

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Women 100 Meter Dash

| | Name | School | Finals |
|---------------|---------------------------|--------------|------------|
| Finals | | | |
| 1 | #1136 Graybill, Leah | Shippensburg | 12.07 -1.1 |
| 2 | #1162 Serrano, Aliyah | Shippensburg | 12.34 -1.1 |
| 3 | #1249 Johnson, Regan | Slippery Roc | 12.35 -0.2 |
| 4 | #1509 Tate, Natashe | Virginia Wes | 12.44 -0.2 |
| 5 | #1238 Gilbert, Samantha | Slippery Roc | 12.49 -1.1 |
| 6 | #263 Waheed, Simone | Colby | 12.54 -0.2 |
| 7 | #340 Williams, Izzy | Concord | 12.66 -0.2 |
| 8 | #1261 Miller, Layne | Slippery Roc | 12.70 -1.6 |
| 9 | #1267 Pierce, Thai-Lin | Slippery Roc | 12.70 -0.2 |
| 10 | #734 Coates, Emily | Liberty | 12.80 -1.1 |
| 11 | #20 Schwarz, Elisabeth | Alvernia | 12.81 -0.2 |
| 12 | #430 Jolivette, Anaya | Denison | 12.89 -1.1 |
| 13 | #1093 Langston, Tatianna | Randolph | 12.95 -2.5 |
| 14 | #819 Smith, Kiara | Lynchburg | 13.10 -0.2 |
| 15 | #1498 Hathaway, Julia | Virginia Wes | 13.11 -2.5 |
| 16 | #1505 Mosley, Tijjah | Virginia Wes | 13.13 -1.6 |
| 17 | #678 Smith, Brook | Kutztown | 13.16 -2.1 |
| 18 | #1131 Dalhouse, Kayla | Shippensburg | 13.20 -1.2 |
| 19 | #176 Patti, Colette | Charleston (| 13.20 -2.5 |
| 20 | #729 Brohard, Gabrielle | Liberty | 13.22 -0.5 |
| 21 | #1004 McPhaul, Amarah | Ohio Wesleya | 13.25 -2.5 |
| 22 | #264 Wang, Ellie | Colby | 13.28 -1.6 |
| 23 | #177 Pekic, Alexandra | Charleston (| 13.32 -1.6 |
| 24 | #94 Blue, Trinity | Bluefield St | 13.36 -1.4 |
| 25 | #1488 Chapman, Kennedy | Virginia Wes | 13.37 -2.5 |
| 26 | #236 Bessler, Alexandra | Colby | 13.38 -1.3 |
| 27 | #1284 Veneziano, Rachel | Slippery Roc | 13.42 -2.5 |
| 28 | #100 Major, Ja'Delle | Bluefield St | 13.42 -1.2 |
| 29 | #823 Turner, Rylee | Lynchburg | 13.43 -1.6 |
| 30 | #502 Roper, Breyanna | DeSales | 13.48 -0.2 |
| 31 | #826 Wenger, Elizabeth | Lynchburg | 13.50 -2.5 |
| 32 | #59 Bangura, Saida | Averett | 13.53 -2.1 |
| 33 | #147 Booker, Dasheya | Charleston (| 13.54 -2.1 |
| 34 | #1003 Mazzei, Sarah | Ohio Wesleya | 13.57 -2.1 |
| 35 | #169 McCann-Coles, Maliah | Charleston (| 13.59 -0.9 |
| 36 | #18 McCloud, Al'liyah | Alvernia | 13.62 -2.1 |
| 37 | #1128 Brower, Addalyn | Shippensburg | 13.63 -1.6 |
| 38 | #898 Groff, Lexi | Moravian | 13.69 -1.3 |
| 39 | #1094 Moore, Jennifer | Randolph | 13.73 -1.2 |
| 40 | #1098 Turner, Jaidyn | Randolph | 13.75 -2.1 |
| 41 | #12 Kavulak, Elizabeth | Alvernia | 13.79 -0.5 |
| 42 | #611 Beverley, Airiana | Ferrum | 13.85 -2.1 |
| 43 | #1088 Forcey, Patrice | Randolph | 13.86 -1.3 |
| 44 | #498 Peller, Melissa | DeSales | 13.86 -2.1 |
| 45 | #1382 Crawford, Kynedi | Virginia Tec | 13.86 -0.5 |
| 46 | #1011 Pierson, Coral | Ohio Wesleya | 13.87 -0.9 |
| 47 | #73 Williams, Asia | Averett | 13.94 -0.9 |
| 48 | #8 Haggerty, Mariah | Alvernia | 13.95 -0.9 |
| 49 | #1494 Dubois, Ashantaye | Virginia Wes | 14.01 -1.6 |
| 50 | #1412 Williams, Mia | Virginia Tec | 14.12 -1.6 |
| 51 | #162 Huber, Mia | Charleston (| 14.17 -0.5 |
| 52 | #899 Haefele, Ali | Moravian | 14.20 -1.3 |

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|----|--------------------------|--------------|------------|
| 53 | #425 Greene, Quinn | Denison | 14.23 -1.4 |
| 54 | #921 Rodrigues, Ashley | Moravian | 14.34 -0.9 |
| 55 | #892 DeMassa, Isabella | Moravian | 14.44 -1.3 |
| 56 | #1413 Ylagan, Jillian | Virginia Tec | 14.45 -1.4 |
| 57 | #25 Wallace, Samantha | Alvernia | 14.46 -0.5 |
| 58 | #507 Zeitler, Olivia | DeSales | 14.64 -1.4 |
| 59 | #912 Mersch, Makenna | Moravian | 14.73 -1.3 |
| 60 | #616 Kelley, Emma | Ferrum | 14.74 -1.2 |
| 61 | #612 Booker, Jordan | Ferrum | 14.83 -0.5 |
| 62 | #14 Kollock, Elizabeth | Alvernia | 14.84 -0.5 |
| 63 | #61 Cole, Paris | Averett | 14.93 -0.5 |
| 64 | #911 Melillo, Caroline | Moravian | 14.99 -0.9 |
| 65 | #1391 Hardaway, Bella | Virginia Tec | 15.28 -1.4 |
| 66 | #1381 Carrow, Raegan | Virginia Tec | 15.35 -1.2 |
| 67 | #62 Coleman, Ny'Keriasia | Averett | 15.46 -1.4 |
| 68 | #1399 Luedeke, Sarah | Virginia Tec | 15.99 -2.5 |
| 69 | #615 Jones, Tia | Ferrum | 16.25 -1.4 |
| 70 | #619 Parks, Hannah | Ferrum | 17.19 -1.4 |

Women 200 Meter Dash

| | Name | School | Finals |
|---------------|----------------------------|--------------|------------|
| Finals | | | |
| 1 | #1162 Serrano, Aliyah | Shippensburg | 25.24 -1.7 |
| 2 | #1238 Gilbert, Samantha | Slippery Roc | 25.59 -1.7 |
| 3 | #676 Schearer, Beth | Kutztown | 25.61 -1.7 |
| 4 | #1249 Johnson, Regan | Slippery Roc | 25.89 -1.5 |
| 5 | #895 Giamoni, Abby | Moravian | 25.90 -1.7 |
| 6 | #683 Young, Kiana | Kutztown | 25.91 -1.7 |
| 7 | #1148 MASTRIA, Caroline | Shippensburg | 26.10 -1.5 |
| 8 | #789 Bobst, Allison | Lynchburg | 26.29 0.2 |
| 9 | #787 Barnes, Vuronika | Lynchburg | 26.34 -1.5 |
| 10 | #734 Coates, Emily | Liberty | 26.38 -1.7 |
| 11 | #1261 Miller, Layne | Slippery Roc | 26.57 -1.5 |
| 12 | #1171 Wert, Alyssa | Shippensburg | 26.63 -1.5 |
| 13 | #1267 Pierce, Thai-Lin | Slippery Roc | 26.64 -1.7 |
| 14 | #20 Schwarz, Elisabeth | Alvernia | 26.68 1.0 |
| 15 | #1270 Reed, Lydia | Slippery Roc | 26.70 1.0 |
| 16 | #1015 Stapleton, Katelyn | Ohio Wesleya | 26.89 0.2 |
| 17 | #94 Blue, Trinity | Bluefield St | 26.89 -2.1 |
| 18 | #1131 Dalhouse, Kayla | Shippensburg | 26.91 -1.5 |
| 19 | #340 Williams, Izzy | Concord | 26.92 -1.5 |
| 20 | #1129 Calamia, Emily | Shippensburg | 27.00 0.4 |
| 21 | #485 Bednarek, Lindsay | DeSales | 27.10 0.2 |
| 22 | #1260 McCullough, Shannon | Slippery Roc | 27.19 1.0 |
| 23 | #100 Major, Ja'Delle | Bluefield St | 27.19 0.2 |
| 24 | #1153 Moon-Rumsey, Kyli | Shippensburg | 27.19 0.4 |
| 25 | #1004 McPhaul, Amarah | Ohio Wesleya | 27.21 1.0 |
| 26 | #826 Wenger, Elizabeth | Lynchburg | 27.28 0.2 |
| 27 | #1001 Lykins, Addystin | Ohio Wesleya | 27.32 -1.7 |
| 28 | #1277 Stauffer, Annasophia | Slippery Roc | 27.36 0.2 |
| 29 | #155 Davis, Erica | Charleston (| 27.39 0.4 |
| 30 | #1097 Taylor, Jessica | Randolph | 27.45 -2.1 |
| 31 | #236 Bessler, Alexandra | Colby | 27.51 0.2 |
| 32 | #823 Turner, Rylee | Lynchburg | 27.62 -1.5 |
| 33 | #1158 Pugge, Nicola | Shippensburg | 27.64 0.4 |
| 34 | #171 McLaughlin, Sage | Charleston (| 27.66 0.2 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Women 200 Meter Dash)

| Name | School | Finals |
|------------------------------|--------------|------------|
| 35 #147 Booker, Dasheya | Charleston (| 27.69 -2.1 |
| 36 #431 Lee, Piper | Denison | 27.71 -2.1 |
| 37 #428 Hornick, Libby | Denison | 27.78 -2.1 |
| 38 #1003 Mazzei, Sarah | Ohio Wesleya | 27.92 -2.1 |
| 39 #897 Grigoli, Rachele | Moravian | 27.97 -1.6 |
| 40 #499 Peluszak, Avery | DeSales | 28.01 -1.6 |
| 41 #1128 Brower, Addalyn | Shippensburg | 28.09 0.4 |
| 42 #1098 Turner, Jaidyn | Randolph | 28.23 -2.1 |
| 43 #169 McCann-Coles, Maliah | Charleston (| 28.25 -2.1 |
| 44 #502 Roper, Breyanna | DeSales | 28.54 1.0 |
| 45 #18 McCloud, Al'liyah | Alvernia | 28.66 -1.1 |
| 46 #904 Knight, Shai | Moravian | 28.83 -1.6 |
| 47 #498 Peller, Melissa | DeSales | 28.85 -1.6 |
| 48 #1503 Kersey, Anisah | Virginia Wes | 28.86 -1.1 |
| 49 #618 Lewis, Trina | Ferrum | 29.08 -1.6 |
| 50 #754 Inmon, Victoria | Liberty | 29.22 -1.1 |
| 51 #999 Klann, Ava | Ohio Wesleya | 29.23 -2.3 |
| 52 #1011 Pierson, Coral | Ohio Wesleya | 29.27 0.4 |
| 53 #993 Hoover, Siarra | Ohio Wesleya | 29.51 -1.6 |
| 54 #8 Haggerty, Mariah | Alvernia | 29.51 -1.1 |
| 55 #425 Greene, Quinn | Denison | 29.52 -0.8 |
| 56 #975 Adams, Jordyn | Ohio Wesleya | 29.72 -0.8 |
| 57 #12 Kavulak, Elizabeth | Alvernia | 29.73 -1.6 |
| 58 #331 Pollinger, Kylea | Concord | 29.75 -1.1 |
| 59 #73 Williams, Asia | Averett | 29.76 -1.1 |
| 60 #785 Andreask, Genna | Lynchburg | 30.08 -0.8 |
| 61 #806 Little, Samaria | Lynchburg | 30.23 -2.3 |
| 62 #1019 Weaver, Jocelyn | Ohio Wesleya | 30.30 -2.3 |
| 63 #25 Wallace, Samantha | Alvernia | 30.57 -1.1 |
| 64 #14 Kollock, Elizabeth | Alvernia | 30.75 -2.3 |
| 65 #129 Lawton, Lynzie | Bridgeport | 30.87 -2.3 |
| 66 #61 Cole, Paris | Averett | 31.14 -0.8 |
| 67 #612 Booker, Jordan | Ferrum | 31.20 -2.3 |
| 68 #492 Gross, Bri | DeSales | 31.28 -0.8 |
| 69 #1022 Youngquist, Sarah | Ohio Wesleya | 31.54 -0.8 |
| 70 #1387 Erol, Seda | Virginia Tec | 31.79 -2.3 |
| 71 #62 Coleman, Ny'Keriasia | Averett | 32.12 -0.8 |

Women 400 Meter Dash

| Name | School | Finals |
|------------------------------|--------------|---------|
| 1 #1148 Mastria, Caroline | Shippensburg | 57.20 |
| 2 #422 Ellerkmann, Sophia | Denison | 57.31 |
| 3 #895 Giamoni, Abby | Moravian | 59.02 |
| 4 #1171 Wert, Alyssa | Shippensburg | 59.04 |
| 5 #787 Barnes, Vuronika | Lynchburg | 59.06 |
| 6 #653 Bonner, Raechel | Kutztown | 59.47 |
| 7 #1270 Reed, Lydia | Slippery Roc | 59.60 |
| 8 #1260 McCullough, Shannon | Slippery Roc | 59.85 |
| 9 #1277 Stauffer, Annasophia | Slippery Roc | 1:00.11 |
| 10 #1015 Stapleton, Katelyn | Ohio Wesleya | 1:01.02 |
| 11 #1001 Lykins, Addystin | Ohio Wesleya | 1:01.29 |
| 12 #499 Peluszak, Avery | DeSales | 1:01.47 |
| 13 #1129 Calamia, Emily | Shippensburg | 1:01.62 |

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|----------------------------|--------------|---------|
| 14 #1097 Taylor, Jessica | Randolph | 1:01.77 |
| 15 #1223 Bogia, Alice | Slippery Roc | 1:02.24 |
| 16 #389 Scoggin, Hannah | Davis & Elki | 1:02.37 |
| 17 #897 Grigoli, Rachele | Moravian | 1:02.52 |
| 18 #155 Davis, Erica | Charleston (| 1:03.19 |
| 19 #618 Lewis, Trina | Ferrum | 1:03.32 |
| 20 #904 Knight, Shai | Moravian | 1:03.70 |
| 21 #171 McLaughlin, Sage | Charleston (| 1:03.98 |
| 22 #976 Beatty, Ashley | Ohio Wesleya | 1:04.34 |
| 23 #1503 Kersey, Anisah | Virginia Wes | 1:04.50 |
| 24 #1382 Crawford, Kynedi | Virginia Tec | 1:04.80 |
| 25 #1088 Forcey, Patrice | Randolph | 1:05.44 |
| 26 #993 Hoover, Siarra | Ohio Wesleya | 1:06.14 |
| 27 #806 Little, Samaria | Lynchburg | 1:06.18 |
| 28 #921 Rodrigues, Ashley | Moravian | 1:06.59 |
| 29 #413 Bentley, Anneliese | Denison | 1:07.25 |
| 30 #785 Andreask, Genna | Lynchburg | 1:07.66 |
| 31 #1413 Ylagan, Jillian | Virginia Tec | 1:07.92 |
| 32 #975 Adams, Jordyn | Ohio Wesleya | 1:08.28 |
| 33 #164 Kupfner, Emily | Charleston (| 1:08.96 |
| 34 #129 Lawton, Lynzie | Bridgeport | 1:11.89 |
| 35 #1391 Hardaway, Bella | Virginia Tec | 1:12.63 |
| 36 #1398 Lo, Ellie | Virginia Tec | 1:14.35 |

Women 800 Meter Run

| Name | School | Finals |
|----------------------------|--------------|---------|
| 1 #338 Wallace, Emily | Concord | 2:17.15 |
| 2 #796 Edwards, Hannah | Lynchburg | 2:18.60 |
| 3 #163 Jepleting, Mercy | Charleston (| 2:19.69 |
| 4 #1074 Fletcher, Anna | Pacers | 2:20.23 |
| 5 #241 Doherty, Olivia | Colby | 2:20.30 |
| 6 #245 Goganian, Marielle | Colby | 2:20.76 |
| 7 #255 Mackey, Anna | Colby | 2:20.95 |
| 8 #1140 Hull, Kelsey | Shippensburg | 2:21.11 |
| 9 #682 Young, Deandra | Kutztown | 2:22.50 |
| 10 #392 Twyman, Lauren | Davis & Elki | 2:22.82 |
| 11 #183 Woolwine, Madison | Charleston (| 2:23.49 |
| 12 #385 Hesson, Ella | Davis & Elki | 2:23.99 |
| 13 #395 Wheeler, Cameryn | Davis & Elki | 2:24.65 |
| 14 #414 Bodary, Cara | Denison | 2:25.19 |
| 15 #652 Bendetti, Ava | Kutztown | 2:25.25 |
| 16 #829 Williams, Annalise | Lynchburg | 2:25.86 |
| 17 #384 Hardman, Savanna | Davis & Elki | 2:26.52 |
| 18 #394 Walls, Taytum | Davis & Elki | 2:26.91 |
| 19 #922 Rushatz, Alexis | Moravian | 2:27.88 |
| 20 #1408 Tipper, Evelyn | Virginia Tec | 2:28.40 |
| 21 #915 Murphy, Rylie | Moravian | 2:28.82 |
| 22 #752 Huner, Isabella | Liberty | 2:29.20 |
| 23 #383 Gipmans, Suze | Davis & Elki | 2:29.25 |
| 24 #1268 Pitcovich, Sydney | Slippery Roc | 2:29.70 |
| 25 #381 Belshan, Zoe | Davis & Elki | 2:29.76 |
| 26 #433 Martinelli, Fiona | Denison | 2:29.89 |
| 27 #659 Donovan, Mackey | Kutztown | 2:30.46 |
| 28 #1242 Hackathorn, Skye | Slippery Roc | 2:30.69 |
| 29 #251 Kenyon, Margo | Colby | 2:31.19 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Women 800 Meter Run)

| Name | School | Finals |
|-----------------------------|--------------|---------|
| 30 #11 Jerrahian, Paige | Alvernia | 2:31.35 |
| 31 #441 Verdell, Alexis | Denison | 2:31.71 |
| 32 #1133 DiCriscio, Natalie | Shippensburg | 2:32.91 |
| 33 #1227 Burgoon, Hannah | Slippery Roc | 2:33.25 |
| 34 #1163 Shevick, Helene | Shippensburg | 2:33.90 |
| 35 #1283 Valeriano, Lydia | Slippery Roc | 2:34.08 |
| 36 #149 Calore, Nadia | Charleston (| 2:34.22 |
| 37 #1073 Birch, Rachel | Pacers | 2:34.52 |
| 38 #1393 Henry, Alison | Virginia Tec | 2:34.92 |
| 39 #1288 Wyant, Lexie | Slippery Roc | 2:35.19 |
| 40 #108 Williams, Kellie | Bluefield St | 2:35.24 |
| 41 #1076 Werner, Hope | Pacers | 2:36.80 |
| 42 #1075 Irby, Samantha | Pacers | 2:37.02 |
| 43 #1134 Drager, Lilah | Shippensburg | 2:37.73 |
| 44 #1122 Alleman, Emilea | Shippensburg | 2:39.37 |
| 45 #321 Lindley, Colette | Concord | 2:39.95 |
| 46 #390 Snedden, Rachel | Davis & Elki | 2:41.92 |
| 47 #1172 Whysong, Ava | Shippensburg | 2:43.03 |
| 48 #432 Marshall, Alyson | Denison | 2:45.62 |
| 49 #334 Turner, Sarah | Concord | 2:48.50 |
| 50 #1409 Verschell, Lillian | Virginia Tec | 2:48.54 |
| 51 #312 Dixon, Kaylee | Concord | 2:48.97 |
| 52 #1391 Hardaway, Bella | Virginia Tec | 2:51.78 |
| 53 #145 Anderson, Abigail | Charleston (| 2:52.61 |
| 54 #1414 Zalenski, Julia | Virginia Tec | 2:52.90 |
| 55 #1390 Fuchs, Bridget | Virginia Tec | 2:54.28 |
| 56 #308 Bentley, Baylee | Concord | 2:57.82 |
| 57 #1394 Hopwood, Rose | Virginia Tec | 2:58.14 |
| 58 #1378 Ballard, Kayla | Virginia Tec | 3:00.68 |
| 59 #1404 Pierce, Keenan | Virginia Tec | 3:00.88 |
| 60 #1398 Lo, Ellie | Virginia Tec | 3:01.21 |
| 61 #1407 Taylor, Charlotte | Virginia Tec | 3:01.69 |
| 62 #1396 Jarama, Leila | Virginia Tec | 3:05.40 |
| 63 #497 Murphy, Eileen | DeSales | 3:09.04 |
| 64 #178 Persinger, Lauren | Charleston (| 3:12.78 |
| 65 #1092 Johnson, Tierra | Randolph | 3:34.02 |

Women 1500 Meter Run

| Name | School | Finals |
|--------------------------|--------------|---------|
| 1 #1078 Zealand, Allie | Pacers | 4:23.61 |
| 2 #1356 Fairley, Adelynn | Unat-Liberty | 4:24.52 |
| 3 #1357 Hostetler, Marie | Unat-Liberty | 4:29.58 |
| 4 #795 Drumm, Courtney | Lynchburg | 4:32.01 |
| 5 #827 Werner, Kayla | Lynchburg | 4:32.28 |
| 6 #647 Adams, Sadie | Formula Trac | 4:32.74 |
| 7 #1248 Igims, Anna | Slippery Roc | 4:37.71 |
| 8 #163 Jepletting, Mercy | Charleston (| 4:43.55 |
| 9 #183 Woolwine, Madison | Charleston (| 4:44.52 |
| 10 #793 Dell, Allison | Lynchburg | 4:45.11 |
| 11 #1140 Hull, Kelsey | Shippensburg | 4:46.14 |
| 12 #1074 Fletcher, Anna | Pacers | 4:49.00 |
| 13 #828 Werner, Kristen | Lynchburg | 4:50.10 |
| 14 #392 Twyman, Lauren | Davis & Elki | 4:50.70 |

| | | |
|--------------------------|--------------|---------|
| 15 #385 Hesson, Ella | Davis & Elki | 4:51.80 |
| 16 #821 Thomas, Lauren | Lynchburg | 4:52.40 |
| 17 #384 Hardman, Savanna | Davis & Elki | 4:54.30 |
| 18 #414 Bodary, Cara | Denison | 4:56.00 |
| 19 #395 Wheeler, Cameryn | Davis & Elki | 5:06.70 |

Women 1500 Meter Run

| Name | School | Finals |
|------------------------------|--------------|---------|
| 1 #1133 DiCriscio, Natalie | Shippensburg | 4:59.20 |
| 2 #682 Young, Deandra | Kutztown | 5:00.81 |
| 3 #491 Estus, Haley | DeSales | 5:01.71 |
| 4 #1408 Tipper, Evelyn | Virginia Tec | 5:02.67 |
| 5 #1397 Johnson Diaz, Ainhua | Virginia Tec | 5:05.46 |
| 6 #1268 Pitcovich, Sydney | Slippery Roc | 5:06.29 |
| 7 #320 Jenkins, Emma | Concord | 5:06.54 |
| 8 #1242 Hackathorn, Skye | Slippery Roc | 5:06.75 |
| 9 #1227 Burgoon, Hannah | Slippery Roc | 5:08.28 |
| 10 #1283 Valeriano, Lydia | Slippery Roc | 5:08.80 |
| 11 #441 Verdell, Alexis | Denison | 5:10.28 |
| 12 #433 Martinelli, Fiona | Denison | 5:10.30 |
| 13 #1406 Szabos, Sydney | Virginia Tec | 5:10.78 |
| 14 #251 Kenyon, Margo | Colby | 5:11.40 |
| 15 #381 Belshan, Zoe | Davis & Elki | 5:11.62 |
| 16 #890 Bocchetti, Elena | Moravian | 5:11.84 |
| 17 #1364 Hayden, Molly | Unattached | 5:12.68 |
| 18 #1288 Wyant, Lexie | Slippery Roc | 5:12.72 |
| 19 #24 Torres, Jessie | Alvernia | 5:15.04 |
| 20 #391 Taylor, Sierra | Davis & Elki | 5:15.06 |
| 21 #508 Zeitler, Shae | DeSales | 5:15.56 |
| 22 #1122 Alleman, Emilea | Shippensburg | 5:15.92 |
| 23 #503 Saccary, Caitlyn | DeSales | 5:18.75 |
| 24 #494 Klein, Angelina | DeSales | 5:18.79 |
| 25 #1393 Henry, Alison | Virginia Tec | 5:21.87 |
| 26 #1073 Birch, Rachel | Pacers | 5:22.34 |
| 27 #386 Jacobs, Brooke | Davis & Elki | 5:25.86 |
| 28 #1172 Whysong, Ava | Shippensburg | 5:25.92 |
| 29 #1409 Verschell, Lillian | Virginia Tec | 5:27.13 |
| 30 #65 Griffin, Gabrielle | Averett | 5:27.44 |
| 31 #1134 Drager, Lilah | Shippensburg | 5:28.12 |
| 32 #1077 White, Kylie | Pacers | 5:28.48 |
| 33 #390 Snedden, Rachel | Davis & Elki | 5:30.18 |
| 34 #334 Turner, Sarah | Concord | 5:30.24 |
| 35 #1163 Shevick, Helene | Shippensburg | 5:31.94 |
| 36 #1076 Werner, Hope | Pacers | 5:32.48 |
| 37 #903 Klingner, Kierstyn | Moravian | 5:34.01 |
| 38 #108 Williams, Kellie | Bluefield St | 5:34.21 |
| 39 #493 Hollander, Andie | DeSales | 5:36.62 |
| 40 #1090 Fuentes, Sara | Randolph | 5:36.91 |
| 41 #1414 Zalenski, Julia | Virginia Tec | 5:36.94 |
| 42 #323 Londeree, Emma | Concord | 5:37.86 |
| 43 #324 McGinnis, Charlotte | Concord | 5:41.41 |
| 44 #145 Anderson, Abigail | Charleston (| 5:42.21 |
| 45 #313 Doughton, Piper | Concord | 5:42.28 |
| 46 #1394 Hopwood, Rose | Virginia Tec | 5:44.40 |
| 47 #1405 Straka, Aimee | Virginia Tec | 5:45.02 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Women 1500 Meter Run)

| Name | School | Finals |
|------------------------------|--------------|---------|
| 48 #1395 Hurst, Jocelyn | Virginia Tec | 5:45.93 |
| 49 #1546 McMurdie, Hallie | Washington a | 5:54.05 |
| 50 #996 Johnson, Lucy | Ohio Wesleya | 5:59.47 |
| 51 #1398 Lo, Ellie | Virginia Tec | 6:00.46 |
| 52 #1403 Parker-Ashe, Durant | Virginia Tec | 6:01.72 |
| 53 #322 Londeree, Abbey | Concord | 6:04.61 |
| 54 #1404 Pierce, Keenan | Virginia Tec | 6:04.79 |
| 55 #1407 Taylor, Charlotte | Virginia Tec | 6:08.67 |
| 56 #505 Tompkins, Adia | DeSales | 6:14.86 |
| 57 #1390 Fuchs, Bridget | Virginia Tec | 6:16.55 |
| 58 #497 Murphy, Eileen | DeSales | 6:18.30 |
| 59 #178 Persinger, Lauren | Charleston (| 6:21.20 |
| 60 #1396 Jarama, Leila | Virginia Tec | 6:27.68 |
| --- #1379 Baxter, Charlotte | Virginia Tec | DNF |

Women 5000 Meter Run Open 5k

| Name | School | Finals |
|----------------------------|--------------|----------|
| 1 #491 Estus, Haley | DeSales | 18:24.84 |
| 2 #266 Wolfe, Abbey | Colby | 19:09.94 |
| 3 #4 Fries, Isabel | Alvernia | 19:14.00 |
| 4 #508 Zeitler, Shae | DeSales | 19:20.08 |
| 5 #503 Saccary, Caitlyn | DeSales | 19:30.96 |
| 6 #1384 DiLorenzo, Suzie | Virginia Tec | 19:33.06 |
| 7 #991 Henry, Alyssa | Ohio Wesleya | 20:04.02 |
| 8 #1244 Higgins, Lizzie | Slippery Roc | 20:31.80 |
| 9 #494 Klein, Angelina | DeSales | 20:42.88 |
| 10 #990 Hamilton, River | Ohio Wesleya | 21:25.22 |
| 11 #493 Hollander, Andie | DeSales | 21:28.66 |
| 12 #1391 Hardaway, Bella | Virginia Tec | 21:36.54 |
| 13 #500 Postlewait, Hannah | DeSales | 22:47.97 |
| 14 #437 Renetzky, Julia | Denison | 23:12.34 |
| 15 #490 Durbano, Abby | DeSales | 23:49.02 |

Women 5000 Meter Run

| Name | School | Finals |
|----------------------------|--------------|----------|
| 1 #5 Gaston, Cera | Alvernia | 17:51.67 |
| 2 #1018 Ward, Zoe | Ohio Wesleya | 17:53.52 |
| 3 #923 Smurla, Tara | Moravian | 17:55.98 |
| 4 #765 Park, Sophia | Liberty | 18:11.51 |
| 5 #985 Downing, McKenna | Ohio Wesleya | 18:23.47 |
| 6 #730 Brown, Rebecca | Liberty | 18:31.66 |
| 7 #981 Cotts, Sophie | Ohio Wesleya | 18:44.02 |
| 8 #1240 Grillo, Maddie | Slippery Roc | 18:46.77 |
| 9 #740 Ervi, Grace | Liberty | 18:50.24 |
| 10 #992 Hoam, Elsa | Ohio Wesleya | 18:51.77 |
| 11 #916 Myers, Meghan | Moravian | 18:53.68 |
| 12 #798 Herr, Hannah | Lynchburg | 18:54.47 |
| 13 #814 Saulsbury, Delaney | Lynchburg | 18:56.83 |
| 14 #758 Mast, Sophia | Liberty | 18:56.92 |
| 15 #1366 Roberts, Beall | Unattached | 18:57.30 |
| 16 #1009 Noszka, Taylor | Ohio Wesleya | 19:05.61 |
| 17 #1000 Luttman, Eleanor | Ohio Wesleya | 19:12.74 |

| | | |
|-----------------------------|--------------|----------|
| 18 #579 Weaver, Jenna | Eastern Menn | 19:19.28 |
| 19 #917 O'Neil, Kayla | Moravian | 19:28.17 |
| 20 #817 Sindt, Sidney | Lynchburg | 19:56.69 |
| 21 #426 Hassler, Michaela | Denison | 20:22.53 |
| 22 #910 Meeks, Ally | Moravian | 20:24.15 |
| 23 #901 Hockenberry, Alyssa | Moravian | 20:26.58 |
| 24 #900 Hockenberry, Alexis | Moravian | 20:27.39 |
| 25 #891 Champagne, Tori | Moravian | 20:31.59 |

Women 10000 Meter Run

| Name | School | Finals |
|-------------------------|--------------|----------|
| 1 #655 D'Amelio, Jaelyn | Kutztown | 39:22.02 |
| 2 #1137 Hess, Morgan | Shippensburg | 39:23.16 |
| 3 #1170 Weikert, Belle | Shippensburg | 39:23.66 |
| 4 #672 Lenhart, Maura | Kutztown | 39:32.24 |
| 5 #506 Vigilanti, Nina | DeSales | 41:09.03 |

Women 100 Meter Hurdles

| Name | School | Finals |
|---------------------------------|--------------|------------|
| 1 #815 Seward, Aniya | Lynchburg | 14.26 -1.0 |
| 2 #809 Mohnkern, Betsy | Lynchburg | 14.67 -1.0 |
| 3 #1147 Marks, Ryleigh | Shippensburg | 14.90 -1.0 |
| 4 #1143 Lee, Sasha | Shippensburg | 15.09 -1.0 |
| 5 #98 Kegler, Khrisalyn | Bluefield St | 15.30 0.5 |
| 6 #160 Engelbrecht, Minke | Charleston (| 15.41 0.5 |
| 7 #577 Taylor, Ray Ray | Eastern Menn | 15.51 0.5 |
| 8 #1290 Younkin, Chaley | Slippery Roc | 15.63 -1.0 |
| 9 #1229 Clarke, Chalondra | Slippery Roc | 15.72 0.5 |
| 10 #156 Delgado de Torres, Laur | Charleston (| 15.99 0.5 |
| 11 #1158 Pugge, Nicola | Shippensburg | 16.02 -1.0 |
| 12 #1153 Moon-Rumsey, Kyli | Shippensburg | 16.04 -1.9 |
| 13 #1262 Miller, Madelyn | Slippery Roc | 16.22 0.5 |
| 14 #1145 Malcolm, Madison | Shippensburg | 16.40 0.5 |
| 15 #1123 Barger, Melanie | Shippensburg | 16.41 0.5 |
| 16 #305 Abdussalaam, Nadiyah | Concord | 16.50 0.2 |
| 17 #999 Klann, Ava | Ohio Wesleya | 17.19 -1.9 |
| 18 #994 James, Aliisa | Ohio Wesleya | 17.24 -1.9 |
| 19 #106 Wickliff, Arianna | Bluefield St | 17.38 0.2 |
| 20 #23 Sternberg, Caitlin | Alvernia | 17.42 -1.9 |
| 21 #151 Coolen, Aleisha | Charleston (| 17.63 -1.9 |
| 22 #892 DeMassa, Isabella | Moravian | 17.79 -1.9 |
| 23 #575 Schultz, Faith | Eastern Menn | 17.81 -1.0 |
| 24 #1011 Pierson, Coral | Ohio Wesleya | 17.83 -1.0 |
| 25 #235 Barnes, Michelle | Colby | 17.98 0.2 |
| 26 #13 Knudsen, Lilliana | Alvernia | 18.08 0.2 |
| 27 #808 Miller, Anna | Lynchburg | 18.11 0.2 |
| 28 #416 Brown, Sydney | Denison | 18.51 -1.0 |
| 29 #912 Mersch, Makenna | Moravian | 18.87 0.2 |
| 30 #1387 Erol, Seda | Virginia Tec | 19.15 0.2 |
| 31 #309 Collins, Hayley | Concord | 19.54 -2.4 |
| 32 #1381 Carrow, Raegan | Virginia Tec | 20.07 -2.4 |
| 33 #330 Perry, Taylor | Concord | 20.14 -2.4 |
| 34 #319 James, Shyanna | Concord | 20.18 -2.4 |
| 35 #1389 Fisher, Shannon | Virginia Tec | 22.52 0.2 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

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Results

Finals ... (Women 100 Meter Hurdles)

| Name | School | Finals |
|--------------------------|--------------|------------|
| 36 #1383 Dean, AnnaMarie | Virginia Tec | 22.58 -2.4 |
| 37 #125 Dodge, Morgan | Bridgeport | 23.68 -1.0 |

Women 400 Meter Hurdles

| Name | School | Finals |
|-----------------------------|--------------|---------|
| 1 #809 Mohnkern, Betsy | Lynchburg | 1:03.47 |
| 2 #1123 Barger, Melanie | Shippensburg | 1:04.97 |
| 3 #1284 Veneziano, Rachel | Slippery Roc | 1:05.81 |
| 4 #1145 Malcolm, Madison | Shippensburg | 1:06.27 |
| 5 #994 James, Aliisa | Ohio Wesleya | 1:06.30 |
| 6 #1147 Marks, Ryleigh | Shippensburg | 1:06.80 |
| 7 #670 Lawler, Taniyah | Kutztown | 1:06.85 |
| 8 #98 Kegler, Khrisalyn | Bluefield St | 1:07.99 |
| 9 #439 Sinex, Ava | Denison | 1:08.84 |
| 10 #99 Lee, Genesis | Bluefield St | 1:09.01 |
| 11 #1229 Clarke, Chalondra | Slippery Roc | 1:09.03 |
| 12 #1290 Younkin, Chaley | Slippery Roc | 1:09.28 |
| 13 #1262 Miller, Madelyn | Slippery Roc | 1:09.47 |
| 14 #808 Miller, Anna | Lynchburg | 1:10.04 |
| 15 #235 Barnes, Michelle | Colby | 1:10.63 |
| 16 #567 David, Angel | Eastern Menn | 1:12.34 |
| 17 #1094 Moore, Jennifer | Randolph | 1:12.60 |
| 18 #23 Sternberg, Caitlin | Alvernia | 1:13.45 |
| 19 #892 DeMassa, Isabella | Moravian | 1:13.91 |
| 20 #106 Wickliff, Arianna | Bluefield St | 1:17.16 |
| 21 #912 Mersch, Makenna | Moravian | 1:17.20 |
| 22 #1510 Thurston, Clarissa | Virginia Wes | 1:17.96 |
| 23 #309 Collins, Hayley | Concord | 1:18.08 |
| 24 #330 Perry, Taylor | Concord | 1:18.52 |
| 25 #158 Domenick, Kendal | Charleston (| 1:20.33 |
| 26 #319 James, Shyanna | Concord | 1:23.01 |
| 27 #1388 Filkoski, Emma | Virginia Tec | 1:24.76 |
| 28 #307 Anzevino, Alexis | Concord | 1:26.39 |

Women 3000 Meter Steeplechase

| Name | School | Finals |
|--------------------------|--------------|----------|
| 1 #1248 Igims, Anna | Slippery Roc | 10:45.89 |
| 2 #668 Knerr, Sophia | Kutztown | 11:36.73 |
| 3 #783 Young, Kristiana | Liberty | 11:49.28 |
| 4 #919 Poniktera, Amber | Moravian | 11:53.14 |
| 5 #896 Goodman, Rachael | Moravian | 11:56.76 |
| 6 #1272 Scarpa, Marie | Slippery Roc | 12:18.73 |
| 7 #1235 Dennison, Morgan | Slippery Roc | 12:45.82 |
| 8 #148 Brent, Amanda | Charleston (| 12:52.35 |
| 9 #1391 Hardaway, Bella | Virginia Tec | 13:34.47 |
| 10 #1002 Maglott, Sammy | Ohio Wesleya | 13:45.41 |

Women 4x100 Meter Relay

| Team | Relay | Finals |
|----------------------------|-----------------------------|--------|
| Finals | | |
| 1 Shippensburg | A | 46.92 |
| 1) #1162 Serrano, Aliyah | 2) #1150 Mckean, Sara | |
| 3) #1131 Dalhouse, Kayla | 4) #1136 Graybill, Leah | |
| 2 Slippery Rock | A | 47.19 |
| 1) #1238 Gilbert, Samantha | 2) #1249 Johnson, Regan | |
| 3) #1261 Miller, Layne | 4) #1267 Pierce, Thai-Lin | |
| 3 Lynchburg | A | 48.02 |
| 1) #809 Mohnkern, Betsy | 2) #826 Wenger, Elizabeth | |
| 3) #787 Barnes, Vuronika | 4) #815 Seward, Aniya | |
| 4 Kutztown | A | 48.05 |
| 1) #683 Young, Kiana | 2) #670 Lawler, Taniyah | |
| 3) #653 Bonner, Raechel | 4) #676 Schearer, Beth | |
| 5 Virginia Wesleyan | A | 48.24 |
| 1) #1499 Hoggard, Lyric | 2) #1498 Hathaway, Julia | |
| 3) #1488 Chapman, Kennedy | 4) #1509 Tate, Natashe | |
| 6 Lynchburg | B | 49.94 |
| 1) #823 Turner, Rylee | 2) #819 Smith, Kiara | |
| 3) #810 Parsons, Mahlia | 4) #808 Miller, Anna | |
| 7 Randolph | A | 50.23 |
| 1) #1096 Smith, Kendra | 2) #1098 Turner, Jaidyn | |
| 3) #1097 Taylor, Jessica | 4) #1093 Langston, Tatianna | |
| 8 Denison | A | 50.30 |
| 1) #431 Lee, Piper | 2) #422 Ellerkmann, Sophia | |
| 3) #428 Hornick, Libby | 4) #430 Jolivet, Anaya | |
| 9 Colby | A | 50.86 |
| 1) #263 Waheed, Simone | 2) #264 Wang, Ellie | |
| 3) #235 Barnes, Michelle | 4) #236 Bessler, Alexandra | |
| 10 Ferrum | A | 54.99 |
| 1) #611 Beverley, Airiana | 2) #616 Kelley, Emma | |
| 3) #612 Booker, Jordan | 4) #618 Lewis, Trina | |
| 11 Virginia Tec | A | 55.72 |
| 1) #1382 Crawford, Kynedi | 2) #1387 Erol, Seda | |
| 3) #1402 Ophof, Riley | 4) #1412 Williams, Mia | |
| 12 Virginia Tec | B | 57.33 |
| 1) #1391 Hardaway, Bella | 2) #1399 Luedeke, Sarah | |
| 3) #1381 Carrow, Raegan | 4) #1411 Williams, Jessica | |

Women 4x400 Meter Relay

| Team | Relay | Finals |
|-------------------------------|------------------------------|---------|
| Finals | | |
| 1 Colby | A | 4:06.49 |
| 1) #235 Barnes, Michelle | 2) #255 Mackey, Anna | |
| 3) #241 Doherty, Olivia | 4) #245 Goganian, Marielle | |
| 2 Denison | A | 4:14.07 |
| 1) #428 Hornick, Libby | 2) #439 Sinex, Ava | |
| 3) #430 Jolivet, Anaya | 4) #431 Lee, Piper | |
| 3 Slippery Rock | A | 4:17.20 |
| 1) #1277 Stauffer, Annasophia | 2) #1260 McCullough, Shannon | |
| 3) #1284 Veneziano, Rachel | 4) #1270 Reed, Lydia | |
| 4 Alvernia | B | 4:26.06 |
| 1) #20 Schwarz, Elisabeth | 2) #12 Kavulak, Elizabeth | |
| 3) #11 Jerrahian, Paige | 4) #24 Torres, Jessie | |

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Results

Finals ... (Women 4x400 Meter Relay)

| Team | Relay | Finals |
|---------------------------|--------------------------|---------|
| 5 Denison | B | 4:36.02 |
| 1) #414 Bodary, Cara | 2) #441 Verdell, Alexis | |
| 3) #433 Martinelli, Fiona | 4) #432 Marshall, Alyson | |

Women High Jump

| Name | School | Finals |
|--------------------------------|--------------|--------|
| Finals | | |
| 1 #1142 Laukus, Ashley | Shippensburg | 1.60m |
| 2 #1160 Richwine, Ally | Shippensburg | J1.60m |
| 3 #1169 Vallon, Norah | Shippensburg | 1.55m |
| 3 #677 Sienko, Kacie | Kutztown | 1.55m |
| 3 #1156 Oliphant, Elliot | Shippensburg | 1.55m |
| 3 #1489 Ciano, Norah | Virginia Wes | 1.55m |
| 7 #667 Grassia, Mia | Kutztown | J1.55m |
| 8 #156 Delgado de Torres, Laur | Charleston (| J1.55m |
| 9 #898 Groff, Lexi | Moravian | 1.50m |
| 9 #1410 Waterman, Morgan | Virginia Tec | 1.50m |
| 11 #1233 Davis, Cassidy | Slippery Roc | J1.50m |
| 12 #1262 Miller, Madelyn | Slippery Roc | J1.50m |
| 13 #999 Klann, Ava | Ohio Wesleya | 1.45m |
| 14 #797 Fox, Margo | Lynchburg | J1.45m |
| 15 #1230 Coffaro, Julia | Slippery Roc | J1.45m |
| 16 #173 Milne, Kalista | Charleston (| J1.45m |
| 17 #305 Abdussalaam, Nadiyah | Concord | 1.40m |
| 17 #813 Russell, Abby | Lynchburg | 1.40m |
| 19 #247 Guite, Sierra | Colby | J1.40m |
| 19 #1388 Filkoski, Emma | Virginia Tec | J1.40m |
| 21 #911 Melillo, Caroline | Moravian | 1.35m |
| 22 #1400 McKinley, Madeline | Virginia Tec | J1.35m |
| 22 #419 Collins, Emily | Denison | J1.35m |
| --- #1019 Weaver, Jocelyn | Ohio Wesleya | NH |

Women Pole Vault

| Name | School | Finals |
|------------------------------|--------------|--------|
| Finals | | |
| 1 #789 Bobst, Allison | Lynchburg | 3.50m |
| 2 #1126 Bender, Carissa | Shippensburg | J3.50m |
| 3 #665 Funk, Taylor | Kutztown | J3.50m |
| 4 #1281 Taylor, Allison | Slippery Roc | 3.35m |
| 5 #980 Coleman, Claire | Ohio Wesleya | J3.35m |
| 6 #1291 Zeiler, Hanna | Slippery Roc | J3.35m |
| 7 #673 McNamee, Marissa | Kutztown | 3.20m |
| 7 #1151 McNesby, Katie | Shippensburg | 3.20m |
| 9 #824 Weber, Cameron | Lynchburg | J3.20m |
| 10 #496 Mele, Emma | DeSales | J3.20m |
| 11 #977 Beck, Addie | Ohio Wesleya | 3.05m |
| 12 #822 Tonetti, Alyssa | Lynchburg | J3.05m |
| 13 #1016 Swihart, Celeste | Ohio Wesleya | 2.75m |
| 14 #427 Heller, Brooklyn | Denison | 2.60m |
| 15 #305 Abdussalaam, Nadiyah | Concord | 2.45m |
| --- #168 Mason, Amara | Charleston (| NH |
| --- #657 Davies, Myah | Kutztown | NH |

Women Long Jump

| Name | School | Finals |
|-------------------------------|--------------|------------|
| Finals | | |
| 1 #650 Beard, Delaney | Kutztown | 5.13m -1.0 |
| 2 #819 Smith, Kiara | Lynchburg | 5.05m -1.1 |
| 2 #899 Haefele, Ali | Moravian | 5.05m -0.4 |
| 4 #575 Schultz, Faith | Eastern Menn | 4.97m -2.8 |
| 5 #826 Wenger, Elizabeth | Lynchburg | 4.96m -2.0 |
| 5 #797 Fox, Margo | Lynchburg | 4.96m -2.0 |
| 7 #430 Jolivet, Anaya | Denison | 4.94m -2.0 |
| 8 #1097 Taylor, Jessica | Randolph | 4.92m -0.6 |
| 9 #489 Donmoyer, Mikailia | DeSales | 4.84m -1.9 |
| 9 #810 Parsons, Mahlia | Lynchburg | 4.84m -1.8 |
| 11 #666 Gianotti, Anna | Kutztown | 4.81m -0.5 |
| 12 #182 Vasileva, Stefani | Charleston (| 4.80m +0.0 |
| 13 #1096 Smith, Kendra | Randolph | 4.78m +0.0 |
| 14 #1505 Mosley, Tijjah | Virginia Wes | 4.74m -2.1 |
| 15 #567 David, Angel | Eastern Menn | 4.70m -0.2 |
| 16 #1230 Coffaro, Julia | Slippery Roc | 4.66m -3.1 |
| 17 #416 Brown, Sydney | Denison | 4.65m +0.0 |
| 18 #487 Crampton, Catherine | DeSales | 4.64m 0.7 |
| 19 #154 Cruz, Domenica | Charleston (| 4.63m +0.0 |
| 20 #101 Manu, Stephanie | Bluefield St | 4.61m +0.0 |
| 21 #1153 Moon-Rumsey, Kyli | Shippensburg | 4.58m +0.0 |
| 22 #1412 Williams, Mia | Virginia Tec | 4.56m -1.1 |
| 23 #898 Groff, Lexi | Moravian | 4.54m -1.1 |
| 24 #1008 Noel, Mila | Ohio Wesleya | 4.44m -0.2 |
| 24 #162 Huber, Mia | Charleston (| 4.44m -0.7 |
| 26 #1410 Waterman, Morgan | Virginia Tec | 4.38m -0.6 |
| 27 #1499 Hoggard, Lyric | Virginia Wes | 4.36m -0.1 |
| 28 #125 Dodge, Morgan | Bridgeport | 4.35m +0.0 |
| 29 #911 Melillo, Caroline | Moravian | 4.29m +0.0 |
| 30 #1022 Youngquist, Sarah | Ohio Wesleya | 4.18m -1.2 |
| 30 #616 Kelley, Emma | Ferrum | 4.18m -1.1 |
| 32 #330 Perry, Taylor | Concord | 4.12m -0.7 |
| 33 #611 Beverley, Airiana | Ferrum | 4.01m -0.3 |
| 34 #1399 Luedeke, Sarah | Virginia Tec | 3.91m -1.2 |
| --- #305 Abdussalaam, Nadiyah | Concord | FOUL |
| --- #166 Lemkus, Kayla | Charleston (| FOUL |
| --- #440 Sparks, Stefany | Denison | FOUL |
| --- #813 Russell, Abby | Lynchburg | FOUL |
| --- #498 Peller, Melissa | DeSales | FOUL |

Women Long Jump Championship

| Name | School | Finals |
|------------------------------|--------------|-------------|
| Finals | | |
| 1 #1143 Lee, Sasha | Shippensburg | 5.82m 1.0 |
| 2 #1150 Mckean, Sara | Shippensburg | 5.66m 0.6 |
| 3 #1225 Brozeski, Aleksandra | Slippery Roc | J5.66m 0.4 |
| 4 #577 Taylor, Ray Ray | Eastern Menn | 5.65m 0.4 |
| 5 #1238 Gilbert, Samantha | Slippery Roc | 5.47m +0.0 |
| 6 #804 Kelly, Kacey | Lynchburg | 5.35m 0.5 |
| 7 #1147 Marks, Ryleigh | Shippensburg | 5.26m +0.0 |
| 8 #1286 Williamson, Abigail | Slippery Roc | J5.26m -0.1 |
| 9 #1233 Davis, Cassidy | Slippery Roc | 5.25m +0.0 |

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Results

Finals ... (Women Long Jump Championship)

| Name | School | Finals |
|----------------------------|--------------|------------|
| 10 #105 Vadala, Raelyn | Bluefield St | 5.18m +0.0 |
| 11 #1411 Williams, Jessica | Virginia Tec | 5.13m +0.0 |
| 12 #1289 Wyatt, Autumn | Slippery Roc | 5.03m 0.2 |
| --- #677 Sienko, Kacie | Kutztown | FOUL |
| --- #1222 Blausler, Baylee | Slippery Roc | FOUL |

Women Triple Jump

| Name | School | Finals |
|-----------------------------|--------------|-------------|
| 1 #1412 Williams, Mia | Virginia Tec | 10.56m -1.0 |
| 2 #305 Abdussalaam, Nadiyah | Concord | 10.39m 0.4 |
| 3 #487 Crampton, Catherine | DeSales | 10.24m -3.1 |
| 4 #1224 Book, Katie | Slippery Roc | 9.96m -3.0 |
| 5 #166 Lemkus, Kayla | Charleston (| 9.95m +0.0 |
| 6 #1400 McKinley, Madeline | Virginia Tec | 9.93m -1.4 |
| 7 #173 Milne, Kalista | Charleston (| 9.90m -2.0 |
| 8 #489 Donmoyer, Mikailia | DeSales | 9.88m -1.7 |
| 9 #666 Gianotti, Anna | Kutztown | 9.78m -1.6 |
| 10 #1410 Waterman, Morgan | Virginia Tec | 9.71m -1.7 |
| --- #1096 Smith, Kendra | Randolph | FOUL |

Women Triple Jump Championship

| Name | School | Finals |
|--------------------------------|--------------|-------------|
| 1 #804 Kelly, Kacey | Lynchburg | 11.93m 0.4 |
| 2 #156 Delgado de Torres, Laur | Charleston (| 11.65m 0.6 |
| 3 #650 Beard, Delaney | Kutztown | 11.59m 0.8 |
| 4 #105 Vadala, Raelyn | Bluefield St | 11.32m 0.5 |
| 5 #1411 Williams, Jessica | Virginia Tec | 11.03m 0.5 |
| 6 #1222 Blausler, Baylee | Slippery Roc | 11.02m -0.2 |
| 7 #182 Vasileva, Stefani | Charleston (| 11.00m 0.7 |
| 8 #899 Haeefe, Ali | Moravian | 10.89m 0.3 |
| 9 #1223 Bogia, Alice | Slippery Roc | 10.84m 0.7 |
| 10 #1225 Brozeski, Aleksandra | Slippery Roc | 10.78m 0.3 |
| 11 #810 Parsons, Mahlia | Lynchburg | 10.72m 0.2 |
| 12 #819 Smith, Kiara | Lynchburg | 10.63m 0.2 |
| 13 #1289 Wyatt, Autumn | Slippery Roc | 10.62m 0.2 |
| 14 #1286 Williamson, Abigail | Slippery Roc | 10.60m 0.1 |

Women Shot Put

| Name | School | Finals |
|---------------------------|--------------|--------|
| 1 #1243 Heckman, Olivia | Slippery Roc | 13.77m |
| 2 #1273 Schneck, Savannah | Slippery Roc | 12.76m |
| 3 #1258 Martin, Rebecca | Slippery Roc | 12.25m |
| 4 #1165 Simmons, ShanAnn | Shippensburg | 12.24m |
| 5 #438 Silverman, Kylee | Denison | 11.69m |
| 6 #170 McKinney, Abby | Charleston (| 11.58m |
| 7 #786 Babbs, Logan | Lynchburg | 11.45m |
| 8 #1132 Decker, Makalya | Shippensburg | 11.28m |
| 9 #1008 Noel, Mila | Ohio Wesleya | 11.23m |
| 10 #820 Swicegood, Kenzie | Lynchburg | 11.20m |
| 11 #103 Pickerd, Caely | Bluefield St | 11.19m |
| 12 #423 Flores, Sydney | Denison | 11.07m |

| | | |
|------------------------------|--------------|--------|
| 13 #986 Dreschel, Phoebe | Ohio Wesleya | 10.98m |
| 14 #1511 Tucker, Daryl | Virginia Wes | 10.80m |
| 15 #926 Woodring, Mikayla | Moravian | 10.67m |
| 16 #1144 Love, Kyra | Shippensburg | 10.67m |
| 17 #153 Crowder, Mallory | Charleston (| 10.63m |
| 18 #918 Peykar, Arin | Moravian | 10.52m |
| 19 #1085 Alling, Kiersten | Randolph | 10.41m |
| 20 #988 Eusey, Alexis | Ohio Wesleya | 10.28m |
| 21 #175 Nilsson, Ella | Charleston (| 10.19m |
| 22 #989 Hall, Emma | Ohio Wesleya | 10.14m |
| 23 #337 Wallace, Abby | Concord | 10.12m |
| 24 #1278 Stewart, Autumn | Slippery Roc | 9.88m |
| 25 #1125 Bellows, Lauren | Shippensburg | 9.53m |
| 26 #1495 Durand, Zantia | Virginia Wes | 9.49m |
| 27 #1155 Ogden, Madison | Shippensburg | 9.43m |
| 28 #247 Guite, Sierra | Colby | 9.42m |
| 29 #1389 Fisher, Shannon | Virginia Tec | 9.41m |
| 30 #317 Humphrey, Abby | Concord | 9.09m |
| 31 #67 Johnson, Da'Janeaia | Averett | 9.08m |
| 32 #332 Poticher, Meagan | Concord | 8.98m |
| 33 #7 Giuliano, Mikayla | Alvernia | 8.41m |
| 34 #421 Drost, Mariel | Denison | 8.21m |
| 35 #128 Hershberger, Faith | Bridgeport | 7.93m |
| 36 #21 Skulski, Maria | Alvernia | 7.81m |
| 37 #1013 Sadd, Lia | Ohio Wesleya | 7.81m |
| 38 #305 Abdussalaam, Nadiyah | Concord | 7.76m |
| 39 #1089 Foreman, Nevaeh | Randolph | 7.61m |
| 40 #1504 Mitchell, Jaiden | Virginia Wes | 7.57m |
| 41 #1492 DeLawrence, Corinne | Virginia Wes | 6.48m |
| 42 #60 Chavis, De'Aijah | Averett | 6.08m |

Women Discus Throw

| Name | School | Finals |
|---------------------------|--------------|--------|
| 1 #1359 Mojica, Sofia | Unat-Liberty | 44.69m |
| 2 #1251 Jolayemi, Tiffany | Slippery Roc | 39.52m |
| 3 #920 Rayne, Margie | Moravian | 38.74m |
| 4 #1132 Decker, Makalya | Shippensburg | 38.46m |
| 5 #1165 Simmons, ShanAnn | Shippensburg | 37.39m |
| 6 #982 Davis, Emily | Ohio Wesleya | 37.18m |
| 7 #1258 Martin, Rebecca | Slippery Roc | 36.04m |
| 8 #423 Flores, Sydney | Denison | 35.63m |
| 9 #1125 Bellows, Lauren | Shippensburg | 34.62m |
| 10 #1275 Skiba, Reese | Slippery Roc | 34.43m |
| 11 #786 Babbs, Logan | Lynchburg | 34.34m |
| 12 #438 Silverman, Kylee | Denison | 33.64m |
| 13 #1127 Bennett, Carly | Shippensburg | 33.59m |
| 14 #1085 Alling, Kiersten | Randolph | 33.33m |
| 15 #1389 Fisher, Shannon | Virginia Tec | 33.09m |
| 16 #97 Green, Olivia | Bluefield St | 32.66m |
| 17 #1144 Love, Kyra | Shippensburg | 31.89m |
| 18 #1237 Domagala, Haley | Slippery Roc | 31.32m |
| 19 #436 Pollack, Amy | Denison | 30.22m |
| 20 #1511 Tucker, Daryl | Virginia Wes | 30.16m |
| 21 #820 Swicegood, Kenzie | Lynchburg | 29.92m |
| 22 #889 Adams, Heather | Moravian | 29.91m |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Women Discus Throw)

| Name | School | Finals |
|----------------------------|--------------|--------|
| 23 #791 Brainard, Madeline | Lynchburg | 29.81m |
| 24 #153 Crowder, Mallory | Charleston (| 29.66m |
| 25 #421 Drost, Mariel | Denison | 29.10m |
| 26 #988 Eusey, Alexis | Ohio Wesleya | 29.03m |
| 27 #1155 Ogden, Madison | Shippensburg | 28.87m |
| 28 #504 Salzmann, Rita | DeSales | 28.14m |
| 29 #337 Wallace, Abby | Concord | 27.73m |
| 30 #332 Poticher, Meagan | Concord | 27.71m |
| 31 #103 Pickerd, Caely | Bluefield St | 27.30m |
| 32 #63 Garner, Olivia | Averett | 27.25m |
| 33 #989 Hall, Emma | Ohio Wesleya | 27.13m |
| 34 #495 Manidis, Sophia | DeSales | 26.89m |
| 35 #907 Marso, Skylar | Moravian | 26.82m |
| 36 #306 Abrell, Jasmine | Concord | 26.04m |
| 37 #812 Rucker, Kya | Lynchburg | 25.95m |
| 38 #15 Lesko, Isabella | Alvernia | 25.56m |
| 39 #67 Johnson, Da'Janeaia | Averett | 24.65m |
| 40 #21 Skulski, Maria | Alvernia | 23.88m |
| 41 #317 Humphrey, Abby | Concord | 23.03m |
| 42 #70 Pate, Natija | Averett | 22.07m |
| 43 #1089 Foreman, Nevaeh | Randolph | 21.13m |

Women Hammer Throw

| Name | School | Finals |
|----------------------------|--------------|--------|
| 1 #1251 Jolayemi, Tiffany | Slippery Roc | 49.43m |
| 2 #170 McKinney, Abby | Charleston (| 46.95m |
| 3 #438 Silverman, Kylee | Denison | 44.48m |
| 4 #786 Babbs, Logan | Lynchburg | 44.25m |
| 5 #436 Pollack, Amy | Denison | 44.10m |
| 6 #175 Nilsson, Ella | Charleston (| 43.40m |
| 7 #1273 Schneck, Savannah | Slippery Roc | 43.07m |
| 8 #894 Fish, Caillie | Moravian | 41.29m |
| 9 #1278 Stewart, Autumn | Slippery Roc | 40.36m |
| 10 #1125 Bellows, Lauren | Shippensburg | 39.81m |
| 11 #1085 Alling, Kiersten | Randolph | 38.54m |
| 12 #1258 Martin, Rebecca | Slippery Roc | 38.30m |
| 13 #1511 Tucker, Daryl | Virginia Wes | 37.72m |
| 14 #1132 Decker, Makalya | Shippensburg | 37.61m |
| 15 #1165 Simmons, ShanAnn | Shippensburg | 37.20m |
| 16 #791 Brainard, Madeline | Lynchburg | 36.99m |
| 17 #788 Blanks, Tamara | Lynchburg | 35.99m |
| 18 #989 Hall, Emma | Ohio Wesleya | 35.45m |
| 19 #914 Miskovsky, Liz | Moravian | 33.25m |
| 20 #812 Rucker, Kya | Lynchburg | 32.54m |
| 21 #72 Tiittanen, Lotta | Averett | 32.35m |
| 22 #67 Johnson, Da'Janeaia | Averett | 32.01m |
| 23 #1237 Domagala, Haley | Slippery Roc | 31.27m |
| 24 #495 Manidis, Sophia | DeSales | 30.95m |
| 25 #1144 Love, Kyra | Shippensburg | 30.56m |
| 26 #7 Giuliano, Mikayla | Alvernia | 30.48m |
| 27 #421 Drost, Mariel | Denison | 29.64m |
| 28 #1275 Skiba, Reese | Slippery Roc | 29.61m |
| 29 #332 Poticher, Meagan | Concord | 29.24m |

| | | |
|------------------------------|--------------|--------|
| 30 #986 Dreschel, Phoebe | Ohio Wesleya | 28.83m |
| 31 #803 Johnson, Kennedy | Lynchburg | 28.64m |
| 32 #1155 Ogden, Madison | Shippensburg | 27.77m |
| 33 #337 Wallace, Abby | Concord | 27.75m |
| 34 #1089 Foreman, Nevaeh | Randolph | 26.50m |
| 35 #982 Davis, Emily | Ohio Wesleya | 26.04m |
| 36 #1008 Noel, Mila | Ohio Wesleya | 25.64m |
| 37 #1492 DeLawrence, Corinne | Virginia Wes | 19.95m |
| 38 #128 Hershberger, Faith | Bridgeport | 16.91m |
| --- #925 Vashey, Kara | Moravian | FOUL |
| --- #153 Crowder, Mallory | Charleston (| FOUL |
| --- #1159 Reasoner, Abby | Shippensburg | FOUL |
| --- #1007 Nagy, Elizabeth | Ohio Wesleya | FOUL |

Women Javelin Throw

| Name | School | Finals |
|------------------------------|--------------|--------|
| 1 #1130 Cassner, Hannah | Shippensburg | 43.50m |
| 2 #1220 Bartoletti, Isabella | Slippery Roc | 42.57m |
| 3 #1159 Reasoner, Abby | Shippensburg | 41.82m |
| 4 #1146 Mancino, Catherine | Shippensburg | 36.73m |
| 5 #1164 Sieg, Madison | Shippensburg | 36.40m |
| 6 #1154 Nye, Brittany | Shippensburg | 36.02m |
| 7 #1158 Pugge, Nicola | Shippensburg | 35.32m |
| 8 #1287 Wolter, Madylin | Slippery Roc | 34.99m |
| 9 #173 Milne, Kalista | Charleston (| 33.25m |
| 10 #64 Gonzalez, Carlota | Averett | 33.15m |
| 11 #986 Dreschel, Phoebe | Ohio Wesleya | 32.98m |
| 12 #893 Donovan, Vicky | Moravian | 32.80m |
| 13 #1141 Keefer, Alexis | Shippensburg | 31.62m |
| 14 #15 Lesko, Isabella | Alvernia | 31.18m |
| 15 #1127 Bennett, Carly | Shippensburg | 28.65m |
| 16 #1157 Patterson, Tess | Shippensburg | 28.45m |
| 17 #1282 Tokar, Eva | Slippery Roc | 27.83m |
| 18 #1014 Siegel, Marissa | Ohio Wesleya | 27.76m |
| 19 #1019 Weaver, Jocelyn | Ohio Wesleya | 27.75m |
| 20 #997 Jolliff, Hazel | Ohio Wesleya | 27.59m |
| 21 #1489 Ciano, Norah | Virginia Wes | 26.28m |
| 22 #1495 Durand, Zantia | Virginia Wes | 26.01m |
| 23 #332 Poticher, Meagan | Concord | 25.90m |
| 24 #1389 Fisher, Shannon | Virginia Tec | 25.34m |
| 25 #1411 Williams, Jessica | Virginia Tec | 24.86m |
| 26 #168 Mason, Amara | Charleston (| 24.81m |
| 27 #1504 Mitchell, Jaiden | Virginia Wes | 24.70m |
| 28 #325 Mills, Aliana | Concord | 24.45m |
| 29 #1392 Heide, Nele | Virginia Tec | 24.13m |
| 30 #97 Green, Oliviah | Bluefield St | 22.23m |
| 31 #247 Guite, Sierra | Colby | 21.18m |
| 32 #14 Kollock, Elizabeth | Alvernia | 20.78m |
| 33 #125 Dodge, Morgan | Bridgeport | 20.72m |
| 34 #305 Abdussalaam, Nadiyah | Concord | 20.63m |
| 35 #1085 Alling, Kiersten | Randolph | 18.00m |
| 36 #63 Garner, Olivia | Averett | 17.67m |
| 37 #70 Pate, Natija | Averett | 15.97m |
| --- #306 Abrell, Jasmine | Concord | FOUL |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Men 100 Meter Dash

| | Name | School | Finals |
|---------------|--------------------------|--------------|------------|
| Finals | | | |
| 1 | #1352 Virata, AJ | Slippery Roc | 10.76 0.1 |
| 2 | #691 Fellin, Michael | Kutztown | 10.79 0.1 |
| 3 | #1217 Whittle, Maurice | Shippensburg | 10.89 0.1 |
| 4 | #1200 Kirk, Eric | Shippensburg | 10.92 0.1 |
| 5 | #85 Evans, Zaiyon | Averett | 10.95 0.1 |
| 6 | #860 Jones, Jaylen | Lynchburg | 10.96 0.1 |
| 7 | #286 Hood-Simeon, Terrel | Colby | 11.01 -0.1 |
| 8 | #951 McKay, Javon | Moravian | 11.04 0.1 |
| 9 | #510 Berner, Logan | DeSales | 11.06 -2.0 |
| 10 | #602 Morgan, Damon | Eastern Menn | 11.15 -2.0 |
| 11 | #622 Blackburn, Jamaari | Ferrum | 11.20 -2.0 |
| 12 | #939 Gray, Trevor | Moravian | 11.22 0.1 |
| 13 | #1106 Edwards, Jordan | Randolph | 11.22 -1.4 |
| 14 | #218 Parsons, Zachary | Charleston (| 11.23 -1.4 |
| 15 | #933 Fenstermaker, Jacob | Moravian | 11.25 -0.1 |
| 16 | #859 Jacobs, Zachary | Lynchburg | 11.27 -2.0 |
| 17 | #53 Short, Jack | Alvernia | 11.30 -1.4 |
| 18 | #1023 Adade, Joel | Ohio Wesleya | 11.33 -1.4 |
| 19 | #638 McPherson, DaMauri | Ferrum | 11.36 -2.0 |
| 20 | #1047 Liggett, Dylan | Ohio Wesleya | 11.37 -0.1 |
| 21 | #839 Cooley, Michael | Lynchburg | 11.38 -0.6 |
| 22 | #204 Holness, Omar | Charleston (| 11.38 -2.0 |
| 23 | #186 Alston, Cleadieais | Charleston (| 11.39 -2.0 |
| 24 | #355 Harris, Bradley | Concord | 11.42 -2.5 |
| 25 | #54 St. Pierre, Luke | Alvernia | 11.43 -2.0 |
| 25 | #1206 Quarterman, Herb | Shippensburg | 11.43 -1.4 |
| 27 | #1435 Gatenby, Ryder | Virginia Tec | 11.48 -0.1 |
| 28 | #112 Isaacs, Joey | Bluefield St | 11.49 -2.0 |
| 29 | #298 Riley, Henry | Colby | 11.50 0.9 |
| 30 | #75 Andrews, Nickolas | Averett | 11.50 -2.5 |
| 31 | #1031 Donley, Zach | Ohio Wesleya | 11.50 0.5 |
| 32 | #1059 Simpkins, Elias | Ohio Wesleya | 11.51 -0.1 |
| 33 | #1026 Bila, Joaquim | Ohio Wesleya | 11.53 -0.1 |
| 34 | #606 Thompson, Tyler | Eastern Menn | 11.53 0.9 |
| 35 | #864 Lacey, Jaidyn | Lynchburg | 11.55 0.9 |
| 36 | #880 Raya, Nekolas | Lynchburg | 11.56 -2.0 |
| 36 | #447 Branch, Jarius | Denison | 11.56 -2.0 |
| 38 | #220 Salgado, Alejandro | Charleston (| 11.58 -2.5 |
| 39 | #40 Jerome, Elisiah | Alvernia | 11.61 -0.5 |
| 40 | #352 Gardner, Ian | Concord | 11.62 -2.0 |
| 41 | #1528 Jacobs, Julius | Virginia Wes | 11.69 -2.5 |
| 42 | #83 Donald, Ladanian | Averett | 11.69 -2.1 |
| 43 | #1103 Calloway, Xavier | Randolph | 11.70 -2.5 |
| 44 | #1538 Smith, Da'Quan | Virginia Wes | 11.71 -1.5 |
| 45 | #539 Phoenix, Xavier | DeSales | 11.71 0.9 |
| 46 | #1536 Raynor, Aaron | Virginia Wes | 11.75 -2.5 |
| 47 | #1513 Allen, Ahmik | Virginia Wes | 11.77 -2.5 |
| 48 | #881 Richardson, Keith | Lynchburg | 11.78 -1.7 |
| 49 | #1431 Duncan, Kadir | Virginia Tec | 11.80 -1.5 |
| 50 | #1108 Hunter, Gary | Randolph | 11.81 -1.5 |
| 51 | #1114 Patten, Jayden | Randolph | 11.81 0.5 |
| 52 | #512 Cabany, George | DeSales | 11.82 -0.5 |

| | | | |
|----|-----------------------------|--------------|------------|
| 53 | #90 Owens, Jamahrie | Averett | 11.85 -0.5 |
| 54 | #1423 Coates, Tristan | Virginia Tec | 11.87 -1.7 |
| 55 | #1292 Adams, Cade | Slippery Roc | 11.87 -1.7 |
| 56 | #1329 Malawi, Darien | Slippery Roc | 11.88 0.5 |
| 57 | #224 Smith, Damian | Charleston (| 11.92 -2.1 |
| 58 | #1034 Good, Trey | Ohio Wesleya | 11.92 0.9 |
| 59 | #546 Simak, Weston | DeSales | 11.94 -0.5 |
| 60 | #630 Greene, Na-Shawn | Ferrum | 11.94 -1.7 |
| 61 | #528 Guthier, Bryce | DeSales | 12.01 -1.7 |
| 62 | #1518 Crosswell, Domenic | Virginia Wes | 12.05 -1.7 |
| 63 | #641 Pineiro, Alberto | Ferrum | 12.06 -1.5 |
| 64 | #587 Gonzalez-Santiago, Jow | Eastern Menn | 12.08 -2.1 |
| 65 | #111 Green, Jacorian | Bluefield St | 12.10 -2.1 |
| 66 | #937 Gartner, Jason | Moravian | 12.13 -0.5 |
| 67 | #1454 Malone, Josiah | Virginia Tec | 12.15 -1.3 |
| 68 | #349 Covington, Ryan | Concord | 12.16 -1.3 |
| 69 | #443 Aboyade-Cole, Akindele | Denison | 12.17 -0.5 |
| 70 | #1066 Theobald, Trey | Ohio Wesleya | 12.21 -1.5 |
| 71 | #227 Sterner, Joshua | Charleston (| 12.23 -0.6 |
| 72 | #1544 Johnson, Isaiah | Virginia-Lyn | 12.35 -1.3 |
| 73 | #1483 Zrajevsky, Roman | Virginia Tec | 12.37 -1.5 |
| 74 | #1438 Gobell, Grant | Virginia Tec | 12.38 -0.5 |
| 75 | #1450 Lee, Kevin | Virginia Tec | 12.40 0.5 |
| 76 | #1474 Shao, Luke | Virginia Tec | 12.47 -1.7 |
| 77 | #77 Baker, Dakarai | Averett | 12.56 0.5 |
| 78 | #475 Spino, Jason | Denison | 12.61 -1.3 |
| 79 | #1480 Tran, Douglas | Virginia Tec | 12.61 -1.3 |
| 80 | #1522 Fields, Daemon | Virginia Wes | 12.73 -2.1 |
| 81 | #1444 Hoey, Brady | Virginia Tec | 12.78 -2.1 |
| 82 | #223 Skull, Braxten | Charleston (| 13.15 -2.1 |
| 83 | #1469 Salas, Marcos | Virginia Tec | 13.28 -0.6 |
| 84 | #1030 Dobrianskyi, Stepan | Ohio Wesleya | 13.45 -0.6 |
| 85 | #560 Wolff, Nicholas | DeSales | 13.48 -0.6 |
| 86 | #1427 Crawley, Christian | Virginia Tec | 13.61 -2.1 |

Men 200 Meter Dash

| | Name | School | Finals |
|---------------|------------------------|--------------|------------|
| Finals | | | |
| 1 | #1352 Virata, AJ | Slippery Roc | 21.37 1.8 |
| 2 | #631 Hamm, Michael | Ferrum | 21.50 1.8 |
| 3 | #860 Jones, Jaylen | Lynchburg | 21.72 1.8 |
| 4 | #85 Evans, Zaiyon | Averett | 21.96 1.8 |
| 5 | #205 Hunkele, Colin | Charleston (| 22.04 1.8 |
| 6 | #602 Morgan, Damon | Eastern Menn | 22.04 1.8 |
| 7 | #523 Dunbar, Kyle | DeSales | 22.06 -1.9 |
| 8 | #351 Foddrell, Jaidyn | Concord | 22.13 -1.3 |
| 9 | #456 Epps, Jaylin | Denison | 22.22 -0.5 |
| 10 | #859 Jacobs, Zachary | Lynchburg | 22.42 1.8 |
| 11 | #1106 Edwards, Jordan | Randolph | 22.44 -1.3 |
| 12 | #863 Kwakye, Gabriel | Lynchburg | 22.45 -0.5 |
| 13 | #355 Harris, Bradley | Concord | 22.48 -1.0 |
| 14 | #951 McKay, Javon | Moravian | 22.55 -0.8 |
| 15 | #1206 Quarterman, Herb | Shippensburg | 22.59 -0.5 |
| 16 | #34 Downs, Anthony | Alvernia | 22.63 -1.0 |
| 17 | #880 Raya, Nekolas | Lynchburg | 22.66 1.8 |
| 18 | #939 Gray, Trevor | Moravian | 22.67 -1.3 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men 200 Meter Dash)

| Name | School | Finals |
|-----------------------------|--------------|------------|
| 19 #54 St. Pierre, Luke | Alvernia | 22.68 -1.3 |
| 20 #204 Holness, Omar | Charleston (| 22.70 -1.3 |
| 21 #622 Blackburn, Jamaari | Ferrum | 22.77 -0.5 |
| 22 #352 Gardner, Ian | Concord | 22.82 -0.5 |
| 23 #220 Salgado, Alejandro | Charleston (| 22.84 NWI |
| 24 #1309 Good, Micah | Slippery Roc | 22.87 -0.8 |
| 25 #1316 Huha, Trey | Slippery Roc | 22.87 -1.0 |
| 26 #1023 Adade, Joel | Ohio Wesleya | 22.87 -1.3 |
| 27 #642 Roberts, Francis | Ferrum | 22.90 -3.9 |
| 28 #510 Berner, Logan | DeSales | 22.92 -1.7 |
| 29 #185 Agrizzi, Roberto | Charleston (| 22.94 -0.5 |
| 30 #853 Hodnett, Jacob | Lynchburg | 22.95 -1.0 |
| 31 #1513 Allen, Ahmik | Virginia Wes | 22.99 -1.0 |
| 32 #1332 Morosky, Tyler | Slippery Roc | 23.01 NWI |
| 33 #638 McPherson, DaMauri | Ferrum | 23.02 -3.9 |
| 34 #688 Cavalcante, Joe | Kutztown | 23.10 NWI |
| 35 #1420 Campbell, Chatham | Virginia Tec | 23.12 NWI |
| 36 #1205 Murphy, Ryan | Shippensburg | 23.13 -0.8 |
| 37 #218 Parsons, Zachary | Charleston (| 23.15 NWI |
| 38 #533 Marsh, Colin | DeSales | 23.15 0.2 |
| 39 #1047 Liggett, Dylan | Ohio Wesleya | 23.17 -1.7 |
| 40 #1351 Uher, Jeremy | Slippery Roc | 23.19 -0.8 |
| 41 #186 Alston, Cleadieais | Charleston (| 23.26 NWI |
| 42 #112 Isaacs, Joey | Bluefield St | 23.27 NWI |
| 43 #1551 Jeovaghni, Daniel | Shippensburg | 23.30 -3.9 |
| 44 #299 Silberman, John | Colby | 23.30 -1.9 |
| 45 #473 Skolnik, Ari | Denison | 23.31 -0.8 |
| 46 #592 Kerr, Joseph | Eastern Menn | 23.32 -1.9 |
| 47 #83 Donald, Ladanian | Averett | 23.39 -1.9 |
| 48 #1451 Lopez, Philip | Virginia Tec | 23.40 -1.3 |
| 49 #447 Branch, Jarius | Denison | 23.44 0.2 |
| 50 #1024 Bauer, Jacob | Ohio Wesleya | 23.45 -1.7 |
| 51 #933 Fenstermaker, Jacob | Moravian | 23.52 -1.9 |
| 52 #1538 Smith, Da'Quan | Virginia Wes | 23.53 -1.7 |
| 53 #1026 Bila, Joaquim | Ohio Wesleya | 23.55 -1.0 |
| 53 #139 Coles, Damian | Bridgeport | 23.55 -1.9 |
| 55 #1059 Simpkins, Elias | Ohio Wesleya | 23.57 0.2 |
| 56 #1518 Crosswell, Domenic | Virginia Wes | 23.65 -1.7 |
| 57 #1296 Campbell, Ian | Slippery Roc | 23.70 -0.8 |
| 58 #75 Andrews, Nickolas | Averett | 23.73 NWI |
| 59 #1421 Cheung, Chevy | Virginia Tec | 23.74 0.2 |
| 60 #1305 Dworek, Bryan | Slippery Roc | 23.75 -0.5 |
| 61 #227 Sterner, Joshua | Charleston (| 23.77 0.2 |
| 62 #1306 Eggleston, Vinson | Slippery Roc | 23.80 -1.9 |
| 63 #1103 Calloway, Xavier | Randolph | 23.84 0.2 |
| 64 #90 Owens, Jamahrie | Averett | 23.93 NWI |
| 65 #1431 Duncan, Kadir | Virginia Tec | 23.94 -1.7 |
| 66 #861 Koenig, Logan | Lynchburg | 24.06 -1.7 |
| 67 #471 Quinlan, Liam | Denison | 24.08 -3.9 |
| 68 #1108 Hunter, Gary | Randolph | 24.14 0.2 |
| 69 #1066 Theobald, Trey | Ohio Wesleya | 24.36 NWI |
| 70 #1099 Arnold, Jackson | Randolph | 24.58 -1.2 |
| 71 #1175 Bankert, Noah | Shippensburg | 24.63 -0.8 |
| 72 #111 Green, Jacorian | Bluefield St | 24.73 -4.1 |

| | | |
|----------------------------------|--------------|------------|
| 73 #930 De Los Santos Suriel, D. | Moravian | 24.86 NWI |
| 74 #1516 Burton, Wesley | Virginia Wes | 24.88 -1.2 |
| 75 #344 Bhebbe, Prince | Concord | 24.98 NWI |
| 76 #1483 Zrajevsky, Roman | Virginia Tec | 25.04 -3.9 |
| 77 #349 Covington, Ryan | Concord | 25.11 -1.2 |
| 78 #1438 Gobell, Grant | Virginia Tec | 25.23 NWI |
| 79 #443 Aboyade-Cole, Akindele | Denison | 25.25 NWI |
| 80 #1416 Balcom, Connor | Virginia Tec | 25.28 -1.2 |
| 81 #1041 Jalloh, AJ | Ohio Wesleya | 25.29 -1.2 |
| 82 #350 Coy, Jacob | Concord | 25.53 -4.1 |
| 83 #1480 Tran, Douglas | Virginia Tec | 25.83 -1.2 |
| 84 #1522 Fields, Daemon | Virginia Wes | 25.90 -4.1 |
| 85 #624 Bublitz, Benjamin | Ferrum | 25.97 -1.2 |
| 86 #80 Coston Jr., Jermaine | Averett | 26.46 -3.9 |
| 87 #1425 Cornwell, Emerson | Virginia Tec | 26.91 -4.1 |
| 88 #1469 Salas, Marcos | Virginia Tec | 27.10 -4.1 |
| 89 #1030 Dobrianskyi, Stepan | Ohio Wesleya | 27.41 -3.9 |
| 90 #1461 Olivieri, Andrew | Virginia Tec | 29.22 -4.1 |
| 91 #364 Laxton, William | Concord | 31.04 -4.1 |

Men 400 Meter Dash

| Name | School | Finals |
|----------------------------|--------------|--------|
| Finals | | |
| 1 #1120 West, Eric | Randolph | 48.48 |
| 2 #631 Hamm, Michael | Ferrum | 48.71 |
| 3 #1199 Kearney, Jak | Shippensburg | 48.73 |
| 4 #205 Hunkele, Colin | Charleston (| 48.78 |
| 5 #206 Huysmans, Timber | Charleston (| 48.88 |
| 6 #853 Hodnett, Jacob | Lynchburg | 49.25 |
| 7 #197 De Raedt, Bram | Charleston (| 49.37 |
| 8 #1338 Rauchut, Kyle | Slippery Roc | 49.47 |
| 9 #863 Kwakye, Gabriel | Lynchburg | 49.74 |
| 10 #200 Garrett, Michael | Charleston (| 49.78 |
| 11 #1309 Good, Micah | Slippery Roc | 50.01 |
| 12 #642 Roberts, Francis | Ferrum | 50.06 |
| 13 #469 Patterson, Pierce | Denison | 50.12 |
| 14 #1320 Johnson, Kadin | Slippery Roc | 50.24 |
| 15 #592 Kerr, Joseph | Eastern Menn | 50.39 |
| 16 #351 Foddrell, Jaidyn | Concord | 50.40 |
| 17 #287 Kadambi, Raghav | Colby | 50.53 |
| 18 #688 Cavalcante, Joe | Kutztown | 50.63 |
| 19 #1107 Humes, Christian | Randolph | 50.66 |
| 20 #1363 Dennis, Micah | Unattached | 50.79 |
| 21 #1351 Uher, Jeremy | Slippery Roc | 50.99 |
| 22 #1316 Huha, Trey | Slippery Roc | 51.07 |
| 23 #635 Lawson, Deontae | Ferrum | 51.14 |
| 24 #1024 Bauer, Jacob | Ohio Wesleya | 51.24 |
| 25 #1111 Lambert, Colby | Randolph | 51.28 |
| 26 #1296 Campbell, Ian | Slippery Roc | 51.46 |
| 27 #717 Wrigley, Steele | Kutztown | 51.50 |
| 28 #533 Marsh, Colin | DeSales | 51.57 |
| 29 #1053 Myers, Mason | Ohio Wesleya | 51.62 |
| 30 #1536 Raynor, Aaron | Virginia Wes | 51.70 |
| 31 #1213 Townsend, Quinton | Shippensburg | 51.77 |
| 32 #299 Silberman, John | Colby | 51.98 |
| 33 #1306 Eggleston, Vinson | Slippery Roc | 52.13 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men 400 Meter Dash)

| Name | School | Finals |
|---------------------------------|--------------|---------|
| 34 #93 Smith, Ke'vannio | Averett | 52.17 |
| 35 #880 Raya, Nekolas | Lynchburg | 52.23 |
| 36 #1451 Lopez, Philip | Virginia Tec | 52.34 |
| 37 #139 Coles, Damian | Bridgeport | 52.34 |
| 38 #1332 Morosky, Tyler | Slippery Roc | 52.40 |
| 39 #472 Rideout, Jason | Denison | 52.49 |
| 40 #588 Hunter, Bryson | Eastern Menn | 52.77 |
| 41 #1421 Cheung, Chevy | Virginia Tec | 53.03 |
| 42 #861 Koenig, Logan | Lynchburg | 53.36 |
| 43 #1048 Marzulli, Jacob | Ohio Wesleya | 53.67 |
| 44 #930 De Los Santos Suriel, D | Moravian | 53.67 |
| 45 #644 Shaffer, Seth | Ferrum | 53.96 |
| 46 #1347 Thomas, Gavin | Slippery Roc | 54.17 |
| 47 #1063 Stoller, Alex | Ohio Wesleya | 54.18 |
| 48 #407 Shirley, Walker | Davis & Elki | 54.45 |
| 49 #290 Lyon, Alex | Colby | 54.50 |
| 50 #1416 Balcom, Connor | Virginia Tec | 54.64 |
| 51 #350 Coy, Jacob | Concord | 54.68 |
| 52 #1046 Leck, Simon | Ohio Wesleya | 54.75 |
| 53 #344 Bhebhe, Prince | Concord | 55.52 |
| 54 #78 Brown, Christopher | Averett | 55.78 |
| 55 #624 Bublitz, Benjamin | Ferrum | 56.97 |
| 56 #1425 Cornwell, Emerson | Virginia Tec | 59.70 |
| 57 #364 Laxton, William | Concord | 1:04.81 |

Men 800 Meter Run

| Name | School | Finals |
|-----------------------------|--------------|---------|
| 1 #229 Thiel, Warren | Charleston (| 1:51.41 |
| 2 #1193 Hensinger, Chase | Shippensburg | 1:51.78 |
| 3 #400 Gibson, Jackson | Davis & Elki | 1:53.95 |
| 4 #1182 Crum, Tommy | Shippensburg | 1:54.56 |
| 5 #869 Mantooth, Jamison | Lynchburg | 1:54.76 |
| 6 #276 Coelho, Jackson | Colby | 1:55.15 |
| 7 #405 Rasco, Ryan | Davis & Elki | 1:55.47 |
| 8 #217 O'Leary, Aidan | Charleston (| 1:56.45 |
| 9 #1333 Navaroli, Devon | Slippery Roc | 1:56.50 |
| 10 #404 Mckenna, Carter | Davis & Elki | 1:56.81 |
| 11 #934 Frank, Casey | Moravian | 1:56.83 |
| 12 #1300 Corbitt, Ryan | Slippery Roc | 1:56.88 |
| 13 #396 Allison, Konnor | Davis & Elki | 1:56.89 |
| 14 #887 White, Randy | Lynchburg | 1:57.06 |
| 15 #399 Gibson, Cooper | Davis & Elki | 1:57.15 |
| 16 #1315 Hoffman, Brady | Slippery Roc | 1:57.34 |
| 17 #844 Diemoz, Luke | Lynchburg | 1:57.45 |
| 18 #929 Betyeman, Logan | Moravian | 1:57.50 |
| 19 #872 Miller, Daniel | Lynchburg | 1:57.58 |
| 20 #1216 Wellock, Brennan | Shippensburg | 1:57.63 |
| 21 #944 Kerchner, Bryan | Moravian | 1:57.82 |
| 22 #946 Kleinberg, Geoffrey | Moravian | 1:58.14 |
| 23 #1297 Cintavey, Joey | Slippery Roc | 1:58.28 |
| 24 #409 Swiger, Slate | Davis & Elki | 1:58.36 |
| 25 #1190 Gutekunst, Jackson | Shippensburg | 1:59.01 |
| 26 #403 Lucas, Martin | Davis & Elki | 1:59.23 |

| | | |
|--------------------------------|--------------|---------|
| 27 #509 Artis, Shane | DeSales | 1:59.42 |
| 28 #190 Bradford, Anthony | Charleston (| 1:59.47 |
| 29 #694 Habalar, Port | Kutztown | 1:59.54 |
| 30 #375 Watty, Alex | Concord | 1:59.57 |
| 31 #451 Cunningham, Will | Denison | 1:59.97 |
| 32 #538 Phillippy, Ben | DeSales | 2:00.15 |
| 33 #1482 Yakulis, Samuel | Virginia Tec | 2:00.42 |
| 34 #1417 Bennett, Andrew | Virginia Tec | 2:00.59 |
| 35 #452 Cyr, Noah | Denison | 2:00.96 |
| 36 #374 Ward, Braden | Concord | 2:01.52 |
| 37 #56 Wendel, Zackary | Alvernia | 2:01.56 |
| 38 #1174 Baker, Kyle | Shippensburg | 2:01.57 |
| 39 #1440 Green, Vishal | Virginia Tec | 2:01.69 |
| 40 #936 Gagner, Jordan | Moravian | 2:01.87 |
| 41 #285 Graubart, Sam | Colby | 2:02.09 |
| 42 #1446 Kenny, Sean | Virginia Tec | 2:02.67 |
| 43 #345 Board, Ethan | Concord | 2:02.93 |
| 44 #1211 Scicchitano, Ryan | Shippensburg | 2:02.96 |
| 45 #516 Connell, Tim | DeSales | 2:03.30 |
| 46 #1436 Getty, Aaron | Virginia Tec | 2:03.35 |
| 47 #1478 Thomas, Wyatt | Virginia Tec | 2:03.67 |
| 48 #965 Ward, Brendon | Moravian | 2:03.78 |
| 49 #959 Royds, Jackson | Moravian | 2:03.78 |
| 50 #482 Wisnefski, Leo | Denison | 2:03.89 |
| 51 #1458 Naseh, Harris | Virginia Tec | 2:04.33 |
| 52 #870 Maters, Chase | Lynchburg | 2:04.53 |
| 53 #1449 LeCain, Noah | Virginia Tec | 2:04.73 |
| 54 #1535 Powers, Andrew | Virginia Wes | 2:05.00 |
| 55 #1479 Topf, Brandon | Virginia Tec | 2:05.11 |
| 56 #39 Henry, James | Alvernia | 2:05.42 |
| 57 #558 Wilson, Joseph | DeSales | 2:05.54 |
| 58 #402 Lucas, Christopher | Davis & Elki | 2:05.61 |
| 59 #1457 Murray, Daniel | Virginia Tec | 2:06.55 |
| 60 #1055 Platt, Xavier | Ohio Wesleya | 2:06.87 |
| 61 #119 Sigman, Luke | Bluefield St | 2:06.95 |
| 62 #398 Conder, Gabe | Davis & Elki | 2:07.02 |
| 63 #1430 Ducharne, Luis | Virginia Tec | 2:07.11 |
| 64 #705 Murphy, Connor | Kutztown | 2:07.37 |
| 65 #956 Petre, Paul | Moravian | 2:07.70 |
| 66 #1419 Brubaker, Zeke | Virginia Tec | 2:07.70 |
| 67 #356 Hatcher, Garrett | Concord | 2:08.10 |
| 68 #360 Irvin, Alex | Concord | 2:08.18 |
| 69 #354 Grayton, James | Concord | 2:08.21 |
| 70 #466 Meyerowitz, Jack | Denison | 2:09.01 |
| 71 #1475 Short, James | Virginia Tec | 2:09.03 |
| 72 #1534 Palma, Josiah | Virginia Wes | 2:10.29 |
| 73 #1470 Salinamakki, Chinmay; | Virginia Tec | 2:10.61 |
| 74 #1447 Keyser, Andre | Virginia Tec | 2:10.80 |
| 75 #1112 McNulty, Severin | Randolph | 2:11.11 |
| 76 #1448 Kiernan, Kevin | Virginia Tec | 2:11.16 |
| 77 #46 Martinez, Samuel | Alvernia | 2:12.30 |
| 78 #31 Darlington, Ethan | Alvernia | 2:13.44 |
| 79 #367 Payne, Johnathan | Concord | 2:14.02 |
| 80 #549 Smith, Patrick | DeSales | 2:14.02 |
| 81 #32 Dennison, Ryan | Alvernia | 2:15.43 |
| 82 #536 Murphy, John | DeSales | 2:15.54 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men 800 Meter Run)

| Name | School | Finals |
|-----------------------------|--------------|---------|
| 83 #1471 Salisbury, William | Virginia Tec | 2:16.19 |
| 84 #1463 Petersson, Jadon | Virginia Tec | 2:16.61 |
| 85 #92 Schmied, Justin | Averett | 2:17.08 |
| 86 #1426 Crain, Johnny | Virginia Tec | 2:17.08 |
| 87 #91 Quintero, Azael | Averett | 2:17.54 |
| 88 #363 Lathroum, Madoc | Concord | 2:18.05 |
| 89 #643 Ryder, Kayden | Ferrum | 2:18.77 |
| 90 #1439 Gora, Joe | Virginia Tec | 2:21.59 |
| 91 #370 Ruhnke, Luke | Concord | 2:26.70 |
| 92 #122 Welch, Bryant | Bluefield St | 2:28.99 |
| 93 #518 Curry, Chase | DeSales | 2:29.67 |
| 94 #1455 McGrath, Jackson | Virginia Tec | 2:33.58 |

Men 1500 Meter Run

| Name | School | Finals |
|------------------------------|--------------|---------|
| 1 #841 Csorba, Frank | Lynchburg | 3:51.30 |
| 2 #404 Mckenna, Carter | Davis & Elki | 3:52.51 |
| 3 #229 Thiel, Warren | Charleston (| 3:53.38 |
| 4 #400 Gibson, Jackson | Davis & Elki | 3:53.80 |
| 5 #1373 Stansbury, Ethan | Unattached | 3:54.06 |
| 6 #1117 Thompson, Cody | Randolph | 3:54.43 |
| 7 #1297 Cintavey, Joey | Slippery Roc | 3:55.27 |
| 8 #1182 Crum, Tommy | Shippensburg | 3:55.94 |
| 9 #843 Davis, Bryce | Lynchburg | 3:57.39 |
| 10 #399 Gibson, Cooper | Davis & Elki | 3:57.62 |
| 11 #217 O'Leary, Aidan | Charleston (| 3:58.09 |
| 12 #201 Geffroy-Remot, Jules | Charleston (| 3:58.48 |
| 13 #1193 Hensinger, Chase | Shippensburg | 3:58.70 |
| 14 #838 Cobb, Jonathan | Lynchburg | 3:58.95 |
| 15 #405 Rasco, Ryan | Davis & Elki | 3:59.83 |
| 16 #1333 Navaroli, Devon | Slippery Roc | 3:59.87 |
| 17 #189 Blazquez, Jaime | Charleston (| 4:01.05 |
| 18 #1216 Wellock, Brennan | Shippensburg | 4:01.53 |
| 19 #934 Frank, Casey | Moravian | 4:01.80 |
| 20 #888 Williams, Grant | Lynchburg | 4:02.06 |
| 21 #509 Artis, Shane | DeSales | 4:03.03 |
| 22 #396 Allison, Konnor | Davis & Elki | 4:03.96 |
| 23 #848 Fretwell, Joshua | Lynchburg | 4:04.09 |
| 24 #190 Bradford, Anthony | Charleston (| 4:04.11 |
| 25 #409 Swiger, Slate | Davis & Elki | 4:04.62 |
| 26 #929 Betyeman, Logan | Moravian | 4:05.09 |
| 27 #944 Kerchner, Bryan | Moravian | 4:05.12 |

Men 1500 Meter Run

| Name | School | Finals |
|----------------------------|--------------|---------|
| 1 #410 Terlouw, Thijs | Davis & Elki | 3:59.12 |
| 2 #1478 Thomas, Wyatt | Virginia Tec | 4:00.15 |
| 3 #648 Kimbrough, Henry | Formula Trac | 4:01.32 |
| 4 #1190 Gutekunst, Jackson | Shippensburg | 4:05.28 |
| 5 #1069 Weaver, Lucas | Ohio Wesleya | 4:05.43 |
| 6 #705 Murphy, Connor | Kutztown | 4:06.23 |
| 7 #1482 Yakulis, Samuel | Virginia Tec | 4:06.26 |

| | | |
|--------------------------------|--------------|---------|
| 8 #694 Habalar, Port | Kutztown | 4:06.42 |
| 9 #513 Callano, Jozef | DeSales | 4:06.89 |
| 10 #374 Ward, Braden | Concord | 4:07.38 |
| 11 #359 Holstein, Jaedan | Concord | 4:07.49 |
| 12 #403 Lucas, Martin | Davis & Elki | 4:08.00 |
| 13 #1417 Bennett, Andrew | Virginia Tec | 4:08.20 |
| 14 #538 Phillippy, Ben | DeSales | 4:08.29 |
| 15 #1174 Baker, Kyle | Shippensburg | 4:08.65 |
| 16 #1084 Zealand, William | Pacers | 4:08.83 |
| 17 #844 Diemoz, Luke | Lynchburg | 4:08.87 |
| 18 #870 Maters, Chase | Lynchburg | 4:09.24 |
| 19 #451 Cunningham, Will | Denison | 4:09.67 |
| 20 #1436 Getty, Aaron | Virginia Tec | 4:10.38 |
| 21 #1046 Leck, Simon | Ohio Wesleya | 4:11.43 |
| 22 #402 Lucas, Christopher | Davis & Elki | 4:12.20 |
| 23 #558 Wilson, Joseph | DeSales | 4:12.44 |
| 24 #1458 Naseh, Harris | Virginia Tec | 4:12.49 |
| 25 #1430 Ducharne, Luis | Virginia Tec | 4:12.52 |
| 26 #482 Wisnefski, Leo | Denison | 4:12.96 |
| 27 #398 Conder, Gabe | Davis & Elki | 4:14.45 |
| 28 #56 Wendel, Zackary | Alvernia | 4:15.41 |
| 29 #452 Cyr, Noah | Denison | 4:15.96 |
| 30 #516 Connell, Tim | DeSales | 4:16.02 |
| 31 #1457 Murray, Daniel | Virginia Tec | 4:16.46 |
| 32 #371 Skeens, AJ | Concord | 4:16.89 |
| 33 #1481 Tyberg, Dylan | Virginia Tec | 4:17.18 |
| 34 #1479 Topf, Brandon | Virginia Tec | 4:17.68 |
| 35 #37 Hahn, Spencer | Alvernia | 4:18.09 |
| 36 #360 Irvin, Alex | Concord | 4:18.17 |
| 37 #377 Wilson, Zach | Concord | 4:18.20 |
| 38 #39 Henry, James | Alvernia | 4:18.64 |
| 39 #347 Childress, Bramley | Concord | 4:19.58 |
| 40 #1037 Horton, David | Ohio Wesleya | 4:19.69 |
| 41 #876 Najera, Armando | Lynchburg | 4:23.83 |
| 42 #1475 Short, James | Virginia Tec | 4:24.21 |
| 43 #1447 Keyser, Andre | Virginia Tec | 4:26.80 |
| 44 #1428 Darden, Ben | Virginia Tec | 4:26.90 |
| 45 #1470 Salinamakki, Chinmayi | Virginia Tec | 4:27.24 |
| 46 #356 Hatcher, Garrett | Concord | 4:27.94 |
| 47 #348 Cormack, Connor | Concord | 4:28.20 |
| 48 #537 Parrish, Jaden | DeSales | 4:28.34 |
| 49 #1477 Thomas, Luke | Virginia Tec | 4:31.87 |
| 50 #1547 Kwan, Phil | Washington a | 4:33.20 |
| 51 #119 Sigman, Luke | Bluefield St | 4:33.58 |
| 52 #1079 Campbell, Caedmon | Pacers | 4:33.95 |
| 53 #1448 Kiernan, Kevin | Virginia Tec | 4:34.01 |
| 54 #639 Mills, Josh | Ferrum | 4:35.91 |
| 55 #444 Allain, William | Denison | 4:36.03 |
| 56 #46 Martinez, Samuel | Alvernia | 4:36.03 |
| 57 #1426 Crain, Johnny | Virginia Tec | 4:39.19 |
| 58 #1473 Sehon, Quin | Virginia Tec | 4:39.38 |
| 59 #1083 Mast, Richard | Pacers | 4:39.77 |
| 60 #32 Dennison, Ryan | Alvernia | 4:40.77 |
| 61 #31 Darlington, Ethan | Alvernia | 4:43.73 |
| 62 #354 Grayton, James | Concord | 4:45.11 |
| 63 #1433 Emley, Kaden | Virginia Tec | 4:48.22 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men 1500 Meter Run)

| Name | School | Finals |
|---------------------------|--------------|---------|
| 64 #363 Lathroum, Madoc | Concord | 4:48.94 |
| 65 #517 Cook, James | DeSales | 4:49.25 |
| 66 #526 Gallo, Jordan | DeSales | 4:50.14 |
| 67 #1049 McNichols, Ethan | Ohio Wesleya | 4:50.54 |
| 68 #1446 Kenny, Sean | Virginia Tec | 4:52.60 |
| 69 #1455 McGrath, Jackson | Virginia Tec | 4:53.19 |
| 70 #369 Ramsey, Logan | Concord | 4:55.26 |
| 71 #1121 White, Jackson | Randolph | 4:56.12 |
| 72 #226 Stanton, Blake | Charleston (| 4:57.47 |
| 73 #518 Curry, Chase | DeSales | 4:59.30 |
| 74 #1080 Hoezee, Oliver | Pacers | 5:01.94 |
| 75 #476 Tharayil, Justin | Denison | 5:03.70 |
| 76 #370 Ruhnke, Luke | Concord | 5:06.18 |
| 77 #1082 Mast, Henry | Pacers | 5:08.00 |
| 78 #1437 Glavin, Liam | Virginia Tec | 5:30.60 |

Men 5000 Meter Run

| Name | School | Finals |
|-------------------------------|--------------|----------|
| Finals | | |
| 1 #1376 Topoly, Drew | Unattached | 14:32.07 |
| 2 #590 Immanuel, Bellamy | Eastern Menn | 15:04.73 |
| 3 #858 Hurst, Cooper | Lynchburg | 15:09.72 |
| 4 #686 Brocato, Adam | Kutztown | 15:13.39 |
| 5 #955 Nahf, Owen | Moravian | 15:16.50 |
| 6 #846 Fernandez, Draven | Lynchburg | 15:16.96 |
| 7 #940 Hajel, Nathan | Moravian | 15:18.77 |
| 8 #188 Blackwell, Ryan | Charleston (| 15:26.57 |
| 9 #949 Mangini, Josh | Moravian | 15:32.43 |
| 10 #1027 Blaumeiser, Benjamin | Ohio Wesleya | 15:32.55 |
| 11 #1548 Molitor, Austin | Washington a | 15:33.26 |
| 12 #601 Miller, Jansen | Eastern Menn | 15:40.79 |
| 13 #1038 Horton, Wes | Ohio Wesleya | 15:47.77 |
| 14 #455 DiCerbo, Oliver | Denison | 15:52.25 |
| 15 #51 Schermerhorn, Kyle | Alvernia | 15:52.62 |
| 16 #1302 Czechowski, Ryan | Slippery Roc | 15:52.80 |
| 17 #953 Moore, Nathan | Moravian | 15:52.85 |
| 18 #459 Hinshaw, Worth | Denison | 16:10.97 |
| 19 #522 Doskocil, Dylan | DeSales | 16:11.34 |

Men 5000 Meter Run Open 5k

| Name | School | Finals |
|-------------------------------|--------------|----------|
| Finals | | |
| 1 #1418 Bhing, Samik | Virginia Tec | 15:48.13 |
| 2 #1459 Nave, Brendan | Virginia Tec | 16:23.49 |
| 3 #1481 Tyberg, Dylan | Virginia Tec | 16:26.24 |
| 4 #450 Clodgo, Cole | Denison | 16:30.25 |
| 5 #961 Schippnick, Michael | Moravian | 16:36.04 |
| 6 #1040 Jackson, Perry | Ohio Wesleya | 16:37.03 |
| 7 #941 Hefferan, Gavin | Moravian | 16:37.64 |
| 8 #342 Amico, Brady | Concord | 16:38.32 |
| 9 #483 Zallocco-Smith, Thomas | Denison | 16:42.18 |
| 10 #365 Legg, Bryce | Concord | 16:43.94 |
| 11 #1477 Thomas, Luke | Virginia Tec | 16:45.23 |
| 12 #479 Van Farowe, Elijah | Denison | 16:49.30 |

| | | |
|-----------------------------|--------------|----------|
| 13 #541 Rinaldi, Antonio | DeSales | 16:50.50 |
| 14 #268 Adam, Max | Colby | 16:56.05 |
| 15 #1070 Williamson, Andrew | Ohio Wesleya | 17:03.77 |
| 16 #449 Carpenter, Drew | Denison | 17:09.04 |
| 17 #1045 Kirkham, Haden | Ohio Wesleya | 17:16.75 |
| 18 #966 Weinlein, William | Moravian | 17:31.57 |
| 19 #1433 Emley, Kaden | Virginia Tec | 17:36.51 |
| 20 #1065 Tang, Tyler | Ohio Wesleya | 17:38.54 |
| 21 #1456 Montgomery, Nathan | Virginia Tec | 17:53.27 |
| 22 #928 Benbow, Dylan | Moravian | 17:54.96 |
| 23 #1100 Arnold, Jake | Randolph | 17:57.39 |
| 24 #931 DiMatteo, Alexander | Moravian | 18:11.69 |
| 25 #1468 Rose, Oliver | Virginia Tec | 18:27.80 |
| 26 #935 Gaffney, Jackson | Moravian | 18:34.74 |
| 27 #1471 Salisbury, William | Virginia Tec | 18:42.50 |

Men 10000 Meter Run

| Name | School | Finals |
|--------------------------|--------------|----------|
| Finals | | |
| 1 #543 Santacoloma, Matt | DeSales | 32:08.44 |
| 2 #191 Brooks, Collin | Charleston (| 32:17.19 |
| 3 #1105 Cochran, Tanner | Randolph | 32:34.94 |
| 4 #511 Bruno, Brian | DeSales | 32:35.10 |
| 5 #698 Hollar, Jack | Kutztown | 32:38.07 |
| 6 #209 Lipscomb, Carter | Charleston (| 32:38.24 |
| 7 #214 Miller, Brady | Charleston (| 32:38.43 |
| 8 #701 Lloyd, Robby | Kutztown | 32:40.63 |
| 9 #232 Weaver, Ashton | Charleston (| 32:45.95 |
| 10 #1188 Gonder, Aiden | Shippensburg | 32:51.32 |
| 11 #1197 Hunt, Hayden | Shippensburg | 32:51.38 |
| 12 #1207 Quinan, Garrett | Shippensburg | 32:51.42 |
| 13 #1191 Harding, Nate | Shippensburg | 32:51.44 |
| 14 #1214 Wagner, Kevin | Shippensburg | 32:51.46 |
| 15 #1219 Wolfe, Ryan | Shippensburg | 32:51.46 |
| 16 #203 Hayes, Tyler | Charleston (| 33:12.05 |
| 17 #1368 Firkins, Tanner | Unattached | 33:36.63 |
| 18 #540 Ricco, Eric | DeSales | 34:01.58 |
| 19 #515 Chylack, Matt | DeSales | 34:08.96 |
| 20 #527 Greve, Thomas | DeSales | 34:15.32 |
| 21 #548 Smith, Cody | DeSales | 34:40.39 |
| 22 #1115 Scott, Aaron | Randolph | 35:36.90 |
| 23 #545 Sidorski, Andrew | DeSales | 35:53.19 |

Men 110 Meter Hurdles

| Name | School | Finals |
|-----------------------------|--------------|------------|
| Finals | | |
| 1 #1361 Idore, Isaiah | Unat-Liberty | 14.71 -0.2 |
| 2 #473 Skolnik, Ari | Denison | 14.72 -0.2 |
| 3 #1301 Crow, Matthew | Slippery Roc | 14.81 -0.2 |
| 4 #1184 Daniel, Jeovaghni | Shippensburg | 14.97 -1.9 |
| 5 #702 Love, Kyle | Kutztown | 15.07 -0.2 |
| 5 #271 Biery, Levi | Colby | 15.07 -0.4 |
| 7 #1176 Bell III, Bernard | Shippensburg | 15.16 -1.9 |
| 8 #1525 Henderson, Ja'marri | Virginia Wes | 15.29 -1.9 |
| 9 #185 Agrizzi, Roberto | Charleston (| 15.31 -1.9 |
| 10 #1326 Lewis, Brenden | Slippery Roc | 15.70 -0.2 |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men 110 Meter Hurdles)

| Name | School | Finals |
|-------------------------------|--------------|------------|
| 11 #1036 Harper, Dylan | Ohio Wesleya | 15.86 -0.2 |
| 12 #1452 Luke, Dillon | Virginia Tec | 15.91 -1.9 |
| 13 #1179 Conrad, Ethan | Shippensburg | 15.98 -0.4 |
| 14 #1353 Wess, Jonathan | Slippery Roc | 16.10 -1.9 |
| 15 #646 Steele, Antaveon | Ferrum | 16.18 -0.4 |
| 16 #448 Brown, Jacob | Denison | 16.18 -1.9 |
| 17 #1033 Fincham, Mack | Ohio Wesleya | 16.28 -0.4 |
| 18 #1202 Lissner, Robert | Shippensburg | 16.32 -0.4 |
| 19 #1442 Harrison, Will | Virginia Tec | 16.36 -0.2 |
| 20 #280 Dube, Kyle | Colby | 16.40 -0.8 |
| 21 #1540 Stewart, Anthony | Virginia Wes | 16.42 -1.4 |
| 22 #1362 Johnson, Rayshawn | Unat-Liberty | 16.58 -0.2 |
| 23 #143 Panzera, John | Bridgeport | 16.74 -1.4 |
| 24 #55 VanSchaick, Brandon | Alvernia | 16.75 -0.4 |
| 25 #1454 Malone, Josiah | Virginia Tec | 16.90 -0.7 |
| 26 #302 Thornton-Sherman, Myl | Colby | 16.93 -0.8 |
| 27 #1104 Carter, Mario | Randolph | 17.18 -1.4 |
| 28 #291 Martel, Peter | Colby | 17.26 -0.7 |
| 29 #1119 Watkins, Jayden | Randolph | 17.38 -0.8 |
| 30 #948 Maguire, Liam | Moravian | 17.49 -1.4 |
| 31 #1347 Thomas, Gavin | Slippery Roc | 17.74 -1.4 |
| 32 #964 Tshiyonga, Mael | Moravian | 18.63 -1.4 |
| 33 #284 Graubart, Mark | Colby | 18.75 -0.8 |
| 34 #1175 Bankert, Noah | Shippensburg | 19.20 -0.8 |
| 35 #281 Feldman, A.J. | Colby | 19.67 -0.8 |
| 36 #142 Migliarese, Nicholas | Bridgeport | 19.84 -0.7 |
| 37 #45 Marcin, Ethan | Alvernia | 19.97 -1.4 |
| 38 #1064 Strange, Michael | Ohio Wesleya | 21.11 -1.9 |
| 39 #1445 Houston, Tyler | Virginia Tec | 22.64 -0.7 |
| 40 #1032 Dyer, Jayson | Ohio Wesleya | 22.97 -0.4 |
| 41 #1427 Crawley, Christian | Virginia Tec | 22.98 -0.7 |
| 42 #1205 Murphy, Ryan | Shippensburg | 25.35 -0.4 |

Men 400 Meter Hurdles

| Name | School | Finals |
|----------------------------|--------------|--------|
| 1 #271 Biery, Levi | Colby | 54.36 |
| 2 #224 Smith, Damian | Charleston (| 54.87 |
| 3 #1196 Hrabosky, Robert | Shippensburg | 54.96 |
| 4 #1360 Huizenga, Willem | Unat-Liberty | 55.45 |
| 5 #1176 Bell III, Bernard | Shippensburg | 55.76 |
| 6 #1292 Adams, Cade | Slippery Roc | 55.97 |
| 7 #280 Dube, Kyle | Colby | 56.58 |
| 8 #1514 Braxton, Izaiah | Virginia Wes | 56.72 |
| 9 #582 Arnold, Nicholas | Eastern Menn | 56.76 |
| 10 #412 Wood, Ian | Davis & Elki | 57.37 |
| 11 #1526 Hills, Javon | Virginia Wes | 57.52 |
| 12 #1218 Wilk, Travis | Shippensburg | 57.63 |
| 13 #1301 Crow, Matthew | Slippery Roc | 57.85 |
| 14 #1329 Malawi, Darien | Slippery Roc | 58.37 |
| 15 #55 VanSchaick, Brandon | Alvernia | 58.94 |
| 16 #883 Rose, Elijah | Lynchburg | 59.07 |
| 17 #1465 Rafferty, Konnor | Virginia Tec | 59.21 |
| 18 #1454 Malone, Josiah | Virginia Tec | 59.24 |

| | | |
|---------------------------|--------------|---------|
| 19 #847 Flowers, Brian | Lynchburg | 1:00.05 |
| 20 #1513 Allen, Ahmik | Virginia Wes | 1:00.17 |
| 21 #528 Guthier, Bryce | DeSales | 1:00.70 |
| 22 #948 Maguire, Liam | Moravian | 1:00.98 |
| 23 #284 Graubart, Mark | Colby | 1:01.26 |
| 24 #1036 Harper, Dylan | Ohio Wesleya | 1:01.41 |
| 25 #115 Pennix, McKinley | Bluefield St | 1:01.72 |
| 26 #637 McClung, Logan | Ferrum | 1:02.11 |
| 27 #341 Acuna III, George | Concord | 1:02.31 |
| 28 #1326 Lewis, Brenden | Slippery Roc | 1:02.66 |
| 29 #273 Briemann, Jackson | Colby | 1:02.85 |
| 30 #1032 Dyer, Jayson | Ohio Wesleya | 1:03.05 |
| 31 #1540 Stewart, Anthony | Virginia Wes | 1:03.55 |
| 32 #1051 Melenu, Chinedu | Ohio Wesleya | 1:04.08 |
| 33 #964 Tshiyonga, Mael | Moravian | 1:04.38 |
| 34 #1039 Hou, Thurman | Ohio Wesleya | 1:06.72 |
| 35 #937 Gartner, Jason | Moravian | 1:07.55 |
| 36 #1353 Wess, Jonathan | Slippery Roc | 1:08.20 |
| 37 #372 Sweeney, Jonny | Concord | 1:10.34 |
| 38 #84 Eubanks, Darius | Averett | 1:13.11 |
| 39 #1445 Houston, Tyler | Virginia Tec | 1:18.09 |

Men 3000 Meter Steeplechase

| Name | School | Finals |
|------------------------------|--------------|----------|
| 1 #1212 Sherlock, Ian | Shippensburg | 9:16.34 |
| 2 #411 Thewes, Jan | Davis & Elki | 9:19.72 |
| 3 #1375 Sweeney, Gavin | Unattached | 9:23.27 |
| 4 #406 Schmidt, Henry | Davis & Elki | 9:28.74 |
| 5 #188 Blackwell, Ryan | Charleston (| 9:44.55 |
| 6 #1449 LeCain, Noah | Virginia Tec | 9:50.74 |
| 7 #1465 Rafferty, Konnor | Virginia Tec | 9:50.77 |
| 8 #943 Jancsarics, Christian | Moravian | 10:22.84 |
| 9 #1321 Johnson, Noah | Slippery Roc | 10:22.85 |
| 10 #932 Farrell, Jake | Moravian | 10:25.99 |
| 11 #401 Langkopf, Paul | Davis & Elki | 10:30.54 |
| 12 #373 Tickle, Andrew | Concord | 10:50.92 |
| 13 #1427 Crawley, Christian | Virginia Tec | 10:53.48 |
| 14 #1542 Watson, Jerry | Virginia Wes | 10:54.32 |
| 15 #358 Holcomb, Wes | Concord | 11:21.30 |
| 16 #1112 McNulty, Severin | Randolph | 11:40.91 |
| 17 #1445 Houston, Tyler | Virginia Tec | 12:21.31 |
| 18 #1437 Glavin, Liam | Virginia Tec | 13:44.20 |
| 19 #627 Crouch, Greyson | Ferrum | 14:33.14 |

Men 4x100 Meter Relay

| Team | Relay | Finals |
|-------------------------|----------------------------|--------|
| 1 Kutztown | A | 41.88 |
| 1) #691 Fellin, Michael | 2) #714 Washburn, James | |
| 3) #717 Wrigley, Steele | 4) #695 Haggans, Daron | |
| 2 Ferrum | A | 41.95 |
| 1) #631 Hamm, Michael | 2) #638 McPherson, DaMauri | |
| 3) #635 Lawson, Deontae | 4) #622 Blackburn, Jamaari | |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men 4x100 Meter Relay)

| Team | Relay | Finals |
|-----------------------------|-----------------------------|--------|
| 3 Colby | A | 42.02 |
| 1) #298 Riley, Henry | 2) #287 Kadambi, Raghav | |
| 3) #291 Martel, Peter | 4) #286 Hood-Simeon, Terrel | |
| 4 Randolph | A | 42.74 |
| 1) #1103 Calloway, Xavier | 2) #1106 Edwards, Jordan | |
| 3) #1111 Lambert, Colby | 4) #1120 West, Eric | |
| 5 Virginia Tec | A | 43.33 |
| 1) #1429 DeFosse, Adam | 2) #1420 Campbell, Chatham | |
| 3) #1441 Haley, Liam | 4) #1466 Ream, Patrick | |
| 6 Lynchburg | B | 43.43 |
| 1) #839 Cooley, Michael | 2) #847 Flowers, Brian | |
| 3) #864 Lacey, Jaidyn | 4) #881 Richardson, Keith | |
| 7 Virginia Wesleyan | A | 43.80 |
| 1) #1518 Crosswell, Domenic | 2) #1528 Jacobs, Julius | |
| 3) #1538 Smith, Da'Quan | 4) #1536 Raynor, Aaron | |
| 8 Ferrum | B | 44.67 |
| 1) #637 McClung, Logan | 2) #630 Greene, Na-Shawn | |
| 3) #642 Roberts, Francis | 4) #646 Steele, Antaveon | |
| 9 Virginia Tec | B | 47.34 |
| 1) #1431 Duncan, Kadir | 2) #1462 Omoruyi, Josh | |
| 3) #1474 Shao, Luke | 4) #1416 Balcom, Connor | |
| --- Moravian | A | DNF |
| 1) #933 Fenstermaker, Jacob | 2) #939 Gray, Trevor | |
| 3) #937 Gartner, Jason | 4) #951 McKay, Javon | |

Men 4x400 Meter Relay

| Team | Relay | Finals |
|---------------------------|-----------------------------|---------|
| 1 Slippery Rock | A | 3:19.39 |
| 1) #1352 Virata, AJ | 2) #1316 Huha, Trey | |
| 3) #1309 Good, Micah | 4) #1338 Rauchut, Kyle | |
| 2 Colby | A | 3:21.06 |
| 1) #285 Graubart, Sam | 2) #287 Kadambi, Raghav | |
| 3) #276 Coelho, Jackson | 4) #291 Martel, Peter | |
| 3 Randolph | A | 3:22.45 |
| 1) #1111 Lambert, Colby | 2) #1117 Thompson, Cody | |
| 3) #1107 Humes, Christian | 4) #1120 West, Eric | |
| 4 Concord | A | 3:24.36 |
| 1) #351 Foddrell, Jaidyn | 2) #355 Harris, Bradley | |
| 3) #341 Acuna III, George | 4) #352 Gardner, Ian | |
| 5 Alvernia | A | 3:27.17 |
| 1) #40 Jerome, Elisiah | 2) #56 Wendel, Zackary | |
| 3) #54 St. Pierre, Luke | 4) #37 Hahn, Spencer | |
| 6 Virginia Wesleyan | A | 3:29.18 |
| 1) #1536 Raynor, Aaron | 2) #1518 Crosswell, Domenic | |
| 3) #1526 Hills, Javon | 4) #1514 Braxton, Izaiah | |
| 7 Colby | B | 3:33.36 |
| 1) #299 Silberman, John | 2) #290 Lyon, Alex | |
| 3) #284 Graubart, Mark | 4) #292 Martin, Ben | |
| 8 Denison | A | 3:33.60 |
| 1) #466 Meyerowitz, Jack | 2) #472 Rideout, Jason | |
| 3) #448 Brown, Jacob | 4) #451 Cunningham, Will | |

| | | |
|-----------------------------|-------------------------------|---------|
| 9 Virginia Tec | A | 3:39.85 |
| 1) #1420 Campbell, Chatham | 2) #1482 Yakulis, Samuel | |
| 3) #1439 Gora, Joe | 4) #1440 Green, Vishal | |
| 10 Concord | B | 3:42.46 |
| 1) #359 Holstein, Jaedan | 2) #375 Watty, Alex | |
| 3) #377 Wilson, Zach | 4) #361 Jackson-Darby, Isaiah | |
| 11 Virginia Tec | B | 3:52.18 |
| 1) #1475 Short, James | 2) #1479 Topf, Brandon | |
| 3) #1419 Brubaker, Zeke | 4) #1448 Kiernan, Kevin | |
| 12 Alvernia | B | 3:57.32 |
| 1) #39 Henry, James | 2) #46 Martinez, Samuel | |
| 3) #31 Darlington, Ethan | 4) #32 Dennison, Ryan | |
| 13 Virginia Tec | C | 4:03.69 |
| 1) #1463 Petersson, Jadon | 2) #1461 Olivieri, Andrew | |
| 3) #1427 Crawley, Christian | 4) #1457 Murray, Daniel | |
| 14 Concord | C | 4:23.02 |
| 1) #369 Ramsey, Logan | 2) #350 Coy, Jacob | |
| 3) #349 Covington, Ryan | 4) #342 Amico, Brady | |

Men High Jump

| Name | School | Finals |
|-------------------------------|--------------|--------|
| Finals | | |
| 1 #716 White, Tracey | Kutztown | 2.00m |
| 2 #1209 Rhyne, Kenny | Shippensburg | 1.95m |
| 3 #692 Floyd, Jordon | Kutztown | 1.90m |
| 4 #883 Rose, Elijah | Lynchburg | J1.90m |
| 5 #1067 Tripp, Ryan | Ohio Wesleya | J1.90m |
| 6 #80 Coston Jr., Jermaine | Averett | 1.85m |
| 7 #1350 Turton, Logan | Slippery Roc | J1.85m |
| 8 #1205 Murphy, Ryan | Shippensburg | J1.85m |
| 9 #448 Brown, Jacob | Denison | J1.85m |
| 10 #114 Nefe, Trevor | Bluefield St | 1.80m |
| 10 #200 Garrett, Michael | Charleston (| 1.80m |
| 10 #1298 Cobb, Grady | Slippery Roc | 1.80m |
| 10 #467 Miller, Tyler | Denison | 1.80m |
| 10 #471 Quinlan, Liam | Denison | 1.80m |
| 15 #1192 Hart, Donovan | Shippensburg | J1.80m |
| 16 #281 Feldman, A.J. | Colby | J1.80m |
| 17 #635 Lawson, Deontae | Ferrum | J1.80m |
| 18 #1467 Rockett, Sean | Virginia Tec | 1.75m |
| 18 #1033 Fincham, Mack | Ohio Wesleya | 1.75m |
| 20 #1464 Phillips, Joel | Virginia Tec | J1.75m |
| 21 #1525 Henderson, Ja'marri | Virginia Wes | 1.70m |
| 22 #1435 Gatenby, Ryder | Virginia Tec | J1.70m |
| 23 #1293 Adams, Kyle | Slippery Roc | J1.70m |
| 24 #302 Thornton-Sherman, Myl | Colby | 1.65m |
| --- #1050 McSwords, Logan | Ohio Wesleya | NH |

Men Pole Vault

| Name | School | Finals |
|---------------------------|--------------|--------|
| Finals | | |
| 1 #700 Jardine, Joe | Kutztown | 5.15m |
| 2 #1318 Hyatt, Dan | Slippery Roc | 5.00m |
| 3 #1346 Schneider, Bradon | Slippery Roc | 4.55m |
| 4 #1202 Lissner, Robert | Shippensburg | J4.55m |
| 5 #1317 Huynh, Andy | Slippery Roc | J4.55m |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Finals ... (Men Pole Vault)

| Name | School | Finals |
|------------------------------|--------------|--------|
| 5 #289 Lehnert, Logan | Colby | J4.55m |
| 7 #879 Powell, Julian | Lynchburg | 4.40m |
| 8 #302 Thornton-Sherman, Myl | Colby | J4.40m |
| 9 #291 Martel, Peter | Colby | J4.40m |
| 10 #710 Schaeffer, Nathan | Kutztown | 4.25m |
| 11 #1294 Birkes, Cullen | Slippery Roc | 4.10m |
| 12 #1119 Watkins, Jayden | Randolph | 3.80m |
| 13 #475 Spino, Jason | Denison | 3.65m |
| 14 #143 Panzera, John | Bridgeport | J3.65m |
| 15 #1101 Bautista, Mario | Randolph | 3.35m |
| 15 #1109 Jackson, Peyton | Randolph | 3.35m |
| 17 #464 Kobrak, Kai | Denison | J3.35m |
| 18 #550 Taormina, Vincenzo | DeSales | 3.20m |
| 19 #226 Stanton, Blake | Charleston (| 2.90m |
| 20 #1516 Burton, Wesley | Virginia Wes | 2.60m |
| --- #1370 Noble, Ty Noble | Unattached | NH |
| --- #1325 Layton, Andrew | Slippery Roc | NH |
| --- #1522 Fields, Daemon | Virginia Wes | NH |

Men Long Jump Championship

| Name | School | Finals |
|---------------------------------|--------------|------------|
| 1 #1199 Kearney, Jak | Shippensburg | 6.88m +0.0 |
| 2 #689 DeFusco, Anthony | Kutztown | 6.84m +0.0 |
| 3 #1217 Whittle, Maurice | Shippensburg | J6.84m 0.6 |
| 4 #1208 Ressler, Darrian | Shippensburg | 6.71m +0.0 |
| 5 #1305 Dworek, Bryan | Slippery Roc | 6.69m +0.0 |
| 6 #588 Hunter, Bryson | Eastern Menn | 6.60m +0.0 |
| 7 #539 Phoenix, Xavier | DeSales | 6.53m +0.0 |
| 8 #866 Leech, Micah | Lynchburg | 6.40m +0.0 |
| 9 #1347 Thomas, Gavin | Slippery Roc | 6.37m +0.0 |
| 10 #692 Floyd, Jordon | Kutztown | 6.31m +0.0 |
| 11 #446 Blais, Jack | Denison | 6.28m +0.0 |
| 12 #1340 Reed, Mason | Slippery Roc | 6.16m +0.0 |
| --- #115 Pennix, McKinley | Bluefield St | FOUL |
| --- #219 Ramafuthula, Letlhogon | Charleston (| FOUL |
| --- #1067 Tripp, Ryan | Ohio Wesleya | FOUL |

Men Long Jump

| Name | School | Finals |
|------------------------------|--------------|-------------|
| 1 #1538 Smith, Da'Quan | Virginia Wes | 6.45m +0.0 |
| 2 #546 Simak, Weston | DeSales | 6.43m +0.0 |
| 3 #881 Richardson, Keith | Lynchburg | 6.25m +0.0 |
| 4 #1528 Jacobs, Julius | Virginia Wes | 6.07m +0.0 |
| 5 #1175 Bankert, Noah | Shippensburg | 6.05m +0.0 |
| 6 #114 Nefe, Trevor | Bluefield St | J6.05m +0.0 |
| 7 #467 Miller, Tyler | Denison | 6.03m +0.0 |
| 8 #302 Thornton-Sherman, Myl | Colby | 6.01m +0.0 |
| 9 #520 Demosthene, Lens | DeSales | 5.99m +0.0 |
| 10 #1053 Myers, Mason | Ohio Wesleya | 5.97m +0.0 |
| 11 #1179 Conrad, Ethan | Shippensburg | 5.93m +0.0 |
| 12 #851 Gregory, Malakhi | Lynchburg | 5.92m +0.0 |
| 13 #1423 Coates, Tristan | Virginia Tec | 5.90m +0.0 |

| | | |
|------------------------------|--------------|-------------|
| 14 #883 Rose, Elijah | Lynchburg | 5.84m +0.0 |
| 15 #1435 Gatenby, Ryder | Virginia Tec | 5.76m +0.0 |
| 16 #1113 O'Brien, Kyle | Randolph | 5.65m +0.0 |
| 17 #1114 Patten, Jayden | Randolph | 5.61m +0.0 |
| 18 #1099 Arnold, Jackson | Randolph | J5.61m +0.0 |
| 19 #281 Feldman, A.J. | Colby | 5.50m +0.0 |
| 20 #1293 Adams, Kyle | Slippery Roc | 5.48m +0.0 |
| 21 #477 Thompson, Charles | Denison | 5.47m +0.0 |
| 22 #142 Migliarese, Nicholas | Bridgeport | 5.42m +0.0 |
| 23 #560 Wolff, Nicholas | DeSales | 5.33m +0.0 |
| 24 #1103 Calloway, Xavier | Randolph | 5.26m +0.0 |
| 25 #1050 McSwords, Logan | Ohio Wesleya | 5.21m +0.0 |
| 26 #77 Baker, Dakarai | Averett | 5.10m +0.0 |
| 27 #300 Sinha, Rohit | Colby | J5.10m +0.0 |
| 28 #535 McMichael, Javell | DeSales | 5.05m +0.0 |
| 29 #1453 Maasik, Evan | Virginia Tec | 4.99m +0.0 |
| --- #839 Cooley, Michael | Lynchburg | FOUL |
| --- #1537 Shearn, Joshua | Virginia Wes | FOUL |

Men Triple Jump

| Name | School | Finals |
|--------------------------|--------------|-------------|
| 1 #839 Cooley, Michael | Lynchburg | 12.46m +0.0 |
| 2 #1340 Reed, Mason | Slippery Roc | 12.20m +0.0 |
| 3 #1109 Jackson, Peyton | Randolph | 12.04m +0.0 |
| 4 #300 Sinha, Rohit | Colby | 11.97m +0.0 |
| 5 #1051 Melenu, Chinedu | Ohio Wesleya | 11.68m +0.0 |
| 6 #477 Thompson, Charles | Denison | 11.32m +0.0 |
| 7 #547 Skulski, Peter | DeSales | 11.22m +0.0 |
| 8 #1039 Hou, Thurman | Ohio Wesleya | 10.39m +0.0 |
| --- #1453 Maasik, Evan | Virginia Tec | FOUL |
| --- #446 Blais, Jack | Denison | FOUL |

Men Triple Jump Championship

| Name | School | Finals |
|--------------------------|--------------|-------------|
| 1 #1319 James, Ian | Slippery Roc | 13.89m +0.0 |
| 2 #689 DeFusco, Anthony | Kutztown | 13.70m 0.2 |
| 3 #1304 Duda, Zack | Slippery Roc | 13.68m +0.0 |
| 4 #1208 Ressler, Darrian | Shippensburg | 13.57m +0.0 |
| 5 #1514 Braxton, Izaiah | Virginia Wes | 13.48m +0.0 |
| 6 #115 Pennix, McKinley | Bluefield St | 13.27m +0.0 |
| 7 #546 Simak, Weston | DeSales | 13.19m 0.4 |
| 8 #866 Leech, Micah | Lynchburg | 13.07m +0.0 |
| 9 #1104 Carter, Mario | Randolph | 12.85m +0.0 |
| 10 #1537 Shearn, Joshua | Virginia Wes | 12.82m 0.2 |
| 11 #1528 Jacobs, Julius | Virginia Wes | 12.64m +0.0 |
| 12 #851 Gregory, Malakhi | Lynchburg | 12.36m +0.0 |

Men Shot Put

| Name | School | Finals |
|-------------------------|--------------|--------|
| 1 #1310 Gose, Joshua | Slippery Roc | 16.64m |
| 2 #231 Tropeck, Kellen | Charleston (| 16.11m |
| 3 #1354 Wozniak, Seaton | Slippery Roc | 16.09m |
| 4 #474 Slater, Chris | Denison | 15.63m |

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University of Lynchburg

Results

Finals ... (Men Shot Put)

| Name | School | Finals |
|-------------------------------|--------------|---------|
| 5 #1189 Greggo, Gian | Shippensburg | 15.55m |
| 6 #1194 Herbster, Joshua | Shippensburg | 15.11m |
| 7 #458 Hill, Collin | Denison | 14.70m |
| 8 #1201 Kitchen, Donovan | Shippensburg | 14.65m |
| 9 #210 Matthews, Jullian | Charleston (| 14.57m |
| 10 #465 Mathes, Owen | Denison | 14.42m |
| 11 #1185 Daub, Colin | Shippensburg | 14.05m |
| 12 #1180 Crispino, Ridge | Shippensburg | 13.97m |
| 13 #1345 Rohland, Joshua | Slippery Roc | 13.87m |
| 14 #1311 Gose, Zach | Slippery Roc | 13.68m |
| 15 #88 Linton, Mark | Averett | 13.64m |
| 16 #36 Gray, Cory | Alvernia | 13.55m |
| 17 #634 Johnson, Darrian | Ferrum | 13.38m |
| 18 #711 Solonoski, Jacob | Kutztown | 13.35m |
| 19 #86 Goldsmith, Timothy | Averett | 13.03m |
| 20 #954 Morillo, Anthony | Moravian | 13.02m |
| 21 #463 King, Justin | Denison | 12.99m |
| 22 #1374 Stott, Christopher | Unattached | 12.94m |
| 23 #89 Olverson, Andrew | Averett | J12.94m |
| 24 #945 King, Tim | Moravian | 12.80m |
| 25 #116 Rice, Myles | Bluefield St | 12.74m |
| 26 #544 Schaeffer, Jacob | DeSales | J12.74m |
| 27 #52 Sharp, Grant | Alvernia | 12.24m |
| 28 #1119 Watkins, Jayden | Randolph | 11.95m |
| 29 #1025 Bentz, Andrew | Ohio Wesleya | 11.89m |
| 30 #468 Nobili, Reed | Denison | 11.84m |
| 31 #712 Staunton, Jason | Kutztown | 11.82m |
| 32 #1314 Hepler, Chad | Slippery Roc | 11.75m |
| 33 #1476 Smith, Zangar | Virginia Tec | 11.65m |
| 34 #1424 Copeland, Tyler | Virginia Tec | 11.30m |
| 35 #113 Jah, Samba | Bluefield St | 11.24m |
| 36 #121 Spangler, Ethan | Bluefield St | 11.16m |
| 37 #514 Chinn, Nick | DeSales | 10.98m |
| 38 #1377 Williams, Noah | Unattached | 10.47m |
| 39 #1434 Evans, Shane | Virginia Tec | 10.37m |
| 40 #633 Holcomb, Kyle | Ferrum | 10.22m |
| 41 #1367 Bass, Walter | Unattached | 10.13m |
| 42 #1057 Schneiter, Eric | Ohio Wesleya | 10.00m |
| 43 #530 Landau, Christopher | DeSales | 9.99m |
| 44 #30 Chumas, Aidan | Alvernia | 9.77m |
| 45 #621 Bissue, Joseph | Ferrum | 9.60m |
| 46 #29 Carr, Sheadon | Alvernia | 9.58m |
| 47 #1543 Williams, Malik | Virginia Wes | 9.55m |
| 48 #1533 Lang, Casey | Virginia Wes | 9.28m |
| 49 #343 Bennett, Shawn | Concord | 8.58m |
| 50 #363 Lathroum, Madoc | Concord | 8.02m |
| 51 #623 Brown, Nicholas | Ferrum | 7.45m |
| 52 #632 Hillman, Jaylon | Ferrum | 7.38m |
| --- #57 Witmer, Alexander | Alvernia | FOUL |
| --- #696 Helmstetter, Anthony | Kutztown | FOUL |
| --- #1524 Hayden, Kiontre | Virginia Wes | FOUL |
| --- #233 Winter, Frankie | Charleston (| FOUL |

Men Discus Throw

| Name | School | Finals |
|--------------------------------|--------------|--------|
| 1 #1194 Herbster, Joshua | Shippensburg | 47.94m |
| 2 #1189 Greggo, Gian | Shippensburg | 45.34m |
| 3 #1201 Kitchen, Donovan | Shippensburg | 45.25m |
| 4 #1310 Gose, Joshua | Slippery Roc | 44.73m |
| 5 #88 Linton, Mark | Averett | 43.96m |
| 6 #1311 Gose, Zach | Slippery Roc | 43.81m |
| 7 #231 Tropeck, Kellen | Charleston (| 43.57m |
| 8 #233 Winter, Frankie | Charleston (| 43.45m |
| 9 #1354 Wozniak, Seaton | Slippery Roc | 43.27m |
| 10 #945 King, Tim | Moravian | 42.42m |
| 11 #1180 Crispino, Ridge | Shippensburg | 42.36m |
| 12 #954 Morillo, Anthony | Moravian | 39.99m |
| 13 #1424 Copeland, Tyler | Virginia Tec | 39.31m |
| 14 #1062 Sonego, Antonio | Ohio Wesleya | 39.12m |
| 15 #1476 Smith, Zangar | Virginia Tec | 38.96m |
| 16 #544 Schaeffer, Jacob | DeSales | 38.43m |
| 17 #1185 Daub, Colin | Shippensburg | 38.39m |
| 18 #210 Matthews, Jullian | Charleston (| 38.26m |
| 19 #1314 Hepler, Chad | Slippery Roc | 37.27m |
| 20 #36 Gray, Cory | Alvernia | 35.55m |
| 21 #465 Mathes, Owen | Denison | 35.29m |
| 22 #468 Nobili, Reed | Denison | 35.24m |
| 23 #463 King, Justin | Denison | 35.17m |
| 24 #50 Rivera-Jusino, Giovanni | Alvernia | 34.97m |
| 25 #514 Chinn, Nick | DeSales | 34.87m |
| 26 #950 Mason, Derek | Moravian | 34.65m |
| 27 #1371 Schmidt, Gregory | Unattached | 34.18m |
| 28 #120 Smith, Thomas | Bluefield St | 32.84m |
| 29 #89 Olverson, Andrew | Averett | 32.54m |
| 30 #458 Hill, Collin | Denison | 32.20m |
| 31 #52 Sharp, Grant | Alvernia | 31.64m |
| 32 #116 Rice, Myles | Bluefield St | 31.24m |
| 33 #1025 Bentz, Andrew | Ohio Wesleya | 31.12m |
| 34 #555 Wellington, Giovanni | DeSales | 30.95m |
| 35 #1524 Hayden, Kiontre | Virginia Wes | 30.38m |
| 36 #121 Spangler, Ethan | Bluefield St | 30.35m |
| 37 #1057 Schneiter, Eric | Ohio Wesleya | 30.14m |
| 38 #633 Holcomb, Kyle | Ferrum | 30.04m |
| 39 #343 Bennett, Shawn | Concord | 28.52m |
| 40 #1028 Broussard-Nash, Jahi | Ohio Wesleya | 27.56m |
| 41 #142 Migliarese, Nicholas | Bridgeport | 26.87m |
| 42 #363 Lathroum, Madoc | Concord | 23.28m |
| 43 #1452 Luke, Dillon | Virginia Tec | 21.16m |
| 44 #86 Goldsmith, Timothy | Averett | 19.21m |
| --- #884 Ruff, Michael | Lynchburg | FOUL |
| --- #57 Witmer, Alexander | Alvernia | FOUL |
| --- #474 Slater, Chris | Denison | FOUL |
| --- #1377 Williams, Noah | Unattached | FOUL |
| --- #711 Solonoski, Jacob | Kutztown | FOUL |

Dr. Jack Toms Alumni Invite - 3/22/2024 to 3/23/2024

University of Lynchburg

Results

Men Hammer Throw

| | Name | School | Finals |
|---------------|-----------------------------|--------------|--------|
| Finals | | | |
| 1 | #1194 Herbster, Joshua | Shippensburg | 62.15m |
| 2 | #1311 Gose, Zach | Slippery Roc | 52.62m |
| 3 | #711 Solonoski, Jacob | Kutztown | 50.85m |
| 4 | #231 Tropeck, Kellen | Charleston (| 48.27m |
| 5 | #1189 Greggo, Gian | Shippensburg | 47.65m |
| 6 | #945 King, Tim | Moravian | 46.31m |
| 7 | #1355 Zilka, Earnest | Slippery Roc | 43.96m |
| 8 | #952 McNicholas, Dan | Moravian | 43.88m |
| 9 | #1201 Kitchen, Donovan | Shippensburg | 43.13m |
| 10 | #1345 Rohland, Joshua | Slippery Roc | 43.10m |
| 11 | #233 Winter, Frankie | Charleston (| 42.29m |
| 12 | #525 Eudja, Jonathan | DeSales | 42.27m |
| 13 | #465 Mathes, Owen | Denison | 41.79m |
| 14 | #712 Staunton, Jason | Kutztown | 41.64m |
| 15 | #555 Wellington, Giovanni | DeSales | 40.13m |
| 16 | #950 Mason, Derek | Moravian | 39.07m |
| 17 | #210 Matthews, Jullian | Charleston (| 38.91m |
| 18 | #1185 Daub, Colin | Shippensburg | 37.31m |
| 19 | #1374 Stott, Christopher | Unattached | 36.63m |
| 20 | #884 Ruff, Michael | Lynchburg | 35.53m |
| 21 | #871 McCormick, Andy | Lynchburg | 35.17m |
| 22 | #50 Rivera-Jusino, Giovanni | Alvernia | 35.17m |
| 23 | #1025 Bentz, Andrew | Ohio Wesleya | 33.30m |
| 24 | #1057 Schneiter, Eric | Ohio Wesleya | 31.63m |
| 25 | #1062 Sonego, Antonio | Ohio Wesleya | 31.40m |
| 26 | #463 King, Justin | Denison | 30.08m |
| 27 | #468 Nobili, Reed | Denison | 29.99m |
| 28 | #86 Goldsmith, Timothy | Averett | 27.76m |
| 29 | #343 Bennett, Shawn | Concord | 21.01m |
| 30 | #1524 Hayden, Kiontre | Virginia Wes | 15.75m |
| --- | #1532 Lamoso, Carlos | Virginia Wes | FOUL |
| --- | #1180 Crispino, Ridge | Shippensburg | FOUL |
| --- | #88 Linton, Mark | Averett | FOUL |
| --- | #1543 Williams, Malik | Virginia Wes | FOUL |

| | | | |
|-----|----------------------------|--------------|--------|
| 15 | #448 Brown, Jacob | Denison | 46.77m |
| 16 | #1532 Lamoso, Carlos | Virginia Wes | 46.76m |
| 17 | #547 Skulski, Peter | DeSales | 43.74m |
| 18 | #1533 Lang, Casey | Virginia Wes | 42.15m |
| 19 | #1044 Kegler, Coleman | Ohio Wesleya | 41.17m |
| 20 | #143 Panzera, John | Bridgeport | 41.14m |
| 21 | #110 Franklin, Sherman | Bluefield St | 41.12m |
| 22 | #1033 Fincham, Mack | Ohio Wesleya | 41.03m |
| 23 | #30 Chumas, Aidan | Alvernia | 37.98m |
| 24 | #1064 Strange, Michael | Ohio Wesleya | 37.11m |
| 25 | #142 Migliarese, Nicholas | Bridgeport | 36.89m |
| 26 | #481 Westfall, Jonathan | Denison | 36.15m |
| 27 | #557 Williams, Cameron | DeSales | 35.40m |
| 28 | #281 Feldman, A.J. | Colby | 34.49m |
| 29 | #122 Welch, Bryant | Bluefield St | 33.88m |
| 30 | #343 Bennett, Shawn | Concord | 28.64m |
| 31 | #1050 McSwords, Logan | Ohio Wesleya | 28.58m |
| 32 | #1443 Henry, Christopher | Virginia Tec | 24.62m |
| 33 | #121 Spangler, Ethan | Bluefield St | 22.59m |
| --- | #302 Thornton-Sherman, Myl | Colby | FOUL |
| --- | #300 Sinha, Rohit | Colby | FOUL |

Men Javelin Throw

| | Name | School | Finals |
|---------------|---------------------------|--------------|--------|
| Finals | | | |
| 1 | #1324 Kingerski, Josh | Slippery Roc | 61.13m |
| 2 | #693 Givone, Kevin | Kutztown | 60.92m |
| 3 | #453 D'Asaro, Andrew | Denison | 57.94m |
| 4 | #1339 Reed, Joseph | Slippery Roc | 56.59m |
| 5 | #1186 Folcarelli, Mike | Shippensburg | 54.38m |
| 6 | #696 Helmstetter, Anthony | Kutztown | 54.16m |
| 7 | #1066 Theobald, Trey | Ohio Wesleya | 52.65m |
| 8 | #1452 Luke, Dillon | Virginia Tec | 52.43m |
| 9 | #1203 Long, Austin | Shippensburg | 52.39m |
| 10 | #1181 Crowl, Nate | Shippensburg | 49.76m |
| 11 | #1372 Smith, Jordan | Unattached | 49.70m |
| 12 | #1369 Harman, Daniel | Unattached | 49.22m |
| 13 | #554 Watson, Dane | DeSales | 47.89m |
| 14 | #1204 McNerney, Jacob | Shippensburg | 47.64m |