

Raleigh Twilight 5000 - 5/29/2024**Meredith College****Results****Mixed 5000 Meter Run Heat 6**

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Name		Year School		Finals			
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Finals							
1	Epstein, Nick	M North Carolina		15:37.13			
	36.307 (36.307)	1:51.600 (1:15.293)	3:06.777 (1:15.177)	4:23.598 (1:16.821)			
	5:39.616 (1:16.018)	6:54.838 (1:15.222)	8:10.936 (1:16.098)	9:26.222 (1:15.286)			
	10:39.723 (1:13.501)	11:55.158 (1:15.435)	13:11.658 (1:16.500)	14:27.464 (1:15.806)			
	15:36.969 (1:09.505)						
2	Clewley, Gavin	M North Carolina		15:54.57			
	37.204 (37.204)	1:51.968 (1:14.764)	3:07.086 (1:15.118)	4:24.422 (1:17.336)			
	5:41.159 (1:16.737)	6:59.304 (1:18.145)	8:16.909 (1:17.605)	9:34.840 (1:17.931)			
	10:51.908 (1:17.068)	12:10.408 (1:18.500)	13:27.844 (1:17.436)	14:43.845 (1:16.001)			
	15:54.547 (1:10.702)						
3	Vo, Nathan	M North Carolina		15:56.70			
	37.244 (37.244)	1:53.311 (1:16.067)	3:07.751 (1:14.440)	4:24.243 (1:16.492)			
	5:41.042 (1:16.799)	6:59.629 (1:18.587)	8:17.443 (1:17.814)	9:35.907 (1:18.464)			
	10:54.428 (1:18.521)	12:13.108 (1:18.680)	13:30.910 (1:17.802)	14:46.895 (1:15.985)			
	15:56.813 (1:09.918)						
4	Domiano, Alex	M North Carolina		16:08.58			
	36.474 (36.474)	1:51.131 (1:14.657)	3:06.147 (1:15.016)	4:23.300 (1:17.153)			
	5:40.354 (1:17.054)	6:57.504 (1:17.150)	8:16.412 (1:18.908)	9:35.121 (1:18.709)			
	10:54.002 (1:18.881)	12:13.270 (1:19.268)	13:34.127 (1:20.857)	14:52.860 (1:18.733)			
	16:08.263 (1:15.403)						
5	Vickery, Charlie	M North Carolina		16:10.82			
	35.580 (35.580)	1:51.169 (1:15.589)	3:06.867 (1:15.698)	4:24.004 (1:17.137)			
	5:40.685 (1:16.681)	6:59.777 (1:19.092)	8:17.019 (1:17.242)	9:36.274 (1:19.255)			
	10:54.875 (1:18.601)	12:13.976 (1:19.101)	13:34.252 (1:20.276)	14:53.665 (1:19.413)			
	16:10.623 (1:16.958)						
6	Guy, Jacob-Kurtis	M North Carolina		16:12.17			
	36.436 (36.436)	1:50.712 (1:14.276)	3:06.148 (1:15.436)	4:22.835 (1:16.687)			
	5:38.334 (1:15.499)	6:54.489 (1:16.155)	8:11.684 (1:17.195)	9:29.805 (1:18.121)			
	10:50.062 (1:20.257)	12:11.434 (1:21.372)	13:33.812 (1:22.378)	14:55.588 (1:21.776)			
	16:12.112 (1:16.524)						
7	Timmons, Jon	M North Carolina		16:17.70			
	36.682 (36.682)	1:50.296 (1:13.614)	3:05.713 (1:15.417)	4:23.167 (1:17.454)			
	5:40.235 (1:17.068)	6:56.867 (1:16.632)	8:16.273 (1:19.406)	9:35.859 (1:19.586)			
	10:55.364 (1:19.505)	12:16.843 (1:21.479)	13:38.761 (1:21.918)	15:00.010 (1:21.249)			
	16:17.448 (1:17.438)						
8	Lyons, Carsten	M North Carolina		16:27.56			
	36.839 (36.839)	1:51.812 (1:14.973)	3:07.086 (1:15.274)	4:24.004 (1:16.918)			
	5:40.953 (1:16.949)	6:59.407 (1:18.454)	8:19.521 (1:20.114)	9:42.195 (1:22.674)			
	11:04.571 (1:22.376)	12:26.709 (1:22.138)	13:49.579 (1:22.870)	15:12.396 (1:22.817)			
	16:27.479 (1:15.083)						
9	Snider, Felix	M North Carolina		16:39.37			
	36.080 (36.080)	1:50.179 (1:14.099)	3:05.780 (1:15.601)	4:23.300 (1:17.520)			
	5:40.085 (1:16.785)	6:59.407 (1:19.322)	8:19.321 (1:19.914)	9:42.386 (1:23.065)			
	11:05.522 (1:23.136)	12:30.508 (1:24.986)	13:55.909 (1:25.401)	15:21.228 (1:25.319)			
	16:39.360 (1:18.132)						
10	Wilson, Joe	M North Carolina		16:44.12			
	38.011 (38.011)	1:53.495 (1:15.484)	3:12.348 (1:18.853)	4:31.972 (1:19.624)			
	5:52.484 (1:20.512)	7:13.521 (1:21.037)	8:34.904 (1:21.383)	9:57.216 (1:22.312)			
	11:20.324 (1:23.108)	12:43.678 (1:23.354)	14:08.362 (1:24.684)	15:32.129 (1:23.767)			
	16:44.197 (1:12.068)						

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11 Schmid Jr., Grant	M North Carolina	16:45.62			
36.474 (36.474)	1:53.081 (1:16.607)	3:09.767 (1:16.686)	4:25.936 (1:16.169)		
5:45.311 (1:19.375)	7:05.191 (1:19.880)	8:27.338 (1:22.147)	9:49.024 (1:21.686)		
11:11.958 (1:22.934)	12:37.428 (1:25.470)	14:01.893 (1:24.465)	15:26.541 (1:24.648)		
16:45.615 (1:19.074)					
12 Peters, Clare	W North Carolina	16:57.13			
38.011 (38.011)	1:56.725 (1:18.714)	3:17.801 (1:21.076)	4:39.973 (1:22.172)		
6:02.935 (1:22.962)	7:25.654 (1:22.719)	8:50.191 (1:24.537)	10:14.073 (1:23.882)		
11:37.155 (1:23.082)	12:59.009 (1:21.854)	14:21.247 (1:22.238)	15:42.746 (1:21.499)		
16:57.031 (1:14.285)					
13 Kreger, Tom	M North Carolina	17:04.18			
41.565 (41.565)	2:04.536 (1:22.971)	3:25.892 (1:21.356)	4:46.450 (1:20.558)		
6:06.694 (1:20.244)	7:28.846 (1:22.152)	8:54.716 (1:25.870)	10:19.920 (1:25.204)		
11:42.193 (1:22.273)	13:02.854 (1:20.661)	14:25.487 (1:22.633)	15:47.865 (1:22.378)		
17:04.384 (1:16.519)					
14 Lorelle, Dominic	M North Carolina	17:05.58			
37.860 (37.860)	1:53.855 (1:15.995)	3:12.511 (1:18.656)	4:33.160 (1:20.649)		
5:55.615 (1:22.455)	7:20.048 (1:24.433)	8:45.520 (1:25.472)	10:11.356 (1:25.836)		
11:36.341 (1:24.985)	12:59.709 (1:23.368)	14:24.545 (1:24.836)	15:47.569 (1:23.024)		
17:05.498 (1:17.929)					
15 Hill, Dexter	M North Carolina	17:10.61			
38.328 (38.328)	1:54.616 (1:16.288)	3:11.799 (1:17.183)	4:32.682 (1:20.883)		
5:55.301 (1:22.619)	7:19.653 (1:24.352)	8:46.406 (1:26.753)	10:11.157 (1:24.751)		
11:37.528 (1:26.371)	13:02.365 (1:24.837)	14:27.834 (1:25.469)	15:53.020 (1:25.186)		
17:10.814 (1:17.794)					
16 Crozier, Jon	M North Carolina	17:30.45			
38.204 (38.204)	1:55.812 (1:17.608)	3:17.167 (1:21.355)	4:38.955 (1:21.788)		
6:02.713 (1:23.758)	7:28.302 (1:25.589)	8:54.271 (1:25.969)	10:20.382 (1:26.111)		
11:46.042 (1:25.660)	13:12.145 (1:26.103)	14:39.199 (1:27.054)	16:07.680 (1:28.481)		
17:30.549 (1:22.869)					
17 Go, David	M North Carolina	17:35.13			
41.829 (41.829)	2:05.095 (1:23.266)	3:27.672 (1:22.577)	4:51.499 (1:23.827)		
6:15.418 (1:23.919)	7:38.894 (1:23.476)	9:04.864 (1:25.970)	10:31.725 (1:26.861)		
11:56.495 (1:24.770)	13:25.192 (1:28.697)	14:51.595 (1:26.403)	16:18.847 (1:27.252)		
17:35.133 (1:16.286)					
18 Rowley, Isaiah	M North Carolina	17:36.81			
42.611 (42.611)	2:05.506 (1:22.895)	3:28.154 (1:22.648)	4:51.996 (1:23.842)		
6:15.790 (1:23.794)	7:39.461 (1:23.671)	9:05.227 (1:25.766)	10:32.073 (1:26.846)		
11:56.796 (1:24.723)	13:25.550 (1:28.754)	14:52.246 (1:26.696)	16:16.937 (1:24.691)		
17:36.751 (1:19.814)					
19 Grdadolnik, Jake	M North Carolina	17:42.60			
40.099 (40.099)	2:02.628 (1:22.529)	3:25.248 (1:22.620)	4:47.427 (1:22.179)		
6:11.517 (1:24.090)	7:37.632 (1:26.115)	9:04.189 (1:26.557)	10:30.617 (1:26.428)		
11:56.915 (1:26.298)	13:25.481 (1:28.566)	14:51.912 (1:26.431)	16:19.198 (1:27.286)		
17:42.067 (1:22.869)					
20 Carlson, Kyle	M North Carolina	17:43.36			
42.879 (42.879)	2:05.729 (1:22.850)	3:28.797 (1:23.068)	4:52.832 (1:24.035)		
6:16.017 (1:23.185)	7:40.541 (1:24.524)	9:05.523 (1:24.982)	10:32.441 (1:26.918)		
11:54.543 (1:22.102)	13:20.176 (1:25.633)	14:48.629 (1:28.453)	16:16.573 (1:27.944)		
17:43.100 (1:26.527)					
21 Brown, Ayden	M North Carolina	17:44.76			
37.770 (37.770)	1:53.495 (1:15.725)	3:11.354 (1:17.859)	4:33.270 (1:21.916)		
6:00.567 (1:27.297)	7:27.173 (1:26.606)	8:54.985 (1:27.812)	10:25.023 (1:30.038)		
11:55.940 (1:30.917)	13:25.427 (1:29.487)	14:53.985 (1:28.558)	16:24.387 (1:30.402)		
17:44.400 (1:20.013)					

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22	Cass, Ryan	M North Carolina	17:45.64				
	42.922 (42.922)	2:06.665 (1:23.743)	3:31.087 (1:24.422)	4:55.602 (1:24.515)			
	6:21.605 (1:26.003)	7:48.170 (1:26.565)	9:14.407 (1:26.237)	10:40.128 (1:25.721)			
	12:05.826 (1:25.698)	13:31.092 (1:25.266)	14:57.644 (1:26.552)	16:23.700 (1:26.056)			
	17:45.195 (1:21.495)						
23	Newlin, Nick	M North Carolina	17:49.93				
	41.426 (41.426)	2:03.574 (1:22.148)	3:27.515 (1:23.941)	4:51.168 (1:23.653)			
	6:15.024 (1:23.856)	7:39.820 (1:24.796)	9:05.227 (1:25.407)	10:33.023 (1:27.796)			
	12:01.029 (1:28.006)	13:29.749 (1:28.720)	14:59.625 (1:29.876)	16:27.850 (1:28.225)			
	17:50.018 (1:22.168)						
24	Garlington, Taryn	W North Carolina	17:52.55				
	44.048 (44.048)	2:07.040 (1:22.992)	3:30.951 (1:23.911)	4:53.949 (1:22.998)			
	6:16.755 (1:22.806)	7:41.772 (1:25.017)	9:07.540 (1:25.768)	10:33.725 (1:26.185)			
	12:01.203 (1:27.478)	13:29.181 (1:27.978)	14:56.850 (1:27.669)	16:25.436 (1:28.586)			
	17:52.334 (1:26.898)						
25	Morales, Francisco	M North Carolina	18:02.34				
	43.310 (43.310)	2:05.903 (1:22.593)	3:30.528 (1:24.625)	4:55.249 (1:24.721)			
	6:21.187 (1:25.938)	7:48.804 (1:27.617)	9:15.902 (1:27.098)	10:44.348 (1:28.446)			
	12:14.083 (1:29.735)	13:43.110 (1:29.027)	15:13.046 (1:29.936)	16:41.231 (1:28.185)			
	18:02.417 (1:21.186)						
26	Ricketts, AJ	M North Carolina	18:20.38				
	38.602 (38.602)	1:54.928 (1:16.326)	3:13.069 (1:18.141)	4:33.794 (1:20.725)			
	6:00.787 (1:26.993)	7:27.060 (1:26.273)	9:00.821 (1:33.761)	10:36.250 (1:35.429)			
	12:09.892 (1:33.642)	13:44.589 (1:34.697)	15:25.346 (1:40.757)	16:58.881 (1:33.535)			
	18:20.414 (1:21.533)						
--	Myers, Jason	M North Carolina	DNF				
	42.922 (42.922)	2:05.729 (1:22.807)	3:28.756 (1:23.027)	4:52.465 (1:23.709)			
	6:16.197 (1:23.732)	7:40.385 (1:24.188)					
--	Lehman, Nicholas	M North Carolina	DNF				
	42.879 (42.879)	2:05.552 (1:22.673)	3:30.636 (1:25.084)	4:54.498 (1:23.862)			
	6:18.701 (1:24.203)	7:43.135 (1:24.434)	9:08.574 (1:25.439)	10:35.191 (1:26.617)			
	12:02.480 (1:27.289)						
--	Garcia, Eleazar	M North Carolina	DNF				
	42.072 (42.072)	2:03.012 (1:20.940)	3:25.113 (1:22.101)	4:45.716 (1:20.603)			
	6:05.869 (1:20.153)	7:28.521 (1:22.652)	8:54.985 (1:26.464)				