

## PWCS Central Region Girls Championship - 10/23/2024

## Results - Meet Order

**Girls 55 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 horrocks, erika	Benton Middl	7.87
2 deangelo, gia	Benton Middl	8.10
3 Wilson, Lustinia	Saunders Mid	8.23
4 Cookson, Kenzie	Saunders Mid	8.32
5 Dyer, Mariah	Beville Midd	8.54
6 Kohler, Cali	Lake Ridge M	8.61
7 Chaves, Amanda	Manassas Par	8.72
8 Aquino, Ananiah	Lake Ridge M	8.83
9 Averion, Jazleen	Parkside Mid	8.89
10 Boswell, Kyleigh	Beville Midd	8.94
11 Nash-Carr, Aliyah	Hampton Midd	9.01
12 French, Mycah	Hampton Midd	9.03
13 Shaver, Patricia	Parkside Mid	9.14

**Girls 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 kona, samaya	Benton Middl	13.73
2 Daniels, Laila	Saunders Mid	14.09
3 Johnson, kenddall	Benton Middl	14.22
4 Tellez Membreno, Xandy	Hampton Midd	14.75
5 Campbell, Oauren	Saunders Mid	14.91
6 James, Sabrina	Hampton Midd	15.37
7 Hinderliter, Vanessa	Beville Midd	15.40
8 Dugo, Madison	Parkside Mid	15.59
9 Quansah, Joaniah	Beville Midd	15.71
10 Ellis, Kailynn	Parkside Mid	15.81
11 Ortega, Mila	Lake Ridge M	15.87
12 Deveaux, Lailah	Lake Ridge M	16.15
13 Vasquez, Alejandra	Manassas Par	21.22
14 Regmi, Swastika	Manassas Par	21.41

**Girls 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Okoye, Jadore	Lake Ridge M	28.93
2 deangelo, gia	Benton Middl	29.22
3 lazo, genesis	Benton Middl	29.79
4 Kantner, Lucinda	Lake Ridge M	30.00
5 Duah, Janelle	Hampton Midd	30.30
6 Wilson, Lustinia	Saunders Mid	30.37
7 Tellez Membreno, Xandy	Hampton Midd	30.47
8 King, Shanira	Beville Midd	30.85
9 Dyer, Mariah	Beville Midd	30.91
10 Asumadu, Jade	Parkside Mid	31.30
11 Daniels, Laila	Saunders Mid	31.60
12 Averion, Jazleen	Parkside Mid	33.32
13 Granados, Athenae	Manassas Par	35.08
14 Kandel, Sristi	Manassas Par	43.40

**Girls 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 horrocks, erika	Benton Middl	1:03.49
2 Gibson, Brooklyn	Lake Ridge M	1:04.41
3 mesquita cruz, Eveliny	Benton Middl	1:08.06
4 Fahy, Colette	Lake Ridge M	1:09.49
5 Cookson, Kenzie	Saunders Mid	1:10.64
6 James, Sabrina	Hampton Midd	1:10.93
7 Davis, Kailiah	Parkside Mid	1:13.11
8 Perrone, Phoenix	Manassas Par	1:13.46
9 Adu-Twum, Mindy	Beville Midd	1:16.63
10 Cookson, Cambree	Saunders Mid	1:16.89
11 Boxer, Penny	Parkside Mid	1:17.27
12 Menjivar Rivas, Sophia	Beville Midd	1:18.94
13 Beb, Camila	Hampton Midd	1:26.48

**Girls 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Connor, Piper	Benton Middl	2:37.71
2 Lessard, Madelyn	Lake Ridge M	2:43.56
3 Ward, Deanna	Saunders Mid	2:44.49
4 schotter, charlotte	Benton Middl	2:44.55
5 Mardeusz, Addy	Lake Ridge M	2:56.45
6 Moats, Jaime	Parkside Mid	2:59.19
7 Justus, Juliana	Saunders Mid	3:05.53
8 Reyes Cruz, Haley	Beville Midd	3:09.86
9 Ewell, Riley	Manassas Par	3:13.73
10 Allanson, Sydney	Parkside Mid	3:14.35
11 Vasquez Melendez, Jeimy	Beville Midd	3:17.95
12 Hernandez Orellana, Sophia	Hampton Midd	3:21.55
13 Comar-Xu, Lee	Hampton Midd	3:52.84

**Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Lessard, Madelyn	Lake Ridge M	5:38.09
2 schotter, charlotte	Benton Middl	5:38.33
3 connor, maggie	Benton Middl	6:00.10
4 Moats, Jaime	Parkside Mid	6:00.63
5 Justus, Juliana	Saunders Mid	6:14.90
6 Wiggins, Emily	Lake Ridge M	6:16.42
7 Steenberge, Kayt	Saunders Mid	6:25.97
8 Ewell, Riley	Manassas Par	6:50.43
9 Allanson, Sydney	Parkside Mid	6:58.04
10 Campos Gomez, Alyssa	Hampton Midd	6:59.28
11 Coronado, Leslie	Beville Midd	7:21.21
12 Comar-Xu, Lee	Hampton Midd	8:19.06

**Girls 55 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Cookson, Kenzie	Saunders Mid	10.48
2 Andrews, Autumn	Benton Middl	10.81

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## Finals ... (Girls 55 Meter Hurdles)

Name	School	Finals
3 Gibson, Brooklyn	Lake Ridge M	10.81
4 Cottman, Jannelle	Lake Ridge M	10.95
5 King, Shanira	Beville Midd	11.11
6 Page, Irene	Hampton Midd	11.12
7 Johnson, kenddall	Benton Middl	11.19
8 Chaves, Amanda	Manassas Par	11.39
9 Marfo, Angela	Saunders Mid	11.41
10 Ellis, Kailynn	Parkside Mid	11.79
11 Crofts, Anastasia	Parkside Mid	12.19
12 Bonilla, Cristina	Beville Midd	12.39
13 French, Mycah	Hampton Midd	12.69

## Girls 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Benton Middle School	A	57.20
1) white, ayanna	2) utley, samantha	
3) lazo, genesis	4) horrocks, erika	
2 Saunders Mid	A	58.70
1) Ward, Deanna	2) Johnson, Jada	
3) Wilson, Lustinia	4) Daniels, Laila	
3 Hampton Middle School	A	1:01.10
1) Duah, Janelle	2) James, Sabrina	
3) French, Mycah	4) Tellez Membreno, Xandy	
4 Beville Middle School	A	1:01.28
1) Quansah, Joaniah	2) Dyer, Mariah	
3) Boswell, Kyleigh	4) Hinderliter, Vanessa	
5 Lake Ridge M	A	1:02.71
1) Koroma, Fatima	2) Deveaux, Lailah	
3) Aquino, Ananiah	4) Kohler, Cali	
6 Manassas Park	A	1:06.88
1) Owens, Maleah	2) Granados, Athenae	
3) Rodriguez, Eileen	4) Ewell, Taylor	
--- Parkside Mid	A	DQ

## Girls 4x200 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Benton Middle School	A	1:56.25
1) deangelo, gia	2) stewart, juliana	
3) kona, samaya	4) Johnson, kenddall	
2 Lake Ridge M	A	2:02.68
1) Kantner, Lucinda	2) Ortega, Mila	
3) Cottman, Jannelle	4) Okoye, Jadore	
3 Saunders Mid	A	2:06.03
1) Marfo, Angela	2) Gibbs, Nia	
3) Hill, Brandilyn	4) Campbell, Oauren	
4 Beville Middle School	A	2:10.64
1) King, Shanira	2) Afoakwa, Alicia	
3) Whitehurst, Aver	4) McKinney, Madelyn	
5 Hampton Middle School	A	2:13.68
1) Agyei, Benedicta	2) Newman, Journei	
3) Nash-Carr, Aliyah	4) Page, Irene	
6 Parkside Mid	A	2:13.92

## Girls 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Benton Middle School	A	4:36.42
1) kona, samaya	2) utley, samantha	
3) white, ayanna	4) stewart, juliana	
2 Lake Ridge M	A	5:03.14
1) Fahy, Colette	2) Davis, Avianna	
3) Cottman, Jannelle	4) Gibson, Brooklyn	
3 Saunders Mid	A	5:16.22
1) Bishop, Haley	2) Hernandez, Annaliese	
3) El-Najiad, Isabella	4) Cookson, Cambree	
4 Manassas Park	A	5:22.57
1) Chaves, Amanda	2) Owens, Maleah	
3) Rodriguez, Eileen	4) Ewell, Taylor	
5 Beville Middle School	A	5:24.63
1) McKinney, Madelyn	2) Quansah, Joaniah	
3) Adu-Twum, Mindy	4) Hinderliter, Vanessa	
6 Parkside Mid	A	5:30.51
7 Hampton Middle School	A	5:40.59
1) Newman, Journei	2) Stephens, Kai'a	
3) Beb, Camila	4) Agyei, Benedicta	

## Girls 1600 Sprint Medley SMR

Team	Relay	Finals
<b>Finals</b>		
1 Benton Middle School	A	4:53.26
1) lazo, genesis	2) utley, samantha	
3) ortiz, lillian	4) Connor, Piper	
2 Lake Ridge M	A	5:02.07
1) Kantner, Lucinda	2) Okoye, Jadore	
3) Fahy, Colette	4) Mardeusz, Addy	
3 Parkside Mid	A	5:22.55
4 Hampton Middle School	A	5:24.35
1) Lynn, Skylar	2) Agyei, Benedicta	
3) Duah, Janelle	4) Hernandez Orellana, Sophia	
5 Saunders Mid	A	5:29.30
1) Ward, Deanna	2) Hill, Brandilyn	
3) El-Najiad, Isabella	4) Bates, Kaela	
6 Beville Middle School	A	5:31.40
1) Afoakwa, Alicia	2) McKinney, Madelyn	
3) Adu-Twum, Mindy	4) Vasquez Melendez, Jeimy	
7 Manassas Park	A	5:41.84
1) Granados, Athenae	2) Owens, Maleah	
3) Rodriguez, Eileen	4) Ewell, Taylor	

## Girls High Jump

Name	School	Finals
<b>Finals</b>		
1 Okoye, Jadore	Lake Ridge M	4-09.00
2 Andrews, Autumn	Benton Middl	4-08.00
3 Campbell, Oauren	Saunders Mid	4-04.00
4 McKinney, Madelyn	Beville Midd	J4-04.00
4 Ward, Deanna	Saunders Mid	J4-04.00
6 Davis, Kailiah	Parkside Mid	4-02.00

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**Finals ... (Girls High Jump)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
7	James, Sabrina	Hampton Midd	4-00.00
8	Satchell, Bailey	Parkside Mid	3-10.00
8	Cottman, Jannelle	Lake Ridge M	3-10.00
10	Rodriguez, Eileen	Manassas Par	J3-10.00
11	Owens, Maleah	Manassas Par	3-08.00
---	Adu-Twum, Mindy	Beville Midd	NH
---	ortiz, lillian	Benton Middl	NH

**Girls Long Jump**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	horrocks, erika	Benton Middl	14-03.25
2	deangelo, gia	Benton Middl	13-11.75
3	Vasquez Melendez, Jeimy	Beville Midd	13-03.50
4	Daniels, Laila	Saunders Mid	13-02.25
5	Boswell, Kyleigh	Beville Midd	12-10.50
6	Shaver, Patricia	Parkside Mid	12-10.25
7	Chaves, Amanda	Manassas Par	11-05.75
8	Johnson, Jada	Saunders Mid	11-00.25
9	Ewell, Riley	Manassas Par	10-10.50
10	Koroma, Fatima	Lake Ridge M	10-09.00
11	Averion, Jazleen	Parkside Mid	10-07.25
12	Page, Irene	Hampton Midd	10-04.00
13	Tellez Membreno, Xandy	Hampton Midd	9-10.75
14	Baker, Leah	Lake Ridge M	9-10.00

**Girls Shot Put**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Johnson, kenddall	Benton Middl	32-05.50
2	Hinderliter, Vanessa	Beville Midd	29-06.75
3	Agyei, Benedicta	Hampton Midd	28-06.00
4	Lessard, Madelyn	Lake Ridge M	26-11.50
5	Rollings, Elisabeth	Parkside Mid	26-02.50
6	Duah, Janelle	Hampton Midd	26-01.50
7	Tahir, Nohala	Lake Ridge M	24-02.75
8	Wilson, Lustinia	Saunders Mid	23-08.00
9	Granados, Athenae	Manassas Par	22-11.25
10	Patterson, Paisley	Parkside Mid	22-09.25
11	utley, samantha	Benton Middl	22-06.75
12	Charris, Zoey	Beville Midd	21-06.00
13	Gibbs, Nia	Saunders Mid	19-09.00
14	Ewell, Taylor	Manassas Par	19-05.00

**Women - Team Rankings - 14 Events Scored**

1)	Benton Middle School	176
2)	Lake Ridge Middle School	98
3)	Saunders Middle School	76
4)	Beville Middle School	34
5)	Hampton Middle School	28
6)	Parkside Middle School	17
7)	Manassas Park	5