

Raleigh Twilight 5000 - 5/29/2024**Meredith College****Results****Mixed 5000 Meter Run Heat 5**

Name	Year	School	Finals
Finals			
1 Dubrulle, Matthew	M	North Carolina	17:25.40
40.865 (40.865)	2:02.198 (1:21.333)	3:22.018 (1:19.820)	4:42.285 (1:20.267)
6:01.889 (1:19.604)	7:23.399 (1:21.510)	8:46.808 (1:23.409)	10:11.843 (1:25.035)
11:37.279 (1:25.436)	13:05.136 (1:27.857)	14:34.200 (1:29.064)	16:01.870 (1:27.670)
17:25.557 (1:23.687)			
2 Gendy, Joseph	M	North Carolina	17:49.33
41.419 (41.419)	2:06.606 (1:25.187)	3:29.685 (1:23.079)	4:54.574 (1:24.889)
6:18.791 (1:24.217)	7:43.386 (1:24.595)	9:08.559 (1:25.173)	10:34.197 (1:25.638)
12:00.664 (1:26.467)	13:29.974 (1:29.310)	14:58.003 (1:28.029)	16:25.105 (1:27.102)
17:49.328 (1:24.223)			
3 Tozier, Emmie	W	North Carolina	17:51.06
41.948 (41.948)	2:06.508 (1:24.560)	3:30.239 (1:23.731)	4:53.352 (1:23.113)
6:18.166 (1:24.814)	7:43.125 (1:24.959)	9:07.830 (1:24.705)	10:32.685 (1:24.855)
12:00.115 (1:27.430)	13:29.313 (1:29.198)	14:59.414 (1:30.101)	16:27.535 (1:28.121)
17:50.675 (1:23.140)			
4 Hendricks, Trevor	M	North Carolina	17:54.07
41.116 (41.116)	2:03.264 (1:22.148)	3:26.109 (1:22.845)	4:50.917 (1:24.808)
6:16.371 (1:25.454)	7:42.457 (1:26.086)	9:08.936 (1:26.479)	10:34.624 (1:25.688)
12:01.665 (1:27.041)	13:31.038 (1:29.373)	15:00.972 (1:29.934)	16:30.162 (1:29.190)
17:53.891 (1:23.729)			
5 Dean, John	M	North Carolina	18:09.69
41.419 (41.419)	2:04.881 (1:23.462)	3:29.351 (1:24.470)	4:53.692 (1:24.341)
6:18.559 (1:24.867)	7:43.911 (1:25.352)	9:11.975 (1:28.064)	10:42.263 (1:30.288)
12:12.197 (1:29.934)	13:42.726 (1:30.529)	15:13.381 (1:30.655)	16:43.705 (1:30.324)
18:09.551 (1:25.846)			
6 Strazzella, Mia	W	North Carolina	18:19.32
40.683 (40.683)	2:05.691 (1:25.008)	3:30.398 (1:24.707)	4:54.688 (1:24.290)
6:20.831 (1:26.143)	7:51.131 (1:30.300)	9:22.221 (1:31.090)	10:53.080 (1:30.859)
12:25.200 (1:32.120)	13:57.839 (1:32.639)	15:30.552 (1:32.713)	17:02.388 (1:31.836)
18:19.404 (1:17.016)			
7 Jackson, Josh	M	North Carolina	18:21.97
47.067 (47.067)	2:10.823 (1:23.756)	3:35.582 (1:24.759)	5:04.107 (1:28.525)
6:31.754 (1:27.647)	8:00.256 (1:28.502)	9:32.039 (1:31.783)	11:03.445 (1:31.406)
12:32.515 (1:29.070)	14:00.832 (1:28.317)	15:29.417 (1:28.585)	16:59.485 (1:30.068)
18:21.759 (1:22.274)			
8 Hill, Kevin	M	North Carolina	18:25.55
41.623 (41.623)	2:06.388 (1:24.765)	3:31.234 (1:24.846)	4:56.706 (1:25.472)
6:22.671 (1:25.965)	7:52.877 (1:30.206)	9:23.088 (1:30.211)	10:53.374 (1:30.286)
12:24.644 (1:31.270)	13:57.163 (1:32.519)	15:28.669 (1:31.506)	16:59.578 (1:30.909)
18:25.168 (1:25.590)			
9 Aris, Liam	M	North Carolina	18:26.49
42.887 (42.887)	2:10.823 (1:27.936)	3:40.989 (1:30.166)	5:08.137 (1:27.148)
6:34.699 (1:26.562)	8:04.986 (1:30.287)	9:36.741 (1:31.755)	11:07.180 (1:30.439)
12:35.950 (1:28.770)	14:03.481 (1:27.531)	15:33.616 (1:30.135)	17:02.854 (1:29.238)
18:26.067 (1:23.213)			
10 Baskin, Hana	W	North Carolina	18:28.68
41.116 (41.116)	2:05.691 (1:24.575)	3:31.654 (1:25.963)	4:57.782 (1:26.128)
6:25.822 (1:28.040)	7:53.696 (1:27.874)	9:23.466 (1:29.770)	10:54.461 (1:30.995)
12:25.867 (1:31.406)	13:57.699 (1:31.832)	15:29.036 (1:31.337)	17:01.492 (1:32.456)
18:28.485 (1:26.993)			

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11 Aldridge, James	M North Carolina	18:29.31			
45.165 (45.165)	2:12.609 (1:27.444)	3:42.593 (1:29.984)	5:13.568 (1:30.975)		
6:41.953 (1:28.385)	8:11.219 (1:29.266)	9:40.660 (1:29.441)	11:10.733 (1:30.073)		
12:40.380 (1:29.647)	14:09.045 (1:28.665)	15:38.999 (1:29.954)	17:08.441 (1:29.442)		
18:29.099 (1:20.658)					
12 Wodarski, Miranda	W North Carolina	18:32.19			
42.342 (42.342)	2:07.399 (1:25.057)	3:34.705 (1:27.306)	5:03.670 (1:28.965)		
6:32.822 (1:29.152)	8:04.231 (1:31.409)	9:35.777 (1:31.546)	11:06.376 (1:30.599)		
12:35.865 (1:29.489)	14:06.202 (1:30.337)	15:36.923 (1:30.721)	17:05.936 (1:29.013)		
18:31.783 (1:25.847)					
13 Hill, Steven	M North Carolina	18:41.06			
46.499 (46.499)	2:12.815 (1:26.316)	3:43.357 (1:30.542)	5:13.789 (1:30.432)		
6:42.146 (1:28.357)	8:11.098 (1:28.952)	9:41.083 (1:29.985)	11:10.443 (1:29.360)		
12:40.933 (1:30.490)	14:09.248 (1:28.315)	15:39.365 (1:30.117)	17:09.183 (1:29.818)		
18:40.485 (1:31.302)					
14 Davis, Will	M North Carolina	18:44.36			
44.450 (44.450)	2:10.245 (1:25.795)	3:34.212 (1:23.967)	4:59.770 (1:25.558)		
6:27.039 (1:27.269)	7:55.336 (1:28.297)	9:23.937 (1:28.601)	10:53.943 (1:30.006)		
12:23.619 (1:29.676)	13:55.949 (1:32.330)	15:35.416 (1:39.467)	17:12.505 (1:37.089)		
18:44.387 (1:31.882)					
15 Dlott, Mike	M North Carolina	18:48.43			
46.329 (46.329)	2:15.920 (1:29.591)	3:48.417 (1:32.497)	5:20.728 (1:32.311)		
6:55.350 (1:34.622)	8:27.526 (1:32.176)	9:58.064 (1:30.538)	11:28.578 (1:30.514)		
12:58.274 (1:29.696)	14:29.339 (1:31.065)	16:03.041 (1:33.702)	17:28.903 (1:25.862)		
18:48.654 (1:19.751)					
16 Metcalf, Kylie	W North Carolina	18:50.03			
47.387 (47.387)	2:17.100 (1:29.713)	3:49.231 (1:32.131)	5:21.940 (1:32.709)		
6:55.455 (1:33.515)	8:27.575 (1:32.120)	9:56.968 (1:29.393)	11:26.278 (1:29.310)		
12:53.246 (1:26.968)	14:24.414 (1:31.168)	15:55.489 (1:31.075)	17:24.938 (1:29.449)		
18:49.714 (1:24.776)					
17 Murphy, Sean	M North Carolina	18:53.07			
44.380 (44.380)	2:12.000 (1:27.620)	3:42.474 (1:30.474)	5:14.385 (1:31.911)		
6:46.178 (1:31.793)	8:17.058 (1:30.880)	9:47.793 (1:30.735)	11:18.561 (1:30.768)		
12:50.546 (1:31.985)	14:23.399 (1:32.853)	15:56.110 (1:32.711)	17:27.781 (1:31.671)		
18:52.820 (1:25.039)					
18 Soma, Paul	M North Carolina	18:53.86			
46.642 (46.642)	2:16.862 (1:30.220)	3:48.824 (1:31.962)	5:21.940 (1:33.116)		
6:55.904 (1:33.964)	8:26.944 (1:31.040)	9:57.398 (1:30.454)	11:27.050 (1:29.652)		
12:57.864 (1:30.814)	14:29.965 (1:32.101)	16:03.041 (1:33.076)	17:34.029 (1:30.988)		
18:53.757 (1:19.728)					
19 Vandermosten, Jake	M North Carolina	18:55.38			
42.342 (42.342)	2:10.823 (1:28.481)	3:40.583 (1:29.760)	5:10.426 (1:29.843)		
6:40.956 (1:30.530)	8:11.551 (1:30.595)	9:42.325 (1:30.774)	11:14.863 (1:32.538)		
12:48.717 (1:33.854)	14:24.469 (1:35.752)	15:59.117 (1:34.648)	17:33.658 (1:34.541)		
18:55.104 (1:21.446)					
20 Slater, Alli	W North Carolina	18:57.06			
45.602 (45.602)	2:15.689 (1:30.087)	3:47.685 (1:31.996)	5:21.238 (1:33.553)		
6:55.143 (1:33.905)	8:27.526 (1:32.383)	9:57.817 (1:30.291)	11:26.947 (1:29.130)		
12:57.052 (1:30.105)	14:29.136 (1:32.084)	16:02.585 (1:33.449)	17:34.136 (1:31.551)		
18:56.822 (1:22.686)					
21 Olls, Adam	M North Carolina	18:58.27			
43.082 (43.082)	2:11.205 (1:28.123)	3:40.439 (1:29.234)	5:10.247 (1:29.808)		
6:40.888 (1:30.641)	8:11.514 (1:30.626)	9:42.982 (1:31.468)	11:17.062 (1:34.080)		
12:50.447 (1:33.385)	14:25.065 (1:34.618)	15:59.752 (1:34.687)	17:33.366 (1:33.614)		
18:58.254 (1:24.888)					

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22	Levy, Adam	M North Carolina	18:58.40				
	44.877 (44.877)	2:15.723 (1:30.846)	3:48.128 (1:32.405)	5:20.429 (1:32.301)			
	6:55.040 (1:34.611)	8:29.800 (1:34.760)	10:00.511 (1:30.711)	11:31.796 (1:31.285)			
	13:01.779 (1:29.983)	14:32.998 (1:31.219)	16:04.869 (1:31.871)	17:37.021 (1:32.152)			
	18:58.329 (1:21.308)						
23	Mendez, Antonio	M North Carolina	18:59.02				
	45.491 (45.491)	2:14.711 (1:29.220)	3:44.402 (1:29.691)	5:17.173 (1:32.771)			
	6:49.658 (1:32.485)	8:21.208 (1:31.550)	9:53.410 (1:32.202)	11:25.896 (1:32.486)			
	12:57.509 (1:31.613)	14:30.785 (1:33.276)	16:04.432 (1:33.647)	17:35.472 (1:31.040)			
	18:58.706 (1:23.234)						
24	Osborn, Megan	W North Carolina	18:59.23				
	46.809 (46.809)	2:16.665 (1:29.856)	3:48.824 (1:32.159)	5:21.686 (1:32.862)			
	6:55.904 (1:34.218)	8:27.866 (1:31.962)	9:58.367 (1:30.501)	11:28.263 (1:29.896)			
	12:58.381 (1:30.118)	14:29.785 (1:31.404)	16:03.041 (1:33.256)	17:34.399 (1:31.358)			
	18:59.224 (1:24.825)						
25	Coster, Kevin	M North Carolina	19:07.30				
	45.491 (45.491)	2:12.717 (1:27.226)	3:42.985 (1:30.268)	5:13.789 (1:30.804)			
	6:42.884 (1:29.095)	8:12.054 (1:29.170)	9:43.061 (1:31.007)	11:15.540 (1:32.479)			
	12:49.331 (1:33.791)	14:24.198 (1:34.867)	15:59.404 (1:35.206)	17:34.797 (1:35.393)			
	19:06.605 (1:31.808)						
26	McPherson, Jeanne-Marie	W North Carolina	19:08.17				
	46.247 (46.247)	2:15.646 (1:29.399)	3:47.063 (1:31.417)	5:19.644 (1:32.581)			
	6:54.557 (1:34.913)	8:27.526 (1:32.969)	9:58.219 (1:30.693)	11:27.817 (1:29.598)			
	12:58.381 (1:30.564)	14:30.334 (1:31.953)	16:03.919 (1:33.585)	17:36.802 (1:32.883)			
	19:08.071 (1:31.269)						
27	Taylor, Erin	W North Carolina	19:25.29				
	41.048 (41.048)	2:08.565 (1:27.517)	3:39.585 (1:31.020)	5:12.819 (1:33.234)			
	6:46.899 (1:34.080)	8:22.443 (1:35.544)	9:58.367 (1:35.924)	11:33.389 (1:35.022)			
	13:09.264 (1:35.875)	14:45.533 (1:36.269)	16:21.270 (1:35.737)	17:56.029 (1:34.759)			
	19:25.140 (1:29.111)						
28	Mills, John	M North Carolina	19:35.09				
	44.051 (44.051)	2:11.719 (1:27.668)	3:40.756 (1:29.037)	5:13.257 (1:32.501)			
	6:46.030 (1:32.773)	8:21.900 (1:35.870)	9:58.619 (1:36.719)	11:37.114 (1:38.495)			
	13:14.565 (1:37.451)	14:54.789 (1:40.224)	16:34.453 (1:39.664)	18:11.205 (1:36.752)			
	19:34.685 (1:23.480)						
29	Kesarwani, Vinayak	M North Carolina	19:35.56				
	47.647 (47.647)	2:16.101 (1:28.454)	3:47.123 (1:31.022)	5:19.809 (1:32.686)			
	6:55.040 (1:35.231)	8:29.800 (1:34.760)	10:04.843 (1:35.043)	11:41.979 (1:37.136)			
	13:17.683 (1:35.704)	14:53.998 (1:36.315)	16:29.930 (1:35.932)	18:05.879 (1:35.949)			
	19:35.425 (1:29.546)						
30	Rausch, Michael	M North Carolina	19:54.87				
	48.387 (48.387)	2:17.580 (1:29.193)	3:49.671 (1:32.091)	5:22.290 (1:32.619)			
	6:56.158 (1:33.868)	8:29.398 (1:33.240)	10:00.062 (1:30.664)	11:37.947 (1:37.885)			
	13:18.115 (1:40.168)	14:58.539 (1:40.424)	16:40.202 (1:41.663)	18:21.336 (1:41.134)			
	19:54.658 (1:33.322)						
31	Kennedy, Kelly	W North Carolina	20:15.59				
	47.214 (47.214)	2:17.100 (1:29.886)	3:49.083 (1:31.983)	5:21.354 (1:32.271)			
	6:55.582 (1:34.228)	8:29.057 (1:33.475)	10:06.663 (1:37.606)	11:45.389 (1:38.726)			
	13:27.615 (1:42.226)	15:11.114 (1:43.499)	16:56.240 (1:45.126)	18:42.504 (1:46.264)			
	20:15.511 (1:33.007)						
32	Masse, Daniel	M North Carolina	20:17.32				
	47.067 (47.067)	2:16.467 (1:29.400)	3:48.555 (1:32.088)	5:21.569 (1:33.014)			
	6:55.455 (1:33.886)	8:30.932 (1:35.477)	10:07.336 (1:36.404)	11:44.395 (1:37.059)			
	13:23.135 (1:38.740)	15:04.799 (1:41.664)	16:51.921 (1:47.122)	18:38.620 (1:46.699)			
	20:16.955 (1:38.335)						