

2024 USATF NATIONAL CROSS COUNTRY CHAMPIONSHIPS

Mechanicsville, VA

Pole Green Park

Saturday, January 20, 2024



OFFICIAL MEET REPORT

printed: 1/20/2024 2:53 PM

Race #7
Open Women 10k

Final Results

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	
1	KELATI, Weini	207	Dark Sky Distance	-	32:58.3	---	5:18.6	3:17.8
2	HURLEY, Emma	250	UNA Georgia	-	33:35.9	37.6	5:24.6	3:21.6
3	CAMARENA, Katie	251	UNA Colorado	-	33:40.3	42.0	5:25.3	3:22.0
4	OSTRANDER, Allie	232	UNA Washington	-	33:52.5	54.2	5:27.3	3:23.2
5	LOGUE, Cailie	233	UNA Kansas	-	33:52.7	54.4	5:27.3	3:23.3
6	NICHOLS, Abby	211	HOKA NAZ Elite	-	34:09.4	1:11.1	5:30.0	3:24.9
7	SPRATFORD-STERLING, K	228	UNA Arizona	-	34:31.7	1:33.4	5:33.6	3:27.2
8	IZZO, Katie	248	UNA California	-	34:41.0	1:41.7	5:35.1	3:28.1
9	PARKER, Kasandra	210	Hansons-Brooks Di	-	34:47.1	1:48.8	5:36.1	3:28.7
10	GREEN, Claire	215	Peninsula Distance	-	34:59.4	2:01.1	5:38.1	3:29.9
11	OLIVERE, Lydia	223	Under Armour Missi	-	35:14.3	2:16.0	5:40.5	3:31.4
12	DONAHUE, Maggie	240	UNA Massachusett	-	35:23.2	2:24.9	5:41.9	3:32.3
13	SULLIVAN, Susanna	227	UNA Virginia	-	35:24.8	2:26.5	5:42.2	3:32.5
14	RAFTER, Angelia	209	Hansons-Brooks Di	-	35:46.4	2:48.1	5:45.6	3:34.6
15	DICKSON, Madey	254	UNA Nebraska	-	35:47.9	2:49.6	5:45.9	3:34.8
16	RAMPF, Colett	253	UNA Colorado	-	35:54.8	2:56.5	5:47.0	3:35.5
17	KENIG-ZIESLER, Anna	213	Pacers Running//G	-	36:12.3	3:14.0	5:49.8	3:37.2
18	KINGHAM, Victoria	205	Central Park Track	-	36:52.6	3:54.3	5:56.3	3:41.3
19	NORBO, Carter	220	Railroad Athletics	1	36:53.8	3:55.5	5:56.5	3:41.4
20	MACCARY, Katherine	206	Central Park Track	-	36:54.9	3:56.6	5:56.7	3:41.5
21	HEATON, Cassidy	217	Railroad Athletics	2	37:11.4	4:13.1	5:59.3	3:43.1
22	SULLIVAN, Elizabeth Rose	241	UNA Rhode Island	-	37:31.7	4:33.4	6:02.6	3:45.2
23	CALWAY, Kelly	226	UNA Virginia	-	38:14.6	5:16.3	6:09.5	3:49.5
24	GRAY, Kristen	236	UNA Maryland	-	38:39.3	5:41.0	6:13.5	3:51.9
25	CURCURU, Margaux	252	UNA California	-	39:19.2	6:20.9	6:19.9	3:55.9
26	DANIELS, Natalie	212	Northern Virginia R	-	39:19.3	6:21.0	6:19.9	3:55.9
27	POWELL, Lara	239	UNA Colorado	-	39:30.7	6:32.4	6:21.7	3:57.1
28	DELAY, Gabriella	218	Railroad Athletics	3	39:34.1	6:35.8	6:22.3	3:57.4
29	ZLOTNICK, Arielle	235	UNA New Hampshir	-	39:58.8	7:00.5	6:26.3	3:59.9
30	GUERRERO, Christine	256	UNA California	-	40:02.3	7:04.0	6:26.8	4:00.2
31	SHERTZER, Emily	225	UNA Pennsylvania	-	40:03.0	7:03.7	6:26.9	4:00.3
32	CONNOR, Chloe	214	Pacers Running//G	-	40:13.6	7:15.3	6:28.7	4:01.4
33	GEYER, Mollie	255	UNA California	-	40:20.6	7:22.3	6:29.8	4:02.1
34	LAUZON, Elizabeth	238	UNA Virginia	-	41:21.9	8:23.6	6:39.6	4:08.2
35	ELLER, Amanda	221	Shore Athletic Club	-	41:32.6	8:34.3	6:41.4	4:09.3
36	TUCKER, Emily	242	UNA California	-	42:06.3	9:08.0	6:46.8	4:12.6
37	GENNOCRO, Adair	243	UNA California	-	42:10.0	9:10.7	6:47.4	4:13.0
38	ROACH, Maeve	237	UNA District of Colu	-	42:29.3	9:31.0	6:50.5	4:14.9
39	BURCHILL, Rachel	231	UNA Louisiana	-	42:35.4	9:37.1	6:51.5	4:15.5
40	NATALINI, Amy	249	UNA Virginia	-	43:13.9	10:15.6	6:57.7	4:19.4
41	WARD, Katherine	247	UNA Colorado	-	43:22.1	10:23.8	6:59.0	4:20.2
42	LOZZI, Jenna	222	Shore Athletic Club	-	44:38.5	11:40.2	7:11.3	4:27.8
43	JONES, Emily	259	UNA California	-	44:58.1	11:59.8	7:14.5	4:29.8
44	JONES, Lindy	246	UNA Texas	-	45:28.2	12:29.9	7:19.3	4:32.8
45	MARTIN, Sarah	245	UNA Pennsylvania	-	46:11.1	13:12.8	7:26.2	4:37.1
46	BRANCH, Emily	219	Railroad Athletics	4	46:34.5	13:36.2	7:30.0	4:39.4

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47 ELLIOTT, Alexandra	257	UNA Texas	-	47:27.7	14:29.4	7:38.6	4:44.8
48 SIDIGONDE, Shobha	216	Pike Creek Valley R	-	47:56.2	14:57.9	7:43.1	4:47.6
49 CONLON, Elizabeth	229	UNA Maryland	-	50:57.2	17:58.9	8:12.3	5:05.7
-- VENTERS, Emily	234	UNA Utah	-			---	---
-- VESTRI, Amanda	224	ZAP Endurance	-			---	---
-- NADEL, Sam	204	Athletic Club DC	-			---	---
-- VALENTI, Alixandra	258	UNA California	-			---	---
-- MONSILOVICH, Desiree	244	UNA Pennsylvania	-			---	---