

# VPL LIS CROSS COUNTRY CHAMPIOSHIPS

Richmond, VA  
St. Catherine's Fields

Friday, November 1, 2024



OFFICIAL MEET REPORT  
printed: 11/1/2024 4:24 PM

**Race #2**  
**Girls Varsity 5k**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Collegiate	27	2-3-5-7-10(12)(17)	1:42:02	20:25	2:12.5
2 St. Anne's-Belfield School	53	4-6-11-14-18(26)(27)	1:47:28	21:30	3:24.8
3 Saint Catherine's	65	1-13-15-16-20(21)(22)	1:48:53	21:47	4:42.0
4 Veritas School	111	9-19-25-28-30(32)(35)	2:01:17	24:16	4:26.9
5 Trinity Episcopal School	115	8-23-24-29-31(33)(34)	2:02:34	24:31	4:57.1

### INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	3k
1 BAYLER, Annabel	80	Saint Catherine's	1	19:01.1	6:06.9	3:48.2	11:15.8
2 HARRIS, Virginia	49	Collegiate	2	19:13.0	6:10.7	3:50.6	11:16.4
3 BLASZAK, Bridget	38	Collegiate	3	19:32.0	6:16.8	3:54.4	11:25.6
4 PERRIELLO, Cadigan	121	St. Anne's-Belfield	4	19:42.6	6:20.3	3:56.5	11:28.7
5 FERRELL, Rosie	46	Collegiate	5	20:48.2	6:41.4	4:09.6	12:09.3
6 CARTER, Eleanor	114	St. Anne's-Belfield	6	20:52.1	6:42.6	4:10.4	12:08.8
7 LEWIS, Anne	52	Collegiate	7	21:02.7	6:46.0	4:12.5	12:20.5
8 HARRIS, Kailyn	166	Trinity Episcopal Sc	8	21:06.6	6:47.3	4:13.3	12:20.2
9 SHEPHERD, Amelie	182	Veritas School	9	21:23.8	6:52.8	4:16.8	12:42.8
10 HASKE, Amelia	50	Collegiate	10	21:25.5	6:53.3	4:17.1	12:23.5
11 WOMACK, Ellie	124	St. Anne's-Belfield	11	21:46.0	6:59.9	4:21.2	12:45.6
12 BLACKWOOD, Ellie	37	Collegiate	(12)	21:49.4	7:01.0	4:21.9	12:46.8
13 KILLEEN, Olivia	84	Saint Catherine's	13	21:58.4	7:03.9	4:23.7	12:51.1
14 FOX, Blair	115	St. Anne's-Belfield	14	21:59.3	7:04.2	4:23.9	12:38.3
15 NOWERY, Evie	85	Saint Catherine's	15	22:00.1	7:04.5	4:24.0	12:44.1
16 CLEMONS, Piper	82	Saint Catherine's	16	22:09.8	7:07.6	4:26.0	12:27.8
17 MCMULLIN, Samantha	55	Collegiate	(17)	22:55.8	7:22.4	4:35.2	13:03.7
18 REILLY, Kate	123	St. Anne's-Belfield	18	23:07.4	7:26.1	4:37.5	13:00.7
19 WALLACE, Nora	62	Collegiate	-	23:12.1	7:27.6	4:38.4	13:15.0
20 VONCANON, Violet	184	Veritas School	19	23:16.2	7:28.9	4:39.2	13:32.4
21 CARINGTON, Grace	81	Saint Catherine's	20	23:43.1	7:37.6	4:44.6	13:58.3
22 THURMOND, Elizabeth	91	Saint Catherine's	(21)	23:46.3	7:38.6	4:45.3	13:46.9
23 SLOAN, Sophie	58	Collegiate	-	24:01.5	7:43.5	4:48.3	13:58.3
24 READ, Mason	88	Saint Catherine's	(22)	24:25.1	7:51.1	4:53.0	14:10.9
25 MCCOMB, Maddie	54	Collegiate	-	24:28.9	7:52.3	4:53.8	13:58.9
26 FABIAN, Courtney	165	Trinity Episcopal Sc	23	24:43.3	7:56.9	4:56.7	14:17.3
27 COLLINS, Addison	83	Saint Catherine's	-	24:51.0	7:59.4	4:58.2	14:20.7
28 HESTON, Molly	167	Trinity Episcopal Sc	24	24:52.0	7:59.7	4:58.4	14:15.6
29 WHITAKER, Ellie	185	Veritas School	25	25:01.3	8:02.7	5:00.3	14:31.8
30 MYERS, MACI	56	Collegiate	-	25:07.5	8:04.7	5:01.5	14:28.3
31 BEARDSLEY, Eden	113	St. Anne's-Belfield	(26)	25:33.3	8:13.0	5:06.7	14:33.7
32 LYMAN, Ivy	119	St. Anne's-Belfield	(27)	25:42.9	8:16.1	5:08.6	14:56.1
33 HOYMAN, Paige	175	Veritas School	28	25:44.1	8:16.5	5:08.8	14:58.5
34 WAECHTER, Mary Page	92	Saint Catherine's	-	25:46.6	8:17.3	5:09.3	14:22.6
35 SOMMARDAHL, Clark	171	Trinity Episcopal Sc	29	25:48.4	8:17.9	5:09.7	15:04.2
36 THOMAS, Katelynn	183	Veritas School	30	25:50.7	8:18.6	5:10.1	15:13.0
37 CALLAHAN, Charlotte	42	Collegiate	-	25:53.5	8:19.5	5:10.7	15:31.1

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**Race #2**  
**Girls Varsity 5k****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>3k</b>
38 DOWNS, Anna	164	Trinity Episcopal Sc	31	26:03.7	8:22.8	5:12.7	15:03.8
39 BOWMAN, Olivia	40	Collegiate	-	26:09.0	8:24.5	5:13.8	15:01.3
40 LEDGER, Emily	118	St. Anne's-Belfield	-	26:21.0	8:28.4	5:16.2	14:38.9
41 LAGOS, Annalise	176	Veritas School	(32)	26:45.8	8:36.3	5:21.2	15:24.4
42 ADAMSON, Shepard	34	Collegiate	-	26:49.8	8:37.6	5:22.0	15:12.4
43 MCHENRY, Olivia	168	Trinity Episcopal Sc	(33)	26:55.1	8:39.3	5:23.0	15:20.9
44 RABB, Palmer	87	Saint Catherine's	-	27:04.2	8:42.3	5:24.8	15:51.4
45 CRUMLISH, Eila	163	Trinity Episcopal Sc	(34)	27:47.7	8:56.2	5:33.5	15:43.9
46 TARABAY, Sophie	90	Saint Catherine's	-	28:11.6	9:03.9	5:38.3	15:49.7
47 FLEMING, Reese	47	Collegiate	-	28:13.8	9:04.6	5:38.8	15:32.3
48 NYSTROM, Becca	86	Saint Catherine's	-	28:19.6	9:06.5	5:39.9	16:13.9
49 RODENHAVER, Olivia	170	Trinity Episcopal Sc	-	28:40.3	9:13.2	5:44.1	15:52.2
50 RHODES, Gigi	89	Saint Catherine's	-	28:51.1	9:16.6	5:46.2	16:14.7
51 PASSMORE, Cadence	181	Veritas School	(35)	30:57.3	9:57.2	6:11.5	18:21.6
52 BOAK, Grace	39	Collegiate	-	31:37.3	10:10.1	6:19.5	17:48.4
53 THORNTON, Copeland	60	Collegiate	-	33:35.6	10:48.1	6:43.1	18:35.3

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**Race #5**  
**Girls Open 5k**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Collegiate	15	1-2-3-4-5(6)	2:07:55	25:35	2:15.5

### INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	
1 HASKINS, Samantha	116	St. Anne's-Belfield	-	22:39.4	7:17.1	4:31.9	22:39.4
2 RAGSDALE, Margaret	122	St. Anne's-Belfield	-	24:30.6	7:52.9	4:54.1	24:30.6
3 ASCARI, Francesca	35	Collegiate	1	24:50.1	7:59.1	4:58.0	24:50.1
4 REIS, Olivia	57	Collegiate	2	25:07.2	8:04.6	5:01.4	25:07.2
5 LEWIS, Stuart	53	Collegiate	3	25:07.4	8:04.7	5:01.5	25:07.4
6 FULCO, Sophia	48	Collegiate	4	25:44.3	8:16.6	5:08.9	25:44.3
7 CULLEN, Jane	44	Collegiate	5	27:05.6	8:42.7	5:25.1	27:05.6
8 MEGGINSON, Amaya	120	St. Anne's-Belfield	-	28:11.1	9:03.8	5:38.2	28:11.1
9 STREETMAN, Appoline	59	Collegiate	(6)	39:22.3	12:39.6	7:52.5	