

**2024 USATF NATIONAL CROSS COUNTRY  
CHAMPIONSHIPS**Mechanicsville, VA  
Pole Green Park

Saturday, January 20, 2024

**OFFICIAL MEET REPORT**  
printed: 1/20/2024 2:54 PM**Race #7**  
**Open Women 10k****Final Results****TEAM SCORING SUMMARY**

| Final Standings      | Score | Scoring Order | Total   | Avg.  | Spread |
|----------------------|-------|---------------|---------|-------|--------|
| 1 Railroad Athletics | 10    | 1-2-3-4       | 2:40:14 | 40:04 | 9:40.8 |

**INDIVIDUAL RESULTS**

| Athlete                     | #   | Team                 | Score | Time    | Gap     | Avg. Mile | Avg. kM |
|-----------------------------|-----|----------------------|-------|---------|---------|-----------|---------|
| 1 KELATI, Weini             | 207 | Dark Sky Distance    | -     | 32:58.3 | ---     | 5:18.6    | 3:17.8  |
| 2 HURLEY, Emma              | 250 | UNA Georgia          | -     | 33:35.9 | 37.6    | 5:24.6    | 3:21.6  |
| 3 CAMARENA, Katie           | 251 | UNA Colorado         | -     | 33:40.3 | 42.0    | 5:25.3    | 3:22.0  |
| 4 OSTRANDER, Allie          | 232 | UNA Washington       | -     | 33:52.5 | 54.2    | 5:27.3    | 3:23.2  |
| 5 LOGUE, Cailie             | 233 | UNA Kansas           | -     | 33:52.7 | 54.4    | 5:27.3    | 3:23.3  |
| 6 NICHOLS, Abby             | 211 | HOKA NAZ Elite       | -     | 34:09.4 | 1:11.1  | 5:30.0    | 3:24.9  |
| 7 SPRATFORD-STERLING, K     | 228 | UNA Arizona          | -     | 34:31.7 | 1:33.4  | 5:33.6    | 3:27.2  |
| 8 IZZO, Katie               | 248 | UNA California       | -     | 34:41.0 | 1:41.7  | 5:35.1    | 3:28.1  |
| 9 PARKER, Kasandra          | 210 | Hansons-Brooks Di    | -     | 34:47.1 | 1:48.8  | 5:36.1    | 3:28.7  |
| 10 GREEN, Claire            | 215 | Peninsula Distance   | -     | 34:59.4 | 2:01.1  | 5:38.1    | 3:29.9  |
| 11 OLIVERE, Lydia           | 223 | Under Armour Missi   | -     | 35:14.3 | 2:16.0  | 5:40.5    | 3:31.4  |
| 12 DONAHUE, Maggie          | 240 | UNA Massachusett     | -     | 35:23.2 | 2:24.9  | 5:41.9    | 3:32.3  |
| 13 SULLIVAN, Susanna        | 227 | UNA Virginia         | -     | 35:24.8 | 2:26.5  | 5:42.2    | 3:32.5  |
| 14 RAFTER, Angelia          | 209 | Hansons-Brooks Di    | -     | 35:46.4 | 2:48.1  | 5:45.6    | 3:34.6  |
| 15 DICKSON, Madey           | 254 | UNA Nebraska         | -     | 35:47.9 | 2:49.6  | 5:45.9    | 3:34.8  |
| 16 RAMPF, Colett            | 253 | UNA Colorado         | -     | 35:54.8 | 2:56.5  | 5:47.0    | 3:35.5  |
| 17 KENIG-ZIESLER, Anna      | 213 | Pacers Running//G    | -     | 36:12.3 | 3:14.0  | 5:49.8    | 3:37.2  |
| 18 KINGHAM, Victoria        | 205 | Central Park Track   | -     | 36:52.6 | 3:54.3  | 5:56.3    | 3:41.3  |
| 19 NORBO, Carter            | 220 | Railroad Athletics   | 1     | 36:53.8 | 3:55.5  | 5:56.5    | 3:41.4  |
| 20 MACCARY, Katherine       | 206 | Central Park Track   | -     | 36:54.9 | 3:56.6  | 5:56.7    | 3:41.5  |
| 21 HEATON, Cassidy          | 217 | Railroad Athletics   | 2     | 37:11.4 | 4:13.1  | 5:59.3    | 3:43.1  |
| 22 SULLIVAN, Elizabeth Rose | 241 | UNA Rhode Island     | -     | 37:31.7 | 4:33.4  | 6:02.6    | 3:45.2  |
| 23 CALWAY, Kelly            | 226 | UNA Virginia         | -     | 38:14.6 | 5:16.3  | 6:09.5    | 3:49.5  |
| 24 GRAY, Kristen            | 236 | UNA Maryland         | -     | 38:39.3 | 5:41.0  | 6:13.5    | 3:51.9  |
| 25 CURCURU, Margaux         | 252 | UNA California       | -     | 39:19.2 | 6:20.9  | 6:19.9    | 3:55.9  |
| 26 DANIELS, Natalie         | 212 | Northern Virginia R  | -     | 39:19.3 | 6:21.0  | 6:19.9    | 3:55.9  |
| 27 POWELL, Lara             | 239 | UNA Colorado         | -     | 39:30.7 | 6:32.4  | 6:21.7    | 3:57.1  |
| 28 DELAY, Gabriella         | 218 | Railroad Athletics   | 3     | 39:34.1 | 6:35.8  | 6:22.3    | 3:57.4  |
| 29 ZLOTNICK, Arielle        | 235 | UNA New Hampshir     | -     | 39:58.8 | 7:00.5  | 6:26.3    | 3:59.9  |
| 30 GUERRERO, Christine      | 256 | UNA California       | -     | 40:02.3 | 7:04.0  | 6:26.8    | 4:00.2  |
| 31 SHERTZER, Emily          | 225 | UNA Pennsylvania     | -     | 40:03.0 | 7:03.7  | 6:26.9    | 4:00.3  |
| 32 CONNOR, Chloe            | 214 | Pacers Running//G    | -     | 40:13.6 | 7:15.3  | 6:28.7    | 4:01.4  |
| 33 GEYER, Mollie            | 255 | UNA California       | -     | 40:20.6 | 7:22.3  | 6:29.8    | 4:02.1  |
| 34 LAUZON, Elizabeth        | 238 | UNA Virginia         | -     | 41:21.9 | 8:23.6  | 6:39.6    | 4:08.2  |
| 35 ELLER, Amanda            | 221 | Shore Athletic Club  | -     | 41:32.6 | 8:34.3  | 6:41.4    | 4:09.3  |
| 36 TUCKER, Emily            | 242 | UNA California       | -     | 42:06.3 | 9:08.0  | 6:46.8    | 4:12.6  |
| 37 GENNOCRO, Adair          | 243 | UNA California       | -     | 42:10.0 | 9:10.7  | 6:47.4    | 4:13.0  |
| 38 ROACH, Maeve             | 237 | UNA District of Colu | -     | 42:29.3 | 9:31.0  | 6:50.5    | 4:14.9  |
| 39 BURCHILL, Rachel         | 231 | UNA Louisiana        | -     | 42:35.4 | 9:37.1  | 6:51.5    | 4:15.5  |
| 40 NATALINI, Amy            | 249 | UNA Virginia         | -     | 43:13.9 | 10:15.6 | 6:57.7    | 4:19.4  |
| 41 WARD, Katherine          | 247 | UNA Colorado         | -     | 43:22.1 | 10:23.8 | 6:59.0    | 4:20.2  |
| 42 LOZZI, Jenna             | 222 | Shore Athletic Club  | -     | 44:38.5 | 11:40.2 | 7:11.3    | 4:27.8  |

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**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

| Athlete                 | #   | Team                | Score | Time    | Gap     | Avg. Mile | Avg. kM |
|-------------------------|-----|---------------------|-------|---------|---------|-----------|---------|
| 43 JONES, Emily         | 259 | UNA California      | -     | 44:58.1 | 11:59.8 | 7:14.5    | 4:29.8  |
| 44 JONES, Lindy         | 246 | UNA Texas           | -     | 45:28.2 | 12:29.9 | 7:19.3    | 4:32.8  |
| 45 MARTIN, Sarah        | 245 | UNA Pennsylvania    | -     | 46:11.1 | 13:12.8 | 7:26.2    | 4:37.1  |
| 46 BRANCH, Emily        | 219 | Railroad Athletics  | 4     | 46:34.5 | 13:36.2 | 7:30.0    | 4:39.4  |
| 47 ELLIOTT, Alexandra   | 257 | UNA Texas           | -     | 47:27.7 | 14:29.4 | 7:38.6    | 4:44.8  |
| 48 SIDIGONDE, Shobha    | 216 | Pike Creek Valley R | -     | 47:56.2 | 14:57.9 | 7:43.1    | 4:47.6  |
| 49 CONLON, Elizabeth    | 229 | UNA Maryland        | -     | 50:57.2 | 17:58.9 | 8:12.3    | 5:05.7  |
| -- VENTERS, Emily       | 234 | UNA Utah            | -     |         |         | ---       | ---     |
| -- VESTRI, Amanda       | 224 | ZAP Endurance       | -     |         |         | ---       | ---     |
| -- NADEL, Sam           | 204 | Athletic Club DC    | -     |         |         | ---       | ---     |
| -- VALENTI, Alixandra   | 258 | UNA California      | -     |         |         | ---       | ---     |
| -- MONSILOVICH, Desiree | 244 | UNA Pennsylvania    | -     |         |         | ---       | ---     |