

**2024 USATF NATIONAL CROSS COUNTRY CHAMPIONSHIPS**

Mechanicsville, VA  
Pole Green Park

Saturday, January 20, 2024



**OFFICIAL MEET REPORT**  
printed: 1/20/2024 11:38 AM

**Race #3  
Masters Women 6k 40+ Teams**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Team Red Lizard (40)	6	1-2-3	1:07:06	22:22
2 Pike Creek Valley Ru	22	5-8-9	1:19:05	26:22
3 Impala Racing Team	23	4-6-13	1:16:52	25:38
4 Colonial Road Runne	28	7-10-11(12)(14)	1:20:29	26:50
DNP Atlanta Track Club (4				
DNP Bowerman Track Clu				
DNP Greater Philadelphia				
DNP Battle Road Track Cl				
DNP Shore Athletic Club (4				
DNP GYS TRACK CLUB (				
DNP Pike Creek Valley Ru				
DNP Green Mountain Athle				
DNP Pacers Running//GR				

**TEAM SCORING SUMMARY (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
32 Schulze, Megan		579	Colonial Road	11	27:27.33	6:11.9
33 Jasper, Lorraine		594	Greater Philade	-	27:28.79	6:13.3
34 Brown, Kelly		637	UNA Virginia	-	27:39.71	6:24.2
35 Guarnieri, Hiroko		565	Atlanta Track Cl	-	27:42.77	6:27.3
36 Gianoukos, Aimee		581	Colonial Road	(12)	27:45.36	6:29.9
37 Bruch, Michelle		633	UNA Virginia	-	27:47.12	6:31.6
38 Crane, Cassandra		584	Genesee Valley	-	27:47.78	6:32.3
39 Marzulla, Alexandra		618	Shore Athletic	-	27:49.46	6:34.0
40 Massell, Maureen		619	Shore Athletic	-	27:50.37	6:34.9
41 Huff, Kris		569	Atlanta Track Cl	-	27:53.04	6:37.6
42 Guest, Tracy		644	UNA Colorado	-	27:54.07	6:38.6
43 Cox, Kelly		583	Colonial Road	-	27:56.45	6:41.0
44 Klein, Tina		626	T.H.E. Track Te	-	27:58.11	6:42.6
45 Newman, Alexandra		599	Impala Racing	13	27:58.91	6:43.4
46 Wiegand, Kathy		564	Atlanta Track Cl	-	28:05.69	6:50.2
47 Puma, Alysia		617	Shore Athletic	-	28:10.85	6:55.4
48 Osovski, Brenda		585	Genesee Valley	-	28:15.81	7:00.3
49 Bok, Victoria		603	Liberty Athletic	-	28:19.92	7:04.4
50 Snagg, Deborah		614	Richmond Trac	-	29:14.00	7:57.5
51 Allen, Michelle		568	Atlanta Track Cl	-	29:22.46	8:07.0
52 Kelley, Louise		586	Greater Philade	-	29:47.78	8:32.3
53 Brathwaite, Debbie		624	Shore Athletic	-	31:01.80	9:46.3
54 Anderson, Jessica		578	Colonial Road	(14)	31:08.29	9:52.8
55 Newman, Linda		611	Pony Express T	-	32:18.98	11:03.
56 Tanner, Robin		567	Atlanta Track Cl	-	32:32.14	11:16.
57 Stirrat, Susan		620	Shore Athletic	-	33:04.92	11:49.
58 Nowicki, Leslie		621	Shore Athletic	-	34:01.84	12:46.
59 Lucking, Cynthia		571	Atlanta Track Cl	-	34:49.28	13:33.
60 Barrera, Brenda		636	UNA Virginia	-	35:41.40	14:25.
61 Knothe, Lynn		610	Pike Creek Vall	-	37:15.46	16:00.
62 mccarter, andrea		572	Atlanta Track Cl	-	46:18.56	25:03.
63 Myers, Helene		612	Potomac Valley	-	51:02.78	29:47.
64 Hodges-Hite, Joyce		570	Atlanta Track Cl	-	1:03:59.7	42:44.
-- La Burt, Suzanne		623	Shore Athletic	-		
-- Hopkins, Rachel		625	Sirius Athletics	-		
-- Doswell, Kathleen		635	UNA Virginia	-		
-- Ledford, Jennifer		639	UNA Virginia	-		
-- Broadbent, Anabelle		589	Greater Philade	-		
-- Montini, Rebecca		590	Greater Philade	-		
-- Lutz, Jennifer		573	Battle Road Tra	-		
-- Dunn, Karen		587	Greater Philade	-		
-- Sutura Strange, Marisa		595	Greater Philade	-		
-- Emmons, Allison		609	Pike Creek Vall	-		
-- Antos, Nancy		574	Boulder Road R	-		DQ
-- Eno, Alicia		566	Atlanta Track Cl	-		
-- Bloomer, Lorilynn		575	Bowerman Trac	-		

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 Dimoff, Carrie		576	Bowerman Trac	-	21:15.43	--
2 Metivier, Renee		628	Team Red Lizar	1	21:46.41	30.98
3 Lund, April		597	GYS TRACK C	-	21:56.90	41.47
4 Lenge Warren, Chelse		630	Team Red Lizar	2	21:58.62	43.19
5 Enman, Kasie		596	Green Mountai	-	22:05.96	50.53
6 MAMMEN, MINDY		646	UNA Virginia	-	22:29.29	1:13.8
7 Breton, Julia Siegel		642	UNA Virginia	-	23:01.37	1:45.9
8 Shaw, Kristin		629	Team Red Lizar	3	23:20.16	2:04.7
9 Palmer-Thomasey, Ash		645	UNA Virginia	-	23:20.64	2:05.2
10 Cooke, Jacqueline		600	Impala Racing	4	23:28.93	2:13.5
11 Smith, Jodi		638	UNA Iowa	-	23:47.99	2:32.5
12 Heavner, Whitney		605	Pacers Running	-	23:49.99	2:34.5
13 Josiah-Tanner, Euleen		627	T.H.E. Track Te	-	24:28.31	3:12.8
14 Ward, Emily		641	UNA Virginia	-	24:40.07	3:24.6
15 Sanders, Caroline		647	UNA Virginia	-	24:57.42	3:41.9
16 Gannon, Amy		592	Greater Philade	-	25:04.46	3:49.0
17 Rusk, Sarah		606	Pike Creek Vall	5	25:15.55	4:00.1
18 Forde, Samantha		598	Impala Racing	6	25:23.97	4:08.5
19 Cass, Mary		601	Liberty Athletic	-	25:37.27	4:21.8
20 Pelletier, Tamara		580	Colonial Road	7	25:45.09	4:29.6
21 Gagliardi, Theresa		588	Greater Philade	-	25:55.72	4:40.2
22 Tennyson, Jill		640	UNA Maryland	-	26:04.18	4:48.7
23 Bolin, Colleen		631	UNA Illinois	-	26:25.84	5:10.4
24 King, Amanda		602	Liberty Athletic	-	26:40.42	5:24.9
25 Dean, Abby		591	Greater Philade	-	26:43.69	5:28.2
26 Hodge, Brenda		608	Pike Creek Vall	8	26:52.65	5:37.2
27 Holloway, Katrina		607	Pike Creek Vall	9	26:56.69	5:41.2
28 Chiti, Melissa		613	Pursuit of Excel	-	27:03.03	5:47.6
29 DeLea, Laura		616	Shore Athletic	-	27:05.77	5:50.3
30 Cary, Nora		622	Shore Athletic	-	27:06.73	5:51.3
31 Robinson, Deelyn		582	Colonial Road	10	27:16.32	6:00.8