

Seminole District Indoor Invitational - 2/1/2024 to 2/3/2024**Heritage HS Indoor Track****Results****Girls 55 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Benyo, Maren		Jefferson Forest	7.55	7.45	4	10
3 Hall, Marianna		E.C. Glass	7.61	7.58	4	6
5 Smith, Kimora		Jefferson Forest	7.86	7.69	3	4
7 Gooch, Addison		Jefferson Forest	7.79	7.78	3	2
10 Russell, Renya		E.C. Glass	7.54	7.84	4	
14 Harrington, Heaven		E.C. Glass	7.87	8.02	3	

Girls 300 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Hall, Marianna		E.C. Glass	43.20	45.41	6	10
3 Harrington, Heaven		E.C. Glass	46.90	45.90	4	6
6 Hull, Julia		E.C. Glass	46.11	46.52	5	3
7 Gooch, Addison		Jefferson Forest	46.34	47.29	5	2
11 Wagner, Ella		Jefferson Forest	46.92	48.15	4	
13 Hunter, Celeste		Amherst County	47.02	49.78	4	
16 Hunter, Celina		Amherst County	51.81	54.61	2	

Girls 500 Meter Run

Name	Year	School	Seed	Finals	H#	Points
2 Wagner, Ella		Jefferson Forest	1:31.29	1:30.59	2	8
6 Grooms, Kathryn		Jefferson Forest	1:39.39	1:39.10	1	3
7 Irby, Layla		Amherst County	1:37.28	1:39.35	1	2

Girls 1000 Meter Run

Name	Year	School	Seed	Finals	Points
3 Petty, Alexandra		E.C. Glass	3:36.45	3:40.89	6
6 Hamilton, Eleanor		E.C. Glass	3:38.72	4:00.64	3
7 Waterworth, Ann		E.C. Glass	3:50.97	4:08.87	2

Girls 1600 Meter Run

Name	Year	School	Seed	Finals	Points
7 Shelton, Noelle		Jefferson Forest		6:52.63	2
8 Hunt, Althea		E.C. Glass		6:59.29	1
-- Boogades, Jaidyn		E.C. Glass	7:09.37	DNF	

Girls 3200 Meter Run

Name	Year	School	Seed	Finals	Points
3 Layne, Ella		E.C. Glass		14:34.46	6

Seminole District Indoor Invitational - 2/1/2024 to 2/3/2024**Heritage HS Indoor Track****Results****Girls 55 Meter Hurdles**

Name	Year School	Seed	Finals	Points
8 Hull, Julia	E.C. Glass	10.13	10.40	1

Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 E.C. Glass 'A'	1:52.55	1:54.90	2	10
1) Hall, Marianna				
3) Hull, Julia				
2) Harrington, Heaven				
4) Russell, Renya				
-- Jefferson Forest 'A'	1:52.59	DQ	1	
1) Benyo, Maren				
2) Gooch, Addison				
3) Wagner, Ella				
4) Zegarelli, Madisyn				

Girls 4x800 Meter Relay

School	Seed	Finals	Points
2 E.C. Glass 'A'	11:40.31	12:25.68	8
1) Hamilton, Eleanor			
3) Layne, Ella			
2) Hunt, Althea			
4) Petty, Alexandra			

Girls High Jump

Name	Year School	Seed	Finals	Points
2 Hull, Julia	E.C. Glass	5-02.00	4-10.00	8

Girls Pole Vault

Name	Year School	Seed	Finals	Points
1 Loucks, Emily	Jefferson Forest	9-06.00	10-00.00	10
3 Cunningham, Beyla	Amherst County	8-00.00	8-06.00	6
4 Errami, Amira	Amherst County	7-06.00	8-00.00	4
4 Stinnett, Audrey	Jefferson Forest	8-06.00	8-00.00	4
7 Hall, Lilly	E.C. Glass	6-06.00	7-00.00	2
8 Uhl, Amelia	E.C. Glass	6-06.00	6-00.00	0.33
8 Williamson, Janiah	E.C. Glass	7-06.00	6-00.00	0.33

Girls Long Jump

Name	Year School	Seed	Finals	H#	Points
5 Hull, Julia	E.C. Glass	16-08.00	16-11.00	2	4
7 Stewart, Traniya	E.C. Glass	15-06.50	15-09.00	1	2
9 Harrington, Heaven	E.C. Glass	15-06.25	15-08.50	1	

Girls Triple Jump

Name	Year School	Seed	Finals	Points
6 Hull, Julia	E.C. Glass	33-04.50	34-08.00	3

Seminole District Indoor Invitational - 2/1/2024 to 2/3/2024**Heritage HS Indoor Track****Results****Girls Shot Put**

Name	Year School	Seed	Finals	H#	Points
1 Gilbert, Sonyae	E.C. Glass	38-02.50	37-08.50	2	10
3 Dawkins, A'Zaria	Jefferson Forest	35-00.00	32-06.50	2	6
7 Grimes, Kiara	E.C. Glass	24-02.00	24-03.50	1	2
8 Stanley, Nalayna	Amherst County	24-04.00	23-04.00	1	1
10 Grimes, Pressley	E.C. Glass	20-07.00	22-11.00	1	
11 Glickstein, Corine	Jefferson Forest	21-05.50	22-09.00	1	

Boys 55 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Smith, Ja'mar	E.C. Glass	6.47	6.51	6	10
6 Lindauer, Luke	Jefferson Forest	6.70	6.66	5	3 6.654
7 Davis, Isaiah	Amherst County	6.67	J6.66	5	2 6.656
9 Waller, Seven	E.C. Glass	6.78	6.70	4	
10 McPhearson, Omar	Amherst County	6.71	6.71	5	
16 Pyle, Nate	Jefferson Forest	6.92	6.88	3	
24 Thane, Samuel	Jefferson Forest	7.01	7.03	2	
24 Burns, Jordan	E.C. Glass	6.99	7.03	2	
27 Carter, Harrison	Jefferson Forest	7.08	7.06	1	
30 Lee, Jaren	Jefferson Forest	6.99	7.27	2	

Boys 300 Meter Dash

Name	Year School	Seed	Finals	H#	Points
2 Lee, Jaren	Jefferson Forest	37.53	38.77	6	8
4 Waller, Seven	E.C. Glass	38.69	39.44	5	5
5 Kuminski, Jacob	Jefferson Forest	40.95	40.12	3	4
9 Preston, Jameke	E.C. Glass	41.00	40.85	3	
11 Rucker, Ray'Quann	E.C. Glass	41.57	40.99	2	
14 Rosado, Xavier	Jefferson Forest	40.03	41.71	3	

Boys 500 Meter Run

Name	Year School	Seed	Finals	H#	Points
3 McEntyre, Jalil	E.C. Glass	1:12.41	1:15.79	4	6
5 Wall, Bryce	Amherst County	1:14.59	1:17.54	4	4
9 Black, Evan	E.C. Glass	1:24.25	1:19.25	1	
10 Harvey, Caden	Jefferson Forest	1:18.43	1:19.42	3	
12 Graves, Jaylen	E.C. Glass	1:21.77	1:20.19	2	
14 Palhatiya, Abhi	Jefferson Forest	1:24.65	1:20.45	1	
15 Williams, Sam	Amherst County	1:20.76	1:20.86	2	
16 Adkins, Trent	Jefferson Forest	1:19.04	1:21.55	3	

Boys 1000 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Hiss, David	Jefferson Forest	2:45.79	2:53.26	2	10
3 Milhorn, Jeremiah	Jefferson Forest	3:06.04	3:03.16	1	6
4 Hunt, Liam	E.C. Glass	2:42.33	3:05.95	2	5

Seminole District Indoor Invitational - 2/1/2024 to 2/3/2024**Heritage HS Indoor Track****Results****....Boys 1000 Meter Run**

5 Flint, Jacob	E.C. Glass	3:03.11	3:10.37	1	4
7 Mancier, John-Paul	E.C. Glass	2:51.25	3:12.44	2	2
10 Thornes, Mason	Jefferson Forest	3:15.49	3:21.50	1	

Boys 1600 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Johnson, Andrew	Jefferson Forest	4:45.07	4:57.68	1	10
3 Bryant, Emerson	Amherst County	4:49.52	5:02.10	1	6
4 Davis, Brayden	Jefferson Forest	5:11.22	5:03.20	1	5
11 Stone, George	E.C. Glass		5:46.27	2	
13 Neps, Iago	E.C. Glass		6:03.60	2	

Boys 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Smith, Macon	Jefferson Forest	9:51.45	10:54.58	10
2 Hunt, Liam	E.C. Glass		11:10.65	8
3 Johnson, Andrew	Jefferson Forest	10:23.07	11:10.94	6
4 Davis, Brayden	Jefferson Forest		11:14.18	5
5 Mancier, John-Paul	E.C. Glass	11:27.55	11:21.01	4
8 Stone, George	E.C. Glass		12:40.81	1

Boys 55 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Smith, Ja'mar	E.C. Glass	7.40	7.60	2	10
3 Rosado, Xavier	Jefferson Forest	8.47	8.43	2	6
5 Rucker, Ray'Quann	E.C. Glass	8.47	8.67	2	4
8 Black, Evan	E.C. Glass	10.62	9.81	1	1

Boys 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Jefferson Forest 'A'	1:33.63	1:39.55	2	10
1) Lee, Jaren				
2) Lindauer, Luke				
3) Pyle, Nate				
4) Thane, Samuel				
3 E.C. Glass 'A'	1:43.61	1:40.58	1	6
1) Burns, Jordan				
2) Waller, Seven				
3) Smith, Ja'mar				
4) Carter, Taveon				

Boys 4x400 Meter Relay

School	Seed	Finals	Points
2 Jefferson Forest 'A'	4:29.64	4:00.65	8
1) Adkins, Trent			
2) Hiss, David			
3) Johnson, Andrew			
4) Kuminski, Jacob			
5 E.C. Glass 'A'	4:10.05	4:10.34	4
1) Rucker, Ray'Quann			
2) Preston, Jameke			
3) Patterson, Rashad			
4) McEntyre, Jalil			

Seminole District Indoor Invitational - 2/1/2024 to 2/3/2024**Heritage HS Indoor Track****Results****Boys 4x800 Meter Relay**

School	Seed	Finals	Points
3 E.C. Glass 'A'	9:03.10	9:19.52	6
1) Flint, Jacob	2) Hunt, Liam		
3) Mancier, John-Paul	4) McEntyre, Jalil		
7 Jefferson Forest 'A'		10:12.59	2
1) Milhorn, Jeremiah	2) Thornes, Mason		
3) Williams, Mason	4) Gonzales, Andres		

Boys High Jump

Name	Year School	Seed	Finals	Points
2 Hipp, Aidan	Jefferson Forest	6-02.00	6-02.00	7
5 Lee, Jaren	Jefferson Forest	6-00.00	6-00.00	4
6 Pyle, Nate	Jefferson Forest	5-08.00	J6-00.00	3
12 Williams, Dameen	Jefferson Forest	5-10.00	5-06.00	
-- Goode, Patrick	E.C. Glass	5-06.00	NH	
-- Nwakor, Mobu	Jefferson Forest	6-08.00	NH	

Boys Pole Vault

Name	Year School	Seed	Finals	Points
1 Thomas, Aj	Amherst County	12-06.00	12-00.00	10
4 Garland, Matei	E.C. Glass	9-06.00	10-00.00	5
5 Calhoun, Grady	Amherst County	9-06.00	9-06.00	4

Boys Long Jump

Name	Year School	Seed	Finals	H#	Points
2 Smith, Ja'mar	E.C. Glass	23-00.00	22-08.50	2	8
3 Nwakor, Mobu	Jefferson Forest	20-05.00	21-04.50	2	6
4 Pyle, Nate	Jefferson Forest	21-02.00	21-03.75	2	5
5 McPhearson, Omar	Amherst County	20-07.00	21-01.50	2	4
6 Williams, Dameen	Jefferson Forest	19-09.50	20-06.75	1	3
7 Lee, Jaren	Jefferson Forest	20-05.00	20-06.50	2	2
11 Davis, Isaiah	Amherst County	21-00.00	20-01.25	2	
12 Alexis, Salomon	Jefferson Forest	20-09.00	19-10.50	2	
13 Thane, Samuel	Jefferson Forest	20-01.00	19-08.50	2	
17 Burns, Jordan	E.C. Glass	19-04.50	18-10.00	1	
-- Patterson, Rashad	E.C. Glass	19-04.50	FOUL	1	

Boys Triple Jump

Name	Year School	Seed	Finals	H#	Points
2 Smith, Ja'mar	E.C. Glass	43-02.50	44-07.75	2	8
3 Nwakor, Mobu	Jefferson Forest	46-05.00	43-04.00	2	6
4 Thane, Samuel	Jefferson Forest	42-09.00	42-10.00	2	5
5 Ford, Najee	E.C. Glass	41-00.00	40-09.00	2	4
7 Rucker, Ray'Quann	E.C. Glass	40-04.50	39-10.75	1	2
8 Alexis, Salomon	Jefferson Forest	40-09.50	39-04.50	2	1
9 Carter, Taveon	E.C. Glass	40-02.00	39-00.00	1	

