

Conference Carolinas Indoor T&F Championships - 2/18/2024 to 2/19/2024

JDL Fast Track

Results

Women 60 M

Facility: 7.18 \$ 2022 Barbara Pierre, Kayla White
Meet: 7.55 % 2019 Zawadi Brown

Name	School	Prelims
Preliminaries		
1 Asoburuenwu, Chianel	Mount Olive	7.60Q
2 Okoduwa, Eseose	Converse	7.65Q
3 Heckstall, Aniya	Barton	7.70Q
4 Cox, Tiara	N. Greenville	7.76Q
5 Cunningham, Kamille	Converse	7.72q
6 Roberts, Heavan	Mount Olive	7.73q
7 Haston, Raven	Unc Pembroke	7.79q
8 Nicholson, LaSira	Mount Olive	7.81q
9 Howell, Jamesha	Mount Olive	7.85
10 Campbell, Kiara	Mount Olive	7.87
11 Smiling, JoAnn	N. Greenville	7.88
12 Wilson, Makayla	S. Wesleyan	7.92
13 Gibson, Madison	Unc Pembroke	7.95
14 Mcclary, Erica	Barton	7.98
15 Griffin, Madison	Converse	8.02
16 Taylor, Symone	Lees-McRae	8.12
17 Richardson, Sarah	S. Wesleyan	8.19
18 Cofield-Jackson, Eshone	Lees-McRae	8.24
19 Chestnut, Sekyah	Belmont Abbe	8.26
20 Camire, Sandryne	Lees-McRae	8.28
21 Williams, Mia	Belmont Abbe	8.40
22 Paul, Shachiah	N. Greenville	8.72
23 Faulk, Shanekera	Belmont Abbe	8.83
24 Dalton, Kaleigh	Barton	9.20
25 Davis, Alyse	S. Wesleyan	11.84

Women 60 M

Facility: 7.18 \$ 2022 Barbara Pierre, Kayla White
Meet: 7.55 % 2019 Zawadi Brown

Name	School	Finals
Finals		
1 Asoburuenwu, Chianel	Mount Olive	7.63 10
2 Okoduwa, Eseose	Converse	7.67 8
3 Nicholson, LaSira	Mount Olive	7.72 6
4 Cunningham, Kamille	Converse	7.76 5
5 Heckstall, Aniya	Barton	7.79 4
6 Roberts, Heavan	Mount Olive	7.83 3
7 Cox, Tiara	N. Greenville	7.87 2
8 Haston, Raven	Unc Pembroke	7.89 1

Women 200 M

Facility: 23.68 \$ 2/25/2022 Jonah Ross
Meet: 24.59 % 2021 Jharna Alston

Name	School	Prelims
Preliminaries		
1 Okoduwa, Eseose	Converse	25.47q
2 Hill, Hannah	N. Greenville	25.59q
3 Roberts, Heavan	Mount Olive	25.60q
4 Heckstall, Aniya	Barton	25.78q
5 Asoburuenwu, Chianel	Mount Olive	25.79q

6 Wilson, Natalyah	Mount Olive	25.83q
7 Campbell, Kiara	Mount Olive	25.98q
8 Tutt, Keiarra	Barton	26.11q
9 Briggs, Vinesha	Mount Olive	26.21
10 Sherlock, Katie-Marie	Unc Pembroke	26.27
11 Haston, Raven	Unc Pembroke	26.28
12 Bethel, Jermyra	Converse	26.52
13 Cox, Tiara	N. Greenville	26.68
14 Suber, Quiana	Converse	26.70
15 Mcclary, Erica	Barton	26.79
16 Gibson, Madison	Unc Pembroke	26.92
17 Davis, Alyse	S. Wesleyan	27.20
18 Hall, Morgan	Emmanuel (Ga)	27.28
19 Chestnut, Sekyah	Belmont Abbe	27.34
19 Cofield-Jackson, Eshone	Lees-McRae	27.34
21 Wilson, Makayla	S. Wesleyan	27.36
22 Osika, Keagan	Lees-McRae	27.36
23 Carter, Valasha	Emmanuel (Ga)	27.80
24 Camire, Sandryne	Lees-McRae	28.01
25 Laginestra, Cianna	S. Wesleyan	28.83
26 Brannon, Makenzi	Belmont Abbe	29.51
27 Stanley, Bailee	Emmanuel (Ga)	30.71

Women 200 M

Facility: 23.68 \$ 2/25/2022 Jonah Ross
Meet: 24.59 % 2021 Jharna Alston

Name	School	Finals
Finals		
1 Okoduwa, Eseose	Converse	25.26 10
2 Roberts, Heavan	Mount Olive	25.27 8
3 Heckstall, Aniya	Barton	25.59 6
4 Hill, Hannah	N. Greenville	25.60 5
5 Asoburuenwu, Chianel	Mount Olive	25.63 4
6 Tutt, Keiarra	Barton	25.85 3
7 Wilson, Natalyah	Mount Olive	26.01 2
8 Campbell, Kiara	Mount Olive	26.40 1

Women 400 M

Facility: 52.96 \$ 1/26/2019 Kayla Davis
Meet: 56.18 % 2020 Jami Wright

Name	School	Prelims
Preliminaries		
1 Jefferson, Channie	Mount Olive	58.16q
2 Briggs, Vinesha	Mount Olive	58.65q
3 Wilson, Natalyah	Mount Olive	59.05q
4 Hill, Hannah	N. Greenville	59.11q
5 Sherlock, Katie-Marie	Unc Pembroke	59.34q
6 Flores, Isabelle	Belmont Abbe	59.54q
7 Bethel, Jermyra	Converse	59.72q
8 Suber, Quiana	Converse	1:00.29q
9 Tutt, Keiarra	Barton	1:01.01
10 Shuford, Kirsten	Unc Pembroke	1:01.23
11 Martinka, Landri	Lees-McRae	1:01.27
12 Vaughn, Carleigh	N. Greenville	1:01.46
13 White, Olivia	Belmont Abbe	1:01.96
14 bracey, Latavia	Converse	1:02.66

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Preliminaries ... (Women 400 M)

Name	School	Prelims
15 Lema, Kayla	S. Wesleyan	1:03.82
16 Curran, Josephine	Barton	1:03.99
17 Olivarez, Sophia	Belmont Abbe	1:04.06
18 Hall, Morgan	Emmanuel (Ga	1:04.65
19 Logue, Zoe	Emmanuel (Ga	1:04.95
20 Lay, TraVon	S. Wesleyan	1:06.12
21 Rose, Katlyn	N. Greenville	1:08.06
22 Whilden, Ansley	Barton	1:11.73

Women 400 M

Facility: 52.96 \$ 1/26/2019 Kayla Davis
Meet: 56.18 % 2020 Jami Wright

Name	School	Finals
Finals		
1 Briggs, Vinesha	Mount Olive	57.27 10
2 Jefferson, Channie	Mount Olive	57.87 8
3 Hill, Hannah	N. Greenville	58.16 6
4 Wilson, Natalyah	Mount Olive	58.37 5
5 Flores, Isabelle	Belmont Abbe	58.45 4
6 Sherlock, Katie-Marie	Unc Pembroke	58.71 3
7 Bethel, Jermyra	Converse	59.21 2
8 Suber, Quiana	Converse	1:01.45 1

Women 800 M

Facility: 1:59.26 \$ 2/2/2019 Ajee' Wilson
Meet: 2:17.38 % 2013 Kimone Hewitt

Name	School	Finals
Finals		
1 Thompson, Katherine	Erskine	2:20.34 10
2 Gordon, Evelyn	S. Wesleyan	2:22.70 8
3 Fleurilus, Celine	Mount Olive	2:23.32 6
4 Shope, Avery	N. Greenville	2:24.55 5
5 Vazquez, Ermay	King	2:25.17 4
6 Robinson, Bayley	Converse	2:25.35 3
7 Nicholson, Riley	N. Greenville	2:26.97 2
8 Keller, Sydney	Belmont Abbe	2:29.78 1
9 Farmer, Taylor	Emmanuel (Ga	2:30.58
10 Zuniga, Mia	Belmont Abbe	2:30.74
11 Spijker, Ruth	Converse	2:30.98
12 Quinn, Maddie	Lees-McRae	2:31.74
13 Sulton, Ciara	Mount Olive	2:32.40
14 Stepp, Paisley	Converse	2:32.63
15 Lanier, Michaela	N. Greenville	2:34.08
16 Lowery, Amanda	King	2:34.28
17 Bennewitz, Malea	Unc Pembroke	2:34.33
18 Spikes, Jayda	Emmanuel (Ga	2:39.32
19 Haller, Destiny	King	2:39.74
20 Dixon, Janey	S. Wesleyan	2:40.95
21 Ferigne, Gianna	Barton	2:41.54
22 Conroy, McKenzie	Mount Olive	2:43.22
23 Rowe, Kaitlyn	Lees-McRae	2:48.90
--- Williams, Ashley	Emmanuel (Ga	DNF
--- Labrant, Ava	S. Wesleyan	DNF

Women 1 Mile Run

Facility: 4:22.66 \$ 1/31/2015 Shannon Rowbury
Meet: 5:00.03 % 2019 Celine Ritter

Name	School	Finals
Finals		
1 Beatty, Lauren	Converse	5:13.58 10
2 Spijker, Ruth	Converse	5:16.22 8
3 Dixon, Kamille	Converse	5:17.83 6
4 Quinn, Maddie	Lees-McRae	5:19.88 5
5 van den Broek, Anne	Converse	5:20.67 4
6 Vazquez, Ermay	King	5:21.16 3
7 Anderson, Kathryn	Unc Pembroke	5:21.56 2
8 Dille, Campbell	Lees-McRae	5:24.08 1
9 Gordon, Evelyn	S. Wesleyan	5:24.79
10 Shope, Avery	N. Greenville	5:25.57
11 Nicholson, Riley	N. Greenville	5:34.97
12 Zuniga, Mia	Belmont Abbe	5:36.35
13 Hansen, Katie	Barton	5:40.75
14 Farmer, Taylor	Emmanuel (Ga	5:41.74
15 Futrell, Kylie	N. Greenville	5:42.27
16 Pena, Leticia	Unc Pembroke	5:42.39
17 Dixon, Emerson	S. Wesleyan	5:49.09
18 Baird, Maura	Belmont Abbe	5:59.06
19 Sedberry, Lauren	King	6:04.89
20 Moss, Lillian	Barton	6:06.08
21 Deveau, Annika	Belmont Abbe	6:06.44
22 Sander, Brigitte	Barton	6:28.02
--- Smith, Merritt	S. Wesleyan	DQ

Women 3000 M

Facility: 8:51.49 \$ 2/8/2020 Jenny Simpson
Meet: 10:22.63 % 2013 Hannah Witt

Name	School	Finals
Finals		
1 Kimaiyo, Moureen	Unc Pembroke	10:17.79% 10
2 Beatty, Lauren	Converse	10:25.33 8
3 Sosa, Ashley	Converse	10:26.18 6
4 Mons, Froukje	Converse	10:28.99 5
5 Anderson, Kathryn	Unc Pembroke	10:34.50 4
6 Kosgei, Jackline	Unc Pembroke	10:39.90 3
7 Frock, Abbey	S. Wesleyan	10:45.92 2
8 Betzer, Deanna	Lees-McRae	10:50.41 1
9 Dille, Campbell	Lees-McRae	10:53.26
10 Shope, Riley	N. Greenville	10:54.52
11 Anderton, Cecily	N. Greenville	11:03.75
12 Dixon, Kamille	Converse	11:12.39
13 Ward, Emily	King	11:22.87
14 Alsup, Paris	N. Greenville	11:28.69
15 Hansen, Katie	Barton	11:32.65
16 Willis, Savannah	Belmont Abbe	11:38.61
17 Keller, Sydney	Belmont Abbe	11:57.58
18 Little, Meghan	Belmont Abbe	12:01.88
19 Kraver, Kaylee	Lees-McRae	12:15.07
20 Ervin, Divinity	S. Wesleyan	12:26.70
21 Fretwell, Anna	Barton	12:57.29

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Women 5000 M

Facility: 15:32.67 \$ 2/17/2024 Samantha Bush

Meet: 17:53.87 % 2013 Hannah Witt

Name	School	Finals
Finals		
1 Beatty, Lauren	Converse	17:46.23% 10
2 Sosa, Ashley	Converse	17:49.08% 8
3 Kimaiyo, Moureen	Unc Pembroke	17:53.50% 6
4 Anderson, Kathryn	Unc Pembroke	18:00.35 5
5 Kosgei, Jackline	Unc Pembroke	18:27.49 4
6 Mons, Froukje	Converse	18:37.90 3
7 Betzer, Deanna	Lees-McRae	18:39.72 2
8 Frock, Abbey	S. Wesleyan	18:46.43 1
9 Anderton, Cecily	N. Greenville	18:52.39
10 Shope, Riley	N. Greenville	19:00.27
11 Ward, Emily	King	19:24.54
12 Pena, Leticia	Unc Pembroke	19:38.94
13 Vazquez, Ermay	King	19:40.54
14 Alsup, Paris	N. Greenville	19:47.28
15 Bennewitz, Malea	Unc Pembroke	19:56.82
16 Bryant, Vivian	Erskine	20:47.56
17 Haddad, Rebekah	N. Greenville	21:17.56

Women 60 M Hurdles

Facility: 7.95 \$ 2016 S. Nelvis/B. Rollins

Meet: 8.64 % 2021 Mckenzie Connor

Name	School	Prelims
Preliminaries		
1 Myers, Phoebe	Converse	8.85Q
2 Flores, Isabelle	Belmont Abbe	8.99Q
3 Jefferson, Channie	Mount Olive	9.06q
4 Mosby, Mckylee	Unc Pembroke	9.30q
5 Pemberton, Kiwanna	Mount Olive	9.33q
6 White, Olivia	Belmont Abbe	9.34q
7 Colon, Karolina	Belmont Abbe	9.34q
8 Logue, Zoe	Emmanuel (Ga)	9.38q
9 Thomas, D'Asia	Converse	9.38
10 Lay, TraVon	S. Wesleyan	9.49
11 Lema, Kayla	S. Wesleyan	9.65
12 Rice, Gabby	N. Greenville	9.94
13 Rose, Katlyn	N. Greenville	9.96
14 Piazza, Jai	Emmanuel (Ga)	10.08
15 Dennison, Emma	N. Greenville	10.42

Women 60 M Hurdles

Facility: 7.95 \$ 2016 S. Nelvis/B. Rollins

Meet: 8.64 % 2021 Mckenzie Connor

Name	School	Finals
Finals		
1 Flores, Isabelle	Belmont Abbe	8.86 10
2 Myers, Phoebe	Converse	8.91 8
3 Colon, Karolina	Belmont Abbe	9.38 6
4 Pemberton, Kiwanna	Mount Olive	9.38 5
5 Logue, Zoe	Emmanuel (Ga)	9.39 4
6 White, Olivia	Belmont Abbe	9.44 3

7 Mosby, Mckylee	Unc Pembroke	9.75 2
--- Jefferson, Channie	Mount Olive	DQ

Women 4x400 M Relay

Facility: 3:41.61 \$ 1/30/2016

Cox, Brown, Dorr, Haye-Smith

Meet: 3:54.10 % 2017

Haney, King, Barton, Lewis

Team	Relay	Finals
Finals		
1 Mount Olive	A	3:56.70 10
1) Briggs, Vinesha	2) Wilson, Natalyah	
3) Roberts, Heavan	4) Jefferson, Channie	
2 North Greenville	A	4:03.57 8
1) Smiling, JoAnn	2) Vaughn, Carleigh	
3) Dennison, Emma	4) Hill, Hannah	
3 Belmont Abbey	A	4:10.87 6
1) Chestnut, Sekyah	2) Colon, Karolina	
3) White, Olivia	4) Flores, Isabelle	
4 Southern Wesleyan	A	4:12.70 5
1) Lema, Kayla	2) Davis, Alyse	
3) Wilson, Makayla	4) Lay, TraVon	
5 Barton	A	4:14.45 4
1) Tutt, Keiarra	2) Mcclary, Erica	
3) Ferigne, Gianna	4) Heckstall, Aniya	
6 Emmanuel (Ga.)	A	4:19.05 3
1) Logue, Zoe	2) Spikes, Jayda	
3) Hall, Morgan	4) Farmer, Taylor	
7 Lees-McRae	A	4:19.39 2
1) Osika, Keagan	2) Quinn, Maddie	
3) Camire, Sandryne	4) Martinka, Landri	
8 Erskine	A	4:25.37 1
1) James, Daria	2) Thompson, Katherine	
3) Mumaw, Chloe	4) Faulkner, Raleigh	
9 King	A	4:41.90
1) Haller, Destiny	2) Vazquez, Ermay	
3) Ward, Emily	4) Lowery, Amanda	
--- Converse	A	DQ
1) Suber, Quiana	2) bracey, Latavia	
3) Okoduwa, Eseose	4) Bethel, Jermyra	

Women Distance Medley

Facility: 10:55.49 \$ 2/17/2023

Shaw, Chapman, Bush, Tuohy

Meet: 12:46.36 % 2/19/2023 Converse

K Dixon, L bracey, B Robinson, R Spijker

Team	Relay	Finals
Finals		
1 North Greenville	A	12:40.20% 10
1) Shope, Avery	2) Dennison, Emma	
3) Futrell, Kylie	4) Nicholson, Riley	
2 Lees-McRae	A	12:48.95 8
1) Dille, Campbell	2) Martinka, Landri	
3) Quinn, Maddie	4) Betzer, Deanna	

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Finals ... (Women Distance Medley)

Team	Relay	Finals	
3 Converse	A	13:04.83	6
1) van den Broek, Anne	2) Robinson, Bayley		
3) Stepp, Paisley	4) Spijker, Ruth		
4 King	A	13:07.56	5
1) Ward, Emily	2) Haller, Destiny		
3) Lowery, Amanda	4) Vazquez, Ermay		
5 Erskine	A	13:21.82	4
1) Thompson, Katherine	2) James, Daria		
3) Faulkner, Raleigh	4) Mumaw, Chloe		
6 Belmont Abbey	A	13:25.72	3
1) Keller, Sydney	2) Olivarez, Sophia		
3) Matos, Illiana	4) Zuniga, Mia		
7 Mount Olive	A	13:37.03	2
1) Sulton, Ciara	2) Cofone, Ruby		
3) Conroy, McKenzie	4) Fleurilus, Celine		
8 Barton	A	14:09.98	1
1) Hansen, Katie	2) Curran, Josephine		
3) Moss, Lillian	4) Fretwell, Anna		
9 Southern Wesleyan	A	14:21.19	
1) Dixon, Emerson	2) Laginestra, Cianna		
3) Dixon, Janey	4) Morgan, Haley		
10 Emmanuel (Ga.)	A	14:45.51	
1) Rubio, Paola	2) Williams, Ashley		
3) Spikes, Jayda	4) Farmer, Taylor		

Women High Jump

Facility: 1.92m \$ 2/7/2020 Erika Kinsey
Meet: 1.68m % 2021 Moena Battle

Name	School	Finals	
Finals			
1 Myers, Phoebe	Converse	1.61m	9
1 Brown, Jordan	Converse	1.61m	9
3 Cunningham, Kamille	Converse	J1.61m	6
4 Huskey, Olivia	N. Greenville	1.58m	5
5 Wilson, Natalyah	Mount Olive	J1.58m	4
6 Thomas, D'Asia	Converse	1.55m	3
7 Mochi, Fina	Belmont Abbe	1.45m	1
7 Hormazabal, Karla	Mount Olive	1.45m	1
7 Kells, Haley	Belmont Abbe	1.45m	1
10 Pitt, Lauryn	Barton	J1.45m	
11 Osika, Keagan	Lees-McRae	J1.45m	
12 Lowder, Chloe	Belmont Abbe	1.40m	
13 Irizarry, Melanie	N. Greenville	J1.40m	
--- Hester, Maren	Lees-McRae	NH	

Women Pole Vault

Facility: 4.61m \$ 1/30/2016 Katie Nageotte
Meet: 3.81m % 2020 Millie Klefsaas

Name	School	Finals	
Finals			
1 Fiorucci, Carina	Unc Pembroke	3.40m	10
2 Frayer, Trinity	Mount Olive	3.25m	8
3 Labrant, Ava	S. Wesleyan	3.10m	6
4 Tully, Abigail	N. Greenville	2.95m	5

5 walker, Jocelyn	Lees-McRae	2.80m	4
--- Reeping, Taylor	Belmont Abbe	NH	

Women Long Jump

Facility: 6.40m \$ 2/22/2020 Aliyah Whisby
Meet: 5.91m % 2/19/2023 Mycherie Onwuzurukie

Name	School	Finals	
Finals			
1 Okoduwa, Eseose	Converse	5.59m	10
2 Smiling, JoAnn	N. Greenville	5.56m	8
3 Piazza, Jai	Emmanuel (Ga	J5.56m	6
4 Dillon, Lora	Lees-McRae	5.50m	5
5 Davis, Arianah	Unc Pembroke	5.42m	4
6 Howell, Jamesha	Mount Olive	5.24m	3
7 Hormazabal, Karla	Mount Olive	5.23m	2
8 Thurston, Rayven	Emmanuel (Ga	5.22m	1
9 Lane, Jaylyn	Unc Pembroke	J5.22m	
10 Heckstall, Aniya	Barton	5.20m	
11 Carter, Valasha	Emmanuel (Ga	5.10m	
12 Cunningham, Kamille	Converse	5.05m	
13 Hill, Hannah	N. Greenville	4.94m	
14 Osika, Keagan	Lees-McRae	4.92m	
15 Jefferson, Channie	Mount Olive	J4.92m	
16 Hatchett, Kiana	Mount Olive	4.91m	
17 Johnson, Zy'Adria	S. Wesleyan	4.83m	
18 Murray, Priya	Belmont Abbe	4.82m	
19 Kells, Haley	Belmont Abbe	4.77m	
20 Wilson, Makayla	S. Wesleyan	4.61m	
21 Williams, Mia	Belmont Abbe	4.47m	
22 Rice, Gabby	N. Greenville	4.41m	

Women Triple Jump

Facility: 13.08m \$ 2/2/2019 Imani Oliver
Meet: 11.95m % 2017 Jamina Morris

Name	School	Finals	
Finals			
1 Hormazabal, Karla	Mount Olive	12.24m%	10
2 Smiling, JoAnn	N. Greenville	12.09m%	8
3 Dillon, Lora	Lees-McRae	11.90m	6
4 Whiteside, Mackenzie	Converse	11.25m	5
5 Warren, Nashayla	Converse	11.18m	4
6 Green, Keza	Mount Olive	11.08m	3
7 Lane, Jaylyn	Unc Pembroke	10.95m	2
8 Carter, Valasha	Emmanuel (Ga	10.94m	1
9 Hatchett, Kiana	Mount Olive	10.93m	
10 Pinckney, Janyia	Converse	10.81m	
11 Kells, Haley	Belmont Abbe	10.71m	
12 Thurston, Rayven	Emmanuel (Ga	10.53m	
13 Johnson, Zy'Adria	S. Wesleyan	10.01m	
14 Logue, Zoe	Emmanuel (Ga	9.98m	
15 Ellis, Tamiya	Belmont Abbe	9.54m	

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Women Shot Put

Facility: 17.84m \$ 2/8/2020 Raven Saunders

Meet: 13.95m % 2015 Maegan Henry

Name	School	Finals
Finals		
1 Lindsey, Ashley	Mount Olive	11.82m 10
2 Crawford, Adrienne	Mount Olive	11.46m 8
3 Parrish, Katlyn	Mount Olive	11.19m 6
4 Faison, Destiny	Mount Olive	11.10m 5
5 Artman, Alycia	Unc Pembroke	11.07m 4
6 Kenan, Kaitlin	Mount Olive	10.36m 3
7 Olaleye, Jenella	Unc Pembroke	10.30m 2
8 Blankenship, Annah	King	10.21m 1
9 Woodruff, Elizabeth	Belmont Abbe	10.11m
10 Gray, Morgan	Lees-McRae	9.79m
11 Fripp, Ruthie	King	9.60m
12 Martin, Bella	Converse	9.57m
13 Barnes, Kenisha	Mount Olive	9.53m
14 Luther, Alexandria	S. Wesleyan	9.17m
15 Agwu, Comfort	Unc Pembroke	9.07m
16 Long, Lakin	S. Wesleyan	8.97m
17 Dibene, Samantha	Emmanuel (Ga)	8.77m
18 Branch, Katie	Belmont Abbe	8.51m
19 Styrnisdottir, Julia	Emmanuel (Ga)	8.35m
20 Wilson, Gracie	S. Wesleyan	8.34m
21 Davis, Devon	Lees-McRae	8.32m
22 Owens, Joei	N. Greenville	7.44m
23 Messick, Kaylee	Lees-McRae	5.87m

Women - Team Rankings - 16 Events Scored

1) Converse	167
2) Mount Olive	166
3) UNC Pembroke	68
4) North Greenville	64
5) Belmont Abbey	35
6) Lees-McRae	34
7) Southern Wesleyan	22
8) Barton	18
9) Erskine	15
9) Emmanuel (Ga.)	15
11) King	13

Women Weight Throw

Facility: 23.58m \$ 1/29/2016 Amber Campbell

Meet: 18.54m % 2/20/2022 Mary Brigid Keck

Name	School	Finals
Finals		
1 Martin, Bella	Converse	16.02m 10
2 Crawford, Adrienne	Mount Olive	15.71m 8
3 Artman, Alycia	Unc Pembroke	15.68m 6
4 Parrish, Katlyn	Mount Olive	15.16m 5
5 Kenan, Kaitlin	Mount Olive	14.35m 4
6 Lindsey, Ashley	Mount Olive	14.29m 3
7 Rydqvist, Elin	Mount Olive	14.23m 2
8 Barnes, Kenisha	Mount Olive	14.13m 1
9 Fripp, Ruthie	King	13.60m
10 Agwu, Comfort	Unc Pembroke	12.78m
11 Blankenship, Annah	King	12.32m
12 Weatherford, Mackenzie	Converse	12.11m
13 Pitt, Lauryn	Barton	11.59m
14 Olaleye, Jenella	Unc Pembroke	11.14m
15 Long, Lakin	S. Wesleyan	10.44m
16 Luther, Alexandria	S. Wesleyan	9.45m
17 Wilson, Gracie	S. Wesleyan	9.42m
18 Holsenback, Madeline	N. Greenville	9.29m
19 Gray, Morgan	Lees-McRae	9.27m
20 Rose, Katlyn	N. Greenville	8.85m
21 Owens, Joei	N. Greenville	5.48m