

## Brant Tolsma Invitational - 1/18/2024 to 1/20/2024

## Liberty Indoor Track Complex

## Results

## Women 60 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Tennant, Ella	SO Wofford	7.61Q
2	Adams, Jayla	FR App State	7.63Q
3	Smith, Taylor	SR App State	7.67Q
4	Wilcox, Meghan	JR Elon	7.73Q
5	Wells, Nicole	FR App State	7.74Q
6	Johnson, Kendall	FR App State	7.77q
7	McCord, Mariah	JR App State	7.78q
8	Alagbe, Mabel	FR VCU	7.82q
9	Lothian, Abigail	FR VCU	7.82
10	Ervin, Emily	JR William & Ma	7.86
11	Ross, Kamryn	SR VCU	7.89
12	Thomas, Cymoria	FR Western Caro	7.90
13	Cunningham, Melissa	JR William & Ma	7.92
14	Lee, Mya	FR Elon	7.93
15	Blair, Armani	SO Western Caro	7.94
16	McNinch, Madeline	SR Wofford	7.95
17	Denton, Kaitlin	SR Queens (N.C.)	8.00
18	Jones, Jacqueline	JR William & Ma	8.03
19	Greene, Jasmine	SO Western Caro	8.04
20	Allen, Rebecca	SO Liberty	8.04
21	Fisher, Elyssia	SO Radford	8.04
22	Beatty, Sela	SO Radford	8.07
23	Joyner-Plata, Ciara	SO VCU	8.09
24	Coates, Emily	SO Liberty	8.10
25	Cornelius, Maleah	FR Usc Upstate	8.18
26	Singletary, Nya	FR Usc Upstate	8.23
27	Dyer, Danielle	SR Elon	8.27
28	Gregory, Mary	SR William & Ma	8.28
29	Thomas, Alisha	JR Usc Upstate	8.29
30	Carter, Dezmaija	SO Radford	8.31
31	Pollnitz, Karisma	JR Usc Upstate	8.35
32	Lowe, Mallory	JR Western Caro	8.39
33	Robinson, Charlotte	SO William & Ma	8.48
---	Smith, Myra	JR Usc Upstate	FS

## Women 60 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Smith, Taylor	SR App State	7.53
2	Adams, Jayla	FR App State	7.59
3	McCord, Mariah	JR App State	7.73
4	Wilcox, Meghan	JR Elon	7.74
5	Wells, Nicole	FR App State	7.77
6	Johnson, Kendall	FR App State	7.78
7	Alagbe, Mabel	FR VCU	7.90

## Women 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Webster, Reese	SO Liberty	23.93
2	Smith, Sierra	FR App State	24.65
3	Pierre, Simone	SR VCU	24.66

4	Tennant, Ella	SO Wofford	24.67
5	Adams, Jayla	FR App State	24.68
6	Jons, Piper	SR Elon	24.91
7	Jefferson, Jasmine	SR Wofford	25.02
8	Wells, Nicole	FR App State	25.10
9	Wooden, Sanaa	FR VCU	25.14
10	Talley, Daye	SO App State	25.21
11	McNinch, Madeline	SR Wofford	25.21
12	Wilcox, Meghan	JR Elon	25.33
13	Pate, Jaylin	SO VCU	25.42
14	Hilton, Dawn	JR Liberty	25.45
15	Cornelius, Raichelle	SO Radford	25.53
16	Solomon, Myzhane	FR VCU	25.59
17	Thomas, Cymoria	FR Western Caro	25.75
18	Longo, Nicole	SR Unattached	25.80
19	McCord, Mariah	JR App State	25.84
20	Cunningham, Melissa	JR William & Ma	25.88
21	Alagbe, Mabel	FR VCU	25.91
22	Johnson, Kendall	FR App State	26.06
23	Turner, Mikayla	JR Western Caro	26.29
24	Coates, Emily	SO Liberty	26.39
25	Smith, Myra	JR Usc Upstate	26.60
26	McIvor, Kandace	SO Radford	26.60
27	Duchemin, Isabelle	FR Wofford	26.62
28	Dyer, Danielle	SR Elon	26.67
29	Nixon, Kyonna	JR Usc Upstate	26.68
30	Adamou, Stavriana	FR Elon	26.71
31	Sherard, Iyana	NA Liberty	26.77
32	Denton, Kaitlin	SR Queens (N.C.)	26.85
33	Jackson, Jordan	SO Radford	26.94
34	Beatty, Sela	SO Radford	26.94
35	Patton, Joelle	JR Liberty	26.95
36	Sidwell, Faith	FR Liberty	26.95
37	Lee, Mya	FR Elon	27.01
38	Saunders, Kyndal	FR Western Caro	27.08
39	Blair, Armani	SO Western Caro	27.13
40	Robinson, Jaslyne	SO Radford	27.21
41	Jones, Jacqueline	JR William & Ma	27.21
42	Lysight, Shaneil	SO Western Caro	27.22
43	Brohard, Gabrielle	JR Liberty	27.25
44	Cornelius, Maleah	FR Usc Upstate	27.59
45	Worf, Presley	SO Wofford	27.62
46	Robinson, Charlotte	SO William & Ma	27.67
47	Pollnitz, Karisma	JR Usc Upstate	27.82
48	Singletary, Nya	FR Usc Upstate	28.14
49	Inmon, Victoria	FR Liberty	29.13

## Women 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Pierre, Simone	SR VCU	56.17
	25.834 (25.834)	56.165 (30.332)	
2	Jefferson, Jasmine	SR Wofford	56.53
	25.964 (25.964)	56.521 (30.558)	
3	Jons, Piper	SR Elon	57.14
	26.125 (26.125)	57.134 (31.009)	

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

**Finals ... (Women 400 Meter Dash)**

Name	Yr	School	Finals
4 Evans, Jordyn	SO	VCU	57.14
26.166 (26.166)	57.136 (30.970)		
5 Smith, Sierra	FR	App State	57.96
26.786 (26.786)	57.953 (31.167)		
6 Longo, Nicole	SR	Unattached	58.07
26.024 (26.024)	58.067 (32.044)		
7 Merritt, Maddy	FR	Liberty	58.68
26.500 (26.500)	58.673 (32.173)		
8 Clarke, Naomi	SO	VCU	58.72
27.975 (27.975)	58.719 (30.744)		
9 Cornelius, Raichelle	SO	Radford	58.82
26.818 (26.818)	58.816 (31.998)		
10 Talley, Daye	SO	App State	59.22
25.623 (25.623)	59.212 (33.589)		
11 Moore, Karah	SR	VCU	59.25
27.225 (27.225)	59.245 (32.020)		
12 Saunders, Kyndal	FR	Western Caro	1:00.21
27.946 (27.946)	1:00.201 (32.255)		
13 Cornett, Rebecca	FR	App State	1:00.71
28.495 (28.495)	1:00.709 (32.214)		
14 Glimore, Jamison	FR	William & Ma	1:00.73
28.407 (28.407)	1:00.730 (32.323)		
15 Gregory, Mary	SR	William & Ma	1:00.98
28.287 (28.287)	1:00.979 (32.692)		
16 Pate, Jaylin	SO	VCU	1:01.40
28.661 (28.661)	1:01.394 (32.733)		
17 Butler, Leah	FR	Western Caro	1:01.64
30.518 (30.518)	1:01.632 (31.114)		
18 Bass, Elle	FR	Liberty	1:02.26
27.769 (27.769)	1:02.254 (34.485)		
19 Machado, Giovana	SR	Usc Upstate	1:02.39
29.226 (29.226)	1:02.384 (33.158)		
20 Podolski, Ava	SO	Liberty	1:02.64
28.131 (28.131)	1:02.637 (34.506)		
21 Howard, Clare	JR	William & Ma	1:02.66
29.334 (29.334)	1:02.658 (33.324)		
22 Van Der Linde, Marga	JR	Wofford	1:02.92
28.519 (28.519)	1:02.920 (34.401)		
23 Green, Tangelo	FR	Wofford	1:03.41
28.273 (28.273)	1:03.403 (35.130)		
24 Kozlova, Anna	JR	Elon	1:08.07
30.657 (30.657)	1:08.061 (37.404)		

**Women 800 Meter Run**

Name	Yr	School	Finals
1 Locker, Katelyn	SO	Liberty	2:12.36
32.946 (32.946)	1:06.155 (33.209)	1:39.286 (33.132)	
2:12.360 (33.074)			
2 Schlenker, Katrina	FR	Liberty	2:15.29
33.115 (33.115)	1:06.545 (33.430)	1:39.498 (32.953)	
2:15.288 (35.790)			

3 Wild, Evie	JR	Queens (N.C.	2:15.37
33.620 (33.620)	1:07.853 (34.233)	1:42.464 (34.612)	
2:15.368 (32.904)			
4 Palisca, Jessica	SO	Liberty	2:16.94
32.966 (32.966)	1:06.810 (33.844)	1:41.434 (34.624)	
2:16.931 (35.498)			
5 Ollendick-Smith, Addison	SO	App State	2:17.83
33.393 (33.393)	1:07.708 (34.315)	1:42.803 (35.095)	
2:17.828 (35.025)			
6 Joiner, Makenzie	SR	William & Ma	2:18.06
33.258 (33.258)	1:07.176 (33.919)	1:42.175 (34.999)	
2:18.056 (35.882)			
7 Ammon, Rhys	FR	App State	2:18.18
33.097 (33.097)	1:06.312 (33.215)	1:41.235 (34.923)	
2:18.180 (36.945)			
8 Sakoutis, Arianna	SR	Elon	2:18.32
33.214 (33.214)	1:07.495 (34.282)	1:43.473 (35.978)	
2:18.316 (34.844)			
9 Alps, Emily	SR	Elon	2:18.97
33.483 (33.483)	1:07.924 (34.442)	1:44.040 (36.117)	
2:18.963 (34.923)			
10 Harkness, Rebecca	FR	William & Ma	2:19.16
33.745 (33.745)	1:08.140 (34.395)	1:43.740 (35.600)	
2:19.159 (35.419)			
11 Garcia, Lucia	FR	App State	2:20.91
31.130 (31.130)	1:05.849 (34.719)	1:42.507 (36.659)	
2:20.905 (38.398)			
12 Simmons, Rebekah	JR	Liberty	2:21.42
33.554 (33.554)	1:08.754 (35.200)	1:44.326 (35.573)	
2:21.414 (37.088)			
13 Troup, Samantha	JR	Liberty	2:24.61
34.011 (34.011)	1:09.964 (35.953)	1:47.081 (37.118)	
2:24.607 (37.527)			
14 Wooden, Sabria	FR	VCU	2:27.17
34.604 (34.604)	1:11.746 (37.143)	1:50.179 (38.433)	
2:27.161 (36.983)			
15 Hodge, Regan	JR	App State	2:28.71
33.389 (33.389)	1:09.813 (36.424)	1:48.433 (38.620)	
2:28.709 (40.277)			
16 Hallman, Kristen	FR	Wofford	2:28.74
34.263 (34.263)	1:10.064 (35.802)	1:48.773 (38.709)	
2:28.737 (39.964)			
17 Patterson, Reagan	SO	Radford	2:29.63
34.863 (34.863)	1:11.596 (36.733)	1:51.488 (39.893)	
2:29.621 (38.133)			
18 Lafon, Katelyn	SO	Radford	2:30.29
34.781 (34.781)	1:11.355 (36.574)	1:50.524 (39.169)	
2:30.290 (39.767)			
19 Spadafora, Mara	JR	Wofford	2:35.12
35.269 (35.269)	1:12.538 (37.269)	1:53.219 (40.682)	
2:35.116 (41.897)			
20 Huner, Isabella	JR	Liberty	2:38.25
33.338 (33.338)	1:10.518 (37.180)	1:52.799 (42.282)	
2:38.243 (45.444)			

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

**Finals ... (Women 800 Meter Run)**

	Name	Yr	School	Finals
21	Bevan, Ellie	JR	Liberty	2:43.76
	34.917 (34.917)	1:13.592 (38.675)	1:57.376 (43.784)	
	2:43.752 (46.377)			
22	Sanchez, Gabby	FR	Use Upstate	2:46.36
	37.386 (37.386)	1:18.432 (41.047)	2:01.738 (43.307)	
	2:46.357 (44.619)			

**Women 1000 Meter Run**

	Name	Yr	School	Finals
<b>Finals</b>				
1	DeBoer, Arianna	JR	William & Ma	2:56.77
	35.175 (35.175)	1:13.090 (37.915)	1:48.732 (35.643)	
	2:23.353 (34.622)	2:56.762 (33.409)		
2	Gilmore, MegAnne	SR	Radford	2:57.43
	35.330 (35.330)	1:12.623 (37.294)	1:48.301 (35.678)	
	2:23.491 (35.190)	2:57.425 (33.934)		
3	McLearen, Kate	SO	Radford	3:00.06
	35.155 (35.155)	1:12.842 (37.688)	1:48.698 (35.857)	
	2:24.237 (35.539)	3:00.055 (35.818)		
4	Petitjean, Sarah	SO	Elon	3:02.39
	35.490 (35.490)	1:13.288 (37.799)	1:50.391 (37.103)	
	2:27.313 (36.923)	3:02.381 (35.068)		
5	Watts, Sarah	JR	Queens (N.C.)	3:06.61
	35.505 (35.505)	1:13.658 (38.154)	1:50.253 (36.595)	
	2:28.651 (38.398)	3:06.605 (37.954)		
6	Bell, Julia	SO	Elon	3:09.50
	35.937 (35.937)	1:14.237 (38.300)	1:55.211 (40.974)	
	2:34.453 (39.243)	3:09.491 (35.038)		
7	Wild, Evie	JR	Queens (N.C.)	3:09.59
	37.355 (37.355)	1:15.497 (38.143)	1:55.331 (39.834)	
	2:34.766 (39.435)	3:09.582 (34.817)		
8	Korzen, Kennedy	FR	VCU	3:09.81
	36.951 (36.951)	1:14.826 (37.875)	1:53.632 (38.807)	
	2:32.866 (39.234)	3:09.803 (36.938)		
9	Fields, Kayla	FR	Radford	3:09.99
	37.265 (37.265)	1:15.445 (38.180)	1:53.872 (38.428)	
	2:32.728 (38.857)	3:09.982 (37.254)		
10	Coyle, Molly	SR	William & Ma	3:10.46
	35.082 (35.082)	1:13.371 (38.289)	1:52.251 (38.880)	
	2:31.892 (39.642)	3:10.451 (38.559)		
11	Runyan, Sydney	JR	Western Caro	3:10.72
	37.045 (37.045)	1:14.650 (37.605)	1:53.375 (38.725)	
	2:32.945 (39.570)	3:10.720 (37.775)		
12	Skoglund, Peyton	FR	Western Caro	3:10.82
	34.798 (34.798)	1:12.265 (37.467)	1:51.566 (39.302)	
	2:32.127 (40.562)	3:10.812 (38.685)		
13	Kornke, Morgan	JR	App State	3:12.52
	35.800 (35.800)	1:12.611 (36.812)	1:51.772 (39.162)	
	2:32.586 (40.814)	3:12.518 (39.933)		
14	Hopkins, Katherine	FR	Western Caro	3:12.64
	37.303 (37.303)	1:15.997 (38.694)	1:55.071 (39.074)	
	2:34.790 (39.719)	3:12.638 (37.849)		

15	Farley, Mia	FR	Radford	3:13.20
	36.705 (36.705)	1:14.390 (37.685)	1:54.243 (39.854)	
	2:34.983 (40.740)	3:13.196 (38.213)		
16	Hicks, Amaya	FR	Western Caro	3:18.03
	36.508 (36.508)	1:15.536 (39.028)	1:56.175 (40.639)	
	2:37.463 (41.289)	3:18.025 (40.562)		
17	Green, Landey	SO	Western Caro	3:18.83
	36.911 (36.911)	1:15.937 (39.027)	1:57.610 (41.673)	
	2:40.045 (42.435)	3:18.826 (38.782)		
18	Krishnamurthy, Shreya	FR	VCU	3:19.24
	37.192 (37.192)	1:16.247 (39.055)	1:57.901 (41.654)	
	2:39.701 (41.800)	3:19.231 (39.530)		
19	DiBlasi, Angelina	SR	App State	3:28.86
	37.178 (37.178)	1:16.668 (39.490)	1:58.802 (42.134)	
	2:43.955 (45.153)	3:28.858 (44.904)		

**Women 1 Mile Run**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Beville, Abigail	FR	Elon	4:58.21
	36.806 (36.806)	1:14.140 (37.334)	1:52.171 (38.032)	
	2:30.836 (38.665)	3:09.523 (38.687)	3:47.495 (37.973)	
	4:24.120 (36.625)	4:58.205 (34.085)		
2	Magson, Sophie	SO	Radford	4:58.53
	36.785 (36.785)	1:13.875 (37.090)	1:51.859 (37.984)	
	2:30.263 (38.404)	3:08.739 (38.477)	3:46.253 (37.514)	
	4:22.838 (36.585)	4:58.521 (35.684)		
3	Wellings, Chloe	SR	Radford	4:58.66
	36.625 (36.625)	1:13.445 (36.820)	1:51.556 (38.112)	
	2:30.459 (38.903)	3:08.939 (38.480)	3:46.425 (37.487)	
	4:22.961 (36.537)	4:58.660 (35.699)		
4	Aycock, Ryann	FR	Liberty	4:59.08
	36.435 (36.435)	1:13.253 (36.818)	1:51.366 (38.114)	
	2:30.225 (38.859)	3:08.765 (38.540)	3:46.439 (37.674)	
	4:23.126 (36.688)	4:59.078 (35.952)		
5	Smith, Quinn	FR	Elon	5:04.19
	37.173 (37.173)	1:14.404 (37.232)	1:52.544 (38.140)	
	2:31.589 (39.045)	3:10.365 (38.777)	3:48.101 (37.737)	
	4:27.393 (39.292)	5:04.189 (36.797)		
6	Seigel, Abby	SR	Radford	5:04.79
	37.330 (37.330)	1:14.584 (37.254)	1:52.821 (38.238)	
	2:31.613 (38.792)	3:10.273 (38.660)	3:49.178 (38.905)	
	4:27.358 (38.180)	5:04.783 (37.425)		
7	Petitjean, Sarah	SO	Elon	5:05.78
	38.192 (38.192)	1:16.843 (38.652)	1:56.074 (39.232)	
	2:35.763 (39.689)	3:14.072 (38.309)	3:51.964 (37.893)	
	4:29.800 (37.837)	5:05.775 (35.975)		
8	Gordon, Ava	FR	Liberty	5:06.30
	36.689 (36.689)	1:13.385 (36.697)	1:51.466 (38.082)	
	2:30.374 (38.908)	3:09.273 (38.899)	3:47.839 (38.567)	
	4:27.485 (39.647)	5:06.296 (38.812)		
9	Donohue, Jasmine	JR	App State	5:06.55
	37.700 (37.700)	1:14.314 (36.614)	1:52.449 (38.135)	
	2:31.288 (38.839)	3:10.078 (38.790)	3:48.758 (38.680)	
	4:28.408 (39.650)	5:06.541 (38.134)		

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

**Finals ... (Women 1 Mile Run)**

Name	Yr	School	Finals
10 Warren, Nia	SO	VCU	5:06.74
36.950 (36.950)	1:14.151 (37.202)	1:52.644 (38.493)	
2:31.361 (38.718)	3:10.005 (38.644)	3:48.870 (38.865)	
4:28.696 (39.827)	5:06.734 (38.038)		
11 Hopkins, Katherine	FR	Western Caro	5:08.55
39.296 (39.296)	1:16.980 (37.684)	1:55.843 (38.863)	
2:35.423 (39.580)	3:14.683 (39.260)	3:53.534 (38.852)	
4:31.825 (38.292)	5:08.546 (36.722)		
12 Obremski, Kaitlyn	FR	App State	5:08.71
37.673 (37.673)	1:14.833 (37.160)	1:53.104 (38.272)	
2:31.914 (38.810)	3:10.699 (38.785)	3:49.469 (38.770)	
4:29.003 (39.534)	5:08.708 (39.705)		
13 Sell, Emily	SR	William & Ma	5:10.46
39.252 (39.252)	1:17.844 (38.593)	1:57.012 (39.168)	
2:35.975 (38.964)	3:14.349 (38.374)	3:52.822 (38.473)	
4:31.809 (38.988)	5:10.458 (38.649)		
14 Young, Lucy	JR	William & Ma	5:11.41
38.523 (38.523)	1:17.474 (38.952)	1:56.188 (38.714)	
2:35.488 (39.300)	3:13.810 (38.323)	3:51.562 (37.752)	
4:30.532 (38.970)	5:11.402 (40.870)		
15 Bell, Julia	SO	Elon	5:13.00
38.429 (38.429)	1:18.098 (39.669)	1:57.797 (39.699)	
2:39.302 (41.505)	3:20.752 (41.450)	4:00.934 (40.183)	
4:38.214 (37.280)	5:12.995 (34.782)		
16 Watts, Sarah	JR	Queens (N.C.)	5:13.29
38.703 (38.703)	1:18.287 (39.584)	1:58.173 (39.887)	
2:37.093 (38.920)	3:15.579 (38.487)	3:55.047 (39.468)	
4:36.002 (40.955)	5:13.289 (37.288)		
17 Miller, Ava	SO	VCU	5:15.27
38.782 (38.782)	1:17.918 (39.137)	1:57.155 (39.238)	
2:36.624 (39.469)	3:16.195 (39.572)	3:57.513 (41.318)	
4:38.590 (41.078)	5:15.263 (36.673)		
18 Fuller, Elizabeth	SR	App State	5:16.02
38.927 (38.927)	1:17.344 (38.418)	1:56.789 (39.445)	
2:36.289 (39.500)	3:15.824 (39.535)	3:58.034 (42.210)	
4:37.983 (39.949)	5:16.020 (38.038)		
19 Thornton, Jordan	FR	Usc Upstate	5:18.06
38.878 (38.878)	1:18.082 (39.204)	1:57.848 (39.767)	
2:37.585 (39.738)	3:17.782 (40.197)	3:58.794 (41.013)	
4:39.522 (40.728)	5:18.059 (38.538)		
20 Glebocki, Cami	FR	Elon	5:19.43
39.672 (39.672)	1:18.863 (39.192)	1:58.732 (39.869)	
2:39.692 (40.960)	3:20.922 (41.230)	4:00.638 (39.717)	
4:40.727 (40.089)	5:19.429 (38.703)		
21 Brownrigg, Mackenzie	SR	Radford	5:21.96
38.619 (38.619)	1:16.888 (38.269)	1:56.789 (39.902)	
2:37.696 (40.908)	3:19.180 (41.484)	4:01.551 (42.372)	
4:43.333 (41.782)	5:21.958 (38.625)		
22 Weber, Hannah	FR	Elon	5:23.82
39.883 (39.883)	1:19.263 (39.380)	1:59.509 (40.247)	
2:39.835 (40.327)	3:21.313 (41.478)	4:02.118 (40.805)	
4:43.449 (41.332)	5:23.819 (40.370)		

23 Skoglund, Peyton	FR	Western Caro	5:25.21
38.315 (38.315)	1:17.093 (38.778)	1:56.806 (39.714)	
2:37.616 (40.810)	3:19.423 (41.807)	4:02.865 (43.443)	
4:46.509 (43.644)	5:25.210 (38.702)		
24 Runyan, Sydney	JR	Western Caro	5:27.83
39.421 (39.421)	1:17.396 (37.975)	1:56.631 (39.235)	
2:37.326 (40.695)	3:19.200 (41.874)	4:02.636 (43.437)	
4:46.174 (43.538)	5:27.823 (41.649)		
25 Copeman, Bianca	SR	App State	5:28.67
38.795 (38.795)	1:17.490 (38.695)	1:57.886 (40.397)	
2:40.378 (42.492)	3:24.180 (43.803)	4:07.586 (43.407)	
4:51.118 (43.532)	5:28.668 (37.550)		
26 Johnson, Camille	FR	VCU	5:28.79
38.588 (38.588)	1:17.240 (38.653)	1:57.084 (39.844)	
2:38.599 (41.515)	3:21.833 (43.234)	4:04.925 (43.093)	
4:48.236 (43.312)	5:28.781 (40.545)		
27 Hicks, Amaya	FR	Western Caro	5:34.23
39.301 (39.301)	1:18.969 (39.668)	1:59.513 (40.544)	
2:42.201 (42.689)	3:26.173 (43.972)	4:11.155 (44.983)	
4:55.528 (44.373)	5:34.225 (38.698)		
28 Green, Landey	SO	Western Caro	5:34.85
39.051 (39.051)	1:16.749 (37.698)	1:56.196 (39.448)	
2:38.141 (41.945)	3:22.929 (44.788)	4:08.598 (45.669)	
4:51.973 (43.375)	5:34.846 (42.874)		
29 Young, Kristiana	SR	Liberty	5:34.91
39.544 (39.544)	1:18.603 (39.059)	1:58.473 (39.870)	
2:39.553 (41.080)	3:22.042 (42.489)	4:06.133 (44.092)	
4:51.145 (45.013)	5:34.903 (43.758)		
30 Millirons, Rachel	SR	Radford	5:36.86
38.318 (38.318)	1:16.654 (38.337)	1:57.796 (41.143)	
2:40.665 (42.869)	3:24.688 (44.023)	4:09.029 (44.342)	
4:52.640 (43.612)	5:36.858 (44.218)		
31 Currey, Elizabeth	SO	VCU	5:42.08
39.088 (39.088)	1:17.943 (38.855)	1:58.719 (40.777)	
2:41.806 (43.088)	3:26.383 (44.577)	4:12.048 (45.665)	
4:57.508 (45.460)	5:42.078 (44.570)		
32 Bennett, Heaven	SR	Usc Upstate	5:47.17
41.511 (41.511)	1:23.396 (41.885)	2:06.129 (42.733)	
2:49.980 (43.852)	3:33.794 (43.814)	4:18.811 (45.018)	
5:03.540 (44.729)	5:47.166 (43.627)		
33 Harrison, Adalie	SR	Usc Upstate	5:53.18
41.701 (41.701)	1:23.825 (42.124)	2:06.726 (42.902)	
2:51.233 (44.507)	3:36.909 (45.677)	4:23.593 (46.684)	
5:09.741 (46.149)	5:53.178 (43.437)		
--- Amundsen, Annie	SR	App State	DNF

**Women 3000 Meter Run**

Name	Yr	School	Finals
1 Beville, Abigail	FR	Elon	9:59.06
39.789 (39.789)	1:21.909 (42.120)	2:03.084 (41.175)	
2:42.358 (39.274)	3:24.507 (42.149)	4:05.856 (41.349)	
4:46.993 (41.138)	5:26.676 (39.683)	6:06.339 (39.664)	
6:46.971 (40.632)	7:27.096 (40.125)	8:06.793 (39.698)	
8:46.401 (39.608)	9:24.009 (37.609)	9:59.054 (35.045)	

## Brant Tolsma Invitational - 1/18/2024 to 1/20/2024

## Liberty Indoor Track Complex

## Results

## Finals ... (Women 3000 Meter Run)

	Name	Yr School	Finals
2	Smith, Quinn	FR Elon	10:00.71
	39.568 (39.568)	1:21.749 (42.182)	2:02.819 (41.070)
	2:42.177 (39.358)	3:24.251 (42.074)	4:05.668 (41.418)
	4:47.247 (41.579)	5:26.998 (39.752)	6:06.589 (39.592)
	6:46.713 (40.124)	7:26.854 (40.142)	8:07.067 (40.213)
	8:46.737 (39.670)	9:24.369 (37.633)	10:00.706 (36.337)
3	Holland, Kyra	SR William & Ma	10:01.96
	39.584 (39.584)	1:19.181 (39.597)	2:01.513 (42.333)
	2:41.548 (40.035)	3:20.152 (38.604)	3:59.427 (39.275)
	4:39.733 (40.307)	5:19.651 (39.918)	5:59.814 (40.164)
	6:40.451 (40.637)	7:21.604 (41.154)	8:02.909 (41.305)
	8:43.352 (40.443)	9:24.653 (41.302)	10:01.952 (37.299)
4	Weber, Hannah	FR Elon	10:16.98
	40.881 (40.881)	1:22.918 (42.038)	2:04.049 (41.132)
	2:45.241 (41.192)	3:26.793 (41.553)	4:07.801 (41.008)
	4:48.648 (40.848)	5:29.714 (41.067)	6:11.107 (41.393)
	6:53.007 (41.900)	7:34.357 (41.350)	8:15.936 (41.579)
	8:57.303 (41.368)	9:37.691 (40.388)	10:16.973 (39.283)
5	Tsai, Jennifer	SO William & Ma	10:22.52
	37.622 (37.622)	1:18.794 (41.173)	2:01.363 (42.569)
	2:41.811 (40.448)	3:20.828 (39.018)	4:01.424 (40.597)
	4:42.913 (41.489)	5:24.687 (41.774)	6:06.098 (41.412)
	6:48.454 (42.357)	7:31.942 (43.488)	8:16.103 (44.162)
	9:00.199 (44.097)	9:43.049 (42.850)	10:22.511 (39.462)
6	Korzen, Kennedy	FR VCU	10:25.56
	39.736 (39.736)	1:22.118 (42.383)	2:02.931 (40.813)
	2:42.986 (40.055)	3:24.281 (41.295)	4:05.794 (41.514)
	4:47.902 (42.108)	5:29.197 (41.295)	6:11.357 (42.160)
	6:54.296 (42.939)	7:36.928 (42.633)	8:19.954 (43.027)
	9:02.642 (42.688)	9:45.209 (42.568)	10:25.552 (40.343)
7	Miller, Ava	SO VCU	10:27.18
	39.528 (39.528)	1:21.889 (42.362)	2:02.731 (40.842)
	2:42.771 (40.040)	3:24.059 (41.289)	4:05.556 (41.497)
	4:47.238 (41.683)	5:28.576 (41.338)	6:10.494 (41.919)
	6:53.853 (43.359)	7:36.593 (42.740)	8:19.823 (43.230)
	9:03.897 (44.074)	9:47.301 (43.404)	10:27.172 (39.872)
8	Glebocki, Cami	FR Elon	10:35.17
	40.253 (40.253)	1:22.819 (42.567)	2:03.629 (40.810)
	2:43.984 (40.355)	3:25.621 (41.637)	4:07.974 (42.354)
	4:48.829 (40.855)	5:30.341 (41.512)	6:11.652 (41.312)
	6:54.554 (42.903)	7:37.654 (43.100)	8:22.608 (44.954)
	9:08.508 (45.900)	9:54.261 (45.753)	10:35.162 (40.902)
9	Thornton, Jordan	FR Usc Upstate	10:35.17
	37.665 (37.665)	1:18.060 (40.395)	2:00.779 (42.719)
	2:44.597 (43.819)	3:28.285 (43.688)	4:12.256 (43.972)
	4:55.265 (43.009)	5:38.357 (43.093)	6:21.454 (43.097)
	7:04.100 (42.647)	7:46.247 (42.148)	8:28.529 (42.282)
	9:11.845 (43.317)	9:54.685 (42.840)	10:35.167 (40.483)
10	Anderson, Jamie	SR Liberty	10:39.22
	40.043 (40.043)	1:22.291 (42.248)	2:03.282 (40.992)
	2:43.079 (39.798)	3:24.564 (41.485)	4:06.123 (41.559)
	4:47.513 (41.390)	5:27.917 (40.404)	6:10.684 (42.768)
	6:54.233 (43.549)	7:37.417 (43.184)	8:22.832 (45.415)
	9:08.729 (45.898)	9:54.373 (45.644)	10:39.214 (44.842)

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

11	Park, Sophia	FR Liberty	10:40.77	<b>Finals ... (Women 3000 Meter Run)</b>			
	40.405 (40.405)	1:22.332 (41.928)	2:05.031 (42.699)	<b>Name</b>	<b>Yr School</b>	<b>Finals</b>	
	2:48.360 (43.329)	3:30.534 (42.174)	4:13.999 (43.465)	20	Farris, Lana	JR App State	11:01.14
	4:57.682 (43.684)	5:42.257 (44.575)	6:27.075 (44.818)		40.182 (40.182)	1:23.694 (43.512)	2:08.516 (44.823)
	7:10.691 (43.617)	7:54.386 (43.695)	8:37.922 (43.537)		2:52.844 (44.328)	3:36.979 (44.135)	4:21.564 (44.585)
	9:21.079 (43.157)	10:01.855 (40.777)	10:40.764 (38.909)		5:06.005 (44.442)	5:49.416 (43.412)	6:32.846 (43.430)
12	Zealand, Jessie	SO Liberty	10:43.71		7:17.655 (44.809)	8:02.325 (44.670)	8:47.525 (45.200)
	41.273 (41.273)	1:24.934 (43.662)	2:07.151 (42.217)		9:33.895 (46.370)	10:19.166 (45.272)	11:01.136 (41.970)
	2:50.243 (43.093)	3:31.582 (41.339)	4:14.261 (42.679)	21	Klemm, Sara	JR Western Caro	11:03.93
	4:56.974 (42.714)	5:39.681 (42.707)	6:23.237 (43.557)		39.909 (39.909)	1:22.982 (43.074)	2:05.992 (43.010)
	7:06.942 (43.705)	7:50.897 (43.955)	8:35.128 (44.232)		2:49.492 (43.500)	3:32.546 (43.054)	4:16.521 (43.975)
	9:19.579 (44.452)	10:02.682 (43.103)	10:43.706 (41.024)		5:00.616 (44.095)	5:45.419 (44.803)	6:31.076 (45.658)
13	Maynard, Linnea	JR App State	10:47.08		7:16.769 (45.693)	8:03.357 (46.589)	8:49.672 (46.315)
	40.594 (40.594)	1:23.348 (42.754)	2:04.521 (41.173)		9:36.259 (46.587)	10:21.502 (45.244)	11:03.927 (42.425)
	2:46.266 (41.745)	3:28.826 (42.560)	4:12.258 (43.433)	22	Biagini, Mary	FR App State	11:08.76
	4:56.387 (44.129)	5:39.929 (43.543)	6:23.553 (43.624)		39.655 (39.655)	1:22.712 (43.058)	2:07.356 (44.644)
	7:07.997 (44.444)	7:52.853 (44.857)	8:38.096 (45.243)		2:51.455 (44.099)	3:36.255 (44.800)	4:20.541 (44.287)
	9:23.306 (45.210)	10:07.403 (44.098)	10:47.079 (39.677)		5:05.092 (44.552)	5:50.435 (45.343)	6:36.899 (46.464)
14	Peters, Braetan	SO Elon	10:47.27		7:23.321 (46.423)	8:10.724 (47.403)	8:58.462 (47.739)
	40.476 (40.476)	1:23.141 (42.665)	2:03.958 (40.818)		9:44.735 (46.273)	10:31.536 (46.802)	11:08.756 (37.220)
	2:45.116 (41.158)	3:27.564 (42.449)	4:10.463 (42.899)	23	Caldwell, Alesea	JR Western Caro	11:09.68
	4:53.414 (42.952)	5:36.861 (43.447)	6:20.729 (43.869)		41.174 (41.174)	1:24.117 (42.943)	2:06.257 (42.140)
	7:05.342 (44.613)	7:50.041 (44.699)	8:34.623 (44.583)		2:49.127 (42.870)	3:33.032 (43.905)	4:17.484 (44.453)
	9:19.303 (44.680)	10:04.614 (45.312)	10:47.269 (42.655)		5:02.548 (45.064)	5:47.816 (45.268)	6:32.998 (45.183)
15	Atha, Emily	FR Liberty	10:47.42		7:18.663 (45.665)	8:04.453 (45.790)	8:51.113 (46.660)
	41.269 (41.269)	1:24.136 (42.868)	2:08.775 (44.639)		9:38.152 (47.039)	10:24.983 (46.832)	11:09.678 (44.695)
	2:52.375 (43.600)	3:36.367 (43.993)	4:19.331 (42.964)	24	Ervi, Grace	SO Liberty	11:11.21
	5:02.877 (43.547)	5:46.882 (44.005)	6:30.735 (43.853)		42.289 (42.289)	1:24.759 (42.470)	2:09.315 (44.557)
	7:15.025 (44.290)	7:59.164 (44.139)	8:43.420 (44.257)		2:53.137 (43.823)	3:37.226 (44.089)	4:20.740 (43.514)
	9:27.082 (43.663)	10:09.902 (42.820)	10:47.412 (37.510)		5:05.675 (44.935)	5:50.684 (45.009)	6:35.837 (45.154)
16	Brown, Rebecca	SO Liberty	10:49.07		7:21.767 (45.930)	8:08.675 (46.908)	8:55.649 (46.974)
	42.011 (42.011)	1:24.452 (42.442)	2:09.060 (44.608)		9:43.640 (47.992)	10:29.994 (46.354)	11:11.202 (41.209)
	2:52.695 (43.635)	3:36.691 (43.997)	4:18.982 (42.292)	25	Mason, Claire	SR App State	11:13.73
	5:02.371 (43.389)	5:46.227 (43.857)	6:29.994 (43.767)		40.741 (40.741)	1:23.651 (42.910)	2:07.742 (44.092)
	7:13.890 (43.897)	7:58.401 (44.512)	8:42.735 (44.334)		2:51.831 (44.089)	3:36.582 (44.752)	4:21.030 (44.448)
	9:27.386 (44.652)	10:10.295 (42.909)	10:49.065 (38.770)		5:05.945 (44.915)	5:50.780 (44.835)	6:37.124 (46.344)
17	Roberts, Alice	SR Elon	10:49.74		7:23.396 (46.273)	8:09.930 (46.534)	8:57.470 (47.540)
	40.717 (40.717)	1:24.346 (43.629)	2:06.499 (42.154)		9:45.179 (47.709)	10:31.326 (46.148)	11:13.727 (42.402)
	2:49.381 (42.882)	3:33.307 (43.927)	4:17.769 (44.463)	26	Bennett, Heaven	SR Usc Upstate	11:33.97
	5:02.812 (45.043)	5:48.063 (45.252)	6:33.242 (45.179)		43.312 (43.312)	1:27.621 (44.309)	2:13.166 (45.545)
	7:18.303 (45.062)	8:01.779 (43.477)	8:44.848 (43.069)		2:59.131 (45.965)	3:45.530 (46.399)	4:31.365 (45.835)
	9:27.877 (43.029)	10:09.747 (41.870)	10:49.734 (39.988)		5:17.194 (45.829)	6:03.191 (45.998)	6:50.245 (47.054)
18	Mast, Sophia	FR Liberty	10:56.91		7:37.405 (47.160)	8:24.426 (47.022)	9:12.589 (48.163)
	40.856 (40.856)	1:23.837 (42.982)	2:08.250 (44.413)		10:01.260 (48.672)	10:49.320 (48.060)	11:33.969 (44.649)
	2:51.950 (43.700)	3:35.884 (43.934)	4:18.045 (42.162)	27	Harrison, Adalie	SR Usc Upstate	11:39.85
	5:01.507 (43.463)	5:45.864 (44.357)	6:30.346 (44.483)		42.822 (42.822)	1:26.066 (43.244)	2:10.575 (44.509)
	7:14.416 (44.070)	7:59.280 (44.864)	8:44.416 (45.137)		2:55.586 (45.012)	3:41.434 (45.848)	4:27.674 (46.240)
	9:30.487 (46.072)	10:16.149 (45.662)	10:56.902 (40.754)		5:14.952 (47.279)	6:02.161 (47.209)	6:49.676 (47.515)
19	Hinds, Becca	SO Wofford	10:58.16		7:38.142 (48.467)	8:27.244 (49.102)	9:16.884 (49.640)
	40.982 (40.982)	1:24.672 (43.690)	2:07.726 (43.054)		10:06.496 (49.613)	10:54.656 (48.160)	11:39.850 (45.194)
	2:50.986 (43.260)	3:34.867 (43.882)	4:19.482 (44.615)	28	Miller, Grace	SO Usc Upstate	12:18.81
	5:04.257 (44.775)	5:48.389 (44.133)	6:33.634 (45.245)		43.347 (43.347)	1:28.480 (45.133)	2:14.537 (46.058)
	7:18.544 (44.910)	8:03.051 (44.507)	8:47.899 (44.849)		3:01.176 (46.639)	3:48.734 (47.558)	4:36.795 (48.062)
	9:33.278 (45.379)	10:17.279 (44.002)	10:58.157 (40.878)		5:26.119 (49.324)	6:16.127 (50.009)	7:07.296 (51.169)
					7:58.731 (51.435)	8:49.962 (51.232)	9:41.630 (51.668)
					10:35.421 (53.792)	11:28.717 (53.297)	12:18.807 (50.090)

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

---	Amundsen, Annie	SR App State	DNF
	40.406 (40.406)	1:24.091 (43.685)	2:06.861 (42.770)
	2:49.938 (43.078)	3:33.801 (43.863)	4:18.461 (44.660)
	5:03.716 (45.255)	5:47.648 (43.933)	6:33.474 (45.827)

**Women 5000 Meter Run**

	Name	Yr School	Finals
--	------	-----------	--------

**Finals**

1	Istnick, Sofia	SO William & Ma	16:41.61
	37.902 (37.902)	1:17.843 (39.942)	1:57.858 (40.015)
	2:37.667 (39.809)	3:17.300 (39.634)	3:57.073 (39.773)
	4:36.855 (39.783)	5:16.764 (39.909)	5:57.937 (41.173)
	6:37.694 (39.758)	7:17.638 (39.944)	7:57.675 (40.038)
	8:38.325 (40.650)	9:18.922 (40.597)	9:59.719 (40.798)
	10:40.833 (41.114)	11:21.643 (40.810)	12:02.633 (40.990)
	12:42.302 (39.669)	13:22.597 (40.295)	
	14:44.107 (40.782)	15:24.975 (40.869)	16:04.324 (39.349)
	16:41.603 (37.279)		
2	DeBoer, Arianna	JR William & Ma	16:52.43
	38.419 (38.419)	1:18.535 (40.117)	1:58.337 (39.802)
	2:38.109 (39.773)	3:17.794 (39.685)	3:57.580 (39.787)
	4:37.425 (39.845)	5:17.487 (40.062)	5:57.968 (40.482)
	6:37.392 (39.424)	7:17.395 (40.004)	7:57.442 (40.047)
	8:38.082 (40.640)	9:18.663 (40.582)	9:59.518 (40.855)
	10:40.633 (41.115)	11:21.467 (40.834)	12:02.610 (41.144)
	12:43.080 (40.470)	13:23.892 (40.812)	
	14:47.434 (42.282)	15:30.133 (42.699)	16:11.962 (41.829)
	16:52.424 (40.463)		
3	Fortin, Heidi	SR William & Ma	17:30.29
	39.945 (39.945)	1:22.698 (42.753)	2:04.035 (41.338)
	2:45.475 (41.440)	3:27.177 (41.702)	4:09.453 (42.277)
	4:52.115 (42.663)	5:34.485 (42.370)	6:17.674 (43.189)
	7:00.134 (42.460)	7:43.039 (42.905)	8:25.578 (42.539)
	9:08.107 (42.529)	9:50.719 (42.613)	10:33.477 (42.758)
	11:16.203 (42.727)	11:58.793 (42.590)	12:41.238 (42.445)
	13:24.323 (43.085)	14:06.645 (42.323)	
	15:31.020 (42.090)	16:13.007 (41.987)	16:54.268 (41.262)
	17:30.287 (36.019)		
4	Synowiec, Madison	JR Elon	17:31.44
	39.405 (39.405)	1:21.802 (42.397)	2:03.069 (41.268)
	2:44.560 (41.492)	3:27.017 (42.457)	4:09.238 (42.222)
	4:51.904 (42.667)	5:34.299 (42.395)	6:17.329 (43.030)
	7:00.598 (43.269)	7:43.609 (43.012)	8:26.055 (42.447)
	9:08.590 (42.535)	9:51.259 (42.669)	10:33.982 (42.723)
	11:16.683 (42.702)	11:59.335 (42.653)	12:41.730 (42.395)
	13:24.852 (43.122)	14:07.128 (42.277)	
	15:31.562 (42.065)	16:13.573 (42.012)	16:54.859 (41.287)
	17:31.437 (36.578)		

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

<b>Finals ... (Women 5000 Meter Run)</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
5 Springer, Maggie	SR	Elon	17:31.46
39.664 (39.664)	1:22.430 (42.767)	2:03.669 (41.239)	
2:45.169 (41.500)	3:26.759 (41.590)	4:08.960 (42.202)	
4:51.632 (42.672)	5:34.052 (42.420)	6:17.142 (43.090)	
7:00.380 (43.239)	7:43.335 (42.955)	8:25.782 (42.447)	
9:08.330 (42.549)	9:50.945 (42.615)	10:33.694 (42.749)	
11:16.418 (42.724)	11:59.074 (42.657)	12:41.467 (42.393)	
13:24.560 (43.094)	14:06.850 (42.290)		
15:31.268 (42.073)	16:13.287 (42.019)	16:54.560 (41.274)	
17:31.454 (36.894)			
6 Blount, Katie	SO	Elon	17:31.88
39.690 (39.690)	1:22.133 (42.443)	2:03.385 (41.253)	
2:44.898 (41.513)	3:26.447 (41.549)	4:08.689 (42.243)	
4:51.305 (42.617)	5:33.798 (42.493)	6:17.522 (43.724)	
7:00.943 (43.422)	7:43.948 (43.005)	8:26.350 (42.403)	
9:08.878 (42.528)	9:51.557 (42.679)	10:34.250 (42.694)	
11:16.962 (42.712)	11:59.630 (42.669)	12:42.023 (42.393)	
13:25.107 (43.084)	14:07.443 (42.337)		
15:31.852 (42.053)	16:13.850 (41.999)	16:55.192 (41.342)	
17:31.879 (36.688)			
7 Donohue, Jasmine	JR	App State	17:32.06
38.912 (38.912)	1:19.084 (40.173)	1:58.820 (39.737)	
2:38.472 (39.652)	3:18.080 (39.609)	3:57.952 (39.872)	
4:37.924 (39.973)	5:17.994 (40.070)	5:58.377 (40.383)	
6:38.145 (39.769)	7:18.302 (40.157)	7:58.503 (40.202)	
8:39.888 (41.385)	9:21.204 (41.317)	10:03.178 (41.974)	
10:45.657 (42.479)	11:29.384 (43.728)	12:15.029 (45.645)	
13:00.220 (45.192)	13:44.335 (44.115)		
15:16.449 (46.318)	16:03.878 (47.429)	16:50.728 (46.850)	
17:32.053 (41.325)			
8 Garrison, Catherine	SO	William & Ma	17:32.43
40.163 (40.163)	1:22.443 (42.280)	2:03.819 (41.377)	
2:45.354 (41.535)	3:26.873 (41.519)	4:09.105 (42.233)	
4:51.845 (42.740)	5:34.149 (42.304)	6:16.937 (42.788)	
6:59.888 (42.952)	7:42.772 (42.884)	8:25.323 (42.552)	
9:07.852 (42.529)	9:50.495 (42.644)	10:33.237 (42.742)	
11:15.937 (42.700)	11:58.594 (42.658)	12:41.102 (42.508)	
13:24.257 (43.155)	14:06.520 (42.264)		
15:30.769 (42.123)	16:12.783 (42.014)	16:54.038 (41.255)	
17:32.425 (38.388)			
9 Reynolds, Hattie	FR	Elon	17:59.28
40.908 (40.908)	1:25.358 (44.450)	2:08.994 (43.637)	
2:54.178 (45.184)	3:39.267 (45.089)	4:23.537 (44.270)	
5:07.890 (44.354)	5:51.224 (43.334)	6:33.727 (42.503)	
7:15.998 (42.272)	7:58.964 (42.967)	8:42.872 (43.908)	
9:26.848 (43.977)	10:10.409 (43.562)	10:53.492 (43.083)	
11:36.617 (43.125)	12:20.365 (43.749)	13:03.358 (42.993)	
13:45.535 (42.178)	14:29.479 (43.944)		
15:55.290 (42.588)	16:37.080 (41.790)	17:19.022 (41.942)	
17:59.280 (40.259)			

10 Miller, Hannah	SR	Elon	17:59.32
40.610 (40.610)	1:24.964 (44.354)	2:08.635 (43.672)	
2:53.848 (45.213)	3:38.977 (45.129)	4:23.685 (44.709)	
5:08.174 (44.489)	5:51.454 (43.280)	6:33.999 (42.545)	
7:16.277 (42.278)	7:59.255 (42.979)	8:42.679 (43.424)	
9:26.569 (43.890)	10:10.082 (43.513)	10:53.267 (43.185)	
11:36.313 (43.047)	12:20.067 (43.754)	13:03.555 (43.489)	
13:45.830 (42.275)	14:29.760 (43.930)		
15:55.550 (42.613)	16:37.308 (41.758)	17:19.184 (41.877)	
17:59.317 (40.133)			
11 Griggs, Annika	JR	William & Ma	18:33.47
41.197 (41.197)	1:25.490 (44.294)	2:09.215 (43.725)	
2:54.024 (44.809)	3:37.319 (43.295)	4:20.172 (42.853)	
5:02.883 (42.712)	5:45.795 (42.913)	6:29.400 (43.605)	
7:13.529 (44.129)	7:58.012 (44.483)	8:42.387 (44.375)	
9:26.575 (44.189)	10:10.679 (44.104)	10:53.847 (43.168)	
11:36.875 (43.029)	12:20.723 (43.848)	13:05.718 (44.995)	
13:53.737 (48.019)	14:42.687 (48.950)		
16:18.619 (47.537)	17:05.860 (47.242)	17:51.123 (45.263)	
18:33.465 (42.343)			
12 Guyton, Cassidy	JR	VCU	18:36.01
39.932 (39.932)	1:22.215 (42.284)	2:03.554 (41.339)	
2:45.663 (42.109)	3:27.473 (41.810)	4:09.703 (42.230)	
4:52.379 (42.677)	5:34.955 (42.577)	6:18.095 (43.140)	
7:01.965 (43.870)	7:47.170 (45.205)	8:33.353 (46.183)	
9:19.525 (46.173)	10:05.733 (46.208)	10:52.290 (46.558)	
11:38.578 (46.288)	12:24.965 (46.388)	13:11.962 (46.997)	
13:59.018 (47.057)	14:46.468 (47.450)		
16:20.835 (47.003)	17:07.602 (46.767)	17:53.090 (45.489)	
18:36.008 (42.918)			
13 Granberg, Abby	JR	App State	18:48.13
41.205 (41.205)	1:25.758 (44.553)	2:09.525 (43.768)	
2:54.518 (44.993)	3:39.608 (45.090)	4:24.340 (44.733)	
5:08.649 (44.309)	5:52.904 (44.255)	6:37.180 (44.277)	
7:21.864 (44.684)	8:06.840 (44.977)	8:51.930 (45.090)	
9:37.128 (45.198)	10:22.664 (45.537)	11:08.679 (46.015)	
11:54.657 (45.978)	12:40.985 (46.329)	13:27.619 (46.634)	
14:13.999 (46.380)	15:00.433 (46.434)		
16:33.390 (46.343)	17:20.562 (47.172)	18:06.472 (45.910)	
18:48.128 (41.657)			

**Women 60 Meter Hurdles**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelims</b>
<b>Preliminaries</b>			
1 Cartwright, Indea	JR	Liberty	8.56Q
2 Mitchell, Ahvon	JR	Liberty	8.68Q
3 Adamou, Stavriana	FR	Elon	8.76Q
4 Hankton, Amani	JR	Liberty	8.92Q
5 Ross, Kamryn	SR	VCU	8.75q
6 Moehling, Alexia	JR	App State	8.85q
7 Solomon, Myzhane	FR	VCU	8.94q
8 Boyd, Imani	JR	Western Caro	8.99q
9 Wankiewicz, Natalia	FR	VCU	9.00
10 Bagg, Olivia	SO	Wofford	9.04
11 Christie, Sherika	FR	Wofford	9.19



**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

12 Johnson, Ja'mia SO Elon 9.22

**Preliminaries ... (Women 60 Meter Hurdles)**

	Name	Yr	School	Prelims
13	Lysight, Shaneil	SO	Western Caro	9.23
14	Campbell, JaKayla	FR	Wofford	9.38
15	McIvor, Kandace	SO	Radford	9.43
16	Duchemin, Isabelle	FR	Wofford	9.45
17	Van Der Linde, Marga	JR	Wofford	9.48
18	Ferguson, Dana	FR	VCU	9.51
19	Nixon, Kyonna	JR	Usc Upstate	9.55
20	Robinson, Jaslyne	SO	Radford	9.69
21	Lowe, Mallory	JR	Western Caro	9.71
22	Franklin, Deashja	SO	Usc Upstate	9.99
23	Jones, Johniece	SO	Radford	10.08
24	Dooley, Jada	FR	Usc Upstate	10.23
---	Diggs, Kasey	FR	VCU	DQ

**Women 60 Meter Hurdles**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Cartwright, Indea	JR	Liberty	8.36
2	Ross, Kamryn	SR	VCU	8.69
3	Moehling, Alexia	JR	App State	8.81
4	Hankton, Amani	JR	Liberty	8.88
5	Solomon, Myzhane	FR	VCU	8.94
6	Boyd, Imani	JR	Western Caro	9.00
---	Mitchell, Ahvon	JR	Liberty	FS
---	Adamou, Stavriana	FR	Elon	FS

**Women 4x400 Meter Relay**

	Team	Relay	Finals
<b>Finals</b>			
1	Vcu	A	3:50.85
	1) Pierre, Simone SR	2) Evans, Jordyn SO	
	3) Clarke, Naomi SO	4) Moore, Karah SR	
	57.263 (57.263)	1:54.531 (57.269)	2:52.876 (58.345)
	3:50.846 (57.970)		
2	Liberty	A	3:55.93
	1) Hilton, Dawn JR	2) Webster, Reese SO	
	3) Coates, Emily SO	4) Merritt, Maddy FR	
	58.428 (58.428)	1:55.596 (57.169)	2:57.850 (1:02.254)
	3:55.921 (58.072)		
3	App State	C	3:58.96
	1) Wells, Nicole FR	2) Ollendick-Smith, Addison SO	
	3) Adams, Jayla FR	4) Fuller, Elizabeth SR	
	58.504 (58.504)	1:58.523 (1:00.019)	2:54.023 (55.500)
	3:58.951 (1:04.929)		
4	Elon	A	3:59.23
	1) Jons, Piper SR	2) Wilcox, Meghan JR	
	3) Alps, Emily SR	4) Sakoutis, Arianna SR	
	58.580 (58.580)	1:58.523 (59.943)	2:58.468 (59.945)
	3:59.229 (1:00.762)		
5	Vcu	B	3:59.56
	1) Pate, Jaylin SO	2) Wooden, Sanaa FR	
	3) Powell, Asia SO	4) Tate, Kayelyn SO	
	1:00.378 (1:00.378)	1:59.734 (59.357)	3:00.402 (1:00.668)
	3:59.553 (59.152)		

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

6	Radford	A	3:59.89
	1) McIvor, Kandace SO	2) Cornelius, Raichelle SO	
	3) Jackson, Jordan SO	4) Robinson, Jaslyne SO	
	1:01.457 (1:01.457)	2:00.358 (58.902)	3:00.270 (59.913)
	3:59.889 (59.619)		
7	Western Carolina	A	4:02.19
	1) Turner, Mikayla JR	2) Boyd, Imani JR	
	3) Thomas, Cymoria FR	4) Saunders, Kyndal FR	
	1:00.530 (1:00.530)	2:01.618 (1:01.088)	3:01.313 (59.695)
	4:02.190 (1:00.878)		
8	App State	B	4:07.00
	1) Smith, Sierra FR	2) Moehling, Alexia JR	
	3) Cornett, Rebecca FR	4) Talley, Daye SO	
	59.588 (59.588)	2:02.328 (1:02.740)	3:05.673 (1:03.345)
	4:06.994 (1:01.322)		
9	Liberty	B	4:12.63
	1) Bass, Elle FR	2) Sidwell, Faith FR	
	3) Podolski, Ava SO	4) Sherard, Iyana NA	
	1:04.734 (1:04.734)	2:05.751 (1:01.018)	3:07.653 (1:01.902)
	4:12.626 (1:04.974)		
10	App State	A	4:13.75
	1) Garcia, Lucia FR	2) Obremski, Kaitlyn FR	
	3) Hodge, Regan JR	4) Ammon, Rhys FR	
	1:02.753 (1:02.753)	2:07.726 (1:04.974)	3:11.534 (1:03.808)
	4:13.749 (1:02.215)		
11	Usch Upstate	A	4:15.59
	1) Machado, Giovana SR	2) Nixon, Kyonna JR	
	3) Pollnitz, Karisma JR	4) Dooley, Jada FR	
	1:03.881 (1:03.881)	2:07.074 (1:03.193)	3:11.138 (1:04.064)
	4:15.583 (1:04.445)		

**Women High Jump**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Washington, Mariah	SO	VCU	1.68m
2	Shipp, Nayome	JR	VCU	1.63m
3	Schönhoff, Hannah	SO	Elon	J1.63m
4	Cox, Kacy	JR	Liberty	J1.63m
5	Hertz Saebbo, Linn	JR	Elon	J1.63m
6	Bagg, Olivia	SO	Wofford	1.58m
7	Cooper, Ava	FR	Wofford	1.53m
7	Polanah-Kehlenbeck, Katja	FR	Radford	1.53m
7	Worth, Anna	JR	Liberty	1.53m
10	Goldstein, Parker	JR	Liberty	J1.53m
11	Colson, Arianna	FR	Radford	1.48m
12	Murray, Noelle	FR	Elon	1.38m
---	Faddis, Katherine	FR	Elon	NH
---	Jones, Johniece	SO	Radford	NH

**Women High Jump Pent**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Shaw, Emmani	SO	Hampton	1.76m
2	Louiset, Heloise	JR	Queens (N.C.)	1.70m
3	Bryan, Patasha	SO	Liberty	1.61m
4	Milasinovic, Mia	JR	Queens (N.C.)	1.58m

**Finals ... (Women High Jump Pent)**

	Name	Yr	School	Finals
5	Bourgeois, Lea	SR	Sacred Heart	J1.58m
6	Greenhagel, Paige	FR	Liberty	1.55m
7	Perry, Halle	SO	Queens (N.C.)	J1.55m
8	Amoyaw, Katriel	FR	William & Ma	J1.55m
9	Speiss, Celia	FR	Queens (N.C.)	1.52m
10	James, Danielle	FR	Hampton	1.46m
11	Van Arsdale, Sofia	JR	Liberty	J1.46m
12	Bernard, Anissa	JR	Hampton	1.43m
13	Pitt, Nina	FR	Hampton	J1.43m
14	Bickute, Kamile	FR	Queens (N.C.)	1.34m
---	Kusic, Emilija	JR	Queens (N.C.)	NH

**Women High Jump Pent**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Lopez, Lizzie	SO	Elon	1.58m
2	Crozier-Carole, Emma	FR	UNCW	1.55m
3	Canuto, Diamani	FR	Sacred Heart	J1.55m
4	Thurgood, Hollie	SR	Elon	1.52m
5	Troy, Kayleigh	FR	Sacred Heart	1.49m
6	Schwamer, Aurora	FR	William & Ma	1.43m
7	James, Taylor	SR	VCU	1.40m
8	Dupras, Elizabeth	JR	William & Ma	J1.40m
8	Coleman, Nimeesha	JR	Liberty	J1.40m
10	Mixon, Carly	SR	UNCW	1.37m
11	Ruffin, Amanda	JR	UNCW	J1.37m
12	Moore, Carson	SO	Hampton	1.34m
13	Jackson, Ariyana	FR	Sacred Heart	1.31m

**Women Pole Vault**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Urbine, Katie	FR	Liberty	4.16m
2	Bowers, Mia	JR	Liberty	3.71m
2	Strobach, Elizabeth	FR	William & Ma	3.71m
4	Studney, Ava	SO	App State	3.56m
5	Schaner, Colleen	FR	Liberty	J3.56m
6	Gassman, Sarah	FR	Liberty	J3.56m
7	Upright, Elizabeth	SR	William & Ma	J3.56m
8	Wagner, Jennifer	JR	Western Caro	3.41m
8	Agee, Celia	SR	App State	3.41m
8	Meeker, Noelle	JR	App State	3.41m
11	Fowlkes, Caroline	SO	App State	J3.41m
12	Cerminara, Caden	FR	Elon	J3.41m
---	Gallant, Sydney	SR	Western Caro	NH

**Women Long Jump Pent**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Crozier-Carole, Emma	FR	UNCW	5.16m
2	Ruffin, Amanda	JR	UNCW	5.13m
3	Thurgood, Hollie	SR	Elon	4.89m
4	Lopez, Lizzie	SO	Elon	4.88m
5	Schwamer, Aurora	FR	William & Ma	4.86m

## Brant Tolsma Invitational - 1/18/2024 to 1/20/2024

## Liberty Indoor Track Complex

## Results

6	Moore, Carson	SO	Hampton	4.85m
7	Canuto, Diamani	FR	Sacred Heart	4.73m
8	Dupras, Elizabeth	JR	William & Ma	4.70m
9	Coleman, Nimeesha	JR	Liberty	J4.70m
10	James, Taylor	SR	VCU	4.67m
11	Jackson, Ariyana	FR	Sacred Heart	4.62m
12	Troy, Kayleigh	FR	Sacred Heart	4.52m
13	Mixon, Carly	SR	UNCW	4.36m

## Women Long Jump Pent

Name	Yr	School	Finals	
<b>Finals</b>				
1	Amoyaw, Katriel	FR	William & Ma	5.48m
2	Bryan, Patasha	SO	Liberty	5.24m
3	Perry, Halle	SO	Queens (N.C.)	5.18m
4	Greenhagel, Paige	FR	Liberty	5.14m
5	Louiset, Heloise	JR	Queens (N.C.)	J5.14m
6	Bourgeois, Lea	SR	Sacred Heart	5.13m
7	James, Danielle	FR	Hampton	5.07m
8	Shaw, Emmani	SO	Hampton	5.06m
9	Bernard, Anissa	JR	Hampton	5.03m
10	Van Arsdale, Sofia	JR	Liberty	4.87m
11	Speiss, Celia	FR	Queens (N.C.)	J4.87m
12	Bickute, Kamile	FR	Queens (N.C.)	4.86m
13	Pitt, Nina	FR	Hampton	J4.86m
14	Milasinovic, Mia	JR	Queens (N.C.)	4.52m
15	Kusic, Emilija	JR	Queens (N.C.)	3.45m

## Women Long Jump

Name	Yr	School	Finals	
<b>Finals</b>				
1	Christie, Sherika	FR	Wofford	5.93m
2	Smith, Taylor	SR	App State	5.80m
3	Hertz Saebbo, Linn	JR	Elon	5.72m
3	Allen, Rebecca	SO	Liberty	5.72m
5	Osaji, Ashlee	SR	App State	5.69m
6	Elong, Selkis	SO	VCU	5.67m
7	Bagg, Olivia	SO	Wofford	5.60m
8	Mark, Alexa	JR	Elon	5.59m
9	McNinch, Madeline	SR	Wofford	5.55m
10	Davis, Chelsea	SO	VCU	5.45m
11	Kusic, Emilija	JR	Queens (N.C.)	5.33m
12	David, Gabby	FR	App State	5.31m
13	Nasir, Morgan	SO	William & Ma	5.22m
14	Heidebrecht, Megan	SR	William & Ma	5.15m
15	McIvor, Kandace	SO	Radford	5.10m
16	Speiss, Celia	FR	Queens (N.C.)	5.07m
17	Worf, Presley	SO	Wofford	4.87m
18	Polanah-Kehlenbeck, Katja	FR	Radford	4.84m
19	Duchemin, Isabelle	FR	Wofford	4.81m
20	Currie, Derica	JR	Western Caro	4.80m
21	Carter, Dezmajia	SO	Radford	4.63m
---	Bickute, Kamile	FR	Queens (N.C.)	FOUL

## Women Triple Jump

Name	Yr	School	Finals	
<b>Finals</b>				
1	Osaji, Ashlee	SR	App State	12.19m
2	Christie, Sherika	FR	Wofford	12.18m
3	Heidebrecht, Megan	SR	William & Ma	12.03m
4	Hertz Saebbo, Linn	JR	Elon	11.78m
5	Cox, Kacy	JR	Liberty	11.73m
6	Posey, Jazmine	JR	App State	11.54m
7	Bozarth, Megan	JR	VCU	11.36m
8	Davis, Chelsea	SO	VCU	11.29m
9	Currie, Derica	JR	Western Caro	11.28m
10	Curbeam, Jalena	SR	Queens (N.C.)	10.81m
11	Greene, Jasmine	SO	Western Caro	10.77m
12	David, Gabby	FR	App State	10.71m
13	Carter, Dezmajia	SO	Radford	10.57m

## Women Shot Put Pent

Name	Yr	School	Finals	
<b>Finals</b>				
1	Bryan, Patasha	SO	Liberty	11.62m
2	Kusic, Emilija	JR	Queens (N.C.)	10.90m
3	Speiss, Celia	FR	Queens (N.C.)	10.39m
4	Milasinovic, Mia	JR	Queens (N.C.)	10.15m
5	Van Arsdale, Sofia	JR	Liberty	10.13m
6	Bourgeois, Lea	SR	Sacred Heart	10.07m
7	Perry, Halle	SO	Queens (N.C.)	9.56m
8	Greenhagel, Paige	FR	Liberty	8.84m
9	Shaw, Emmani	SO	Hampton	8.74m
10	Louiset, Heloise	JR	Queens (N.C.)	8.56m
11	Amoyaw, Katriel	FR	William & Ma	8.47m
12	Bernard, Anissa	JR	Hampton	7.50m
13	James, Danielle	FR	Hampton	7.30m
14	Pitt, Nina	FR	Hampton	7.28m
15	Bickute, Kamile	FR	Queens (N.C.)	5.41m

## Women Shot Put Pent

Name	Yr	School	Finals	
<b>Finals</b>				
1	Jackson, Ariyana	FR	Sacred Heart	11.72m
2	Thurgood, Hollie	SR	Elon	10.24m
3	Crozier-Carole, Emma	FR	UNCW	9.84m
4	Coleman, Nimeesha	JR	Liberty	9.72m
5	Schwamer, Aurora	FR	William & Ma	8.51m
6	Ruffin, Amanda	JR	UNCW	8.19m
7	Canuto, Diamani	FR	Sacred Heart	8.11m
8	James, Taylor	SR	VCU	7.98m
9	Dupras, Elizabeth	JR	William & Ma	7.93m
10	Moore, Carson	SO	Hampton	7.77m
11	Mixon, Carly	SR	UNCW	7.72m
12	Troy, Kayleigh	FR	Sacred Heart	7.15m
13	Lopez, Lizzie	SO	Elon	6.65m

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

**Women Shot Put**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Byrd, Eryn	JR	VCU	14.71m
2	Mann, Megan	JR	Liberty	14.63m
3	Suzenski, Keeley	SR	William & Ma	14.06m
4	Midkiff, Jocelyn	SR	VCU	13.39m
5	Cooper, Daiyanna	JR	App State	13.31m
6	Carlton, Lauryn	SR	Elon	13.27m
7	Mojica, Sofia	JR	Liberty	13.09m
8	Gilbert, Jayla	FR	Usc Upstate	13.07m
9	Brown, Dannielle	SO	Usc Upstate	12.43m
10	Thomas, Taylor	JR	Usc Upstate	12.07m
11	Plummer, Megan	SR	App State	11.94m
12	Carlson, Ella	SO	William & Ma	11.80m
13	Grayson, Kali	JR	Liberty	11.74m
14	Akaolisa, Desiree	FR	VCU	11.68m
15	Clarke, Adriana	FR	Elon	11.57m
16	Matalatala, Like	SO	VCU	11.37m
17	Aristhil, Jenelda	FR	Usc Upstate	11.28m
18	Harris, Anaya	SO	VCU	11.06m
19	Oberg, Tristin	SO	Elon	10.97m
20	Roundtree, Toria	SO	Western Caro	10.93m
21	Harris, Jaeda	JR	App State	10.39m
22	Rosser, Mya	SO	Radford	9.94m
23	Rosser, Jaylen	SO	Radford	9.79m
24	Cephus, Haleigh	FR	Elon	9.74m
---	Davis, Rachel	JR	Usc Upstate	FOUL

**Women Weight Throw**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Hallgrimsdottir, Gudrun	JR	VCU	21.83m
2	Byrd, Eryn	JR	VCU	18.33m
3	McGoogan, Kaitlin	SR	Elon	18.02m
4	Mann, Megan	JR	Liberty	17.87m
5	Davis, Rachel	JR	Usc Upstate	17.83m
6	Mojica, Sofia	JR	Liberty	17.40m
7	Carlton, Lauryn	SR	Elon	17.17m
8	Suzenski, Keeley	SR	William & Ma	16.84m
9	Cooper, Daiyanna	JR	App State	16.82m
10	Brown, Dannielle	SO	Usc Upstate	15.87m
11	Aristhil, Jenelda	FR	Usc Upstate	15.48m
12	St. John, Sierra	SR	Usc Upstate	15.38m
13	Thomas, Taylor	JR	Usc Upstate	15.33m
14	Anderson, Talia	SO	William & Ma	15.22m
15	Pereira, Blanca	FR	VCU	15.20m
16	Matalatala, Like	SO	VCU	14.74m
17	Metz, Amelia	FR	Elon	14.58m
18	Clarke, Adriana	FR	Elon	13.88m
19	Roundtree, Toria	SO	Western Caro	13.72m
20	Wynter, Halie	FR	VCU	13.57m
21	Harris, Jaeda	JR	App State	13.51m
22	Gilbert, Jayla	FR	Usc Upstate	13.50m
23	Sawicki, Ellie	SO	Wofford	13.41m

**Finals ... (Women Weight Throw)**

	Name	Yr	School	Finals
24	Carlson, Ella	SO	William & Ma	13.28m
25	Coyne, Meghan	JR	Elon	13.03m
26	Emmen, Dani	JR	Wofford	12.90m
27	Oberg, Tristin	SO	Elon	12.04m
28	Boykin, Dianna	FR	App State	11.51m
---	Cephus, Haleigh	FR	Elon	FOUL

**Indoor Pentathlon: #5 Women 800 Meter Dash Indoor Pentathlon**

	Name	Yr	School	Finals
<b>Finals</b>				
1	Bryan, Patasha	SO	Liberty	2:22.20 794
	32.264 (32.264)	1:08.808 (36.544)	1:45.383 (36.575)	
	2:22.193 (36.810)			
2	Perry, Halle	SO	Queens (N.C.)	2:27.58 724
	33.204 (33.204)	1:09.984 (36.780)	1:48.621 (38.638)	
	2:27.576 (38.955)			
3	Kusic, Emilija	JR	Queens (N.C.)	2:27.64 723
	32.555 (32.555)	1:09.164 (36.609)	1:47.923 (38.759)	
	2:27.640 (39.718)			
4	Milasinovic, Mia	JR	Queens (N.C.)	2:28.70 709
	34.271 (34.271)	1:11.416 (37.145)	1:50.715 (39.299)	
	2:28.696 (37.982)			
5	Van Arsdale, Sofia	JR	Liberty	2:30.93 681
	33.003 (33.003)	1:09.668 (36.665)	1:48.271 (38.604)	
	2:30.929 (42.658)			
6	Bourgeois, Lea	SR	Sacred Heart	2:32.80 658
	33.913 (33.913)	1:11.746 (37.834)	1:52.955 (41.209)	
	2:32.791 (39.837)			
7	Speiss, Celia	FR	Queens (N.C.)	2:33.97 644
	34.410 (34.410)	1:12.131 (37.722)	1:53.086 (40.955)	
	2:33.969 (40.883)			
8	Greenhagel, Paige	FR	Liberty	2:40.83 563
	35.194 (35.194)	1:14.021 (38.828)	1:56.539 (42.518)	
	2:40.828 (44.289)			
9	Shaw, Emmani	SO	Hampton	2:48.46 480
	36.351 (36.351)	1:21.090 (44.739)	2:09.428 (48.338)	
	2:48.454 (39.027)			
10	Bickute, Kamile	FR	Queens (N.C.)	2:55.17 411
	38.674 (38.674)	1:22.374 (43.700)	2:11.919 (49.545)	
	2:55.168 (43.249)			
11	Bernard, Anissa	JR	Hampton	2:56.40 399
	36.466 (36.466)	1:21.986 (45.520)	2:10.920 (48.934)	
	2:56.395 (45.475)			
12	James, Danielle	FR	Hampton	2:59.01 374
	39.448 (39.448)	1:24.251 (44.804)	2:12.094 (47.843)	
	2:59.008 (46.914)			
13	Amoyaw, Katriel	FR	William & Ma	3:10.69 272
	36.825 (36.825)	1:21.934 (45.109)	2:15.261 (53.328)	
	3:10.685 (55.424)			
14	Pitt, Nina	FR	Hampton	3:46.40 57
	41.603 (41.603)	1:34.523 (52.920)	2:37.985 (1:03.463)	
	3:46.396 (1:08.412)			
---	Louiset, Heloise	JR	Queens (N.C.)	DNF

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Coleman, Nimeesha	JR	Liberty	2:38.74 587
			36.098 (36.098) 1:16.689 (40.591) 1:59.754 (43.065)
			2:38.740 (38.986)
2 Schwaner, Aurora	FR	William & Ma	2:40.41 568
			34.584 (34.584) 1:14.842 (40.258) 1:59.929 (45.087)
			2:40.404 (40.475)
3 Canuto, Diamani	FR	Sacred Heart	2:42.61 543
			35.196 (35.196) 1:16.643 (41.447) 2:03.247 (46.604)
			2:42.604 (39.357)
4 Lopez, Lizzie	SO	Elon	2:45.14 515
			37.281 (37.281) 1:19.030 (41.749) 2:02.695 (43.665)
			2:45.138 (42.443)
5 James, Taylor	SR	VCU	2:46.72 498
			36.638 (36.638) 1:18.232 (41.594) 2:03.621 (45.389)
			2:46.717 (43.096)
6 Thurgood, Hollie	SR	Elon	2:49.50 469
			37.834 (37.834) 1:20.888 (43.054) 2:06.891 (46.003)
			2:49.500 (42.609)
7 Troy, Kayleigh	FR	Sacred Heart	2:50.64 457
			35.004 (35.004) 1:16.317 (41.313) 2:03.572 (47.255)
			2:50.636 (47.064)
8 Ruffin, Amanda	JR	UNCW	2:58.78 377
			38.126 (38.126) 1:20.459 (42.333) 2:07.206 (46.747)
			2:58.779 (51.573)
9 Dupras, Elizabeth	JR	William & Ma	2:59.16 373
			36.365 (36.365) 1:19.425 (43.060) 2:07.596 (48.171)
			2:59.159 (51.563)
10 Mixon, Carly	SR	UNCW	3:04.86 321
			37.007 (37.007) 1:21.594 (44.587) 2:13.478 (51.884)
			3:04.857 (51.379)
11 Moore, Carson	SO	Hampton	3:06.68 306
			37.026 (37.026) 1:20.613 (43.587) 2:10.325 (49.712)
			3:06.673 (56.348)
12 Jackson, Ariyana	FR	Sacred Heart	3:13.09 253
			35.973 (35.973) 1:21.833 (45.860) 2:19.437 (57.604)
			3:13.087 (53.650)
13 Crozier-Carole, Emma	FR	UNCW	3:16.94 224
			38.295 (38.295) 1:23.788 (45.493) 2:21.579 (57.791)
			3:16.938 (55.359)

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bernard, Anissa	JR	Hampton	8.81 950
2 Kusic, Emilija	JR	Queens (N.C.)	8.98 914
3 Pitt, Nina	FR	Hampton	8.99 912
4 Bryan, Patasha	SO	Liberty	9.01 908
5 Shaw, Emmani	SO	Hampton	9.07 895
6 Bourgeois, Lea	SR	Sacred Heart	9.25 858
7 Amoyaw, Katriel	FR	William & Ma	9.29 850
8 Perry, Halle	SO	Queens (N.C.)	9.30 848
9 James, Danielle	FR	Hampton	9.52 804

**Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Penta**

Name	Yr	School	Finals
10 Van Arsdale, Sofia	JR	Liberty	9.74 761
11 Speiss, Celia	FR	Queens (N.C.)	9.85 740
12 Milasinovic, Mia	JR	Queens (N.C.)	10.23 670
13 Greenhagel, Paige	FR	Liberty	10.32 653
14 Louiset, Heloise	JR	Queens (N.C.)	10.79 571
15 Bickute, Kamile	FR	Queens (N.C.)	11.84 407

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jackson, Ariyana	FR	Sacred Heart	9.16 877
2 Coleman, Nimeesha	JR	Liberty	9.61 787
3 Crozier-Carole, Emma	FR	UNCW	9.64 781
4 Moore, Carson	SO	Hampton	9.65 779
5 Thurgood, Hollie	SR	Elon	9.68 773
6 Dupras, Elizabeth	JR	William & Ma	9.69 771
7 James, Taylor	SR	VCU	9.74 761
8 Ruffin, Amanda	JR	UNCW	9.74 761
9 Canuto, Diamani	FR	Sacred Heart	9.80 750
10 Lopez, Lizzie	SO	Elon	9.88 735
11 Schwaner, Aurora	FR	William & Ma	10.01 710
12 Troy, Kayleigh	FR	Sacred Heart	10.24 668
13 Mixon, Carly	SR	UNCW	10.28 661

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lopez, Lizzie	SO	Elon	1.58m 712
2 Canuto, Diamani	FR	Sacred Heart	1.55m 678
2 Crozier-Carole, Emma	FR	UNCW	1.55m 678
4 Thurgood, Hollie	SR	Elon	1.52m 644
5 Troy, Kayleigh	FR	Sacred Heart	1.49m 610
6 Schwaner, Aurora	FR	William & Ma	1.43m 544
7 Dupras, Elizabeth	JR	William & Ma	1.40m 512
7 Coleman, Nimeesha	JR	Liberty	1.40m 512
7 James, Taylor	SR	VCU	1.40m 512
10 Mixon, Carly	SR	UNCW	1.37m 481
10 Ruffin, Amanda	JR	UNCW	1.37m 481
12 Moore, Carson	SO	Hampton	1.34m 449
13 Jackson, Ariyana	FR	Sacred Heart	1.31m 419

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Shaw, Emmani	SO	Hampton	1.76m 928
2 Louiset, Heloise	JR	Queens (N.C.)	1.70m 855
3 Bryan, Patasha	SO	Liberty	1.61m 747
4 Bourgeois, Lea	SR	Sacred Heart	1.58m 712
4 Milasinovic, Mia	JR	Queens (N.C.)	1.58m 712
6 Perry, Halle	SO	Queens (N.C.)	1.55m 678
6 Amoyaw, Katriel	FR	William & Ma	1.55m 678
6 Greenhagel, Paige	FR	Liberty	1.55m 678
9 Speiss, Celia	FR	Queens (N.C.)	1.52m 644
10 James, Danielle	FR	Hampton	1.46m 577

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

10	Van Arsdale, Sofia	JR	Liberty	1.46m	577
12	Pitt, Nina	FR	Hampton	1.43m	544
12	Bernard, Anissa	JR	Hampton	1.43m	544
14	Bickute, Kamile	FR	Queens (N.C.)	1.34m	449
---	Kusic, Emilija	JR	Queens (N.C.)		NH

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name		Yr	School	Finals	
<b>Finals</b>					
1	Amoyaw, Katriel	FR	William & Ma	5.48m	694
2	Bryan, Patasha	SO	Liberty	5.24m	626
3	Perry, Halle	SO	Queens (N.C.)	5.18m	609
4	Greenhagel, Paige	FR	Liberty	5.14m	598
4	Louiset, Heloise	JR	Queens (N.C.)	5.14m	598
6	Bourgeois, Lea	SR	Sacred Heart	5.13m	595
7	James, Danielle	FR	Hampton	5.07m	578
8	Shaw, Emmani	SO	Hampton	5.06m	576
9	Bernard, Anissa	JR	Hampton	5.03m	567
10	Speiss, Celia	FR	Queens (N.C.)	4.87m	524
10	Van Arsdale, Sofia	JR	Liberty	4.87m	524
12	Pitt, Nina	FR	Hampton	4.86m	522
12	Bickute, Kamile	FR	Queens (N.C.)	4.86m	522
14	Milasinovic, Mia	JR	Queens (N.C.)	4.52m	433
15	Kusic, Emilija	JR	Queens (N.C.)	3.45m	190

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name		Yr	School	Finals	
<b>Finals</b>					
1	Crozier-Carole, Emma	FR	UNCW	5.16m	603
2	Ruffin, Amanda	JR	UNCW	5.13m	595
3	Thurgood, Hollie	SR	Elon	4.89m	530
4	Lopez, Lizzie	SO	Elon	4.88m	527
5	Schwaner, Aurora	FR	William & Ma	4.86m	522
6	Moore, Carson	SO	Hampton	4.85m	519
7	Canuto, Diamani	FR	Sacred Heart	4.73m	487
8	Coleman, Nimeesha	JR	Liberty	4.70m	479
8	Dupras, Elizabeth	JR	William & Ma	4.70m	479
10	James, Taylor	SR	VCU	4.67m	472
11	Jackson, Ariyana	FR	Sacred Heart	4.62m	459
12	Troy, Kayleigh	FR	Sacred Heart	4.52m	433
13	Mixon, Carly	SR	UNCW	4.36m	393

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name		Yr	School	Finals	
<b>Finals</b>					
1	Jackson, Ariyana	FR	Sacred Heart	11.72m	643
2	Thurgood, Hollie	SR	Elon	10.24m	545
3	Crozier-Carole, Emma	FR	UNCW	9.84m	519
4	Coleman, Nimeesha	JR	Liberty	9.72m	511
5	Schwaner, Aurora	FR	William & Ma	8.51m	432
6	Ruffin, Amanda	JR	UNCW	8.19m	412
7	Canuto, Diamani	FR	Sacred Heart	8.11m	406
8	James, Taylor	SR	VCU	7.98m	398
9	Dupras, Elizabeth	JR	William & Ma	7.93m	395
10	Moore, Carson	SO	Hampton	7.77m	385
11	Mixon, Carly	SR	UNCW	7.72m	381

**Finals ... (Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon)**

Name		Yr	School	Finals	
12	Troy, Kayleigh	FR	Sacred Heart	7.15m	345
13	Lopez, Lizzie	SO	Elon	6.65m	313

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name		Yr	School	Finals	
<b>Finals</b>					
1	Bryan, Patasha	SO	Liberty	11.62m	636
2	Kusic, Emilija	JR	Queens (N.C.)	10.90m	589
3	Speiss, Celia	FR	Queens (N.C.)	10.39m	555
4	Milasinovic, Mia	JR	Queens (N.C.)	10.15m	539
5	Van Arsdale, Sofia	JR	Liberty	10.13m	538
6	Bourgeois, Lea	SR	Sacred Heart	10.07m	534
7	Perry, Halle	SO	Queens (N.C.)	9.56m	501
8	Greenhagel, Paige	FR	Liberty	8.84m	454
9	Shaw, Emmani	SO	Hampton	8.74m	447
10	Louiset, Heloise	JR	Queens (N.C.)	8.56m	436
11	Amoyaw, Katriel	FR	William & Ma	8.47m	430
12	Bernard, Anissa	JR	Hampton	7.50m	367
13	James, Danielle	FR	Hampton	7.30m	354
14	Pitt, Nina	FR	Hampton	7.28m	353
15	Bickute, Kamile	FR	Queens (N.C.)	5.41m	234

**Women Indoor Pentathlon Points Table**

Name		Yr	School	Finals	
<b>Finals</b>					
1	Thurgood, Hollie	SR	Elon	2961	
2	Coleman, Nimeesha	JR	Liberty	2876	
3	Canuto, Diamani	FR	Sacred Heart	2864	
4	Crozier-Carole, Emma	FR	UNCW	2805	
5	Lopez, Lizzie	SO	Elon	2802	
6	Schwaner, Aurora	FR	William & Ma	2776	
7	Jackson, Ariyana	FR	Sacred Heart	2651	
8	James, Taylor	SR	VCU	2641	
9	Ruffin, Amanda	JR	UNCW	2626	
10	Dupras, Elizabeth	JR	William & Ma	2530	
11	Troy, Kayleigh	FR	Sacred Heart	2513	
12	Moore, Carson	SO	Hampton	2438	
13	Mixon, Carly	SR	UNCW	2237	

**Women Indoor Pentathlon Points Table**

Name		Yr	School	Finals	
<b>Finals</b>					
1	Bryan, Patasha	SO	Liberty	3711	
2	Perry, Halle	SO	Queens (N.C.)	3360	
3	Bourgeois, Lea	SR	Sacred Heart	3357	
4	Shaw, Emmani	SO	Hampton	3326	
5	Speiss, Celia	FR	Queens (N.C.)	3107	
6	Van Arsdale, Sofia	JR	Liberty	3081	
7	Milasinovic, Mia	JR	Queens (N.C.)	3063	
8	Greenhagel, Paige	FR	Liberty	2946	
9	Amoyaw, Katriel	FR	William & Ma	2924	
10	Bernard, Anissa	JR	Hampton	2827	
11	James, Danielle	FR	Hampton	2687	
12	Louiset, Heloise	JR	Queens (N.C.)	2460	

**Brant Tolsma Invitational - 1/18/2024 to 1/20/2024**

**Liberty Indoor Track Complex**

**Results**

---

13	Kusic, Emilija	JR	Queens (N.C.)	2416
14	Pitt, Nina	FR	Hampton	2388
15	Bickute, Kamile	FR	Queens (N.C.)	2023