	11.45 1.2
13 Vacchio, Joseph	Misericordia	11.45 1.2
14 Blackwell, Dylan	Misericordia	11.50 2.3
15 Raya, Nekolas	Lynchburg	11.50 0.5
16 Browne, Ian	Bridgewater	11.54 -1.6
17 Lacayo, Daven	Lynchburg	11.55 0.5

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Finals ... (Men 100 Meter Dash)

Name	School	Finals
18 Alderman, Cy	Bridgewater	11.60 -0.2
19 Taylor, Blake	Southern Vir	11.63 -1.6
20 Struggs, Samuel	Marymount (V	11.63 0.5
21 Meldrum, Duncan	Washington a	11.64 2.3
22 Campbell, Jalani	St. Vincent	11.65 -0.2
23 Mast, Micah	Eastern Menn	11.67 -0.2
24 Heffinger, Brandon	Roanoke	11.68 1.2
25 Vann, Jameel	Eastern Menn	11.69 -0.4
26 Knicely, Walker	Bridgewater	11.72 -0.8
27 France, Patrick	Washington a	11.72 -0.2
28 Pessoa, Marcone	Marymount (V	11.73 1.2
29 Henson, Blake	Lynchburg	11.74 1.2
30 Davis, Diver	Roanoke	11.77 2.3
31 Bailey, Shaddai	Eastern Menn	11.78 -0.2
32 Wylie, Gabe	Bridgewater	11.79 -1.6
33 Lamb, Lauchnor	Bridgewater	11.82 -0.8
34 Brunelle, Matthieu	Misericordia	11.87 -0.4
35 Johnson, Cadyn	Marymount (V	11.90 -0.4
36 Williams, Malachi	Marymount (V	11.91 -0.4
37 Hill, Iverson	Misericordia	11.92 -0.4
38 Hertzler, Milo	Eastern Menn	11.94 -0.8
39 Knick, Dylan	Roanoke	11.95 -0.4
40 Clay, Jordan	St. Vincent	11.98 -0.2
41 Birchett, Trey	Bridgewater	12.03 -0.2
42 Cook, Evan	Bridgewater	12.06 -1.6
43 Galaspie, Liam	Marymount (V	12.07 1.2
44 Neel, Davis	Roanoke	12.12 -0.8
45 Goldstein, David	Case Western	12.21 -0.8
46 Grant, Clayton	Marymount (V	12.22 1.2
47 Healy, Ryan	St. Vincent	12.32 -1.6
48 Ward, Teague	Roanoke	12.82 1.2
--- Morgan, Damon	Eastern Menn	FS 0.5

Men 200 Meter Dash

Name	School	Finals
1 Billings, Richard	Misericordia	21.59 -3.4
2 Davis, Isaiah	Lynchburg	22.38 2.7
3 Hunter, Jacob	Misericordia	22.43 -3.4
4 Raya, Nekolas	Lynchburg	22.55 -3.4
5 Morgan, Damon	Eastern Menn	22.57 -3.4
6 Amlacher, Joe	Bridgewater	22.63 -0.1
7 Browne, Ian	Bridgewater	22.75 -0.1
8 Vacchio, Joseph	Misericordia	22.76 2.7
9 Galloway, Kyle	Bridgewater	22.79 2.7
10 Farbman, Jonathan	Washington a	22.88 -4.6
11 Bates, Josh	Case Western	23.13 -3.4
12 De Fonseka, Ethan	Washington a	23.24 -4.6
13 Blackwell, Dylan	Misericordia	23.24 -0.7
14 Lamb, Lauchnor	Bridgewater	23.30 -0.7
15 Kuklica, Elijah	Muskingum	23.41 -4.6
16 Arnold, Nicholas	Eastern Menn	23.52 -6.8
17 Williams, Jalen	Southern Vir	23.56 -3.0
18 Campbell, Jalani	St. Vincent	23.57 -0.1

19 Vann, Jameel	Eastern Menn	23.60 -0.1
20 Alderman, Cy	Bridgewater	23.60 -6.8
21 Pascual, Ryan	Southern Vir	23.61 NWI
22 McEachern, Reuben	Marymount (V	23.62 -0.2
23 Koenig, Logan	Lynchburg	23.64 -0.7
24 Newman, Zeke	Southern Vir	23.66 -1.2
25 Hirwa, Javan	Washington a	23.75 -1.7
26 Irwin, Ryan	Muskingum	23.77 -4.6
27 Jaboin, Doudley	Muskingum	23.77 -1.7
28 Struggs, Samuel	Marymount (V	23.78 NWI
29 Groff, Bryant	Misericordia	23.81 -3.0
30 James, Aden	Southern Vir	23.82 -0.2
31 Henson, Blake	Lynchburg	23.85 -0.2
32 Knicely, Walker	Bridgewater	23.87 -4.6
33 Hertzler, Milo	Eastern Menn	23.92 -1.7
34 Clark, Schuyler	Washington a	23.93 -0.7
35 Cook, Evan	Bridgewater	24.06 -1.2
36 Hamman, Jonah	Roanoke	24.11 -0.2
37 Scott, Cameron	Muskingum	24.14 -1.2
38 Bivens, Bryan	Marymount (V	24.16 -1.2
39 Xia, Jack	Case Western	24.21 -0.7
40 Duffy, Noah	Lynchburg	24.28 NWI
41 James, Ari	Southern Vir	24.29 -3.0
41 Moore, Daniel	Marymount (V	24.29 -1.7
43 Perez, Nelson	Misericordia	24.37 -1.7
44 Healy, Ryan	St. Vincent	24.56 -1.2
45 Clay, Jordan	St. Vincent	24.57 -0.1
46 Baker, Ben	Bridgewater	24.59 -3.0
47 McFarlin, Henry	Marymount (V	24.66 -6.8
48 Abebe, Abenezzer	Eastern Menn	24.75 -0.2
49 Campbell, Owen	Roanoke	24.86 NWI
50 Galaspie, Liam	Marymount (V	24.95 NWI
51 Williams, Malachi	Marymount (V	25.02 -1.2
52 Sureshkumar, Praveen	Case Western	25.12 -1.2
53 Grant, Clayton	Marymount (V	25.28 -1.2
54 Mesfin, Abel	Marymount (V	26.25 -1.2
55 Rahman, Samir	Marymount (V	26.45 -1.2

Men 400 Meter Dash

Name	School	Finals
1 Kuklica, Elijah	Muskingum	48.92
2 Whyte, Colton	Muskingum	48.93
3 Arnold, Nicholas	Eastern Menn	49.29
4 Camobreco, Lorenzo	Roanoke	49.51
5 Flowers, Brian	Lynchburg	50.60
6 Reid, Isaiah	Eastern Menn	50.71
7 Avigliano, Luke	Washington a	50.86
8 Heffinger, Brandon	Roanoke	50.94
9 Koenig, Logan	Lynchburg	51.83
10 Kieffer, Stephen	Misericordia	52.06
11 McEachern, Reuben	Marymount (V	52.20
12 Scott, Cameron	Muskingum	52.30
13 Manikandaswamy, Madha	Case Western	52.41
14 Abebe, Abenezzer	Eastern Menn	52.83
15 Bezuneh, Matthew	Case Western	52.99

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Finals ... (Men 400 Meter Dash)

Name	School	Finals
16 Jaboin, Doudley	Muskingum	53.12
17 McFarlin, Henry	Marymount (V)	53.47
18 Torres, Fransisco	Misericordia	53.65
19 Stant, Aidan	Roanoke	53.69
20 Clark, Schuyler	Washington a	53.81
21 Hamman, Jonah	Roanoke	54.31
22 Duffy, Noah	Lynchburg	54.38
23 Baker, Ben	Bridgewater	54.44
24 Shiguango-Holtz, Adrian	Roanoke	54.65
25 Beasley, Branden	Southern Vir	54.65
26 Bivens, Bryan	Marymount (V)	55.80
27 Polemitis, Yuannis	Misericordia	55.95
28 Smith, Shakei	Misericordia	56.82
29 Olea, Zafit	Marymount (V)	57.49
30 Measel, Lucas	St. Vincent	58.91

Men 800 Meter Run

Name	School	Finals
Finals		
1 Mantooth, Jamison	Lynchburg	1:55.76
59.181 (59.181)	1:55.752 (56.571)	
2 Holst, Hans	Case Western	1:55.83
59.327 (59.327)	1:55.827 (56.500)	
3 Crowley, Donovan	Case Western	1:56.71
58.543 (58.543)	1:56.710 (58.167)	
4 Gilbert, Nate	Case Western	1:57.85
59.620 (59.620)	1:57.848 (58.228)	
5 White, Randy	Lynchburg	1:58.48
59.530 (59.530)	1:58.479 (58.949)	
6 DeLoach, Will	Washington a	1:59.42
1:00.190 (1:00.190)	1:59.414 (59.224)	
7 Morales, Peter	Lynchburg	2:01.51
1:00.524 (1:00.524)	2:01.509 (1:00.985)	
8 Warner, Ryan	Lynchburg	2:01.67
59.052 (59.052)	2:01.661 (1:02.609)	
9 DiMond, Mitchell	Washington a	2:01.81
1:00.363 (1:00.363)	2:01.805 (1:01.442)	
10 Fitch, William	Washington a	2:01.93
59.778 (59.778)	2:01.927 (1:02.149)	
11 Weddle, Jack	Lynchburg	2:02.53
59.419 (59.419)	2:02.524 (1:03.105)	
12 Diemoz, Luke	Lynchburg	2:02.97
59.927 (59.927)	2:02.966 (1:03.039)	
13 Sureshkumar, Praveen	Case Western	2:03.16
59.333 (59.333)	2:03.154 (1:03.821)	
14 Bernard, Bradley	Lynchburg	2:03.21
1:00.446 (1:00.446)	2:03.203 (1:02.757)	
15 Bricker, Thomas	Misericordia	2:03.48
1:02.940 (1:02.940)	2:03.478 (1:00.538)	
16 Horn, Nathan	Misericordia	2:03.58
59.996 (59.996)	2:03.577 (1:03.581)	
17 Brighter, Jaden	Washington a	2:03.77
59.717 (59.717)	2:03.764 (1:04.047)	

18 Jackson, Aiden	St. Vincent	2:03.96
1:00.170 (1:00.170)	2:03.954 (1:03.784)	
19 Bowman, Brennen	Southern Vir	2:04.16
1:03.335 (1:03.335)	2:04.151 (1:00.816)	
20 Chandler, Kedryn	Southern Vir	2:04.55
1:03.128 (1:03.128)	2:04.545 (1:01.417)	
21 Karwacki, Austin	Misericordia	2:05.76
1:00.271 (1:00.271)	2:05.758 (1:05.487)	
22 Maters, Chase	Lynchburg	2:05.93
1:00.022 (1:00.022)	2:05.930 (1:05.908)	
23 Jeffrey, Rahsaun	Misericordia	2:06.50
1:02.861 (1:02.861)	2:06.498 (1:03.637)	
24 Tugend, William	Misericordia	2:06.68
1:05.198 (1:05.198)	2:06.671 (1:01.473)	
25 O'Keefe, Daniel	Misericordia	2:08.30
1:03.191 (1:03.191)	2:08.293 (1:05.102)	
26 Yakubu, Abdul	Marymount (V)	2:09.78
1:02.785 (1:02.785)	2:09.771 (1:06.986)	
27 Bridges, Lapatrick	Mary Baldwin	2:10.03
1:04.129 (1:04.129)	2:10.025 (1:05.896)	
28 Estes, Andrew	Roanoke	2:10.42
1:05.244 (1:05.244)	2:10.414 (1:05.170)	
29 Bitera, Cholo	Misericordia	2:10.67
1:03.786 (1:03.786)	2:10.661 (1:06.875)	
30 Stickman, Will	St. Vincent	2:10.78
1:05.636 (1:05.636)	2:10.779 (1:05.143)	
31 Sahonick, Devin	Misericordia	2:12.01
1:06.723 (1:06.723)	2:12.005 (1:05.282)	
32 Medvetz, Weston	Misericordia	2:13.05
1:04.036 (1:04.036)	2:13.045 (1:09.009)	
33 Cawley, Ryan	St. Vincent	2:14.15
1:05.725 (1:05.725)	2:14.141 (1:08.416)	
34 Nance, Jahsym	Marymount (V)	2:14.34
1:04.498 (1:04.498)	2:14.335 (1:09.837)	
35 Amato, Owen	Misericordia	2:14.62
1:04.555 (1:04.555)	2:14.615 (1:10.060)	
36 Ramirez, Dylan	Misericordia	2:15.16
1:06.075 (1:06.075)	2:15.154 (1:09.079)	
37 Thomas, Matthew	St. Vincent	2:15.49
1:07.522 (1:07.522)	2:15.490 (1:07.968)	
38 Meyer, Truman	Southern Vir	2:22.40
1:07.718 (1:07.718)	2:22.391 (1:14.673)	
39 Kwiat, Roger	St. Vincent	2:27.04
1:09.763 (1:09.763)	2:27.035 (1:17.272)	

Men 1500 Meter Run Unseeded

Name	School	Finals
Finals		
1 Morales, Peter	Lynchburg	4:14.75
54.238 (54.238)	2:01.079 (1:06.842)	3:08.228 (1:07.149)
2 Rush, Jonas	Lynchburg	4:15.79
54.390 (54.390)	2:02.224 (1:07.834)	3:09.329 (1:07.105)
3 Ramirez Hannon, Gabe	Roanoke	4:15.95
54.969 (54.969)	2:02.029 (1:07.060)	3:09.368 (1:07.339)
4 Mehendale, Raja	Washington a	4:16.38
54.165 (54.165)	2:01.568 (1:07.403)	3:08.990 (1:07.423)

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Finals ... (Men 1500 Meter Run Unseeded)

Name	School	Finals
5 Bernard, Bradley	Lynchburg	4:19.16
54.638 (54.638)	2:02.433 (1:07.795)	3:10.495 (1:08.063)
6 O'Keefe, Daniel	Misericordia	4:19.24
54.552 (54.552)	2:03.010 (1:08.459)	3:12.392 (1:09.382)
7 Hudson, Carter	Lynchburg	4:19.86
52.029 (52.029)	2:02.094 (1:10.065)	3:09.773 (1:07.679)
8 Kallen, Thomas	Washington a	4:20.80
54.763 (54.763)	2:01.795 (1:07.033)	3:09.757 (1:07.962)
9 Newton, Luke	Washington a	4:23.22
53.998 (53.998)	2:01.984 (1:07.987)	3:12.435 (1:10.452)
10 Stickman, Will	St. Vincent	4:24.18
52.596 (52.596)	2:03.900 (1:11.304)	3:16.168 (1:12.268)
11 Jeffrey, Rahsaun	Misericordia	4:24.27
54.599 (54.599)	2:03.632 (1:09.033)	3:12.733 (1:09.102)
12 Lehman, Nate	Eastern Menn	4:24.87
53.269 (53.269)	2:04.814 (1:11.545)	3:18.513 (1:13.699)
13 Medvetz, Weston	Misericordia	4:26.73
52.868 (52.868)	2:04.215 (1:11.348)	3:16.623 (1:12.408)
14 Woodley, Joshua	Roanoke	4:27.31
55.149 (55.149)	2:03.515 (1:08.367)	3:14.635 (1:11.120)
15 Tugend, William	Misericordia	4:27.62
54.562 (54.562)	2:06.290 (1:11.729)	3:19.587 (1:13.297)
16 Bowman, Brennen	Southern Vir	4:27.89
53.658 (53.658)	2:05.109 (1:11.452)	3:19.093 (1:13.984)
17 Sahonick, Devin	Misericordia	4:30.18
55.829 (55.829)	2:08.107 (1:12.278)	3:20.065 (1:11.959)
18 Bitera, Cholo	Misericordia	4:30.37
54.814 (54.814)	2:06.741 (1:11.928)	3:18.483 (1:11.742)
19 Bishop, Kellen	Roanoke	4:31.62
52.323 (52.323)	2:02.855 (1:10.533)	3:17.280 (1:14.425)
20 Meraz, Trey	Southern Vir	4:31.94
54.788 (54.788)	2:06.719 (1:11.932)	3:20.657 (1:13.938)
21 Kanagy, Ethan	Eastern Menn	4:33.05
55.559 (55.559)	2:09.408 (1:13.849)	3:22.972 (1:13.564)
22 Cawley, Ryan	St. Vincent	4:34.62
55.037 (55.037)	2:08.675 (1:13.639)	3:24.229 (1:15.554)
23 Huyard, Ben	Eastern Menn	4:36.07
55.033 (55.033)	2:07.006 (1:11.974)	3:20.101 (1:13.095)
24 Youmans, Alexander	Marymount (V	4:37.85
54.656 (54.656)	2:07.373 (1:12.717)	3:23.471 (1:16.099)
25 Amato, Owen	Misericordia	4:37.97
55.893 (55.893)	2:09.120 (1:13.228)	3:25.334 (1:16.214)
26 Johnson, Carter	Southern Vir	4:39.17
54.284 (54.284)	2:07.558 (1:13.274)	3:24.055 (1:16.498)
27 Ramirez, Dylan	Misericordia	4:40.27
56.237 (56.237)	2:09.688 (1:13.452)	3:25.688 (1:16.000)
28 Belisle, Alex	Eastern Menn	4:41.12
55.394 (55.394)	2:09.933 (1:14.539)	3:29.035 (1:19.103)
29 Bartel, Will	Eastern Menn	4:52.93
57.219 (57.219)	2:14.927 (1:17.708)	3:35.403 (1:20.477)
30 Meyer, Truman	Southern Vir	5:02.83
58.098 (58.098)	2:16.550 (1:18.453)	3:40.107 (1:23.557)
31 Kwiat, Roger	St. Vincent	5:08.43
57.730 (57.730)	2:19.360 (1:21.630)	3:46.524 (1:27.164)

Men 1500 Meter Run Invite

Name	School	Finals
Finals		
1 White, Randy	Lynchburg	3:57.43
46.969 (46.969)	1:52.571 (1:05.603)	2:58.215 (1:05.644)
2 Hughes, Joseph	Southern Vir	3:57.46
46.948 (46.948)	1:53.030 (1:06.083)	2:58.446 (1:05.417)
3 Crowley, Donovan	Case Western	3:58.54
47.209 (47.209)	1:52.555 (1:05.347)	2:57.838 (1:05.283)
4 Gilbert, Nate	Case Western	4:01.58
46.749 (46.749)	1:52.733 (1:05.984)	2:59.024 (1:06.292)
5 Holst, Hans	Case Western	4:02.09
46.438 (46.438)	1:52.341 (1:05.904)	2:59.533 (1:07.192)
6 Mantooh, Jamison	Lynchburg	4:02.19
49.669 (49.669)	1:55.274 (1:05.605)	3:01.249 (1:05.975)
7 Ammon, Elias	Roanoke	4:03.77
47.463 (47.463)	1:53.109 (1:05.647)	2:59.991 (1:06.883)
8 Weddle, Jack	Lynchburg	4:04.20
47.291 (47.291)	1:52.999 (1:05.708)	2:59.543 (1:06.544)
9 Franklin, Thomas	Washington a	4:04.50
50.015 (50.015)	1:55.620 (1:05.605)	3:02.470 (1:06.850)
10 Bricker, Thomas	Misericordia	4:05.38
50.381 (50.381)	1:56.023 (1:05.642)	3:01.929 (1:05.907)
11 Garis, Matt	Roanoke	4:05.51
50.106 (50.106)	1:55.789 (1:05.683)	3:01.575 (1:05.787)
12 DeLoach, Will	Washington a	4:05.61
50.426 (50.426)	1:55.463 (1:05.037)	3:01.221 (1:05.759)
13 Chandler, Kedryn	Southern Vir	4:06.71
50.285 (50.285)	1:55.879 (1:05.594)	3:01.749 (1:05.870)
14 Patterson, Tim	St. Vincent	4:06.91
46.983 (46.983)	1:52.779 (1:05.797)	3:00.146 (1:07.368)
15 Jackson, Aiden	St. Vincent	4:10.52
49.574 (49.574)	1:55.059 (1:05.485)	3:02.353 (1:07.294)
16 Diemoz, Luke	Lynchburg	4:10.93
49.911 (49.911)	1:55.116 (1:05.205)	3:02.638 (1:07.522)
17 Perry, Seth	Roanoke	4:12.09
47.725 (47.725)	1:53.956 (1:06.232)	3:03.893 (1:09.937)
18 Warner, Ryan	Lynchburg	4:15.07
47.449 (47.449)	1:53.424 (1:05.975)	3:03.256 (1:09.833)
19 Maters, Chase	Lynchburg	4:16.58
50.144 (50.144)	1:56.301 (1:06.158)	3:03.919 (1:07.618)

Men 3000 Meter Run

Name	School	Finals
Finals		
1 Garis, Matt	Roanoke	8:50.80
35.654 (35.654)	1:48.398 (1:12.744)	3:00.554 (1:12.156)
4:09.851 (1:09.297)	5:20.197 (1:10.346)	6:33.806 (1:13.609)
7:47.111 (1:13.305)	8:50.796 (1:03.685)	
2 Dunaway, William	Washington a	8:52.32
36.070 (36.070)	1:48.642 (1:12.572)	3:01.521 (1:12.879)
4:12.969 (1:11.448)	5:24.626 (1:11.657)	6:36.186 (1:11.560)
7:47.821 (1:11.635)	8:52.315 (1:04.494)	

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Finals ... (Men 3000 Meter Run)

Name	School	Finals
3 Cupps, Bennett	Bridgewater	8:55.84
36.206 (36.206)	1:48.961 (1:12.755)	3:01.205 (1:12.244)
4:11.362 (1:10.157)	5:22.515 (1:11.153)	6:34.707 (1:12.192)
7:47.376 (1:12.669)	8:55.840 (1:08.464)	
4 Patterson, Tim	St. Vincent	9:03.89
35.546 (35.546)	1:47.935 (1:12.389)	3:00.405 (1:12.470)
4:10.585 (1:10.180)	5:24.433 (1:13.848)	6:41.227 (1:16.794)
7:57.662 (1:16.435)	9:03.881 (1:06.219)	
5 Ammon, Elias	Roanoke	9:08.75
35.101 (35.101)	1:47.831 (1:12.730)	3:00.653 (1:12.822)
4:11.777 (1:11.124)	5:24.949 (1:13.172)	6:40.195 (1:15.246)
7:56.036 (1:15.841)	9:08.749 (1:12.713)	
6 Perry, Seth	Roanoke	9:19.77
35.408 (35.408)	1:48.119 (1:12.711)	3:00.938 (1:12.819)
4:12.742 (1:11.804)	5:29.243 (1:16.501)	6:47.406 (1:18.163)
8:05.465 (1:18.059)	9:19.768 (1:14.303)	
7 Hudson, Carter	Lynchburg	9:34.51
37.673 (37.673)	1:53.915 (1:16.242)	3:08.922 (1:15.007)
4:24.176 (1:15.254)	5:40.563 (1:16.387)	6:58.283 (1:17.720)
8:16.522 (1:18.239)	9:34.505 (1:17.983)	
8 Woodley, Joshua	Roanoke	9:39.25
38.073 (38.073)	1:55.775 (1:17.702)	3:11.673 (1:15.898)
4:28.616 (1:16.943)	5:45.816 (1:17.200)	7:04.184 (1:18.368)
8:23.992 (1:19.808)	9:39.242 (1:15.250)	
9 Bishop, Kellen	Roanoke	9:57.26
38.283 (38.283)	1:56.199 (1:17.916)	3:12.789 (1:16.590)
4:31.359 (1:18.570)	5:52.083 (1:20.724)	7:14.228 (1:22.145)
8:37.948 (1:23.720)	9:57.258 (1:19.310)	
10 Meraz, Trey	Southern Vir	10:01.31
37.978 (37.978)	1:57.094 (1:19.116)	3:14.958 (1:17.864)
4:35.478 (1:20.520)	5:57.350 (1:21.872)	7:20.359 (1:23.009)
8:44.047 (1:23.688)	10:01.309 (1:17.262)	

Men 5000 Meter Run Invite

Name	School	Finals
1 Rush, Keaton	Washington a	14:23.18
33.947 (33.947)	1:44.401 (1:10.454)	2:53.712 (1:09.312)
4:03.557 (1:09.845)	5:13.475 (1:09.918)	6:22.763 (1:09.289)
7:32.301 (1:09.538)	8:42.747 (1:10.447)	9:51.652 (1:08.905)
11:00.165 (1:08.513)	12:10.126 (1:09.962)	13:18.502 (1:08.377)
2 May, Dylan	Southern Vir	14:39.62
37.123 (37.123)	1:47.878 (1:10.755)	2:59.086 (1:11.208)
4:11.092 (1:12.007)	5:22.362 (1:11.270)	6:32.448 (1:10.087)
7:44.290 (1:11.842)	8:54.130 (1:09.840)	10:04.627 (1:10.498)
11:15.047 (1:10.420)	12:24.500 (1:09.453)	13:33.831 (1:09.332)
3 Jordan, Alex	Lynchburg	14:44.33
36.060 (36.060)	1:47.161 (1:11.102)	4:10.071 (2:22.910)
4:10.095 (0.024)	5:21.253 (1:11.159)	6:32.113 (1:10.860)
7:43.170 (1:11.057)	8:53.626 (1:10.457)	10:04.327 (1:10.702)
11:14.771 (1:10.444)	12:25.245 (1:10.474)	13:36.762 (1:11.518)

4 Cooper, Robert	Washington a	14:59.14
36.423 (36.423)	1:47.795 (1:11.372)	2:59.048 (1:11.254)
4:10.863 (1:11.815)	5:22.125 (1:11.262)	6:32.732 (1:10.608)
7:44.201 (1:11.469)	8:54.496 (1:10.295)	10:06.900 (1:12.404)
11:20.840 (1:13.940)	12:34.636 (1:13.797)	13:48.745 (1:14.109)
5 Riggie, Aidan	Lynchburg	15:06.36
37.351 (37.351)	1:48.577 (1:11.227)	3:01.087 (1:12.510)
4:14.023 (1:12.937)	5:27.791 (1:13.768)	6:41.261 (1:13.470)
7:56.003 (1:14.743)	9:10.560 (1:14.557)	10:24.225 (1:13.665)
11:36.578 (1:12.354)	12:49.847 (1:13.269)	14:01.303 (1:11.457)
6 Hurst, Cooper	Lynchburg	15:11.36
36.586 (36.586)	1:47.586 (1:11.000)	2:58.818 (1:11.233)
4:10.556 (1:11.738)	5:21.881 (1:11.325)	6:32.277 (1:10.397)
7:43.910 (1:11.633)	8:55.735 (1:11.825)	10:10.967 (1:15.233)
11:27.368 (1:16.402)	12:43.377 (1:16.009)	13:58.687 (1:15.310)
7 Lombardi, Michael	Case Western	15:17.73
36.927 (36.927)	1:48.338 (1:11.412)	3:00.782 (1:12.444)
4:13.786 (1:13.004)	5:27.546 (1:13.760)	6:41.108 (1:13.563)
7:55.878 (1:14.770)	9:11.891 (1:16.013)	10:27.608 (1:15.718)
11:41.831 (1:14.223)	12:57.521 (1:15.690)	14:11.032 (1:13.512)
8 Weber, Ryan	Misericordia	15:22.08
36.567 (36.567)	1:48.311 (1:11.744)	3:00.295 (1:11.984)
4:12.498 (1:12.204)	5:24.948 (1:12.450)	6:38.592 (1:13.644)
7:53.076 (1:14.484)	9:07.441 (1:14.365)	10:22.285 (1:14.844)
11:37.453 (1:15.169)	12:52.340 (1:14.887)	14:07.670 (1:15.330)
9 Slater, Jacob	Case Western	15:23.24
36.782 (36.782)	1:48.007 (1:11.225)	2:59.447 (1:11.440)
4:11.345 (1:11.898)	5:22.635 (1:11.290)	6:33.096 (1:10.462)
7:45.001 (1:11.905)	8:58.487 (1:13.487)	10:13.808 (1:15.322)
11:30.388 (1:16.580)	12:47.740 (1:17.352)	14:05.450 (1:17.710)
10 Kovacevic, Marko	Lynchburg	15:24.49
35.776 (35.776)	1:46.892 (1:11.117)	2:58.112 (1:11.220)
4:09.782 (1:11.670)	5:20.961 (1:11.179)	6:31.886 (1:10.925)
7:44.001 (1:12.115)	8:57.233 (1:13.233)	10:12.682 (1:15.449)
11:29.445 (1:16.763)	12:48.091 (1:18.647)	14:06.848 (1:18.758)
11 Henry, Stephen	Case Western	15:25.68
36.471 (36.471)	1:48.141 (1:11.670)	2:59.881 (1:11.740)
4:11.796 (1:11.915)	5:24.365 (1:12.569)	6:39.981 (1:15.617)
7:56.288 (1:16.308)	9:11.560 (1:15.272)	10:26.602 (1:15.043)
11:42.220 (1:15.618)	12:59.226 (1:17.007)	14:15.312 (1:16.087)
12 Sidebotham, Cameron	Lynchburg	15:36.37
36.257 (36.257)	1:47.391 (1:11.134)	2:58.626 (1:11.235)
4:10.355 (1:11.729)	5:21.650 (1:11.295)	6:34.413 (1:12.764)
7:49.743 (1:15.330)	9:06.988 (1:17.245)	10:25.147 (1:18.159)
11:44.045 (1:18.898)	13:03.311 (1:19.267)	14:20.035 (1:16.724)
13 Paciello, Alex	Lynchburg	15:45.90
37.403 (37.403)	1:49.377 (1:11.974)	3:02.085 (1:12.708)
4:16.743 (1:14.659)	5:33.610 (1:16.867)	6:50.768 (1:17.159)
8:07.378 (1:16.610)	9:24.420 (1:17.042)	10:42.263 (1:17.844)
11:59.578 (1:17.315)	13:17.763 (1:18.185)	14:33.631 (1:15.868)
14 Shulman, Ryan	Misericordia	15:51.81
37.191 (37.191)	1:49.285 (1:12.094)	3:01.566 (1:12.282)
4:14.745 (1:13.179)	5:29.266 (1:14.522)	6:44.542 (1:15.277)
8:01.075 (1:16.533)	9:18.035 (1:16.960)	10:36.135 (1:18.100)
11:55.542 (1:19.408)	13:14.785 (1:19.243)	14:34.123 (1:19.339)

Washington and Lee Carnival - 3/21/2025 to 3/22/2025

Washington and Lee University

Results

Finals ... (Men 5000 Meter Run Invite)

Name	School	Finals
---	Llaneza, Sam	Lynchburg DNF
34.198 (34.198)	1:44.678 (1:10.480)	2:54.015 (1:09.337)
4:03.822 (1:09.808)	5:13.742 (1:09.920)	6:23.013 (1:09.272)
7:32.877 (1:09.864)	8:44.203 (1:11.327)	
---	Sterne, Row	Washington a DNF
37.008 (37.008)	1:48.257 (1:11.249)	3:00.660 (1:12.403)
4:13.630 (1:12.970)	5:28.947 (1:15.318)	6:46.137 (1:17.190)
8:04.036 (1:17.899)	9:21.675 (1:17.639)	
---	Hotung-Davidsen, Tor	Lynchburg DNF
35.467 (35.467)	1:46.663 (1:11.197)	2:57.848 (1:11.185)
4:09.483 (1:11.635)	5:20.540 (1:11.057)	6:31.510 (1:10.970)
7:42.827 (1:11.318)	8:53.375 (1:10.548)	10:04.008 (1:10.634)
11:14.550 (1:10.542)		
---	Hunt, Chasen	Lynchburg DNF
33.688 (33.688)	1:44.143 (1:10.455)	2:53.441 (1:09.298)
4:03.300 (1:09.859)	5:13.191 (1:09.892)	6:22.507 (1:09.317)
7:32.017 (1:09.510)	8:42.491 (1:10.474)	9:51.322 (1:08.832)
10:59.571 (1:08.249)		

Men 5000 Meter Run Unseeded

Name	School	Finals
Finals		
1	Miller, Gabe	Bridgewater 15:37.65
38.473 (38.473)	1:53.581 (1:15.109)	3:10.023 (1:16.442)
4:25.533 (1:15.510)	5:40.673 (1:15.140)	6:57.353 (1:16.680)
8:14.336 (1:16.984)	9:30.479 (1:16.143)	10:46.833 (1:16.354)
12:02.701 (1:15.869)	13:18.029 (1:15.328)	14:27.713 (1:09.684)
2	Greene, Solomon	Case Western 15:42.96
36.595 (36.595)	1:50.604 (1:14.009)	3:07.356 (1:16.753)
4:22.529 (1:15.173)	5:38.249 (1:15.720)	6:52.950 (1:14.702)
8:08.145 (1:15.195)	9:24.066 (1:15.922)	10:40.833 (1:16.767)
11:58.069 (1:17.237)	13:15.371 (1:17.303)	14:31.399 (1:16.028)
3	Syms, John	St. Vincent 16:08.65
36.995 (36.995)	1:51.040 (1:14.045)	3:07.779 (1:16.739)
4:23.685 (1:15.907)	5:40.524 (1:16.839)	6:57.784 (1:17.260)
8:14.811 (1:17.028)	9:32.474 (1:17.663)	10:50.936 (1:18.463)
12:10.293 (1:19.357)	13:31.386 (1:21.094)	14:52.211 (1:20.825)
4	Thomas, Matthew	St. Vincent 16:43.41
38.959 (38.959)	1:55.870 (1:16.912)	3:13.556 (1:17.687)
4:31.778 (1:18.222)	5:50.508 (1:18.730)	7:10.845 (1:20.338)
8:31.538 (1:20.693)	9:53.106 (1:21.569)	11:16.314 (1:23.208)
12:40.041 (1:23.728)	14:03.723 (1:23.682)	15:27.033 (1:23.310)
5	Duncan, Ethan	Bridgewater 16:45.02
39.711 (39.711)	1:58.196 (1:18.485)	3:16.903 (1:18.707)
4:37.736 (1:20.834)	5:57.611 (1:19.875)	7:18.659 (1:21.048)
8:39.625 (1:20.967)	10:01.210 (1:21.585)	11:24.058 (1:22.848)
12:46.735 (1:22.678)	14:10.054 (1:23.319)	15:30.764 (1:20.710)
6	Weaver, Garrett	Roanoke 16:49.65
37.364 (37.364)	1:53.130 (1:15.767)	3:10.884 (1:17.754)
4:29.978 (1:19.094)	5:50.674 (1:20.697)	7:10.549 (1:19.875)
8:31.199 (1:20.650)	9:53.404 (1:22.205)	11:15.271 (1:21.868)
12:38.533 (1:23.262)	14:02.326 (1:23.794)	15:27.375 (1:25.049)

7	Shea, Caleb	Misericordia 17:01.74
39.870 (39.870)	2:00.229 (1:20.359)	3:19.825 (1:19.597)
4:39.671 (1:19.847)	5:58.465 (1:18.794)	7:19.133 (1:20.668)
8:40.110 (1:20.978)	10:02.188 (1:22.078)	11:26.124 (1:23.937)
12:51.494 (1:25.370)	14:16.030 (1:24.537)	15:41.181 (1:25.152)
8	Counts, Levi	Roanoke 17:05.91
37.639 (37.639)	1:53.390 (1:15.752)	3:11.161 (1:17.772)
4:30.340 (1:19.179)	5:50.994 (1:20.654)	7:13.225 (1:22.232)
8:38.068 (1:24.843)	10:02.718 (1:24.650)	11:28.148 (1:25.430)
12:54.511 (1:26.364)	14:21.389 (1:26.878)	15:46.678 (1:25.289)
9	Battistelli, Kenny	St. Vincent 17:07.21
39.175 (39.175)	1:56.956 (1:17.782)	3:16.313 (1:19.357)
4:36.186 (1:19.874)	5:56.829 (1:20.643)	7:19.404 (1:22.575)
8:42.711 (1:23.308)	10:06.935 (1:24.224)	11:32.073 (1:25.138)
12:58.214 (1:26.142)	14:22.938 (1:24.724)	15:47.020 (1:24.083)
10	Pentel, Aidan	Bridgewater 17:12.58
40.224 (40.224)	2:00.208 (1:19.984)	3:20.236 (1:20.029)
4:41.049 (1:20.813)	6:01.926 (1:20.878)	7:24.101 (1:22.175)
8:47.650 (1:23.549)	10:12.639 (1:24.989)	11:36.581 (1:23.943)
13:01.024 (1:24.443)	14:26.149 (1:25.125)	15:52.075 (1:25.927)
11	Jafarace, Joey	St. Vincent 17:15.43
39.219 (39.219)	1:59.925 (1:20.707)	3:20.661 (1:20.737)
4:40.521 (1:19.860)	6:02.368 (1:21.847)	7:23.941 (1:21.574)
8:46.018 (1:22.077)	10:09.100 (1:23.083)	11:35.804 (1:26.704)
13:06.174 (1:30.370)	14:33.981 (1:27.808)	15:58.204 (1:24.223)
12	Buckwalter, Luke	Eastern Menn 17:19.85
39.689 (39.689)	1:59.178 (1:19.489)	3:18.563 (1:19.385)
4:40.780 (1:22.218)	6:03.165 (1:22.385)	7:25.465 (1:22.300)
8:48.248 (1:22.783)	10:11.656 (1:23.409)	11:36.144 (1:24.488)
13:02.863 (1:26.719)	14:30.430 (1:27.568)	15:57.611 (1:27.182)
13	O'Neil, Charlie	Eastern Menn 17:26.67
39.453 (39.453)	1:59.965 (1:20.513)	3:21.501 (1:21.537)
4:43.679 (1:22.178)	6:07.644 (1:23.965)	7:32.550 (1:24.907)
8:58.753 (1:26.203)	10:25.166 (1:26.414)	11:52.929 (1:27.763)
13:21.135 (1:28.207)	14:46.355 (1:25.220)	16:08.709 (1:22.354)
14	Adamson, Trevor	Roanoke 17:41.99
41.060 (41.060)	2:01.905 (1:20.845)	3:24.239 (1:22.334)
4:47.141 (1:22.903)	6:11.664 (1:24.523)	7:36.755 (1:25.092)
9:01.675 (1:24.920)	10:27.855 (1:26.180)	11:55.381 (1:27.527)
13:22.914 (1:27.533)	14:49.669 (1:26.755)	16:15.361 (1:25.693)
---	Newton, Luke	Washington a DNF
36.310 (36.310)	1:48.400 (1:12.090)	3:04.939 (1:16.539)
4:22.950 (1:18.012)	5:41.989 (1:19.039)	7:00.435 (1:18.447)
---	Adamson, Brandon	Bridgewater DNF
41.083 (41.083)	2:01.325 (1:20.243)	3:23.859 (1:22.534)
4:47.636 (1:23.778)	6:11.945 (1:24.309)	7:37.096 (1:25.152)
9:02.543 (1:25.447)	10:30.928 (1:28.385)	12:01.885 (1:30.958)

Washington and Lee Carnival - 3/21/2025 to 3/22/2025

Washington and Lee University

Results

Men 10000 Meter Run

Name	School	Finals
Finals		
1 Verrett, Colin	Washington a	31:57.51
1:17.885 (1:17.885)	2:36.497 (1:18.612)	3:53.454 (1:16.957)
5:08.944 (1:15.490)	6:25.405 (1:16.462)	7:42.282 (1:16.877)
8:59.517 (1:17.235)	10:17.312 (1:17.795)	11:34.337 (1:17.025)
12:51.397 (1:17.060)	14:07.809 (1:16.412)	15:25.039 (1:17.230)
16:42.674 (1:17.635)	18:00.504 (1:17.830)	19:16.965 (1:16.462)
20:34.065 (1:17.100)	21:51.822 (1:17.757)	23:10.037 (1:18.215)
24:27.217 (1:17.180)	25:45.645 (1:18.429)	
28:18.474 (1:16.227)	29:35.964 (1:17.490)	30:51.877 (1:15.914)
2 Sundin, Brady	St. Vincent	32:11.14
1:18.047 (1:18.047)	2:35.797 (1:17.750)	3:54.020 (1:18.224)
5:09.452 (1:15.432)	6:25.665 (1:16.214)	7:42.552 (1:16.887)
8:59.744 (1:17.192)	10:17.389 (1:17.645)	11:34.157 (1:16.769)
12:51.175 (1:17.019)	14:07.532 (1:16.357)	15:24.820 (1:17.289)
16:42.474 (1:17.654)	17:59.854 (1:17.380)	19:17.160 (1:17.307)
20:34.294 (1:17.134)	21:51.994 (1:17.700)	23:09.812 (1:17.819)
24:27.019 (1:17.207)	25:45.964 (1:18.945)	
28:21.577 (1:17.432)	29:38.819 (1:17.242)	30:55.069 (1:16.250)
3 Wymer, Ethan	St. Vincent	32:23.75
1:18.399 (1:18.399)	2:36.300 (1:17.902)	3:53.682 (1:17.382)
5:09.182 (1:15.500)	6:25.334 (1:16.152)	7:42.794 (1:17.460)
8:59.477 (1:16.684)	10:16.742 (1:17.265)	11:33.845 (1:17.104)
12:50.602 (1:16.757)	14:07.300 (1:16.699)	15:24.592 (1:17.292)
16:42.247 (1:17.655)	18:00.077 (1:17.830)	19:18.080 (1:18.004)
20:36.809 (1:18.729)	21:55.077 (1:18.269)	23:14.462 (1:19.385)
24:31.932 (1:17.470)	25:49.430 (1:17.499)	
28:28.302 (1:19.317)	29:48.800 (1:20.499)	31:08.494 (1:19.694)
4 Raynor, Jeffrey	St. Vincent	32:33.24
1:18.569 (1:18.569)	2:36.444 (1:17.875)	3:53.790 (1:17.347)
5:08.902 (1:15.112)	6:25.694 (1:16.792)	7:42.719 (1:17.025)
8:59.824 (1:17.105)	10:17.077 (1:17.254)	11:34.012 (1:16.935)
12:50.942 (1:16.930)	14:07.195 (1:16.254)	15:24.499 (1:17.304)
16:42.719 (1:18.220)	18:00.324 (1:17.605)	19:17.752 (1:17.429)
20:37.397 (1:19.645)	21:57.139 (1:19.742)	23:17.542 (1:20.404)
24:36.747 (1:19.205)	25:56.677 (1:19.930)	
28:37.542 (1:20.780)	29:58.629 (1:21.087)	31:19.622 (1:20.994)
5 McKenna, Tavian	Misericordia	33:25.72
1:18.600 (1:18.600)	2:36.987 (1:18.387)	3:54.205 (1:17.219)
5:09.992 (1:15.787)	6:27.370 (1:17.379)	7:47.012 (1:19.642)
9:06.304 (1:19.292)	10:26.015 (1:19.712)	11:44.847 (1:18.832)
13:03.494 (1:18.647)	14:23.674 (1:20.180)	15:43.560 (1:19.887)
17:03.482 (1:19.922)	18:23.855 (1:20.374)	19:44.784 (1:20.929)
21:05.990 (1:21.207)	22:28.709 (1:22.719)	23:52.334 (1:23.625)
25:14.979 (1:22.645)	26:37.572 (1:22.594)	
29:23.264 (1:21.390)	30:46.937 (1:23.674)	32:09.869 (1:22.932)

6 Hughes, Joseph	Southern Vir	33:27.94
1:21.510 (1:21.510)	2:43.214 (1:21.704)	4:04.924 (1:21.710)
5:27.862 (1:22.939)	6:50.144 (1:22.282)	8:10.557 (1:20.414)
9:31.174 (1:20.617)	10:52.305 (1:21.132)	12:14.174 (1:21.869)
13:35.954 (1:21.780)	14:58.427 (1:22.474)	16:20.234 (1:21.807)
17:41.489 (1:21.255)	19:02.982 (1:21.494)	20:25.992 (1:23.010)
21:47.160 (1:21.169)	23:06.997 (1:19.837)	24:27.284 (1:20.287)
25:46.287 (1:19.004)	27:02.005 (1:15.719)	
29:40.575 (1:21.645)	31:02.840 (1:22.265)	32:19.899 (1:17.059)
7 Kemp, Kenyon	Southern Vir	35:34.45
1:21.379 (1:21.379)	2:42.962 (1:21.584)	4:04.669 (1:21.707)
5:27.627 (1:22.959)	6:50.472 (1:22.845)	8:10.944 (1:20.472)
9:31.434 (1:20.490)	10:52.652 (1:21.219)	12:14.469 (1:21.817)
13:36.230 (1:21.762)	14:59.039 (1:22.809)	16:21.184 (1:22.145)
17:42.152 (1:20.969)	19:05.407 (1:23.255)	20:30.410 (1:25.004)
21:54.969 (1:24.559)	23:23.439 (1:28.470)	24:52.575 (1:29.137)
26:22.942 (1:30.367)	27:58.524 (1:35.582)	
31:00.815 (1:25.870)	32:35.674 (1:34.859)	34:09.289 (1:33.615)
8 Parvzian, Cameron	Marymount (V	36:38.24
1:27.194 (1:27.194)	2:57.084 (1:29.890)	4:28.025 (1:30.942)
5:57.222 (1:29.197)	7:24.769 (1:27.547)	8:54.802 (1:30.034)
10:22.979 (1:28.177)	11:49.967 (1:26.989)	13:18.244 (1:28.277)
14:45.872 (1:27.629)	16:14.664 (1:28.792)	17:43.174 (1:28.510)
19:11.535 (1:28.362)	20:38.234 (1:26.699)	22:05.950 (1:27.717)
23:34.520 (1:28.570)	25:03.370 (1:28.850)	26:32.219 (1:28.849)
28:00.575 (1:28.357)	29:28.464 (1:27.889)	
32:24.330 (1:28.005)	33:53.044 (1:28.714)	35:19.414 (1:26.370)
9 Scialabba, Rory	Misericordia	37:12.00
1:26.784 (1:26.784)	2:57.380 (1:30.597)	4:27.194 (1:29.814)
5:56.820 (1:29.627)	7:24.340 (1:27.520)	8:54.470 (1:30.130)
10:23.639 (1:29.169)	11:49.672 (1:26.034)	13:19.115 (1:29.444)
14:48.070 (1:28.955)	16:16.727 (1:28.657)	17:45.252 (1:28.525)
19:14.445 (1:29.194)	20:43.825 (1:29.380)	22:14.457 (1:30.632)
23:45.500 (1:31.044)	25:15.997 (1:30.497)	26:46.649 (1:30.652)
28:17.154 (1:30.505)	29:46.710 (1:29.557)	
32:46.769 (1:29.900)	34:16.802 (1:30.034)	35:46.430 (1:29.629)

Men 110 Meter Hurdles

Name	School	Finals
Finals		
1 Marable, George	Washington a	15.25 -0.5
2 Irwin, Ryan	Muskingum	15.32 -0.5
3 McGuffey, Owen	Misericordia	15.50 -0.5
4 Hodge, Bryce	Case Western	15.58 -0.5
5 Amlacher, Joe	Bridgewater	15.86 1.5
6 Graham, Daniel	Roanoke	16.05 -0.5
7 Groff, Bryant	Misericordia	16.09 1.5
8 Bailey, Shaddai	Eastern Menn	16.38 1.5
9 Jakubowski-Lewis, Daniel	Washington a	16.45 -0.5
10 Neel, Davis	Roanoke	16.62 1.5
11 Del Pontone, Nickolino	Southern Vir	17.40 1.5
12 Vaughn, Will	Washington a	17.42 1.5

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Men 400 Meter Hurdles

Name	School	Finals
Finals		
1 McKenna, Ryan	Washington a	56.11
2 Bates, Josh	Case Western	56.13
3 Follett, Harrison	Misericordia	56.89
4 Kasischke, Wilson	Washington a	57.00
5 Jakubowski-Lewis, Daniel	Washington a	57.83
6 Knick, Dylan	Roanoke	59.40
7 Armstrong, Isaac	Southern Vir	59.41
8 Glaspie, Jeremiah	Lynchburg	59.64
9 Davis, Diver	Roanoke	1:01.46
10 Brula, Aaron	Case Western	1:02.23
11 Graham, Daniel	Roanoke	1:02.98
12 Cortez, Angel	Southern Vir	1:06.89
13 Ward, Teague	Roanoke	1:09.34

Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Kishna, Luke	Case Western	9:50.40
44.669 (44.669)	2:03.431 (1:18.762)	3:20.860 (1:17.429)
4:38.447 (1:17.587)	5:56.276 (1:17.829)	7:14.710 (1:18.434)
8:34.575 (1:19.865)	9:50.396 (1:15.821)	
2 Nash, Victor	Case Western	10:16.51
45.242 (45.242)	2:04.740 (1:19.498)	3:23.664 (1:18.924)
4:44.452 (1:20.788)	6:04.168 (1:19.716)	7:26.657 (1:22.489)
8:52.640 (1:25.983)	10:16.508 (1:23.868)	
3 Syms, John	St. Vincent	10:44.01
45.094 (45.094)	2:06.283 (1:21.189)	3:28.898 (1:22.615)
4:56.455 (1:27.557)	6:25.296 (1:28.841)	7:53.133 (1:27.837)
9:22.140 (1:29.007)	10:44.003 (1:21.863)	
4 Ramirez Hannon, Gabe	Roanoke	10:44.46
44.938 (44.938)	2:04.039 (1:19.101)	3:24.194 (1:20.155)
4:48.859 (1:24.665)	6:16.522 (1:27.663)	7:47.900 (1:31.378)
9:19.954 (1:32.054)	10:44.455 (1:24.501)	
5 Johnson, Carter	Southern Vir	11:15.55
45.742 (45.742)	2:06.331 (1:20.589)	3:30.086 (1:23.755)
5:01.604 (1:31.518)	6:34.587 (1:32.983)	8:10.974 (1:36.387)
9:46.270 (1:35.296)	11:15.549 (1:29.279)	

Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Muskingum	A	43.25
2 Washington and Lee	A	43.26
3 Marymount (Va.)	A	43.63
4 St. Vincent (Pa.)	A	44.20

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Misericordia	A	3:19.65
49.354 (49.354)	1:39.960 (50.607)	2:31.659 (51.699)

2 Washington and Lee	A	3:20.48
49.736 (49.736)	1:40.511 (50.775)	2:30.876 (50.365)
3 Muskingum	A	3:23.51
52.438 (52.438)	1:42.899 (50.462)	2:34.961 (52.063)
4 Eastern Mennonite	A	3:25.73
51.198 (51.198)	1:43.641 (52.444)	2:36.314 (52.673)
5 Southern Virginia	A	3:26.16
50.549 (50.549)	1:43.040 (52.492)	2:36.079 (53.039)
6 Washington and Lee	B	3:28.22
51.858 (51.858)	1:44.151 (52.294)	2:36.003 (51.852)
7 St. Vincent (Pa.)	A	3:34.60
49.864 (49.864)	1:46.482 (56.619)	2:40.429 (53.947)
8 Washington and Lee	C	3:35.50
52.701 (52.701)	1:49.147 (56.447)	2:42.199 (53.052)
9 Misericordia	B	3:36.51
55.987 (55.987)	1:50.505 (54.518)	2:46.160 (55.655)
10 Southern Virginia	B	3:37.42
51.967 (51.967)	1:48.394 (56.427)	2:43.499 (55.105)
11 St. Vincent (Pa.)	B	3:50.89
55.925 (55.925)	1:51.554 (55.629)	2:53.212 (1:01.659)

Men High Jump

Name	School	Finals
Finals		
1 Hipp, Aidan	Lynchburg	1.94m
2 Lee, Jaren	Lynchburg	J1.94m
3 Birchett, Trey	Bridgewater	J1.94m
4 Rose, Elijah	Lynchburg	1.89m
5 Christman, Thomas	Muskingum	1.84m
5 Roupe, Cody	Roanoke	1.84m
7 Gupta, Krish	Case Western	1.79m
8 Pernel, Jordan	Misericordia	1.74m
8 Perez, Nelson	Misericordia	1.74m
10 Rohrbaugh, Adam	Muskingum	1.69m
10 Measel, Lucas	St. Vincent	1.69m
10 Grant, Clayton	Marymount (V	1.69m
--- Vaughn, Will	Washington a	NH
--- Hill, Iverson	Misericordia	NH
--- Johnson, Cadyn	Marymount (V	NH

Men Pole Vault

Name	School	Finals
Finals		
1 Langhammer, Evan	Washington a	4.46m
2 Lamarre, Quaylen	Case Western	4.31m
3 Johnson, McCormick	Southern Vir	J4.31m
4 Silvester, Alex	Southern Vir	J4.31m
5 Knicely, Walker	Bridgewater	4.16m
5 Powell, Julian	Lynchburg	4.16m
6 Martin, Jak	Southern Vir	J4.16m
8 McCombs, Dominic	Roanoke	3.86m
8 Mast, Micah	Eastern Menn	3.86m
10 Berman, Joshua	Case Western	J3.86m
11 Bastow, Cliff	Southern Vir	3.71m
12 Spillman, Troy	Washington a	3.56m
13 Rai, Utshab	Bridgewater	3.41m

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Finals ... (Men Pole Vault)

Name	School	Finals
13 Michael, Lukas	Washington a	3.41m
13 King, Colin	Bridgewater	3.41m
--- Rohrbaugh, Adam	Muskingum	NH
--- Goldstein, David	Case Western	NH
--- Graham, Daniel	Roanoke	NH
--- Newsome, Reed	Southern Vir	NH
--- Arnold, Parker	Southern Vir	NH

Men Long Jump

Name	School	Finals
Finals		
1 Brunelle, Matthieu	Misericordia	6.94m 1.7
2 Geoffrion, Pierre-Andre	Case Western	6.68m 0.9
3 Gastrich, Trey	Muskingum	6.51m 0.9
4 Lamb, Lauchnor	Bridgewater	6.45m 0.3
5 Martino, Guillermo	Lynchburg	6.38m 1.6
6 Lacayo, Daven	Lynchburg	6.30m +0.0
7 Olson, Troy	Case Western	6.24m -0.3
8 Pessoa, Marcone	Marymount (V	6.23m 0.4
9 Mauer, Ty	Lynchburg	6.21m -2.5
10 Gupta, Krish	Case Western	6.17m 0.2
11 Browne, Ian	Bridgewater	6.16m 0.7
12 Christman, Thomas	Muskingum	6.09m -0.8
13 Evans, Connor	Case Western	6.00m 0.4
14 Vaughn, Will	Washington a	5.93m -0.2
15 Haynes, Patrick	Washington a	5.90m -1.4
16 Perez, Nelson	Misericordia	5.83m 0.3
17 Hill, Iverson	Misericordia	5.68m -1.0
18 Small, Fidel	Washington a	5.65m -1.2
19 Falls, Kyle	Marymount (V	5.62m -0.5
20 Tomlinson, Trey	Roanoke	5.55m 1.6
21 Taylor, Blake	Southern Vir	5.52m +0.0
22 Knick, Dylan	Roanoke	5.36m -0.2
23 Olea, Zafit	Marymount (V	5.03m 0.7

Men Triple Jump

Name	School	Finals
Finals		
1 Hinton, Demitri	Lynchburg	14.02m 2.7
2 Brunelle, Matthieu	Misericordia	13.61m 2.1
3 Small, Fidel	Washington a	13.19m 0.3
4 Haynes, Patrick	Washington a	13.13m 1.1
5 Tomlinson, Trey	Roanoke	12.83m 0.8
6 Armstrong, Isaac	Southern Vir	12.64m 2.1
6 Gupta, Krish	Case Western	12.64m 1.3
8 Pascual, Ryan	Southern Vir	12.56m 1.6
9 Evans, Connor	Case Western	12.45m 1.3
10 Olson, Troy	Case Western	12.16m 1.2
11 Suraci, Evan	St. Vincent	11.76m 0.9

Men Shot Put

Name	School	Finals
Finals		
1 Flores, Jesus	Bridgewater	14.10m

2 Thomas, Nathan	Muskingum	13.59m
3 Brown, Brayden	Misericordia	13.29m
4 Knight, Will	Washington a	13.24m
5 Gehr, Stephen	Misericordia	13.14m
6 McKinney, O'Keefe	Washington a	12.82m
7 Bailey, Jared	St. Vincent	12.59m
8 Sarsfield, Jim	Roanoke	12.20m
9 Bajski, Stevan	Washington a	11.99m
10 Leichty, Grant	Eastern Menn	11.71m
11 Hughes, Evyn	Roanoke	11.59m
12 Hoffman, Bryce	Bridgewater	11.17m
13 Vigus, Aidan	Roanoke	10.89m
14 Goodbar, McKinley	Bridgewater	10.77m
15 Adams, Daxton	Southern Vir	10.69m
16 Lacroix, Omarion	Mary Baldwin	10.54m
17 Solanki, Ishaan	Case Western	10.32m
18 Lee, Mason	Case Western	10.28m
19 Kue, Joshua	Case Western	9.90m
20 Trapp, Lincoln	Southern Vir	9.40m
21 Shuey, Zach	St. Vincent	9.21m
22 Harris, Antonio	Bridgewater	8.82m
23 Smith, Hunter	Misericordia	8.40m
24 Lawson, Mathew	Eastern Menn	8.17m
25 Ramos, Will	Eastern Menn	7.81m
--- Jackson, Will	Muskingum	FOUL

Men Discus Throw

Name	School	Finals
Finals		
1 Avigliano, Leo	Washington a	44.66m
2 Knight, Will	Washington a	40.52m
3 Flynn, Joe	Bridgewater	39.98m
4 Jackson, Will	Muskingum	39.95m
5 Harris, Antonio	Bridgewater	39.94m
6 Brown, Brayden	Misericordia	38.60m
7 Evans, Connor	Case Western	37.20m
8 McCormick, Andy	Lynchburg	35.42m
9 Hoffman, Bryce	Bridgewater	34.09m
10 Goleno, Nick	Bridgewater	34.06m
11 Novak, Evan	Washington a	33.77m
12 McKinney, O'Keefe	Washington a	32.92m
13 Agyemang, Kwabena	Case Western	32.56m
14 Beus, Dallan	Southern Vir	32.38m
15 Solanki, Ishaan	Case Western	32.21m
16 Gehr, Stephen	Misericordia	32.04m
17 Hughes, Evyn	Roanoke	31.82m
18 Sarsfield, Jim	Roanoke	30.69m
19 Leichty, Grant	Eastern Menn	30.58m
20 Shuey, Zach	St. Vincent	29.85m
21 Duncan, Ryan	Bridgewater	29.26m
22 Thomas, Nathan	Muskingum	29.19m
23 Amato, Zachary	Muskingum	28.97m
24 Goodbar, McKinley	Bridgewater	27.94m
24 Bailey, Jared	St. Vincent	27.94m
26 Schreier, Chance	Case Western	26.41m
27 Mitchell, Scott	Misericordia	26.09m

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Finals ... (Men Discus Throw)

	Name	School	Finals
28	Lee, Mason	Case Western	25.36m
29	Raynor, Jeffrey	St. Vincent	19.15m

Men Hammer Throw

	Name	School	Finals
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Finals

1	Smith, Michael	Bridgewater	53.08m
2	Jackson, Will	Muskingum	49.56m
3	Gihl, Stephen	Misericordia	46.16m
4	Novak, Evan	Washington a	45.97m
5	Sarsfield, Jim	Roanoke	45.60m
6	Flores, Jesus	Bridgewater	43.06m
7	Flynn, Joe	Bridgewater	39.68m
8	Agyemang, Kwabena	Case Western	37.75m
9	Hoffman, Bryce	Bridgewater	37.60m
10	Avigliano, Leo	Washington a	35.88m
11	Harris, Antonio	Bridgewater	35.84m
12	McCormick, Andy	Lynchburg	35.05m
13	Facchino, Bryton	Southern Vir	34.02m
14	Vigus, Aidan	Roanoke	33.69m
15	Duncan, Ryan	Bridgewater	32.83m
16	Solanki, Ishaan	Case Western	32.71m
17	Goleno, Nick	Bridgewater	32.27m
18	Schreier, Chance	Case Western	30.05m
19	Adams, Daxton	Southern Vir	29.72m
20	Langsner, Tobias	Case Western	29.69m
21	Goodbar, McKinley	Bridgewater	27.85m
22	Navarro, Fiell	Bridgewater	25.45m
23	Vye, Andrew	Case Western	24.64m
---	Ramos, Will	Eastern Menn	FOUL
---	Smith, Hunter	Misericordia	FOUL

Men Javelin Throw

	Name	School	Finals
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Finals

1	Opp, Nolan	Southern Vir	52.13m
2	Solanki, Ishaan	Case Western	48.95m
3	Makowski, Brandon	Washington a	47.44m
4	Jackson, Will	Muskingum	45.09m
5	Trapp, Lincoln	Southern Vir	42.43m
6	Alderman, Cy	Bridgewater	42.40m
7	Birchett, Trey	Bridgewater	42.21m
8	Bauerline, Connor	St. Vincent	41.71m
9	Vigus, Aidan	Roanoke	39.71m
10	Schreier, Chance	Case Western	39.50m
11	Vaughn, Will	Washington a	39.44m
12	Mauer, Ty	Lynchburg	39.25m
13	Amato, Zachary	Muskingum	39.10m
14	Bajski, Stevan	Washington a	38.31m
15	Adams, Daxton	Southern Vir	38.29m
16	Kue, Joshua	Case Western	38.18m
17	Glaspie, Jeremiah	Lynchburg	37.88m
18	Bannasch, Tristen	Mary Baldwin	36.29m
19	Spillman, Troy	Washington a	35.68m

20	Knowles, Luke	Lynchburg	33.50m
21	Christman, Thomas	Muskingum	31.58m
22	James, Aden	Southern Vir	30.31m
23	Galaspie, Liam	Marymount (V	30.06m
24	Lawson, Mathew	Eastern Menn	28.45m
25	Vye, Andrew	Case Western	27.48m
26	Lacroix, Omarion	Mary Baldwin	27.17m
27	Rahman, Samir	Marymount (V	21.14m