

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Spotswood High School Girls A**Final Results****Spotswood High School Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Spotswood High School Gir	16	1-2-4-9	49:26	12:22	1:41.0

Spotswood High School Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DICKEL, Marika	SR	4005	Spotswood High Sc	1	11:38.0	5:49.0	3:36.8
2 DICKEL, Ashland	SR	2005	Spotswood High Sc	2	11:53.1	5:56.5	3:41.4
4 MANCINI, Hayley	FR	5	Spotswood High Sc	4	12:35.5	6:17.7	3:54.6
9 JOYNER, Peyton	SO	3005	Spotswood High Sc	9	13:18.9	6:39.4	4:08.1

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Waynesboro Girls A**Final Results****Waynesboro Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
2 Waynesboro Girls A	78	3-23-25-27	55:32	13:53	2:14.2

Waynesboro Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
3 ROWE, Macy	FR	24	Waynesboro Girls	3	12:23.2	6:11.6	3:50.8
23 KIMMELL, Lydia	SR	2024	Waynesboro Girls	23	14:12.5	7:06.3	4:24.8
25 AUSTIN, Alexis	SO	4024	Waynesboro Girls	25	14:18.3	7:09.1	4:26.5
27 KIMMELL, Amelia	SO	3024	Waynesboro Girls	27	14:37.3	7:18.6	4:32.4

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Fort Defiance Girls A
Final Results**Fort Defiance Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
3 Fort Defiance Girls A	88	16-18-19-35	57:15	14:19	1:30.6

Fort Defiance Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
16 HENLEY, Coffman	FR	19	Fort Defiance Girls	16	13:46.8	6:53.4	4:16.8
18 KARINA, Clark	SR	3019	Fort Defiance Girls	18	14:04.9	7:02.4	4:22.4
19 MADISON, Conner	JR	4019	Fort Defiance Girls	19	14:05.6	7:02.8	4:22.6
35 RILEY, Birt	SO	2019	Fort Defiance Girls	35	15:17.4	7:38.7	4:44.9

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Wilson Memorial Girls B**Final Results****Wilson Memorial Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
4 Wilson Memorial Girls B	92	7-12-28-45	57:26	14:22	2:53.5

Wilson Memorial Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
7 ANNABELLA, Saunders	FR	22	Wilson Memorial Gi	7	13:06.3	6:33.1	4:04.2
12 ALISON, Troxell	JR	3022	Wilson Memorial Gi	12	13:29.8	6:44.9	4:11.5
28 ERIKA, Cronk	JR	2022	Wilson Memorial Gi	28	14:49.6	7:24.8	4:36.3
45 AVEREE, Stevens	JR	4022	Wilson Memorial Gi	45	15:59.7	7:59.8	4:58.0

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Harrisonburg Girls B**Final Results****Harrisonburg Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
5 Harrisonburg Girls B	97	8-17-26-46	57:49	14:28	2:44.4

Harrisonburg Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
8 KAUFFMAN, Sophie	JR	30	Harrisonburg Girls	8	13:16.8	6:38.4	4:07.5
17 GIBSON, Abby	JR	2030	Harrisonburg Girls	17	13:59.4	6:59.7	4:20.7
26 GODSHALL, Eliza	FR	3030	Harrisonburg Girls	26	14:31.7	7:15.8	4:30.7
46 HALL, Sequoia	SR	4030	Harrisonburg Girls	46	16:01.2	8:00.6	4:58.5

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Luray HS Girls A**Final Results****Luray HS Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
6 Luray HS Girls A	101	11-22-29-39	58:12	14:33	2:07.7

Luray HS Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
11 WOOD, Annah	SR	40	Luray HS Girls A	11	13:28.1	6:44.0	4:10.9
22 JENKINS, Maya	SO	2040	Luray HS Girls A	22	14:12.4	7:06.2	4:24.7
29 WOOD, Carolina	JR	4040	Luray HS Girls A	29	14:55.9	7:27.9	4:38.2
39 RIZEK, Isabella	SO	3040	Luray HS Girls A	39	15:35.7	7:47.8	4:50.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Spotswood High School Girls B
Final Results**Spotswood High School Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
7 Spotswood High School Gir	104	10-15-20-59	58:39	14:40	3:55.1

Spotswood High School Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
10 LOWE, Anna	FR	2006	Spotswood High Sc	10	13:23.8	6:41.9	4:09.6
15 DICKEL, Reyna	FR	3006	Spotswood High Sc	15	13:45.7	6:52.8	4:16.4
20 MYERS, Lily	FR	6	Spotswood High Sc	20	14:09.9	7:04.9	4:23.9
59 RASCOE, Ruth	JR	4006	Spotswood High Sc	59	17:18.9	8:39.4	5:22.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Wilson Memorial Girls A**Final Results****Wilson Memorial Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
8 Wilson Memorial Girls A	113	13-14-33-53	59:10	14:48	3:02.1

Wilson Memorial Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
13 THEA, Franklin	JR	21	Wilson Memorial Gi	13	13:36.2	6:48.1	4:13.5
14 MEGHAN, Miller	JR	3021	Wilson Memorial Gi	14	13:42.0	6:51.0	4:15.3
33 SYDNEY, Troxell	JR	2021	Wilson Memorial Gi	33	15:13.2	7:36.6	4:43.6
53 LILLY, Hall	FR	4021	Wilson Memorial Gi	53	16:38.2	8:19.1	5:10.0

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Harrisonburg Girls A**Final Results****Harrisonburg Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
9 Harrisonburg Girls A	140	6-31-48-55	1:00:54	15:14	3:43.7

Harrisonburg Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
6 SAUNDERS, Brooke	SO	29	Harrisonburg Girls	6	12:59.7	6:29.8	4:02.1
31 RUSH, Bethany	SO	2029	Harrisonburg Girls	31	14:59.9	7:29.9	4:39.5
48 BOGGS, McKayla	FR	3029	Harrisonburg Girls	48	16:10.9	8:05.4	5:01.5
55 MARTINEZ, Alexa	JR	4029	Harrisonburg Girls	55	16:43.4	8:21.7	5:11.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Waynesboro Girls B
Final Results**Waynesboro Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
10 Waynesboro Girls B	148	32-34-40-42	1:01:53	15:29	0:38.1

Waynesboro Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32 KEAGY, Lacey	FR	25	Waynesboro Girls	32	15:08.4	7:34.2	4:42.1
34 KEAGY, Kaitlin	FR	4025	Waynesboro Girls	34	15:14.6	7:37.3	4:44.0
40 ALLEN, Reagan	FR	3025	Waynesboro Girls	40	15:42.8	7:51.4	4:52.8
42 SLOAT, Sierra	SR	2025	Waynesboro Girls	42	15:46.5	7:53.2	4:53.9

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Fort Defiance Girls B
Final Results**Fort Defiance Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
11 Fort Defiance Girls B	163	24-37-41-61	1:03:02	15:46	3:21.7

Fort Defiance Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
24 CAMILA, Armendariz	SO	20	Fort Defiance Girls	24	14:17.7	7:08.8	4:26.3
37 VIOLET, Bast	SO	2020	Fort Defiance Girls	37	15:20.7	7:40.3	4:45.9
41 MOLLY, O'Brien	JR	4020	Fort Defiance Girls	41	15:44.2	7:52.1	4:53.2
61 KELSEY, Lambert	FR	3020	Fort Defiance Girls	61	17:39.4	8:49.7	5:29.0

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Grace Christian Girls A
Final Results**Grace Christian Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
12 Grace Christian Girls A	177	5-50-54-68	1:04:05	16:02	5:27.7

Grace Christian Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
5 BABISH, Georgia	JR	12	Grace Christian Girl	5	12:51.2	6:25.6	3:59.5
50 VOGAN, Beth	SO	3012	Grace Christian Girl	50	16:13.8	8:06.9	5:02.4
54 HOBBS, Evie	FR	4012	Grace Christian Girl	54	16:40.7	8:20.3	5:10.8
68 BAGLEY, Faith	SO	2012	Grace Christian Girl	68	18:18.9	9:09.4	5:41.3

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Rockbridge County Girls A**Final Results****Rockbridge County Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
13 Rockbridge County Girls A	180	21-44-52-63	1:04:22	16:06	3:41.1

Rockbridge County Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
21 LEWIS, Dorothy	JR	77	Rockbridge County	21	14:12.0	7:06.0	4:24.6
44 MCCLUNG, Evelyn	JR	4077	Rockbridge County	44	15:58.8	7:59.4	4:57.8
52 HOLSTON, Kate	JR	2077	Rockbridge County	52	16:17.6	8:08.8	5:03.6
63 IVINS, Hannah	SO	3077	Rockbridge County	63	17:53.1	8:56.5	5:33.3

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Staunton Girls A

Final Results**Staunton Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
14 Staunton Girls A	188	38-43-51-56	1:04:14	16:04	1:24.0

Staunton Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
38 MATTHEWS, Josalyn	SR	9	Staunton Girls A	38	15:21.9	7:40.9	4:46.3
43 LOAR, Brook	SR	2009	Staunton Girls A	43	15:50.9	7:55.4	4:55.3
51 CARBAJAL, Charlotte	SO	3009	Staunton Girls A	51	16:14.6	8:07.3	5:02.7
56 TUTTLE, Finn	SO	4009	Staunton Girls A	56	16:45.9	8:22.9	5:12.4

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Central High School Girls A
Final Results**Central High School Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
15 Central High School Girls A	212	36-49-60-67	1:07:10	16:48	2:57.8

Central High School Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
36 PULIZZI, Ava	SR	3032	Central High School	36	15:18.5	7:39.2	4:45.2
49 PERRY, Anika	SR	32	Central High School	49	16:11.9	8:05.9	5:01.8
60 ERICKSON, Lucie	SR	2032	Central High School	60	17:22.6	8:41.3	5:23.8
67 GEORGE, Katherine	JR	4032	Central High School	67	18:16.3	9:08.1	5:40.4

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Stonewall Girls A

Final Results**Stonewall Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
16 Stonewall Girls A	222	30-58-62-72	1:08:38	17:10	3:49.2

Stonewall Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
30 CLEM, Hayden	FR	4072	Stonewall Girls A	30	14:59.0	7:29.5	4:39.2
58 LAZARO-LUNA, Natalie	SO	2072	Stonewall Girls A	58	17:06.0	8:33.0	5:18.6
62 ANDERSON, Rachelle	SR	72	Stonewall Girls A	62	17:44.8	8:52.4	5:30.7
72 LUTZ, Katelyn	FR	3072	Stonewall Girls A	72	18:48.2	9:24.1	5:50.4

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Central High School Girls B**Final Results****Central High School Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
17 Central High School Girls B	260	47-64-73-76	1:14:02	18:31	4:23.3

Central High School Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
47 LANG, Isla	FR	4033	Central High School	47	16:10.1	8:05.0	5:01.3
64 BUSHONG, Grace	FR	33	Central High School	64	18:04.9	9:02.4	5:36.9
73 HODSON, Kayla	JR	3033	Central High School	73	19:13.6	9:36.8	5:58.2
76 RHODES, Abby	SO	2033	Central High School	76	20:33.4	10:16.7	6:23.0

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Luray HS Girls B**Final Results****Luray HS Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
18 Luray HS Girls B	272	65-66-70-71	1:13:40	18:25	0:38.4

Luray HS Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
65 WILLIAMS, Haley	SR	4041	Luray HS Girls B	65	18:06.2	9:03.1	5:37.3
66 ROY, Alayna	SR	3041	Luray HS Girls B	66	18:08.3	9:04.1	5:38.0
70 KRAMER, Amalie	SR	41	Luray HS Girls B	70	18:40.2	9:20.1	5:47.9
71 BROWN, Elena	JR	2041	Luray HS Girls B	71	18:44.6	9:22.3	5:49.2

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 20, 2024

**OFFICIAL MEET REPORT**

printed: 8/20/2024 11:29 PM

Race #2
Girls Relay - Stonewall Girls B
Final Results**Stonewall Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
19 Stonewall Girls B	275	57-69-74-75	1:15:17	18:50	3:20.6

Stonewall Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
57 STANLEY, Trinity	SR	73	Stonewall Girls B	57	17:05.8	8:32.9	5:18.5
69 STANLEY, Olivia	FR	4073	Stonewall Girls B	69	18:20.8	9:10.4	5:41.8
74 MONTERROSO, Deysi	SO	3073	Stonewall Girls B	74	19:23.6	9:41.8	6:01.3
75 GROVE, Lillian	FR	2073	Stonewall Girls B	75	20:26.3	10:13.1	6:20.8