

Race #: Girls JV (morning)

2024 VA XC Showcase
Pole Green Park
October 19, 2024

Place	Athlete	Yr.	#	Team	1K	1k(P)	1M	1m(P)	2K	2k(P)	3K	3k(P)	2M	2m(P)	2.2M	2.2m(P)	4K	4k(P)	Time	Pace	Score							
1	Fritts, Maddie	8	4914	Western Albemarle	04:07.3	25	↑ 12	06:30.9	13	↑ 3	08:07.9	10	↑ 8	12:14.9	2	↔	13:09.5	2	↔	13:57.3	2	↑ 1	16:13.6	1	↔	20:09.4	06:28.9	1
2	Coyne, Riley	8	309	Atlee	03:50.9	1	↔	06:12.4	1	↔	07:50.0	1	↔	12:04.8	1	↔	13:02.7	1	↔	13:51.2	1	↓ 1	16:14.7	2	↔	20:23.1	06:33.3	2
3	Jensen, Ciara	SO	2070	James W. Robinson	04:00.8	7	↓ 1	06:25.4	8	↔	08:06.7	8	↓ 1	12:23.8	9	↑ 1	13:23.3	8	↔	14:14.2	8	↓ 2	16:34.2	10	↑ 7	20:26.8	06:34.5	3
4	Morocco, Emily	JR	2072	James W. Robinson	04:00.0	4	↔	06:24.4	4	↑ 1	08:04.3	3	↔	12:16.2	3	↔	13:11.9	3	↔	13:58.6	3	↔	16:19.1	3	↓ 1	20:27.0	06:34.5	4
5	Rolfes, Ada	9	2681	Maggie Walker	04:06.1	21	↑ 1	06:32.7	20	↑ 6	08:11.5	14	↑ 3	12:25.9	11	↑ 1	13:23.5	10	↑ 1	14:14.5	9	↑ 2	16:32.7	7	↑ 2	20:27.2	06:34.6	5
6	Kennedy, Callie	SR	2675	Maggie Walker	03:59.0	3	↔	06:22.6	3	↑ 1	08:02.5	2	↓ 5	12:18.1	7	↑ 2	13:14.5	5	↔	14:05.4	5	↔	16:29.5	5	↓ 1	20:31.8	06:36.1	6
7	Yawe, Tumaini	9	3126	Morgantown	04:08.9	31	↑ 15	06:31.5	16	↑ 3	08:09.1	13	↓ 7	12:17.5	6	↑ 2	13:14.0	4	↔	14:02.5	4	↔	16:26.0	4	↓ 3	20:32.8	06:36.4	7
8	Griggs, Penny	SO	526	Blacksburg High School	04:04.5	13	↓ 2	06:31.5	15	↔	08:12.0	15	↑ 1	12:28.6	14	↑ 3	13:25.3	11	↑ 1	14:14.8	10	↑ 1	16:33.7	9	↑ 1	20:35.5	06:37.3	8
9	Wierschke, Samantha	SR	2075	James W. Robinson	04:00.6	5	↔	06:24.5	5	↔	08:04.6	5	↔	12:17.1	5	↓ 2	13:15.7	7	↔	14:06.7	7	↓ 1	16:32.9	8	↓ 1	20:36.2	06:37.5	9
10	DeVoe, Leah	SO	2068	James W. Robinson	04:00.6	6	↔	06:24.8	6	↔	08:05.0	6	↑ 2	12:16.9	4	↓ 2	13:15.1	6	↔	14:05.7	6	↔	16:31.5	6	↓ 4	20:39.8	06:38.6	10
11	Gummadri, Bhavya	JR	2669	Maggie Walker	04:05.7	19	↑ 1	06:32.5	18	↑ 2	08:12.2	16	↔	12:30.3	16	↑ 1	13:29.0	15	↑ 2	14:18.4	13	↑ 1	16:43.6	12	↑ 1	20:55.3	06:43.6	11
12	Hayes, Maria	SO	3119	Morgantown	04:05.0	15	↑ 5	06:29.5	10	↓ 1	08:08.8	11	↓ 2	12:28.0	13	↑ 1	13:26.0	12	↔	14:16.8	12	↑ 1	16:42.6	11	↓ 1	21:00.4	06:45.3	12
13	Marshall, Janiyah	SO	1358	Freedom (Woodbridge)	04:09.6	32	↓ 4	06:41.4	36	↑ 5	08:21.2	31	↑ 5	12:42.4	26	↑ 3	13:42.6	23	↔	14:33.5	23	↑ 3	16:57.6	20	↑ 7	21:05.6	06:46.9	--
14	Dodson, Macy	8	1684	Grafton High School	04:12.0	43	↑ 16	06:36.5	27	↑ 6	08:17.0	21	↑ 4	12:33.3	17	↔	13:33.5	17	↑ 1	14:22.5	16	↑ 1	16:50.8	15	↑ 1	21:06.4	06:47.2	--
15	Wierschke, Danielle	JR	2074	James W. Robinson	04:00.8	8	↑ 1	06:24.9	7	↔	08:05.4	7	↓ 5	12:27.4	12	↓ 2	13:27.3	14	↓ 1	14:19.5	15	↑ 1	16:49.5	14	↓ 1	21:06.7	06:47.3	13
16	Ghantwala, Sarah	SO	4096	South Lakes	04:09.9	35	↑ 1	06:39.3	34	↑ 6	08:19.9	28	↑ 3	12:42.4	25	↔	13:43.2	25	↑ 3	14:33.3	22	↑ 1	16:59.2	21	↑ 5	21:09.1	06:48.1	14
17	Kim, Sarah	1	3596	Patriot High School	04:05.6	18	↑ 7	06:30.2	11	↓ 7	08:13.3	18	↓ 1	12:37.6	19	↔	13:38.1	19	↔	14:29.5	19	↑ 1	16:55.3	18	↑ 1	21:09.3	06:48.1	15
18	Privor, Calla	SO	3196	National Cathedral	03:54.8	2	↔	06:21.6	2	↓ 2	08:04.4	4	↓ 6	12:24.6	10	↓ 3	13:26.5	13	↓ 1	14:19.1	14	↓ 2	16:53.5	16	↓ 2	21:12.6	06:49.2	16
19	Montini, Sofia	8	4931	Western Albemarle	04:08.4	28	↑ 16	06:30.9	12	↔	08:09.1	12	↑ 4	12:23.0	8	↓ 1	13:23.4	9	↓ 2	14:15.4	11	↓ 2	16:46.7	13	↓ 6	21:14.3	06:49.7	17
20	Baker, Laura	SR	516	Blacksburg High School	04:06.5	24	↔	06:34.0	24	↑ 2	08:17.0	22	↑ 2	12:38.0	20	↔	13:38.4	20	↓ 1	14:30.6	21	↓ 1	17:00.1	22	↑ 2	21:14.6	06:49.8	18
21	Simmons, Sky	SO	449	Bishop McNamara High School	04:09.6	33	↓ 4	06:41.7	37	↑ 7	08:20.2	30	↑ 8	12:39.3	22	↑ 1	13:39.4	21	↑ 1	14:29.6	20	↑ 3	16:55.0	17	↓ 4	21:21.2	06:52.0	19
22	McMullin, Samantha	JR	868	Collegiate	04:03.1	10	↓ 4	06:31.0	14	↓ 3	08:12.4	17	↓ 1	12:37.2	18	↔	13:37.1	18	↔	14:28.6	18	↓ 1	16:56.2	19	↓ 3	21:22.0	06:52.2	20
23	Hernandez, Luna	JR	4098	South Lakes	04:06.1	22	↓ 4	06:34.6	26	↑ 1	08:18.7	25	↑ 2	12:41.7	23	↓ 1	13:43.1	24	↔	14:33.8	24	↔	17:03.3	24	↑ 1	21:23.2	06:52.6	21
24	Hutson, Lana	SO	2672	Maggie Walker	04:06.2	23	↑ 1	06:33.2	22	↓ 2	08:17.0	24	↔	12:42.1	24	↓ 2	13:43.9	26	↔	14:35.9	26	↑ 1	17:07.7	25	↑ 1	21:28.2	06:54.2	22
25	Cline, Kylie	JR	3115	Morgantown	04:08.3	27	↓ 2	06:36.7	29	↑ 2	08:19.1	27	↔	12:46.6	27	↔	13:47.2	27	↔	14:41.8	27	↔	17:16.5	27	↑ 2	21:29.7	06:54.7	23
26	Gong, Elizabeh	9	3414	Ocean Lakes	04:12.8	48	↑ 2	06:46.3	46	↑ 3	08:32.1	43	↑ 5	12:56.7	38	↔	13:58.1	38	↑ 4	14:51.3	34	↑ 5	17:20.6	29	↑ 3	21:30.4	06:54.9	24
27	Graham, Rebekah	9	3415	Ocean Lakes	04:12.2	44	↓ 1	06:45.9	45	↑ 3	08:32.0	42	↑ 6	12:56.2	36	↑ 1	13:57.5	35	↑ 3	14:50.4	32	↑ 1	17:20.9	31	↑ 4	21:30.7	06:55.0	25
28	Bardolf, Audrey	JR	2064	James W. Robinson	04:01.3	9	↔	06:25.4	9	↔	08:07.0	9	↓ 6	12:29.1	15	↓ 1	13:30.6	16	↓ 1	14:24.9	17	↓ 6	17:01.8	23	↓ 5	21:32.6	06:55.6	26
29	Prince, Sally	9	536	Blacksburg High School	04:11.0	38	↑ 5	06:38.7	33	↔	08:22.7	33	↓ 1	12:56.3	34	↑ 3	13:55.7	31	↔	14:48.2	31	↑ 1	17:20.8	30	↑ 1	21:33.9	06:56.0	27
30	Stein, Emma	8	1525	Glen Allen High School	04:14.2	52	↑ 4	06:46.8	48	↔	08:33.9	48	↑ 5	13:03.4	43	↑ 2	14:03.6	41	↔	14:56.0	41	↑ 6	17:25.7	35	↑ 5	21:34.4	06:56.2	28
31	Frapplier, Layla	9	3869	Riverbend High School	04:15.0	56	↑ 5	06:47.3	51	↔	08:35.0	51	↑ 9	13:02.4	42	↔	14:03.8	42	↔	14:56.6	42	↑ 8	17:24.9	34	↑ 3	21:36.1	06:56.8	29
32	Boettig, Audrey	SO	3866	Riverbend High School	04:18.4	63	↑ 21	06:45.5	42	↑ 3	08:30.3	39	↔	13:00.1	39	↔	14:01.3	39	↔	14:54.6	39	↑ 7	17:21.3	32	↔	21:40.3	06:58.1	30
33	Mccomb, Maddie	SR	867	Collegiate	04:03.9	12	↓ 9	06:33.0	21	↓ 8	08:20.0	29	↔	12:51.3	29	↑ 1	13:51.6	28	↔	14:44.4	28	↑ 2	17:16.1	26	↓ 7	21:44.8	06:59.5	31
34	Wilt, Nadia	JR	930	Colonial Forge	04:05.9	20	↓ 3	06:33.2	23	↑ 4	08:16.3	19	↓ 9	12:50.0	28	↓ 1	13:52.4	29	↔	14:44.9	29	↑ 1	17:19.0	28	↓ 6	21:46.3	07:00.0	32
35	Henel, Claire	9	117	Alexandria City High School	04:25.9	110	↑ 30	06:57.5	80	↑ 22	08:39.5	58	↑ 11	13:06.8	47	↑ 1	14:09.0	46	↑ 3	14:59.1	43	↑ 3	17:31.9	40	↑ 5	21:50.4	07:01.4	33
36	Jallon, Violet	SO	1959	James Madison	04:08.5	29	↓ 2	06:37.5	31	↓ 3	08:23.3	34	↓ 3	12:56.5	37	↔	13:57.3	37	↑ 2	14:51.9	35							

Race #7: Girls JV (morning)

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59	Plaskon, Sophie	9	2166	Jamestown	04:25.3	106	↑12	07:01.5	94	↑11	08:48.5	83	↑8	13:24.2	75	↑4	14:26.2	71	↑2	15:19.7	69	↑5	17:53.8	64	↑5	22:22.2	07:11.6	57
60	Cabell, Hadley	9	4908	Western Albemarle	04:18.8	65	↓9	06:56.3	74	↔	08:44.8	74	↑6	13:20.6	68	↑2	14:23.3	66	↓1	15:17.6	67	↔	17:55.2	67	↑7	22:22.4	07:11.6	58
61	Cleary, Charlotte	9	3184	National Cathedral	04:14.0	51	↓1	06:47.6	52	↔	08:35.0	52	↓5	13:13.3	57	↔	14:15.0	57	↑3	15:10.2	54	↔	17:46.8	54	↓7	22:23.0	07:11.8	59
62	Orban, Caroline	SO	807	Charlottesville	04:11.8	42	↓2	06:45.8	44	↔	08:33.5	47	↓3	13:11.1	53	↔	14:14.2	53	↓4	15:10.9	57	↓5	17:53.3	62	↓5	22:24.0	07:12.3	60
63	Gomez Diez, Lia	SO	115	Alexandria City High School	04:25.5	108	↑29	06:57.5	79	↑23	08:39.1	56	↑7	13:07.2	49	↑2	14:09.2	47	↔	15:03.8	47	↓2	17:42.7	49	↓14	22:24.6	07:12.3	61
64	Moore, Mina	SO	1790	Hayfield Secondary School	04:24.0	96	↑7	06:59.4	89	↑11	08:46.3	78	↑7	13:22.6	71	↓1	14:26.7	72	↑1	15:21.1	71	↑1	17:58.9	70	↑6	22:26.0	07:12.8	-
65	Grim, Cordelia	9	315	Atlee	04:11.2	40	↔	06:44.4	40	↑6	08:33.3	46	↑8	13:11.4	54	↔	14:14.3	54	↓1	15:10.2	55	↓3	17:49.0	58	↓7	22:27.2	07:13.2	62
66	Sobotka, Amelia	SO	324	Atlee	04:12.8	47	↓3	06:46.8	50	↑6	08:32.8	44	↑8	13:08.6	52	↔	14:12.4	52	↑1	15:09.4	53	↓4	17:48.3	57	↓9	22:31.3	07:14.5	63
67	Carey, Sloane	JR	1785	Hayfield Secondary School	04:16.7	60	↑1	06:52.3	59	↑4	08:38.8	55	↓5	13:16.0	60	↓5	14:22.6	65	↓3	15:18.9	68	↓1	17:58.7	69	↑2	22:31.4	07:14.5	-
68	Rooney, Sonya	SO	1969	James Madison	04:08.7	30	↔	06:36.9	30	↓2	08:21.6	32	↔	12:53.8	32	↓2	13:56.9	34	↓4	14:53.4	38	↓3	17:34.2	41	↓27	22:33.1	07:15.1	64
69	Hillsman, Claire	JR	3029	Midlothian High School	04:22.8	88	↓2	06:59.9	90	↑6	08:49.1	84	↑7	13:26.9	77	↔	14:28.6	77	↑2	15:23.2	75	↑2	18:00.6	73	↑4	22:33.5	07:15.2	65
70	Fredlake, Emily	9	1786	Hayfield Secondary School	04:24.3	98	↑11	06:59.1	87	↑10	08:46.0	77	↑4	13:23.1	73	↔	14:27.0	73	↔	15:21.3	73	↑2	17:59.4	71	↑1	22:38.4	07:16.8	-
71	Schober, Elsa	9	2555	Loudoun Valley	04:21.6	80	↓1	06:57.9	81	↓5	08:49.6	86	↑4	13:31.5	82	↑1	14:35.0	81	↑1	15:29.6	80	↑2	18:09.2	78	↑7	22:41.7	07:17.8	66
72	Lo, Erin	JR	1964	James Madison	04:19.7	70	↓2	06:56.2	72	↑3	08:42.4	69	↓3	13:22.7	72	↓2	14:27.5	74	↓3	15:23.5	77	↑3	18:06.1	74	↑2	22:42.5	07:18.1	67
73	Teer, Sadie	SR	2173	Jamestown	04:20.4	71	↑6	06:54.3	65	↑1	08:41.3	64	↑5	13:15.9	59	↓2	14:19.0	61	↔	15:13.7	61	↓2	17:53.6	63	↓10	22:42.7	07:18.2	68
74	Bridges, Madison	JR	443	Bishop McNamara High School	04:13.3	50	↓5	06:48.8	55	↓7	08:40.4	62	↓2	13:18.0	64	↔	14:22.0	64	↔	15:17.0	64	↓4	17:55.3	68	↓6	22:42.9	07:18.2	69
75	Li, Adelaide	SO	529	Blacksburg High School	04:15.7	59	↑1	06:50.9	58	↓1	08:40.2	59	↓28	13:35.9	87	↔	14:42.5	87	↑2	15:36.2	85	↑6	18:12.7	79	↑4	22:43.7	07:18.5	70
76	Brabant, Elizabeth	SR	4091	South Lakes	04:27.9	119	↑23	07:02.6	96	↑5	08:51.0	91	↑15	13:24.7	76	↓2	14:29.0	78	↔	15:26.0	78	↑2	18:08.3	76	↔	22:44.3	07:18.7	71
77	Reisberg, Dylan	SO	3350	North Shore	04:09.7	34	↓7	06:45.3	41	↓22	08:41.0	63	↓17	13:29.7	80	↔	14:32.9	80	↓1	15:29.9	81	↓1	18:16.4	82	↑5	22:51.9	07:21.1	72
78	Fricke, Layland	8	1686	Grafton High School	04:27.9	120	↑20	07:03.4	100	↑7	08:52.7	93	↑14	13:29.4	79	↔	14:31.4	79	↑3	15:23.3	76	↓1	18:08.6	77	↓1	22:52.5	07:21.3	-
79	Green, Mia	8	3659	Poquoson	04:32.0	137	↑26	07:08.2	111	↑2	09:00.3	109	↑6	13:46.7	103	↑4	14:49.2	99	↑3	15:44.4	96	↑2	18:27.5	94	↑15	22:54.1	07:21.8	-
80	Phillips, Ellie	SR	1791	Hayfield Secondary School	04:18.6	64	↔	06:54.1	64	↓4	08:42.4	68	↑2	13:19.8	66	↓4	14:25.5	70	↓2	15:21.2	72	↔	18:00.5	72	↓8	22:54.2	07:21.9	-
81	Imala, Ngozi	1	3594	Patriot High School	04:25.8	109	↓14	07:11.4	123	↔	09:06.3	123	↑29	13:42.3	94	↓1	14:47.2	95	↑4	15:42.7	91	↑3	18:23.1	88	↑7	22:54.8	07:22.1	73
82	Baldwin, Isabella	8	304	Atlee	04:17.4	61	↓2	06:54.1	63	↑2	08:40.4	61	↑8	13:21.1	69	↔	14:24.7	69	↓5	15:22.1	74	↓1	18:07.3	75	↓7	22:55.8	07:22.4	74
83	Pham, Zoey	9	3419	Ocean Lakes	04:15.7	58	↓4	06:53.3	62	↓13	08:45.0	75	↓6	13:30.6	81	↓2	14:36.4	83	↔	15:33.3	83	↑3	18:14.1	80	↓3	22:56.0	07:22.4	75
84	Captain, Charlotte	9	4092	South Lakes	04:28.3	124	↑15	07:07.4	109	↑11	08:57.5	98	↑5	13:42.1	93	↓3	14:47.5	96	↑2	15:43.5	94	↑5	18:24.5	89	↑5	22:58.1	07:23.1	76
85	Arjona, Katherine	9	1499	Glen Allen High School	04:14.3	53	↑4	06:46.8	49	↔	08:34.3	49	↓25	13:23.1	74	↓2	14:28.4	76	↓3	15:28.7	79	↓6	18:20.9	85	↔	22:58.4	07:23.2	77
86	Anand, Anoushka	SO	2657	Maggie Walker	04:32.9	139	↑7	07:15.7	132	↑7	09:07.8	125	↑6	13:55.8	119	↑3	15:00.1	116	↑2	15:54.8	114	↑10	18:35.2	104	↑18	22:59.7	07:23.6	78
87	Tsai, Ashley	9	3879	Riverbend High School	04:25.9	111	↓9	07:10.4	120	↔	09:04.3	120	↑7	13:52.1	113	↑3	14:55.7	110	↑5	15:50.3	105	↑13	18:25.6	92	↑5	22:59.9	07:23.7	79
88	GRAY, Matilda	SO	3189	National Cathedral	04:24.7	102	↓3	07:05.3	105	↑8	08:56.9	97	↓1	13:44.5	98	↑1	14:48.1	97	↓2	15:45.9	99	↑6	18:27.3	93	↑5	23:01.0	07:24.1	80
89	Pritchard, Ruthie	9	2680	Maggie Walker	04:25.3	107	↔	07:05.7	107	↔	08:59.5	107	↑12	13:42.6	95	↑4	14:46.5	91	↓1	15:43.3	92	↑5	18:22.8	87	↓2	23:01.9	07:24.3	-
90	Wrenn, Brooke	9	2557	Loudoun Valley	04:25.1	104	↑6	07:02.8	98	↑3	08:55.1	95	↑4	13:41.1	91	↑1	14:45.8	90	↔	15:41.8	90	↑4	18:22.4	86	↓4	23:02.6	07:24.6	81
91	Broadbent, Sarah Jane	SO	4906	Western Albemarle	04:18.9	66	↓7	06:56.3	73	↓35	08:59.8	108	↑20	13:38.7	88	↔	14:44.0	88	↔	15:39.9	88	↔	18:19.4	84	↓7	23:03.0	07:24.7	82
92	Betz, Zoey	9	2537	Loudoun Valley	04:28.5	125	↑1	07:11.6	124	↑22	08:58.8	102	↓4	13:47.7	106	↓2	14:54.6	108	↑5	15:49.5	103	↑3	18:31.6	100	↑8	23:04.2	07:25.1	83
93	Steinberg, Lark	JR	4937	Western Albemarle	04:21.1	77	↓11	06:59.1	88	↓1	08:50.5	89	↓1	13:41.0	90	↑1	14:45.6	89	↔	15:41.5	89	↓9	18:29.1	98	↑5	23:04.9	07:25.3	84
94	McDonnell, Kiara	SR	2159	Jamestown	04:23.8	94	↑12	06:58.3	82	↑2	08:46.7	80	↓6	13:35.4	86	↔	14:42.0	86	↓1	15:38.6	87	↓4	18:24.9	91	↓3	23:06.0	07:25.7	85
95	Snipe, Amelia	9	130	Alexandria City High School	04:26.1	112	↑26	06:58.7	86	↑4	08:48.4	82	↓1	13:31.5	83	↓1	14:36.7	84	↑2	15:33.1	82	↑1	18:15.3	81	↓14	23:07.2	07:26.0	86
96	Adams, Aubry	8	3657	Poquoson	04:32.0	136	↑23	07:08.5	113	↑1	09:00.6	112	↑10	13:46.5	102	↑2	14:49.3	103	↑5	15:44.2	95	↔	18:27.7	95	↓1	23:08.1	07:26.3	-
97	McEvoy, Abby	SR	1514	Glen Allen High School	04:27.1	115	↑9	07:05.7	106	↑6	08:57.9	100	↑4	13:43.3	96	↑3	14:47.0	93	↔	15:43.4	93	↑3	18:24.6	90	↓7	23:10.5	07:27.1	87
98	Norton, Caroline	SO	531	Blacksburg High School	04:24.2	97	↓2	07:03.0	99	↑5	08:54.2	94	↓14	13:49.0	108	↑1	14:54.5	107	↔	15:50.5	107	↑6	18:32.8	101	↑3	23:10.6	07:27.1	88
99	Walker, Kate	SO	1529	Glen Allen High School	04:26.6	114	↑12	07:04.3	102	↑6	08:56.7	96	↑14	13:50.1	110	↑4	14:53.8	106	↓4	15:52.8	110	↑2	18:37.8	108	↑9	23:12.5	07:27.7	89
100	McCasi, Ayla	SO	3121	Morgantown	04:19.3	67	↓16	06:58.7	83	↓9	08:52.0	92	↑3	13:40.6	89	↓5	14:47.1	94	↓4	15:45.2	98	↑2	18:28.1	96	↓4	23:13.3	07:28.0	90
101	Adamson, Shepard	SR	851	Collegiate	04:37.9	162	↑19	07:19.3	143	↑13	09:09.2	130	↑16	13:52.5	114	↑2	14:56.7	112	↔	15:53.4	112	↑6	18:36.2	106	↑5	23:14.0	07:28.2	91
102	Pesnell, Julia	SR	3878	Riverbend High School	04:22.8	91	↓1	06:59.9	92	↑13	08:46.6	79	↓6	13:33.3	85	↔	14:40.4	85	↓1	15:37.0	86	↑11	18:28.3	97	↓5	23:14.8	07:28.5	92
103	Stells, Isabella	SO	3035	Midlothian High School	04:24.3	99	↑6	07:01.0	93	↑5	08:50.1	88	↓4	13:32.4	84	↑2	14:36.0	82	↓2	15:33.8	84	↑1	18:18.5	83	↓20	23:16.1	07:28.9	93
104	Haws, Rowan	JR	2544	Loudoun Valley	04:39.1	168	↑24	07:20.4	144	↑7	09:12.6	137	↑14	14:01.1	123	↔	15:05.1	123	↑3	16:00.6	120	↑11	18:38.5	109	↑5	23:16.6	07:29.1	94
105	Swartzwelder, Heidi	SO	540	Blacksburg High School	04:41.6	178	↑25	07:24.7	153	↑12	09:17.1	141	↑13	14:02.5	128	↑4	15:06.4	124	↑1	16:02.8	123	↑7	18:42.4	116	↑11	23:16.9	07:29.2	-

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118	Cohn, Zoe	8	110	Alexandria City High School	04:28.3	123	↑7	07:09.6	116	↓3	09:02.9	119	↑15	13:46.9	104	↔	14:52.8	104	↑3	15:48.5	101	↓2	18:34.7	103	↓15	23:39.2	07:36.3	105
119	Wang, Sophia	9	2929	McLean	04:27.6	117	↔	07:09.8	117	↔	09:02.6	117	↔	13:55.1	117	↓2	15:02.1	119	↑1	15:59.8	118	↓2	18:50.2	120	↑1	23:40.1	07:36.6	--
120	Chinn, Daisy	SO	518	Blacksburg High School	04:42.3	183	↑28	07:24.9	155	↑12	09:17.9	143	↑8	14:11.0	135	↑6	15:12.8	129	↓1	16:11.1	130	↑4	18:55.6	126	↑6	23:40.5	07:36.8	--
121	Aguirre-Martinez, Juliana	JR	4088	South Lakes	04:28.8	126	↑16	07:07.9	110	↑9	08:58.8	101	↔	13:45.9	101	↔	14:51.2	101	↓5	15:50.4	106	↓5	18:40.5	111	↓10	23:41.5	07:37.1	106
122	Monett, Sofia	JR	1515	Glen Allen High School	04:30.1	129	↑3	07:12.8	126	↑2	09:07.1	124	↔	14:01.2	124	↓3	15:08.4	127	↔	16:06.3	127	↑5	18:50.8	122	↔	23:42.1	07:37.3	107
123	Crawford, Caroline	SR	859	Collegiate	04:42.9	186	↑13	07:32.6	173	↑4	09:27.9	169	↑22	14:19.3	147	↑3	15:23.7	144	↑5	16:18.9	139	↑6	19:03.2	133	↑10	23:42.4	07:37.4	108
124	Brackins, Jolie	SR	2540	Loudoun Valley	04:29.1	128	↑3	07:11.7	125	↑14	09:00.5	111	↓11	13:58.6	122	↑1	15:04.8	121	↓1	16:02.7	122	↓2	18:54.5	124	↔	23:43.3	07:37.7	--
125	Bogacki, Nora	9	2903	McLean	04:27.9	121	↑3	07:10.1	118	↔	09:02.8	118	↔	13:55.4	118	↔	15:02.1	118	↓1	16:00.2	119	↓2	18:50.6	121	↓4	23:43.9	07:37.7	--
126	Wang, Julia	SR	3205	National Cathedral	04:30.8	131	↓6	07:16.9	137	↑1	09:12.3	136	↑7	14:06.2	129	↓1	15:13.3	130	↓1	16:11.2	131	↑2	18:58.5	129	↑3	23:43.9	07:37.8	109
127	Mendoza, Cecelia	9	922	Colonial Forge	04:25.0	103	↑2	07:04.0	101	↓5	08:59.4	106	↓9	13:53.3	115	↑1	14:58.3	114	↓2	15:55.1	116	↓2	18:44.5	118	↓9	23:45.2	07:38.3	110
128	Strickler, Gabriela	SO	131	Alexandria City High School	04:34.2	143	↑10	07:15.9	133	↓1	09:11.2	134	↑3	14:09.4	131	↓8	15:20.4	139	↓2	16:19.6	141	↑3	19:07.9	138	↑10	23:48.9	07:39.5	111
129	Lewis, Stuart	8	866	Collegiate	04:38.3	164	↑15	07:22.4	149	↑5	09:18.2	144	↑3	14:12.4	141	↑10	15:14.4	131	↑2	16:10.9	129	↑2	18:56.7	127	↓2	23:50.0	07:39.8	112
130	Tomlinson, Emily	SR	1975	James Madison	04:32.4	138	↓3	07:18.4	141	↑8	09:10.7	133	↑13	13:57.3	120	↓2	15:04.8	122	↓2	16:03.0	124	↓1	18:54.7	125	↓5	23:51.8	07:40.4	113
131	Sol, Ruby	9	927	Colonial Forge	04:27.3	116	↓6	07:10.9	122	↑1	09:05.2	121	↓5	14:01.9	126	↑1	15:07.4	125	↓1	16:05.1	126	↓2	18:58.1	128	↓3	23:53.6	07:41.0	114
132	Shultz, Leah	SO	1970	James Madison	04:37.0	156	↑8	07:22.2	148	↑2	09:18.6	146	↑9	14:11.7	137	↑1	15:19.6	136	↑3	16:17.7	133	↓1	19:03.6	134	↑2	23:54.4	07:41.2	115
133	Norris, Clementine	9	3031	Midlothian High School	04:37.7	158	↓3	07:26.9	161	↓2	09:26.0	163	↑5	14:25.5	158	↑6	15:31.0	152	↑4	16:28.2	148	↑3	19:13.2	145	↑12	23:55.3	07:41.5	116
134	Goddard, Helena	SO	3188	National Cathedral	04:31.1	132	↓8	07:17.6	140	↔	09:17.0	140	↓2	14:13.1	142	↑1	15:21.4	141	↓1	16:19.9	142	↑3	19:08.7	139	↑5	23:59.1	07:42.7	117
135	Small, Carmen	9	1973	James Madison	04:37.7	159	↑7	07:24.1	152	↑1	09:19.6	151	↑13	14:11.9	138	↑3	15:18.8	135	↔	16:18.0	135	↔	19:04.8	135	↔	24:02.4	07:43.8	118
136	Naglic, Evie	JR	319	Atlee	04:36.0	149	↓2	07:23.6	151	↓3	09:20.5	154	↑9	14:14.1	145	↑5	15:20.8	140	↑2	16:18.4	138	↑6	19:03.0	132	↓4	24:03.0	07:44.0	--
137	Nathan, Geneve	SO	574	Briar Woods	04:24.5	100	↓19	07:10.2	119	↓9	09:08.6	128	↓4	14:09.8	132	↔	15:17.7	132	↔	16:17.6	132	↓4	19:06.6	136	↓1	24:05.2	07:44.7	--
138	Waechter, Mary Page	JR	3919	Saint Catherine's	04:42.7	184	↑20	07:27.5	164	↑8	09:22.8	156	↑3	14:23.4	153	↔	15:31.4	153	↓2	16:30.6	155	↑8	19:15.2	147	↑9	24:06.5	07:45.1	--
139	Webb, Chloe	SO	3036	Midlothian High School	04:23.7	93	↓4	07:02.8	97	↓13	09:00.3	110	↓26	14:11.3	136	↓6	15:22.7	142	↓4	16:24.3	146	↔	19:14.4	146	↑7	24:07.4	07:45.4	119
140	Luna, Lauren	SO	4928	Western Albemarle	04:44.6	193	↑19	07:32.8	174	↑7	09:27.5	167	↑7	14:25.8	160	↑4	15:32.4	156	↑2	16:30.5	154	↑2	19:20.7	152	↑12	24:08.0	07:45.6	120
141	Radgowski, Genevieve	SO	1968	James Madison	04:38.3	165	↑15	07:23.5	150	↑8	09:17.5	142	↑2	14:12.2	140	↑2	15:20.4	138	↑1	16:18.4	137	↑7	19:01.8	130	↓11	24:08.8	07:45.9	--
142	Donahue, Elisabeth	9	3472	Our Lady Of Good Counsel	04:31.5	134	↔	07:16.0	134	↓1	09:12.1	135	↓9	14:13.9	144	↓1	15:24.5	145	↑2	16:22.2	143	↑1	19:12.4	144	↑2	24:09.7	07:46.1	121
143	Arnold, Keziah	9	515	Blacksburg High School	04:54.9	232	↑35	07:39.6	197	↑16	09:33.9	181	↑29	14:22.7	152	↑5	15:28.1	147	↔	16:25.3	147	↑4	19:11.7	143	↔	24:10.1	07:46.3	--
144	Berge, Gabriella	9	3465	Our Lady Of Good Counsel	04:22.3	86	↓26	07:08.4	112	↓14	09:08.0	126	↓13	14:12.2	139	↓7	15:24.9	146	↑2	16:23.8	144	↑4	19:09.4	140	↓4	24:13.4	07:47.3	122
145	Bacera-Guldin, Hayly	9	3587	Patriot High School	04:14.8	54	↓22	06:56.8	76	↓27	08:59.0	103	↓27	14:07.5	130	↓3	15:18.4	133	↓7	16:19.5	140	↑3	19:06.9	137	↓8	24:13.5	07:47.4	123
146	Rogers, Abigail	9	3481	Our Lady Of Good Counsel	04:20.7	75	↓20	07:02.0	95	↓4	08:57.7	99	↓26	14:01.5	125	↓3	15:10.2	128	↔	16:09.6	128	↓13	19:10.3	141	↓5	24:13.6	07:47.4	124
147	Shaffrey, Lily	JR	575	Briar Woods	04:30.3	130	↔	07:15.2	130	↓1	09:09.9	131	↓2	14:10.2	133	↓1	15:18.8	134	↓2	16:18.1	136	↓6	19:11.3	142	↓5	24:14.1	07:47.6	--
148	Kulbether, Jane	JR	3383	North Stafford	04:43.4	188	↓4	07:38.1	192	↓1	09:37.5	193	↑4	14:44.3	189	↑14	15:49.0	175	↑1	16:47.5	174	↑11	19:35.2	163	↑15	24:14.7	07:47.7	--
149	Cooley, Olivia	SO	3469	Our Lady Of Good Counsel	04:44.5	192	↑10	07:34.4	182	↑10	09:30.0	172	↑13	14:25.7	159	↑1	15:33.6	158	↑2	16:31.2	156	↑7	19:17.5	149	↔	24:15.9	07:48.1	125
150	He, Sarina	SO	4917	Western Albemarle	04:47.9	210	↑35	07:33.0	175	↑11	09:26.2	164	↑10	14:24.4	154	↔	15:31.9	154	↑1	16:29.9	153	↑2	19:19.9	151	↑1	24:17.3	07:48.6	--
151	Smith, Malia	SR	3198	National Cathedral	04:20.7	76	↓27	07:04.6	103	↓12	09:01.4	115	↑18	13:44.4	97	↓1	14:48.6	98	↓2	15:48.1	100	↓14	18:41.7	114	↓37	24:18.2	07:48.9	126
152	Whelan, Sophie	8	133	Alexandria City High School	04:52.2	230	↑25	07:42.7	205	↑6	09:41.2	199	↑24	14:38.4	175	↑7	15:45.5	168	↑4	16:43.4	164	↑7	19:28.5	157	↑5	24:18.7	07:49.0	127
153	Gabriel, Charlotte	SR	4549	The Potomac School	04:45.6	198	↑14	07:34.9	184	↑13	09:28.9	171	↑23	14:19.5	148	↔	15:29.8	148	↓1	16:28.3	149	↓4	19:22.2	153	↔	24:19.4	07:49.3	128
154	Vera, Michell	9	3484	Our Lady Of Good Counsel	04:36.7	153	↑7	07:21.2	146	↓3	09:19.3	149	↓2	14:22.6	151	↑1	15:30.5	150	↓2	16:29.2	152	↑2	19:19.2	150	↓4	24:19.7	07:49.4	129
155	Rascoe, Ruth	JR	4175	Spotswood	04:25.1	105	↓9	07:08.6	114	↓8	09:06.0	122	↓12	14:10.5	134	↓9	15:23.6	143	↓2	16:23.8	145	↓3	19:15.6	148	↓7	24:24.7	07:51.0	130
156	Scianna, Tessa	8	129	Alexandria City High School	04:42.3	181	↑9	07:32.4	172	↓4	09:31.7	176	↑11	14:29.2	165	↑4	15:37.1	161	↔	16:38.4	161	↑3	19:28.5	158	↑2	24:25.7	07:51.3	--
157	Coney, Lola	SO	4094	South Lakes	04:31.3	133	↑5	07:14.2	128	↓10	09:13.6	138	↓11	14:20.6	149	↔	15:30.0	149	↓2	16:28.7	151	↓4	19:24.5	155	↓2	24:28.3	07:52.1	--
158	Cook, Sophia	9	4912	Western Albemarle	04:48.4	213	↑6	07:42.7	207	↑6	09:41.3	201	↑17	14:43.3	184	↑5	15:51.3	179	↑3	16:50.0	176	↑12	19:36.2	164	↑6	24:28.8	07:52.3	--
159	Mallory, Susannah	8	123	Alexandria City High School	04:53.7	226	↑17	07:43.4	209	↑12	09:40.6	197	↑23	14:38.4	174	↑5	15:45.7	169	↑4	16:43.4	165	↑6	19:29.7	159	↔	24:29.1	07:52.4	--
160	Williams, Olivia	SR	929	Colonial Forge	04:23.8	95	↓36	07:15.4	131	↓14	09:18.6	145	↓10	14:25.0	155	↓5	15:35.5	160	↔	16:38.2	160	↓1	19:31.4	161	↑1	24:29.8	07:52.6	131
161	Bonvicino, Lila	SO	3339	North Shore	04:38.5	167	↓1	07:29.3	168	↑10	09:24.8	158	↑1	14:25.5	157	↓2	15:34.3	159	↑2	16:31.9	157	↑1	19:26.0	156	↓5	24:30.8	07:52.9	132
162	Herzog, Carrie	JR	1507	Glen Allen High School	04:44.0	191	↑12	07:33.9	179	↑4	09:31.1	175	↑4	14:37.0	171	↑1	15:46.1	170	↓2	16:47.1	172	↑6	19:39.1	166	↑4	24:31.2	07:53.1	133
163	Bowman, Olivia	SR	856	Collegiate	04:41.1	177	↑20	07:25.7	157	↔	09:23.2	157	↑1	14:25.4	156	↓1	15:32.5	157	↓1	16:32.9	158	↓2	19:30.2	160	↓3			

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177	Faber, Trinity	9	2664	Maggie Walker	04:47.9	209	↑16	07:38.4	193	↑11	09:34.1	182	↑14	14:35.8	168	↑2	15:43.6	166	↑3	16:43.3	163	↓2	19:38.5	165	↓12	24:47.9	07:58.4	--
178	Cayo-Luckett, Lily	9	4911	Western Albemarle	04:50.1	221	↑10	07:43.8	211	↑6	09:44.3	205	↑9	14:49.1	196	↔	15:59.6	196	↑7	16:57.3	189	↑15	19:43.6	174	↓4	24:48.1	07:58.5	--
179	Mallett, Nikka	9	2549	Loudoun Valley	04:42.7	185	↓2	07:36.4	187	↑2	09:35.3	185	↑6	14:40.3	179	↓1	15:51.7	180	↓2	16:52.2	182	↑2	19:46.9	180	↑1	24:49.3	07:58.9	--
180	Fleming, Reese	JR	861	Collegiate	04:40.7	174	↑16	07:25.8	158	↑3	09:22.1	155	↓7	14:27.6	162	↓1	15:40.6	163	↓3	16:44.5	166	↑7	19:43.0	170	↓7	24:51.1	07:59.5	--
181	Jewett, Olivia	JR	3479	Our Lady Of Good Counsel	04:36.1	151	↓8	07:25.8	159	↓6	09:26.8	165	↓4	14:36.3	169	↓4	15:47.0	173	↑3	16:46.5	170	↓8	19:45.7	178	↓3	24:51.5	07:59.6	139
182	Skwarok, Isabella	JR	1106	Deep Run	04:49.3	217	↑9	07:43.3	208	↑5	09:41.9	203	↑18	14:43.7	185	↔	15:52.3	185	↑2	16:53.5	183	↑4	19:46.6	179	↓3	24:54.0	08:00.4	140
183	Emad, Zoe	SR	3474	Our Lady Of Good Counsel	04:37.2	157	↑12	07:20.6	145	↓2	09:18.6	147	↓16	14:28.4	163	↓2	15:42.1	165	↓10	16:47.5	175	↑11	19:51.3	186	↑3	24:54.7	08:00.6	--
184	Kim, Hanna	SO	4923	Western Albemarle	04:34.8	146	↓16	07:27.1	162	↓4	09:27.4	166	↓20	14:43.8	186	↓1	15:53.6	187	↑2	16:54.9	185	↑2	19:49.7	183	↓1	24:56.1	08:01.1	--
185	Foley, Maddie	SR	1955	James Madison	04:38.5	166	↑10	07:25.3	156	↓6	09:25.8	162	↓18	14:40.3	180	↑3	15:50.4	177	↓1	16:50.7	178	↓7	19:50.3	185	↔	24:56.9	08:01.3	--
186	Van Konyenburg, Quinn	JR	3204	National Cathedral	04:43.5	189	↑1	07:36.9	188	↓7	09:39.0	195	↓3	14:50.6	198	↑3	15:59.6	195	↑1	17:01.4	194	↑5	19:56.1	189	↑3	25:00.8	08:02.6	141
187	Pohl, Marin	JR	810	Charlottesville	04:42.3	182	↓17	07:39.9	199	↓1	09:41.3	200	↓2	14:57.0	202	↑1	16:07.3	201	↔	17:09.8	201	↑4	20:07.5	197	↑10	25:02.5	08:03.1	142
188	Freilich, Alice	9	800	Charlottesville	05:08.7	272	↑5	08:13.4	267	↑11	10:19.2	256	↑26	15:26.7	230	↑8	16:37.6	222	↑4	17:37.6	218	↑14	20:25.3	204	↑16	25:02.9	08:03.2	143
189	Palen, Jessica	JR	3349	North Shore	04:37.8	160	↓7	07:29.1	167	↓6	09:30.0	173	↓5	14:40.2	178	↓8	15:53.0	186	↓1	16:55.7	187	↔	19:52.7	187	↓2	25:03.8	08:03.5	144
190	Ashury, Haffia	JR	1088	Deep Run	04:47.4	206	↑8	07:39.9	198	↓4	09:41.5	202	↑1	14:52.3	201	↑2	16:03.3	199	↑1	17:05.6	198	↑6	20:02.1	192	↑2	25:04.1	08:03.6	145
191	Lawson, Mallory	9	1102	Deep Run	04:54.0	229	↑4	07:52.8	225	↑10	09:52.7	215	↑9	15:04.5	206	↑2	16:15.6	204	↑2	17:13.7	202	↑3	20:10.8	199	↑8	25:04.3	08:03.7	146
192	Ferguson, Maggie	SO	3475	Our Lady Of Good Counsel	04:21.9	84	↓43	07:13.7	127	↓21	09:19.3	148	↓16	14:28.7	164	↔	15:42.1	164	↑2	16:42.4	162	↓7	19:40.2	169	↓23	25:04.7	08:03.8	--
193	Worek, Olivia	SO	1979	James Madison	04:26.5	113	↓25	07:17.1	138	↓12	09:19.5	150	↓16	14:30.4	166	↓1	15:44.7	167	↓4	16:46.9	171	↓4	19:44.4	175	↓18	25:05.0	08:03.9	--
194	Boswell, Mirren	SR	2539	Loudoun Valley	04:43.1	187	↓2	07:37.6	189	↓3	09:37.5	192	↓2	14:48.6	194	↑1	15:58.5	193	↑1	17:00.3	192	↓3	20:04.6	195	↑1	25:05.6	08:04.1	--
195	Freeman, Madison	JR	312	Atlee	04:47.8	208	↑8	07:40.1	200	↑4	09:39.9	196	↑3	14:47.5	193	↓1	15:59.4	194	↓1	17:02.7	195	↑4	20:01.9	191	↓4	25:05.8	08:04.2	--
196	Petersen, Kate	JR	1967	James Madison	04:45.5	196	↑5	07:38.0	191	↔	09:37.5	191	↓9	14:52.3	200	↑2	16:02.9	198	↑1	17:04.2	197	↑7	19:59.8	190	↓6	25:06.7	08:04.5	--
197	Rabb, Palmer	JR	3914	Saint Catherine's	05:07.4	265	↑16	08:05.8	249	↑15	10:03.7	234	↑25	15:10.0	209	↑2	16:21.5	207	↑2	17:21.8	205	↑5	20:14.1	200	↑3	25:07.3	08:04.7	--
198	Ahmad, Mansaal	JR	4976	Wheatley School	05:00.6	246	↑18	07:55.3	228	↑4	09:57.8	224	↑10	15:13.6	214	↑3	16:22.4	211	↑7	17:20.7	204	↑6	20:10.6	198	↔	25:08.2	08:05.0	--
199	Callahan, Charlotte	JR	858	Collegiate	05:08.0	267	↑8	08:10.5	259	↑5	10:18.3	254	↑18	15:32.8	236	↑10	16:40.2	226	↑2	17:39.7	224	↑12	20:32.6	212	↑13	25:09.3	08:05.3	--
200	Adams, Chloe	JR	104	Alexandria City High School	04:40.3	171	↓5	07:33.3	176	↓10	09:35.6	186	↓13	14:51.8	199	↓1	16:04.7	200	↔	17:07.9	200	↑4	20:05.2	196	↑4	25:22.5	08:05.5	--
201	Richardson, Anna	SR	3422	Ocean Lakes	04:36.9	155	↓10	07:28.4	165	↓14	09:33.0	179	↓18	14:50.5	197	↔	16:01.3	197	↑1	17:03.2	196	↑2	20:03.8	194	↓7	25:28.4	08:11.4	147
202	LeBlanc, Sarah	JR	4345	Stonebridge School	04:50.7	222	↑2	07:47.8	220	↑8	09:51.5	212	↓3	15:14.6	215	↑1	16:25.3	214	↑2	17:26.8	212	↑7	20:25.5	205	↑3	25:29.3	08:11.7	148
203	Gifford, Molly	SR	570	Briar Woods	04:35.4	148	↓6	07:24.8	154	↓14	09:27.6	168	↓22	14:45.1	190	↔	15:57.3	190	↓3	17:00.7	193	↔	20:03.0	193	↓10	25:31.1	08:12.3	--
204	Chatowsky, Zephyr	8	795	Charlottesville	05:13.5	285	↑17	08:14.7	268	↑15	10:17.8	253	↑32	15:22.5	221	↑5	16:31.4	216	↑1	17:32.7	215	↑5	20:28.9	210	↑6	25:33.4	08:13.1	149
205	Phaneuf, Sloane	9	3420	Ocean Lakes	04:53.9	227	↔	07:54.1	227	↓2	10:00.8	229	↑2	15:25.7	227	↑4	16:37.7	223	↑4	17:37.8	219	↑4	20:40.1	215	↑10	25:33.6	08:13.1	150
206	Herzog, Wyn	9	2150	Jamestown	04:47.0	203	↓14	07:47.3	217	↑1	09:53.1	216	↑4	15:11.5	212	↑2	16:22.2	210	↔	17:24.7	210	↑4	20:25.9	206	↔	25:34.8	08:13.5	--
207	Loeser, Josephine	9	3089	Monacan High School	04:03.6	11	↓8	06:32.5	19	↓1	08:16.4	20	↓1	12:38.6	21	↓1	13:39.7	22	↓3	14:34.4	25	#	21:13.5	244	↑37	25:35.5	08:13.7	151
208	Spector, Mia	JR	3200	National Cathedral	04:48.1	212	↓6	07:47.3	218	↑7	09:51.4	211	↓2	15:11.6	213	↑5	16:21.5	208	↓3	17:25.5	211	↑4	20:26.3	207	↓1	25:35.7	08:13.8	--
209	Morgan, Della	9	1517	Glen Allen High School	04:40.5	173	↓7	07:34.1	180	↑2	09:32.9	178	↑5	14:37.4	173	↓3	15:50.0	176	↓14	16:57.5	190	↓11	20:18.1	201	↓8	25:39.6	08:15.0	--
210	Jacobs, Columbia	9	1098	Deep Run	04:47.7	207	↓7	07:46.3	214	↓4	09:53.6	218	↑8	15:10.6	210	↓3	16:22.9	213	↑5	17:22.9	208	↑5	20:24.9	203	↓7	25:42.2	08:15.9	152
211	DeSantos, Sarah	SO	3471	Our Lady Of Good Counsel	04:57.7	237	↑7	07:56.7	230	↑3	09:59.3	227	↑16	15:10.9	211	↑6	16:20.0	205	↑2	17:22.4	207	↑2	20:28.8	209	↓2	25:46.7	08:17.3	--
212	Michelson, Maya	SO	3171	Atlee	04:48.9	215	↑2	07:45.4	213	↑3	09:50.2	210	↑2	15:08.9	208	↑2	16:20.6	206	↓3	17:24.3	209	↓2	20:29.3	211	↓1	25:48.7	08:18.0	--
213	Whalan, Isabella	SR	3352	North Shore	04:11.1	39	↓38	06:57.3	77	↓27	08:59.1	104	↓57	14:25.9	161	↓1	15:40.6	162	↓6	16:46.2	168	↓34	20:19.8	202	↓11	25:50.2	08:18.5	153
214	La Fleur, Anja	SR	4924	Western Albemarle	05:06.6	263	↑7	08:09.2	256	↓2	10:19.8	258	↑8	15:44.2	250	↑4	16:56.1	246	↑3	17:58.3	243	↑11	20:56.0	232	↑18	25:50.3	08:18.5	--
215	Patterson-Cox, Annie	9	4557	The Potomac School	04:50.1	219	↑16	07:41.4	203	↓5	09:45.2	208	↑4	15:00.6	204	↑1	16:14.4	203	↓3	17:22.4	206	↑11	20:42.0	217	↑2	25:50.9	08:18.7	154
216	Brin, Sana	SR	4545	The Potomac School	05:05.2	259	↑8	08:06.9	251	↑8	10:11.4	243	↑18	15:25.0	225	↔	16:38.2	225	↑2	17:38.9	223	↑9	20:38.6	214	↓2	25:51.9	08:19.0	155
217	Leone, Addison	SR	2154	Jamestown	05:12.7	284	↑10	08:17.4	274	↑14	10:20.2	260	↑18	15:34.1	242	↑7	16:44.3	235	↑6	17:44.7	229	↑8	20:45.8	221	↑4	25:52.8	08:19.3	--
218	Ferrick, Laela	JR	113	Alexandria City High School	05:04.1	257	↑12	08:04.9	245	↑8	10:08.0	237	↑6	15:27.4	231	↑3	16:40.7	228	↑1	17:42.5	227	↑9	20:42.6	218	↔	25:53.0	08:19.4	--
219	Gonzalez, Grace	SO	1956	James Madison	04:52.9	224	↑1	07:51.4	223	↓2	09:58.3	225	↑8	15:18.2	217	↑2	16:30.2	215	↓1	17:33.6	216	↑3	20:36.8	213	↓6	25:53.4	08:19.5	--
220	Freday, Evelyn	SO	525	Blacksburg High School	04:58.1	238	↑5	07:58.3	233	↔	10:03.1	233	↓4	15:26.4	229	↔	16:40.7	229	↑1	17:44.5	228	↑6	20:48.3	222	↑2	25:57.8	08:20.9	--
221	Davison, Mira	9	522	Blacksburg High School	04:59.4	242	↑8	07:58.3	234	↑2	10:02.7	232	↓4	15:25.9	228	↑7	16:36.8	221	↔	17:38.1	221	↑1	20:45.6	220	↓1	25:58.3	08:21.1	--
222	Bhat, Eesha	9	2658	Maggie Walker	04:33.2	140	↓31	07:31.2	171	↓12	09:34.6	183	↓22	15:02.0	205	↓4	16:21.8	209	↓4	17:27.0	213	↓13	20:50.1	226	↑4	26:00.0	08:21.6	--
223																												

Race #7: Girls JV (morning)

2024 VA XC Showcase
Pole Green Park
October 10, 2024

236	Horstick, Natalie	9	3872	Riverbend High School	04:47.9	211	↓4	07:46.3	215	↓4	09:53.8	219	↓5	15:24.6	224	↓6	16:42.6	230	↓3	17:48.7	233	↑2	20:54.9	231	↓5	26:24.4	08:29.5	157
237	Sharrow, Olivia	SO	448	Bishop McNamara High School	04:57.4	236	↓1	08:02.8	237	↓2	10:09.3	239	↓6	15:35.0	245	↑4	16:50.9	241	↑1	17:57.1	240	↑3	21:04.6	237	↔	26:25.4	08:29.8	158
238	Serwit, Ava	JR	3482	Our Lady Of Good Counsel	04:58.5	239	↑7	07:57.5	232	↑1	10:02.5	231	↓2	15:29.7	233	↓1	16:44.2	234	↓2	17:50.1	236	↑1	21:01.7	235	↓3	26:27.1	08:30.3	--
239	Pregall, Emma	SO	1400	Gainesville High School	04:45.2	194	↓25	07:47.8	219	↓3	09:57.1	222	↓10	15:28.6	232	↓4	16:44.5	236	↓3	17:51.8	239	↑1	21:04.7	235	↓1	26:28.8	08:30.9	--
240	Bowers, Mollie	JR	3079	Monacan High School	04:42.2	180	↓24	07:41.7	204	↓13	09:53.2	217	↓9	15:25.3	226	↓5	16:43.3	231	↓6	17:50.1	237	↑1	21:03.5	236	↓4	26:30.4	08:31.4	159
241	Luzaich, Anisten	9	4929	Western Albemarle	05:03.9	255	↑8	08:05.3	247	↑5	10:10.3	242	↓5	15:40.0	247	↑2	16:55.8	245	↑1	17:58.7	244	↓7	21:19.8	251	↑10	26:31.6	08:31.8	--
242	Mulligan, June	8	805	Charlottesville	05:13.6	286	↑17	08:15.0	269	↑8	10:20.4	261	↑22	15:33.4	249	↑1	16:45.3	238	↑8	17:46.9	230	↓12	21:11.0	242	↔	26:33.8	08:32.5	160
243	Concer, Valentina	SR	2138	Jamestown	05:16.4	292	↑6	08:26.2	286	↑3	10:32.9	283	↑12	16:01.8	271	↑6	17:14.0	265	↑4	18:16.6	261	↑9	21:20.7	252	↑9	26:34.1	08:32.6	--
244	Hockman, Lauren	9	2604	Louisa County High School	05:09.9	275	↓13	08:27.1	288	↑2	10:37.1	286	↓3	16:21.2	289	↑2	17:37.6	287	↑2	18:43.9	285	↑7	21:49.9	278	↑34	26:36.2	08:33.2	--
245	Dubyk, Rachel	SR	3380	North Stafford	05:03.5	252	↑13	08:03.1	239	↑1	10:08.4	238	↑3	15:31.8	235	↑3	16:43.6	232	↓3	17:49.3	235	↑1	21:00.3	234	↓11	26:36.8	08:33.4	--
246	Marzilli, Rae	SR	4005	Sidwell Friends School	04:41.9	179	↓37	07:46.7	216	↓10	09:59.0	226	↓26	15:45.0	252	↑3	16:58.5	249	↔	18:05.0	249	↑1	21:18.4	248	↑2	26:37.7	08:33.7	--
247	Parasram, Ananya	1	3599	Patriot High School	04:37.8	161	↓102	08:12.9	263	↓7	10:25.2	270	↓9	15:54.2	261	↑4	17:07.6	257	↑6	18:06.5	251	↓4	21:24.5	255	↑8	26:38.8	08:34.1	161
248	Mucci, Katrina	SO	2161	Jamestown	05:19.1	295	↑5	08:27.9	290	↑1	10:38.3	289	↓5	16:11.9	284	↑5	17:27.7	279	↑5	18:26.5	274	↑17	21:25.0	247	↑9	26:39.2	08:34.2	--
249	DOYLE, Anna	SO	3186	National Cathedral	04:58.6	240	↑2	08:03.0	238	↓3	10:10.2	241	↓3	15:34.9	244	↑4	16:50.6	240	↓1	17:57.4	241	↓2	21:13.2	243	↓6	26:39.7	08:34.4	--
250	Han, Anna	JR	4983	Wheatley School	05:08.6	271	↑11	08:10.6	260	↑5	10:18.7	255	↓1	15:50.2	256	↑2	17:03.9	254	↓1	18:10.0	255	↑1	21:23.5	254	↑4	26:40.2	08:34.5	--
251	Nystrom, Becca	JR	3913	Saint Catherine's	05:14.5	287	↑14	08:17.1	273	↑4	10:25.0	269	↑7	15:55.3	262	↑2	17:11.8	260	↑2	18:15.6	258	↑2	21:24.5	256	↑5	26:40.4	08:34.6	--
252	Sattelmaier, Kate	SO	323	Atlee	05:03.9	254	↑8	08:05.1	246	↔	10:13.1	246	↔	15:37.7	246	↑3	16:55.1	243	↓3	18:01.0	246	↔	21:17.4	246	↓6	26:42.6	08:35.3	--
253	Ridgway, Emily	SO	2167	Jamestown	05:16.6	293	↑6	08:26.3	287	↑5	10:32.2	282	↓9	16:02.4	273	↑4	17:18.0	269	↑3	18:22.3	266	↑8	21:26.4	258	↑5	26:42.7	08:35.3	--
254	Ahmadi, Raihana	JR	1949	James Madison	05:17.6	294	↑22	08:15.9	272	↑5	10:23.5	267	↓9	16:04.8	276	↑2	17:22.8	274	↑4	18:25.4	270	↑7	21:33.4	263	↑9	26:44.8	08:36.0	--
255	Beckner, Millie	8	4337	Stonebridge School	05:08.2	269	↓26	08:31.7	295	↔	10:50.8	295	↓5	16:23.3	290	↑2	17:41.5	288	↑1	18:45.0	287	↑19	21:38.5	268	↑13	26:45.9	08:36.4	162
256	Woo, Madison	9	4564	The Potomac School	05:06.1	260	↑7	08:08.0	253	↑3	10:16.3	250	↓1	15:44.8	251	↔	17:00.6	251	↑1	18:06.0	250	↑5	21:17.1	245	↓11	26:46.8	08:36.7	163
257	Braun-wahlin, Annika	8	794	Charlottesville	05:11.8	281	↑11	08:15.5	270	↑13	10:19.4	257	↑19	15:33.1	238	↑1	16:45.2	237	↑6	17:47.8	231	↓10	21:10.9	241	↓16	26:49.0	08:37.4	164
258	Glover, Alex	SO	2542	Loudoun Valley	05:02.0	249	↑1	08:05.5	248	↑1	10:13.7	247	↓6	15:45.8	253	↑1	17:01.2	252	↑4	18:03.7	248	↑1	21:18.3	247	↓11	26:54.2	08:39.0	--
259	Irwin, Alyssa	9	3874	Riverbend High School	04:56.0	234	↓1	08:02.1	235	↓13	10:14.0	248	↓10	15:52.7	258	↓1	17:09.6	259	↓3	18:16.8	262	↑3	21:27.8	259	↔	26:58.2	08:40.3	165
260	Ryan, Kaitlyn	SO	811	Charlottesville	05:26.4	305	↑9	08:41.1	296	↑2	10:47.4	294	↑8	16:18.5	286	↑2	17:34.7	284	↑3	18:38.1	281	↑9	21:41.5	272	↓12	26:58.4	08:40.4	--
261	Feeney Moreno, Micaela	SO	3381	North Stafford	04:46.3	202	↓8	07:43.6	210	↑4	09:44.4	206	↓1	15:05.8	207	↓5	16:22.4	212	↓2	17:28.1	214	↓9	20:48.5	223	↓38	27:01.5	08:41.4	--
262	McDonald, Ava	8	4346	Stonebridge School	05:07.4	264	↓17	08:21.0	281	↑19	10:20.7	262	↓7	15:59.2	269	↓1	17:18.4	270	↓3	18:26.1	273	↑4	21:39.4	269	↑7	27:06.7	08:43.1	166
263	Shafiei, Zahar	SR	1521	Glen Allen High School	05:00.2	244	↑3	08:03.5	241	↓10	10:16.3	251	↓8	15:53.3	259	↑1	17:08.9	258	↑1	18:15.5	257	↓3	21:30.1	260	↓3	27:07.6	08:43.3	--
264	Brockman, Kiana	9	3180	National Cathedral	05:12.3	282	↓2	08:22.1	284	↑4	10:30.1	280	↓6	16:03.3	274	↑3	17:18.9	271	↑1	18:25.8	271	↑7	21:34.0	264	↔	27:08.2	08:43.5	--
265	Weedman, Laila	JR	1977	James Madison	04:49.2	216	↓13	07:55.7	229	↓7	10:07.9	236	↓12	15:40.9	248	↓5	17:01.3	253	↓1	18:08.8	254	↓8	21:32.0	262	↓3	27:12.1	08:44.8	--
266	Busey, Lucia	SO	1952	James Madison	05:00.7	248	↑5	08:04.2	243	↑3	10:09.8	240	↓15	15:47.6	255	↓1	17:05.1	256	↔	18:11.8	256	↓11	21:38.5	267	↑1	27:17.3	08:46.5	--
267	Rhodes, Gigi	JR	3916	Saint Catherine's	05:15.1	289	↑10	08:18.6	279	↑6	10:26.4	273	↑8	15:56.7	265	↑2	17:12.5	263	↓1	18:18.2	264	↓7	21:40.9	271	↑4	27:18.8	08:46.9	--
268	Gebelein, Savannah	SO	3412	Ocean Lakes	05:10.2	277	↑1	08:18.2	276	↓5	10:31.3	281	↔	16:08.2	281	↑5	17:24.1	276	↓2	18:29.3	278	↑4	21:44.0	274	↑6	27:20.5	08:47.5	167
269	Mattox, Madison	JR	3090	Monacan High School	04:34.4	144	↓26	07:30.9	170	↓37	09:44.5	207	↓33	15:33.5	240	↓4	16:55.4	244	↓8	18:06.6	252	↓14	21:36.6	266	↓3	27:21.9	08:47.9	168
270	Ludmar, Louisa	SR	3346	North Shore	04:36.5	152	↓8	07:25.9	160	↓1	09:25.6	161	↓57	15:18.4	218	↓9	16:40.5	227	↓11	17:51.1	238	↑1	21:18.7	249	↓21	27:22.5	08:48.1	169
271	Jackson, Grace	1	919	Colonial Forge	04:58.7	241	↓14	08:09.1	255	↓9	10:22.2	264	↔	15:56.0	264	↓2	17:14.1	266	↓2	18:23.4	268	↑3	21:36.1	265	↓6	27:22.5	08:48.1	170
272	Morgan, Claire	JR	1516	Glen Allen High School	05:00.6	247	↓3	08:06.8	250	↑1	10:15.9	249	↓14	15:55.5	263	↑1	17:12.4	262	↓1	18:17.9	263	↑2	21:31.6	261	↓11	27:22.6	08:48.2	--
273	Atmadjaja, Leonora	SO	3338	North Shore	05:08.1	268	↑2	08:13.2	266	↑1	10:22.4	265	↓2	15:58.2	267	↓1	17:16.6	268	↓1	18:24.0	269	↓1	21:40.3	270	↓3	27:23.5	08:48.5	171
274	Anderson, Kaela'	9	303	Atlee	04:54.0	228	↑2	07:53.9	226	↑2	10:00.5	228	↓13	15:33.7	241	↓1	16:52.0	242	↓3	18:00.5	245	↓39	21:57.5	284	↑10	27:23.8	08:48.6	--
275	Novak, Misha	JR	1398	Gainesville High School	05:02.9	250	↓15	08:13.0	265	↓10	10:27.5	275	↓4	16:07.4	279	↓2	17:28.6	281	↓2	18:38.4	283	↑3	21:53.3	280	↑5	27:24.6	08:48.8	--
276	Walcott, Miriam	JR	4939	Western Albemarle	05:06.3	262	↑4	08:09.6	258	↓5	10:21.2	263	↓3	15:57.3	266	↓1	17:14.3	267	↔	18:22.8	267	↓8	21:46.5	275	↓1	27:25.9	08:49.2	--
277	Randle, Jordin	SO	1401	Gainesville High School	05:03.9	256	↓6	08:12.9	262	↓14	10:27.5	276	↓4	16:07.7	280	↓2	17:29.0	282	↔	18:38.2	282	↑1	21:53.4	281	↑4	27:26.0	08:49.3	--
278	Shanahan, Audrey	1	3604	Patriot High School	05:06.2	261	↓3	08:12.9	264	↓8	10:26.4	272	↑4	15:58.2	268	↓4	17:19.8	272	↓3	18:26.9	275	↑2	21:41.5	273	↓5	27:29.7	08:50.5	--
279	Ferrick, Langlie	JR	114	Alexandria City High School	05:10.4	278	↓7	08:22.1	285	↓3	10:37.9	288	↔	16:19.5	288	↑2	17:36.4	286	↑2	18:43.8	284	↓2	22:02.1	286	↑7	27:34.5	08:52.0	--
280	Jenkins, Laila	JR	445	Bishop McNamara High School	04:40.9	176	↓26	07:41.2	202	↓21	09:57.6	223	↓20	15:34.6	243	↓5	16:57.5	246	↓12	18:16.4	260	↓23	21:54.2	283	↑3	27:36.4	08:52.6	172
281	Green, Rylie	JR	444	Bishop McNamara High School	04:57.0	235	↓1	08:02.7	236	↓8	10:12.1	244	↓16	15:54.1	260	↓1	17:12.0	261	↓4	18:18.6	265	↓17	21:54.0	282	↓1	27:37.1	08:	

Race #7: Girls JV (morning)

2024 VA XC Showcase
Pole Green Park
October 19, 2024

295	Scrofani, Grace	9	2168	Jamestown	05:52.1	329	↑8	09:30.1	321	↑2	11:44.9	319	↑7	17:36.1	312	↑4	18:55.3	308	↔	20:05.1	308	↑5	23:21.6	303	↑8	28:42.2	09:13.8	--
296	BOYD, Elizabeth	JR	3179	National Cathedral	05:26.9	307	↔	08:53.1	307	↑3	11:08.4	304	↑3	17:06.5	301	↑1	18:28.6	300	↑2	19:38.2	298	↓2	23:09.9	300	↑4	28:46.3	09:15.1	--
297	Oberg, Lily	SO	3033	Midlothian High School	05:33.4	317	↑4	08:59.3	313	↑4	11:15.8	309	↑7	17:07.6	302	↑1	18:29.5	301	↑1	19:39.1	300	↑3	23:01.3	297	↔	28:47.4	09:15.4	178
298	soofi, zainab	SR	3605	Patriot High School	05:29.6	312	↑6	08:52.2	306	↓4	11:18.5	310	↑7	17:07.9	303	↔	18:35.2	303	↑1	19:48.7	302	↔	23:15.8	302	↑4	28:54.4	09:17.7	--
299	Delcour, Scarlett	9	1954	James Madison	05:10.9	280	↓3	08:21.9	283	↓7	10:40.5	290	↓5	16:40.8	295	↑2	18:03.6	293	↓1	19:16.8	294	↓1	22:57.7	295	↓4	28:57.4	09:18.6	--
300	Walrond, Olivia	JR	4351	Stonebridge School	04:53.0	225	↓15	08:03.3	240	↓26	10:23.1	266	↓27	16:36.6	293	↓1	18:05.9	294	↑1	19:15.9	293	↓1	22:57.5	294	↓6	28:59.7	09:19.4	179
301	Brickley, Vivian	9	3080	Monacan High School	05:03.6	253	↓18	08:15.7	271	↓20	10:40.7	291	↓8	16:58.7	299	↑1	18:23.3	298	↓1	19:38.8	299	↑3	22:59.8	296	↓5	29:02.1	09:20.2	180
302	Kiser, Esther	9	4170	Spotswood	05:26.6	306	↑9	08:43.8	297	↓1	11:01.6	298	↑1	16:49.3	297	↑1	18:14.7	296	↔	19:29.3	296	↓3	23:06.6	299	↓3	29:07.1	09:21.8	181
303	Thomton, Copeland	SR	871	Collegiate	05:48.8	324	↑4	09:19.1	320	↑6	11:27.0	314	↑7	17:27.2	307	↑1	18:47.5	306	↑2	19:54.1	304	↔	23:27.2	304	↑1	29:09.6	09:22.6	--
304	Rudy, Grace	9	4934	Western Albemarle	05:24.8	301	↓1	08:45.7	302	↑1	11:04.6	301	↓3	17:08.1	304	↑2	18:30.8	302	↑1	19:42.1	301	↔	23:14.3	301	↓3	29:25.8	09:27.8	--
305	Bostaph, Lydia	9	306	Atlee	05:46.7	323	↑7	09:09.2	316	↑1	11:29.3	315	↑7	17:30.1	308	↑1	18:52.8	307	↔	20:03.5	307	↑2	23:36.0	305	↔	29:38.4	09:31.8	--
306	Thaller, Bridget	1	3606	Patriot High School	05:12.3	283	↓10	08:30.4	293	↓4	10:57.8	297	↓8	17:09.2	305	↑1	18:42.5	304	↓1	19:56.5	305	↓2	23:44.9	307	↑1	29:38.5	09:31.9	--
307	Costa, Adhana	SR	521	Blacksburg High School	05:25.2	303	↓2	08:49.0	305	↓1	11:11.8	306	↓9	17:38.3	315	↑1	19:05.5	314	↑1	20:19.8	313	↑4	23:51.7	309	↑2	29:40.7	09:32.6	--
308	Linegang, Emily	9	1963	James Madison	05:32.4	313	↑1	08:57.5	312	↑1	11:21.2	311	↑1	17:35.7	310	↑1	18:59.3	309	↔	20:10.9	309	↓1	23:56.1	310	↑2	29:56.6	09:37.7	--
309	Bunting, Myra	9	2136	Jamestown	05:29.2	310	↔	08:55.2	310	↑2	11:15.4	308	↓6	17:38.2	314	↑4	18:59.7	310	↓1	20:14.0	311	↑5	23:44.7	306	↓3	29:58.4	09:38.3	--
310	Hidalgo, Isabella	SO	2603	Louisa County High School	05:23.8	299	↓9	08:53.3	308	↑3	11:10.8	305	↓4	17:34.2	309	↓3	19:00.9	312	↔	20:17.1	312	↔	23:59.2	312	↑2	30:01.6	09:39.3	--
311	Decker, Annalise	9	1953	James Madison	05:32.5	314	↑3	08:57.4	311	↓1	11:21.4	312	↑1	17:36.1	311	↔	18:59.7	311	↑1	20:12.0	310	↓1	23:56.1	311	↔	30:06.9	09:41.0	--
312	Resendiz-Perez, Elizabeth	9	4176	Spotswood	05:27.1	308	↑9	08:44.3	299	↓4	11:06.0	303	↓3	17:17.4	306	↑1	18:47.4	305	↓1	19:58.8	306	↓2	23:45.4	308	↓4	30:10.4	09:42.1	182
313	Riddle, Raleigh	9	3093	Monacan High School	05:25.5	304	↓5	08:54.2	309	↓4	11:25.9	313	↓3	17:48.8	316	↑1	19:21.0	315	↔	20:40.3	315	↔	24:25.1	315	↑2	30:59.6	09:57.9	183
314	Carter, Zoe	8	4342	Stonebridge School	05:19.2	296	↓8	08:47.9	304	↓3	11:12.8	307	↓6	17:36.8	313	↔	19:04.4	313	↓1	20:20.6	314	↔	24:18.9	314	↔	31:02.6	09:58.9	184
315	Ward, Ella	1	3607	Patriot High School	05:29.5	311	↑10	08:45.2	301	↓1	11:05.9	302	↑6	16:47.7	296	↓1	18:23.0	297	↓6	19:49.7	303	↓10	24:05.1	313	↓2	31:10.5	10:01.4	--
316	Sturdivant, Maya	SR	3202	National Cathedral	05:41.1	319	↑1	09:18.1	318	↓4	11:51.8	322	↑2	18:27.0	320	↑1	19:56.6	319	↑1	21:11.5	318	↑2	24:56.1	316	↔	31:12.2	10:02.0	--
317	Hammond, Lianna	SR	2148	Jamestown	05:50.2	326	↑1	09:31.5	325	↑2	12:04.7	323	↓2	18:41.4	325	↑3	20:11.5	322	↔	21:29.8	322	↑2	25:08.8	320	↑3	31:12.8	10:02.2	--
318	Conde Aribas, Alejandra	JR	2139	Jamestown	05:52.1	330	↑1	09:31.9	329	↑4	12:06.1	325	↑2	18:37.4	323	↔	20:11.7	323	↑2	21:29.6	321	↓1	25:11.6	322	↑4	31:13.2	10:02.3	--
319	Hewson, Addison	JR	3871	Riverbend High School	05:28.6	309	↓6	09:03.1	315	↓2	11:35.9	317	↓1	18:20.4	318	↑1	19:51.5	317	↓2	21:11.8	319	↑1	25:02.4	318	↓1	31:29.8	10:07.7	--
320	Oman, Elizabeth	SR	2162	Jamestown	05:52.0	328	↑2	09:31.5	326	↔	12:07.5	326	↑4	18:37.2	322	↑1	20:10.0	321	↑1	21:28.3	320	↓1	25:11.5	321	↑1	31:37.2	10:10.0	--
321	Ferreira, Brooke	9	1094	Deep Run	05:39.5	318	↑1	09:16.8	317	↓3	11:50.8	320	↑1	18:24.9	319	↑1	19:55.4	318	↑2	21:09.0	316	↓3	25:07.4	319	↓2	31:39.8	10:10.9	185
322	Herzog, Delaney	SO	2149	Jamestown	05:33.4	316	↑2	09:00.5	314	↓2	11:33.3	316	↓1	18:19.0	317	↑1	19:51.2	316	↓1	21:09.3	317	↔	25:02.1	317	↓5	31:40.7	10:11.2	--
323	Anderson, Sophie	SR	106	Alexandria City High School	05:50.2	325	↑3	09:30.3	322	↓2	12:05.6	324	↔	18:38.9	324	↔	20:17.3	324	↔	21:40.8	324	↑1	25:20.6	323	↔	31:58.6	10:16.9	--
324	Leon, Salome	JR	3193	National Cathedral	05:53.7	333	↔	09:36.9	333	↑3	12:12.4	330	↑2	18:50.1	328	↑3	20:21.7	325	↔	21:41.3	325	↔	25:26.4	325	↑1	32:02.5	10:18.2	--
325	Doster, Molly	SR	3185	National Cathedral	05:43.3	320	↑1	09:18.5	319	↓2	11:51.7	321	↔	18:36.3	321	↑1	20:08.7	320	↓3	21:29.8	323	↓1	25:23.1	324	↓1	32:03.9	10:18.6	--
326	Bradley, Hana	9	1090	Deep Run	05:43.4	321	↓6	09:31.6	327	↓2	12:09.6	329	↔	18:55.8	329	↑2	20:32.8	327	↔	21:56.6	327	↓1	26:00.7	328	↑2	32:14.8	10:22.1	186
327	Stanke, Anna	JR	2172	Jamestown	05:53.3	331	↑1	09:32.4	330	↑3	12:09.1	327	↓2	18:55.8	329	↑3	20:23.7	326	↔	21:46.1	326	↔	25:48.7	326	↓1	33:04.3	10:38.0	--
328	Gudise, Preeti	SO	1095	Deep Run	05:44.9	322	↓2	09:31.3	324	↓4	12:09.5	328	↓2	18:57.7	330	↑2	20:35.2	328	↔	21:56.7	328	↑1	25:59.9	327	↓1	33:18.4	10:42.6	--
329	Kodali, Swetha	SO	1101	Deep Run	05:51.1	327	↓4	09:35.7	331	↔	12:18.4	331	↔	19:43.6	331	↑1	21:28.3	330	↔	22:56.8	330	↔	27:22.5	330	↑1	34:29.6	11:05.5	--
330	Durham, Hannah	SR	2143	Jamestown	05:33.3	315	↓8	09:30.4	323	↑5	11:44.5	318	↓8	18:45.0	326	↓3	21:13.5	329	↔	22:29.6	329	↔	27:20.4	329	↓1	36:15.9	11:39.6	--
331	Leffler, Anna	SO	1103	Deep Run	05:53.4	332	↔	09:36.2	332	↔	12:26.1	332	↑2	19:43.6	330	↓1	22:33.2	331	↔	24:09.3	331	↔	29:06.2	331	↔	37:25.3	12:02.0	--