

Conference Carolinas Indoor T&F Championships - 2/18/2024 to 2/19/2024

JDL Fast Track

Results

Women 60 M

Facility: 7.18 \$ 2022 Barbara Pierre, Kayla White
Meet: 7.55 % 2019 Zawadi Brown

Name	School	Prelims
Preliminaries		
1 Asoburuenwu, Chianel	Mount Olive	7.60Q
2 Okoduwa, Eseose	Converse	7.65Q
3 Heckstall, Aniya	Barton	7.70Q
4 Cox, Tiara	N. Greenville	7.76Q
5 Cunningham, Kamille	Converse	7.72q
6 Roberts, Heaven	Mount Olive	7.73q
7 Haston, Raven	Unc Pembroke	7.79q
8 Nicholson, LaSira	Mount Olive	7.81q
9 Howell, Jamesha	Mount Olive	7.85
10 Campbell, Kiara	Mount Olive	7.87
11 Smiling, JoAnn	N. Greenville	7.88
12 Wilson, Makayla	S. Wesleyan	7.92
13 Gibson, Madison	Unc Pembroke	7.95
14 Mcclary, Erica	Barton	7.98
15 Griffin, Madison	Converse	8.02
16 Taylor, Symone	Lees-McRae	8.12
17 Richardson, Sarah	S. Wesleyan	8.19
18 Cofield-Jackson, Eshone	Lees-McRae	8.24
19 Chestnut, Sekyah	Belmont Abbe	8.26
20 Camire, Sandryne	Lees-McRae	8.28
21 Williams, Mia	Belmont Abbe	8.40
22 Paul, Shachiah	N. Greenville	8.72
23 Faulk, Shanekera	Belmont Abbe	8.83
24 Dalton, Kaleigh	Barton	9.20
25 Davis, Alyse	S. Wesleyan	11.84

Women 200 M

Facility: 23.68 \$ 2/25/2022 Jonah Ross
Meet: 24.59 % 2021 Jharna Alston

Name	School	Prelims
Preliminaries		
1 Okoduwa, Eseose	Converse	25.47q
2 Hill, Hannah	N. Greenville	25.59q
3 Roberts, Heaven	Mount Olive	25.60q
4 Heckstall, Aniya	Barton	25.78q
5 Asoburuenwu, Chianel	Mount Olive	25.79q
6 Wilson, Natalyah	Mount Olive	25.83q
7 Campbell, Kiara	Mount Olive	25.98q
8 Tutt, Keiarra	Barton	26.11q
9 Briggs, Vinesha	Mount Olive	26.21
10 Sherlock, Katie-Marie	Unc Pembroke	26.27
11 Haston, Raven	Unc Pembroke	26.28
12 Bethel, Jermyra	Converse	26.52
13 Cox, Tiara	N. Greenville	26.68
14 Suber, Quiana	Converse	26.70
15 Mcclary, Erica	Barton	26.79
16 Gibson, Madison	Unc Pembroke	26.92
17 Davis, Alyse	S. Wesleyan	27.20
18 Hall, Morgan	Emmanuel (Ga	27.28
19 Chestnut, Sekyah	Belmont Abbe	27.34

19 Cofield-Jackson, Eshone	Lees-McRae	27.34
21 Wilson, Makayla	S. Wesleyan	27.36
22 Osika, Keagan	Lees-McRae	27.36
23 Carter, Valasha	Emmanuel (Ga	27.80
24 Camire, Sandryne	Lees-McRae	28.01
25 Laginestra, Cianna	S. Wesleyan	28.83
26 Brannon, Makenzi	Belmont Abbe	29.51
27 Stanley, Bailee	Emmanuel (Ga	30.71

Women 400 M

Facility: 52.96 \$ 1/26/2019 Kayla Davis
Meet: 56.18 % 2020 Jami Wright

Name	School	Prelims
Preliminaries		
1 Jefferson, Channie	Mount Olive	58.16q
2 Briggs, Vinesha	Mount Olive	58.65q
3 Wilson, Natalyah	Mount Olive	59.05q
4 Hill, Hannah	N. Greenville	59.11q
5 Sherlock, Katie-Marie	Unc Pembroke	59.34q
6 Flores, Isabelle	Belmont Abbe	59.54q
7 Bethel, Jermyra	Converse	59.72q
8 Suber, Quiana	Converse	1:00.29q
9 Tutt, Keiarra	Barton	1:01.01
10 Shuford, Kirsten	Unc Pembroke	1:01.23
11 Martinka, Landri	Lees-McRae	1:01.27
12 Vaughn, Carleigh	N. Greenville	1:01.46
13 White, Olivia	Belmont Abbe	1:01.96
14 bracey, Latavia	Converse	1:02.66
15 Lema, Kayla	S. Wesleyan	1:03.82
16 Curran, Josephine	Barton	1:03.99
17 Olivarez, Sophia	Belmont Abbe	1:04.06
18 Hall, Morgan	Emmanuel (Ga	1:04.65
19 Logue, Zoe	Emmanuel (Ga	1:04.95
20 Lay, TraVon	S. Wesleyan	1:06.12
21 Rose, Katlyn	N. Greenville	1:08.06
22 Whilden, Ansley	Barton	1:11.73

Women 5000 M

Facility: 15:32.67 \$ 2/17/2024 Samantha Bush
Meet: 17:53.87 % 2013 Hannah Witt

Name	School	Finals
Finals		
1 Beatty, Lauren	Converse	17:46.23% 10
2 Sosa, Ashley	Converse	17:49.08% 8
3 Kimaiyo, Moureen	Unc Pembroke	17:53.50% 6
4 Anderson, Kathryn	Unc Pembroke	18:00.35 5
5 Kosgei, Jackline	Unc Pembroke	18:27.49 4
6 Mons, Froukje	Converse	18:37.90 3
7 Betzer, Deanna	Lees-McRae	18:39.72 2
8 Frock, Abbey	S. Wesleyan	18:46.43 1
9 Anderton, Cecily	N. Greenville	18:52.39
10 Shope, Riley	N. Greenville	19:00.27
11 Ward, Emily	King	19:24.54
12 Pena, Leticia	Unc Pembroke	19:38.94
13 Vazquez, Ermay	King	19:40.54
14 Alsop, Paris	N. Greenville	19:47.28

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Finals ... (Women 5000 M)

Name	School	Finals
15 Bennewitz, Malea	Unc Pembroke	19:56.82
16 Bryant, Vivian	Erskine	20:47.56
17 Haddad, Rebekah	N. Greenville	21:17.56

Women 60 M Hurdles

Facility: 7.95 \$ 2016 S. Nelvis/B. Rollins
 Meet: 8.64 % 2021 Mckenzie Connor

Name	School	Prelims
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Preliminaries

1 Myers, Phoebe	Converse	8.85Q
2 Flores, Isabelle	Belmont Abbe	8.99Q
3 Jefferson, Channie	Mount Olive	9.06q
4 Mosby, Mckylee	Unc Pembroke	9.30q
5 Pemberton, Kiwana	Mount Olive	9.33q
6 White, Olivia	Belmont Abbe	9.34q
7 Colon, Karolina	Belmont Abbe	9.34q
8 Logue, Zoe	Emmanuel (Ga)	9.38q
9 Thomas, D'Asia	Converse	9.38
10 Lay, TraVon	S. Wesleyan	9.49
11 Lema, Kayla	S. Wesleyan	9.65
12 Rice, Gabby	N. Greenville	9.94
13 Rose, Katlyn	N. Greenville	9.96
14 Piazza, Jai	Emmanuel (Ga)	10.08
15 Dennison, Emma	N. Greenville	10.42

Women Distance Medley

Facility: 10:55.49 \$ 2/17/2023

Shaw, Chapman, Bush, Tuohy

Meet: 12:46.36 % 2/19/2023 Converse

K Dixon, L bracey, B Robinson, R Spijker

Team	Relay	Finals
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Finals

1 North Greenville	A	12:40.20% 10
1) Shope, Avery	2) Dennison, Emma	
3) Futrell, Kylie	4) Nicholson, Riley	
2 Lees-McRae	A	12:48.95 8
1) Dille, Campbell	2) Martinka, Landri	
3) Quinn, Maddie	4) Betzer, Deanna	
3 Converse	A	13:04.83 6
1) van den Broek, Anne	2) Robinson, Bayley	
3) Stepp, Paisley	4) Spijker, Ruth	
4 King	A	13:07.56 5
1) Ward, Emily	2) Haller, Destiny	
3) Lowery, Amanda	4) Vazquez, Ermay	
5 Erskine	A	13:21.82 4
1) Thompson, Katherine	2) James, Daria	
3) Faulkner, Raleigh	4) Mumaw, Chloe	
6 Belmont Abbey	A	13:25.72 3
1) Keller, Sydney	2) Olivarez, Sophia	
3) Matos, Illiana	4) Zuniga, Mia	
7 Mount Olive	A	13:37.03 2
1) Sulton, Ciara	2) Cofone, Ruby	
3) Conroy, McKenzie	4) Fleurilus, Celine	

8 Barton	A	14:09.98 1
1) Hansen, Katie	2) Curran, Josephine	
3) Moss, Lillian	4) Fretwell, Anna	
9 Southern Wesleyan	A	14:21.19
1) Dixon, Emerson	2) Laginestra, Cianna	
3) Dixon, Janey	4) Morgan, Haley	
10 Emmanuel (Ga.)	A	14:45.51
1) Rubio, Paola	2) Williams, Ashley	
3) Spikes, Jayda	4) Farmer, Taylor	

Women High Jump

Facility: 1.92m \$ 2/7/2020 Erika Kinsey
 Meet: 1.68m % 2021 Moena Battle

Name	School	Finals
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Finals

1 Myers, Phoebe	Converse	1.61m 9
1 Brown, Jordan	Converse	1.61m 9
3 Cunningham, Kamille	Converse	J1.61m 6
4 Huskey, Olivia	N. Greenville	1.58m 5
5 Wilson, Natalyah	Mount Olive	J1.58m 4
6 Thomas, D'Asia	Converse	1.55m 3
7 Mochi, Fina	Belmont Abbe	1.45m 1
7 Hormazabal, Karla	Mount Olive	1.45m 1
7 Kells, Haley	Belmont Abbe	1.45m 1
10 Pitt, Lauryn	Barton	J1.45m
11 Osika, Keagan	Lees-McRae	J1.45m
12 Lowder, Chloe	Belmont Abbe	1.40m
13 Irizarry, Melanie	N. Greenville	J1.40m
--- Hester, Maren	Lees-McRae	NH

Women Long Jump

Facility: 6.40m \$ 2/22/2020 Aliyah Whisby
 Meet: 5.91m % 2/19/2023 Mycherie Onwuzurukie

Name	School	Finals
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Finals

1 Okoduwa, Eseose	Converse	5.59m 10
2 Smiling, JoAnn	N. Greenville	5.56m 8
3 Piazza, Jai	Emmanuel (Ga)	J5.56m 6
4 Dillon, Lora	Lees-McRae	5.50m 5
5 Davis, Arianah	Unc Pembroke	5.42m 4
6 Howell, Jamesha	Mount Olive	5.24m 3
7 Hormazabal, Karla	Mount Olive	5.23m 2
8 Thurston, Rayven	Emmanuel (Ga)	5.22m 1
9 Lane, Jaylyn	Unc Pembroke	J5.22m
10 Heckstall, Aniya	Barton	5.20m
11 Carter, Valasha	Emmanuel (Ga)	5.10m
12 Cunningham, Kamille	Converse	5.05m
13 Hill, Hannah	N. Greenville	4.94m
14 Osika, Keagan	Lees-McRae	4.92m
15 Jefferson, Channie	Mount Olive	J4.92m
16 Hatchett, Kiana	Mount Olive	4.91m
17 Johnson, Zy'Adria	S. Wesleyan	4.83m
18 Murray, Priya	Belmont Abbe	4.82m
19 Kells, Haley	Belmont Abbe	4.77m
20 Wilson, Makayla	S. Wesleyan	4.61m
21 Williams, Mia	Belmont Abbe	4.47m

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Finals ... (Women Long Jump)

Name	School	Finals
22 Rice, Gabby	N. Greenville	4.41m

Women Weight Throw

Facility: 23.58m \$ 1/29/2016 Amber Campbell

Meet: 18.54m % 2/20/2022 Mary Brigid Keck

Name	School	Finals
Finals		
1 Martin, Bella	Converse	16.02m 10
2 Crawford, Adrienne	Mount Olive	15.71m 8
3 Artman, Alycia	Unc Pembroke	15.68m 6
4 Parrish, Katlyn	Mount Olive	15.16m 5
5 Kenan, Kaitlin	Mount Olive	14.35m 4
6 Lindsey, Ashley	Mount Olive	14.29m 3
7 Rydqvist, Elin	Mount Olive	14.23m 2
8 Barnes, Kenisha	Mount Olive	14.13m 1
9 Fripp, Ruthie	King	13.60m
10 Agwu, Comfort	Unc Pembroke	12.78m
11 Blankenship, Annah	King	12.32m
12 Weatherford, Mackenzie	Converse	12.11m
13 Pitt, Lauryn	Barton	11.59m
14 Olaleye, Jenella	Unc Pembroke	11.14m
15 Long, Lakin	S. Wesleyan	10.44m
16 Luther, Alexandria	S. Wesleyan	9.45m
17 Wilson, Gracie	S. Wesleyan	9.42m
18 Holsenback, Madeline	N. Greenville	9.29m
19 Gray, Morgan	Lees-McRae	9.27m
20 Rose, Katlyn	N. Greenville	8.85m
21 Owens, Joei	N. Greenville	5.48m

Women - Team Rankings - 5 Events Scored

1) Converse	74
2) Mount Olive	35
3) UNC Pembroke	25
4) North Greenville	23
5) Lees-McRae	15
6) Emmanuel (Ga.)	7
7) Belmont Abbey	5
7) King	5
9) Erskine	4
10) Southern Wesleyan	1
10) Barton	1