

CAA Indoor Championships - 2/26/2025 to 2/27/2025

Virginia Beach Sports Center

Results

Men 60 Meter Dash

Facility: 6.61 \$ Joseph Amoah
 Conference: 6.64 € 2023 Jamal Miller
 Meet: 6.68 # 2024 Ethan Exilhomme

Name	Yr	School	Prelims
Preliminaries			
1	Holmes, Jason	JR NCAT	6.78Q
2	Jackson, Caleb	SR NCAT	6.81Q
3	Brock, Ahmad	SR Monmouth	6.88Q
4	Howard, Tristen	SR Northeastern	6.79q
5	Gumbs, Jaeden	SR NCAT	6.83q
6	Williams, Brunner	SO Northeastern	6.85q
7	Clark, Jaden	JR Hampton	6.87q
8	McInTosh, Deondre	SO Hampton	6.89q
9	Benjamin, Nakhi	SO NCAT	6.90
10	Landry, Thomas	SO Northeastern	6.94
11	McManus Jr., Correy	FR NCAT	6.95
12	Barnes, Khari	SO Hampton	6.95
13	Burrus, James	JR Monmouth	6.99
14	Dupree, Mekhi	FR Campbell	7.41
---	Cobbs, Hayden	SR Campbell	FS

Men 200 Meter Dash

Facility: 20.55 \$ Mekanakaishe Charamba
 Conference: 20.88 € 2023 Dominique Alexander
 Meet: 20.90 # 2024 Doinique Alexander

Name	Yr	School	Prelims
Preliminaries			
1	Holmes, Jason	JR NCAT	20.97q
2	Ware, Jordan	SO NCAT	21.02q
3	Benjamin, Nakhi	SO NCAT	21.13q
4	Taylor, Isaiah	SO NCAT	21.15q
5	Williams, Brunner	SO Northeastern	21.24q
6	Jackson, Caleb	SR NCAT	21.48q
7	Landry, Thomas	SO Northeastern	21.51q
8	Howard, Tristen	SR Northeastern	21.61q
9	McInTosh, Deondre	SO Hampton	21.92
10	Berry, Taeshawn	FR Northeastern	21.96
11	Skinner, Glenn	SR Campbell	22.13
12	Dupree, Mekhi	FR Campbell	22.16
13	Cowan, Chadison	FR Hampton	22.24
14	Padron, Alec	SR Hofstra	23.94
---	Clark, Jaden	JR Hampton	FS
---	Barnes, Khari	SO Hampton	DNF

Men 400 Meter Dash

Facility: 45.99 \$ Raheem Hayles
 Conference: 45.95 € 2022 Reheem Hayles
 Meet: 45.99 # 2023 Reheem Hayles

Name	Yr	School	Prelims
Preliminaries			
1	Taylor, Xzaviah	SO NCAT	47.99q
2	Gurnell, Caleb	SO NCAT	48.01q
3	Anderson, Justin	FR Hampton	48.02q
4	Rice, Austin	JR William & Ma	48.02q

5	Brittingham, Michael	SR NCAT	48.42q
6	Freeman, William	SO Monmouth	48.44q
7	Seekford, David	SO William & Ma	48.45q
8	Ricketts, Jordan	SR Monmouth	48.77q
9	Cowan, Chadison	FR Hampton	48.82
10	Emmanuel, Johnny	SO Northeastern	48.87
11	Skinner, Glenn	SR Campbell	48.93
12	Nya, Brandon	SR NCAT	49.09
13	Baldelli, Aiden	SO Monmouth	49.18
14	Beers, Andrew	FR Monmouth	49.38
15	Danner, Daniel	FR Hampton	50.07
16	Jordan, Braden	SO NCAT	51.06
17	Onovo, David	SO Stony Brook	51.96

Men 800 Meter Run

Facility: 1:46.78 \$ Oussama El Bouchayby
 Conference: 1:47.05 € 2023 Leo Davis
 Meet: 1:48.56 # 2023 Dugion Blackmman

Name	Yr	School	Prelims
Preliminaries			
1	Kumer, Jonathan	JR William & Ma	1:52.29Q
2	Abdalla, Ibrahim	FR Hampton	1:53.21Q
3	Grogan, Dawson	JR NCAT	1:53.60Q
4	Al-YaFee, Mohammed	JR Hampton	1:52.56Q
5	Rogers, Conall	JR Northeastern	1:53.39Q
6	Caraccio, Stone	SR Monmouth	1:53.85Q
7	Cherry, Reed	SR Northeastern	1:52.72q
8	Walker, Dyimond	JR NCAT	1:52.87q
9	Thomas, Elijah	FR NCAT	1:53.52
10	Kenny, Andrew	SO Northeastern	1:53.86
11	Moore, Ian	SR Monmouth	1:53.97
12	Bauer, Amberson	SO William & Ma	1:54.47
13	Conway, Kaleb	SO NCAT	1:55.29
14	Ambriton, Nellie	FR Hampton	1:55.34
15	Hall, Eddie	SO NCAT	1:55.38
16	Raina, Ajay	FR Northeastern	1:55.72
17	Jemison, Xavier	JR Hampton	1:56.71
18	Thompson, Lucas	SO William & Ma	1:57.25
19	Green, Quinn	SO William & Ma	2:03.02

Men 1 Mile Run

Facility: 4:01.11 \$ Brandon Tubby
 Conference: 3:57.43 € 2023 Benjamin Godish
 Meet: 4:03.80 # 2024 Benjamin Godish

Name	Yr	School	Prelims
Preliminaries			
1	Godish, Benjamin	SR Northeastern	4:09.53Q
2	Green, Ethan	FR Stony Brook	4:13.75Q
3	McDonnell, Declan	SR Monmouth	4:09.76Q
4	Brogan, Tyler	SR Northeastern	4:13.78Q
5	Pritchard, Samuel	SR William & Ma	4:10.75Q
6	Wilcox, Caleb	FR William & Ma	4:14.16Q
7	Caso, Daniel	SR Northeastern	4:12.15Q
8	Redman, Jacob	FR Northeastern	4:14.43Q
9	Grilli, Nico	JR Monmouth	4:13.23q
10	Hesler, Ryan	FR Stony Brook	4:15.60q

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Preliminaries ... (Men 1 Mile Run)

Name	Yr	School	Prelims
11 Taylor, Joseph	JR	William & Ma	4:16.45q
12 Thu, William	SO	Hofstra	4:18.02q
13 Willis, Kylan	SR	NCAT	4:18.45
14 Fagan, Eric	FR	William & Ma	4:19.75
15 Anderson, Henry	SO	William & Ma	4:24.82
16 McLoughlin, Collin	FR	Stony Brook	4:25.92

Men 5000 Meter Run

Facility: 13:05.60 \$

Emmanuel Bor

Conference: 13:39.61 € 2022

Abraham Longosiwa

Meet: 14:03.60 # 2024

Carlos Santos

Name	Yr	School	Finals
1 Godish, Benjamin	SR	Northeastern	13:57.24# 10
2 Trapp, Hayes	FR	William & Ma	13:59.62# 8
3 Longosiwa, Abraham	JR	Hofstra	14:09.29 6
4 Van Houten, Zach	SO	Hofstra	14:23.65 5
5 Sarney, Ryan	SO	Northeastern	14:29.04 4
6 Boyle, Nico	FR	Northeastern	14:29.28 3
7 Gartner, Henry	SO	Stony Brook	14:31.63 2
8 Rackley, Carson	FR	William & Ma	14:39.36 1
9 Ellwood, Luke	SR	William & Ma	14:43.95
10 Torrillo, Daniel	SO	Hofstra	14:47.47
11 kuenkel, Nick	FR	Monmouth	14:48.90
12 Tremain, Tennessee	JR	Monmouth	14:48.96
13 Jennings, Nate	SR	William & Ma	14:56.14
14 Bertola, Joseph	SO	Stony Brook	14:58.55
15 Fontanez, John	SO	Stony Brook	15:04.13
16 Golden, Peyton	SO	William & Ma	15:05.03
17 Hawkes, Michael	JR	Stony Brook	15:07.36
18 Maneri, Luca	JR	Stony Brook	15:30.28
19 Beck, Brian	JR	Hofstra	15:44.45

Men 60 Meter Hurdles

Facility: 7.69 \$

Dylan Beard

Conference: 7.60 € 2023

Ethan Exilhomme

Meet: 7.65 # 2024

Jason Holmes

Name	Yr	School	Prelims
1 Holmes, Jason	JR	NCAT	7.77Q
2 Smith IV, Thomas	JR	NCAT	7.83Q
3 Taylor, Isaiah	SO	NCAT	8.01Q
4 Thompson, Savion	SR	Northeastern	8.10Q
5 Taylor, Xzaviah	SO	NCAT	8.08q
6 Brooks, Aaron	JR	Monmouth	8.14q
7 Strong, David	SR	Monmouth	8.28q
8 Beers, Andrew	FR	Monmouth	8.42q
9 Stover, Leconte	JR	Monmouth	8.46
10 Boag, Garrett	SO	Monmouth	8.60
11 Scarry, Ryan	FR	Stony Brook	8.88

Men Distance Medley

Facility: 9:42.81 \$

Conference: 9:37.38 € 2022

S Caraccio, J Jones, I Moore, L DiLaurenzio

Meet: 9:56.51 # 2023

A Narita, P Sylvain, R Dailor, B Godish

Team	Relay	Finals
Finals		
1 William & Mary	A	10:01.46 10
1) DiStefano, Brendan JR	2) Robinson, Jacob SO	
3) Henkel, Luke JR	4) Walsh, Collin FR	
2 Monmouth	A	10:04.99 8
1) Reed, Sebastien SR	2) Baldelli, Aiden SO	
3) Riley, Luke SR	4) Rossi, Gavin FR	
3 Stony Brook	A	10:05.84 6
1) Burfeind, Thomas SR	2) Nowak, Walesky FR	
3) Xerri, Mario SR	4) Liebowitz, Brian FR	
4 Northeastern	A	10:07.26 5
1) Mattingly, Jack FR	2) Emmanuel, Johnny SO	
3) Gruczka, Ryan SO	4) Gara Grady, Cian FR	
5 Campbell	A	10:22.34 4
1) Barrett, Andrew SO	2) Wetherholt, Robert SO	
3) Morris, Elias FR	4) Hayes, Hudson JR	
--- Ncat	A	DQ
1) Conway, Kaleb SO	2) Nya, Brandon SR	
3) Thomas, Elijah FR	4) Willis, Kylan SR	

Men Pole Vault

Facility: 5.52m \$

Vlad Malykhin

Conference: 5.10m € 2022

Dalton Yeust

Meet: 5.10m # 2023

Dalton Yeust

Name	Yr	School	Finals
Finals			
1 Yeust, Dalton	SR	Monmouth	4.90m 10
2 Volkmar, Jan	SR	Monmouth	J4.90m 8
3 Wise, Reagan	SO	Campbell	4.65m 5.5
3 Pantazopoulos, Athanasios	SR	Northeastern	4.65m 5.5
5 Tucker, Floyd	JR	Hampton	4.50m 4
6 Zuckerman, Max	JR	Northeastern	4.35m 3
7 Yuen, Alexander	FR	Northeastern	J4.35m 2
8 Carroll, Jacob	FR	Campbell	4.20m 1
9 Askew, Mason	SR	Campbell	J4.20m
10 Mintz, John	SR	William & Ma	4.05m
11 Holler, Nathan	FR	Campbell	J4.05m
--- Xu, Kevin	JR	Northeastern	NH

Men Long Jump

Facility: 8.04m \$

Henry Kiner

Conference: 7.35m € 2023

Kelvin Fonville

Meet: 7.34m # 2024

Aeneas Reed

Name	Yr	School	Finals
Finals			
1 Brock, Ahmad	SR	Monmouth	7.27m 10
2 Ernest, Joseph	FR	Hampton	7.20m 8
3 Strong, David	SR	Monmouth	7.11m 6

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Finals ... (Men Long Jump)

Name	Yr	School	Finals
4 Brooks, Aaron	JR	Monmouth	7.10m 5
5 Reed, Aeneas	SR	NCAT	7.07m 4
6 Brokaw, Jacob	SO	Monmouth	7.03m 3
7 Lucas, Kaleb	SO	NCAT	6.99m 2
8 Partee, Xavier	SO	NCAT	6.86m 1
9 White, Marquis	FR	Hampton	6.69m
10 Suttles, William	SO	NCAT	6.62m
11 Buie, TyHeak	FR	NCAT	6.59m
12 Bonser, Dylan	SO	Monmouth	6.58m
13 Thompson, Savion	SR	Northeastern	6.50m
--- Williams, Tanner	FR	Hampton	FOUL

Men Weight Throw

Facility: 22.25m \$ 2/7/2025 Jeremiah Nubbe
 Conference: 19.04m € 2022 Mujeeb Ali
 Meet: 18.86m # 2024 Nicholas Pisciotta

Name	Yr	School	Finals
1 Pisciotta, Nicholas	SR	Northeastern	19.00m# 10
2 Robinson, Tremain	SR	Northeastern	18.41m 8
3 Henry, Alex	FR	NCAT	17.71m 6
4 Bazzichi, Ross	JR	William & Ma	17.55m 5
5 Miller, Fanon	SO	Hampton	17.21m 4
6 Bailor, AJ	SR	Monmouth	16.61m 3
7 Moreau, Aidan	SO	Northeastern	16.57m 2
8 Alexander, Carlos	SR	NCAT	15.94m 1
9 DelSasso, Zackery	FR	Northeastern	14.61m
--- Brock, Evan	SR	Campbell	FOUL

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
1 Strong, David	SR	Monmouth	7.02 875
2 Volkmar, Jan	SR	Monmouth	7.19 816
3 Walsh, Brian	SO	William & Ma	7.26 792
4 Boag, Garrett	SO	Monmouth	7.28 785
5 Bonser, Dylan	SO	Monmouth	7.30 779
6 Wisnaskas, Paul	SR	Northeastern	7.30 779
7 Oettl, Matthias	JR	William & Ma	7.48 719
8 Harris, Cole	SR	William & Ma	7.63 671
9 Albers, Gabriel	SR	William & Ma	7.80 619

Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
1 Bonser, Dylan	SO	Monmouth	1.92m 731
2 Walsh, Brian	SO	William & Ma	1.89m 705
2 Wisnaskas, Paul	SR	Northeastern	1.89m 705
4 Strong, David	SR	Monmouth	1.86m 679
5 Boag, Garrett	SO	Monmouth	1.77m 602
5 Harris, Cole	SR	William & Ma	1.77m 602
7 Albers, Gabriel	SR	William & Ma	1.71m 552
7 Volkmar, Jan	SR	Monmouth	1.71m 552
9 Oettl, Matthias	JR	William & Ma	1.65m 504

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
1 Strong, David	SR	Monmouth	7.24m 871
2 Bonser, Dylan	SO	Monmouth	6.76m 757
3 Walsh, Brian	SO	William & Ma	6.60m 720
4 Wisnaskas, Paul	SR	Northeastern	6.41m 677
5 Volkmar, Jan	SR	Monmouth	6.39m 673
6 Albers, Gabriel	SR	William & Ma	6.32m 657
7 Oettl, Matthias	JR	William & Ma	5.88m 561
8 Harris, Cole	SR	William & Ma	5.84m 552
9 Boag, Garrett	SO	Monmouth	5.81m 546

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
1 Volkmar, Jan	SR	Monmouth	13.50m 698
2 Strong, David	SR	Monmouth	12.93m 663
3 Walsh, Brian	SO	William & Ma	12.82m 656
4 Oettl, Matthias	JR	William & Ma	11.33m 566
5 Albers, Gabriel	SR	William & Ma	10.80m 534
6 Wisnaskas, Paul	SR	Northeastern	10.75m 531
7 Harris, Cole	SR	William & Ma	10.71m 528
8 Bonser, Dylan	SO	Monmouth	10.11m 492
9 Boag, Garrett	SO	Monmouth	9.17m 436

Men Heptathlon

Facility: 5623 \$ Jakob Tordsen
 Conference: 5173 € 2023 Brian Walsh
 Meet: 5173 # 2024 Brian Walsh

Name	Yr	School	Finals
1 Strong, David	SR	Monmouth	3088
2 Walsh, Brian	SO	William & Ma	2873
3 Bonser, Dylan	SO	Monmouth	2759
4 Volkmar, Jan	SR	Monmouth	2739
5 Wisnaskas, Paul	SR	Northeastern	2692
6 Boag, Garrett	SO	Monmouth	2369
7 Albers, Gabriel	SR	William & Ma	2362
8 Harris, Cole	SR	William & Ma	2353
9 Oettl, Matthias	JR	William & Ma	2350

Men - Team Rankings - 5 Events Scored

1) Monmouth	53
2) Northeastern	52.5
3) William & Mary	24
4) Hampton	16
5) NCAT	14
6) Hofstra	11
7) Campbell	10.5
8) Stony Brook	8