

**2024 USATF NATIONAL CROSS COUNTRY
CHAMPIONSHIPS**

Mechanicsville, VA

Pole Green Park

Saturday, January 20, 2024

**OFFICIAL MEET REPORT**

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**Race #5
U20 Women 6k****Final Results****INDIVIDUAL RESULTS**

Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MACCHIA, Zariel	319	UNA New York	-	20:31.0	---	5:30.0	3:25.2
2 ZEALAND, Allie	323	UNA Virginia	-	20:31.9	1.9	5:30.3	3:25.3
3 QUARZO, Jolena	314	UNA Pennsylvania	-	20:44.0	13.0	5:33.5	3:27.3
4 DALTON, Mary Bonner	321	UNA North Carolina	-	20:46.7	16.7	5:34.2	3:27.8
5 GARDINER, Maddie	307	Formula TC	-	20:48.2	18.2	5:34.6	3:28.0
6 SHEA, Ellie	305	Emerging Elites	-	20:53.3	23.3	5:36.0	3:28.9
7 BUSHEE, Gillian	316	UNA Virginia	-	21:01.7	31.7	5:38.2	3:30.3
8 KIESLER, Julia	329	UNA Indiana	-	21:10.2	40.2	5:40.5	3:31.7
9 ADAMS, Sadie	306	Formula TC	-	21:25.1	55.1	5:44.5	3:34.2
10 ARIYO, Temi	328	UNA Maryland	-	21:33.2	1:03.2	5:46.7	3:35.5
11 PING, Lauren	311	UNA Arizona	-	21:41.0	1:10.0	5:48.8	3:36.8
12 SALAS, Lesli	325	UNA Texas	-	21:41.2	1:11.2	5:48.8	3:36.9
13 SMITH, Brianne	345	UNA Utah	-	21:49.2	1:19.2	5:51.0	3:38.2
14 GUERRA, Lianna	315	UNA California	-	21:58.3	1:28.3	5:53.4	3:39.7
15 JENSEN, Shelby	312	UNA Utah	-	21:59.5	1:29.5	5:53.7	3:39.9
16 MOORE, Cameron	309	UNA Utah	-	22:02.1	1:32.1	5:54.4	3:40.3
17 LANGE, Charlotte	327	UNA Illinois	-	22:03.4	1:33.4	5:54.8	3:40.6
18 JUSTEMA, Barrett	330	UNA Oregon	-	22:04.7	1:34.7	5:55.1	3:40.8
19 CUMMINGS, Caroline	331	UNA Rhode Island	-	22:13.3	1:43.3	5:57.4	3:42.2
20 BOLER, Erin	322	UNA New York	-	22:19.0	1:48.0	5:59.0	3:43.2
21 ISABEL, Taylor	317	UNA Minnesota	-	22:43.5	2:13.5	6:05.5	3:47.2
22 MCLEAN, Natalie	335	UNA Pennsylvania	-	22:44.3	2:14.3	6:05.7	3:47.4
23 HALL, Stella	337	UNA Arizona	-	23:29.7	2:59.7	6:17.9	3:54.9
24 BRUCH, Whitney	334	UNA Virginia	-	23:34.4	3:04.4	6:19.2	3:55.7
25 CASTILLO, Madeline	338	UNA Colorado	-	24:12.3	3:42.3	6:29.3	4:02.0
26 PIERCE, Nicole	339	UNA New Mexico	-	24:19.1	3:49.1	6:31.2	4:03.2
27 CHINO, Destiny	308	Wings of America	-	24:43.5	4:13.5	6:37.7	4:07.2
28 DENETCLAW, Catherine	342	UNA New Mexico	-	26:18.3	5:48.3	7:03.1	4:23.0
29 ESSON, Kaiden	320	UNA New Mexico	-	28:50.0	8:19.0	7:43.8	4:48.3
-- REED, Mariah	324	UNA Virginia	-			---	---
-- SEGAY, Janessa	336	UNA Arizona	-	DQ		---	---
-- ALLEN, Damira	341	UNA Arizona	-			---	---
-- SHANES, Julia	344	UNA District of Colu	-			---	---
-- BALOGA, Karrylynn	318	UNA New York	-			---	---
-- DINNEEN, Lola	343	UNA New York	-			---	---
-- BOONSHAFT, Morgan	313	UNA North Carolina	-			---	---
-- STEPHENS, Leah	310	UNA Maryland	-			---	---
-- MEADE, Haley	332	UNA Indiana	-	DQ		---	---
-- MEADE, Heidi	333	UNA Indiana	-	DQ		---	---
-- LALIO, Maleah	340	UNA New Mexico	-	DQ		---	---