

Race #10: Girls Small Schools

2024 VA XC Showcase
Pole Green Park
October 19, 2024

Place	Athlete	Yr.	#	Team	1K		1M	1m(P)		2K	2k(P)		3K	3k(P)		2M	2m(P)		2.2M	2.2m(P)		4K	4k(P)		Time	Avg. Mile	Score	
1	Curtis, Isabella	SO	3626	Peninsula Catholic	03:36.5	1	↔	05:41.3	1	↔	07:10.1	1	↔	10:55.8	1	↔	11:47.3	1	↔	12:32.8	1	↔	14:44.2	1	↔	18:34.6	05:58.4	1
2	Perniello, Cadigan	SR	4275	St. Anne's-Belfield School	03:41.3	4	↑1	05:55.7	3	↔	07:28.5	3	↑1	11:21.6	2	↔	12:14.8	2	↔	13:02.2	2	↔	15:16.7	2	↔	19:08.3	06:09.2	2
3	Freeman, Remington	9	4790	Walsingham Academy	03:42.6	5	↑1	05:57.6	4	↔	07:33.2	4	↑1	11:32.3	3	↔	12:25.3	3	↔	13:11.5	3	↔	15:26.8	3	↔	19:17.8	06:12.3	3
4	Pongracz, Alyssa	SR	3634	Peninsula Catholic	03:37.3	2	↔	05:49.1	2	↔	07:23.4	2	↓2	11:35.0	4	↔	12:33.7	4	↔	13:25.3	4	↔	15:52.1	4	↔	19:45.6	06:21.2	4
5	Sweet, Sophie	SO	1996	James Monroe	03:52.8	8	↓2	06:13.0	10	↑3	07:49.0	7	↑2	11:54.1	5	↔	12:49.0	5	↔	13:37.5	5	↔	15:56.3	5	↔	19:48.5	06:22.2	--
6	Perkins, Kaitlyn	9	3322	North Cross	03:54.5	14	↑3	06:13.2	11	↑1	07:50.5	10	↑3	11:55.8	7	↔	12:50.9	7	↑1	13:38.9	6	↔	15:57.4	6	↔	19:58.0	06:25.2	--
7	Bayer, Francesca	SR	4656	Trinity School at Meadow View	03:39.0	3	↓2	06:02.5	5	↔	07:40.5	5	↓3	11:58.0	8	↔	12:55.9	8	↓2	13:46.5	10	↔	16:10.8	10	↑3	20:09.2	06:28.8	5
8	Funk, Alyson	SO	335	Auburn	03:57.8	18	↑1	06:19.8	17	↑1	07:58.3	16	↑6	12:02.0	10	↑1	12:56.1	9	↔	13:45.0	9	↔	16:06.3	9	↑1	20:11.1	06:29.4	6
9	Pope, Amaris	JR	1206	Elizabeth Seton High School	03:53.0	10	↑3	06:11.9	7	↓1	07:49.7	8	↑2	11:55.0	6	↔	12:50.6	6	↓1	13:40.3	7	↔	16:05.2	7	↓2	20:12.6	06:29.9	7
10	Adams, Natalie	SO	2953	Mecklenburg County High School	04:00.2	27	↑9	06:20.2	18	↑4	07:55.8	14	↑5	12:00.9	9	↓1	12:56.3	10	↑2	13:44.0	8	↔	16:05.3	8	↓2	20:13.1	06:30.1	--
11	Barley, Brynn	SO	647	Cape Henry Collegiate	03:54.0	12	↔	06:13.9	12	↔	07:52.3	12	↔	12:03.8	12	↔	13:01.9	12	↔	13:52.2	12	↑1	16:16.3	11	↔	20:27.6	06:34.7	8
12	Downs, Lily	9	250	Archbishop Spalding High School	03:54.1	13	↑5	06:12.9	8	↓3	07:51.4	11	↔	12:03.1	11	↔	13:01.5	11	↓2	13:52.3	13	↑1	16:18.9	12	↔	20:29.5	06:35.3	9
13	Muller, Kaylee	SO	2460	Liberty Christian Academy	03:59.0	24	↑5	06:20.2	19	↑2	07:58.5	17	↑2	12:11.1	15	↔	13:08.0	15	↑1	13:57.3	14	↔	16:22.0	14	↑1	20:32.5	06:36.3	10
14	Shepherd, Amelie	SR	4764	Veritas School	04:05.7	44	↑14	06:27.9	30	↑8	08:03.7	22	↑6	12:12.9	16	↔	13:09.6	16	↔	14:00.3	16	↑1	16:25.6	15	↑1	20:36.5	06:37.6	11
15	McCormick, Alexandra	JR	27	Academy of the Holy Cross	04:00.7	29	↑8	06:20.7	21	↑6	07:57.2	15	↑2	12:04.8	13	↔	13:03.0	13	↑2	13:51.5	11	↓2	16:19.0	13	↓2	20:39.4	06:38.5	12
16	Barron, Faith	SO	165	Alleghany	03:56.5	17	↑2	06:18.6	15	↓3	07:59.0	18	↔	12:14.9	18	↔	13:12.4	18	↔	14:05.4	18	↔	16:33.1	18	↑2	20:46.1	06:40.7	13
17	Lantz-Trisseel, Magdalena	SR	4687	Turner Ashby	04:02.3	35	↑7	06:25.6	28	↑7	08:02.6	21	↑4	12:13.3	17	↔	13:10.8	17	↔	14:02.1	17	↑1	16:29.7	16	↓1	20:46.3	06:40.7	14
18	Severino, Lucia	8	4666	Trinity School at Meadow View	03:52.8	9	↔	06:13.0	9	↔	07:50.4	9	↓5	12:09.2	14	↔	13:07.3	14	↓1	13:59.2	15	↓2	16:30.1	17	↓1	20:52.6	06:42.8	15
19	Shirey, Emma	JR	2204	Jefferson Christian Academy HS	03:52.2	7	↓6	06:14.8	13	↔	07:55.2	13	↓6	12:16.7	19	↓1	13:17.2	20	↔	14:11.1	20	↑1	16:38.1	19	↔	20:53.7	06:43.1	--
20	Johnson, Brynn	8	652	Cape Henry Collegiate	04:09.6	55	↑12	06:35.7	43	↑6	08:17.6	37	↑12	12:36.1	25	↔	13:35.1	25	↑1	14:25.3	24	↑1	16:50.3	23	↑3	20:57.2	06:44.2	16
21	Carter, Eleanor	JR	4268	St. Anne's-Belfield School	03:58.7	23	↑3	06:20.4	20	↔	07:59.9	20	↔	12:16.8	20	↑1	13:15.3	19	↔	14:07.4	19	↓1	16:39.0	20	↓1	20:58.7	06:44.7	17
22	Chronister, Anna	9	4604	Trinity Christian School	03:58.1	20	↓3	06:21.8	23	↓3	08:05.4	26	↑3	12:28.1	23	↔	13:28.1	23	↔	14:22.5	23	↑1	16:49.9	22	↔	21:03.3	06:46.2	18
23	WOOD, Annah	SR	2622	Luray	04:02.0	34	↑7	06:24.5	27	↑3	08:04.1	24	↑3	12:20.4	21	↔	13:19.3	21	↔	14:12.7	21	↔	16:44.6	21	↓2	21:06.8	06:47.3	--
24	Hylton, Madelyn	9	4684	Turner Ashby	04:09.4	54	↑14	06:35.1	40	↑5	08:17.2	35	↑4	12:42.2	31	↔	13:41.7	31	↑3	14:33.4	28	↑3	17:00.5	25	↑1	21:09.7	06:48.3	19
25	Fleischman, Brooklyn	9	3273	New Kent	04:10.1	58	↑9	06:37.7	49	↑3	08:20.3	46	↑14	12:42.6	32	↔	13:42.2	32	↑1	14:34.1	31	↑2	17:04.2	29	↑4	21:15.1	06:50.0	20
26	Hensley, Ari	JR	4609	Trinity Christian School	03:59.0	25	↔	06:23.1	25	↓2	08:05.6	27	↑5	12:27.4	22	↔	13:26.5	22	↔	14:20.4	22	↓2	16:51.4	24	↓2	21:15.2	06:50.0	21
27	Liddle, Samantha	9	3630	Peninsula Catholic	04:09.7	57	↑10	06:36.9	47	↑16	08:14.9	31	↑2	12:39.5	29	↑2	13:38.5	27	↔	14:30.4	27	↔	17:03.3	27	↔	21:15.5	06:50.1	22
28	VOGEL, Anya	SO	2748	Maret School	04:03.4	37	↔	06:31.9	37	↑3	08:16.5	34	↑4	12:41.2	30	↔	13:41.5	30	↑1	14:33.9	29	↑1	17:03.9	28	↔	21:20.9	06:51.9	--
29	Hayes, Olivia	SR	2955	Mecklenburg County High School	04:06.8	45	↑3	06:35.3	42	↓2	08:19.9	44	↑3	12:50.0	41	↓1	13:52.1	42	↔	14:45.2	42	↑10	17:07.5	32	↑3	21:21.1	06:51.9	--
30	Bayer, Veronica	8	4657	Trinity School at Meadow View	04:01.6	32	↓2	06:31.4	34	↑1	08:16.2	33	↓5	12:48.4	38	↑2	13:48.6	36	↓1	14:42.7	37	↑3	17:10.9	34	↑4	21:26.5	06:53.7	23
31	Fox, Blair	SR	4269	St. Anne's-Belfield School	04:07.1	47	↑1	06:36.2	46	↑1	08:20.3	45	↑19	12:36.9	26	↔	13:36.1	26	↔	14:29.1	26	↔	17:02.8	26	↓5	21:27.6	06:54.0	24
32	Moser, Nora	JR	5124	York	04:08.2	50	↑5	06:35.8	45	↑6	08:18.8	39	↓1	12:48.9	40	↑3	13:49.1	37	↑2	14:41.9	35	↓2	17:14.7	37	↑5	21:30.4	06:54.9	25
33	Warner, Beverly	SO	340	Auburn	04:04.7	40	↓4	06:35.7	44	↓6	08:24.0	50	↑2	12:55.1	48	↔	13:57.0	48	↑1	14:48.9	47	↑7	17:17.8	40	↑7	21:35.8	06:56.7	26
34	Light, Ella	SR	739	Cave Spring High School	03:58.3	22	↓2	06:22.9	24	↓4	08:07.8	28	↔	12:38.7	28	↓1	13:40.8	29	↓3	14:34.9	32	↓1	17:08.4	33	↓1	21:36.9	06:57.0	--
35	Dean, Julia	SR	4605	Trinity Christian School	03:54.9	15	↓7	06:20.8	22	↓3	08:04.5	25	↓2	12:37.3	27	↓1	13:39.8	28	↓2	14:34.1	30	↓1	17:06.7	31	↓4	21:39.0	06:57.7	27
36	Moore, Elizabeth	9	2780	Mathews	04:20.5	88	↑7	06:53.0	81	↑9	08:39.0	72	↑11	13:08.6	61	↑2	14:09.5	59	↑1	15:02.5	58	↑6	17:28.9	52	↑16	21:40.7	06:58.2	28
37	Martin, Sadie	SR	653	Cape Henry Collegiate	03:56.1	16	↑2	06:16.4	14	↓5	07:59.1	19	↓5	12:31.4	24	↔	13:34.7	24	↓1	14:26.7	25	↓5	17:04.8	30	↓7	21:41.1	06:58.4	29
38	Henson, Virginia	SR	1350	Fredericksburg Christian	04:04.3	38	↓1	06:34.1	39	↓4	08:19.6	43	↑8	12:46.7	35	↔	13:47.7	35	↑1	14:41.2	34	↓5	17:17.3	39	↑1	21:41.3	06:58.4	30
39	Comeaux, Jira	SR	4392	Summit Christian Academy	03:58.3	21	↓12	06:30.7	33	↓3	08:17.6	36	↓11	12:54.3	47	↔	13:54.1	47	↓1	14:50.7	48	↓1	17:25.2	49	↑10	21:43.8	06:59.2	31
40	Williams, Harper	SO	264	Archbishop Spalding High School	03:57.9	19	↓7	06:24.1	26	↓4	08:10.8	30	↓4	12:43.2	34	↑1	13:45.0	33	↔	14:39.3	33	↓5	17:14.9	38	↓2	21:45.8	06:59.9	32
41	Weber, Alice	SR	1997	James Monroe	04:08.8	52	↑4	06:37.2	48	↑1	08:20.5	47	↑8	12:48.7	39	↑1	13:49.6	38	↓1	14:43.1	39	↑3	17:13.4	36	↓5	21:45.9	06:59.9	--
42	Lackey, Anna	9	946	Cornestone Christian Academy	04:18.1	81	↑12	06:48.7	69	↑9	08:31.9	60	↑8	12:58.9	52	↑2	14:00.9	50	↔	14:53.5	50	↓1	17:27.6	51	↑9	21:46.3	07:00.0	--
43	Watkins, Maddy	SR	1281	Flint Hill School	04:14.0	70	↑5	06:45.6	65	↑7	08:30.9	58	↑7	12:56.4	51	↑2	13:57.4	49	↔	14:50.9	49	↑1	17:24.6	48	↑5	21:47.0	07:00.3	--
44	Whitenack, Lucy	JR	4996	William Byrd High School	04:05.5	43	↑2	06:35.2	41	↔	08:19.0	41	↑5	12:47.5	36	↓4	13:50.1	40	↔	14:44.3	40	↓2	17:19.6	42	↓2	21:47.3	07:00.4	--
45	Womack, Ellie	SO	4277	St. Anne's-Belfield School	04:09.4	53	↑2	06:40.6	51	↓1	08:27.6	52	↑6	12:54.0	46	↔	13:53.8	46	↔	14:48.7	46	↔	17:23.6	46	↑1	21:47.3	07:00.4	33
46	VonCanon, Violet	JR	4767	Veritas School	04:09.9	78	↑1	06:51.7	77	↑10	08:36.6	67	↑11	13:02.3	56	↑4	14:02.5	52	↔	14:56.2	52	↓1	17:29.9	53	↑7	21:48.9	07:00.9	34
47	Farina, Claire	SR	2745	Maret School	04:05.3	42	↑4	06:34.0	38	↔	08:18.6	38	↑1	12:48.4	37	↓4	13:51.2	41	↔	14:44.5	41	↓2	17:20.7	43	↓4			

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54	Cleveland, Scarlett	8	650	Cape Henry Collegiate	04:22.9	99	↑15	06:55.3	84	↑7	08:41.6	77	↑15	13:08.8	62	↑1	14:10.9	61	↑2	15:03.0	59	↑5	17:32.8	54	↔	22:00.4	07:04.6	40
55	Wright, Jolene	SO	265	Archbishop Spalding High School	03:59.4	26	↓3	06:26.8	29	↔	08:10.4	29	↓4	12:43.1	33	↓1	13:46.8	34	↓4	14:42.9	38	↓7	17:21.3	45	↓10	22:04.8	07:06.0	41
56	Barkat, Eliana	9	943	Cornestone Christian Academy	04:18.3	83	↑5	06:52.3	78	↑3	08:39.7	75	↑9	13:12.0	66	↑3	14:14.3	63	↑1	15:09.0	62	↓1	17:44.4	63	↑7	22:07.3	07:06.8	--
57	Venuto, Clairra	JR	4691	Turner Ashby	04:18.1	82	↑12	06:48.9	70	↑11	08:31.8	59	↑6	13:00.4	53	↓2	14:05.3	55	↓1	15:00.3	56	↓3	17:35.8	59	↑2	22:08.5	07:07.2	42
58	Taylor, Charlotte	9	193	Alleghany	04:14.1	71	↑12	06:44.3	59	↑4	08:29.8	55	↓3	13:04.0	58	↑2	14:06.4	56	↑1	14:59.5	55	↓6	17:42.3	61	↑3	22:10.4	07:07.8	43
59	Adams-Brady, Madlin	JR	4433	Tabb	04:16.4	77	↑2	06:51.3	75	↑2	08:39.1	73	↑14	13:07.2	59	↓1	14:09.8	60	↔	15:03.1	60	↔	17:36.6	60	↑1	22:11.1	07:08.0	44
60	Rivera, Carmen	8	856	Cape Henry Collegiate	04:14.7	74	↑6	06:48.7	68	↑2	08:36.1	66	↑3	13:10.2	63	↑1	14:13.2	62	↑1	15:03.9	61	↑4	17:34.3	57	↓3	22:12.0	07:08.3	45
61	Lanphear, Jenna	JR	4756	Veritas School	04:08.0	49	↓1	06:38.4	50	↑1	08:23.5	49	↓1	12:56.3	50	↓1	14:01.7	51	↔	14:56.1	51	↓5	17:33.4	56	↓5	22:12.8	07:08.6	46
62	Layland, Sydney	SR	4758	Veritas School	04:12.9	66	↑8	06:44.1	58	↑1	08:30.4	57	↑3	13:00.9	54	↑1	14:02.8	53	↔	14:57.4	53	↓5	17:35.3	58	↓4	22:15.4	07:09.4	47
63	Pei, Hella	SO	4793	Walsingham Academy	04:21.3	91	↔	06:56.7	91	↑8	08:45.1	83	↑11	13:19.2	72	↔	14:21.3	72	↑2	15:16.2	70	↑5	17:51.2	65	↑2	22:16.2	07:09.6	48
64	Rivera, Cali	9	855	Cape Henry Collegiate	04:05.1	41	↓11	06:41.4	52	↑1	08:25.4	51	↓6	13:02.4	57	↓1	14:08.7	58	↑1	15:02.0	57	↑2	17:33.2	55	↓9	22:24.8	07:12.4	49
65	Johnson, Olivia	JR	1636	Goochland High School	04:11.4	63	↑6	06:43.8	57	↓6	08:32.8	63	↓6	13:16.4	69	↔	14:19.1	69	↑1	15:15.0	68	↑2	17:52.0	66	↑1	22:26.6	07:13.0	50
66	Arnold, Emma	9	1631	Goochland High School	04:10.8	62	↑6	06:43.8	56	↓6	08:32.7	62	↓8	13:16.5	70	↔	14:19.4	70	↑1	15:15.1	69	↔	17:55.4	69	↑3	22:27.2	07:13.2	51
67	Morgan, Sadie	JR	4762	Veritas School	04:22.2	97	↑10	06:55.8	87	↑5	08:43.2	82	↑8	13:21.3	74	↑1	14:22.8	73	↑2	15:16.6	71	↑3	17:53.8	68	↑1	22:27.4	07:13.2	52
68	Rice, Evelyn	SR	5126	York	04:22.2	96	↑17	06:52.7	79	↑8	08:38.2	71	↑6	13:10.9	65	↑1	14:14.5	64	↑1	15:09.6	63	↓1	17:44.6	64	↓4	22:29.8	07:14.0	53
69	Cressonie, Stevie	8	5043	Wilson Christian Academy	04:27.8	113	↑9	07:02.7	104	↑7	08:51.2	97	↑17	13:25.2	80	↑4	14:28.2	76	↔	15:22.0	76	↑6	17:55.6	70	↑1	22:30.8	07:14.3	--
70	Hensley, Maggie	SO	173	Alleghany	04:11.6	64	↑11	06:42.4	53	↓3	08:30.3	56	↓4	13:08.1	60	↓5	14:15.6	65	↔	15:11.0	65	↓2	17:52.4	67	↓3	22:33.4	07:15.2	54
71	Gardiner, Valerie	JR	251	Archbishop Spalding High School	04:03.2	36	↓24	06:44.3	60	↓10	08:37.6	70	↓11	13:25.4	81	↑1	14:30.3	80	↓1	15:28.2	81	↑5	18:05.7	76	↑5	22:35.3	07:15.8	55
72	Wilson, Tabitha	9	750	Cave Spring High School	04:21.6	94	↑6	06:56.0	88	↑2	08:45.4	86	↑11	13:22.8	75	↔	14:26.7	75	↑1	15:20.6	74	↑2	17:56.6	72	↔	22:37.0	07:16.3	--
73	Grant, Nadia	SO	5122	York	04:25.3	106	↑7	07:01.1	99	↑4	08:50.9	95	↑8	13:32.7	87	↑1	14:36.8	86	↑1	15:31.3	85	↑4	18:09.4	81	↑8	22:40.3	07:17.4	56
74	Myles, Ainsley	SO	3321	North Cross	04:10.6	61	↔	06:44.5	61	↓3	08:33.2	64	↓3	13:12.5	67	↔	14:16.8	67	↑1	15:12.2	66	↓5	17:56.0	71	↓3	22:42.4	07:18.1	--
75	Via, Madilyn	9	194	Alleghany	04:13.5	69	↑7	06:45.1	62	↓3	08:35.6	65	↓8	13:20.9	73	↓1	14:25.5	74	↓1	15:20.7	75	↑2	18:03.3	73	↓2	22:43.1	07:18.3	57
76	Downs, Ellie	SO	249	Archbishop Spalding High School	04:25.8	108	↑10	07:00.5	98	↑6	08:49.5	92	↑3	13:32.9	89	↑1	14:37.4	88	↑2	15:32.7	86	↑6	18:09.0	80	↑4	22:43.8	07:18.5	58
77	Barrett, Juliet	8	4655	Trinity School at Meadow View	04:17.8	80	↓10	06:56.5	90	↑1	08:46.5	89	↑6	13:27.8	83	↑4	14:29.1	79	↑1	15:23.8	78	↑4	18:04.6	74	↓3	22:43.8	07:18.5	59
78	Nator, Isabella	9	654	Cape Henry Collegiate	04:18.4	84	↑4	06:52.9	80	↑11	08:37.3	69	↓8	13:24.6	77	↓4	14:31.1	81	↑4	15:22.9	77	↓1	18:07.0	78	↔	22:44.7	07:18.8	60
79	Kennedy, Londyn	8	1354	Fredericksburg Christian	04:09.7	56	↓7	06:45.3	63	↓13	08:39.9	76	↔	13:23.3	76	↓2	14:28.8	78	↓1	15:23.8	79	↓4	18:13.1	83	↑4	22:45.2	07:19.0	61
80	Lyman, Ivy	SR	4272	St. Anne's-Belfield School	04:32.3	127	↑18	07:07.5	109	↑5	08:55.9	104	↑12	13:35.2	92	↑3	14:39.0	89	↓1	15:35.9	90	↑6	18:14.5	84	↑4	22:46.0	07:19.2	62
81	Jenkins, Iyana	SR	2983	Middlesex	04:37.3	144	↑16	07:19.6	128	↑9	09:09.3	119	↑15	13:53.7	104	↑3	14:58.8	101	↔	15:55.6	101	↑12	18:26.2	89	↑8	22:46.8	07:19.5	63
82	Jenkins, Maya	SO	2621	Luray	04:17.2	79	↓4	06:55.0	83	↓8	08:46.7	91	↑6	13:31.9	85	↓2	14:37.2	87	↔	15:34.2	87	↑1	18:16.1	86	↑4	22:52.8	07:21.4	--
83	Monga-Rochard, Louise	SR	4792	Walsingham Academy	04:21.4	92	↔	06:56.8	92	↑8	08:45.2	84	↑6	13:25.0	78	↑1	14:28.5	77	↓3	15:25.5	80	↑3	18:07.0	77	↓6	22:56.6	07:22.6	64
84	Pappavasiliou, Aliviah	9	1198	Eastern View High School	04:13.0	67	↓4	06:48.9	71	↓3	08:39.3	74	↓5	13:25.1	79	↓3	14:31.8	82	↓1	15:30.5	83	↓2	18:15.9	85	↑1	23:01.4	07:24.2	65
85	Byers, Leigha	SO	168	Alleghany	04:36.7	140	↑20	07:16.8	120	↑6	09:06.5	114	↑9	13:54.7	105	↔	15:00.8	105	↑2	15:58.0	103	↑5	18:34.7	98	↑13	23:03.3	07:24.8	66
86	Harrison, Meg	SR	4311	Steward School	04:00.2	28	↓4	06:30.4	32	↓16	08:20.7	48	↓16	13:10.2	64	↓4	14:17.3	68	↓4	15:17.6	72	↓7	18:08.8	79	↓7	23:05.4	07:25.5	67
87	Beatty, August	SO	3509	Page County	04:28.7	117	↑7	07:07.8	110	↑5	08:57.0	105	↑6	13:49.8	99	↔	14:56.0	99	↑3	15:51.0	96	↑4	18:31.8	92	↑5	23:06.5	07:25.8	--
88	Smith, Brennan	JR	36	Academy of the Holy Cross	04:23.1	100	↓5	07:02.7	105	↑3	08:54.1	102	↑7	13:42.1	95	↑2	14:49.2	93	↔	15:47.5	93	↑3	18:29.7	90	↑2	23:06.9	07:25.9	68
89	Kiracofe, Reece	SO	4686	Turner Ashby	04:35.9	135	↑10	07:18.2	125	↑8	09:08.8	117	↑7	13:56.7	110	↑7	14:59.6	103	↑3	15:55.5	100	↑1	18:37.2	99	↑10	23:08.2	07:26.4	69
90	Acker, Julia	SO	245	Archbishop Spalding High School	04:19.0	85	↑3	06:54.1	82	↑3	08:42.0	79	↓3	13:27.0	82	↓1	14:33.9	83	↑1	15:30.4	82	↔	18:11.3	82	↓8	23:10.8	07:27.2	70
91	Myers, Tess	JR	30	Academy of the Holy Cross	04:29.6	121	↑6	07:10.9	115	↑3	09:03.4	112	↑14	13:46.8	98	↑1	14:51.9	97	↑3	15:47.7	94	↓1	18:32.5	95	↑4	23:12.7	07:27.8	71
92	Noel, Caitlyn	9	4617	Trinity Christian School	04:10.3	59	↓14	06:49.1	73	↓7	08:42.6	80	↓4	13:31.7	84	↔	14:36.4	84	↓4	15:34.9	88	↑1	18:22.0	87	↓5	23:13.5	07:28.1	72
93	Carballo, Lorena	SR	2775	Mathews	04:48.5	179	↑28	07:29.3	151	↑17	09:19.1	134	↑26	13:56.0	108	↑6	14:59.1	102	↑3	15:55.4	99	↑6	18:31.9	93	↔	23:15.2	07:28.6	73
94	Gullory, Claire	8	4662	Trinity School at Meadow View	04:04.7	39	↓18	06:43.3	55	↓6	08:32.2	61	↓10	13:16.6	71	↔	14:21.1	71	↓2	15:19.0	73	↓2	18:05.3	75	↓19	23:15.6	07:28.7	74
95	Schleiter, Eloise	SO	4620	Trinity Christian School	04:28.8	118	↑4	07:10.8	114	↑6	08:58.9	108	↑11	13:45.2	97	↓1	14:52.6	98	↑1	15:51.6	97	↑3	18:37.4	100	↑5	23:16.0	07:28.9	75
96	Patterson, Mary	SO																										

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108	Cleveland, Lucy	8	649	Cape Henry Collegiate	04:44.5	166	↑19	07:27.5	147	↑10	09:20.5	137	↑10	14:15.7	127	↔	15:21.9	127	↑3	16:19.2	124	↑9	19:04.8	115	↑7	23:50.5	07:40.0	--
109	Stephens, Brennen	SR	622	Bruton	04:20.5	89	↓8	07:00.4	97	↓4	08:53.9	101	↓1	13:51.0	102	↑2	14:58.8	100	↓6	16:00.7	106	↓3	18:54.8	109	↔	23:51.1	07:40.2	--
110	Perry, Fiona	SO	3633	Peninsula Catholic	04:26.8	111	↑3	07:06.6	108	↓3	09:01.8	111	↓7	14:06.6	118	↔	15:15.6	118	↑1	16:14.7	117	↑1	19:05.3	116	↑6	23:51.3	07:40.2	86
111	Bell, Baylee	SR	2774	Mathews	04:47.7	177	↑28	07:28.5	149	↑16	09:18.5	133	↑22	13:59.9	111	↓1	15:06.4	112	↑1	16:06.3	111	↑3	18:53.9	108	↓3	23:53.6	07:41.0	87
112	Lanphear, Lauren	JR	4757	Veritas School	04:16.2	75	↓10	06:55.5	85	↓14	08:52.4	93	↓22	14:05.0	115	↓5	15:16.3	120	↑2	16:16.7	118	↓3	19:09.1	121	↑9	23:55.9	07:41.7	88
113	Hoyman, Paige	SR	4754	Veritas School	04:31.9	126	↑7	07:16.6	119	↓2	09:12.7	121	↓3	14:13.0	124	↔	15:21.0	124	↓1	16:19.9	125	↑3	19:10.4	122	↑9	23:56.2	07:41.8	89
114	Major, Finley	9	2386	Lancaster	04:28.2	115	↓1	07:12.1	116	↔	09:08.0	116	↔	14:05.6	116	↑1	15:14.2	115	↔	16:14.2	115	↓4	19:08.5	119	↑5	23:57.6	07:42.3	--
115	Calhoon, Jaime	SO	4436	Tabb	04:44.7	168	↑18	07:29.3	150	↑7	09:22.3	143	↑17	14:13.8	126	↓2	15:22.8	128	↑1	16:21.9	127	↑4	19:11.2	123	↑8	23:57.8	07:42.3	90
116	Buck, Rylee	9	2982	Middlesex	04:40.1	152	↑25	07:19.2	127	↑7	09:10.5	120	↓3	14:12.1	123	↔	15:19.4	123	↑3	16:17.5	120	↑2	19:07.6	118	↑2	24:00.2	07:43.1	91
117	Wirsing, Sylvia	9	1642	Goochland High School	04:19.5	86	↓10	06:59.8	96	↓11	08:58.5	107	↑1	13:55.1	106	↔	15:02.7	106	↓2	16:02.0	108	↑2	18:53.4	106	↓11	24:00.6	07:43.2	92
118	Nguyen, Kaitlynn	SO	3631	Peninsula Catholic	04:14.2	72	↓14	06:55.7	86	↓14	08:53.4	100	↓9	13:56.3	109	↓2	15:05.8	111	↑1	16:05.7	110	↓3	19:02.4	113	↓5	24:01.6	07:43.5	93
119	Tervo, Caitlin	SO	261	Archbishop Spalding High School	04:27.9	114	↑3	07:08.1	111	↓2	09:03.6	113	↓6	14:07.2	119	↑3	15:15.0	116	↔	16:14.3	116	↓4	19:09.0	120	↑1	24:04.6	07:44.5	94
120	Malloy, Mya	SR	5123	York	04:25.5	107	↓6	07:01.8	101	↑7	08:50.0	94	↓6	13:50.0	100	↓7	15:02.7	107	↓2	16:02.7	109	↑2	18:53.8	107	↓13	24:04.6	07:44.5	95
121	Castillo, Izabella	SR	1345	Fredericksburg Christian	04:10.6	60	↑7	06:47.3	67	↓14	08:43.0	81	↑13	13:40.6	94	↓2	14:51.7	96	↓2	15:52.3	98	↓6	18:51.5	104	↑17	24:06.4	07:45.1	96
122	Garcia-McIntire, Louisa	8	4661	Trinity School at Meadow View	04:41.3	154	↑6	07:28.4	148	↑6	09:21.9	142	↑17	14:13.6	125	↔	15:21.2	125	↓1	16:20.0	126	↑9	19:05.9	117	↓5	24:08.0	07:45.6	97
123	Mooradian, Lorelai	SO	3293	New Kent	04:22.1	95	↓12	07:03.4	107	↓2	08:59.4	109	↓12	14:10.1	121	↔	15:16.8	121	↔	16:17.6	121	↓4	19:14.0	125	↑2	24:16.1	07:48.2	98
124	Patt, Katelyn	JR	31	Academy of the Holy Cross	04:44.2	164	↓2	07:38.3	166	↑7	09:35.5	159	↑18	14:31.3	141	↑3	15:39.4	138	↑1	16:37.9	137	↑7	19:28.5	130	↑6	24:16.3	07:48.3	99
125	Dix, Courtney	JR	1348	Fredericksburg Christian	04:32.9	129	↓4	07:20.2	133	↓2	09:19.2	135	↓3	14:28.8	138	↑2	15:36.8	136	↔	16:37.4	136	↑5	19:29.4	131	↑6	24:17.4	07:48.6	100
126	Thomas, Katelynn	JR	4765	Veritas School	04:44.7	169	↑15	07:33.3	154	↑1	09:30.6	153	↑6	14:36.8	147	↑3	15:43.2	144	↑2	16:43.3	142	↑6	19:31.0	136	↑10	24:18.5	07:49.0	--
127	Kohler, Jackie	SO	254	Archbishop Spalding High School	04:28.4	116	↑3	07:10.0	113	↓5	09:09.1	118	↓12	14:17.7	130	↑1	15:26.9	129	↔	16:27.0	129	↑2	19:21.1	127	↔	24:20.4	07:49.6	--
128	Jennings, Maddie	JR	4612	Trinity Christian School	04:08.6	51	↓25	06:51.7	76	↓14	08:46.5	90	↓13	13:52.4	103	↓7	15:04.3	110	↓2	16:07.4	112	↓14	19:14.6	126	↓2	24:22.0	07:50.1	--
129	El Shenawy, Nora	9	735	Cave Spring High School	04:39.2	150	↑7	07:26.6	143	↑2	09:21.9	141	↑5	14:26.2	136	↑6	15:30.6	130	↔	16:30.3	130	↑2	19:26.5	128	↓1	24:22.3	07:50.2	--
130	Brnham, Ruby	SR	4747	Veritas School	04:35.0	133	↓7	07:21.9	140	↑6	09:24.2	146	↑4	14:32.7	142	↑1	15:40.3	141	↑2	16:40.5	139	↑2	19:31.8	137	↑7	24:24.1	07:50.8	--
131	Ledger, Emily	SO	4271	St. Anne's-Belfield School	04:45.2	172	↑2	07:39.5	170	↑6	09:36.7	164	↑19	14:34.7	145	↑2	15:43.1	143	↓1	16:43.8	144	↑5	19:37.3	139	↑8	24:24.6	07:50.9	101
132	Hurd, Molly	SO	336	Auburn	04:28.8	120	↓4	07:17.6	124	↓6	09:17.9	130	↓9	14:30.1	139	↓1	15:40.0	140	↑2	16:39.9	138	↓2	19:38.5	140	↑8	24:26.7	07:51.6	102
133	Heck, Elin	9	171	Allegheny	04:37.0	142	↑8	07:20.6	134	↑5	09:17.2	129	↓5	14:24.9	134	↑2	15:34.0	132	↓1	16:34.0	133	↑4	19:27.7	129	↓4	24:27.9	07:52.0	103
134	Kapalka, Corinne	SR	4614	Trinity Christian School	04:29.8	123	↑1	07:17.3	122	↑10	09:18.3	132	↔	14:22.3	132	↑1	15:32.9	131	↔	16:33.7	131	↑3	19:30.5	134	↔	24:28.2	07:52.1	--
135	Mattox, Lorlai	JR	4616	Trinity Christian School	04:44.8	171	↑12	07:35.5	159	↑4	09:32.1	155	↑11	14:34.4	144	↓1	15:43.6	145	↔	16:43.8	145	↑7	19:32.2	138	↑3	24:28.4	07:52.2	--
136	Reid, Meredith	SR	5125	York	04:29.8	122	↑1	07:17.3	121	↓10	09:18.3	131	↓2	14:24.0	133	↓1	15:35.0	134	↔	16:34.4	134	↑1	19:29.8	133	↓3	24:29.2	07:52.4	104
137	McDaniel, Emma	JR	256	Archbishop Spalding High School	04:19.8	87	↓15	07:01.9	102	↓8	09:00.0	110	↓7	14:06.6	117	↔	15:15.4	117	↓2	16:17.1	119	↓5	19:12.0	124	↓13	24:29.5	07:52.5	--
138	Altman, Selah	JR	1195	Eastern View High School	04:23.1	101	↓11	07:09.3	112	↓3	09:07.9	115	↑1	14:04.8	114	↓5	15:16.0	119	↑9	16:23.7	128	↓4	19:29.8	132	↓6	24:29.9	07:52.6	105
139	Raydo, Julie	SO	620	Bruton	04:34.8	132	↑6	07:18.2	126	↑4	09:13.7	122	↑2	14:08.1	120	↑5	15:13.7	114	↔	16:12.3	114	↔	19:04.0	114	↓25	24:38.8	07:55.5	--
140	Wiley, Ember	SO	2488	Lord Botetourt	04:39.0	149	↓3	07:30.7	152	↓2	09:31.6	154	↑11	14:33.9	143	↑1	15:42.5	142	↓1	16:43.5	143	↑2	19:38.7	141	↑1	24:39.4	07:55.7	--
141	Moore, Makayla	JR	2985	Middlesex	04:40.4	153	↑15	07:21.5	138	↑15	09:14.5	123	↓12	14:25.2	135	↓2	15:37.1	137	↓3	16:41.0	140	↓2	19:40.7	142	↑1	24:46.3	07:57.9	106
142	Lentz, Cece	9	4316	Steward School	04:31.0	124	↓15	07:21.7	139	↓6	09:23.9	145	↓3	14:37.0	148	↑2	15:45.9	146	↔	16:46.6	146	↑3	19:47.3	143	↑1	24:47.3	07:58.2	107
143	Stull, Addi	9	192	Allegheny	04:44.3	165	↑12	07:32.8	153	↑2	09:26.7	151	↑14	14:26.7	137	↑2	15:35.0	135	↔	16:35.2	135	↔	19:30.7	135	↑8	24:48.6	07:58.6	108
144	Strite, Ella	SO	4690	Turner Ashby	04:38.7	148	↓12	07:36.1	160	↑3	09:34.3	157	↑2	14:47.2	155	↑5	15:55.5	150	↔	16:57.8	150	↑4	19:54.0	146	↑2	24:51.2	07:59.5	109
145	Hopkins, Maylin	SO	2202	Jefferson Christian Academy HS	04:43.4	160	↓8	07:38.4	168	↑5	09:36.4	163	↓6	15:00.0	169	↑10	16:09.0	159	↑4	17:06.9	155	↑5	19:58.0	150	↑5	24:56.9	08:01.3	--
146	Johnson, Logan	JR	2337	King William	05:10.5	225	↑14	08:13.6	211	↑10	10:16.1	204	↑25	15:22.2	179	↑5	16:29.5	174	↑3	17:27.4	171	↑8	20:16.2	163	↑17	25:00.3	08:02.4	110
147	Cave, Maryn	JR	3510	Page County	04:42.6	159	↓4	07:37.5	163	↓5	09:42.1	168	↑17	14:43.7	151	↑2	15:53.9	149	↔	16:55.6	149	↔	19:57.6	149	↑2	25:02.8	08:03.2	--
148	Lemus, Addisyn	JR	1050	DC International School	04:43.7	162	↑4	07:35.5	158	↓4	09:36.4	162	↑6	14:47.7	156	↑1	16:00.1	155	↑3	17:02.4	152	↑5	19:55.7	147	↓1	25:03.9	08:03.6	--
149	Arlen, Sydney	JR	4653	Trinity School at Meadow View	04:45.6	175	↓2	07:44.5	177	↑2	09:48.0	175	↑9	14:59.0	166	↑8	16:08.7	158	↓1	17:10.7	159	↑7	20:02.1	152	↑3	25:04.0	08:03.6	--
150	Hassler, Alexis	9	2335	King William	04:59.0	195	↑12	07:49.6	183	↑10	09:47.1	173	↑3	15:02.3	170	↑3	16:16.2	167	↑2	17:17.4	165	↑5	20:13.6	160	↑10	25:05.8	08:04.2	111
151	Houlihan, Caitlin	9	3628	Peninsula Catholic	04:28.8	119	↓18	07:20.8	137	↓7	09:23.8	144	↓10	14:46.2	154	↑1	15:59.4	153	↓1	17:04.7	154	↑1	20:02.9	153	↑2	25:06.5	08:04.4	112
152	Hurson, Callie	SR	2336	King William	05:00.3	199	↑15	07:50.0	184	↑10	09:47.4	174	↑3	15:04.1	171	↑3	16:16.7	168	↑2	17:18.1	166	↔	20:17.0	166	↑14	25:06.5	08:04.4	113
153	Hubble, Adlin	9	3818	Rappahannock County	04:36.7	141	↓4	07:26.8	145	↓2	09:24.7	147	↓2	14:39.2	149	↑1	15:51.8	148	↔	16:55.0	148	↔	19:56.1	148	↓5	25:07.2	08:0	

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162	Semko, Grace	SR	1280	Flint Hill School	05:01.4	204	↑6	08:02.4	198	↑7	10:09.6	191	↑10	15:22.8	181	↑2	16:34.7	179	↑1	17:34.1	178	↑3	20:31.8	175	↑13	25:24.8	08:10.3	--
163	Cervantes, Mady	JR	613	Bruton	04:38.0	145	↓19	07:37.6	164	↓3	09:39.8	167	↔	14:59.6	167	↑6	16:11.8	161	↑1	17:11.9	160	↓2	20:15.1	162	↓1	25:27.1	08:11.0	--
164	Paul, Grace	SR	4445	Tabb	04:51.3	182	↑1	07:48.4	181	↓1	09:56.0	182	↑6	15:17.8	176	↑1	16:31.3	175	↓1	17:32.4	176	↑7	20:23.6	169	↑5	25:28.4	08:11.4	119
165	Olivencia, Lourdes	SR	4443	Tabb	04:51.6	183	↑1	07:49.0	182	↓1	09:56.1	183	↑8	15:17.4	175	↓1	16:31.7	176	↑1	17:32.2	175	↑3	20:27.3	172	↑7	25:30.0	08:12.0	120
166	Harmon, Haley	SR	170	Allegheny	04:36.4	138	↑2	07:20.8	136	↑8	09:16.9	129	↓3	14:20.4	131	↓2	15:34.0	133	↑1	16:34.0	132	↓26	20:11.5	158	↓8	25:30.0	08:12.0	--
167	Rodriguez, Ilyana	JR	1199	Eastern View High School	04:24.4	104	↓25	07:19.8	129	↓20	09:25.7	148	↓10	14:56.2	159	↓5	16:13.5	164	↓6	17:21.7	170	↑3	20:18.3	167	↔	25:32.1	08:12.6	121
168	Hudson, Jenis	SR	1203	Elizabeth Seton High School	04:45.4	173	↑16	07:35.4	157	↓4	09:36.3	161	↓3	14:57.7	164	↓1	16:13.8	165	↑1	17:17.2	164	↓4	20:22.6	168	↔	25:33.6	08:13.1	122
169	Creager, Karsen	SO	4307	Steward School	04:23.4	103	↓3	07:02.7	106	↔	08:58.2	106	↓34	14:31.1	140	↑1	15:39.6	139	↓2	16:41.8	141	↓10	19:59.9	151	↓18	25:38.5	08:14.7	123
170	Block, Belle	JR	4383	Summit Christian Academy	04:36.0	136	↓25	07:36.1	161	↓4	09:37.5	165	↓9	15:14.0	174	↑2	16:24.9	172	↔	17:29.2	172	↓1	20:30.2	173	↑3	25:39.8	08:15.1	124
171	Branan, Rachel	SO	3625	Peninsula Catholic	04:12.0	65	↓7	06:49.0	72	↑4	08:37.0	68	↓22	13:33.8	90	↓5	14:51.4	95	↓7	15:57.2	102	↓52	20:05.2	154	↓17	25:43.4	08:16.3	--
172	Buckwalter, Malia	9	334	Auburn	05:02.8	208	↑6	08:03.1	202	↑5	10:10.5	197	↑10	15:34.3	187	↑2	16:48.7	185	↔	17:52.1	185	↑4	20:56.3	181	↑9	25:45.1	08:16.8	125
173	Lenon, Piper	SO	1197	Eastern View High School	04:26.2	110	↓21	07:20.1	131	↓17	09:25.4	148	↓13	14:57.1	161	↓2	16:13.2	163	↓6	17:21.4	169	↓2	20:24.4	171	↓2	25:45.6	08:17.0	126
174	Turner, Maya	SO	4450	Tabb	04:52.4	186	↑11	07:44.0	175	↓1	09:48.2	176	↑4	15:05.4	172	↑1	16:19.9	171	↑4	17:20.0	167	↑3	20:23.8	170	↓4	25:46.8	08:17.4	127
175	Langaas, Savannah	JR	1355	Fredericksburg Christian	05:03.5	210	↑3	08:07.5	207	↑6	10:12.2	201	↑15	15:33.9	186	↑2	16:46.9	184	↔	17:51.5	184	↑5	20:53.0	179	↑4	25:50.3	08:18.5	128
176	Diederich, Elsa	8	1346	Fredericksburg Christian	04:51.9	185	↔	07:52.0	185	↑1	10:00.6	184	↑7	15:21.2	177	↓1	16:33.9	178	↓1	17:35.0	179	↑2	20:40.2	177	↑1	25:51.9	08:19.0	--
177	Clayton-Satterlund, Emma	JR	1278	Flint Hill School	05:01.1	203	↑6	08:02.2	197	↑4	10:10.2	193	↑11	15:23.3	182	↑2	16:34.7	180	↔	17:35.7	180	↑4	20:32.8	176	↓1	25:52.3	08:19.1	--
178	Morgan, Willow	9	185	Allegheny	04:41.8	157	↑2	07:33.9	155	↓1	09:32.4	156	↓1	14:52.0	157	↔	16:07.5	157	↓1	17:10.6	158	↓6	20:16.2	164	↓14	25:54.0	08:19.7	--
179	Duff, Lyla	JR	2777	Mathews	04:50.7	180	↑1	07:45.0	179	↑2	09:49.7	177	↑4	15:11.0	173	↔	16:25.0	173	↔	17:30.3	173	↓1	20:30.8	174	↓5	26:03.7	08:22.8	129
180	Duncan, Vera	SR	4789	Walsingham Academy	05:00.7	202	↑1	08:02.8	201	↑3	10:10.8	198	↑7	15:37.2	191	↑2	16:53.8	189	↔	17:58.6	189	↑2	21:04.9	187	↑7	26:10.7	08:25.0	130
181	Medlin, Lily	9	1638	Goochland High School	04:54.8	189	↑1	07:55.2	188	↑2	10:05.9	186	↓3	15:35.0	189	↑2	16:49.9	187	↔	17:54.1	187	↑3	21:02.4	184	↑3	26:13.1	08:25.8	131
182	Summers, Emily	9	2469	Liberty Christian Academy	04:43.9	163	↓17	07:46.4	180	↑1	09:53.5	179	↓5	15:24.5	184	↑1	16:40.7	183	↔	17:49.9	183	↓5	21:05.7	188	↑6	26:16.8	08:27.0	132
183	Beardsley, Eden	SR	4267	St. Anne's-Belfield School	04:44.7	170	↓2	07:43.1	172	↓8	09:55.1	179	↓3	15:24.0	183	↑6	16:33.3	177	↔	17:34.0	177	↑3	20:54.8	180	↓3	26:18.1	08:27.4	133
184	Pimsaen, Arlie	JR	1025	Covenant Christian Academy	04:44.5	167	↔	07:38.4	167	↑9	09:34.6	158	↓5	14:57.7	163	↓6	16:19.1	169	↑1	17:20.9	168	↓10	20:47.0	178	↓6	26:20.3	08:28.1	--
185	McMichael, Julianne	JR	4397	Summit Christian Academy	04:43.7	161	↓13	07:43.6	174	↓4	09:52.0	178	↓7	15:32.4	185	↓5	16:55.1	190	↔	18:02.7	190	↓1	21:17.0	191	↑6	26:22.0	08:28.7	134
186	Light, Hayley	SO	337	Auburn	05:02.7	207	↑7	08:02.5	200	↑4	10:10.4	196	↑8	15:34.6	188	↑2	16:49.2	186	↔	17:53.8	186	↔	21:03.9	186	↔	26:27.9	08:30.6	135
187	Rhinehart, Alia	JR	3511	Page County	04:54.9	190	↓4	08:01.1	194	↓6	10:11.2	200	↑3	15:51.9	177	↑4	17:07.6	193	↔	18:12.8	193	↑4	21:12.4	189	↑2	26:31.0	08:31.6	--
188	Kim, Caroline	9	4315	Steward School	04:42.4	158	↓7	07:37.7	165	↓6	09:46.0	171	↓7	15:21.7	178	↓3	16:36.6	181	↔	17:41.0	181	↓2	21:02.0	183	↓5	26:32.5	08:32.1	136
189	Moore, Madeleine	9	2485	Lord Botetourt	04:46.6	176	↔	07:44.3	176	↑4	09:46.8	172	↓8	15:22.8	180	↓2	16:37.6	182	↔	17:44.5	182	↔	21:00.2	182	↓7	26:33.0	08:32.2	--
190	Letellier, Presley	9	4317	Steward School	05:07.8	220	↔	08:19.2	220	↑10	10:24.3	210	↑9	16:01.6	201	↑6	17:13.2	195	↓1	18:17.3	196	↑2	21:25.6	194	↑4	26:35.2	08:32.9	137
191	Jingo, Natalie	JR	4270	St. Anne's-Belfield School	05:02.7	206	↔	08:07.4	206	↔	10:17.1	206	↑12	15:49.9	194	↔	17:07.8	194	↓1	18:16.8	195	↑2	21:22.8	193	↑2	26:36.7	08:33.4	--
192	Peterson, Macee	SO	1356	Fredericksburg Christian	04:53.3	188	↓1	07:59.4	189	↓1	10:08.5	190	↓2	15:39.0	192	↑4	16:53.4	188	↔	17:57.3	188	↑3	21:02.5	185	↑7	26:39.6	08:34.3	--
193	Woodson, Gabi	9	198	Allegheny	05:05.6	214	↑9	08:05.9	205	↑2	10:16.1	203	↑10	15:43.1	193	↑1	16:59.5	192	↑1	18:03.1	191	↑1	21:15.7	190	↓3	26:50.3	08:37.8	--
194	Sharpe, Zadie	9	1207	Elizabeth Seton High School	05:04.6	211	↓6	08:18.6	217	↓1	10:34.3	218	↑11	16:20.8	207	↑4	17:33.9	203	↔	18:38.5	203	↑5	21:48.1	198	↑4	26:58.9	08:40.5	138
195	Rooney, Nicole	9	4446	Tabb	04:51.8	184	↑11	07:43.4	173	↑4	09:45.8	169	↓21	15:35.5	190	↓1	16:56.0	191	↓1	18:03.9	192	↑3	21:33.9	195	↔	27:08.2	08:43.5	--
196	Kreydatus, Gabriel	SR	4791	Walsingham Academy	05:21.8	235	↑11	08:30.5	224	↑3	10:39.6	221	↑18	16:09.8	203	↑3	17:23.9	200	↑3	18:28.5	197	↑1	21:39.1	196	↔	27:11.2	08:44.5	139
197	Hooks, Molly	SR	651	Cape Henry Collegiate	05:17.6	230	↑3	08:31.4	227	↑2	10:43.8	225	↑7	16:29.3	218	↑5	17:46.8	213	↑4	18:53.5	209	↑5	22:01.4	204	↑7	27:11.3	08:44.5	--
198	Tweedt, Carissa	JR	4406	Summit Christian Academy	05:05.6	213	↓1	08:16.1	214	↓5	10:35.2	219	↑7	16:25.2	212	↑3	17:44.2	209	↑1	18:52.9	208	↑5	21:59.2	203	↑5	27:13.1	08:45.1	140
199	Hoffman, Lauren	SR	738	Cave Spring High School	05:08.1	221	↑8	08:15.8	213	↑1	10:26.4	219	↑8	16:11.1	204	↑2	17:28.8	202	↔	18:38.2	202	↔	21:55.8	202	↑3	27:15.9	08:46.0	--
200	Harris, Alina	9	936	Colonial Heights	04:25.0	105	↓12	07:15.1	117	↓7	09:14.7	124	↓41	14:58.6	165	↓5	16:19.2	170	↓4	17:30.6	174	↓18	21:17.9	192	↓8	27:20.6	08:47.5	--
201	Redd, Riley	JR	2339	King William	05:05.8	215	↑11	08:05.3	204	↑16	10:06.2	188	↓8	15:51.0	196	↔	17:15.6	196	↑2	18:15.4	194	↓3	21:43.4	197	↓4	27:20.7	08:47.6	141
202	Loucks, Aubrey	9	3287	New Kent	04:34.8	131	↓38	07:39.1	169	↓12	09:55.7	181	↓19	15:59.3	200	↑3	17:19.4	197	↓1	18:29.7	198	↓2	21:52.8	200	↓2	27:22.0	08:48.0	142
203	Deloye, Annaleise	SO	4658	Trinity School at Meadow View	05:16.3	229	↔	08:32.4	229	↑3	10:44.6	226	↑2	16:36.4	204	↑3	17:56.6	221	↑1	19:06.1	220	↑5	22:21.2	215	↑12	27:25.7	08:49.2	--
204	Wechsler, Natalie	SO	2341	King William	05:18.8	232	↑2	08:35.4	230	↑1	10:47.3	229	↑9	16:30.5	220	↑5	17:47.9	215	↑2	18:55.0	213	↑7	22:04.6	206	↑2	27:28.8	08:50.2	143
205	Petersen, Jenna	9	4994	William Byrd High School	05:07.0	218	↑2	08:17.9	216	↑1	10:29.9	215	↓6	16:33.5	221	↑3	17:53.5	218	↑1	19:01.5	217	↑6	22:14.9	211	↑6	27:30.4	08:50.7	--
206	Fells, Taylor	26	3272	New Kent	04:59.2	196	↔	08:02.1	196	↑1	10:10.2	195	↓4	15:59.2	199	↑1	17:19.6	198	↓1	18:29.9	199	↔	21:52.2	199	↓7	27:37.4	08:52.9	144
207	Melton, Lia	9	1639	Goochland High School	04:55.2	191	↔	07:59.9	191	↑2	10:07.9	189	↓28	16:28.7	217	↑6	17:45.3	211	↑6	18:47.0	205	↑4	21:54.5	201	↓6	27:43.7	08	

Race #10: Girls Small Schools

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217	Morse, Paige	SO	2986	Middlesex	05:11.5	226	↑4	08:24.0	222	↑2	10:38.0	220	↓3	16:35.7	223	↑3	17:56.5	220	↓1	19:06.7	221	↑7	22:20.9	214	↓3	28:25.3	09:08.3	150	
218	Whitenack, Bindi	9	4995	William Byrd High School	05:36.6	240	↑2	08:53.9	238	↑2	11:05.4	236	↑3	17:05.5	233	↑5	18:23.6	228	↔	19:32.4	228	↔	23:06.3	228	↑10	28:26.0	09:08.6	--	
219	Kuykendall, Nora	SO	1995	James Monroe	05:00.7	201	↓7	08:07.6	208	↑1	10:18.6	207	↑9	15:58.6	198	↓1	17:21.5	199	↓1	18:36.9	200	↓12	22:15.8	212	↓7	28:27.8	09:09.1	--	
220	Rubinaccio, Liz	SO	2466	Liberty Christian Academy	04:59.9	198	↓23	08:19.6	221	↓2	10:41.6	223	↓4	16:40.5	227	↑3	18:04.0	224	↔	19:14.0	224	↑4	22:36.9	220	↔	28:28.7	09:09.4	151	
221	Lenczewski, Abby	SR	3629	Peninsula Catholic	04:39.7	151	↓35	07:53.2	186	↓19	10:16.5	205	↓14	16:30.3	219	↑2	17:52.4	217	↔	19:01.3	216	↔	22:22.6	216	↓5	28:29.8	09:09.8	--	
222	Wernick, Lulu	9	4668	Trinity School at Meadow View	05:31.0	238	↑4	08:47.1	234	↑1	11:01.1	233	↑3	16:55.1	230	↑3	18:19.0	227	↔	19:31.1	227	↑4	22:52.8	223	↑1	28:39.5	09:12.9	--	
223	Murray, Julia	9	4319	Steward School	04:59.4	197	↑2	08:01.1	195	↑8	10:05.9	187	↓28	16:27.3	215	↑3	17:45.7	212	↑2	18:53.5	210	↓9	22:34.4	219	↓4	28:52.6	09:17.1	152	
224	Penny, Lane	JR	2338	King William	05:30.8	236	↓1	08:48.7	237	↑2	11:04.6	235	↑3	17:04.5	232	↑3	18:24.4	229	↔	19:35.5	229	↑3	22:57.6	226	↑2	28:57.6	09:18.7	153	
225	Attn, Ezra	9	2451	Liberty Christian Academy	04:56.3	192	↓7	08:02.5	199	↓3	10:14.1	202	↓24	16:37.3	226	↑3	18:03.0	223	↑1	19:06.9	222	↓2	22:56.4	224	↓1	29:03.6	09:20.6	154	
226	Williams, Justyce	SO	1357	Fredericksburg Christian	05:15.8	228	↑5	08:24.5	223	↑10	10:26.8	213	↓12	16:36.7	225	↑6	17:55.3	219	↔	19:02.6	219	↓10	23:07.0	229	↑3	29:04.0	09:20.8	--	
227	Cohee, Elisabeth	JR	4391	Summit Christian Academy	05:03.2	209	↓3	08:14.0	212	↓4	10:31.1	216	↓6	16:35.1	222	↔	18:02.3	222	↓3	19:16.7	225	↔	22:57.6	225	↓2	29:10.8	09:23.0	155	
228	Drury, Ava	JR	4394	Summit Christian Academy	04:47.7	178	↓9	07:54.3	187	↓12	10:10.9	199	↓15	16:26.8	214	↓20	19:04.5	234	↔	20:16.0	234	↑2	23:39.2	232	↑4	29:19.7	09:25.8	--	
229	O'Bier, Amy	8	1649	Grace Christian School (M)	04:36.7	139	↓39	07:44.8	178	↓7	10:02.6	185	↓21	16:17.3	206	↔	17:43.3	206	↓9	18:57.2	215	↓7	22:41.6	222	↓7	29:23.4	09:27.0	--	
230	Lawrence, Cynthia	SO	2385	Lancaster	05:10.4	224	↓7	08:36.9	231	↓3	11:01.9	234	↔	17:30.4	234	↑4	18:55.3	230	↔	20:06.5	230	↓1	23:38.7	231	↑1	29:41.2	09:32.7	--	
231	Miller, Kaelin	9	3291	New Kent	05:02.1	205	↓5	08:11.5	210	↓1	10:25.2	211	↑1	16:24.6	210	↓6	17:51.2	216	↓2	19:02.2	218	↓9	23:03.5	227	↓4	29:48.6	09:35.1	--	
232	Harper, Paisley	SR	2334	King William	05:18.7	231	↓2	08:44.5	233	↓5	11:12.9	238	↑2	17:31.1	236	↑5	18:55.8	231	↔	20:07.6	231	↑1	23:38.2	230	↓2	29:52.4	09:36.3	156	
233	Hunter, Elle	9	3280	New Kent	05:05.5	212	↓13	08:30.6	225	↓5	10:57.3	230	↓7	17:32.7	237	↑4	19:01.1	233	↔	20:14.7	233	↑1	23:47.7	234	↑1	29:58.0	09:38.1	--	
234	Summers, Caroline	9	2468	Liberty Christian Academy	05:08.3	222	↓10	08:38.7	232	↓5	11:05.4	237	↑2	17:31.1	235	↑3	18:58.9	232	↔	20:14.0	232	↓1	23:46.8	233	↓1	30:20.7	09:45.4	157	
235	Mazanec, Charlotte	JR	4665	Trinity School at Meadow View	05:31.0	237	↓2	09:00.7	239	↔	11:29.5	239	↔	17:53.8	239	↑4	19:22.4	235	↓2	20:38.5	237	↑1	24:25.2	236	↑1	30:39.8	09:51.6	--	
236	Calkins, Abby	JR	4305	Steward School	05:46.8	241	↓1	09:32.6	242	↑2	12:02.3	240	↓1	18:40.5	241	↑3	20:09.0	238	↔	21:22.3	238	↑1	24:52.4	237	↑1	30:53.4	09:55.9	158	
237	Cullison, Izzy	SO	1279	Flint Hill School	05:07.6	219	↔	08:19.1	219	↓9	10:45.3	228	↓10	17:53.7	238	↑2	19:22.9	236	↑1	20:34.3	235	↔	24:17.3	235	↓2	30:54.8	09:56.4	--	
238	Ewin, Chloe	9	945	Cornerstone Christian Academy	05:06.6	217	↑2	08:17.0	215	↓12	10:45.2	227	↓13	18:07.2	240	↑3	19:23.8	237	↑1	20:35.9	236	↓2	25:10.1	238	↔	31:45.2	10:12.6	--	
239	Dallaire, Andrea	SO	3268	New Kent	05:08.4	223	↓17	09:00.7	240	↓2	12:45.2	242	↔	19:50.5	242	↑2	21:27.7	240	↔	23:55.6	240	↔	27:41.0	240	↑1	35:09.1	11:18.2	--	
240	Washington, Ava	8	1201	Eastern View High School	05:48.6	242	↑1	09:29.4	241	↔	12:05.8	241	↑112	14:17.2	129	↓110	21:20.3	239	↔	22:35.7	239	↔	27:23.1	239	↓1	35:44.7	11:29.6	159	
241	Smith, Sarah	9	1052	DC International School	06:22.1	243	↔	11:05.2	243	↔	13:36.9	243	↑48	15:50.7	195	↓46	23:43.4	241	↔	24:54.0	241	↔	28:44.8	241	↔	36:41.0	11:47.7	--	
242	Hartman, Ani	9	4509	The New Community School	06:40.2	244	↔	11:07.2	244	↔	14:18.6	244	↑1	24:57.5	243	↑1	26:06.6	242	↔	31:09.4	242	↔	39:05.6	242	↔	39:05.6	12:34.2	--	
243	Hunt, Grace	SO	4511	The New Community School	06:40.8	245	↔	11:07.5	245	↔	14:42.5	245	↑1	25:27.1	244	↑1	27:07.0	243	↑243	↔	↔	↔	↔	↔	↔	↓243	41:48.1	13:26.5	--