

Raleigh Twilight 5000 - 5/29/2024**Meredith College****Results****Mixed 5000 Meter Run Heat 1**

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Name		Year School		Finals			
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Finals							
1	Fry, Chandler	M North Carolina		22:08.62			
	44.194 (44.194)	2:16.070 (1:31.876)	3:55.436 (1:39.366)	5:36.421 (1:40.985)			
	7:22.746 (1:46.325)	9:12.878 (1:50.132)	11:03.639 (1:50.761)	12:54.007 (1:50.368)			
	14:44.729 (1:50.722)	16:33.228 (1:48.499)	18:29.620 (1:56.392)	20:20.975 (1:51.355)			
	22:08.975 (1:48.000)						
2	Ehsaei, Andrew	M North Carolina		23:10.79			
	50.455 (50.455)	2:37.440 (1:46.985)	4:33.583 (1:56.143)	6:24.800 (1:51.217)			
	8:17.870 (1:53.070)	10:09.897 (1:52.027)	12:03.774 (1:53.877)	13:56.525 (1:52.751)			
	15:49.262 (1:52.737)	17:43.272 (1:54.010)	19:37.011 (1:53.739)	21:25.026 (1:48.015)			
	23:10.313 (1:45.287)						
3	Peterson, Kenneth	M North Carolina		23:35.14			
	54.068 (54.068)	2:51.607 (1:57.539)	4:46.847 (1:55.240)	6:40.641 (1:53.794)			
	8:34.623 (1:53.982)	10:28.387 (1:53.764)	12:28.622 (2:00.235)	14:27.438 (1:58.816)			
	16:29.039 (2:01.601)	18:18.306 (1:49.267)	20:08.477 (1:50.171)	21:59.720 (1:51.243)			
	23:35.520 (1:35.800)						
4	Brashear, Kyle	M North Carolina		24:46.89			
	51.625 (51.625)	2:38.670 (1:47.045)	4:33.671 (1:55.001)	6:29.588 (1:55.917)			
	8:25.417 (1:55.829)	10:26.261 (2:00.844)	12:23.724 (1:57.463)	14:24.785 (2:01.061)			
	16:26.959 (2:02.174)	18:29.179 (2:02.220)	20:35.775 (2:06.596)	22:44.286 (2:08.511)			
	24:46.824 (2:02.538)						
5	Cook, Nick	M North Carolina		24:47.04			
	57.342 (57.342)	2:54.159 (1:56.817)	4:52.798 (1:58.639)	6:52.575 (1:59.777)			
	8:51.820 (1:59.245)	10:54.796 (2:02.976)	12:51.904 (1:57.108)	14:51.469 (1:59.565)			
	16:52.223 (2:00.754)	18:48.331 (1:56.108)	20:50.635 (2:02.304)	22:51.008 (2:00.373)			
	24:46.980 (1:55.972)						
6	Cook, Conner	W North Carolina		24:47.10			
	57.957 (57.957)	2:54.417 (1:56.460)	4:52.706 (1:58.289)	6:52.316 (1:59.610)			
	8:50.711 (1:58.395)	10:53.887 (2:03.176)	12:52.112 (1:58.225)	14:51.546 (1:59.434)			
	16:51.176 (1:59.630)	18:49.131 (1:57.955)	20:50.310 (2:01.179)	22:51.452 (2:01.142)			
	24:46.305 (1:54.853)						
7	Dunn, Tiffany	W North Carolina		24:47.65			
	54.676 (54.676)	2:49.370 (1:54.694)	4:47.643 (1:58.273)	6:44.520 (1:56.877)			
	8:44.514 (1:59.994)	10:45.663 (2:01.149)	12:46.739 (2:01.076)	14:47.413 (2:00.674)			
	16:49.452 (2:02.039)	18:52.054 (2:02.602)	20:54.717 (2:02.663)	22:54.215 (1:59.498)			
	24:48.061 (1:53.846)						
8	Bolds, Nat	M North Carolina		25:32.45			
	50.038 (50.038)	2:43.183 (1:53.145)	4:39.190 (1:56.007)	6:41.556 (2:02.366)			
	8:46.349 (2:04.793)	10:51.663 (2:05.314)	12:59.143 (2:07.480)	15:14.378 (2:15.235)			
	17:21.528 (2:07.150)	19:27.954 (2:06.426)	21:36.703 (2:08.749)	23:44.866 (2:08.163)			
	25:32.527 (1:47.661)						
9	Papageorgiou, Caroline	W North Carolina		25:32.47			
	50.268 (50.268)	2:41.112 (1:50.844)	4:38.086 (1:56.974)	6:40.050 (2:01.964)			
	8:45.637 (2:05.587)	10:50.262 (2:04.625)	13:00.551 (2:10.289)	15:12.381 (2:11.830)			
	17:20.939 (2:08.558)	19:29.236 (2:08.297)	21:38.286 (2:09.050)	23:45.085 (2:06.799)			
	25:30.559 (1:45.474)						
10	Spicer, Aaron	M North Carolina		25:34.57			
	49.240 (49.240)	2:37.232 (1:47.992)	4:33.165 (1:55.933)	6:31.509 (1:58.344)			
	8:29.454 (1:57.945)	10:26.671 (1:57.217)	12:24.488 (1:57.817)	14:25.823 (2:01.335)			
	16:31.887 (2:06.064)	19:30.897 (2:59.010)	21:40.205 (2:09.308)	23:45.759 (2:05.554)			
	25:34.743 (1:48.984)						

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11 Xu, Maria	W North Carolina	26:27.39			
47.528 (47.528)	2:35.779 (1:48.251)	4:34.758 (1:58.979)	6:43.028 (2:08.270)		
8:50.935 (2:07.907)	11:01.512 (2:10.577)	13:11.755 (2:10.243)	15:23.404 (2:11.649)		
17:37.348 (2:13.944)	19:51.082 (2:13.734)	22:05.956 (2:14.874)	24:23.466 (2:17.510)		
26:26.378 (2:02.912)					
12 Moore, Wendy	W North Carolina	26:32.64			
54.204 (54.204)	2:51.093 (1:56.889)	4:50.453 (1:59.360)	6:53.187 (2:02.734)		
8:57.097 (2:03.910)	11:04.982 (2:07.885)	13:11.152 (2:06.170)	15:22.610 (2:11.458)		
17:33.564 (2:10.954)	19:46.611 (2:13.047)	22:01.708 (2:15.097)	24:19.928 (2:18.220)		
26:31.720 (2:11.792)					
13 Peterson, Grace	M North Carolina	26:37.45			
54.366 (54.366)	3:00.159 (2:05.793)	5:08.684 (2:08.525)	7:20.355 (2:11.671)		
9:29.136 (2:08.781)	11:36.514 (2:07.378)	13:37.051 (2:00.537)	15:51.750 (2:14.699)		
18:06.567 (2:14.817)	20:18.362 (2:11.795)	22:29.536 (2:11.174)	24:39.933 (2:10.397)		
26:36.843 (1:56.910)					
14 Siegel, Matthew	M North Carolina	26:48.57			
54.443 (54.443)	3:02.383 (2:07.940)	4:55.623 (1:53.240)	6:56.426 (2:00.803)		
9:01.470 (2:05.044)	11:15.897 (2:14.427)	13:32.588 (2:16.691)	15:51.559 (2:18.971)		
18:06.415 (2:14.856)	20:21.786 (2:15.371)	22:40.802 (2:19.016)	24:55.552 (2:14.750)		
26:48.538 (1:52.986)					
15 Fike, Melissa	W North Carolina	28:17.88			
58.094 (58.094)	3:01.236 (2:03.142)	4:59.854 (1:58.618)	6:57.220 (1:57.366)		
8:51.820 (1:54.600)	10:53.558 (2:01.738)	12:50.848 (1:57.290)	14:51.061 (2:00.213)		
16:54.117 (2:03.056)	18:53.562 (1:59.445)	21:16.986 (2:23.424)	23:18.690 (2:01.704)		
28:15.894 (4:57.204)					
16 Abeyta, Joe	M North Carolina	28:41.62			
55.673 (55.673)	2:58.946 (2:03.273)	5:00.146 (2:01.200)	7:03.786 (2:03.640)		
9:08.846 (2:05.060)	11:17.186 (2:08.340)	13:31.450 (2:14.264)	15:47.842 (2:16.392)		
18:08.538 (2:20.696)	20:28.412 (2:19.874)	22:53.993 (2:25.581)	26:27.953 (3:33.960)		
28:41.311 (2:13.358)					
17 Shrestha, Shaleen	M North Carolina	29:41.74			
1:06.493 (1:06.493)	3:03.688 (1:57.195)	5:06.248 (2:02.560)	7:09.593 (2:03.345)		
9:31.815 (2:22.222)	11:52.011 (2:20.196)	14:12.270 (2:20.259)	16:42.218 (2:29.948)		
19:08.239 (2:26.021)	21:42.553 (2:34.314)	24:01.723 (2:19.170)	26:08.241 (2:06.518)		
30:01.492 (3:53.251)					
18 Stice, Elizabeth	W North Carolina	30:56.20			
1:01.887 (1:01.887)	3:11.651 (2:09.764)	5:25.123 (2:13.472)	7:37.185 (2:12.062)		
9:50.709 (2:13.524)	12:30.029 (2:39.320)	15:04.871 (2:34.842)	17:44.052 (2:39.181)		
20:26.641 (2:42.589)	23:16.338 (2:49.697)	25:47.715 (2:31.377)	28:21.401 (2:33.686)		
30:55.198 (2:33.797)					
19 Sullivan, Kelly	W North Carolina	31:02.26			
1:09.535 (1:09.535)	3:27.779 (2:18.244)	5:53.799 (2:26.020)	8:14.776 (2:20.977)		
10:39.800 (2:25.024)	13:08.777 (2:28.977)	15:39.303 (2:30.526)	18:02.655 (2:23.352)		
20:41.842 (2:39.187)	23:20.871 (2:39.029)	25:50.805 (2:29.934)	28:17.835 (2:27.030)		
31:02.132 (2:44.297)					
20 Barton, Daniel	M North Carolina	33:30.90			
1:09.422 (1:09.422)	3:29.591 (2:20.169)	5:59.077 (2:29.486)	8:32.971 (2:33.894)		
11:10.540 (2:37.569)	13:50.920 (2:40.380)	16:38.419 (2:47.499)	19:27.189 (2:48.770)		
22:11.737 (2:44.548)	24:53.097 (2:41.360)	27:46.435 (2:53.338)	30:42.421 (2:55.986)		
33:30.893 (2:48.472)					
21 Bocook, Jayson	M North Carolina	35:05.09			
59.382 (59.382)	3:02.136 (2:02.754)	5:58.449 (2:56.313)	8:37.796 (2:39.347)		
11:41.990 (3:04.194)	14:27.268 (2:45.278)	17:16.493 (2:49.225)	20:18.834 (3:02.341)		
23:20.667 (3:01.833)	26:12.430 (2:51.763)	29:10.484 (2:58.054)	32:05.798 (2:55.314)		
35:04.854 (2:59.056)					

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22 Osborn, Jennifer	W North Carolina	37:53.75							
1:15.062 (1:15.062)	3:58.301 (2:43.239)	6:46.037 (2:47.736)	9:36.445 (2:50.408)						
12:43.925 (3:07.480)	15:41.135 (2:57.210)	18:50.414 (3:09.279)	21:57.572 (3:07.158)						
25:04.065 (3:06.493)	28:18.606 (3:14.541)	31:37.131 (3:18.525)	34:50.162 (3:13.031)						
-- Hooshyar, Reza	M North Carolina	DNF							
1:03.863 (1:03.863)	3:08.209 (2:04.346)	5:26.417 (2:18.208)	7:45.769 (2:19.352)						
10:11.241 (2:25.472)	12:38.509 (2:27.268)	15:07.145 (2:28.636)	17:46.564 (2:39.419)						
20:33.410 (2:46.846)	23:31.248 (2:57.838)	26:27.787 (2:56.539)	29:22.735 (2:54.948)						
-- Hendricks, George	M North Carolina	DNF							
1:01.283 (1:01.283)	3:21.246 (2:19.963)	5:52.308 (2:31.062)	8:28.782 (2:36.474)						
11:12.524 (2:43.742)	13:52.610 (2:40.086)	16:24.870 (2:32.260)	18:59.822 (2:34.952)						
21:40.465 (2:40.643)	24:20.514 (2:40.049)	26:50.050 (2:29.536)							
-- Garcia, Aurian	W North Carolina	DNF							
1:13.416 (1:13.416)	4:24.238 (3:10.822)	8:30.899 (4:06.661)	12:41.841 (4:10.942)						
16:45.600 (4:03.759)	20:58.792 (4:13.192)	25:10.067 (4:11.275)	29:26.147 (4:16.080)						