

MEAC CROSS COUNTRY CHAMPIONSHIPS

Smyrna, DE
 DSU Outreach & Research Center
 Saturday, November 2, 2024



OFFICIAL MEET REPORT
 printed: 11/2/2024 11:42 AM

Race #1
Mens 8k Championship

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Norfolk State	27	2-3-4-5-13(21)	2:02:18	24:28	2:29.6
2 N.C. Central	59	1-8-11-19-20(26)(38)	2:08:27	25:42	3:44.8
3 Delaware State	67	6-9-10-18-24(35)(41)	2:09:46	25:58	2:46.2
4 Howard	103	14-16-22-23-28	2:14:57	27:00	1:13.8
5 Morgan State	107	12-15-17-30-33(50)	2:14:52	26:59	2:36.2
6 Maryland-Eastern Shore	139	7-27-31-34-40(42)	2:18:37	27:44	4:18.5
7 Coppin State	162	25-29-32-37-39(44)(45)	2:22:00	28:24	2:13.1
8 SC State	220	36-43-46-47-48(49)	2:44:58	33:00	6:56.1

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	800m	2.4K	4.5K	6K
1 KUYO, Meshack	SO	74	N.C. Central	1	23:18.2	4:41.3	2:54.8	2:03.2	7:21.2	13:05.7	18:29.3
2 ROTICH, Brian	SR	90	Norfolk State	2	23:34.6	4:44.6	2:56.8	2:03.9	7:22.1	13:10.2	18:42.5
3 KITUR, Raphael	SR	88	Norfolk State	3	23:59.9	4:49.7	3:00.0	2:03.9	7:22.2	13:17.0	18:53.2
4 JUMO, Victor	JR	87	Norfolk State	4	24:18.8	4:53.5	3:02.4	2:04.1	7:27.4	13:38.2	19:22.6
5 SIGEI, Gidion	SR	91	Norfolk State	5	24:20.4	4:53.8	3:02.6	2:05.5	7:38.5	13:38.8	19:22.5
6 DRAZAN, Marian	SO	19	Delaware State	6	24:31.6	4:56.1	3:04.0	2:05.3	7:43.4	13:49.3	19:33.0
7 RIDGEWAY, Jalen	SO	51	Maryland-Eastern S	7	25:15.3	5:04.9	3:09.4	2:09.7	7:57.4	14:17.9	20:09.5
8 PADDYFOTE, Emmanuel	JR	76	N.C. Central	8	25:24.0	5:06.6	3:10.5	2:07.3	7:50.6	14:12.8	20:15.5
9 SMITH, Devin	SR	22	Delaware State	9	25:27.6	5:07.4	3:11.0	2:07.0	7:49.6	14:13.5	20:15.8
10 DREW, Jonathan	SO	20	Delaware State	10	25:34.6	5:08.8	3:11.8	2:09.5	8:04.1	14:30.4	20:29.2
11 KIMUTAI, Evans	SO	73	N.C. Central	11	25:41.2	5:10.1	3:12.7	2:07.8	7:57.0	14:25.2	20:29.2
12 BENNETT, Perry	SR	58	Morgan State	12	25:45.6	5:11.0	3:13.2	2:04.7	7:43.1	14:09.7	20:20.6
13 KOECH, Basil	SO	89	Norfolk State	13	26:04.2	5:14.7	3:15.5	2:04.7	7:51.7	14:27.1	20:41.2
14 SHEPHERD, William	FR	38	Howard	14	26:18.3	5:17.6	3:17.3	2:18.2	8:17.8	14:49.9	20:56.1
15 MINCEY, Caleb	FR	62	Morgan State	15	26:22.4	5:18.4	3:17.8	2:19.4	8:17.9	14:49.7	20:56.2
16 ROBINSON, Paul	FR	37	Howard	16	26:39.2	5:21.8	3:19.9	2:22.7	8:29.9	15:09.5	21:19.8
17 GRAY, Davian	SR	60	Morgan State	17	26:41.8	5:22.3	3:20.2	2:19.1	8:22.4	15:02.5	21:12.1
18 CAIN, Ian	FR	17	Delaware State	18	26:54.4	5:24.8	3:21.8	2:13.8	8:12.4	14:59.4	21:21.1
19 DOZIER, Sebastian	SR	71	N.C. Central	19	27:00.1	5:26.0	3:22.5	2:14.8	8:18.2	15:10.0	21:32.1
20 CHONG, Ryan	SO	70	N.C. Central	20	27:03.0	5:26.6	3:22.9	2:18.4	8:21.9	15:07.0	21:28.8
21 BETT, Christopher	SO	86	Norfolk State	(21)	27:03.4	5:26.6	3:22.9	2:03.4	7:58.7	14:54.8	21:20.3
22 ODHIAMBO, Adams	FR	36	Howard	22	27:11.1	5:28.2	3:23.9	2:22.6	8:30.2	15:13.8	21:36.8
23 EPLEY, Habtamu	FR	34	Howard	23	27:15.7	5:29.1	3:24.5	2:22.1	8:32.3	15:26.8	21:52.3
24 KELLER, Da'Shawn	SO	21	Delaware State	24	27:17.8	5:29.5	3:24.7	2:13.7	8:18.3	15:04.2	21:43.2
25 NURA, Humed	SO	5	Coppin State	25	27:19.8	5:29.9	3:25.0	2:13.7	8:18.5	15:21.2	21:55.7
26 LITTLE, Corey	JR	75	N.C. Central	(26)	27:20.9	5:30.2	3:25.1	2:19.2	8:34.4	15:31.5	21:56.7
27 AYERS, Bryce	SR	46	Maryland-Eastern S	27	27:26.1	5:31.2	3:25.8	2:13.3	8:28.7	15:30.3	21:59.4
28 ABIADE, Adam	FR	33	Howard	28	27:32.1	5:32.4	3:26.5	2:13.4	8:14.5	15:08.2	21:54.0
29 FRANCIS, Asa	SO	1	Coppin State	29	27:39.1	5:33.8	3:27.4	2:11.7	8:22.8	15:22.9	22:02.1
30 SKINNER, Samuel	FR	63	Morgan State	30	27:39.6	5:33.9	3:27.5	2:22.7	8:43.1	15:44.8	22:19.0
31 EMUZE, Destiny	SO	47	Maryland-Eastern S	31	27:56.0	5:37.2	3:29.5	2:15.0	8:30.9	15:40.9	22:19.1
32 TORGBENU, Etiam	SR	8	Coppin State	32	28:07.1	5:39.5	3:30.9	2:14.4	8:35.7	15:45.8	22:22.7
33 FULLERTON, Rushshane	SR	59	Morgan State	33	28:21.8	5:42.4	3:32.7	2:26.1	9:01.3	16:12.1	22:45.2

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	800m	2.4K	4.5K	6K
34 MARTIN, David	JR	50	Maryland-Eastern S	34	28:25.2	5:43.1	3:33.2	2:17.8	8:36.9	15:48.5	22:40.8
35 WAWERU, Mugo	FR	23	Delaware State	(35)	28:54.9	5:49.1	3:36.9	2:25.5	9:02.2	16:17.0	23:01.3
36 GEORGE, Kenton	SO	105	SC State	36	29:10.2	5:52.2	3:38.8	2:19.8	8:55.8	16:20.4	23:17.6
37 RADZAK, Abdul	JR	6	Coppin State	37	29:20.3	5:54.2	3:40.0	2:13.5	8:49.1	16:12.2	23:10.7
38 KIBET, Wesley	FR	72	N.C. Central	(38)	29:28.7	5:55.9	3:41.1	2:20.2	8:52.0	16:20.6	23:18.6
39 MORTIMER, Dentry	FR	3	Coppin State	39	29:32.9	5:56.7	3:41.6	2:19.5	8:58.5	16:41.2	23:40.0
40 GOLLOP, Favian	SO	48	Maryland-Eastern S	40	29:33.8	5:56.9	3:41.7	2:27.7	9:16.5	16:43.4	23:45.4
41 ADAMS JR., Bryant	JR	16	Delaware State	(41)	29:33.9	5:56.9	3:41.7	2:15.0	8:28.5	16:07.1	23:44.2
42 ISEKENEGBE, Oshioke	FR	49	Maryland-Eastern S	(42)	30:46.7	6:11.6	3:50.8	2:28.4	9:30.8	17:25.6	24:47.6
43 CAMPBELL, Isaiah	SO	103	SC State	43	30:53.5	6:12.9	3:51.7	2:20.4	9:00.7	16:56.4	24:28.5
44 NORBAL, Jayeed	SR	4	Coppin State	(44)	31:28.8	6:20.0	3:56.1	2:26.9	9:31.4	17:29.5	25:07.3
45 COLEY, Dyson	JR	18	Delaware State	-	31:41.4	6:22.6	3:57.7	2:26.5	9:18.5	17:14.6	25:04.3
46 GOODE, Amiri	SR	2	Coppin State	(45)	33:13.7	6:41.1	4:09.2	2:31.5	10:05.9	18:29.1	26:27.9
47 ALEXANDER, Jacob	SO	101	SC State	46	34:23.8	6:55.3	4:18.0	2:20.9	9:25.6	17:47.7	27:33.8
48 CASTRO, Andrew	FR	104	SC State	47	34:24.0	6:55.3	4:18.0	2:40.2	10:22.9	19:05.6	27:26.2
49 SUTTON, Kameron	FR	107	SC State	48	36:06.3	7:15.9	4:30.8	2:20.3	10:23.5	19:36.1	28:40.5
50 BARKER, Jaden	SR	102	SC State	(49)	36:13.6	7:17.3	4:31.7	2:38.4	10:48.4	20:27.6	29:32.7
51 JACKSON, Dante	SO	61	Morgan State	(50)	36:22.5	7:19.1	4:32.8	2:30.4	10:27.3	19:45.1	28:54.9