

# VPL LIS CROSS COUNTRY CHAMPIOSHIPS

Richmond, VA  
St. Catherine's Fields

Friday, November 1, 2024



OFFICIAL MEET REPORT  
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**Race #1**  
**Boys Varsity 5k**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Christopher's	40	2-5-9-11-13(23)(30)	1:28:41	17:45	1:12.9
2 Fork Union	48	3-4-12-14-15(29)(35)	1:29:18	17:52	1:12.1
3 St. Anne's-Belfield School	77	1-10-19-20-27(28)(31)	1:31:59	18:24	3:30.2
4 Woodberry Forest	88	6-7-17-25-33(34)(36)	1:34:02	18:49	2:21.2
5 Collegiate	93	8-18-21-22-24(26)(32)	1:34:26	18:54	1:35.2
6 Trinity Episcopal School	170	16-37-38-39-40(41)(42)	1:45:08	21:02	3:22.4

### INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	3k
1 ELIASON, Quinn	96	St. Anne's-Belfield	1	16:11.2	5:12.3	3:14.2	9:32.1
2 NGUYEN, Long	136	St. Christopher's	2	17:03.2	5:29.0	3:24.6	10:07.9
3 EATON, David	68	Fork Union	3	17:08.3	5:30.6	3:25.7	10:08.0
4 CALLAHAN, Robert	66	Fork Union	4	17:14.4	5:32.6	3:26.9	10:07.5
5 GREEN, Asher	129	St. Christopher's	5	17:16.8	5:33.4	3:27.4	10:10.1
6 JAY, Morgan	190	Woodberry Forest	6	17:44.3	5:42.2	3:32.9	10:32.0
7 WARUI, Abraham	199	Woodberry Forest	7	17:52.1	5:44.7	3:34.4	10:09.1
8 MOORE, Liam	17	Collegiate	8	17:53.6	5:45.2	3:34.7	10:09.3
9 KURZAWA, Liam	131	St. Christopher's	9	17:57.7	5:46.5	3:35.5	10:35.9
10 FENNO, Kaden	97	St. Anne's-Belfield	10	18:05.1	5:48.9	3:37.0	10:31.9
11 MCDONNELL, Declan	133	St. Christopher's	11	18:06.9	5:49.5	3:37.4	10:44.4
12 WILLIS, Nic	79	Fork Union	12	18:13.7	5:51.7	3:38.7	10:49.6
13 RUSSELL, Henry	137	St. Christopher's	13	18:16.1	5:52.4	3:39.2	10:45.8
14 MONTES, Ronan	74	Fork Union	14	18:20.3	5:53.8	3:40.1	10:55.5
15 COLEMAN, Nicholas	67	Fork Union	15	18:20.4	5:53.8	3:40.1	10:35.0
16 ANTHONY, Spencer	153	Trinity Episcopal Sc	16	18:27.9	5:56.2	3:41.6	10:45.0
17 BELL, Wylly	187	Woodberry Forest	17	18:48.3	6:02.8	3:45.7	10:58.5
18 SUTHERLAND, Preston	28	Collegiate	18	18:56.4	6:05.4	3:47.3	10:57.7
19 MASRI, Xavier	105	St. Anne's-Belfield	19	18:59.6	6:06.4	3:47.9	11:06.6
20 MCLAUGHLIN, Jake	106	St. Anne's-Belfield	20	19:01.6	6:07.1	3:48.3	11:11.7
21 PETKAUSKAS, Justinas	19	Collegiate	21	19:03.0	6:07.5	3:48.6	10:58.9
22 GALAHAN, Thomas	6	Collegiate	22	19:04.1	6:07.9	3:48.8	10:59.7
23 ARONHALT, Tyler	127	St. Christopher's	(23)	19:16.5	6:11.9	3:51.3	11:29.4
24 THALHIMER, Ben	29	Collegiate	24	19:28.8	6:15.8	3:53.8	11:13.8
25 KAJUBI, Danny	191	Woodberry Forest	25	19:31.0	6:16.5	3:54.2	10:56.4
26 LEWIS, Reade	14	Collegiate	(26)	19:36.0	6:18.1	3:55.2	11:01.8
27 MASRI, Felix	104	St. Anne's-Belfield	27	19:41.4	6:19.9	3:56.3	11:27.9
28 YE, Jacob	111	St. Anne's-Belfield	(28)	19:42.1	6:20.1	3:56.4	11:21.2
29 BROWN, Jonah	65	Fork Union	(29)	19:42.2	6:20.1	3:56.4	11:23.7
30 WHITE, Asa	140	St. Christopher's	(30)	19:50.0	6:22.6	3:58.0	11:39.4
31 AGNIHOTRI, Aryaan	125	St. Christopher's	-	19:50.1	6:22.7	3:58.0	11:12.2
32 DEMAIO, Ryan	95	St. Anne's-Belfield	(31)	20:01.8	6:26.4	4:00.4	11:04.0
33 JOHNSTON, Kieran	10	Collegiate	(32)	20:04.4	6:27.3	4:00.9	11:51.4
34 HORNER, Charles	189	Woodberry Forest	33	20:05.5	6:27.6	4:01.1	11:41.3
35 MCCALL, Brooks	193	Woodberry Forest	(34)	20:11.4	6:29.5	4:02.3	11:52.3
36 JOHNSON, Tyran	70	Fork Union	(35)	20:26.3	6:34.3	4:05.3	12:08.8

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**Race #1  
Boys Varsity 5k****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>3k</b>
37 SMITH, Noah	138	St. Christopher's	-	20:26.7	6:34.4	4:05.3	11:36.2
38 ANAND, Arjun	126	St. Christopher's	-	20:33.7	6:36.7	4:06.7	12:10.5
39 LE, Vincent	103	St. Anne's-Belfield	-	20:44.1	6:40.0	4:08.8	11:20.6
40 FORSTNER, Grayson	5	Collegiate	-	20:50.8	6:42.2	4:10.2	12:18.4
41 WIJAYA-MUNOZ, Dominick	200	Woodberry Forest	(36)	20:53.8	6:43.2	4:10.8	12:09.9
42 SHORES, Tad	198	Woodberry Forest	-	20:55.2	6:43.6	4:11.0	12:27.1
43 MATTHEWS, Matthew	132	St. Christopher's	-	20:58.5	6:44.7	4:11.7	12:06.6
44 QUINDOZA, Miles	22	Collegiate	-	21:02.0	6:45.8	4:12.4	12:18.9
45 MEACHAM, Benjamin	135	St. Christopher's	-	21:06.4	6:47.2	4:13.3	11:56.9
46 MCDONALD, Collin	194	Woodberry Forest	-	21:26.4	6:53.6	4:17.3	12:17.8
47 FLAHERTY, Wyatt	156	Trinity Episcopal Sc	37	21:32.9	6:55.7	4:18.6	12:31.9
48 WADDELL, Hunter	161	Trinity Episcopal Sc	38	21:33.7	6:56.0	4:18.7	12:22.7
49 SHEPARD, Mekyi	75	Fork Union	-	21:35.5	6:56.6	4:19.1	12:25.1
50 POWELL, Gibbon	196	Woodberry Forest	-	21:38.5	6:57.5	4:19.7	12:39.2
51 MCDONNELL, Nicolas	134	St. Christopher's	-	21:39.8	6:57.9	4:20.0	12:38.5
52 SMITH, Jack	27	Collegiate	-	21:41.7	6:58.6	4:20.3	12:38.9
53 SWAIN, Myles	159	Trinity Episcopal Sc	39	21:42.6	6:58.8	4:20.5	12:26.3
54 ZEISLER, Nico	112	St. Anne's-Belfield	-	21:47.5	7:00.4	4:21.5	12:38.4
55 CREWE, Solomon	155	Trinity Episcopal Sc	40	21:50.3	7:01.3	4:22.1	12:33.8
56 KRUMBEIN, Nathan	12	Collegiate	-	22:07.9	7:07.0	4:25.6	13:02.8
57 SUTTON, Kimari	76	Fork Union	-	22:14.8	7:09.2	4:27.0	12:59.1
58 PHILLIPS, Baxter	20	Collegiate	-	22:16.6	7:09.8	4:27.3	12:42.1
59 WOOD, Witt	141	St. Christopher's	-	22:19.0	7:10.5	4:27.8	12:55.5
60 GRAYBILL, Miles	69	Fork Union	-	22:23.6	7:12.0	4:28.7	13:11.1
61 VERSEN, Sam	160	Trinity Episcopal Sc	(41)	22:23.8	7:12.1	4:28.8	12:54.9
62 TRABAUDO, James	30	Collegiate	-	22:44.7	7:18.8	4:32.9	13:17.5
63 NORAMBUENA, Clemente	109	St. Anne's-Belfield	-	22:49.1	7:20.2	4:33.8	12:50.6
64 WILLIAMS, Cooper	78	Fork Union	-	22:54.1	7:21.8	4:34.8	12:49.6
65 REVELL, Alex	158	Trinity Episcopal Sc	(42)	22:58.3	7:23.2	4:35.7	13:34.5
66 TATUM, Eli	139	St. Christopher's	-	22:58.6	7:23.3	4:35.7	13:29.0
67 ROHATGI, Akash	23	Collegiate	-	23:08.3	7:26.4	4:37.7	13:31.7
68 MARISCALCO, Ryan	157	Trinity Episcopal Sc	-	23:19.2	7:29.9	4:39.8	13:33.6
69 BAUSCH, Max	154	Trinity Episcopal Sc	-	23:32.3	7:34.1	4:42.5	13:37.0
70 CURWOOD, Grayson	2	Collegiate	-	23:39.8	7:36.5	4:44.0	13:35.5
71 FISHBURNE, Lane	128	St. Christopher's	-	23:43.1	7:37.6	4:44.6	13:46.6
72 DUDLEY, Reese	3	Collegiate	-	23:43.2	7:37.6	4:44.6	13:45.2
73 LANNING, Eric	13	Collegiate	-	25:28.3	8:11.4	5:05.7	14:08.0

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**Race #4**  
**Boys Open 5k**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Christopher's Middle Sc	15	1-2-3-4-5(8)(13)	1:42:29	20:30	1:54.9
2 St. Anne's-Belfield School	45	6-7-9-11-12(14)(16)	1:59:51	23:59	2:05.3
3 Collegiate	79	10-15-17-18-19(20)(21)	2:12:37	26:32	3:28.9

### INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM	
1 BRANCH, Charlie	144	St. Christopher's Mi	1	19:20.7	6:13.2	3:52.1	19:20.6
2 MULLEN, Davis	148	St. Christopher's Mi	2	20:11.7	6:29.6	4:02.3	20:11.7
3 PEACE, Henry	149	St. Christopher's Mi	3	20:36.7	6:37.7	4:07.3	20:36.7
4 BERENTS, Avery	142	St. Christopher's Mi	4	21:03.4	6:46.2	4:12.7	21:03.4
5 BRADSHAW, Burn	143	St. Christopher's Mi	5	21:15.6	6:50.2	4:15.1	21:15.6
6 MADDOX, Devlin	71	Fork Union	-	21:45.1	6:59.6	4:21.0	21:45.1
7 YOUNG, Benjamin	201	Woodberry Forest	-	22:08.5	7:07.2	4:25.7	22:08.5
8 BANG, Yoonho	186	Woodberry Forest	-	22:31.4	7:14.5	4:30.3	22:31.4
9 GRIMM, Ansel	98	St. Anne's-Belfield	6	22:51.6	7:21.0	4:34.3	22:51.6
10 GULOTTA, Liam	99	St. Anne's-Belfield	7	22:52.3	7:21.3	4:34.5	22:52.3
11 EUBANKS, Guy	146	St. Christopher's Mi	(8)	23:13.4	7:28.0	4:38.7	23:13.4
12 MYERS, Daniel	195	Woodberry Forest	-	23:25.6	7:32.0	4:41.1	23:25.6
13 SMYTH, Wyatt	110	St. Anne's-Belfield	9	24:13.5	7:47.4	4:50.7	24:13.5
14 HOUGH, Niko	9	Collegiate	10	24:23.0	7:50.4	4:52.6	24:23.0
15 READE, Cole	197	Woodberry Forest	-	24:46.2	7:57.9	4:57.2	24:46.2
16 BRAMAN, Wesley	64	Fork Union	-	24:49.3	7:58.9	4:57.9	24:49.3
17 ATEGOU, Mateo	93	St. Anne's-Belfield	11	24:56.3	8:01.1	4:59.3	24:56.3
18 NORAMBUENA, Agustin	108	St. Anne's-Belfield	12	24:56.9	8:01.3	4:59.4	24:56.9
19 REGAN, Brennan	150	St. Christopher's Mi	(13)	25:23.2	8:09.8	5:04.6	25:23.2
20 KELLY, Will	101	St. Anne's-Belfield	(14)	25:29.6	8:11.8	5:05.9	25:29.6
21 WHITEHEAD, James	31	Collegiate	15	25:44.9	8:16.8	5:09.0	25:44.9
22 NGUYEN, Duc	107	St. Anne's-Belfield	(16)	26:50.3	8:37.8	5:22.1	26:50.3
23 EAKIN, McCoy	145	St. Christopher's Mi	-	27:13.8	8:45.3	5:26.8	27:13.8
24 SHUMADINE, Rand	151	St. Christopher's Mi	-	27:14.3	8:45.5	5:26.9	27:14.3
25 HAMID, Zayden	8	Collegiate	17	27:17.2	8:46.4	5:27.4	27:17.2
26 DUNLAP, Forrest	4	Collegiate	18	27:19.5	8:47.2	5:27.9	27:19.5
27 MARSHALL, Rylan	72	Fork Union	-	27:41.4	8:54.2	5:32.3	27:41.4
28 ZWERDLING, Henry	33	Collegiate	19	27:51.9	8:57.6	5:34.4	27:51.9
29 KASTELLO, Ari	100	St. Anne's-Belfield	-	28:13.8	9:04.6	5:38.8	28:13.8
30 KELLEHER, Ian	11	Collegiate	(20)	28:43.5	9:14.2	5:44.7	28:43.5
31 LYNCH, James	15	Collegiate	(21)	28:43.7	9:14.2	5:44.7	28:43.7
32 STERRETT, Teddy	152	St. Christopher's Mi	-	30:11.4	9:42.4	6:02.3	30:11.4
33 BRIMACOMBE, Michael	94	St. Anne's-Belfield	-	30:20.3	9:45.3	6:04.1	30:20.3
34 IRVING, Ely	147	St. Christopher's Mi	-	30:23.1	9:46.2	6:04.6	30:23.1
35 SAMUELS, Henry	25	Collegiate	-	30:40.2	9:51.7	6:08.0	30:40.2