

## Atlantic 10 Indoor Championships - 2/28/2025 to 3/1/2025

## Virginia Beach Sports Center

## Results

## Men 60 Meter Dash

Facility: 6.61 # Joseph Amoah  
 Meet: 6.73 \$ 2024 Tristen Howard  
 Meet: 6.73 \$ 2024 Emmanuel Oche

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Arbogast, Alex	SO Rhode Island	6.78q
2	Abdul Latif, Njaminaweh	FR Fordham	6.82q
3	Raye, LJ	SR Rhode Island	6.83q
4	Henry, Ben	JR St. Joseph's	6.85q
5	Oche, Emmanuel	SO VCU	6.85q
6	Johnson, Jalen	JR George Mason	6.87q
7	Volkerts, Jacob	FR Rhode Island	6.93q
8	Hallums, Christian	FR VCU	6.94q
9	Gaskins, Godot	JR Umass Amhers	6.98
10	Lewis, Winston	SO Umass Amhers	6.98
11	Shields, Denver	FR George Mason	6.98
12	King, Ashton	JR George Mason	7.00
13	Kurtz, AJ	FR Davidson	7.04
14	Volz, Liam	JR Fordham	7.05
15	Ross, Kaiden	FR VCU	7.08
16	Creeley, Liam	SR Rhode Island	7.10
17	Brockmiller, Boen	FR Saint Louis	7.12
18	Henry, Logan	JR St. Joseph's	7.18
19	Petersen, Adam	SO St. Joseph's	7.24
20	Andrews, Gavin	FR La Salle	7.34
21	Peklo, Henry	FR St. Joseph's	7.38

## Men 200 Meter Dash

Facility: 20.55 # Makanakaishe Charamba  
 Meet: 21.19 \$ 1995 Richard Wagner

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Abdul Latif, Njaminaweh	FR Fordham	21.39q
2	Henry, Ben	JR St. Joseph's	21.47q
3	Arbogast, Alex	SO Rhode Island	21.56q
4	Hallums, Christian	FR VCU	21.56q
5	Gaskins, Godot	JR Umass Amhers	21.61q
6	Young, Jarrett	SR Rhode Island	21.73q
7	Lewis, Winston	SO Umass Amhers	21.75q
8	Freeman, Sam	SO Fordham	21.78q
9	Samuels, Mason	FR George Mason	21.83
10	Shields, Denver	FR George Mason	21.91
11	Creeley, Liam	SR Rhode Island	22.16
12	Volz, Liam	JR Fordham	22.26
13	Karen, Max	SR George Mason	22.49
14	Volkerts, Jacob	FR Rhode Island	22.67
15	Brockmiller, Boen	FR Saint Louis	22.71
16	Petersen, Adam	SO St. Joseph's	22.82
17	Ross, Kaiden	FR VCU	22.83
18	Andrews, Gavin	FR La Salle	22.92
19	Turner, Eli	FR St. Joseph's	22.97
20	Figueroa, Christian	JR St. Bonavent	23.00
21	McIntosh, Deion	SO La Salle	23.45
---	Strain, Dakota	SO Fordham	FS

## Men 400 Meter Dash

Facility: 45.99 # Raheem Hayles  
 Meet: 47.50 \$ 1999 Jeremy Collins

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Henry, Ben	JR St. Joseph's	47.93q
2	Lamaze, Sam	FR Saint Louis	48.10q
3	Young, Jarrett	SR Rhode Island	48.45q
4	Gaskins, Godot	JR Umass Amhers	48.75q
5	Okafor, Jude	SO VCU	48.86q
6	Walcott, Aidan	JR George Mason	49.08q
7	Johnson, Joziah	SO George Mason	49.29q
8	Amstutz, Carson	JR Saint Louis	49.31q
9	Morrison, Nick	SO Rhode Island	49.35
10	Sims, Nathan	FR Rhode Island	49.57
11	Carrubba, Jake	SR St. Joseph's	49.76
12	Lindsay, Nelson	FR Fordham	49.80
13	Figueroa, Christian	JR St. Bonavent	49.88
14	Sten, Mark	SO Umass Amhers	50.16
15	Peterson, Jace	SO Saint Louis	50.24
16	Williams, Kiwan	SO VCU	50.50
17	Nurse, Matthew	JR Fordham	50.73
18	Turner, Eli	FR St. Joseph's	51.01
19	Mackey, James	JR St. Joseph's	51.37
20	Dias, Evan	FR La Salle	51.75
21	Dillon, Riley	SO St. Bonavent	52.37
22	Quainoo, Justice	SR La Salle	52.52
23	Samasa, Hamidou	SR La Salle	52.89

## Men 500 Meter Dash

Facility: 1:00.49 # 2025 Andrew Salvodon  
 Meet: 1:02.72 \$ 2000 Dustin Kuzma

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	McClain, Paul	SR George Mason	1:04.14q
2	Pitre, Chase	JR Saint Louis	1:04.45q
3	Freeman, Sam	SO Fordham	1:04.52q
4	Noss, Luke	JR St. Joseph's	1:04.69q
5	Cammauf, Darren	JR St. Joseph's	1:04.74q
6	Callaghan, Kevin	JR Fordham	1:05.12q
7	Silvester, Tommy	FR St. Joseph's	1:05.18q
8	Manzo, Chris	FR St. Joseph's	1:05.28q
9	Rose, Camden	FR Rhode Island	1:05.33
10	Kiviat, CJ	JR Rhode Island	1:05.47
11	Brooks, Ryan	SR George Mason	1:05.86
12	Hines, Jayden	FR VCU	1:05.88
13	Scalia, Chris	SO Umass Amhers	1:05.98
14	Koontz, Lance	FR George Mason	1:06.21
15	McPhillips, Jack	SR Saint Louis	1:06.37
16	Martin, Aidan	SR Saint Louis	1:07.05
17	Stewart, Malik	SR Saint Louis	1:07.13
18	Sanderson, Owen	SO Davidson	1:08.19
19	Morris, Henry	SO St. Bonavent	1:08.31
20	Tuck, Jordan	FR George Mason	1:09.13
21	Hurley, Aidan	SO St. Bonavent	1:09.23

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## Results

## Men 800 Meter Run

Facility: 1:46.78 # Oussama El Bouchayby  
Meet: 1:48.80 \$ 2024 Liam Rivard

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Jordan, Maddox	FR Rhode Island	1:53.44Q
2	Field, Samuel	SR Loyola (Ill.)	1:54.45Q
3	Greene, Jayden	SR St. Joseph's	1:55.71Q
4	Capalbo, Antonio	JR Rhode Island	1:53.60Q
5	Borchers, Ben	SO Fordham	1:54.87Q
6	Lombardo, Alex	SR George Mason	1:55.79Q
7	Thaler, Josh	SR St. Joseph's	1:53.83q
8	Muldoon, Jack	SR Davidson	1:53.97q
9	Calitri, Nicholas	SR Umass Amhers	1:55.03
10	Bell, Cooper	FR Saint Louis	1:55.53
11	Phillips, Graham	SR St. Joseph's	1:55.71
12	Hickey, Aidan	SR Fordham	1:55.82
13	Hess, Thomas	SO VCU	1:56.01
14	Maurillo, Liam	SO Davidson	1:56.09
15	Smith, Elijah	FR St. Joseph's	1:56.34
16	Simhony, Yariv	JR Fordham	1:56.96
17	Umiker, Ryan	SO St. Bonavent	1:58.82
18	Sikorski, Nathan	FR St. Bonavent	1:59.28

## Men 1000 Meter Run

Facility: 2:21.07 # Quamel Prince  
Meet: 2:25.24 \$ 2018 Nathan Schulte

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Rau, Will	SO St. Joseph's	2:26.86Q
2	Iwanowski, Lukasz	JR Saint Louis	2:27.88Q
3	Murray, Callum	FR La Salle	2:28.33Q
4	Armstrong, Matthew	FR Rhode Island	2:27.31Q
5	Corrigan, John	SO Fordham	2:28.38Q
6	Fleischer, Owen	JR Rhode Island	2:28.64Q
7	Abdu, Nadim	JR George Mason	2:28.27q
8	Chapple, Brendan	SO St. Bonavent	2:28.36q
9	Przybylak, Tomek	JR St. Joseph's	2:28.68
10	Harris, Ryan	JR Davidson	2:28.86
11	Barausky, Tom	FR St. Joseph's	2:28.92
12	Kirn, Colin	SO Umass Amhers	2:29.04
13	Bovone, Anton	SO St. Joseph's	2:29.19
14	Croke, Darren	JR Fordham	2:31.21
15	Medeiros, Tyler	FR Umass Amhers	2:31.95
16	Zanck, Gavin	JR La Salle	2:33.86
17	Lee, Ricky	FR La Salle	2:35.69
18	Hymans, Caleb	SO George Mason	2:36.02
19	Tietz, Davin	FR VCU	2:37.80
20	Ryan, Alex	JR St. Bonavent	2:40.45

## Men 5000 Meter Run

Facility: 13:05.60 # Emmanuel Bor  
Meet: 13:52.66 \$ 2008 Sean Quigley

Name	Yr	School	Finals
<b>Finals</b>			
1	Lawrence, James	SR Loyola (Ill.)	14:07.52 10
2	Rowe, MacCallum	JR La Salle	14:11.01 8
3	Phillips, Jake	JR Loyola (Ill.)	14:15.37 6
4	Bond, Wesley	SR George Mason	14:17.76 5
5	Waugh, Brock	FR Saint Louis	14:21.91 4
6	Mulholland, Cael	SO Loyola (Ill.)	14:22.19 3
7	Norberg, Michael	SR Umass Amhers	14:34.34 2
8	Hill, Matt	FR La Salle	14:37.91 1
9	Beardsley, Biruk	FR George Mason	14:39.03
10	Hartline, Garrett	SO Rhode Island	14:44.70
11	Lucey, John	SR Umass Amhers	14:47.50
12	Vela, Manny	FR Saint Louis	14:48.22
13	Gargani, Anthony	JR St. Joseph's	14:49.45
14	Ouellette, Liam	JR Umass Amhers	14:49.60
15	Birnie, Finn	SR La Salle	14:51.19
16	Johnson, Colton	SR St. Joseph's	14:54.96
17	Jumper, Kevin	SR St. Joseph's	15:01.50
18	Shanahan, Jay	JR St. Joseph's	15:04.64
19	Duchesne, Bradford	FR Fordham	15:05.39
20	Carew, Robert	SR Umass Amhers	15:14.47
21	Luce, Ethan	JR St. Bonavent	15:40.43
22	Malloy, Casey	JR St. Bonavent	15:43.08
23	McCarthy, Colin	SR St. Bonavent	15:47.74
24	Deno, Jared	SR St. Bonavent	16:02.35

## Men 60 Meter Hurdles

Facility: 7.69 # Dylan Beard  
Meet: 7.77 \$ 2023 Jayden Smith

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Acheampong, Marcus	FR VCU	8.04q
2	Burke, Davian	FR George Mason	8.19q
3	Asare, Albert	JR George Mason	8.20q
4	Sutton, Joshua	SR George Mason	8.24q
5	Wolinski, Elijah	SO Umass Amhers	8.42q
6	Cramer, Nick	FR Umass Amhers	8.48q
7	Brightman, Isaiah	SO VCU	8.58q
8	Elam, DaRon	SO Fordham	8.69q
9	Ross, Dalton	FR Saint Louis	8.70
10	Alati, James	FR Fordham	8.92
11	Cramer, Luke	FR Fordham	9.09
---	Morales, Mason	FR George Mason	DQ

## Atlantic 10 Indoor Championships - 2/28/2025 to 3/1/2025

## Virginia Beach Sports Center

## Results

## Men Distance Medley

Facility: 9:42.81 #

Meet: 9:50.07 \$ 2023

Davidson

Team	Relay	Finals
<b>Finals</b>		
1 Fordham	A	9:52.44 10
1) Bezuneh, Nathaniel SR	2) Strain, Dakota SO	
3) Reidy, Sean SO	4) Sanchez, Rodolfo SR	
2 Rhode Island	A	9:53.81 8
1) Melnick, Adam SO	2) Morrison, Nick SO	
3) Fleischer, Owen JR	4) dosReis, Joe SR	
3 Umass Amherst	A	9:53.94 6
1) Kenney, Will SR	2) Sanchez, Michael FR	
3) Kirn, Colin SO	4) Catherwood, Collin SO	
4 St. Joseph's (Pa.)	A	9:55.90 5
1) Rau, Will SO	2) Carrubba, Jake SR	
3) Przybylak, Tomek JR	4) Forrest, Josh SO	
5 Loyola (Ill.)	A	9:56.15 4
1) Bibile, Izak FR	2) Slaughter, Jack SR	
3) Field, Samuel SR	4) Smit, Gabe SR	
6 George Mason	A	10:02.48 3
1) Stearns, Cameron JR	2) Koontz, Lance FR	
3) McClain, Paul SR	4) Brown, Luke SO	
7 La Salle	A	10:03.94 2
1) Dias, Evan FR	2) Samasa, Hamidou SR	
3) Ptack, James JR	4) Muir, Chanel JR	
8 Davidson	A	10:11.41 1
1) Roth, Eli FR	2) Cruthirds, Bradley FR	
3) Fischer, Jack FR	4) Breiter, Graham SR	
9 Saint Louis	A	10:13.93
1) Iwanowski, Lukasz JR	2) Peterson, Jace SO	
3) Pitre, Chase JR	4) Blanco, George JR	
10 Vcu	A	10:31.39
1) Ross, Kaiden FR	2) Williams, Kiwan SO	
3) Lockhart, Jaiden SO	4) Smith, Carter SO	

## Men Pole Vault

Facility: 5.52m #

Meet: 5.20m \$ 1993

Vlad Malykhin

Jeff Core

Name	Yr	School	Finals
<b>Finals</b>			
1 Bannerman, Walter	SO	George Mason	5.21m\$ 10
2 Brubaker, Mason	SR	Rhode Island	4.91m 8
3 Ocetnik, Colton	JR	George Mason	4.76m 6
4 Myers, Brody	SR	George Mason	J4.76m 5
5 DeWolfe, Nick	FR	George Mason	4.61m 4
6 Kimbrel, Griffin	FR	Saint Louis	4.46m 2.5
6 Feitel, Hunter	FR	Umass Amhers	4.46m 2.5
8 Park, Nathan	FR	Rhode Island	4.31m 1
9 Croke, Michael	JR	Fordham	J4.31m
--- Nehring, Eli	FR	Saint Louis	NH
--- Scouloukas, Damian	SO	Rhode Island	NH
--- Baker, James	SR	Saint Louis	NH

## Men Long Jump

Facility: 8.04m #

Meet: 7.46m \$ 2022

Henry Kiner

Xavier Shirley

Name	Yr	School	Finals
<b>Finals</b>			
1 Santy, Matthew	SR	Rhode Island	7.19m 10
2 Santos, John	SR	Rhode Island	7.14m 8
3 Guthrie, Chamberlain	FR	Umass Amhers	7.08m 6
4 Mantena, Arun	JR	George Mason	6.99m 5
5 Coles, David	SR	VCU	6.94m 4
6 Campbell-Miller, Cameron	JR	St. Joseph's	J6.94m 3
7 Daniel, Philip	JR	VCU	6.90m 2
8 Adams, Donald	SR	VCU	6.84m 1
9 Raye, LJ	SR	Rhode Island	6.67m
10 Henry, Logan	JR	St. Joseph's	6.66m
11 Kargbo-Owens, Isaiah-Taji	SO	VCU	6.63m
12 Bowerman, Sam	JR	Saint Louis	6.56m
13 Pfeil, Evan	FR	Davidson	6.44m
14 Proscia, Constantino	FR	Fordham	6.35m
--- Howlett, Jordan	FR	Saint Louis	FOUL

## Men Weight Throw

Facility: 22.25m # 2/7/2025

Meet: 20.49m \$ 2020

Jeremiah Nubbe

Will Schwartz

Name	Yr	School	Finals
<b>Finals</b>			
1 Casper, John	SR	VCU	20.33m 10
2 Baez, Alexander	JR	Rhode Island	19.19m 8
3 Boatman, Tristan	JR	Saint Louis	17.96m 6
4 Beaudry, Adam	FR	George Mason	17.90m 5
5 Brooks, Devon	SO	VCU	16.25m 4
6 Fishler, Aaron	JR	Umass Amhers	16.16m 3
7 Field, Nathan	JR	Rhode Island	15.88m 2
8 Meleshenko, Sam	FR	Rhode Island	15.68m 1
9 Turner, Diego	SO	VCU	15.13m
10 Ngo, Jack	SO	Umass Amhers	14.18m
11 Baker, William Michael	SO	George Mason	13.91m
12 Hawk, Shinobu	SO	VCU	13.70m
13 Ketch, Sam	FR	Davidson	12.60m
14 Brown, Edward	FR	Davidson	12.09m
15 More, Griffin	FR	Saint Louis	11.33m
--- Yaqubi, Arsalan	SR	George Mason	FOUL

## Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Lamell, Wyatt	JR	Rhode Island	7.10 847
2 Hassan, Abdurrazzaq	SO	George Mason	7.11 844
3 Lee, Aidan	FR	Umass Amhers	7.19 816
4 Brown, Jacob	SR	Umass Amhers	7.33 769
5 Wolinski, Elijah	SO	Umass Amhers	7.38 752
6 Scouloukas, Damian	SO	Rhode Island	7.43 736
7 Negrete, Miguel	SR	Fordham	7.44 732
8 Baker, James	SR	Saint Louis	7.55 697
9 Pomer, George	JR	Fordham	7.76 631

## Atlantic 10 Indoor Championships - 2/28/2025 to 3/1/2025

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## Results

## Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Hassan, Abdurrazzaq	SO	George Mason	1.96m 767
1 Lee, Aidan	FR	Umass Amhers	1.96m 767
3 Brown, Jacob	SR	Umass Amhers	1.87m 687
3 Lamell, Wyatt	JR	Rhode Island	1.87m 687
3 Wolinski, Elijah	SO	Umass Amhers	1.87m 687
6 Baker, James	SR	Saint Louis	1.84m 661
6 Pomer, George	JR	Fordham	1.84m 661
8 Scouloukas, Damian	SO	Rhode Island	1.81m 636
9 Negrete, Miguel	SR	Fordham	1.63m 488

## Men - Team Rankings - 5 Events Scored

1) Rhode Island	46
2) George Mason	43
3) Loyola (Ill.)	23
4) VCU	21
5) UMass Amherst	19.5
6) Saint Louis	12.5
7) La Salle	11
8) Fordham	10
9) St. Joseph's (Pa.)	8
10) Davidson	1

## Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Wolinski, Elijah	SO	Umass Amhers	6.93m 797
2 Lamell, Wyatt	JR	Rhode Island	6.86m 781
3 Scouloukas, Damian	SO	Rhode Island	6.74m 753
4 Brown, Jacob	SR	Umass Amhers	6.70m 743
5 Hassan, Abdurrazzaq	SO	George Mason	6.41m 677
6 Lee, Aidan	FR	Umass Amhers	6.28m 648
7 Pomer, George	JR	Fordham	6.12m 613
8 Baker, James	SR	Saint Louis	6.04m 595
9 Negrete, Miguel	SR	Fordham	5.92m 569

## Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Lamell, Wyatt	JR	Rhode Island	12.61m 643
2 Brown, Jacob	SR	Umass Amhers	12.44m 633
3 Negrete, Miguel	SR	Fordham	11.90m 600
4 Hassan, Abdurrazzaq	SO	George Mason	11.78m 593
5 Wolinski, Elijah	SO	Umass Amhers	10.70m 528
6 Scouloukas, Damian	SO	Rhode Island	10.10m 492
7 Pomer, George	JR	Fordham	10.01m 486
8 Baker, James	SR	Saint Louis	9.85m 477
9 Lee, Aidan	FR	Umass Amhers	8.49m 395

## Men Heptathlon

Facility: 5623 # Jakob Tordsen

Meet: 5770 \$ 2017 John Seals

Name	Yr	School	Finals
<b>Finals</b>			
1 Lamell, Wyatt	JR	Rhode Island	2958
2 Hassan, Abdurrazzaq	SO	George Mason	2881
3 Brown, Jacob	SR	Umass Amhers	2832
4 Wolinski, Elijah	SO	Umass Amhers	2764
5 Lee, Aidan	FR	Umass Amhers	2626
6 Scouloukas, Damian	SO	Rhode Island	2617
7 Baker, James	SR	Saint Louis	2430
8 Pomer, George	JR	Fordham	2391
9 Negrete, Miguel	SR	Fordham	2389