

VHSL SUPER REGIONAL XC CHAMPIONSHIP

Mechanicsville, VA

Pole Green Park

Wednesday, November 6, 2024



OFFICIAL MEET REPORT

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Race #8
Boys 4B Championship

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Atlee*Q-Team*	24	1-2-5-7-9(17)(21)	1:23:16	16:40	0:46.2
2 Hanover*Q-Team*	44	3-4-6-15-16(18)(23)	1:25:03	17:01	1:06.4
3 Patrick Henry (Ashland)*Q-	115	12-20-24-26-33(54)	1:31:36	18:20	1:47.1
4 King George	126	8-19-22-37-40(48)(52)	1:31:57	18:24	2:25.3
5 Spotsylvania	140	13-25-28-30-44(53)(56)	1:33:13	18:39	2:11.8
6 Monacan High School	193	11-35-38-45-64(66)(67)	1:36:10	19:14	3:37.5
7 Caroline High School	198	10-29-49-50-60(65)(86)	1:36:09	19:14	3:20.2
8 Courtland	202	27-31-42-47-55(63)(70)	1:37:00	19:24	1:28.4
9 Eastern View High School	270	14-46-62-72-76(84)	1:42:22	20:29	4:58.5
10 Powhatan High School	271	32-51-59-61-68(73)	1:41:20	20:16	2:33.1
11 Chancellor	274	34-39-58-69-74(79)(80)	1:42:28	20:30	2:58.4
12 Mechanicsville High School	280	36-41-57-71-75(77)(83)	1:43:24	20:41	3:12.8
13 Varina	398	43-81-89-92-93	2:09:20	25:52	11:03.2
14 Dinwiddie	420	78-82-85-87-88(90)(91)	1:59:59	24:00	2:39.9

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1K	1M	2.1M	4K
1 MULCAHY, James *Q-Team*	JR	363	Atlee	1	16:19.7	5:15.0	3:15.9	3:08.3	5:00.4	12:05.7	13:58.9
2 GUEST, Owen *Q-Team*	SR	348	Atlee	2	16:26.8	5:17.3	3:17.4	3:08.7	5:00.4	12:06.0	13:59.3
3 CHANDLER, Ben *Q-Team*	SR	477	Hanover	3	16:33.6	5:19.5	3:18.7	3:08.2	4:59.8	12:05.8	14:03.0
4 MILLER, Eli *Q-Team*	JR	488	Hanover	4	16:33.7	5:19.5	3:18.7	3:08.0	4:59.4	12:08.2	14:08.2
5 HAGBERG, Noah *Q-Team*	JR	349	Atlee	5	16:39.2	5:21.3	3:19.8	3:09.2	5:01.2	12:14.9	14:14.5
6 WILLIAMS, Stewart *Q-Team	JR	496	Hanover	6	16:43.0	5:22.5	3:20.6	3:09.1	5:01.2	12:16.3	14:16.7
7 LAHRMAN, Mason *Q-Team	SR	359	Atlee	7	16:44.1	5:22.9	3:20.8	3:09.6	5:02.3	12:17.9	14:18.6
8 WINGEART, Timothy *Q-Ind*	SO	536	King George	8	17:03.5	5:29.1	3:24.7	3:15.8	5:09.0	12:16.6	14:22.8
9 GOURLEY, Jace *Q-Team*	SR	346	Atlee	9	17:05.9	5:29.9	3:25.2	3:15.5	5:07.9	12:25.8	14:30.5
10 DUDENHEFER, Matthew *Q-	SR	379	Caroline High Scho	10	17:13.2	5:32.2	3:26.6	3:14.7	5:10.8	12:49.0	14:53.5
11 BROWN, Greyson *Q-Ind*	JR	575	Monacan High Sch	11	17:14.3	5:32.6	3:26.9	3:14.2	5:08.6	12:48.3	14:53.0
12 JOYCE, Mack *Q-Team*	SR	608	Patrick Henry (Ashl	12	17:17.2	5:33.5	3:27.4	3:15.2	5:11.2	12:47.5	14:52.0
13 WALLACE, Jayden *Q-Ind*	JR	670	Spotsylvania	13	17:24.9	5:36.0	3:29.0	3:11.3	5:07.2	12:41.8	14:54.0
14 DELUCA, Mason *Q-Ind*	SR	436	Eastern View High	14	17:30.0	5:37.6	3:30.0	3:15.2	5:11.0	12:53.2	14:59.4
15 WARNER, Eli *Q-Team*	SO	495	Hanover	15	17:32.1	5:38.3	3:30.4	3:09.6	5:08.3	12:50.8	14:58.3
16 BRENEMAN, Blaise *Q-Tea	SR	474	Hanover	16	17:40.0	5:40.8	3:32.0	3:09.8	5:02.5	12:26.6	14:48.6
17 ALGAPPAN, Ashok *Q-Team	FR	331	Atlee	(17)	17:48.2	5:43.5	3:33.6	3:14.9	5:08.0	12:55.8	15:06.9
18 MACDONALD, Deacon *Q-T	SR	486	Hanover	(18)	17:53.1	5:45.0	3:34.6	3:09.6	5:02.8	12:55.3	15:11.4
19 CROMBIE, Sam	JR	522	King George	19	18:01.8	5:47.8	3:36.4	3:27.1	5:29.2	13:18.7	15:27.8
20 WOOD, Hayden *Q-Team*	JR	614	Patrick Henry (Ashl	20	18:02.6	5:48.1	3:36.5	3:15.6	5:11.8	13:11.0	15:26.3
21 HALEY, Jake *Q-Team*	JR	350	Atlee	(21)	18:06.3	5:49.3	3:37.3	3:17.3	5:18.2	13:15.3	15:26.5
22 CLARKE, Isaac	SR	521	King George	22	18:09.1	5:50.2	3:37.8	3:28.5	5:34.7	13:24.3	15:34.8
23 SMITH, Jonah *Q-Team*	JR	491	Hanover	(23)	18:17.4	5:52.9	3:39.5	3:21.1	5:21.6	13:20.3	15:36.1
24 PARRISH, Marcus *Q-Team*	SR	612	Patrick Henry (Ashl	24	18:31.0	5:57.2	3:42.2	3:16.2	5:13.7	13:38.5	15:59.3
25 VALASKO, Jackson	JR	669	Spotsylvania	25	18:34.8	5:58.5	3:43.0	3:35.8	5:43.1	13:42.5	15:52.1
26 NICKELS, Aidan *Q-Team*	SR	610	Patrick Henry (Ashl	26	18:39.9	6:00.1	3:44.0	3:16.0	5:15.4	13:44.4	16:00.1

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1K	1M	2.1M	4K
27 BAUTISTA, Kevin	JR	409	Courtland	27	18:43.7	6:01.3	3:44.7	3:28.4	5:30.4	13:31.3	15:46.4
28 HARMON, Austyn	JR	664	Spotsylvania	28	18:44.7	6:01.6	3:44.9	3:23.6	5:29.3	13:42.3	15:58.2
29 DUKE, Arthur	SO	380	Caroline High Scho	29	18:48.3	6:02.8	3:45.7	3:33.1	5:40.9	14:00.1	16:08.9
30 BRUERE, Xander	SO	658	Spotsylvania	30	18:51.3	6:03.8	3:46.3	3:36.8	5:44.6	13:56.7	16:18.4
31 WHITE, Arren	JR	413	Courtland	31	18:51.6	6:03.9	3:46.3	3:14.1	5:13.9	13:47.3	16:10.6
32 JOHNSON, RaeDen	SO	626	Powhatan High Sch	32	18:52.0	6:04.0	3:46.4	3:20.7	5:26.8	13:49.1	16:07.8
33 WORTHINGTON, Bryson *Q-	FR	615	Patrick Henry (Ashl	33	19:04.3	6:07.9	3:48.9	3:28.2	5:35.3	14:02.1	16:17.0
34 HAYNER, Dylan	JR	397	Chancellor	34	19:05.7	6:08.4	3:49.1	3:26.9	5:29.8	13:59.6	16:18.7
35 CHATTERS, Justice	FR	577	Monacan High Sch	35	19:08.2	6:09.2	3:49.6	3:27.1	5:34.1	14:01.5	16:24.1
36 SMITH, Judson	SO	553	Mechanicsville High	36	19:08.9	6:09.4	3:49.8	3:24.0	5:25.0	13:52.2	16:15.0
37 TRITT, Elijah	SO	533	King George	37	19:13.0	6:10.7	3:50.6	3:44.1	5:55.6	14:09.2	16:26.3
38 POSEY, Adam	FR	586	Monacan High Sch	38	19:18.3	6:12.4	3:51.7	3:34.6	5:41.9	14:03.6	16:28.3
39 BERGERMANN, Carson	JR	394	Chancellor	39	19:20.4	6:13.1	3:52.1	3:28.6	5:35.0	14:10.3	16:37.4
40 PARKER, Ethan	SR	527	King George	40	19:28.8	6:15.8	3:53.8	3:39.8	5:53.8	14:29.8	16:44.6
41 CREW, Jj	JR	547	Mechanicsville High	41	19:31.1	6:16.6	3:54.2	3:36.5	5:48.5	14:26.1	16:49.1
42 BERGIN, Logan	SO	410	Courtland	42	19:31.2	6:16.6	3:54.2	3:32.5	5:41.2	14:15.7	16:39.2
43 PEROUNE, Marsean	SR	682	Varina	43	19:31.5	6:16.7	3:54.3	3:32.4	5:41.3	14:11.7	16:36.5
44 DESNOYER, Jacob	JR	662	Spotsylvania	44	19:36.7	6:18.4	3:55.3	3:40.6	5:50.6	14:20.9	16:48.5
45 IVEY, Jackson	FR	579	Monacan High Sch	45	19:37.1	6:18.5	3:55.4	3:37.9	5:47.5	14:13.4	16:37.9
46 JACKSON, Adien	SO	442	Eastern View High	46	19:38.8	6:19.0	3:55.8	3:34.5	5:41.1	14:30.8	16:50.8
47 ANDERSON, Liam	FR	408	Courtland	47	19:41.4	6:19.9	3:56.3	3:35.3	5:43.6	14:14.5	16:39.3
48 GRIFFITHS, Grant	SR	524	King George	(48)	19:42.8	6:20.3	3:56.6	3:49.9	6:04.7	14:32.0	16:51.9
49 SOMERS, Jordan	SR	392	Caroline High Scho	49	19:45.7	6:21.3	3:57.1	3:33.4	5:40.4	14:21.4	16:48.0
50 MARTIN, Bradley	JR	388	Caroline High Scho	50	19:48.1	6:22.0	3:57.6	3:33.8	5:41.9	14:27.7	16:54.2
51 EDLING, Caleb	SR	624	Powhatan High Sch	51	19:48.9	6:22.3	3:57.8	3:27.3	5:39.6	14:27.4	16:53.8
52 INZANA, Kaleb	JR	525	King George	(52)	20:02.9	6:26.8	4:00.6	3:43.2	5:55.0	14:48.6	17:18.6
53 BAIR, Aidan	SR	656	Spotsylvania	(53)	20:05.0	6:27.5	4:01.0	3:35.8	5:42.9	14:22.2	17:01.3
54 HAWKS, Josiah *Q-Team*	JR	606	Patrick Henry (Ashl	(54)	20:08.8	6:28.7	4:01.8	3:48.0	6:01.0	14:49.1	17:17.8
55 WILIFORD, Griffin	SO	414	Courtland	55	20:12.1	6:29.7	4:02.4	3:34.1	5:47.2	14:36.0	17:11.4
56 LASERNA, Grayson	JR	665	Spotsylvania	(56)	20:15.6	6:30.9	4:03.1	3:44.4	5:59.3	15:01.1	17:28.3
57 LEONARD, Alex	SR	548	Mechanicsville High	57	20:24.9	6:33.9	4:05.0	3:36.2	5:48.8	14:51.9	17:24.3
58 OSEGUEDA, Carlos	SR	398	Chancellor	58	20:28.5	6:35.0	4:05.7	3:19.2	5:28.6	14:17.9	17:06.0
59 URBAN, Ryan	FR	630	Powhatan High Sch	59	20:31.5	6:36.0	4:06.3	3:47.1	6:04.7	15:05.0	17:40.0
60 LUNN, Will	JR	386	Caroline High Scho	60	20:33.4	6:36.6	4:06.7	3:33.4	5:41.0	14:47.6	17:35.3
61 COLLAZO, Aiden	FR	623	Powhatan High Sch	61	20:41.7	6:39.3	4:08.3	3:39.7	5:55.3	14:56.4	17:34.0
62 JACKSON, Emir	SR	441	Eastern View High	62	20:45.1	6:40.4	4:09.0	3:39.0	5:55.1	15:08.9	17:46.7
63 MARCHETTI, Mason	JR	412	Courtland	(63)	20:45.2	6:40.4	4:09.0	3:35.5	5:47.9	15:10.5	17:40.8
64 MEREDITH, Dominick	FR	583	Monacan High Sch	64	20:51.8	6:42.5	4:10.4	3:43.5	5:59.9	15:13.0	17:53.3
65 MCVEY, Joshua	FR	389	Caroline High Scho	(65)	20:54.4	6:43.3	4:10.9	3:46.8	6:07.0	15:19.5	17:56.6
66 PHILLIPS, Dylan	SR	585	Monacan High Sch	(66)	20:56.5	6:44.0	4:11.3	3:49.3	6:08.5	15:26.7	17:59.7
67 BRUMMER, Sterling	SR	576	Monacan High Sch	(67)	20:58.1	6:44.5	4:11.6	3:48.0	6:09.3	15:27.8	17:58.2
68 BRUNO, Ian	FR	622	Powhatan High Sch	68	21:25.1	6:53.2	4:17.0	3:54.6	6:18.0	15:46.4	18:21.7
69 REYES, Leeland	FR	399	Chancellor	69	21:28.9	6:54.4	4:17.8	3:48.4	6:07.1	15:32.9	18:26.2
70 DEANGELO, Ethan	SR	411	Courtland	(70)	21:29.1	6:54.5	4:17.8	3:50.6	6:15.5	15:49.6	18:33.1
71 RALPH, Jamaal	FR	550	Mechanicsville High	71	21:56.7	7:03.4	4:23.3	3:46.4	6:08.4	15:38.2	18:40.8
72 STUART, Lincoln	SO	449	Eastern View High	72	21:59.3	7:04.2	4:23.9	3:50.6	6:14.4	15:48.2	18:38.3

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73 NASH, Torie	SR	627	Powhatan High Sch	(73)	21:59.8	7:04.4	4:24.0	3:54.1	6:19.4	16:05.3	18:55.3
74 DAHART, Henry	FR	396	Chancellor	74	22:04.1	7:05.8	4:24.8	3:49.9	6:10.7	16:06.8	18:48.4
75 VOLLES, Jude	SO	554	Mechanicsville High	75	22:21.7	7:11.4	4:28.3	3:46.2	6:10.9	16:26.1	19:05.8
76 HOOVER, Miles	FR	440	Eastern View High	76	22:28.5	7:13.6	4:29.7	3:50.7	6:16.4	16:18.6	19:10.6
77 MATTERSON, Joaquin	SO	549	Mechanicsville High	(77)	22:32.9	7:15.0	4:30.6	3:46.1	6:06.3	16:13.0	19:02.1
78 SALAZAR, Abe	SR	427	Dinwiddie	78	22:39.1	7:17.0	4:31.8	3:40.2	6:03.2	16:31.9	19:23.4
79 WRIGHT, Jackson	JR	400	Chancellor	(79)	22:40.4	7:17.4	4:32.1	3:52.9	6:17.9	16:38.6	19:25.2
80 CAMPBELL, Joesph	FR	395	Chancellor	(80)	22:42.4	7:18.1	4:32.5	3:53.0	6:16.0	16:25.7	19:15.7
81 SHABAZZ, Jassan	SR	683	Varina	81	23:29.7	7:33.3	4:41.9	3:54.2	6:25.3	16:57.9	19:59.5
82 BEEKWILDER, Joseph	SR	418	Dinwiddie	82	23:31.1	7:33.7	4:42.2	3:50.0	6:20.9	17:08.3	20:12.5
83 ADAMS, Gavin	SO	546	Mechanicsville High	(83)	23:34.8	7:34.9	4:43.0	3:46.9	6:12.8	16:55.6	20:03.6
84 MORGAN, Liam	FR	446	Eastern View High	(84)	23:36.0	7:35.3	4:43.2	3:52.2	6:16.6	16:09.4	18:56.4
85 BURRELL, Khari	JR	420	Dinwiddie	85	24:00.8	7:43.3	4:48.2	3:56.5	6:24.4	17:19.2	20:24.7
86 IDDENS, Seth	FR	381	Caroline High Scho	(86)	24:06.3	7:45.0	4:49.3	4:19.2	6:57.0	18:22.0	20:59.0
87 BRADFORD, Evan	SO	419	Dinwiddie	87	24:28.1	7:52.1	4:53.6	4:08.8	6:42.5	17:45.5	20:52.1
88 BLEDSOE, DreShawn	SO	500	Henrico	-	25:16.5	8:07.6	5:03.3	4:37.2	7:24.1	18:54.4	21:57.4
89 KOKER, Emmanuel	JR	501	Henrico	-	25:18.0	8:08.1	5:03.6	4:37.9	7:25.8	18:54.3	21:57.6
90 MIJARES, Avery	SO	425	Dinwiddie	88	25:19.0	8:08.4	5:03.8	3:55.2	6:21.6	18:27.0	21:46.1
91 WELSHMAN, Rashaun	JR	685	Varina	89	25:19.1	8:08.5	5:03.8	4:02.0	6:40.9	18:36.8	21:54.1
92 FOOS, Raymond	FR	422	Dinwiddie	(90)	25:20.4	8:08.9	5:04.1	3:53.9	6:23.0	18:47.0	21:57.8
93 PESCHINI, Xavier	SR	426	Dinwiddie	(91)	28:09.9	9:03.4	5:38.0	4:29.8	7:32.5	20:53.8	24:19.5
94 MORRIS, Devontae	SR	681	Varina	92	30:24.1	9:46.5	6:04.8	4:38.3	7:36.3	23:02.2	27:09.7
95 SOMERVILLE, Ramel	SR	684	Varina	93	30:34.7	9:49.9	6:06.9	4:38.5	7:36.5	23:02.5	27:09.6
-- HERNANDEZ, Giovanni	SR	625	Powhatan High Sch	-		---	---	3:22.8	5:36.2		