

THE MILE BY IMPACT ZONE

Norwood, NJ

Impact Zone

Saturday, May 18, 2024

**OFFICIAL MEET REPORT**

printed: 5/20/2024 12:14 PM

**Race #4
Masters Men 70-79****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 (70M) Shore AC	8	1-3-4	23:05	7:42	1:56.8
2 (70M) CRRC	13	2-5-6	35:27	11:49	8:06.2

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Anzovino, Pete	103	Unattached	-	4:40.82	---	4:40.8	2:54.4
2 Brady, Peter	219	Unattached	-	4:41.83	1.01	4:41.8	2:55.0
3 Williams, Mark	222	Unattached	-	4:42.32	1.50	4:42.3	2:55.4
4 Totten-Lancaster, Aaron	189	Unattached	-	4:56.78	15.96	4:56.8	3:04.3
5 Jani, Derrick	274	Unattached	-	5:05.19	24.37	5:05.2	3:09.6
6 O'Hara, Gerry	263	Unattached	-	5:06.00	24.18	5:06.0	3:10.1
7 Segaloff, Steven	165	Unattached	-	5:06.27	25.45	5:06.3	3:10.2
8 OH, JOON	157	Unattached	-	5:10.28	29.46	5:10.3	3:12.7
9 Babin, Matthew	105	Unattached	-	5:12.38	31.56	5:12.4	3:14.0
10 Frieder, Jonathan	129	Unattached	-	5:13.00	31.18	5:13.0	3:14.4
11 Garrido Lecca, Sebastian	130	Unattached	-	5:16.36	35.54	5:16.4	3:16.5
12 Farr, Nico	123	Unattached	-	5:18.83	38.01	5:18.8	3:18.0
13 De Jesus, Javier	218	Unattached	-	5:23.68	42.86	5:23.7	3:21.0
14 Freyer, Glen	261	Unattached	-	5:23.83	43.01	5:23.8	3:21.1
15 Camp, Chris	110	Unattached	-	5:24.96	44.14	5:25.0	3:21.8
16 Dimitriadis, Demetri	200	Unattached	-	5:25.85	45.03	5:25.8	3:22.4
17 Hogan, John	138	Unattached	-	5:26.56	45.74	5:26.6	3:22.8
18 Ginsburg, Ken	233	Unattached	-	5:36.02	55.20	5:36.0	3:28.7
19 Oliveira, Armando	254	Unattached	-	5:39.28	58.46	5:39.3	3:30.7
20 Flanders, Dale	127	Unattached	-	5:40.19	59.37	5:40.2	3:31.3
21 Zink, William	260	Unattached	-	5:42.26	1:01.44	5:42.3	3:32.6
22 Milone, John	153	Unattached	-	5:43.27	1:02.45	5:43.3	3:33.2
23 Perez, Alberto	159	Unattached	-	5:43.48	1:02.66	5:43.5	3:33.3
24 Steidle, Joe	180	Unattached	-	5:47.96	1:07.14	5:48.0	3:36.1
25 Vadillo, Hugo	191	Unattached	-	5:49.24	1:08.42	5:49.2	3:36.9
26 Burdett, Francis	109	Unattached	-	5:53.07	1:12.25	5:53.1	3:39.3
27 Karins, William	273	Unattached	-	5:54.75	1:13.93	5:54.7	3:40.3
28 Joannidis, Nickolas	208	Unattached	-	6:00.12	1:19.30	6:00.1	3:43.7
29 DiLeva, Michael	118	Unattached	-	6:02.58	1:21.76	6:02.6	3:45.2
30 Delaney, John	116	Unattached	-	6:06.95	1:26.13	6:06.9	3:47.9
31 Zirin, Jeremy	194	Unattached	-	6:07.22	1:26.40	6:07.2	3:48.1
32 Leddy, Harold	268	Unattached	-	6:14.83	1:34.01	6:14.8	3:52.8
33 Cano, Sergio	111	Unattached	-	6:15.63	1:34.81	6:15.6	3:53.3
34 Carlson, Jr, Richard	262	Unattached	-	6:25.67	1:44.85	6:25.7	3:59.5
35 Stirrat, Reno	181	(70M) Shore AC	1	6:29.16	1:48.34	6:29.2	4:01.7
36 Nicosia, Jim	154	Unattached	-	6:34.35	1:53.53	6:34.3	4:04.9
37 Miller, Randy	152	Unattached	-	6:35.40	1:54.58	6:35.4	4:05.6
38 Hagen, John	135	Unattached	-	6:42.40	2:01.58	6:42.4	4:09.9
39 Linnell, Scott	216	Unattached	-	6:44.51	2:03.69	6:44.5	4:11.2
40 Van Doren, Craig	210	Unattached	-	6:49.45	2:08.63	6:49.4	4:14.3
41 Di Mond, Robert	117	Unattached	-	6:53.78	2:12.96	6:53.8	4:17.0

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
42 Shields, Robert	166	Unattached	-	6:57.34	2:16.52	6:57.3	4:19.2
43 Garcia, Ezequiel	236	(70M) CRRC	2	7:22.28	2:41.46	7:22.3	4:34.7
44 Frame, Jack	128	Unattached	-	7:27.02	2:46.20	7:27.0	4:37.7
45 Del Bove, Hugo	204	Unattached	-	7:27.12	2:46.30	7:27.1	4:37.7
46 Hernandez, Helibert	137	Unattached	-	7:38.52	2:57.70	7:38.5	4:44.8
47 Rinaldi, Christopher	217	Unattached	-	7:49.64	3:08.82	7:49.6	4:51.7
48 Nowicki, Przemek	251	(70M) Shore AC	3	8:09.69	3:28.87	8:09.7	5:04.2
49 Richko, Carl	230	(70M) Shore AC	4	8:25.92	3:45.10	8:25.9	5:14.2
50 Kirsch, Daniel	144	Unattached	-	9:51.36	5:10.54	9:51.4	6:07.3
51 Gettis, Alan	132	Unattached	-	11:42.09	7:01.27	11:42.1	7:16.1
52 Ash, William	215	(70M) CRRC	5	12:35.57	7:54.75	12:35.6	7:49.3
53 Holusha, Stephen	140	Unattached	-	14:00.19	9:19.37	14:00.2	8:41.9
54 Haas, Lloyd	134	(70M) CRRC	6	15:28.42	10:47.6	15:28.4	9:36.7
55 Finestone, Nathaniel	228	Unattached	-	16:38.73	11:57.9	16:38.7	10:20.3