

VHSL SUPER REGIONAL XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Wednesday, November 6, 2024



OFFICIAL MEET REPORT

printed: 11/6/2024 2:10 PM

Race #4
Boys 5C Championship

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Albemarle*Q-Team*	31	2-3-7-8-11(16)(17)	1:24:04	16:49	0:48.9
2 Louisa County High School	91	10-15-18-23-25(36)(60)	1:27:58	17:36	0:49.9
3 J.R. Tucker High School*Q	95	5-14-20-22-34(62)(63)	1:28:03	17:37	1:57.7
4 Douglas Freeman	102	9-19-21-26-27(39)(55)	1:28:43	17:45	1:00.2
5 Midlothian High School	104	4-13-28-29-30(31)(35)	1:28:30	17:42	1:51.1
6 James River (Midlothian)	188	24-32-37-45-50(57)(69)	1:34:08	18:50	1:32.0
7 Franklin County	192	6-42-47-48-49(53)(70)	1:34:26	18:54	2:35.7
8 Mills Godwin	221	12-43-46-59-61(72)(77)	1:36:22	19:17	3:11.7
9 Matoaca High School	239	38-40-51-54-56(76)(78)	1:36:59	19:24	1:05.4
10 Patrick Henry (Roanoke)	258	33-44-52-64-65(66)(73)	1:39:04	19:49	2:13.7
11 Clover Hill	297	1-67-74-75-80(82)(85)	1:42:47	20:34	6:45.5
12 Hermitage	317	41-58-68-71-79(83)	1:43:35	20:43	3:26.7
13 William Fleming	426	81-84-86-87-88	2:07:08	25:26	5:15.7

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1K	1M	2.1M	4K
1 TAYLOR, Joshua *Q-Ind*	JR	737	Clover Hill	1	15:50.6	5:05.7	3:10.1	2:57.9	4:45.6	11:34.0	13:25.2
2 PHILLIPS, Eli *Q-Team*	SR	716	Albemarle	2	16:22.6	5:15.9	3:16.5	2:59.3	4:48.4	12:01.1	13:56.7
3 HILLIS, JT *Q-Team*	SR	712	Albemarle	3	16:26.0	5:17.0	3:17.2	2:59.2	4:48.4	12:02.5	14:01.1
4 SPILLER, Grayson *Q-Ind*	SO	1276	Midlothian High Sch	4	16:29.1	5:18.0	3:17.8	3:06.0	4:57.3	12:05.4	14:01.8
5 HAMNETT, Hugo *Q-Team*	JR	879	J.R. Tucker High Sc	5	16:41.0	5:21.9	3:20.2	3:03.7	4:57.2	12:06.3	14:06.4
6 BOWMAN, Jonah *Q-Ind*	JR	821	Franklin County	6	16:52.7	5:25.6	3:22.5	3:06.5	4:56.5	12:32.1	14:32.2
7 GATLYN, Caleb *Q-Team*	SO	710	Albemarle	7	16:59.0	5:27.7	3:23.8	3:14.9	5:10.7	12:31.2	14:28.3
8 KRONEBUSCH, Luke *Q-Te	SO	713	Albemarle	8	17:04.1	5:29.3	3:24.8	3:14.8	5:11.3	12:29.3	14:31.3
9 CASSIDY, Aidan *Q-Ind*	SR	792	Douglas Freeman	9	17:08.6	5:30.7	3:25.7	3:12.3	5:04.7	12:34.0	14:37.6
10 MCHUGH, Owen *Q-Team*	JR	954	Louisa County High	10	17:10.2	5:31.3	3:26.0	3:05.9	4:55.9	12:31.4	14:34.9
11 MACKEY, Jacob *Q-Team*	JR	715	Albemarle	11	17:11.5	5:31.7	3:26.3	3:12.9	5:08.5	12:38.3	14:39.9
12 WALKER, Bradey *Q-Ind*	JR	1303	Mills Godwin	12	17:12.6	5:32.0	3:26.5	3:15.5	5:12.8	12:46.9	14:47.8
13 KURICHH, Ryan	JR	1259	Midlothian High Sch	13	17:14.4	5:32.6	3:26.9	3:08.7	5:02.8	12:33.3	14:38.1
14 RICARDEZ, Alejandro *Q-Te	JR	887	J.R. Tucker High Sc	14	17:17.9	5:33.7	3:27.6	3:15.8	5:13.2	12:41.2	14:45.7
15 MYERS, Gavin *Q-Team*	SR	956	Louisa County High	15	17:20.3	5:34.5	3:28.1	3:07.1	5:04.3	12:41.6	14:46.7
16 DUNCAN, Baelin *Q-Team*	SR	709	Albemarle	(16)	17:24.1	5:35.7	3:28.8	3:07.0	5:00.4	12:49.2	14:52.3
17 HALL, Ryan *Q-Team*	SR	711	Albemarle	(17)	17:26.0	5:36.3	3:29.2	3:15.1	5:11.0	12:45.0	14:49.5
18 HURST-BARBEITO, Gabriel	JR	953	Louisa County High	18	17:30.7	5:37.8	3:30.1	3:08.3	5:07.1	12:54.3	15:04.6
19 MULHOLLAND, Wiley	SR	800	Douglas Freeman	19	17:31.0	5:37.9	3:30.2	3:15.3	5:12.4	12:48.1	14:52.6
20 SEHL, Carter *Q-Team*	SO	888	J.R. Tucker High Sc	20	17:31.8	5:38.2	3:30.4	3:16.1	5:13.9	12:54.5	15:04.9
21 GIRVIN, William	FR	795	Douglas Freeman	21	17:50.4	5:44.2	3:34.1	3:14.9	5:13.6	13:01.9	15:13.6
22 MA, Victor *Q-Team*	JR	882	J.R. Tucker High Sc	22	17:53.4	5:45.1	3:34.7	3:14.0	5:13.6	13:04.3	15:19.0
23 SHEPARD, Carson *Q-Team	SO	960	Louisa County High	23	17:56.7	5:46.2	3:35.3	3:13.5	5:14.7	13:11.8	15:21.2
24 YOST, Hudson	SO	924	James River (Midlot	24	17:57.0	5:46.3	3:35.4	3:22.2	5:24.9	13:15.0	15:21.9
25 CORNETT, Troy *Q-Team*	SR	947	Louisa County High	25	18:00.1	5:47.3	3:36.0	3:12.5	5:18.4	13:26.7	15:33.8
26 ALMSTEAD, Connor	SR	785	Douglas Freeman	26	18:04.1	5:48.6	3:36.8	3:27.1	5:26.5	13:10.0	15:23.0
27 WOZNIAK, Matthew	SR	813	Douglas Freeman	27	18:08.8	5:50.1	3:37.8	3:27.0	5:26.6	13:24.6	15:36.0

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1K	1M	2.1M	4K
28 SCHWABE, Sam	SO	1270	Midlothian High Sch	28	18:11.0	5:50.8	3:38.2	3:14.6	5:13.2	13:13.3	15:25.1
29 MICCO, Jack	SR	1262	Midlothian High Sch	29	18:15.3	5:52.2	3:39.1	3:24.6	5:25.8	13:35.3	15:53.1
30 SPENCER, Zach	SO	1274	Midlothian High Sch	30	18:20.2	5:53.8	3:40.0	3:14.4	5:12.6	13:12.9	15:32.2
31 TAMBOURINE, Garrett	SO	1277	Midlothian High Sch	(31)	18:27.0	5:55.9	3:41.4	3:16.1	5:16.4	13:26.7	15:42.5
32 NEWLIN, Davis	SO	919	James River (Midlot	32	18:32.7	5:57.8	3:42.5	3:23.9	5:26.8	13:31.7	15:46.5
33 VELICH, Lukas	JR	1324	Patrick Henry (Roa	33	18:36.2	5:58.9	3:43.2	3:31.8	5:31.4	13:30.7	15:47.5
34 THORPE, Will *Q-Team*	FR	889	J.R. Tucker High Sc	34	18:38.7	5:59.7	3:43.7	3:32.0	5:37.0	13:46.9	16:04.6
35 WOTRING, Kai	FR	1278	Midlothian High Sch	(35)	18:39.0	5:59.8	3:43.8	3:19.5	5:20.7	13:42.4	16:02.8
36 LOCKHART, Jedidiah	SO	1327	Prince George High	-	18:40.5	6:00.3	3:44.1	3:06.3	4:57.8	13:06.0	15:34.2
37 NEMEC, Brayden *Q-Team*	SO	957	Louisa County High	(36)	18:43.7	6:01.3	3:44.7	3:07.2	5:07.1	13:22.7	15:41.7
38 MURIAS, Juan	SR	918	James River (Midlot	37	18:45.6	6:01.9	3:45.1	3:24.6	5:28.7	13:44.3	16:00.7
39 GREESON, Isaac	SR	976	Matoaca High Scho	38	18:51.1	6:03.7	3:46.2	3:39.5	5:42.6	13:40.5	16:01.9
40 PELLEI, Luke	FR	802	Douglas Freeman	(39)	18:51.2	6:03.7	3:46.2	3:33.0	5:41.7	13:49.3	16:16.9
41 FLOOD, Bryson	SO	975	Matoaca High Scho	40	18:52.5	6:04.1	3:46.5	3:13.5	5:13.6	13:02.8	15:20.6
42 FORD, Benjamin	SR	840	Hermitage	41	18:57.5	6:05.8	3:47.5	3:29.6	5:39.5	13:50.7	16:16.5
43 GUILLIAMS, Nicholas	SR	825	Franklin County	42	19:09.3	6:09.5	3:49.9	3:38.6	5:50.8	14:13.2	16:27.7
44 ZALEWSKI, Luke	JR	1305	Mills Godwin	43	19:14.5	6:11.2	3:50.9	3:40.4	5:51.8	14:17.0	16:29.5
45 BJURMAN-BIRR, Jarrett	JR	1315	Patrick Henry (Roa	44	19:17.8	6:12.3	3:51.6	3:32.1	5:36.9	14:05.0	16:25.3
46 DENTON, Gray	FR	906	James River (Midlot	45	19:23.2	6:14.0	3:52.6	3:28.4	5:35.8	14:03.5	16:25.5
47 WOOD, Caleb	JR	1304	Mills Godwin	46	19:23.6	6:14.1	3:52.7	3:40.7	5:51.1	14:18.6	16:37.5
48 ROSE, Caleb	SO	826	Franklin County	47	19:26.8	6:15.2	3:53.4	3:40.0	5:53.9	14:21.7	16:42.4
49 SIMMS, Lucas	SO	827	Franklin County	48	19:28.1	6:15.6	3:53.6	3:40.3	5:53.4	14:22.7	16:42.8
50 ELWELL, Mitchell	SO	824	Franklin County	49	19:28.4	6:15.7	3:53.7	3:40.4	5:53.5	14:23.1	16:42.9
51 LOWERY, James	JR	915	James River (Midlot	50	19:29.0	6:15.9	3:53.8	3:33.1	5:42.7	14:13.1	16:31.9
52 HEZEL, Colin	SR	977	Matoaca High Scho	51	19:36.8	6:18.4	3:55.4	3:39.3	5:42.8	14:17.9	16:51.4
53 ARMSTEAD, Sullivan	SO	1313	Patrick Henry (Roa	52	19:38.7	6:19.0	3:55.7	3:41.0	5:52.4	14:22.9	16:46.5
54 CRANDALL, Mason	SO	822	Franklin County	(53)	19:41.5	6:19.9	3:56.3	3:34.0	5:53.4	14:24.0	16:43.9
55 WHITNEY, Cameron	JR	981	Matoaca High Scho	54	19:41.7	6:20.0	3:56.3	3:39.7	5:49.9	14:35.5	17:00.1
56 REDDINGTON, Greyson	JR	929	L.C. Bird	-	19:48.4	6:22.1	3:57.7	3:34.3	5:44.3	14:31.2	16:51.6
57 BATES, River	SO	786	Douglas Freeman	(55)	19:51.5	6:23.1	3:58.3	3:34.9	5:43.1	14:33.7	17:04.4
58 MORGAN, Christian	SO	980	Matoaca High Scho	56	19:56.5	6:24.7	3:59.3	3:32.7	5:41.1	14:27.0	16:53.1
59 CHAN, Shuai	JR	904	James River (Midlot	(57)	20:02.1	6:26.5	4:00.4	3:28.3	5:35.9	14:21.8	16:55.2
60 REEVES, Landon	SR	844	Hermitage	58	20:05.6	6:27.7	4:01.1	3:13.2	5:13.7	14:32.0	17:08.8
61 ROBINSON, Liam	JR	1295	Mills Godwin	59	20:06.2	6:27.8	4:01.2	3:41.7	5:57.4	14:45.0	17:06.8
62 WILSON, Nathaniel *Q-Team	JR	963	Louisa County High	(60)	20:20.0	6:32.3	4:04.0	3:31.6	5:37.0	15:21.2	17:34.4
63 SCHAEFFER, Luke	JR	1299	Mills Godwin	61	20:24.3	6:33.7	4:04.9	3:45.4	6:03.1	15:00.2	17:24.0
64 OJIBWAY, Manning *Q-Tea	SO	884	J.R. Tucker High Sc	(62)	20:33.7	6:36.7	4:06.7	3:33.6	5:41.4	14:33.9	17:16.2
65 CHANG, Bradley *Q-Team*	SR	871	J.R. Tucker High Sc	(63)	20:36.9	6:37.7	4:07.4	3:38.4	5:50.6	15:04.3	17:32.0
66 LIGHT, Isaac	SO	1320	Patrick Henry (Roa	64	20:41.2	6:39.1	4:08.2	3:41.5	5:55.4	15:08.1	17:46.3
67 BREAKELL, Griffin	SO	1316	Patrick Henry (Roa	65	20:49.9	6:41.9	4:10.0	3:45.9	6:08.0	15:17.8	17:49.1
68 NAFF, Carter	FR	1322	Patrick Henry (Roa	(66)	20:53.0	6:42.9	4:10.6	3:41.1	5:54.3	14:59.2	17:33.6
69 TURNER, Justin	JR	738	Clover Hill	67	20:53.4	6:43.0	4:10.7	3:55.4	6:14.2	15:29.1	17:58.7
70 NAMORATO, David	SR	842	Hermitage	68	20:54.5	6:43.4	4:10.9	3:39.9	6:00.8	15:14.4	17:49.0
71 ROSELLI, Ethan	SR	930	L.C. Bird	-	21:03.5	6:46.3	4:12.7	3:50.2	6:12.1	15:22.8	17:57.4
72 RAE, Garrett	JR	920	James River (Midlot	(69)	21:04.7	6:46.7	4:12.9	3:41.0	5:56.5	15:16.4	17:57.7
73 EANES, Brodie	SO	823	Franklin County	(70)	21:11.8	6:48.9	4:14.4	3:43.8	6:03.0	15:16.8	17:57.1

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74 SAMOS, Rylan	JR	845	Hermitage	71	21:12.8	6:49.3	4:14.6	3:41.5	6:01.8	15:35.9	18:12.6
75 ROGERS, Jackson	FR	1296	Mills Godwin	(72)	21:18.3	6:51.0	4:15.7	3:57.0	6:21.1	15:29.4	18:01.9
76 MALICK, Zenon	FR	1321	Patrick Henry (Roa	(73)	21:28.9	6:54.4	4:17.8	3:51.4	6:08.7	15:38.9	18:19.3
77 COLASUNDO, Parker	SR	726	Clover Hill	74	21:39.2	6:57.7	4:19.8	3:46.2	6:13.9	15:52.4	18:27.7
78 MARTIN, Cole	FR	731	Clover Hill	75	21:46.8	7:00.2	4:21.4	3:56.5	6:20.3	15:53.8	18:30.7
79 KEEFER, Jake	FR	979	Matoaca High Scho	(76)	21:50.6	7:01.4	4:22.1	3:52.2	6:12.6	15:52.9	18:34.1
80 CRESSWELL, Luke	SO	1289	Mills Godwin	(77)	21:52.3	7:02.0	4:22.5	3:49.6	6:14.1	15:41.2	18:33.1
81 DALEY, Keegan	SO	974	Matoaca High Scho	(78)	21:58.8	7:04.1	4:23.8	3:55.6	6:18.5	15:55.8	18:38.6
82 MICKIEWICZ, Joseph	SR	927	L.C. Bird	-	22:05.3	7:06.1	4:25.1	3:56.6	6:21.0	16:13.8	18:56.1
83 COLEMAN, Jayden	SR	839	Hermitage	79	22:24.2	7:12.2	4:28.8	3:32.7	5:43.9	15:55.7	18:51.1
84 SCARBOROUGH, Latiyf	JR	733	Clover Hill	80	22:36.1	7:16.0	4:31.2	3:58.3	6:27.1	16:16.0	19:05.2
85 HARRIS, Noah	SR	1346	William Fleming	81	22:43.7	7:18.5	4:32.7	4:08.1	6:39.4	16:35.9	19:23.5
86 SHELAH, Dominic	FR	734	Clover Hill	(82)	23:01.9	7:24.3	4:36.4	3:56.0	6:20.4	16:34.7	19:23.0
87 JIMENEZ, Isaac	SO	841	Hermitage	(83)	23:02.2	7:24.4	4:36.4	3:41.3	6:04.2	16:14.1	19:24.2
88 LEY, Bode	JR	1293	Mills Godwin	-	23:19.2	7:29.9	4:39.8	4:04.1	6:31.2	16:54.2	19:44.3
89 DEANE, Tayshaun	SO	1343	William Fleming	84	23:30.2	7:33.4	4:42.0	3:54.9	6:20.6	17:12.6	19:57.1
90 RIOS, Ricardo	JR	1328	Prince George High	-	24:11.6	7:46.8	4:50.3	3:39.5	6:02.7	17:18.0	20:14.9
91 EDMONDS, Daniel	SO	728	Clover Hill	(85)	24:31.9	7:53.3	4:54.4	3:42.1	6:17.2	17:42.0	20:43.3
92 DONER, Adam	SO	1344	William Fleming	86	24:54.5	8:00.5	4:58.9	4:11.3	6:55.0	18:18.5	21:12.8
93 MENDEZ-GIRON, Marco	SO	1347	William Fleming	87	27:59.3	9:00.0	5:35.9	4:18.0	6:59.7	20:46.1	24:08.0
94 CROUSE, Camden	SO	1342	William Fleming	88	27:59.4	9:00.0	5:35.9	4:05.9	6:52.0	20:45.9	24:08.1
-- BOWMAN, Jacob	SR	838	Hermitage	-	---	---	---	3:37.2	6:01.1	24:18.0	
-- SCHLEGELMILCH, Javi	SR	1301	Mills Godwin	-	---	---	---	3:11.8	5:05.4		
-- TILLAR, Ben	SO	1302	Mills Godwin	-	---	---	---	3:45.9	6:05.2		
-- RICHARDSON, Eli	SO	1348	William Fleming	-	---	---	---	4:15.9	6:59.1		
-- GARCIA-FERIA, Henry	SR	1345	William Fleming	-	---	---	---	3:54.7	6:29.5		
-- PEACE, Taj	SR	928	L.C. Bird	-	---	---	---	3:25.3	5:32.2		
-- MARTINEZ, Yosel	SO	883	J.R. Tucker High Sc	-	---	---	---	24:45.4			
-- BRADBURY, Bryce	FR	946	Louisa County High	-	---	---	---	4:48.4			
-- ARMSTEAD, Johnny	SR	868	J.R. Tucker High Sc	-	---	---	---	3:26.7	5:12.6	24:46.5	