

VHSL SUPER REGIONAL XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Wednesday, November 6, 2024



OFFICIAL MEET REPORT

printed: 11/6/2024 1:42 PM

Race #3
Girls 5C Championship

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Albemarle*Q-Team*	45	4-6-9-11-15(22)(26)	1:44:55	20:59	1:24.2
2 Midlothian High School*Q-	62	1-8-16-17-20(21)(43)	1:46:07	21:14	3:08.1
3 Douglas Freeman*Q-Team	72	7-10-12-19-24(33)	1:47:57	21:36	2:17.4
4 J.R. Tucker High School	123	13-14-23-32-41(42)(46)	1:54:16	22:52	3:12.2
5 Patrick Henry (Roanoke)	139	3-25-31-35-45(65)(67)	1:56:17	23:16	5:26.1
6 Louisa County High School	154	2-30-34-40-48(54)(56)	1:58:59	23:48	6:40.7
7 Franklin County	168	5-36-38-39-50(51)(53)	2:00:36	24:08	6:31.5
8 James River (Midlothian)	197	28-29-44-47-49(52)(57)	2:05:26	25:06	3:34.8
9 Mills Godwin	229	18-37-55-58-61(68)	2:16:28	27:18	9:34.2
10 Hermitage	271	27-59-60-62-63(64)(66)	2:29:30	29:54	9:51.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1K	1M	2.1M	4K
1 JAEGER, Kate *Q-Team*	SO	991	Midlothian High Sch	1	19:07.7	6:09.0	3:49.5	3:28.9	5:34.1	14:00.0	16:15.7
2 MANSFIELD, Mary *Q-Ind*	SR	965	Matoaca High Scho	-	19:51.4	6:23.1	3:58.3	3:37.9	5:50.9	14:33.1	16:57.4
3 LILES, Lillian *Q-Ind*	JR	940	Louisa County High	2	20:04.4	6:27.3	4:00.9	3:38.8	5:53.7	14:42.8	17:07.7
4 MURPHY, Nivav *Q-Ind*	JR	1309	Patrick Henry (Roa	3	20:11.3	6:29.5	4:02.3	3:41.3	5:56.8	14:41.9	17:09.7
5 PETERSON, Pia *Q-Team*	FR	699	Albemarle	4	20:23.1	6:33.3	4:04.6	3:40.6	5:55.1	15:03.5	17:28.8
6 ROACH, Caitlyn *Q-Ind*	SO	816	Franklin County	5	20:25.4	6:34.0	4:05.1	3:42.0	5:57.3	14:58.5	17:29.4
7 OCHS, Jillian *Q-Team*	JR	698	Albemarle	6	20:29.0	6:35.2	4:05.8	3:40.2	5:53.9	15:03.4	17:29.0
8 JOHNSON, Allie *Q-Team*	FR	773	Douglas Freeman	7	20:30.3	6:35.6	4:06.1	3:53.0	6:11.4	15:14.5	17:40.0
9 GRAVES, Elise *Q-Team*	SR	988	Midlothian High Sch	8	20:48.8	6:41.5	4:09.8	3:41.2	5:58.2	15:24.5	17:52.5
10 FRACIS, Sylvie *Q-Team*	SR	692	Albemarle	9	20:58.7	6:44.7	4:11.7	3:54.2	6:14.8	15:21.2	17:50.4
11 HOFFHEIMER, Abigail *Q-Te	SR	771	Douglas Freeman	10	21:05.4	6:46.9	4:13.1	3:41.0	5:56.1	15:25.5	17:54.9
12 TASSELL, Kenley *Q-Ind*	JR	966	Matoaca High Scho	-	21:08.7	6:47.9	4:13.7	3:48.6	6:08.5	15:28.7	18:03.1
13 UTHLAUT, Emily *Q-Team*	SR	705	Albemarle	11	21:16.8	6:50.5	4:15.4	3:57.0	6:20.5	15:37.4	18:08.5
14 HARRISON, Hannah Kate *Q	SR	768	Douglas Freeman	12	21:20.5	6:51.7	4:16.1	3:50.0	6:11.6	15:24.8	17:57.7
15 RODRIGUEZ, Cristina	SR	866	J.R. Tucker High Sc	13	21:31.9	6:55.4	4:18.4	3:55.4	6:19.6	15:50.4	18:24.5
16 MADDUX, Keeley	JR	862	J.R. Tucker High Sc	14	21:37.0	6:57.0	4:19.4	3:55.8	6:20.1	15:50.7	18:24.6
17 HUMPHRIES, Riley	SR	1326	Prince George High	-	21:44.0	6:59.3	4:20.8	3:42.8	6:09.5	15:58.1	18:40.1
18 STABLES, Erin *Q-Team*	SR	704	Albemarle	15	21:47.3	7:00.4	4:21.5	3:56.7	6:19.9	16:11.7	18:48.3
19 BOYLES, Annabelle *Q-Tea	FR	983	Midlothian High Sch	16	21:57.0	7:03.5	4:23.4	3:50.9	6:15.5	16:05.0	18:42.7
20 DESTEFANO, Ava *Q-Team*	SR	986	Midlothian High Sch	17	21:57.7	7:03.7	4:23.5	3:59.2	6:22.3	16:05.6	18:45.2
21 GROSSMAN, Loren	SO	1284	Mills Godwin	18	22:06.3	7:06.5	4:25.3	4:08.0	6:41.9	16:25.8	18:59.8
22 GAGEN, Alanna *Q-Team*	FR	764	Douglas Freeman	19	22:12.2	7:08.4	4:26.4	3:56.6	6:19.7	16:04.1	18:49.5
23 HARWOOD, Riley *Q-Team*	SO	989	Midlothian High Sch	20	22:15.8	7:09.5	4:27.2	3:59.0	6:22.4	16:16.5	18:58.2
24 NUCKOLS, Maggie *Q-Team	SO	993	Midlothian High Sch	(21)	22:26.5	7:13.0	4:29.3	4:00.2	6:29.8	16:22.4	19:00.6
25 BRANDT, Avery *Q-Team*	JR	687	Albemarle	(22)	22:30.3	7:14.2	4:30.1	3:56.5	6:20.3	16:25.4	19:02.9
26 MADDUX, Evie	FR	863	J.R. Tucker High Sc	23	22:42.3	7:18.0	4:32.5	3:57.5	6:22.5	16:33.0	19:14.4
27 GARDNER, Juliet *Q-Team*	JR	765	Douglas Freeman	24	22:47.7	7:19.8	4:33.5	4:07.9	6:40.7	16:45.2	19:29.7
28 BRABY, Eliza	JR	1306	Patrick Henry (Roa	25	22:50.2	7:20.6	4:34.0	4:00.4	6:26.2	16:29.3	19:16.3
29 CHENG, Katie *Q-Team*	SR	688	Albemarle	(26)	22:52.3	7:21.3	4:34.5	4:00.2	6:30.7	16:44.9	19:31.2
30 LAMRHARI, Noor	SO	832	Hermitage	27	23:12.1	7:27.6	4:38.4	3:59.1	6:32.2	17:11.7	19:59.8
31 ROACH, Nina	SR	896	James River (Midlot	28	23:13.4	7:28.0	4:38.7	4:00.5	6:31.5	16:54.6	19:46.6

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32 BIRKLAND, Emery	JR	891	James River (Midlot	29	23:18.8	7:29.8	4:39.8	3:59.4	6:31.5	16:59.6	19:48.1
33 REUTINGER, Abigail	SO	942	Louisa County High	30	23:23.5	7:31.3	4:40.7	4:15.4	6:50.7	17:04.6	19:51.8
34 GOAD, Lydia	JR	1307	Patrick Henry (Roa	31	23:34.9	7:35.0	4:43.0	4:18.0	6:56.2	17:10.1	20:04.5
35 AKERS, Elizabeth	SO	849	J.R. Tucker High Sc	32	23:40.3	7:36.7	4:44.1	3:57.8	6:28.9	17:07.3	19:59.5
36 WINTERHOFF, Lauren *Q-T	SR	782	Douglas Freeman	(33)	23:45.6	7:38.4	4:45.1	4:06.3	6:44.0	17:23.8	20:16.5
37 STRALEY, Nyah	SR	944	Louisa County High	34	24:02.1	7:43.7	4:48.4	4:14.9	6:49.4	17:16.3	20:17.2
38 WIEGARD, Brynne	FR	1312	Patrick Henry (Roa	35	24:03.0	7:44.0	4:48.6	4:12.8	6:51.6	17:15.8	20:14.3
39 MAY, Iona	FR	815	Franklin County	36	24:07.1	7:45.3	4:49.4	4:13.3	6:51.4	17:36.8	20:37.6
40 FLYNN, Sadie	FR	1283	Mills Godwin	37	24:15.2	7:47.9	4:51.0	4:20.9	6:58.2	17:35.9	20:35.9
41 VUKELICH, Jaidyn	SR	818	Franklin County	38	24:24.2	7:50.8	4:52.8	4:08.8	6:47.9	17:59.3	20:51.3
42 WILLIAMSON, Emmi	SO	820	Franklin County	39	24:41.9	7:56.5	4:56.4	4:08.3	6:47.2	17:49.8	20:53.5
43 AURAND, Abigail	SO	934	Louisa County High	40	24:43.1	7:56.9	4:56.6	4:23.4	7:05.0	17:58.7	20:59.4
44 MARTINEZ-MORENO, Sophi	SO	864	J.R. Tucker High Sc	41	24:44.1	7:57.2	4:56.8	4:08.3	6:46.4	18:19.0	21:17.1
45 FORD, Sydney	JR	858	J.R. Tucker High Sc	(42)	25:06.5	8:04.4	5:01.3	3:58.0	6:38.0	18:00.6	21:13.4
46 CURTIS, Sydney *Q-Team*	FR	985	Midlothian High Sch	(43)	25:15.2	8:07.2	5:03.0	3:55.8	6:24.1	18:14.9	21:28.4
47 ACUTO, Emily	SR	890	James River (Midlot	44	25:33.5	8:13.1	5:06.7	4:41.3	7:33.2	18:39.3	21:42.8
48 RECKLEY, Elisabeth	FR	1310	Patrick Henry (Roa	45	25:37.4	8:14.3	5:07.5	4:16.4	6:56.0	18:32.7	21:49.1
49 RUSSO, Isabel	SR	867	J.R. Tucker High Sc	(46)	25:42.2	8:15.9	5:08.4	4:17.2	7:03.4	18:42.5	21:53.4
50 MUNIZ-HERNANDEZ, Anahi	SR	1339	William Fleming	-	26:23.1	8:29.0	5:16.6	4:34.0	7:28.2	19:06.8	22:24.8
51 WILLIAMSON, Lucy	FR	901	James River (Midlot	47	26:31.5	8:31.7	5:18.3	4:23.5	7:14.4	19:15.3	22:30.9
52 NEMEC, Brooklyn	JR	941	Louisa County High	48	26:45.1	8:36.1	5:21.0	4:42.4	7:34.1	19:18.5	22:40.5
53 ORDAZ-HERNANDEZ, Ashle	SO	894	James River (Midlot	49	26:48.2	8:37.1	5:21.6	4:44.1	7:38.4	19:31.5	22:45.7
54 SMITH, Kadence	SO	817	Franklin County	50	26:56.9	8:39.9	5:23.4	4:42.8	7:39.8	19:44.6	22:59.0
55 WEAVER, Stella	FR	819	Franklin County	(51)	26:57.0	8:39.9	5:23.4	4:42.8	7:39.8	19:44.1	22:58.3
56 PARKER, Sophia	SO	895	James River (Midlot	(52)	27:14.4	8:45.5	5:26.9	4:35.6	7:33.2	19:43.7	22:59.5
57 HENRY, Sierra	FR	814	Franklin County	(53)	27:37.1	8:52.8	5:31.4	4:43.5	7:44.1	20:19.5	23:35.2
58 JONES, Arianna	SR	939	Louisa County High	(54)	28:21.2	9:07.0	5:40.2	4:46.8	7:42.7	20:31.3	24:14.2
59 ZOQUIER, Ambar	FR	1288	Mills Godwin	55	28:24.7	9:08.1	5:40.9	4:55.1	7:59.4	20:19.2	23:51.3
60 CAJIGAS, Chloe	JR	935	Louisa County High	(56)	28:33.5	9:11.0	5:42.7	4:46.7	7:43.1	20:32.2	24:14.7
61 STAPLETON, Riley	JR	898	James River (Midlot	(57)	28:45.8	9:14.9	5:45.2	4:24.9	7:19.5	20:25.3	24:16.5
62 THOMPSON, Hannah	FR	1286	Mills Godwin	58	30:01.3	9:39.2	6:00.3	5:01.8	8:09.1	21:18.0	25:08.0
63 MOCTEZUMA CARRIZALES	JR	1338	William Fleming	-	30:16.2	9:44.0	6:03.2	5:02.0	8:11.6	22:18.1	26:08.3
64 BUENO, Fernanda	FR	829	Hermitage	59	30:29.3	9:48.2	6:05.9	4:53.9	8:01.9	22:03.4	25:45.8
65 ROMERO, Roselin	SO	836	Hermitage	60	30:53.0	9:55.8	6:10.6	4:47.1	7:50.3	22:50.2	26:20.4
66 LEE, Charlotte	SR	964	Matoaca High Scho	-	31:02.6	9:58.9	6:12.5	4:33.6	7:37.6	22:09.1	26:23.8
67 BAUTISTA, Kayliana	SR	1329	William Fleming	-	31:04.6	9:59.5	6:12.9	5:02.8	8:13.3	22:32.8	26:21.5
68 CROOK, Caroline	SO	1281	Mills Godwin	61	31:40.5	10:11.1	6:20.1	5:10.8	8:41.3	23:07.3	27:13.1
69 LOPEZ, Angy	SO	833	Hermitage	62	31:51.8	10:14.7	6:22.4	5:00.7	8:14.8	24:18.9	27:42.6
70 SANCHEZ-DIAZ, Diana	SR	1340	William Fleming	-	33:01.7	10:37.2	6:36.3	5:06.8	8:39.7	24:12.5	28:28.9
71 BERNSTEIN, Saiesha	SO	828	Hermitage	63	33:03.7	10:37.8	6:36.7	5:00.8	8:16.3	24:19.9	28:29.3
72 COMARA, Massandje	FR	830	Hermitage	(64)	33:29.4	10:46.1	6:41.9	3:58.9	6:36.4	25:47.4	29:17.8
73 SCHMAEMAN, Averi	FR	1311	Patrick Henry (Roa	(65)	33:30.4	10:46.4	6:42.1	4:41.8	8:09.0	24:57.4	29:17.2
74 PATRICK, Taryn	FR	835	Hermitage	(66)	34:50.8	11:12.3	6:58.2	5:00.5	8:22.3	25:30.0	29:52.1
75 HERNANDEZ, Anaydet	FR	1308	Patrick Henry (Roa	(67)	35:50.2	11:31.4	7:10.0	5:14.8	8:54.1	25:04.4	29:46.3
76 SMITH, Emma	FR	1285	Mills Godwin	(68)	40:28.8	13:01.0	8:05.8	5:37.0	9:37.7	30:33.8	35:22.0