

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****Women 60 Meter Dash**

Facility: # 7.18 Tamari Davis, Adidas  
 Meet: \$ 7.33 2022 Chante Clinkscale, UD

Name Year School Prelims H#

**Preliminaries**

1	Powell, Asia	SO Vcu	7.48Q	1	7.472
2	Tate, Kayelyn	SO Vcu	7.48Q	3	7.477
3	Adenitan, Susan	FR George Mason	7.57Q	4	
4	Haywood, Jadyne	SO Dayton	7.60Q	2	
5	Rose, Sydney	SR St Josephs Pa	7.59q	4	
6	Alagbe, Mabel	FR Vcu	7.65q	3	
7	Cummings, Gabrielle	FR Richmond	7.67q	4	
8	Dawson, Alicia	SR Richmond	7.69q	1	
9	Lavelle, Nina	SO Richmond	7.72	2	7.719
10	Suero, Mia	FR George Mason	7.72	3	7.720
11	Willis, Alyssa	SR Duquesne	7.74	2	
12	Kessler, Anna	JR Dayton	7.75	1	7.742
13	Foss, Noelle	JR George Mason	7.75	3	7.745
14	Richardson, Faith	SR Umass Amherst	7.77	2	
15	Burns, Rayana	JR Dayton	7.80	1	
16	Clayton, Blaiklyn	FR Richmond	7.82	4	
17	Davis, Nevaeh	JR La Salle	7.83	2	
18	Green, Dillyn	SO Fordham	7.85	3	
19	Nichols, Emily	SR Saint Louis	7.86	4	
20	Lothian, Abigail	FR Vcu	7.88	2	
21	Marshall, Kierra	SR Davidson	7.89	4	7.882
22	Hameed, Tamia	FR Dayton	7.89	1	7.883
23	Murphy, Ali	FR Umass Amherst	7.92	3	
24	Matheson, Sierra	SO George Mason	7.94	3	
25	Brown, Briyel	FR St Josephs Pa	8.01	1	8.003
26	Binns, Olivia	SO St Josephs Pa	8.01	2	8.007
27	Fallona, Caroline	FR Fordham	8.04	4	
28	Russell, Janae	FR George Washington	8.09	4	
29	Walker, Judith	JR St Josephs Pa	8.11	1	8.108
30	Fashina, Aronke	JR La Salle	8.11	1	8.109

**Women 60 Meter Dash**

Facility: # 7.18 Tamari Davis, Adidas  
 Meet: \$ 7.33 2022 Chante Clinkscale, UD

Name Year School Finals Points

**Finals**

1	Powell, Asia	SO Vcu	7.40	10
2	Tate, Kayelyn	SO Vcu	7.46	8
3	Haywood, Jadyne	SO Dayton	7.51	6
4	Adenitan, Susan	FR George Mason	7.54	5
5	Rose, Sydney	SR St Josephs Pa	7.56	4
6	Alagbe, Mabel	FR Vcu	7.69	3
7	Cummings, Gabrielle	FR Richmond	7.70	2
8	Dawson, Alicia	SR Richmond	7.80	1

## Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024

## Virginia Beach Sports Center

## Results

## Women 200 Meter Dash

Facility: # 23.22

Madison Whyte, VA

Meet: \$ 24.17 2007

Shareese Woods, CHA

Name	Year	School	Prelims	H#
Preliminaries				
1 Pierre, Simone	SR	Vcu	24.38q	3
2 Tate, Kayelyn	SO	Vcu	24.53q	1
3 Clayton, Blaiklyn	FR	Richmond	24.59q	2 24.587
4 Wooden, Sanaa	FR	Vcu	24.59q	5 24.588
5 Hill, Kyla	SR	Fordham	24.61q	4
6 Haywood, Jadyne	SO	Dayton	24.71q	7
7 Adenitan, Susan	FR	George Mason	24.78q	5
8 Foss, Noelle	JR	George Mason	24.87q	2
9 Richardson, Faith	SR	Umass Amherst	25.01	4
10 Kessler, Anna	JR	Dayton	25.03	3
11 van der Westhuizen, Elke	JR	Richmond	25.04	4 25.036
12 Suero, Mia	FR	George Mason	25.04	7 25.040
13 Marshall, Kierra	SR	Davidson	25.05	6
14 Burns, Rayana	JR	Dayton	25.06	3
15 Murphy, Ali	FR	Umass Amherst	25.15	1
16 McDowell, Mikayla	SR	Saint Louis	25.16	1 25.159
17 Cummings, Gabrielle	FR	Richmond	25.16	6 25.160
18 Nichols, Emily	SR	Saint Louis	25.18	8
19 Willis, Alyssa	SR	Duquesne	25.33	5
20 Moore, Karah	SR	Vcu	25.34	8
21 Rose, Sydney	SR	St Josephs Pa	25.41	2
22 Tyson, Kailynn	FR	George Mason	25.46	8
23 Davis, Nevaeh	JR	La Salle	25.48	8
24 Lavelle, Nina	SO	Richmond	25.49	7
25 Brown, Briyel	FR	St Josephs Pa	25.79	6
26 Marshall, Jya	SO	La Salle	26.18	5
27 Rodriguez, Maris	SR	St Josephs Pa	26.21	3
28 Russell, Janae	FR	George Washington	26.26	1
29 Adams, Maya	FR	St Josephs Pa	26.44	4
30 Nelson, Chris-Ann	SO	Davidson	26.46	2
31 Holness, Kamryn	FR	George Washington	26.47	7
32 Bennett, Taylor	SO	La Salle	26.98	6

## Women 200 Meter Dash

Facility: # 23.22

Madison Whyte, VA

Meet: \$ 24.17 2007

Shareese Woods, CHA

Name	Year	School	Finals	H#	Points
Finals					
1 Pierre, Simone	SR	Vcu	24.11\$	2	10
2 Haywood, Jadyne	SO	Dayton	24.35	1	8
3 Hill, Kyla	SR	Fordham	24.41	2	6
4 Tate, Kayelyn	SO	Vcu	24.43	2	5
5 Wooden, Sanaa	FR	Vcu	24.46	1	4
6 Clayton, Blaiklyn	FR	Richmond	24.67	1	3
7 Foss, Noelle	JR	George Mason	24.92	1	2
8 Adenitan, Susan	FR	George Mason	25.19	2	1

## Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024

## Virginia Beach Sports Center

## Results

## Women 400 Meter Dash

Facility: # 52.27		Shereen Vallabouy, WSU	
Meet: \$ 54.20 2019		Sarah Moore, Mason	
Name	Year	School	Prelims H#
Preliminaries			
1 Pierre, Simone	SR	Vcu	55.72q 2
26.350 (26.350)	55.714 (29.364)		
2 McDowell, Mikayla	SR	Saint Louis	55.94q 4
25.975 (25.975)	55.939 (29.965)		
3 Hill, Kyla	SR	Fordham	56.09q 1
25.646 (25.646)	56.086 (30.441)		
4 van der Westhuizen, Elke	JR	Richmond	56.24q 4
26.009 (26.009)	56.237 (30.229)		
5 Morrison, Soleil	FR	La Salle	56.79q 5
26.175 (26.175)	56.784 (30.609)		
6 Moore, Karah	SR	Vcu	56.91q 2
26.605 (26.605)	56.909 (30.304)		
7 Nichols, Emily	SR	Saint Louis	56.92q 3
26.195 (26.195)	56.918 (30.723)		
8 Santiago, Lauren	SR	Dayton	57.39q 6
26.616 (26.616)	57.386 (30.770)		
9 Hood, Sophia	SR	Davidson	57.47 1
26.646 (26.646)	57.466 (30.821)		
10 Horowitz, Rachel	SR	George Washington	57.78 7
26.270 (26.270)	57.776 (31.506)		
11 Lavelle, Nina	SO	Richmond	57.88 5
26.631 (26.631)	57.880 (31.250)		
12 Phillips, Becky	FR	Saint Louis	57.91 2
26.891 (26.891)	57.909 (31.019)		
13 Daye, Michele	SR	Fordham	57.94 1
26.829 (26.829)	57.931 (31.102)		
14 Headley-Mawasi, Sadai	JR	Umass Amherst	58.10 6
27.310 (27.310)	58.096 (30.787)		
15 Cousin, Kaylin	JR	Duquesne	58.23 5
27.260 (27.260)	58.225 (30.965)		
16 Harding, Jaclyn	SR	St Josephs Pa	58.42 4
26.672 (26.672)	58.417 (31.745)		
17 Banks, Mackenzie	JR	George Mason	58.69 7
26.529 (26.529)	58.681 (32.153)		
18 O'Neil, Patricia	SO	Saint Louis	58.84 7
26.669 (26.669)	58.833 (32.165)		
19 Workman, Sydney	FR	Dayton	59.31 3
26.764 (26.764)	59.305 (32.541)		
20 Wright, Kamyah	FR	Richmond	59.56 7
27.058 (27.058)	59.555 (32.498)		
21 De Syon, Lucie	FR	Davidson	59.67 2
27.164 (27.164)	59.662 (32.499)		
22 Rubio, Jessica	JR	St Josephs Pa	1:00.03 1
27.541 (27.541)	1:00.027 (32.486)		
23 Greene, Linise	SR	La Salle	1:00.24 4
26.962 (26.962)	1:00.238 (33.277)		
24 Shakoor, Lianna	SO	Dayton	1:00.36 6
27.401 (27.401)	1:00.360 (32.959)		
25 Collins, Tess	JR	St Josephs Pa	1:01.46 5
27.875 (27.875)	1:01.453 (33.578)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 400 Meter Dash**

26	Gisolfi-McCready, Aleia	JR Davidson	1:01.97	3
	27.136 (27.136)	1:01.964 (34.828)		
27	Beddow, Olivia	SO St Josephs Pa	1:02.45	6
	28.866 (28.866)	1:02.448 (33.583)		

**Women 400 Meter Dash**

Facility: # 52.27 Shereen Vallabouy, WSU  
 Meet: \$ 54.20 2019 Sarah Moore, Mason

Name	Year	School	Finals	H#	Points
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**Finals**

1	Pierre, Simone	SR Vcu	54.55	2	10
	25.635 (25.635)	54.542 (28.907)			
2	Nichols, Emily	SR Saint Louis	55.36	2	8
	25.652 (25.652)	55.358 (29.706)			
3	McDowell, Mikayla	SR Saint Louis	55.39	2	6
	25.705 (25.705)	55.384 (29.679)			
4	Hill, Kyla	SR Fordham	55.58	1	5
	25.078 (25.078)	55.579 (30.501)			
5	van der Westhuizen, Elke	JR Richmond	56.09	1	4
	25.565 (25.565)	56.089 (30.524)			
6	Morrison, Soleil	FR La Salle	56.32	2	3
	26.047 (26.047)	56.315 (30.268)			
7	Santiago, Lauren	SR Dayton	56.97	1	2
	26.584 (26.584)	56.961 (30.377)			
8	Moore, Karah	SR Vcu	57.61	1	1
	26.710 (26.710)	57.609 (30.899)			

**Women 500 Meter Dash**

Name	Year	School	Prelims	H#
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**Preliminaries**

1	Seitzinger, Hannah	JR Duquesne	1:12.68q	2
	40.991 (40.991)	1:12.672 (31.681)		
2	Clarke, Naomi	SO Vcu	1:14.21q	1
	42.478 (42.478)	1:14.207 (31.730)		
3	Allen, Amy	JR Duquesne	1:15.91q	3
	41.408 (41.408)	1:15.905 (34.497)		
4	Johnson, Kimberly	JR St Josephs Pa	1:16.32q	2
	42.250 (42.250)	1:16.316 (34.066)		
5	Federico, Sydney	JR Rhode Island	1:16.57q	3
	42.536 (42.536)	1:16.563 (34.028)		
6	Millican, Jocelyn	FR Davidson	1:16.69q	4
	43.105 (43.105)	1:16.683 (33.579)		
7	Wooden, Sabria	FR Vcu	1:16.85q	5
	43.390 (43.390)	1:16.847 (33.457)		
8	Primas, Maya	SR La Salle	1:17.12q	1
	43.278 (43.278)	1:17.113 (33.835)		
9	Elliott, Morgan	FR Richmond	1:17.42	6
	44.392 (44.392)			
10	Witt, Sarah	SR Umass Amherst	1:17.62	3
	43.713 (43.713)	1:17.611 (33.898)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**....Women 500 Meter Dash**

11	Wright, Kamiah	FR Richmond	1:17.87	2
	43.481 (43.481)	1:17.869 (34.389)		
12	Santana, Amyah	JR Rhode Island	1:18.87	2
	43.937 (43.937)	1:18.864 (34.927)		
13	Bruce, Aylin	JR Richmond	1:19.24	6
	45.037 (45.037)			
14	Blahovec, Cydney	FR Duquesne	1:19.53	6
	45.978 (45.978)			
15	Fizaoui, Salma	FR George Mason	1:20.45	1
	43.011 (43.011)	1:20.441 (37.430)		
16	Palmer, Adia	SR George Mason	1:20.86	4
	44.391 (44.391)	1:20.857 (36.466)		
17	Elchenko, Brenna	FR George Mason	1:21.76	4
	45.871 (45.871)	1:21.754 (35.883)		
18	Massoud, Alexia	SO George Washington	1:22.58	3
	45.058 (45.058)	1:22.574 (37.516)		
19	McLain, Madi	SR Loyola	1:23.68	1
	46.925 (46.925)	1:23.678 (36.754)		
20	Bertin, Camille	JR St Josephs Pa	1:24.59	5
	45.801 (45.801)	1:24.590 (38.790)		
--	Beringer, Ginny	JR Richmond	DQ	5 Rule 7-5-2b
	43.137 (43.137)	1:15.668 (32.531)		

**Women 500 Meter Dash**

Name	Year School	Finals	H#	Points
Finals				
1 Seitzinger, Hannah	JR Duquesne	1:12.17	2	10
	41.673 (41.673)	1:12.169 (30.496)		
2 Clarke, Naomi	SO Vcu	1:13.09	2	8
	42.089 (42.089)	1:13.090 (31.002)		
3 Allen, Amy	JR Duquesne	1:14.42	1	6
	41.732 (41.732)	1:14.420 (32.688)		
4 Johnson, Kimberly	JR St Josephs Pa	1:15.31	1	5
	41.949 (41.949)	1:15.302 (33.354)		
5 Wooden, Sabria	FR Vcu	1:15.81	2	4
	43.193 (43.193)	1:15.807 (32.614)		
6 Federico, Sydney	JR Rhode Island	1:15.84	2	3
	43.482 (43.482)	1:15.837 (32.356)		
7 Millican, Jocelyn	FR Davidson	1:17.04	1	2
	44.448 (44.448)	1:17.033 (32.586)		
8 Primas, Maya	SR La Salle	1:18.20	1	1
	44.141 (44.141)	1:18.193 (34.052)		

**Women 800 Meter Run**

Facility: #	2:02.07	Juliette Whittaker, MD	
Meet: \$	2:06.39 2020	Brooke Fazio, UR	
Name	Year School	Prelims	H#
Preliminaries			
1 Donohoe, Caroline	SO Richmond	2:11.88Q	2
	29.426 (29.426)	1:02.262 (32.836)	1:37.072 (34.810) 2:11.872 (34.800)

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Women 800 Meter Run**

2	Saul, Lily	SO Rhode Island	2:13.01Q 1	
	31.994 (31.994)	1:06.341 (34.347)	1:40.559 (34.218)	2:13.006 (32.447)
3	Lyons, Morgan	JR Richmond	2:13.10Q 3	
	30.836 (30.836)	1:04.530 (33.694)	1:39.258 (34.728)	2:13.093 (33.835)
4	O'Leary, Elise	SR Umass Amherst	2:14.16Q 4	
	31.395 (31.395)	1:06.698 (35.303)	1:40.186 (33.488)	2:14.157 (33.971)
5	Hyde, Michka-Mae	SR George Mason	2:12.44q 2	
	28.989 (28.989)	1:01.753 (32.764)	1:37.314 (35.561)	2:12.432 (35.118)
6	Rivard, Lexy	SO La Salle	2:13.64q 3	
	31.275 (31.275)	1:05.529 (34.254)	1:39.435 (33.906)	2:13.636 (34.201)
7	Crossan, Tess	SO St Josephs Pa	2:14.61q 2	
	29.777 (29.777)	1:02.592 (32.815)	1:37.664 (35.072)	2:14.610 (36.946)
8	Flood, Julia	JR La Salle	2:15.02q 1	
	32.866 (32.866)	1:07.314 (34.448)	1:41.021 (33.707)	2:15.018 (33.997)
9	Wilson, Olivia	JR Duquesne	2:15.20 4	
	31.605 (31.605)	1:06.123 (34.518)	1:40.529 (34.406)	2:15.191 (34.662)
10	Underwood, Mary Kathryn	SR Fordham	2:16.80 1	
	32.085 (32.085)	1:06.580 (34.495)	1:41.394 (34.814)	2:16.797 (35.403)
11	Korck, Samantha	FR St Josephs Pa	2:17.19 4	
	32.248 (32.248)	1:05.883 (33.635)	1:40.809 (34.926)	2:17.184 (36.375)
12	Franz, Riley	FR Saint Louis	2:17.31 3	
	31.580 (31.580)	1:06.205 (34.625)	1:42.133 (35.928)	2:17.306 (35.173)
13	Valotta, Angela	SR Duquesne	2:18.38 3	
	31.781 (31.781)	1:06.489 (34.708)	1:42.340 (35.851)	2:18.371 (36.031)
14	Bolesh, Ashley	FR Richmond	2:18.39 3	
	31.340 (31.340)	1:05.958 (34.618)	1:41.947 (35.989)	2:18.385 (36.438)
15	Warren, Nia	SO Vcu	2:18.61 1	
	32.103 (32.103)	1:06.437 (34.334)	1:41.408 (34.971)	2:18.606 (37.198)
16	Catrambone, Zoe	FR Rhode Island	2:18.67 3	
	32.311 (32.311)	1:06.763 (34.452)	1:42.602 (35.839)	2:18.665 (36.063)
17	Monohan, Amelia	FR Davidson	2:18.99 2	
	31.251 (31.251)	1:05.080 (33.829)	1:41.090 (36.010)	2:18.987 (37.897)
18	Scott, Starr	FR Saint Louis	2:19.01 4	
	33.143 (33.143)	1:07.172 (34.029)	1:42.539 (35.367)	2:19.010 (36.471)
19	Artz, Amelia	FR La Salle	2:20.19 4	
	32.943 (32.943)	1:07.756 (34.813)	1:43.232 (35.476)	2:20.185 (36.953)
20	Doherty, Alexis	JR St Josephs Pa	2:20.21 1	
	32.148 (32.148)	1:06.872 (34.724)	1:43.473 (36.601)	2:20.205 (36.732)
21	Westawski, Alexis	JR St Josephs Pa	2:20.38 1	
	32.213 (32.213)	1:06.768 (34.555)	1:43.466 (36.698)	2:20.379 (36.913)
22	Wells, Samantha	SO Dayton	2:20.53 4	
	33.590 (33.590)	1:08.155 (34.565)	1:43.527 (35.372)	2:20.525 (36.998)
23	Line, Delaney	JR Duquesne	2:21.21 4	
	33.312 (33.312)	1:08.365 (35.053)	1:44.588 (36.223)	2:21.202 (36.614)
24	Pittakas, Lilly	FR Rhode Island	2:21.88 2	
	31.549 (31.549)	1:05.608 (34.059)	1:42.107 (36.499)	2:21.873 (39.766)
25	Whalen, Mara	JR Duquesne	2:26.23 2	
	32.936 (32.936)	1:07.814 (34.878)	1:45.872 (38.058)	2:26.223 (40.351)
26	Caldwell, Faith	SO St Bonaventure	2:28.11 2	
	35.229 (35.229)	1:11.673 (36.444)	1:49.637 (37.964)	2:28.105 (38.468)
27	Magnusson, Adria	SO St Bonaventure	2:28.43 1	
	33.628 (33.628)	1:09.932 (36.304)	1:48.656 (38.724)	2:28.424 (39.768)

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****Women 800 Meter Run**

Facility: # 2:02.07 Juliette Whittaker, MD  
 Meet: \$ 2:06.39 2020 Brooke Fazio, UR

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Saul, Lily		SO Rhode Island	2:08.15	10
30.721 (30.721)		1:03.033 (32.312)	1:35.835 (32.803)	2:08.143 (32.308)
2 Donohoe, Caroline		SO Richmond	2:09.36	8
30.370 (30.370)		1:03.010 (32.640)	1:36.243 (33.234)	2:09.353 (33.110)
3 Hyde, Michka-Mae		SR George Mason	2:09.82	6
29.839 (29.839)		1:02.568 (32.730)	1:36.653 (34.085)	2:09.818 (33.165)
4 Lyons, Morgan		JR Richmond	2:09.97	5
31.102 (31.102)		1:03.496 (32.395)	1:36.949 (33.454)	2:09.966 (33.017)
5 Rivard, Lexy		SO La Salle	2:11.89	4
31.201 (31.201)		1:03.989 (32.789)	1:37.722 (33.733)	2:11.885 (34.164)
6 Flood, Julia		JR La Salle	2:15.43	3
31.457 (31.457)		1:05.165 (33.709)	1:40.908 (35.744)	2:15.422 (34.514)
7 Crossan, Tess		SO St Josephs Pa	2:15.78	2
30.610 (30.610)		1:03.515 (32.905)	1:38.836 (35.321)	2:15.771 (36.935)
8 O'Leary, Elise		SR Umass Amherst	2:23.21	1
31.006 (31.006)		1:05.108 (34.103)	1:42.562 (37.454)	2:23.204 (40.643)

**Women 1000 Meter Run**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Keurentjes, Kyra		SR Richmond	2:52.40Q	1
31.621 (31.621)		1:06.648 (35.027)	1:42.045 (35.397)	2:17.947 (35.902)
2:52.392 (34.445)				
2 Dillman, McKenzie		SO George Mason	2:55.65Q	2
33.532 (33.532)		1:08.967 (35.435)	1:45.103 (36.136)	2:20.830 (35.727)
2:55.646 (34.816)				
3 O'Connor, Hanna		SR Rhode Island	2:55.69Q	3
31.725 (31.725)		1:06.032 (34.307)	1:41.803 (35.771)	2:18.719 (36.916)
2:55.683 (36.964)				
4 Godoy, Bella		FR Davidson	2:52.51Q	1
31.660 (31.660)		1:07.033 (35.373)	1:42.760 (35.727)	2:18.079 (35.319)
2:52.501 (34.422)				
5 Lutzen, Majken		FR St Josephs Pa	2:55.71Q	2
33.299 (33.299)		1:08.788 (35.489)	1:44.260 (35.472)	2:19.962 (35.702)
2:55.704 (35.742)				
6 Miller, Dylan		JR Richmond	2:56.11Q	3
31.874 (31.874)		1:05.773 (33.899)	1:41.521 (35.748)	2:18.414 (36.893)
2:56.108 (37.694)				
7 Hamilton, Haley		JR Duquesne	2:53.12q	1
31.950 (31.950)		1:07.221 (35.271)	1:42.742 (35.521)	2:18.174 (35.432)
2:53.113 (34.939)				
8 Blaylock, Izzy		JR Richmond	2:57.60q	2
33.734 (33.734)		1:09.161 (35.427)	1:45.350 (36.189)	2:21.181 (35.831)
2:57.598 (36.417)				
9 Morin, Sonja		SO Saint Louis	2:57.66	2
33.699 (33.699)		1:09.194 (35.495)	1:45.282 (36.088)	2:21.124 (35.842)
2:57.652 (36.528)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Women 1000 Meter Run**

10 Vidal, Corina	JR Rhode Island	2:58.86	3		
32.201 (32.201)	1:07.528 (35.327)	1:44.336 (36.808)		2:22.619 (38.283)	
2:58.852 (36.233)					
11 Miller, Ava	SO Vcu	2:59.25	2		
33.947 (33.947)	1:09.912 (35.965)	1:47.138 (37.226)		2:23.925 (36.787)	
2:59.247 (35.322)					
12 Harrison, Simone	FR Umass Amherst	2:59.58	1		
32.211 (32.211)	1:07.512 (35.301)	1:43.715 (36.203)		2:21.606 (37.891)	
2:59.573 (37.967)					
13 Dawson, Georgia-Rose	SO La Salle	3:00.01	3		
32.332 (32.332)	1:06.955 (34.623)	1:43.373 (36.418)		2:21.452 (38.079)	
3:00.008 (38.556)					
14 Skapczynski, Olivia	SO Rhode Island	3:00.08	1		
32.565 (32.565)	1:07.950 (35.385)	1:44.453 (36.503)		2:21.680 (37.227)	
3:00.075 (38.395)					
15 Moulai, Neve	SO La Salle	3:02.89	3		
32.354 (32.354)	1:07.310 (34.956)	1:44.797 (37.487)		2:23.838 (39.041)	
3:02.885 (39.047)					
16 Rzucidlo, Emily	JR Richmond	3:02.94	3		
32.458 (32.458)	1:07.383 (34.925)	1:44.562 (37.179)		2:23.824 (39.262)	
3:02.931 (39.107)					
17 Turgeon, Lindsay	JR Rhode Island	3:05.19	2		
34.218 (34.218)	1:10.133 (35.915)	1:47.361 (37.228)		2:25.555 (38.194)	
3:05.182 (39.627)					

**Women 1000 Meter Run**

Name	Year School	Finals	Points		
=====					
Finals					
1 Keurentjes, Kyra	SR Richmond	2:51.38	10		
32.265 (32.265)	1:06.370 (34.105)	1:41.521 (35.151)		2:17.226 (35.706)	
2:51.372 (34.146)					
2 O'Connor, Hanna	SR Rhode Island	2:52.20	8		
32.461 (32.461)	1:06.617 (34.157)	1:41.955 (35.338)		2:17.424 (35.470)	
2:52.198 (34.775)					
3 Hamilton, Haley	JR Duquesne	2:52.60	6		
32.306 (32.306)	1:07.046 (34.740)	1:42.399 (35.354)		2:18.123 (35.725)	
2:52.594 (34.471)					
4 Miller, Dylan	JR Richmond	2:53.28	5		
31.803 (31.803)	1:06.445 (34.642)	1:41.776 (35.331)		2:17.520 (35.745)	
2:53.272 (35.753)					
5 Dillman, McKenzie	SO George Mason	2:55.24	4		
32.666 (32.666)	1:06.985 (34.319)	1:44.168 (37.184)		2:20.466 (36.298)	
2:55.240 (34.775)					
6 Godoy, Bella	FR Davidson	2:56.00	3		
32.072 (32.072)	1:06.591 (34.520)	1:42.082 (35.491)		2:17.816 (35.734)	
2:55.991 (38.176)					
7 Blaylock, Izzy	JR Richmond	2:56.82	2		
32.594 (32.594)	1:07.388 (34.795)	1:43.249 (35.861)		2:20.378 (37.130)	
2:56.814 (36.436)					
8 Lutzen, Majken	FR St Josephs Pa	2:59.00	1		
32.185 (32.185)	1:06.742 (34.558)	1:41.798 (35.056)		2:19.117 (37.320)	
2:58.998 (39.881)					



## Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024

## Virginia Beach Sports Center

## Results

## Women 1 Mile Run

Facility: # 4:31.39		Josette Norris, Reebok	
Meet: \$ 4:48.60 2011		Karri Gallagher, FOR	
Name	Year School	Finals	H# Points
1 Mancini, Christine	SR La Salle	4:50.93	3 10
36.507 (36.507)	1:15.549 (39.042)	1:53.590 (38.041)	2:32.967 (39.377)
3:10.092 (37.125)	3:45.124 (35.032)	4:19.866 (34.742)	4:50.924 (31.058)
2 Trippett, Madison	JR Richmond	4:51.94	3 8
36.324 (36.324)	1:15.279 (38.955)	1:53.435 (38.156)	2:32.742 (39.307)
3:10.044 (37.302)	3:45.319 (35.275)	4:20.086 (34.767)	4:51.937 (31.851)
3 Watcke, Emma	JR Loyola	4:53.43	3 6
36.606 (36.606)	1:15.600 (38.994)	1:15.631 (0.031)	2:33.098 (1:17.467)
3:10.220 (37.122)	3:45.302 (35.082)	4:20.030 (34.728)	4:53.425 (33.395)
4 Costantino, Alex	JR Umass Amherst	4:57.11	3 5
36.851 (36.851)	1:15.846 (38.995)	1:54.428 (38.582)	2:33.624 (39.196)
3:11.565 (37.941)	3:47.764 (36.199)	4:23.268 (35.504)	4:57.109 (33.841)
5 Carter, Abby	SR Dayton	4:57.14	3 4
36.617 (36.617)	1:15.656 (39.039)	1:53.640 (37.984)	2:32.920 (39.280)
3:10.246 (37.326)	3:45.561 (35.315)	4:20.881 (35.320)	4:57.139 (36.258)
6 Berquist, Anne	JR Davidson	5:01.92	3 3
36.892 (36.892)	1:15.826 (38.934)	1:53.870 (38.044)	2:33.124 (39.254)
3:10.461 (37.337)	3:46.752 (36.291)	4:24.181 (37.429)	5:01.918 (37.737)
7 Shunney, Rylee	FR Umass Amherst	5:03.94	2 2
36.120 (36.120)	1:13.974 (37.854)	1:53.969 (39.995)	2:34.332 (40.363)
3:12.188 (37.856)	3:50.482 (38.294)	4:29.105 (38.623)	5:03.936 (34.831)
8 Mooney, Cara	FR Dayton	5:03.96	2 1
37.380 (37.380)	1:14.657 (37.277)	1:54.021 (39.364)	2:34.164 (40.143)
3:11.529 (37.365)	3:49.671 (38.142)	4:28.104 (38.433)	5:03.959 (35.855)
9 Pelligreen, Sophia	FR Saint Louis	5:04.12	3
36.584 (36.584)	1:15.484 (38.900)	1:54.193 (38.709)	2:33.425 (39.232)
3:11.257 (37.832)	3:47.900 (36.643)	4:25.692 (37.792)	5:04.117 (38.425)
10 Gotzman, Meredith	FR Fordham	5:08.72	3
36.764 (36.764)	1:15.807 (39.043)	1:54.050 (38.243)	2:33.271 (39.221)
3:11.522 (38.251)	3:50.605 (39.083)	4:30.202 (39.597)	5:08.716 (38.514)
11 Lex, Meghan	FR St Bonaventure	5:10.89	2
36.409 (36.409)	1:14.274 (37.865)	1:54.216 (39.942)	2:34.651 (40.435)
3:13.656 (39.005)	3:53.799 (40.143)	4:33.939 (40.140)	5:10.886 (36.947)
12 Stockman, Elizabeth	JR Richmond	5:10.91	3
36.275 (36.275)	1:15.198 (38.923)	1:53.352 (38.154)	2:32.790 (39.438)
3:13.162 (40.372)	3:53.083 (39.921)	4:33.034 (39.951)	5:10.904 (37.870)
13 Piccone, Sofia	SO Rhode Island	5:10.93	2
36.248 (36.248)	1:14.096 (37.848)	1:54.058 (39.962)	2:34.226 (40.168)
3:11.575 (37.349)	3:50.137 (38.562)	4:30.320 (40.183)	5:10.927 (40.607)
14 Schwalm, Ryley	SO Duquesne	5:11.40	2
37.311 (37.311)	1:14.562 (37.251)	1:54.471 (39.909)	2:34.517 (40.046)
3:13.217 (38.700)	3:53.060 (39.843)	4:33.447 (40.387)	5:11.391 (37.944)
15 Eggleston, Jenna	SR Dayton	5:12.06	2
37.612 (37.612)	1:15.110 (37.498)	1:54.810 (39.700)	2:35.180 (40.370)
3:15.056 (39.876)	3:54.991 (39.935)	4:35.079 (40.088)	5:12.052 (36.973)
16 Grasse, Aiden	JR Loyola	5:13.18	1
37.461 (37.461)	1:14.885 (37.424)	1:54.309 (39.424)	2:34.709 (40.400)
3:15.494 (40.785)	3:56.318 (40.824)	4:35.811 (39.493)	5:13.180 (37.369)
17 Colflesh, Allison	JR Richmond	5:15.10	2
36.670 (36.670)	1:14.261 (37.591)	1:53.828 (39.567)	2:33.997 (40.169)
3:12.942 (38.945)	3:55.382 (42.440)	4:38.055 (42.673)	5:15.097 (37.042)

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**...Women 1 Mile Run**

18 Dinneen, Lola	FR George Washington	5:15.41	1		
37.116 (37.116)	1:13.712 (36.596)	1:52.746 (39.034)		2:34.663 (41.917)	
3:16.221 (41.558)	3:58.766 (42.545)	4:37.466 (38.700)		5:15.404 (37.938)	
19 Skapczynski, Olivia	SO Rhode Island	5:16.79	1		
37.808 (37.808)	1:15.629 (37.821)	1:55.310 (39.681)		2:36.337 (41.027)	
3:17.453 (41.116)	3:58.492 (41.039)	4:39.714 (41.222)		5:16.784 (37.070)	
20 Juliano, Danielle	JR St Josephs Pa	5:18.42	2		
36.886 (36.886)	1:14.441 (37.555)	1:54.357 (39.916)		2:34.812 (40.455)	
3:14.141 (39.329)	3:54.951 (40.810)	4:37.086 (42.135)		5:18.414 (41.328)	
21 Curry, Ava	JR St Josephs Pa	5:19.26	3		
36.951 (36.951)	1:15.992 (39.041)	1:54.276 (38.284)		2:33.872 (39.596)	
3:13.255 (39.383)	3:54.190 (40.935)	4:36.993 (42.803)		5:19.252 (42.259)	
22 Kantola, Jordan	SO Saint Louis	5:20.55	1		
37.563 (37.563)	1:15.198 (37.635)	1:55.538 (40.340)		2:37.010 (41.472)	
3:18.611 (41.601)	3:59.764 (41.153)	4:40.901 (41.137)		5:20.544 (39.643)	
23 Reif, Brooke	SO Richmond	5:22.87	2		
37.239 (37.239)	1:15.101 (37.862)	1:55.518 (40.417)		2:36.526 (41.008)	
3:17.902 (41.376)	3:59.436 (41.534)	4:42.031 (42.595)		5:22.867 (40.836)	
24 Chidirala, Yashika	SR George Mason	5:24.28	1		
38.073 (38.073)	1:16.706 (38.633)	1:57.381 (40.675)		2:38.302 (40.921)	
3:20.456 (42.154)	4:03.096 (42.640)	4:43.850 (40.754)		5:24.272 (40.422)	
25 Cummings, Brianna	SR Saint Louis	5:24.94	1		
38.525 (38.525)	1:16.945 (38.420)	1:58.196 (41.251)		2:40.022 (41.826)	
3:22.412 (42.390)	4:05.015 (42.603)	4:46.629 (41.614)		5:24.935 (38.306)	
26 Keane, Maura	JR St Josephs Pa	5:25.48	1		
37.308 (37.308)	1:14.766 (37.458)	1:55.028 (40.262)		2:36.955 (41.927)	
3:19.190 (42.235)	4:02.025 (42.835)	4:44.397 (42.372)		5:25.472 (41.075)	
27 Minnis, Avery	FR Saint Louis	5:29.51	1		
38.200 (38.200)	1:17.559 (39.359)	1:58.778 (41.219)		2:40.806 (42.028)	
3:23.181 (42.375)	4:06.514 (43.333)	4:48.723 (42.209)		5:29.503 (40.780)	
28 Ravera, Priscilla	FR Loyola	5:30.52	2		
37.372 (37.372)	1:14.812 (37.440)	1:54.634 (39.822)		2:35.341 (40.707)	
3:16.915 (41.574)	4:00.747 (43.832)	4:46.174 (45.427)		5:30.518 (44.344)	

**Women 3000 Meter Run**

=====					
Facility: #	9:03.43	Elly Henes			
Meet: \$	9:28.43 2014	Meghan McGlinchey, LAS			
Name	Year	School	Finals	H#	Points
=====					
1 Kuhn, Grace		JR Loyola	9:34.32	2	10
38.158 (38.158)		1:18.207 (40.049)	1:57.705 (39.498)		2:36.771 (39.066)
3:15.732 (38.961)		3:54.256 (38.524)	4:33.154 (38.898)		5:11.870 (38.716)
5:50.093 (38.223)		6:29.229 (39.136)	7:09.233 (40.004)		7:46.086 (36.853)
8:22.564 (36.478)		8:58.991 (36.427)	9:34.319 (35.328)		
2 Mitchell, Sarah		SO George Washington	9:42.56	2	8
37.825 (37.825)		1:17.696 (39.871)	1:57.187 (39.491)		2:36.455 (39.268)
3:15.486 (39.031)		3:54.040 (38.554)	4:32.892 (38.852)		5:12.103 (39.211)
5:50.409 (38.306)		6:29.491 (39.082)	7:09.646 (40.155)		7:48.459 (38.813)
8:27.731 (39.272)		9:06.420 (38.689)	9:42.560 (36.140)		
3 Goode, Gwenno		FR La Salle	9:45.21	2	6
38.354 (38.354)		1:18.426 (40.072)	1:58.112 (39.686)		2:37.818 (39.706)
3:16.703 (38.885)		3:55.213 (38.510)	4:33.529 (38.316)		5:12.371 (38.842)
5:50.683 (38.312)		6:29.586 (38.903)	7:09.466 (39.880)		7:48.677 (39.211)
8:29.271 (40.594)		9:07.950 (38.679)	9:45.202 (37.252)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 3000 Meter Run**

4	O'Neill, Kate	SR George Mason	9:46.26	2	5		
	38.333 (38.333)	1:18.789 (40.456)	1:58.463 (39.674)			2:37.397 (38.934)	
	3:16.306 (38.909)	3:54.914 (38.608)	4:34.064 (39.150)			5:13.410 (39.346)	
	5:53.115 (39.705)	6:32.957 (39.842)	7:12.825 (39.868)			7:52.511 (39.686)	
	8:32.411 (39.900)	9:11.090 (38.679)	9:46.258 (35.168)				
5	Carter, Abby	SR Dayton	9:46.84	2	4		
	38.274 (38.274)	38.615 (0.341)	1:57.351 (1:18.736)			2:36.630 (39.279)	
	3:15.665 (39.035)	3:54.199 (38.534)	4:33.076 (38.877)			5:11.684 (38.608)	
	5:49.910 (38.226)	6:29.151 (39.241)	7:09.269 (40.118)			7:48.610 (39.341)	
	8:28.454 (39.844)	9:08.698 (40.244)	9:46.831 (38.133)				
6	Treacy, Roisin	SO Loyola	9:56.43	2	3		
	38.028 (38.028)	1:18.127 (40.099)	1:57.833 (39.706)			2:37.065 (39.232)	
	3:15.994 (38.929)	3:54.582 (38.588)	4:33.367 (38.785)			5:13.746 (40.379)	
	5:53.549 (39.803)	6:33.518 (39.969)	7:13.819 (40.301)			7:56.258 (42.439)	
	8:38.818 (42.560)	9:19.342 (40.524)	9:56.428 (37.086)				
7	Pelligreen, Sophia	FR Saint Louis	9:56.80	2	2		
	38.529 (38.529)	1:19.233 (40.704)	1:59.019 (39.786)			2:36.782 (37.763)	
	3:17.636 (40.854)	3:56.054 (38.418)	4:34.607 (38.553)			5:13.601 (38.994)	
	5:52.716 (39.115)	6:33.103 (40.387)	7:14.564 (41.461)			7:56.451 (41.887)	
	8:38.631 (42.180)	9:19.369 (40.738)	9:56.800 (37.431)				
8	Maurer, Grace	SR Loyola	9:57.61	2	1		
	38.236 (38.236)	1:18.924 (40.688)	1:58.619 (39.695)			2:38.380 (39.761)	
	3:17.949 (39.569)	3:57.352 (39.403)	4:36.642 (39.290)			5:16.429 (39.787)	
	5:56.259 (39.830)	6:36.814 (40.555)	7:17.497 (40.683)			7:58.128 (40.631)	
	8:38.914 (40.786)	9:19.552 (40.638)	9:57.607 (38.055)				
9	Stockman, Elizabeth	JR Richmond	10:01.42	2			
	39.105 (39.105)	1:19.652 (40.547)	1:59.466 (39.814)			2:38.630 (39.164)	
	3:18.580 (39.950)	3:58.621 (40.041)	4:38.569 (39.948)			5:20.638 (42.069)	
	6:02.532 (41.894)	6:44.065 (41.533)	7:24.128 (40.063)			8:05.284 (41.156)	
	8:46.418 (41.134)	9:24.961 (38.543)	10:01.419 (36.458)				
10	Paulson, McKenna	SR Saint Louis	10:05.95	2			
	38.161 (38.161)	1:18.314 (40.153)	1:58.061 (39.747)			2:37.647 (39.586)	
	3:16.618 (38.971)	3:55.770 (39.152)	4:34.842 (39.072)			5:15.450 (40.608)	
	5:56.428 (40.978)	6:37.224 (40.796)	7:18.822 (41.598)			8:00.955 (42.133)	
	8:43.962 (43.007)	9:25.983 (42.021)	10:05.945 (39.962)				
11	Sabia, Molly	JR Rhode Island	10:10.11	2			
	38.668 (38.668)	1:19.434 (40.766)	1:59.649 (40.215)			2:39.632 (39.983)	
	3:20.249 (40.617)	4:01.467 (41.218)	4:43.194 (41.727)			5:24.778 (41.584)	
	6:05.939 (41.161)	6:47.548 (41.609)	7:29.045 (41.497)			8:10.535 (41.490)	
	8:51.699 (41.164)	9:31.933 (40.234)	10:10.102 (38.169)				
12	Hartman, Rebecca	SR Umass Amherst	10:12.25	2			
	38.540 (38.540)	1:19.076 (40.536)	1:59.346 (40.270)			2:39.466 (40.120)	
	3:20.030 (40.564)	4:01.179 (41.149)	4:42.954 (41.775)			5:24.476 (41.522)	
	6:05.794 (41.318)	6:47.338 (41.544)	7:28.930 (41.592)			8:10.441 (41.511)	
	8:51.784 (41.343)	9:32.915 (41.131)	10:12.243 (39.328)				
13	Kurtz, Laurel	JR Richmond	10:12.30	1			
	36.229 (36.229)	1:15.677 (39.448)	1:57.429 (41.752)			2:39.051 (41.622)	
	3:21.811 (42.760)	4:03.286 (41.475)	4:44.794 (41.508)			5:25.963 (41.169)	
	6:09.018 (43.055)	6:51.130 (42.112)	7:33.519 (42.389)			8:16.508 (42.989)	
	8:58.384 (41.876)	9:35.139 (36.755)	10:12.300 (37.161)				
14	Piccone, Sofia	SO Rhode Island	10:14.37	1			
	37.204 (37.204)	1:18.171 (40.967)	1:58.598 (40.427)			2:39.961 (41.363)	
	3:22.139 (42.178)	4:04.322 (42.183)	4:45.658 (41.336)			5:26.555 (40.897)	
	6:09.564 (43.009)	6:51.357 (41.793)	7:33.738 (42.381)			8:16.877 (43.139)	
	8:58.425 (41.548)	9:36.311 (37.886)	10:14.361 (38.050)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 3000 Meter Run**

15 Syftestad, Olivia	JR George Washington	10:15.74	2		
38.133 (38.133)	1:18.501 (40.368)	1:58.145 (39.644)		2:37.868 (39.723)	
3:17.049 (39.181)	3:56.613 (39.564)	4:36.578 (39.965)		5:17.835 (41.257)	
5:59.743 (41.908)	6:42.074 (42.331)	7:25.005 (42.931)		8:07.998 (42.993)	
8:51.288 (43.290)	9:34.300 (43.012)	10:15.739 (41.439)			
16 Hothem, Bryn	FR Dayton	10:18.78	1		
39.648 (39.648)	1:20.423 (40.775)	2:01.488 (41.065)		2:42.406 (40.918)	
3:23.182 (40.776)	4:04.836 (41.654)	4:46.723 (41.887)		5:27.847 (41.124)	
6:09.900 (42.053)	6:51.932 (42.032)	7:34.379 (42.447)		8:17.594 (43.215)	
8:59.608 (42.014)	9:41.288 (41.680)	10:18.778 (37.490)			
17 Nabbus, Nourene	JR George Mason	10:19.44	1		
38.678 (38.678)	1:19.232 (40.554)	2:00.268 (41.036)		2:41.874 (41.606)	
3:22.775 (40.901)	4:04.511 (41.736)	4:46.312 (41.801)		5:27.564 (41.252)	
6:09.531 (41.967)	6:51.680 (42.149)	7:34.134 (42.454)		8:17.296 (43.162)	
9:00.002 (42.706)	9:41.580 (41.578)	10:19.431 (37.851)			
18 Clark, Sarah	FR George Mason	10:19.64	1		
38.552 (38.552)	1:18.373 (39.821)	1:59.165 (40.792)		2:40.422 (41.257)	
3:22.029 (41.607)	4:03.580 (41.551)	4:45.119 (41.539)		5:26.273 (41.154)	
6:09.234 (42.961)	6:51.083 (41.849)	7:33.475 (42.392)		8:16.245 (42.770)	
8:58.876 (42.631)	9:41.141 (42.265)	10:19.632 (38.491)			
19 Millar, Becca	SR St Josephs Pa	10:19.78	1		
38.143 (38.143)	1:18.987 (40.844)	1:59.934 (40.947)		2:40.840 (40.906)	
3:22.387 (41.547)	4:03.997 (41.610)	4:45.054 (41.057)		5:26.250 (41.196)	
6:09.258 (43.008)	6:51.455 (42.197)	7:33.889 (42.434)		8:17.012 (43.123)	
8:59.699 (42.687)	9:40.464 (40.765)	10:19.780 (39.316)			
20 Pritchett, Marissa	SO Dayton	10:22.37	1		
37.590 (37.590)	1:18.446 (40.856)	1:58.811 (40.365)		2:40.093 (41.282)	
3:21.979 (41.886)	4:03.113 (41.134)	4:44.531 (41.418)		5:26.094 (41.563)	
6:09.042 (42.948)	6:50.847 (41.805)	7:33.312 (42.465)		8:16.315 (43.003)	
8:58.892 (42.577)	9:41.027 (42.135)	10:22.368 (41.341)			
21 Korzen, Kennedy	FR Vcu	10:22.52	1		
38.687 (38.687)	1:17.554 (38.867)	1:58.038 (40.484)		2:39.199 (41.161)	
3:21.622 (42.423)	4:03.707 (42.085)	4:45.746 (42.039)		5:27.153 (41.407)	
6:09.825 (42.672)	6:52.382 (42.557)	7:34.471 (42.089)		8:16.709 (42.238)	
8:59.418 (42.709)	9:41.851 (42.433)	10:22.511 (40.660)			
22 Boylan, Una	FR George Washington	10:23.75	2		
38.236 (38.236)	1:18.612 (40.376)	1:58.307 (39.695)		2:38.089 (39.782)	
3:17.670 (39.581)	3:58.191 (40.521)	4:40.280 (42.089)		5:23.436 (43.156)	
6:06.479 (43.043)	6:49.975 (43.496)	7:33.985 (44.010)		8:18.917 (44.932)	
9:01.618 (42.701)	9:43.317 (41.699)	10:23.741 (40.424)			
23 Winters, Mia	SO St Bonaventure	10:23.76	1		
37.624 (37.624)	1:19.213 (41.589)	2:00.548 (41.335)		2:42.083 (41.535)	
3:23.741 (41.658)	4:05.905 (42.164)	4:47.757 (41.852)		5:30.003 (42.246)	
6:13.108 (43.105)	6:55.899 (42.791)	7:38.507 (42.608)		8:20.712 (42.205)	
9:03.168 (42.456)	9:45.212 (42.044)	10:23.753 (38.541)			
24 Adams, Sydney	SO Umass Amherst	10:24.53	2		
37.884 (37.884)	1:17.940 (40.056)	1:57.556 (39.616)		2:37.602 (40.046)	
3:18.914 (41.312)	4:00.973 (42.059)	4:43.115 (42.142)		5:26.336 (43.221)	
6:10.050 (43.714)	6:53.351 (43.301)	7:36.548 (43.197)		8:18.809 (42.261)	
9:01.830 (43.021)	9:44.571 (42.741)	10:24.521 (39.950)			
25 Napoli, Daniella	JR Rhode Island	10:29.07	1		
38.648 (38.648)	1:17.849 (39.201)	1:58.250 (40.401)		2:39.536 (41.286)	
3:21.753 (42.217)	4:03.302 (41.549)	4:45.393 (42.091)		5:26.546 (41.153)	
6:08.964 (42.418)	6:50.593 (41.629)	7:33.119 (42.526)		8:17.339 (44.220)	
9:02.409 (45.070)	9:47.660 (45.251)	10:29.065 (41.405)			

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 3000 Meter Run**

26	Ciecierski, Addy	JR Duquesne	10:32.82	1			
	35.880 (35.880)	1:15.190 (39.310)	1:56.503 (41.313)		2:38.685 (42.182)		
	3:21.412 (42.727)	4:03.816 (42.404)	4:46.576 (42.760)		5:29.592 (43.016)		
	6:13.163 (43.571)	6:57.154 (43.991)	7:41.636 (44.482)		8:26.186 (44.550)		
	9:10.034 (43.848)	9:53.294 (43.260)	10:32.813 (39.519)				
27	Curry, Ava	JR St Josephs Pa	10:32.97	1			
	38.110 (38.110)	1:18.730 (40.620)	1:59.625 (40.895)		2:40.634 (41.009)		
	3:22.248 (41.614)	4:04.034 (41.786)	4:46.055 (42.021)		5:28.469 (42.414)		
	6:11.696 (43.227)	6:55.749 (44.053)	7:39.541 (43.792)		8:25.134 (45.593)		
	9:10.151 (45.017)	9:53.927 (43.776)	10:32.965 (39.038)				
28	DiMuccio, Sophia	JR Rhode Island	10:33.66	1			
	39.561 (39.561)	1:20.703 (41.142)	2:02.565 (41.862)		2:44.412 (41.847)		
	3:26.444 (42.032)	4:08.420 (41.976)	4:50.974 (42.554)		5:33.013 (42.039)		
	6:15.433 (42.420)	6:58.882 (43.449)	7:42.071 (43.189)		8:26.208 (44.137)		
	9:10.385 (44.177)	9:54.177 (43.792)	10:33.655 (39.478)				
29	Verello, Ella	SO La Salle	10:35.85	1			
	38.979 (38.979)	1:18.509 (39.530)	1:59.595 (41.086)		2:41.577 (41.982)		
	3:23.590 (42.013)	4:06.024 (42.434)	4:49.178 (43.154)		5:32.989 (43.811)		
	6:17.055 (44.066)	7:01.516 (44.461)	7:46.725 (45.209)		8:30.242 (43.517)		
	9:13.992 (43.750)	9:56.811 (42.819)	10:35.847 (39.036)				
30	Guyton, Cassidy	JR Vcu	10:36.88	1			
	39.269 (39.269)	1:20.086 (40.817)	2:01.919 (41.833)		2:44.055 (42.136)		
	3:26.529 (42.474)	4:09.283 (42.754)	4:52.202 (42.919)		5:35.264 (43.062)		
	6:18.283 (43.019)	7:01.847 (43.564)	7:45.170 (43.323)		8:29.081 (43.911)		
	9:13.043 (43.962)	9:56.188 (43.145)	10:36.871 (40.683)				
31	Gillooly, Ali	SO Loyola	10:39.12	2			
	38.705 (38.705)	1:19.037 (40.332)	1:59.081 (40.044)		2:38.255 (39.174)		
	3:20.663 (42.408)	4:01.994 (41.331)	4:44.817 (42.823)		5:28.263 (43.446)		
	6:11.265 (43.002)	6:53.777 (42.512)	7:38.162 (44.385)		8:23.432 (45.270)		
	9:09.342 (45.910)	9:54.747 (45.405)	10:39.115 (44.368)				
32	Kindbom, Olivia	FR Dayton	10:42.17	1			
	39.397 (39.397)	1:20.491 (41.094)	2:02.319 (41.828)		2:44.521 (42.202)		
	3:27.214 (42.693)	4:09.032 (41.818)	4:51.999 (42.967)		5:35.109 (43.110)		
	6:18.685 (43.576)	7:02.602 (43.917)	7:46.077 (43.475)		8:30.759 (44.682)		
	9:15.423 (44.664)	10:00.386 (44.963)	10:42.162 (41.776)				
33	Thornton, Mary	SR Duquesne	10:43.94	1			
	39.506 (39.506)	1:20.208 (40.702)	2:02.032 (41.824)		2:44.277 (42.245)		
	3:27.010 (42.733)	4:09.642 (42.632)	4:53.020 (43.378)		5:36.785 (43.765)		
	6:21.481 (44.696)	7:06.850 (45.369)	7:51.823 (44.973)		8:36.630 (44.807)		
	9:21.379 (44.749)	10:05.086 (43.707)	10:43.937 (38.851)				
34	Segrave-Daly, Carlyn	SO St Josephs Pa	10:47.57	1			
	38.607 (38.607)	1:20.163 (41.556)	2:02.078 (41.915)		2:43.689 (41.611)		
	3:25.740 (42.051)	4:08.348 (42.608)	4:50.680 (42.332)		5:34.247 (43.567)		
	6:17.988 (43.741)	7:01.610 (43.622)	7:46.492 (44.882)		8:31.506 (45.014)		
	9:17.211 (45.705)	10:02.739 (45.528)	10:47.570 (44.831)				
35	Ruffino, Catherine	SR George Washington	10:52.40	1			
	37.829 (37.829)	1:18.644 (40.815)	2:00.100 (41.456)		2:42.139 (42.039)		
	3:22.436 (40.297)	4:07.222 (44.786)	4:51.233 (44.011)		5:35.427 (44.194)		
	6:19.673 (44.246)	7:04.811 (45.138)	7:42.178 (37.367)		8:35.259 (53.081)		
	9:20.976 (45.717)	10:07.214 (46.238)	10:52.393 (45.179)				
36	Wilkes, Katelyn	FR St Bonaventure	10:52.68	1			
	38.860 (38.860)	1:19.637 (40.777)	2:01.244 (41.607)		2:43.760 (42.516)		
	3:27.580 (43.820)	4:09.916 (42.336)	4:53.307 (43.391)		5:37.286 (43.979)		
	6:21.798 (44.512)	7:07.323 (45.525)	7:53.477 (46.154)		8:40.498 (47.021)		
	9:27.199 (46.701)	10:12.484 (45.285)	10:52.673 (40.189)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**...Women 3000 Meter Run**

37 Sparks, Katherine	JR St Josephs Pa	11:12.93	1		
39.057 (39.057)	1:15.252 (36.195)	2:01.738 (46.486)	2:43.384 (41.646)		
3:25.438 (42.054)	4:08.286 (42.848)	4:51.597 (43.311)	5:35.581 (43.984)		
6:20.047 (44.466)	7:06.361 (46.314)	7:52.431 (46.070)	8:40.783 (48.352)		
9:29.741 (48.958)	10:21.473 (51.732)	11:12.928 (51.455)			
38 Taylor, Emma	SO La Salle	11:31.79	1		
38.405 (38.405)	1:19.465 (41.060)	2:00.991 (41.526)	2:43.465 (42.474)		
3:27.516 (44.051)	4:11.400 (43.884)	4:56.833 (45.433)	5:44.227 (47.394)		
6:33.268 (49.041)	7:24.354 (51.086)	8:15.255 (50.901)	9:04.824 (49.569)		
9:55.846 (51.022)	10:45.162 (49.316)	11:31.789 (46.627)			

**Women 5000 Meter Run**

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Facility: # 15:26.54 Ednah Kurgat, US Army  
 Meet: \$ 16:20.52 2020 Sunita Brathwaite, CHA

Name	Year School	Finals	H#	Points
1 Carter, Abby	SR Dayton	16:53.05	2	10
39.695 (39.695)	1:21.618 (41.923)	2:04.070 (42.452)	2:46.413 (42.343)	
3:32.045 (45.632)	4:12.082 (40.037)	4:52.528 (40.446)	5:33.315 (40.787)	
6:14.477 (41.162)	6:55.569 (41.092)	7:36.924 (41.355)	8:18.528 (41.604)	
8:59.941 (41.413)	9:41.380 (41.439)	10:21.443 (40.063)	10:59.225 (37.782)	
11:37.309 (38.084)	12:16.237 (38.928)	12:55.044 (38.807)	13:34.292 (39.248)	
14:14.109 (39.817)	14:53.961 (39.852)	15:33.975 (40.014)	16:14.470 (40.495)	
16:53.047 (38.577)				
2 Trippett, Madison	JR Richmond	16:54.60	2	8
39.362 (39.362)	1:20.945 (41.583)	2:03.442 (42.497)	2:45.697 (42.255)	
3:31.280 (45.583)	4:11.796 (40.516)	4:52.191 (40.395)	5:32.946 (40.755)	
6:14.126 (41.180)	6:55.208 (41.082)	7:36.539 (41.331)	8:18.178 (41.639)	
8:59.685 (41.507)	9:41.078 (41.393)	10:22.083 (41.005)	11:00.052 (37.969)	
11:39.510 (39.458)	12:19.192 (39.682)	12:59.259 (40.067)	13:39.270 (40.011)	
14:20.034 (40.764)	15:02.281 (42.247)	15:43.585 (41.304)	16:21.502 (37.917)	
16:54.599 (33.097)				
3 O'Neill, Kate	SR George Mason	16:59.31	2	6
39.194 (39.194)	1:21.243 (42.049)	2:03.947 (42.704)	2:46.187 (42.240)	
3:31.153 (44.966)	4:11.606 (40.453)	4:51.989 (40.383)	5:32.818 (40.829)	
6:13.976 (41.158)	6:55.084 (41.108)	7:36.404 (41.320)	8:18.078 (41.674)	
8:59.513 (41.435)	9:40.922 (41.409)	10:21.868 (40.946)	11:01.164 (39.296)	
11:41.253 (40.089)	12:21.826 (40.573)	13:03.021 (41.195)	13:43.798 (40.777)	
14:24.597 (40.799)	15:04.947 (40.350)	15:45.015 (40.068)	16:22.768 (37.753)	
16:59.308 (36.540)				
4 Paulson, McKenna	SR Saint Louis	17:16.00	2	5
38.932 (38.932)	1:20.730 (41.798)	2:03.201 (42.471)	2:45.572 (42.371)	
3:31.131 (45.559)	4:11.788 (40.657)	4:52.288 (40.500)	5:33.064 (40.776)	
6:14.261 (41.197)	6:55.340 (41.079)	7:36.676 (41.336)	8:18.348 (41.672)	
8:59.781 (41.433)	9:41.219 (41.438)	10:22.326 (41.107)	11:01.761 (39.435)	
11:42.336 (40.575)	12:22.760 (40.424)	13:03.762 (41.002)	13:44.670 (40.908)	
14:26.405 (41.735)	15:08.095 (41.690)	15:50.161 (42.066)	16:34.434 (44.273)	
17:15.997 (41.563)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Women 5000 Meter Run**

5	Hartman, Rebecca	SR Umass Amherst	17:20.89	2	4
	38.886 (38.886)	1:20.739 (41.853)	2:03.260 (42.521)	2:45.846 (42.586)	
	3:31.449 (45.603)	4:12.364 (40.915)	4:53.440 (41.076)	5:34.142 (40.702)	
	6:15.329 (41.187)	6:56.379 (41.050)	7:37.539 (41.160)	8:19.408 (41.869)	
	9:01.236 (41.828)	9:42.822 (41.586)	10:24.534 (41.712)	11:06.219 (41.685)	
	11:47.947 (41.728)	12:30.343 (42.396)	13:12.910 (42.567)	13:55.330 (42.420)	
	14:38.023 (42.693)	15:19.361 (41.338)	16:00.697 (41.336)	16:41.830 (41.133)	
	17:20.888 (39.058)				
6	Sabia, Molly	JR Rhode Island	17:21.98	2	3
	39.942 (39.942)	1:22.094 (42.152)	2:04.705 (42.611)	2:47.084 (42.379)	
	3:32.301 (45.217)	4:13.588 (41.287)	4:54.568 (40.980)	5:35.609 (41.041)	
	6:16.334 (40.725)	6:57.811 (41.477)	7:39.502 (41.691)	8:21.481 (41.979)	
	9:03.583 (42.102)	9:45.951 (42.368)	10:28.907 (42.956)	11:11.502 (42.595)	
	11:54.493 (42.991)	12:36.468 (41.975)	13:18.069 (41.601)	14:00.040 (41.971)	
	14:41.569 (41.529)	15:22.940 (41.371)	16:04.276 (41.336)	16:44.451 (40.175)	
	17:21.971 (37.520)				
7	Seebon, Eileen	FR Loyola	17:26.86	2	2
	39.831 (39.831)	1:21.645 (41.814)	2:03.960 (42.315)	2:46.271 (42.311)	
	3:31.749 (45.478)	4:12.325 (40.576)	4:52.822 (40.497)	5:33.676 (40.854)	
	6:14.858 (41.182)	6:56.048 (41.190)	7:37.284 (41.236)	8:19.150 (41.866)	
	9:00.906 (41.756)	9:42.359 (41.453)	10:24.058 (41.699)	11:05.917 (41.859)	
	11:47.366 (41.449)	12:30.807 (43.441)	13:14.195 (43.388)	13:57.153 (42.958)	
	14:39.065 (41.912)	15:22.325 (43.260)	16:05.594 (43.269)	16:47.434 (41.840)	
	17:26.859 (39.425)				
8	Jostock, Grace	JR Loyola	17:30.37	2	1
	40.142 (40.142)	1:21.834 (41.692)	2:04.186 (42.352)	2:46.652 (42.466)	
	3:31.899 (45.247)	4:12.500 (40.601)	4:53.241 (40.741)	5:33.932 (40.691)	
	6:15.201 (41.269)	6:56.611 (41.410)	7:37.509 (40.898)	8:19.453 (41.944)	
	9:01.419 (41.966)	9:43.231 (41.812)	10:25.233 (42.002)	11:07.411 (42.178)	
	11:50.327 (42.916)	12:33.874 (43.547)	13:17.489 (43.615)	14:01.107 (43.618)	
	14:44.618 (43.511)	15:27.889 (43.271)	16:09.982 (42.093)	16:51.336 (41.354)	
	17:30.362 (39.026)				
9	Chappelle, Zoe	SR Dayton	17:37.43	2	
	39.742 (39.742)	1:21.869 (42.127)	2:04.480 (42.611)	2:46.717 (42.237)	
	3:32.194 (45.477)	4:13.157 (40.963)	4:54.084 (40.927)	5:35.026 (40.942)	
	6:15.816 (40.790)	6:57.267 (41.451)	7:38.986 (41.719)	8:21.050 (42.064)	
	9:03.097 (42.047)	9:45.555 (42.458)	10:28.459 (42.904)	11:11.212 (42.753)	
	11:54.243 (43.031)	12:36.858 (42.615)	13:20.059 (43.201)	14:03.375 (43.316)	
	14:46.727 (43.352)	15:30.561 (43.834)	16:13.808 (43.247)	16:56.269 (42.461)	
	17:37.427 (41.158)				
10	Stephen, Manon	JR Richmond	17:39.48	1	
	38.257 (38.257)	1:20.351 (42.094)	2:02.467 (42.116)	2:44.758 (42.291)	
	3:26.981 (42.223)	4:08.680 (41.699)	4:51.040 (42.360)	5:33.745 (42.705)	
	6:16.115 (42.370)	6:58.462 (42.347)	7:40.684 (42.222)	8:23.505 (42.821)	
	9:06.642 (43.137)	9:50.416 (43.774)	10:34.434 (44.018)	11:16.916 (42.482)	
	12:00.614 (43.698)	12:44.275 (43.661)	13:28.364 (44.089)	14:12.803 (44.439)	
	14:57.167 (44.364)	15:39.990 (42.823)	16:23.354 (43.364)	17:04.070 (40.716)	
	17:39.475 (35.405)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 5000 Meter Run**

11 McDade Clay, Delia	SR Loyola	17:40.63	2	
39.497 (39.497)	1:21.437 (41.940)	2:03.583 (42.146)		2:45.886 (42.303)
3:31.478 (45.592)	4:11.943 (40.465)	4:52.418 (40.475)		5:33.197 (40.779)
6:14.379 (41.182)	6:55.423 (41.044)	7:36.769 (41.346)		8:18.421 (41.652)
8:59.831 (41.410)	9:41.254 (41.423)	10:21.914 (40.660)		11:02.384 (40.470)
11:44.671 (42.287)	12:28.204 (43.533)	13:11.888 (43.684)		13:55.849 (43.961)
14:40.764 (44.915)	15:26.513 (45.749)	16:12.050 (45.537)		16:57.201 (45.151)
17:40.627 (43.426)				
12 Pritchett, Marissa	SO Dayton	17:42.81	2	17:42.802
39.960 (39.960)	1:21.910 (41.950)	2:04.436 (42.526)		2:46.968 (42.532)
3:32.776 (45.808)	4:13.899 (41.123)	4:55.222 (41.323)		5:35.262 (40.040)
6:16.058 (40.796)	6:57.520 (41.462)	7:39.227 (41.707)		8:21.299 (42.072)
9:03.299 (42.000)	9:45.727 (42.428)	10:28.650 (42.923)		11:11.408 (42.758)
11:54.447 (43.039)	12:37.247 (42.800)	13:20.310 (43.063)		14:04.091 (43.781)
14:48.205 (44.114)	15:32.756 (44.551)	16:17.567 (44.811)		17:01.322 (43.755)
17:42.802 (41.480)				
13 McDonagh, Caroline	JR Fordham	17:42.81	2	17:42.807
40.302 (40.302)	1:22.610 (42.308)	2:05.038 (42.428)		2:47.299 (42.261)
3:32.577 (45.278)	4:14.035 (41.458)	4:55.066 (41.031)		5:35.980 (40.914)
6:17.124 (41.144)	6:58.295 (41.171)	7:40.286 (41.991)		8:22.641 (42.355)
9:05.593 (42.952)	9:48.532 (42.939)	10:31.562 (43.030)		11:14.977 (43.415)
11:58.257 (43.280)	12:41.636 (43.379)	13:25.139 (43.503)		14:08.810 (43.671)
14:52.525 (43.715)	15:36.555 (44.030)	16:19.986 (43.431)		17:02.874 (42.888)
17:42.807 (39.933)				
14 Millar, Becca	SR St Josephs Pa	17:47.98	2	
39.622 (39.622)	1:21.501 (41.879)	2:03.897 (42.396)		2:46.350 (42.453)
3:31.849 (45.499)	4:12.616 (40.767)	4:53.010 (40.394)		5:33.862 (40.852)
6:15.102 (41.240)	6:56.561 (41.459)	7:38.195 (41.634)		8:20.192 (41.997)
9:03.310 (43.118)	9:46.006 (42.696)	10:29.596 (43.590)		11:13.953 (44.357)
11:58.750 (44.797)	12:42.727 (43.977)	13:27.573 (44.846)		14:13.052 (45.479)
14:57.739 (44.687)	15:42.302 (44.563)	16:26.187 (43.885)		17:08.475 (42.288)
17:47.973 (39.498)				
15 Usher, Helene	FR La Salle	17:49.31	2	
39.990 (39.990)	1:22.284 (42.294)	2:04.796 (42.512)		2:46.838 (42.042)
3:32.509 (45.671)	4:12.940 (40.431)	4:53.566 (40.626)		5:34.096 (40.530)
6:15.400 (41.304)	6:56.814 (41.414)	7:37.800 (40.986)		8:19.632 (41.832)
9:01.640 (42.008)	9:43.489 (41.849)	10:24.893 (41.404)		11:06.764 (41.871)
11:49.450 (42.686)	12:32.372 (42.922)	13:16.723 (44.351)		14:01.851 (45.128)
14:46.861 (45.010)	15:31.733 (44.872)	16:17.764 (46.031)		17:03.621 (45.857)
17:49.303 (45.682)				
16 Sullivan, Molly	SO Davidson	17:55.29	1	
38.453 (38.453)	1:21.132 (42.679)	2:03.727 (42.595)		2:45.430 (41.703)
3:26.709 (41.279)	4:08.382 (41.673)	4:50.781 (42.399)		5:33.517 (42.736)
6:15.890 (42.373)	6:58.226 (42.336)	7:40.500 (42.274)		8:23.319 (42.819)
9:06.428 (43.109)	9:50.186 (43.758)	10:34.177 (43.991)		11:17.920 (43.743)
12:01.731 (43.811)	12:45.551 (43.820)	13:29.781 (44.230)		14:14.157 (44.376)
14:58.693 (44.536)	15:44.115 (45.422)	16:28.688 (44.573)		17:12.596 (43.908)
17:55.283 (42.687)				



**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 5000 Meter Run**

17 Kurtz, Laurel	JR Richmond	17:56.56	2
39.243 (39.243)	1:21.218 (41.975)	2:03.641 (42.423)	2:46.075 (42.434)
3:31.695 (45.620)	4:12.275 (40.580)	4:52.770 (40.495)	5:33.581 (40.811)
6:14.768 (41.187)	6:55.859 (41.091)	7:37.196 (41.337)	8:19.105 (41.909)
9:02.019 (42.914)	9:45.312 (43.293)	10:28.700 (43.388)	11:12.419 (43.719)
11:56.766 (44.347)	12:42.120 (45.354)	13:28.192 (46.072)	14:14.511 (46.319)
14:59.138 (44.627)	15:45.298 (46.160)	16:31.388 (46.090)	17:14.465 (43.077)
17:56.553 (42.088)			
18 Krally, Brooke	JR Duquesne	17:57.27	1
38.001 (38.001)	1:20.083 (42.082)	2:02.241 (42.158)	2:44.516 (42.275)
3:26.779 (42.263)	4:08.751 (41.972)	4:51.360 (42.609)	5:34.080 (42.720)
6:16.539 (42.459)	6:59.139 (42.600)	7:42.002 (42.863)	8:25.302 (43.300)
9:09.002 (43.700)	9:53.104 (44.102)	10:37.164 (44.060)	11:20.087 (42.923)
12:04.061 (43.974)	12:47.963 (43.902)	13:32.637 (44.674)	14:17.427 (44.790)
15:02.865 (45.438)	15:47.996 (45.131)	16:33.049 (45.053)	17:17.307 (44.258)
17:57.263 (39.956)			
19 Smith, Justine	JR Dayton	18:03.20	1
39.475 (39.475)	1:22.214 (42.739)	2:03.751 (41.537)	2:45.056 (41.305)
3:27.158 (42.102)	4:09.270 (42.112)	4:51.711 (42.441)	5:34.226 (42.515)
6:16.720 (42.494)	6:59.767 (43.047)	7:42.542 (42.775)	8:25.742 (43.200)
9:09.707 (43.965)	9:53.793 (44.086)	10:37.769 (43.976)	11:21.720 (43.951)
12:06.553 (44.833)	12:51.191 (44.638)	13:37.307 (46.116)	14:22.150 (44.843)
15:09.347 (47.197)	15:55.392 (46.045)	16:40.354 (44.962)	17:24.373 (44.019)
18:03.191 (38.818)			
20 Zahaykevich, Sarah	FR Fordham	18:04.99	1
38.088 (38.088)	1:20.182 (42.094)	2:02.356 (42.174)	2:44.595 (42.239)
3:26.877 (42.282)	4:09.022 (42.145)	4:51.552 (42.530)	5:34.317 (42.765)
6:16.750 (42.433)	6:59.301 (42.551)	7:42.120 (42.819)	8:25.353 (43.233)
9:09.227 (43.874)	9:53.232 (44.005)	10:37.294 (44.062)	11:20.667 (43.373)
12:04.949 (44.282)	12:50.868 (45.919)	13:37.159 (46.291)	14:22.345 (45.186)
15:08.850 (46.505)	15:54.376 (45.526)	16:39.698 (45.322)	17:23.480 (43.782)
18:04.985 (41.505)			
21 Guyton, Cassidy	JR Vcu	18:13.55	1
39.248 (39.248)	1:22.022 (42.774)	2:04.934 (42.912)	2:47.265 (42.331)
3:29.630 (42.365)	4:12.931 (43.301)	4:56.063 (43.132)	5:39.636 (43.573)
6:22.542 (42.906)	7:06.226 (43.684)	7:50.320 (44.094)	8:34.765 (44.445)
9:18.894 (44.129)	10:03.452 (44.558)	10:47.476 (44.024)	11:32.077 (44.601)
12:17.346 (45.269)	13:02.197 (44.851)	13:47.620 (45.423)	14:33.271 (45.651)
15:18.557 (45.286)	16:03.693 (45.136)	16:48.666 (44.973)	17:32.085 (43.419)
18:13.541 (41.456)			
22 Joyce, Paige	SO Richmond	18:22.34	2
40.381 (40.381)	1:22.399 (42.018)	2:04.596 (42.197)	2:47.058 (42.462)
3:32.277 (45.219)	4:13.782 (41.505)	4:54.903 (41.121)	5:36.542 (41.639)
6:17.680 (41.138)	6:59.417 (41.737)	7:41.908 (42.491)	8:25.060 (43.152)
9:08.582 (43.522)	9:53.024 (44.442)	10:37.947 (44.923)	11:23.296 (45.349)
12:09.295 (45.999)	12:55.401 (46.106)	13:41.681 (46.280)	14:28.390 (46.709)
15:15.470 (47.080)	16:02.925 (47.455)	16:50.071 (47.146)	17:36.311 (46.240)
18:22.334 (46.023)			

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 5000 Meter Run**

23 Hammond, Stella	FR La Salle	18:28.60	1		
38.674 (38.674)	1:21.420 (42.746)	2:04.263 (42.843)		2:45.965 (41.702)	
3:27.803 (41.838)	4:09.903 (42.100)	4:52.155 (42.252)		5:35.263 (43.108)	
6:18.135 (42.872)	7:01.370 (43.235)	7:45.547 (44.177)		8:30.563 (45.016)	
9:16.133 (45.570)	10:02.000 (45.867)	10:47.692 (45.692)		11:33.374 (45.682)	
12:20.112 (46.738)	13:06.352 (46.240)	13:53.425 (47.073)		14:40.552 (47.127)	
15:26.714 (46.162)	16:13.069 (46.355)	16:59.180 (46.111)		17:44.507 (45.327)	
18:28.591 (44.084)					
24 Stewart, Haille	SR Davidson	18:30.33	1		
38.468 (38.468)	1:21.233 (42.765)	2:03.886 (42.653)		2:45.636 (41.750)	
3:27.490 (41.854)	4:09.538 (42.048)	4:51.899 (42.361)		5:34.600 (42.701)	
6:17.405 (42.805)	7:00.770 (43.365)	7:44.552 (43.782)		8:29.505 (44.953)	
9:14.814 (45.309)	10:00.664 (45.850)	10:46.947 (46.283)		11:33.756 (46.809)	
12:20.481 (46.725)	13:07.595 (47.114)	13:53.925 (46.330)		14:40.228 (46.303)	
15:27.340 (47.112)	16:14.479 (47.139)	17:01.725 (47.246)		17:47.539 (45.814)	
18:30.328 (42.789)					
25 Mclees, Casey	SR La Salle	18:31.64	1		
39.333 (39.333)	1:21.791 (42.458)	2:04.894 (43.103)		2:48.212 (43.318)	
3:32.515 (44.303)	4:17.714 (45.199)	5:03.877 (46.163)		5:49.350 (45.473)	
6:34.476 (45.126)	7:19.103 (44.627)	8:03.861 (44.758)		8:48.999 (45.138)	
9:34.526 (45.527)	10:20.609 (46.083)	11:06.752 (46.143)		11:52.569 (45.817)	
12:38.086 (45.517)	13:22.900 (44.814)	14:08.062 (45.162)		14:53.025 (44.963)	
15:38.848 (45.823)	16:24.327 (45.479)	17:09.238 (44.911)		17:52.091 (42.853)	
18:31.640 (39.549)					
26 Aulenbach, Katryna	SO George Mason	18:34.23	1		
39.293 (39.293)	1:21.789 (42.496)	2:04.531 (42.742)		2:46.725 (42.194)	
3:29.488 (42.763)	4:12.974 (43.486)	4:56.594 (43.620)		5:40.520 (43.926)	
6:24.551 (44.031)	7:09.290 (44.739)	7:54.252 (44.962)		8:39.233 (44.981)	
9:24.619 (45.386)	10:09.972 (45.353)	10:55.532 (45.560)		11:41.239 (45.707)	
12:27.099 (45.860)	13:13.121 (46.022)	13:59.179 (46.058)		14:45.318 (46.139)	
15:31.207 (45.889)	16:16.904 (45.697)	17:03.019 (46.115)		17:49.127 (46.108)	
18:34.229 (45.102)					
27 Buddenbohn, Madison	SR St Josephs Pa	18:35.07	1		
39.087 (39.087)	1:21.500 (42.413)	2:04.061 (42.561)		2:45.796 (41.735)	
3:27.661 (41.865)	4:09.690 (42.029)	4:52.037 (42.347)		5:34.996 (42.959)	
6:17.901 (42.905)	7:01.148 (43.247)	7:45.337 (44.189)		8:30.362 (45.025)	
9:15.907 (45.545)	10:01.745 (45.838)	10:47.454 (45.709)		11:33.144 (45.690)	
12:19.872 (46.728)	13:07.271 (47.399)	13:54.791 (47.520)		14:42.498 (47.707)	
15:29.836 (47.338)	16:17.813 (47.977)	17:05.930 (48.117)		17:52.581 (46.651)	
18:35.066 (42.485)					
28 Gregory, Jenna	SO St Bonaventure	18:41.96	1		
39.777 (39.777)	1:22.455 (42.678)	2:05.325 (42.870)		2:48.553 (43.228)	
3:32.890 (44.337)	4:18.057 (45.167)	5:04.146 (46.089)		5:49.642 (45.496)	
6:34.622 (44.980)	7:19.444 (44.822)	8:04.092 (44.648)		8:49.250 (45.158)	
9:34.735 (45.485)	10:20.828 (46.093)	11:06.992 (46.164)		11:52.633 (45.641)	
12:37.585 (44.952)	13:23.144 (45.559)	14:08.157 (45.013)		14:53.348 (45.191)	
15:39.349 (46.001)	16:25.950 (46.601)	17:13.323 (47.373)		17:58.920 (45.597)	
18:41.960 (43.040)					

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 5000 Meter Run**

29 Christy, Ally	SR Duquesne	19:04.29	1		
40.859 (40.859)	1:27.036 (46.177)	2:13.327 (46.291)	2:59.019 (45.692)		
3:42.873 (43.854)	4:27.214 (44.341)	5:11.837 (44.623)	5:57.039 (45.202)		
6:42.786 (45.747)	7:28.203 (45.417)	8:13.911 (45.708)	9:00.085 (46.174)		
9:46.236 (46.151)	10:32.829 (46.593)	11:18.964 (46.135)	12:04.956 (45.992)		
12:51.639 (46.683)	13:38.263 (46.624)	14:25.188 (46.925)	15:12.276 (47.088)		
15:59.342 (47.066)	16:47.010 (47.668)	17:33.429 (46.419)	18:19.864 (46.435)		
19:04.287 (44.423)					
30 Trevenen, Sophia	SO Duquesne	19:04.95	1		
42.378 (42.378)	1:27.482 (45.104)	2:13.492 (46.010)	2:59.116 (45.624)		
3:43.562 (44.446)	4:27.513 (43.951)	5:12.011 (44.498)	5:57.189 (45.178)		
6:42.891 (45.702)	7:28.317 (45.426)	8:13.947 (45.630)	9:00.252 (46.305)		
9:46.637 (46.385)	10:33.340 (46.703)	11:20.899 (47.559)	12:08.192 (47.293)		
12:55.543 (47.351)	13:42.898 (47.355)	14:30.056 (47.158)	15:17.852 (47.796)		
16:05.486 (47.634)	16:52.910 (47.424)	17:40.121 (47.211)	18:24.786 (44.665)		
19:04.947 (40.161)					
-- Isham, Julia	FR Loyola	DNF	2		
39.273 (39.273)	1:21.373 (42.100)	2:03.674 (42.301)	2:46.006 (42.332)		
3:31.584 (45.578)	4:11.999 (40.415)	4:52.561 (40.562)	5:33.383 (40.822)		
6:14.526 (41.143)	6:55.663 (41.137)	7:36.894 (41.231)	8:18.575 (41.681)		
9:00.085 (41.510)	9:41.479 (41.394)	10:22.070 (40.591)	11:00.969 (38.899)		
11:39.765 (38.796)	12:19.004 (39.239)	12:59.024 (40.020)	13:38.977 (39.953)		
14:19.031 (40.054)	15:00.888 (41.857)				
-- Brinsky, Alyssa	SR St Josephs Pa	DNF	1		
39.928 (39.928)	1:22.680 (42.752)	2:05.699 (43.019)	2:49.473 (43.774)		
3:35.046 (45.573)	4:21.316 (46.270)	5:08.213 (46.897)	5:56.602 (48.389)		
6:46.091 (49.489)	7:36.338 (50.247)	8:27.184 (50.846)	9:18.529 (51.345)		
10:11.370 (52.841)	11:04.940 (53.570)				

**Women 60 Meter Hurdles**

Facility: #	8.11	Donisha Cartwright, MSU
Meet: \$	8.42 2023	Symone Foster, VCU
Name	Year School	Prelims H#

**Preliminaries**

1 Johnson, Jayla	SR Loyola	8.61Q	2
2 Ross, Kamryn	SR Vcu	8.71Q	3
3 Gorgenyi, Katelyn	JR Umass Amherst	8.73Q	1
4 Gisolfi-McCready, Aleia	JR Davidson	8.79q	2
5 Williams, Jennifer	SO Umass Amherst	8.87q	3
6 Solomon, Myzhane	FR Vcu	8.88q	1
7 Weening, Abigail	JR George Mason	8.90q	2
8 Goretoy, Virsavia	JR Rhode Island	8.98q	1
9 Wankiewicz, Natalia	FR Vcu	9.03	3
10 Rorrer, Anna	FR Duquesne	9.04	1
11 Lytle, Nicole	SO Fordham	9.10	3
12 Ritz, Kylie	SO Fordham	9.13	3
13 Clark, Kayla	SO Rhode Island	9.15	2
14 Dundas, Stephanie	FR George Mason	9.16	2
15 Snodgrass, Hannah	SR Vcu	9.19	1
16 Lee, Elizabeth	SR Umass Amherst	9.27	1
17 Baxter, Anna	SR Duquesne	9.50	3
18 Oh, Felicia	SO St Josephs Pa	9.71	2

## Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024

## Virginia Beach Sports Center

## Results

## Women 60 Meter Hurdles

=====					
Facility: #	8.11	Donisha Cartwright, MSU			
Meet: \$	8.42 2023	Symone Foster, VCU			
Name	Year	School	Finals	Points	
=====					
Finals					
1	Johnson, Jayla	SR Loyola	8.73	9	8.723
1	Gorgenyi, Katelyn	JR Umass Amherst	8.73	9	8.723
3	Ross, Kamryn	SR Vcu	8.77	6	
4	Gisolfi-McCready, Aleia	JR Davidson	8.78	5	
5	Weening, Abigail	JR George Mason	8.88	4	
6	Williams, Jennifer	SO Umass Amherst	8.91	3	
7	Solomon, Myzhane	FR Vcu	8.99	2	
8	Goretoy, Virsavia	JR Rhode Island	9.11	1	

## Women 4x400 Meter Relay

=====					
Facility: #	3:36.76	NW Missouri, NW Missouri			
Meet: \$	3:42.89 2019	George Mason, George Mason			
School			Finals	H#	Points
=====					
1	Richmond 'A'		3:46.20	4	10
	1) Lavelle, Nina SO	2) van der Westhuizen, Elke JR			
	3) Clayton, Blaiklyn FR	4) Beringer, Ginny JR			
	58.240 (58.240)	1:54.095 (55.855)	2:50.798 (56.703)		3:46.200 (55.402)
2	Duquesne 'A'		3:46.68	4	8
	1) Willis, Alyssa SR	2) Allen, Amy JR			
	3) Carswell, Jamelah SR	4) Seitzinger, Hannah JR			
	58.921 (58.921)	1:55.225 (56.304)	2:50.881 (55.656)		3:46.678 (55.797)
3	Saint Louis 'A'		3:49.34	3	6
	1) O'Neil, Patricia SO	2) Phillips, Becky FR			
	3) McDowell, Mikayla SR	4) Nichols, Emily SR			
	57.999 (57.999)	1:56.040 (58.041)	2:52.925 (56.885)		3:49.335 (56.410)
4	Dayton 'A'		3:49.84	3	5
	1) Johnson, Kendall FR	2) Burns, Rayana JR			
	3) Shakoor, Lianna SO	4) Santiago, Lauren SR			
	58.858 (58.858)	1:56.382 (57.524)	2:54.216 (57.834)		3:49.833 (55.617)
5	Fordham 'A'		3:50.42	4	4
	1) Daye, Michele SR	2) Williams, Alexandra SO			
	3) Green, Dillyn SO	4) Hill, Kyla SR			
	58.485 (58.485)	1:55.986 (57.501)	2:54.251 (58.265)		3:50.416 (56.165)
6	Umass Amherst 'A'		3:50.67	3	3
	1) Mullady, Caroline SO	2) O'Leary, Elise SR			
	3) Murphy, Ali FR	4) Headley-Mawasi, Sadai JR			
	59.078 (59.078)	1:57.175 (58.097)	2:54.554 (57.379)		3:50.662 (56.108)
7	George Mason 'A'		3:53.16	1	2
	1) Suero, Mia FR	2) Banks, Mackenzie JR			
	3) Fizaoui, Salma FR	4) Hyde, Michka-Mae SR			
	59.789 (59.789)	1:57.412 (57.623)	2:56.130 (58.718)		3:53.156 (57.026)
8	Rhode Island 'A'		3:54.68	2	1
	1) Federico, Sydney JR	2) Santana, Amyah JR			
	3) Goretoy, Virsavia JR	4) Saul, Lily SO			
	58.155 (58.155)	1:57.146 (58.991)	2:56.562 (59.416)		3:54.678 (58.116)
9	St Josephs Pa 'A'		3:56.38	3	
	1) Harding, Jaclyn SR	2) Johnson, Kimberly JR			

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Women 4x400 Meter Relay**

3) Rubio, Jessica JR	4) Rodriguez, Maris SR				
59.389 (59.389)	1:57.104 (57.715)	2:55.980 (58.876)	3:56.377 (1:00.397)		
10 George Washington 'A'		3:58.16	1		
1) Holness, Kamryn FR	2) Horowitz, Rachel SR				
3) Massoud, Alexia SO	4) Mazumder, Rita SO				
1:01.031 (1:01.031)	1:56.881 (55.850)	2:58.082 (1:01.201)	3:58.151 (1:00.069)		
-- Davidson 'A'		DQ	2		Rule 7-5-2b
1) Hood, Sophia SR	2) De Syon, Lucie FR				
3) Marshall, Kierra SR	4) Millican, Jocelyn FR				
58.195 (58.195)	1:58.212 (1:00.017)	2:55.632 (57.420)	3:54.000 (58.368)		

**Women 4x800 Meter Relay**

School	Finals	Points
1 Richmond 'A'	8:53.60	10
1) Trippett, Madison JR	2) Keurentjes, Kyra SR	
3) Miller, Dylan JR	4) Lyons, Morgan JR	
2:10.283 (2:10.283)	4:23.286 (2:13.003)	6:40.497 (2:17.211)
8:53.600 (2:13.103)		
2 La Salle 'A'	9:00.01	8
1) Flood, Julia JR	2) Rivard, Lexy SO	
3) Dawson, Georgia-Rose SO	4) Mancini, Christine SR	
2:19.098 (2:19.098)	4:33.397 (2:14.299)	6:50.565 (2:17.168)
9:00.004 (2:09.439)		
3 Rhode Island 'A'	9:00.93	6
1) LePage, Elise JR	2) Saul, Lily SO	
3) Vidal, Corina JR	4) O'Connor, Hanna SR	
2:15.322 (2:15.322)	4:30.262 (2:14.940)	6:47.087 (2:16.825)
9:00.929 (2:13.842)		
4 Vcu 'A'	9:04.54	5
1) Warren, Nia SO	2) Wooden, Sabria FR	
3) Miller, Ava SO	4) Clarke, Naomi SO	
2:15.472 (2:15.472)	4:34.047 (2:18.575)	6:51.047 (2:17.000)
9:04.535 (2:13.488)		
5 Umass Amherst 'A'	9:08.16	4
1) Costantino, Alex JR	2) Harrison, Simone FR	
3) Henning, Charlotte SO	4) Mannes Diaz de Cerio, Lara FR	
2:14.651 (2:14.651)	4:33.210 (2:18.559)	6:51.527 (2:18.317)
9:08.154 (2:16.627)		
6 Duquesne 'A'	9:08.70	3
1) Wilson, Olivia JR	2) Valotta, Angela SR	
3) Line, Delaney JR	4) Hamilton, Haley JR	
2:15.979 (2:15.979)	4:33.992 (2:18.013)	6:52.227 (2:18.235)
9:08.700 (2:16.473)		
7 St Josephs Pa 'A'	9:11.94	2
1) Korck, Samantha FR	2) Lutzen, Majken FR	
3) Westawski, Alexis JR	4) Crossan, Tess SO	
2:19.221 (2:19.221)	4:34.788 (2:15.567)	6:52.081 (2:17.293)
9:11.933 (2:19.852)		
8 Saint Louis 'A'	9:18.63	1
1) Franz, Riley FR	2) Scott, Starr FR	
3) Morin, Sonja SO	4) Guiley, Lauren FR	
2:18.609 (2:18.609)	4:36.829 (2:18.220)	6:53.053 (2:16.224)
9:18.625 (2:25.572)		
9 Loyola 'A'	9:21.59	
1) Wojcikiewicz, Kate JR	2) Hendrickson, Fran SR	
3) Collins, Jo FR	4) McLain, Madi SR	
2:15.451 (2:15.451)	4:33.674 (2:18.223)	6:54.743 (2:21.069)
9:21.590 (2:26.847)		
10 Fordham 'A'	9:31.84	
1) McCann, Megan FR	2) Sears, Brenna FR	
3) Meeks, Kate FR	4) Mulvaney, Molly SR	
2:21.052 (2:21.052)	4:39.717 (2:18.665)	7:04.097 (2:24.380)
9:31.833 (2:27.736)		

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11 George Mason 'A' 9:44.79  
 1) Palmer, Adia SR 2) Elchenko, Brenna FR  
 3) Chidirala, Yashika SR 4) Bordner, Ava FR  
 2:21.732 (2:21.732) 4:44.465 (2:22.733) 7:16.679 (2:32.214) 9:44.782 (2:28.103)

**Women Distance Medley**

Facility: # 11:12.47 Grand Valley St., Grand Valley St  
 Meet: \$ 11:34.45 2023 Richmond, Richmond  
 School Finals Points

1 La Salle 'A' 11:30.37\$ 10  
 1) Goode, Gwenno FR 2) Morrison, Soleil FR  
 3) Dawson, Georgia-Rose SO 4) Mancini, Christine SR  
 3:34.407 (3:34.407) 4:30.378 (55.971) 6:49.106 (2:18.728) 11:30.365 (4:41.259)

2 Richmond 'A' 11:30.39\$ 8  
 1) Keurentjes, Kyra SR 2) Beringer, Ginny JR  
 3) Donohoe, Caroline SO 4) Stockman, Elizabeth JR  
 3:35.549 (3:35.549) 4:30.454 (54.905) 6:42.147 (2:11.693) 11:30.381 (4:48.234)

3 Loyola 'A' 11:38.58 6  
 1) Watcke, Emma JR 2) Hendrickson, Fran SR  
 3) Wojcikiewicz, Kate JR 4) Kuhn, Grace JR  
 3:30.925 (3:30.925) 4:31.725 (1:00.800) 6:44.534 (2:12.809) 11:38.571 (4:54.037)

4 Duquesne 'A' 11:42.60 5  
 1) Wilson, Olivia JR 2) Allen, Amy JR  
 3) Seitzinger, Hannah JR 4) Hamilton, Haley JR  
 3:39.569 (3:39.569) 4:35.288 (55.719) 6:45.105 (2:09.817) 11:42.600 (4:57.495)

5 Umass Amherst 'A' 11:53.28 4  
 1) Costantino, Alex JR 2) Mullady, Caroline SO  
 3) Mannes Diaz de Cerio, Lara FR 4) Shunney, Rylee FR  
 3:34.069 (3:34.069) 4:31.746 (57.677) 6:49.323 (2:17.577) 11:53.276 (5:03.953)

6 Rhode Island 'A' 12:07.87 3  
 1) LePage, Elise JR 2) Santana, Amyah JR  
 3) Hurley, Erin JR 4) Till, Madeline SO  
 3:37.188 (3:37.188) 4:36.251 (59.063) 6:56.037 (2:19.786) 12:07.867 (5:11.830)

7 George Washington 'A' 12:08.65 2  
 1) Dinneen, Lola FR 2) Horowitz, Rachel SR  
 3) Mazumder, Rita SO 4) Mitchell, Sarah SO  
 3:49.747 (3:49.747) 4:47.812 (58.065) 7:06.217 (2:18.405) 12:08.644 (5:02.427)

8 Davidson 'A' 12:11.90 1  
 1) Monohan, Amelia FR 2) Hood, Sophia SR  
 3) Millican, Jocelyn FR 4) Berquist, Anne JR  
 3:56.029 (3:56.029) 4:54.634 (58.605) 7:15.548 (2:20.914) 12:11.894 (4:56.346)

9 Dayton 'A' 12:14.41  
 1) Eggleston, Jenna SR 2) Felts, Grace FR  
 3) Wells, Samantha SO 4) Mooney, Cara FR  
 3:46.458 (3:46.458) 4:46.938 (1:00.480) 7:11.583 (2:24.645) 12:14.407 (5:02.824)

10 George Mason 'A' 12:17.98  
 1) Clark, Sarah FR 2) Banks, Mackenzie JR  
 3) Bordner, Ava FR 4) Nabbus, Nourene JR  
 3:44.200 (3:44.200) 4:42.445 (58.245) 7:07.599 (2:25.154) 12:17.979 (5:10.380)

11 Fordham 'A' 12:20.42  
 1) Thomas, Alexandra SR 2) Williams, Alexandra SO  
 3) McCann, Megan FR 4) Gotzman, Meredith FR  
 3:53.586 (3:53.586) 4:51.233 (57.647) 7:11.572 (2:20.339) 12:20.414 (5:08.842)

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**...Women Distance Medley**

12 Saint Louis 'A' 12:33.84  
 1) Kantola, Jordan SO 2) Williams, Zora SO  
 3) Franz, Riley FR 4) Morin, Sonja SO  
 3:54.867 (3:54.867) 4:55.444 (1:00.577) 7:17.833 (2:22.389) 12:33.836 (5:16.003)

**Women High Jump**

Facility: # 1.84m		Amina Smith, Shore AC	
Meet: \$ 1.83m 1998		Katie Ollendick, VT	
Name	Year School	Finals	Points
1 Rowland, Courtney	JR Umass Amherst	1.73m	5-08.00 10
1.49 1.54 1.59 1.64 1.67 1.70 1.73 1.76			
--- --- --- O XO XO XO XXX			
2 Wetzel, Sadie	SR Duquesne	J1.73m	5-08.00 8
1.49 1.54 1.59 1.64 1.67 1.70 1.73 1.76			
--- --- O O O O XXO XXX			
3 Weening, Abigail	JR George Mason	J1.73m	5-08.00 6
1.49 1.54 1.59 1.64 1.67 1.70 1.73 1.76			
--- --- O XO O XXO XXO XXX			
4 Bostwick, Tessa	SR Umass Amherst	1.64m	5-04.50 5
1.49 1.54 1.59 1.64 1.67			
--- XO O XO XXX			
5 Shipp, Nayome	JR Vcu	1.59m	5-02.50 3
1.49 1.54 1.59 1.64			
--- --- O XXX			
5 Brown, Kasi	JR La Salle	1.59m	5-02.50 3
1.49 1.54 1.59 1.64			
--- O O XXX			
5 Thompson, Camryn	FR Dayton	1.59m	5-02.50 3
1.49 1.54 1.59 1.64			
--- O O XXX			
8 Garbe, Caroline	FR Duquesne	J1.59m	5-02.50 1
1.49 1.54 1.59 1.64			
O XXO O XXX			
9 McBride, Marielsa	SO Umass Amherst	J1.59m	5-02.50
1.49 1.54 1.59 1.64			
--- O XO XXX			
9 Denman, Claire	FR St Josephs Pa	J1.59m	5-02.50
1.49 1.54 1.59 1.64			
O O XO XXX			
9 Omonije, Sola	SR Davidson	J1.59m	5-02.50
1.49 1.54 1.59 1.64			
--- --- XO XXX			
12 Cieslik, Kamryn	FR St Josephs Pa	J1.59m	5-02.50
1.49 1.54 1.59 1.64			
XO O XO XXX			
13 Washington, Mariah	SO Vcu	J1.59m	5-02.50
1.49 1.54 1.59 1.64			
--- --- XXO XXX			
14 Fujita, Lexi	FR Fordham	J1.59m	5-02.50
1.49 1.54 1.59 1.64			
XO O XXO XXX			

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**  
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**...Women High Jump**

14	Arakelian, Zoe	SO Fordham	J1.59m	5-02.50
	1.49 1.54 1.59 1.64			
	O XO XXO XXX			
16	Alfonsetti-Terry, Anya	JR Fordham	1.54m	5-00.50
	1.49 1.54 1.59			
	O O XXX			
16	Ruvo, Leia	SO Fordham	1.54m	5-00.50
	1.49 1.54 1.59			
	O O XXX			
18	Dawson, Alicia	SR Richmond	J1.54m	5-00.50
	1.49 1.54 1.59			
	O XO XXX			
19	Allred, Josie	FR Rhode Island	1.49m	4-10.50
	1.49 1.54			
	O XXX			
20	Zarr, Alexis	FR Rhode Island	J1.49m	4-10.50
	1.49 1.54			
	XO XXX			
21	Williams, Jennifer	SO Umass Amherst	J1.49m	4-10.50
	1.49 1.54			
	XXO XXX			
21	Lavallee, Kristen	SO Duquesne	J1.49m	4-10.50
	1.49 1.54			
	XXO XXX			
--	Hitchcock, Madeline	SO George Mason		NH
	1.49			
	XXX			

**Women Pole Vault**

Facility: # 4.29m		Tessa Mudd, SC	
Meet: \$ 3.95m 2018		Karlee Fowler, URI	
Name	Year School	Finals	Points
1	Askelson, Amber JR George Mason	3.77m 12-04.50	10
	3.02 3.17 3.32 3.47 3.57 3.67 3.77 3.87		
	--- --- --- O O O O XXX		
2	Burkholder, Meghan SR Davidson	J3.77m 12-04.50	8
	3.02 3.17 3.32 3.47 3.57 3.67 3.77 3.87		
	--- --- --- O XO O O XXX		
3	Frazee, Megan SO Umass Amherst	J3.77m 12-04.50	6
	3.02 3.17 3.32 3.47 3.57 3.67 3.77 3.87		
	--- --- --- XO O O XO XXX		
4	Welsh, Katie SO Rhode Island	3.67m 12-00.50	5
	3.02 3.17 3.32 3.47 3.57 3.67 3.77		
	--- O O O O XXO XXX		
5	Zagoria, Grace FR Davidson	J3.67m 12-00.50	4
	3.02 3.17 3.32 3.47 3.57 3.67 3.77		
	--- --- XXO O XO XXO XXX		
6	Oare, Ella Marley FR George Mason	3.47m 11-04.50	3
	3.02 3.17 3.32 3.47 3.57		
	--- --- O O XXX		
7	Larkin, Caroline JR Rhode Island	J3.47m 11-04.50	2
	3.02 3.17 3.32 3.47 3.57		
	--- O XO O XXX		



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**...Women Pole Vault**

8	Mays, Sidney	JR George Mason	J3.47m	11-04.50	1
	3.02 3.17 3.32 3.47 3.57				
	--- --- 0 XXO XXX				
9	Parr, Sarah	JR Rhode Island	3.32m	10-10.75	
	3.02 3.17 3.32 3.47				
	0 0 0 XXX				
9	Gier, Michaela	FR Fordham	3.32m	10-10.75	
	3.02 3.17 3.32 3.47				
	--- 0 0 XXX				
11	Laskey, Summer	FR Davidson	J3.32m	10-10.75	
	3.02 3.17 3.32 3.47				
	--- 0 XO XXX				
12	Gunter, Brooke	FR George Mason	J3.32m	10-10.75	
	3.02 3.17 3.32 3.47				
	--- XXO XO XXX				
13	Hagymas, Sophie	JR Rhode Island	3.17m	10-04.75	
	3.02 3.17 3.32				
	XO 0 XXX				
14	Hyder, Aislinn	FR Saint Louis	J3.17m	10-04.75	
	3.02 3.17 3.32				
	--- XXO XXX				
--	Unice, Cameron	FR Davidson		NH	
	3.02 3.17 3.32				
	--- --- XXX				

**Women Long Jump**

Facility: # 6.46m		Avery Lewis, PA			
Meet: \$ 6.21m 1995		Patience Itanyi, WVU			
Name	Year	School	Finals	H#	Points
=====					
1	Johnson, Kendall	FR Dayton	5.99m	19-08.00	2 10
	5.59m 5.44m 5.86m 5.92m	FOUL	5.99m		
2	Dawson, Alicia	SR Richmond	5.90m	19-04.25	2 8
	5.88m 5.90m 5.76m 5.79m	5.77m			
3	Lafave, Jordan	JR Umass Amherst	5.84m	19-02.00	2 6
	5.52m 5.37m 5.84m 5.33m	5.21m 5.35m			
4	Fiedler, Henrike	SR George Mason	5.72m	18-09.25	2 5
	FOUL 5.59m FOUL 5.54m	5.72m 5.62m			
5	Tyson, Kailynn	FR George Mason	5.65m	18-06.50	2 4
	FOUL 5.65m 5.43m FOUL	5.53m FOUL			
6	Deveaux, Tiarra	JR Umass Amherst	5.63m	18-05.75	2 3
	FOUL 5.63m 5.39m 5.58m	5.37m FOUL			
7	Carswell, Jamelah	SR Duquesne	5.45m	17-10.75	2 2
	5.45m 5.18m 5.42m				
8	Gorettoy, Virsavia	JR Rhode Island	J5.45m	17-10.75	2 1
	5.28m 5.10m 5.39m 5.28m	5.19m 5.45m			
9	Cadet, Shakira	FR Umass Amherst	5.43m	17-09.75	2
	5.39m 5.24m FOUL FOUL	5.43m 5.12m			
10	Michel, Ruth	SO Umass Amherst	J5.43m	17-09.75	2
	FOUL 5.43m FOUL 5.22m	4.83m 4.65m			
11	Davis, Chelsea	SO Vcu	5.39m	17-08.25	2
	5.33m 5.39m 5.33m 4.97m	FOUL 5.32m			
12	Pruitt, Jayla	JR Dayton	5.35m	17-06.75	2
	5.35m 5.22m 5.11m				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Women Long Jump**

13	Ferguson, Lily	SO St Josephs Pa	5.30m	17-04.75	1
	5.30m FOUL FOUL				
14	Brown, Kasi	JR La Salle	5.26m	17-03.25	1
	5.06m 5.22m 5.26m				
15	Harris, Skylar	SR Fordham	5.25m	17-02.75	1
	5.01m 5.25m 5.06m				
16	Clemmons, Jailee	SO Dayton	5.11m	16-09.25	1
	FOUL FOUL 5.11m				
17	Decaro, Capri	SO Duquesne	5.09m	16-08.50	1
	FOUL 5.09m 4.61m				
18	Ruvo, Leia	SO Fordham	5.05m	16-07.00	1
	FOUL 5.05m 5.00m				
19	Givens, Jenna	FR Saint Louis	5.01m	16-05.25	1
	FOUL 4.82m 5.01m				
20	Williams, Christierra	JR Dayton	4.75m	15-07.00	1
	FOUL FOUL 4.75m				
21	Clark, Kayla	SO Rhode Island	4.57m	15-00.00	1
	FOUL FOUL 4.57m				
22	Jones, Brandalyn	SR La Salle	4.32m	14-02.25	1
	4.14m 4.31m 4.32m				

**Women Triple Jump**

Facility: # 14.60m Thea LaFond, adidas  
 Meet: \$ 12.78m 2014 Rebecca Stoyale, UM

Name	Year School	Finals	H#	Points
1 Davis, Chelsea	SO Vcu	12.23m	40-01.50	2 10
	FOUL 11.94m 12.23m FOUL 11.66m 11.20m			
2 Dawson, Alicia	SR Richmond	12.18m	39-11.50	2 8
	11.90m 12.05m FOUL 12.18m 12.18m 12.02m			
3 Sebwe, Kelsey	SR George Mason	11.67m	38-03.50	2 6
	11.56m FOUL 11.67m FOUL FOUL 11.54m			
4 Bozarth, Megan	JR Vcu	11.61m	38-01.25	2 5
	11.61m 11.12m FOUL 11.06m 11.48m FOUL			
5 Alleyne, Kristen	JR George Mason	11.55m	37-10.75	2 4
	11.14m 11.05m 11.22m 11.10m 11.39m 11.55m			
6 Williams, Christierra	JR Dayton	11.40m	37-05.00	1 3
	FOUL 11.34m 11.24m 11.40m FOUL FOUL			
7 Eodoro, Jackie	SO Rhode Island	11.34m	37-02.50	2 2
	11.04m 11.33m 11.05m 10.93m 11.14m 11.34m			
8 Pruitt, Jayla	JR Dayton	11.28m	37-00.25	2 1
	11.28m FOUL 11.25m FOUL FOUL FOUL			
9 Ruvo, Leia	SO Fordham	11.13m	36-06.25	1
	FOUL 11.04m 11.13m 10.84m 10.73m 11.02m			
10 Michel, Ruth	SO Umass Amherst	11.10m	36-05.00	2
	11.10m 10.94m 10.50m			
11 Deveaux, Tiarra	JR Umass Amherst	10.97m	36-00.00	1
	10.92m 10.95m 10.97m			
12 Sekyaya, Winnie	JR Umass Amherst	10.95m	35-11.25	1
	10.78m 10.52m 10.95m			
13 Parkhomenko, Ielyzaveta	FR George Mason	10.92m	35-10.00	1
	10.69m 10.92m FOUL			
14 Cadet, Shakira	FR Umass Amherst	10.85m	35-07.25	2
	FOUL FOUL 10.85m			

## Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024

## Virginia Beach Sports Center

## Results

## ...Women Triple Jump

15	Ferguson, Lily	SO St Josephs Pa	10.56m	34-07.75	1
	10.44m FOUL 10.56m				
--	Jones, Brandalyn	SR La Salle	FOUL		1
	FOUL FOUL FOUL				
--	Givens, Jenna	FR Saint Louis	FOUL		2
	FOUL FOUL FOUL				

## Women Shot Put

Facility: # 16.04m		Trista Fintel, Findlay	
Meet: \$ 15.43m 2000		Jodi Borges, UD	
Name	Year School	Finals	H# Points
1	Byrd, Eryn JR Vcu	16.22m#	53-02.75 2 10
	15.07m FOUL FOUL 14.10m 15.42m 16.22m		
2	Midkiff, Jocelyn SR Vcu	14.67m	48-01.75 2 8
	13.60m 14.62m FOUL 14.08m 14.49m 14.67m		
3	Moretti, Madelyn SO Duquesne	14.05m	46-01.25 2 6
	12.26m FOUL 13.32m 12.96m 14.05m FOUL		
4	Akaolisa, Desiree FR Vcu	13.99m	45-10.75 2 5
	12.75m 13.89m 12.81m 13.08m 12.68m 13.99m		
5	Wood, Megan JR Rhode Island	13.96m	45-09.75 2 4
	13.60m 13.18m 12.49m 13.96m 13.93m 13.43m		
6	Enajekpo, Olamide SO George Mason	13.38m	43-10.75 2 3
	FOUL 11.18m 13.24m 12.69m 11.82m 13.38m		
7	Conrad, Rebekah SO Dayton	13.32m	43-08.50 1 2
	12.83m 12.56m FOUL FOUL 13.32m 12.48m		
8	Homan, Grace SR Dayton	13.19m	43-03.25 2 1
	FOUL 13.16m FOUL 13.19m FOUL FOUL		
9	Yankee, Alyssa FR Rhode Island	12.85m	42-02.00 2
	12.11m 12.23m 12.85m FOUL 12.07m 12.72m		
10	Rancourt, Tess SO Umass Amherst	12.79m	41-11.50 1
	12.57m 12.17m 12.79m		
11	Yates, Jillian SO Dayton	12.78m	41-11.25 2
	12.08m 12.78m FOUL		
12	Pagnini, Gabriella SR Umass Amherst	12.49m	40-11.75 1
	12.33m 12.49m 11.62m		
13	Koonmen, Rachel SR Duquesne	12.43m	40-09.50 1
	12.29m 12.43m 12.41m		
14	Bishop, Mattie FR Umass Amherst	12.24m	40-02.00 2
	10.76m 11.57m 12.24m		
15	Yater, Anna SO Dayton	12.08m	39-07.75 1
	11.29m 11.33m 12.08m		
16	Matalatala, Like SO Vcu	11.99m	39-04.00 2
	11.90m 11.99m FOUL		
17	Pierce, Mia FR Duquesne	11.97m	39-03.25 1
	11.66m 11.36m 11.97m		
18	Brozeski, Emily SR Duquesne	11.96m	39-03.00 1
	10.90m 11.96m 11.60m		
19	Williams, Libby FR Saint Louis	11.87m	38-11.50 1
	11.87m 10.02m 10.65m		
20	Cooley, Sarah FR Fordham	11.56m	37-11.25 1
	10.20m 11.27m 11.56m		
21	Kunza, Samantha SR Saint Louis	10.39m	34-01.25 1
	9.63m 10.39m 10.06m		

## Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024

## Virginia Beach Sports Center

## Results

## ...Women Shot Put

-- Agyekum, Fiona SO George Mason FOUL 1  
FOUL FOUL FOUL

## Women Weight Throw

Facility: # 20.70m Brooklyn Chips, Wayne St. NE

Meet: \$ 20.78m 2011 Mallory Barnes, UD

Name	Year	School	Finals	H#	Points
1 Hallgrimsdottir, Gudrun	JR	Vcu	21.27m\$ 69-09.50	2	10
20.66m FOUL FOUL	21.27m FOUL	21.15m			
2 Byrd, Eryn	JR	Vcu	18.88m 61-11.50	2	8
18.67m 18.70m 18.67m	18.23m 18.88m	18.42m			
3 Kunza, Samantha	SR	Saint Louis	18.39m 60-04.00	2	6
FOUL 17.94m FOUL	18.39m 16.34m	17.30m			
4 Conrad, Rebekah	SO	Dayton	18.00m 59-00.75	2	5
FOUL 17.11m 17.74m	18.00m 16.85m	FOUL			
5 Enajekpo, Olamide	SO	George Mason	17.23m 56-06.50	2	4
FOUL FOUL 17.22m	17.23m FOUL FOUL				
6 Burns, Jaliyah	SO	Umass Amherst	17.08m 56-00.50	2	3
17.08m 16.40m 15.86m	16.55m 16.74m	16.35m			
7 Wood, Megan	JR	Rhode Island	16.95m 55-07.50	2	2
16.62m 16.41m 16.23m	15.57m 16.95m	FOUL			
8 Johnson-Mills, Ezra	SR	Duquesne	16.81m 55-02.00	2	1
16.81m FOUL FOUL FOUL	16.16m FOUL				
9 Field, Erynn	SR	Rhode Island	16.73m 54-10.75	2	
FOUL 16.73m 15.20m	15.74m FOUL	15.26m			
10 Pagnini, Gabriella	SR	Umass Amherst	16.08m 52-09.25	1	
16.08m FOUL FOUL					
11 Wynter, Halie	FR	Vcu	15.16m 49-09.00	1	
14.80m 15.16m 15.01m					
12 Yates, Jillian	SO	Dayton	14.97m 49-01.50	2	
14.31m 14.32m 14.97m					
13 Yankee, Alyssa	FR	Rhode Island	14.43m 47-04.25	1	
FOUL 13.21m 14.43m					
14 Akaolisa, Desiree	FR	Vcu	14.20m 46-07.25	2	
14.20m FOUL FOUL					
15 Yater, Anna	SO	Dayton	13.81m 45-03.75	1	
FOUL FOUL 13.81m					
16 Homan, Grace	SR	Dayton	13.61m 44-08.00	1	
13.27m 13.37m 13.61m					
17 Koonmen, Rachel	SR	Duquesne	13.33m 43-09.00	1	
FOUL 13.33m 13.28m					
18 Boucher, Madison	FR	Rhode Island	13.29m 43-07.25	1	
FOUL 13.23m 13.29m					
19 Williams, Libby	FR	Saint Louis	13.27m 43-06.50	1	
13.13m 13.27m FOUL					
20 Cooley, Sarah	FR	Fordham	11.32m 37-01.75	1	
FOUL 11.32m FOUL					
-- Agyekum, Fiona	SO	George Mason	FOUL	1	
FOUL FOUL FOUL					

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Year School	Finals	Points
1 Carswell, Jamelah	SR Duquesne	2:18.60	843
30.539 (30.539)	1:05.924 (35.385)	1:41.517 (35.593)	2:18.591 (37.074)
2 Eodoro, Jackie	SO Rhode Island	2:29.00	705
32.586 (32.586)	1:08.729 (36.143)	1:47.540 (38.811)	2:28.992 (41.452)
3 Walcutt, Halle	JR Duquesne	2:30.51	686
33.056 (33.056)	1:11.345 (38.289)	1:52.353 (41.008)	2:30.503 (38.150)
4 Bell, Caroline	FR Saint Louis	2:32.14	666
33.882 (33.882)	1:12.137 (38.255)	1:51.788 (39.651)	2:32.137 (40.349)
5 Coppinger, Ella	SO Saint Louis	2:34.27	640
34.945 (34.945)	1:13.484 (38.539)	1:54.776 (41.292)	2:34.262 (39.486)
6 Casey, Hannah	SO Davidson	2:35.05	631
37.490 (37.490)	1:16.471 (38.981)	1:55.327 (38.856)	2:35.050 (39.723)
7 Diggs, Kasey	FR Vcu	2:35.86	621
34.803 (34.803)	1:14.137 (39.334)	1:56.224 (42.087)	2:35.853 (39.629)
8 Ernst, Raegan	SO Dayton	2:39.83	575
35.198 (35.198)	1:13.394 (38.196)	1:56.245 (42.851)	2:39.822 (43.577)
9 Leatherman, Eva	SO Duquesne	2:41.73	553
33.403 (33.403)	1:11.183 (37.780)	1:54.068 (42.885)	2:41.728 (47.660)
10 Frazee, Megan	SO Umass Amherst	2:44.33	524
38.620 (38.620)	1:18.975 (40.355)	2:02.223 (43.248)	2:44.329 (42.106)
11 James, Taylor	SR Vcu	2:46.27	503
34.040 (34.040)	1:12.957 (38.917)	1:57.761 (44.804)	2:46.261 (48.500)
12 Weening, Abigail	JR George Mason	2:46.48	501
33.630 (33.630)	1:13.687 (40.057)	2:00.674 (46.987)	2:46.476 (45.802)
13 Krohto, Madelyn	JR Umass Amherst	2:46.66	499
38.751 (38.751)	1:19.416 (40.665)	2:02.850 (43.434)	2:46.656 (43.806)
14 Cavanaugh, Maureen	FR Davidson	2:49.25	471
36.121 (36.121)	1:17.166 (41.045)	2:03.103 (45.937)	2:49.243 (46.140)
15 Santamauro, Marisa	JR George Mason	2:54.28	420
33.684 (33.684)	1:12.780 (39.096)	2:00.091 (47.311)	2:54.271 (54.180)
16 Dunbar, Izzy	FR Saint Louis	2:58.59	378
36.692 (36.692)	1:19.945 (43.253)	2:07.415 (47.470)	2:58.584 (51.169)

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Year School	Finals	H#	Points
1 Carswell, Jamelah	SR Duquesne	8.88	1	935
2 Weening, Abigail	JR George Mason	8.94	1	922
3 Ernst, Raegan	SO Dayton	8.96	1	918
4 Frazee, Megan	SO Umass Amherst	9.05	4	900
5 Eodoro, Jackie	SO Rhode Island	9.14	1	881
6 Casey, Hannah	SO Davidson	9.18	4	873
7 James, Taylor	SR Vcu	9.32	4	844
8 Coppinger, Ella	SO Saint Louis	9.45	3	818
9 Diggs, Kasey	FR Vcu	9.50	2	808
10 Krohto, Madelyn	JR Umass Amherst	9.50	4	808
11 Santamauro, Marisa	JR George Mason	9.57	2	794
12 Walcutt, Halle	JR Duquesne	9.73	3	763
13 Leatherman, Eva	SO Duquesne	9.98	3	716
14 Bell, Caroline	FR Saint Louis	10.12	2	690
15 Cavanaugh, Maureen	FR Davidson	10.34	2	650
16 Dunbar, Izzy	FR Saint Louis	12.39	3	331



**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Year	School	Finals	Points
1 Carswell, Jamelah 5.42m 5.28m 5.50m	SR	Duquesne	5.50m 18-00.50	700
2 Weening, Abigail 5.22m 5.43m 5.13m	JR	George Mason	5.43m 17-09.75	680
3 Eodoro, Jackie FOUL 5.22m 5.38m	SO	Rhode Island	5.38m 17-08.00	665
4 Krohto, Madelyn 5.09m 5.01m 5.23m	JR	Umass Amherst	5.23m 17-02.00	623
5 James, Taylor 4.79m 5.12m 5.21m	SR	Vcu	5.21m 17-01.25	617
6 Casey, Hannah 5.03m 5.13m FOUL	SO	Davidson	5.13m 16-10.00	595
7 Walcutt, Halle 4.56m 5.07m 4.83m	JR	Duquesne	5.07m 16-07.75	578
8 Frazee, Megan 4.71m 4.93m 4.99m	SO	Umass Amherst	4.99m 16-04.50	557
9 Cavanaugh, Maureen 4.97m FOUL 4.59m	FR	Davidson	4.97m 16-03.75	551
10 Ernst, Raegan 4.84m 4.78m 4.93m	SO	Dayton	4.93m 16-02.25	540
11 Diggs, Kasey 4.88m FOUL 4.50m	FR	Vcu	4.88m 16-00.25	527
12 Coppinger, Ella 4.55m 4.82m 4.66m	SO	Saint Louis	4.82m 15-09.75	511
13 Leatherman, Eva 4.43m 4.50m 4.59m	SO	Duquesne	4.59m 15-00.75	451
14 Bell, Caroline 4.55m 4.21m 4.07m	FR	Saint Louis	4.55m 14-11.25	441
15 Santamauro, Marisa 4.50m 4.46m 4.44m	JR	George Mason	4.50m 14-09.25	428
16 Dunbar, Izzy FOUL 4.08m 3.48m	FR	Saint Louis	4.08m 13-04.75	326

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Year	School	Finals	Points
1 Walcutt, Halle 11.35m 11.06m FOUL	JR	Duquesne	11.35m 37-03.00	618
2 Casey, Hannah 10.64m 10.66m 10.85m	SO	Davidson	10.85m 35-07.25	585
3 Cavanaugh, Maureen 10.39m 10.10m 10.78m	FR	Davidson	10.78m 35-04.50	581
4 Weening, Abigail 10.38m 10.69m PASS	JR	George Mason	10.69m 35-01.00	575
5 Santamauro, Marisa 10.21m 10.03m 9.34m	JR	George Mason	10.21m 33-06.00	543
6 Krohto, Madelyn 9.78m 9.46m 9.13m	JR	Umass Amherst	9.78m 32-01.00	515
7 Frazee, Megan 9.60m 8.71m 9.28m	SO	Umass Amherst	9.60m 31-06.00	503
8 Ernst, Raegan 9.01m 9.43m 9.53m	SO	Dayton	9.53m 31-03.25	499

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

9	James, Taylor	SR Vcu	9.07m	29-09.25	469
	FOUL 9.07m 8.72m				
10	Coppinger, Ella	SO Saint Louis	8.98m	29-05.50	463
	8.47m 8.98m 8.59m				
11	Bell, Caroline	FR Saint Louis	8.85m	29-00.50	454
	8.83m 8.66m 8.85m				
12	Edoro, Jackie	SO Rhode Island	8.63m	28-03.75	440
	8.43m 8.37m 8.63m				
13	Leatherman, Eva	SO Duquesne	8.53m	28-00.00	434
	8.15m 8.53m 7.74m				
14	Diggs, Kasey	FR Vcu	8.04m	26-04.50	402
	FOUL 8.04m FOUL				
15	Carswell, Jamelah	SR Duquesne	7.76m	25-05.50	384
	7.52m 7.36m 7.76m				
16	Dunbar, Izzy	FR Saint Louis	6.85m	22-05.75	325
	6.68m 6.40m 6.85m				

**Women Indoor Pentathlon**

Facility: # 4109 Dominique Bidon, NU  
 Meet: \$ 3962 2022 Kira Kopec

Name	Year	School	Finals	H#	Points
1 Carswell, Jamelah	SR	Duquesne	3563	10	
2 Weening, Abigail	JR	George Mason	3557	8	
3 Casey, Hannah	SO	Davidson	3283	6	
4 Edoro, Jackie	SO	Rhode Island	3257	5	
5 Walcutt, Halle	JR	Duquesne	3244	4	
6 Krohto, Madelyn	JR	Umass Amherst	3181	3	
7 Frazee, Megan	SO	Umass Amherst	3150	2	
8 Ernst, Raegan	SO	Dayton	3098	1	
9 James, Taylor	SR	Vcu	3032		
10 Coppinger, Ella	SO	Saint Louis	2998		
11 Santamauro, Marisa	JR	George Mason	2921		
12 Diggs, Kasey	FR	Vcu	2892		
13 Cavanaugh, Maureen	FR	Davidson	2885		
14 Bell, Caroline	FR	Saint Louis	2850		
15 Leatherman, Eva	SO	Duquesne	2688		
16 Dunbar, Izzy	FR	Saint Louis	1862		

**Men 60 Meter Dash**

Facility: # 6.61 Udodi Onwuzurike, MI  
 Meet: \$ 6.75 2018 Niel Hill, URI

Name	Year	School	Prelims	H#
Preliminaries				
1 Howard, Tristen	JR	Rhode Island	\$ 6.73Q	1
2 Oche, Emmanuel	FR	Vcu	6.79Q	3
3 Arbogast, Alex	FR	Rhode Island	6.90Q	2 6.899
4 Reed, Darius	SR	Vcu	6.86q	1
5 Stewart, Will	SO	Saint Louis	6.88q	1
6 Davis, Jordan	FR	Vcu	6.90q	2 6.900
6 Bryant, Aubrey	SO	Vcu	6.90q	1 6.900
8 O'Connor, Jolon	SR	Rhode Island	6.94q	3 6.931



**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Men 60 Meter Dash**

9	Weddington, Christian	SO Fordham	6.94	2	6.934
10	Henriques-Setho, Israel	JR Rhode Island	6.95	3	
11	Okeke, Chinedu	SR Davidson	6.99	2	
12	Clark, Ethan	SO Umass Amherst	7.00	3	
13	Carter, Isaiah	SR George Mason	7.03	2	7.026
14	King, Ashton	SO George Mason	7.03	1	7.027
15	Karen, Max	JR George Mason	7.04	1	7.034
16	Rodia, Michael	JR Umass Amherst	7.04	2	7.036
17	Harden, Michael	SO Umass Amherst	7.08	3	
18	Petersen, Adam	FR St Josephs Pa	7.12	1	
19	Treiber, Dane	SO Saint Louis	7.19	3	

**Men 60 Meter Dash**

Facility: # 6.61 Udodi Onwuzurike, MI  
 Meet: \$ 6.75 2018 Niel Hill, URI

Name	Year	School	Finals	Points
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**Finals**

1	Oche, Emmanuel	FR Vcu	6.73\$	10	6.727
2	Howard, Tristen	JR Rhode Island	6.73\$	8	6.728
3	Reed, Darius	SR Vcu	6.85	6	
4	Arbogast, Alex	FR Rhode Island	6.90	5	
5	Stewart, Will	SO Saint Louis	6.91	4	
6	Bryant, Aubrey	SO Vcu	6.95	3	
7	O'Connor, Jolon	SR Rhode Island	6.96	2	
8	Davis, Jordan	FR Vcu	7.01	1	

**Men 200 Meter Dash**

Facility: # 20.55 Makanakaishe Charamba, Carson-Ne  
 Meet: \$ 21.19 1995 Richard Wagner, WVU

Name	Year	School	Prelims	H#
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**Preliminaries**

1	Young, Jarrett	JR Rhode Island	21.61q	1	
2	Stewart, Will	SO Saint Louis	21.72q	2	
3	O'Connor, Jolon	SR Rhode Island	21.73q	3	
4	Mathis, Chanan	FR Vcu	21.77q	1	
5	Davis, Jordan	FR Vcu	21.81q	3	
6	Karen, Max	JR George Mason	21.83q	1	
7	Creeley, Liam	JR Rhode Island	21.85q	2	
8	Carter, Isaiah	SR George Mason	21.90q	4	
9	Arbogast, Alex	FR Rhode Island	21.92	2	
10	Henry, Ben	SO St Josephs Pa	21.97	3	
11	Harden, Michael	SO Umass Amherst	22.00	4	
12	Gaskins, Godot	SO Umass Amherst	22.15	5	
13	King, Ashton	SO George Mason	22.33	5	
14	Petersen, Adam	FR St Josephs Pa	22.51	1	
15	Clark, Ethan	SO Umass Amherst	22.76	4	
16	Treiber, Dane	SO Saint Louis	22.81	3	
17	Volz, Liam	SO Fordham	23.04	4	
18	Dillon, Riley	FR St Bonaventure	23.70	5	
--	Carrubba, Jake	JR St Josephs Pa	DQ	2	Rule 7-5-2b

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****Men 200 Meter Dash**

Facility: # 20.55

Makanakaishe Charamba, Carson-Newman

Meet: \$ 21.19 1995

Richard Wagner, WVU

Name	Year	School	Finals	H#	Points
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**Finals**

1	Young, Jarrett	JR Rhode Island	21.43	2	10
2	O'Connor, Jolon	SR Rhode Island	21.48	1	8
3	Stewart, Will	SO Saint Louis	21.71	2	6
4	Carter, Isaiah	SR George Mason	21.75	1	5
5	Creeley, Liam	JR Rhode Island	21.80	2	4
6	Mathis, Chanan	FR Vcu	21.87	1	3
7	Karen, Max	JR George Mason	22.03	1	2
--	Davis, Jordan	FR Vcu	DQ	2	

Rule 7-5-2b

**Men 400 Meter Dash**

Facility: # 45.99

Raheem Hayles, NCAT

Meet: \$ 47.50 1999

Jeremy Collins, URI

Name	Year	School	Prelims	H#
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**Preliminaries**

1	Young, Jarrett	JR Rhode Island	47.87q	2
	22.164 (22.164)	47.863 (25.700)		
2	Gaskins, Godot	SO Umass Amherst	48.34q	3
	22.021 (22.021)	48.338 (26.318)		
3	Meyer, Calvin	FR George Mason	49.15q	3
	22.711 (22.711)	49.145 (26.435)		
4	Flaker, Jarett	SR George Mason	49.20q	4
	22.978 (22.978)	49.192 (26.214)		
5	Morrison, Nick	FR Rhode Island	49.24q	4
	23.397 (23.397)	49.233 (25.836)		
6	Okafor, Jude	FR Vcu	49.44q	2
	22.982 (22.982)	49.432 (26.451)		
7	Mathis, Chanan	FR Vcu	49.52q	5
	22.828 (22.828)	49.513 (26.685)		
8	Pratt, Kacey	JR Vcu	49.64q	1
	23.353 (23.353)	49.640 (26.287)		
9	Bowers, Joel	SR Vcu	49.84	5
	23.122 (23.122)	49.836 (26.715)		
10	Nurse, Matthew	SO Fordham	49.87	3
	22.898 (22.898)	49.862 (26.964)		
11	Freeman, Sam	FR Fordham	49.89	1
	23.770 (23.770)	49.886 (26.117)		
12	Amstutz, Carson	SO Saint Louis	49.98	5
	23.279 (23.279)	49.977 (26.698)		
13	Carrubba, Jake	JR St Josephs Pa	50.57	4
	23.263 (23.263)	50.562 (27.300)		
14	Dillon, Riley	FR St Bonaventure	50.74	1
	23.955 (23.955)	50.738 (26.784)		
15	Mackey, James	SO St Josephs Pa	50.98	3
	23.402 (23.402)	50.978 (27.576)		
16	Peterson, Jace	FR Saint Louis	51.19	2
	23.440 (23.440)	51.182 (27.742)		
17	Figueroa, Christian	SO St Bonaventure	52.51	2
	24.617 (24.617)	52.502 (27.885)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**  
**Virginia Beach Sports Center**  
**Results**

**...Men 400 Meter Dash**

18 Hurley, Aidan	FR St Bonaventure	53.25	5
24.850 (24.850)	53.249 (28.400)		
19 Samasa, Hamidou	SO La Salle	54.00	4
24.118 (24.118)	53.996 (29.878)		

**Men 400 Meter Dash**

Facility: # 45.99 Raheem Hayles, NCAT  
 Meet: \$ 47.50 1999 Jeremy Collins, URI

Name	Year School	Finals	H#	Points
<b>Finals</b>				
1 Flaker, Jarett	SR George Mason	47.99	1	10
22.278 (22.278)	47.986 (25.708)			
2 Young, Jarrett	JR Rhode Island	48.08	2	8
22.219 (22.219)	48.076 (25.857)			
3 Mathis, Chanan	FR Vcu	48.11	2	6
23.073 (23.073)	48.101 (25.028)			
4 Morrison, Nick	FR Rhode Island	48.90	2	5
23.097 (23.097)	48.900 (25.803)			
5 Okafor, Jude	FR Vcu	49.33	1	4
22.581 (22.581)	49.327 (26.746)			
6 Gaskins, Godot	SO Umass Amherst	49.37	2	3
21.916 (21.916)	49.361 (27.445)			
7 Meyer, Calvin	FR George Mason	49.42	1	2
22.572 (22.572)	49.420 (26.848)			
8 Pratt, Kacey	JR Vcu	50.07	1	1
22.681 (22.681)	50.062 (27.381)			

**Men 500 Meter Dash**

Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Plaia, Lucas	JR Rhode Island	1:03.33q	5
36.184 (36.184)	1:03.324 (27.140)		
2 Cammauf, Darren	SO St Josephs Pa	1:04.42q	1
36.544 (36.544)	1:04.419 (27.876)		
3 Freeman, Lewis	SR Vcu	1:04.61q	2
37.689 (37.689)	1:04.602 (26.914)		
4 Polizzi, Nathan	JR George Mason	1:05.31q	4
37.134 (37.134)	1:05.308 (28.175)		
5 Stewart, Malik	JR Saint Louis	1:05.45q	3
36.818 (36.818)	1:05.442 (28.625)		
6 Noss, Luke	SO St Josephs Pa	1:05.63q	3
36.481 (36.481)	1:05.621 (29.140)		
7 Callaghan, Kevin	SO Fordham	1:05.71q	2
37.289 (37.289)	1:05.704 (28.415)		
8 Martin, Aidan	JR Saint Louis	1:05.75q	5
37.608 (37.608)	1:05.747 (28.139)		
9 Brooks, Ryan	JR George Mason	1:05.91	2
37.742 (37.742)	1:05.910 (28.169)		
10 McPhillips, Jack	JR Saint Louis	1:06.32	2
37.905 (37.905)	1:06.316 (28.411)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Men 500 Meter Dash**

11 McKay, Sean	SO Umass Amherst	1:06.37	1
37.109 (37.109)	1:06.364 (29.256)		
12 Brown, Erik	SR Fordham	1:06.38	5
37.143 (37.143)	1:06.375 (29.233)		
13 Kirton, Safo	JR Fordham	1:06.70	5
38.135 (38.135)	1:06.692 (28.557)		
14 Motley, Donovan	FR Vcu	1:07.69	4
37.944 (37.944)	1:07.682 (29.738)		
15 Martinez, Chris	JR Fordham	1:08.13	3
36.838 (36.838)	1:08.121 (31.284)		
16 Dennin, Kevin	SR St Josephs Pa	1:08.99	4
37.392 (37.392)	1:08.983 (31.592)		
-- Kiviat, CJ	SO Rhode Island	DQ	1 Rule 7-5-2b
36.707 (36.707)	1:04.266 (27.560)		

**Men 500 Meter Dash**

Name	Year School	Finals	H#	Points
Finals				
1 Cammauf, Darren	SO St Josephs Pa	1:03.54	2	10
35.681 (35.681)	1:03.531 (27.850)			
2 Plaia, Lucas	JR Rhode Island	1:03.86	2	8
35.469 (35.469)	1:03.853 (28.384)			
3 Freeman, Lewis	SR Vcu	1:04.35	1	6
37.362 (37.362)	1:04.346 (26.985)			
4 Stewart, Malik	JR Saint Louis	1:04.59	2	5
36.916 (36.916)	1:04.582 (27.666)			
5 Noss, Luke	SO St Josephs Pa	1:04.72	1	4
37.590 (37.590)	1:04.714 (27.125)			
6 Martin, Aidan	JR Saint Louis	1:05.25	1	3
37.873 (37.873)	1:05.246 (27.373)			
7 Polizzi, Nathan	JR George Mason	1:05.75	1	2
37.512 (37.512)	1:05.745 (28.233)			
8 Callaghan, Kevin	SO Fordham	1:06.04	2	1
37.318 (37.318)	1:06.035 (28.717)			

**Men 800 Meter Run**

Facility: # 1:46.78	Oussama El Bouchayby, Angelo S		
Meet: \$ 1:50.95 2018	Blaine Lacey, Mason		
Name	Year School	Prelims	H#
Preliminaries			
1 Baker, Eli	SO Rhode Island	1:52.61Q	1
26.601 (26.601)	54.951 (28.350)	1:23.580 (28.629)	1:52.608 (29.028)
2 Rivard, Liam	SR La Salle	1:52.66Q	3
25.581 (25.581)	54.061 (28.480)	1:23.444 (29.383)	1:52.660 (29.216)
3 Lombardo, Alex	JR George Mason	1:52.77Q	2
28.853 (28.853)	56.335 (27.482)	1:23.898 (27.563)	1:52.762 (28.864)
4 Abaitua, Miguel	SR Loyola	1:52.95Q	2
28.702 (28.702)	56.124 (27.422)	1:23.712 (27.588)	1:52.943 (29.231)
5 Harris, Micah	SR George Mason	1:53.06Q	3
25.676 (25.676)	54.256 (28.580)	1:23.800 (29.544)	1:53.053 (29.253)

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Men 800 Meter Run**

6	Greene, Jayden	SR St Josephs Pa	1:53.65Q 1	
	26.490 (26.490)	54.809 (28.319)	1:23.633 (28.824)	1:53.644 (30.011)
7	McClain, Paul	JR George Mason	1:53.11q 3	
	25.631 (25.631)	53.895 (28.264)	1:23.286 (29.391)	1:53.101 (29.815)
8	Martinenko, Harrison	JR Saint Louis	1:53.79q 2	
	29.389 (29.389)	57.219 (27.830)	1:25.506 (28.287)	1:53.785 (28.279)
9	Kirn, Colin	FR Umass Amherst	1:54.20 2	
	26.265 (26.265)	54.902 (28.637)	1:24.353 (29.451)	1:54.200 (29.847)
10	Rinn, Trevor	SO Fordham	1:54.31 3	
	26.720 (26.720)	55.176 (28.456)	1:24.706 (29.530)	1:54.307 (29.601)
11	Phillips, Graham	JR St Josephs Pa	1:55.21 1	
	26.366 (26.366)	54.569 (28.203)	1:23.913 (29.344)	1:55.208 (31.295)
12	Howell, James	FR Loyola	1:56.17 3	
	26.336 (26.336)	54.750 (28.414)	1:25.044 (30.294)	1:56.169 (31.125)
13	Slaughter, Jack	JR Loyola	1:57.05 2	
	26.510 (26.510)	54.397 (27.887)	1:23.857 (29.460)	1:57.049 (33.192)
14	Griffith, Henry	SR Davidson	1:57.66 2	
	29.114 (29.114)	57.095 (27.981)	1:26.789 (29.694)	1:57.652 (30.863)
15	Maurillo, Liam	FR Davidson	1:57.94 3	
	26.458 (26.458)	54.997 (28.539)	1:25.436 (30.439)	1:57.931 (32.495)
16	Thaler, Josh	JR St Josephs Pa	1:58.45 1	
	26.356 (26.356)	54.778 (28.422)	1:25.538 (30.760)	1:58.447 (32.909)
17	Rota-Talarico, Immanuel	FR St Josephs Pa	1:58.59 3	
	27.003 (27.003)	55.319 (28.316)	1:25.930 (30.611)	1:58.588 (32.658)
18	Ryan, Kieran	SR St Bonaventure	1:58.65 2	
	29.619 (29.619)	57.614 (27.995)	1:27.170 (29.556)	1:58.643 (31.473)
19	Imboque, Ianique	SR Rhode Island	1:58.81 1	
	26.635 (26.635)	55.295 (28.660)	1:25.145 (29.850)	1:58.807 (33.662)
20	Gleason, Brian	SR St Bonaventure	1:59.29 1	
	27.586 (27.586)	56.303 (28.717)	1:27.219 (30.916)	1:59.286 (32.067)
21	Zanck, Gavin	SO La Salle	1:59.63 1	
	27.284 (27.284)	56.097 (28.813)	1:26.956 (30.859)	1:59.621 (32.665)
22	Simhony, Yariv	SO Fordham	2:01.36 1	
	26.926 (26.926)	56.026 (29.100)	1:27.333 (31.307)	2:01.353 (34.020)
23	Frigura, Andrei	SO La Salle	2:02.40 2	
	29.856 (29.856)	58.169 (28.313)	1:29.116 (30.947)	2:02.396 (33.280)

**Men 800 Meter Run**

Facility: # 1:46.78 Oussama El Bouchayby, Angelo St  
 Meet: \$ 1:50.95 2018 Blaine Lacey, Mason

Name Year School Finals Points

**Finals**

1	Rivard, Liam	SR La Salle	1:48.80\$ 10	
	25.858 (25.858)	53.199 (27.342)	1:21.685 (28.486)	1:48.800 (27.115)
2	Baker, Eli	SO Rhode Island	1:50.77\$ 8	
	26.157 (26.157)	53.295 (27.139)	1:22.108 (28.814)	1:50.764 (28.656)
3	Greene, Jayden	SR St Josephs Pa	1:51.62 6	
	26.084 (26.084)	53.446 (27.362)	1:22.277 (28.831)	1:51.613 (29.336)
4	Martinenko, Harrison	JR Saint Louis	1:51.73 5	
	27.060 (27.060)	54.669 (27.610)	1:23.148 (28.479)	1:51.730 (28.583)
5	Abaitua, Miguel	SR Loyola	1:52.68 4	
	26.218 (26.218)	53.680 (27.462)	1:22.627 (28.947)	1:52.673 (30.047)

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Men 800 Meter Run**

6 McClain, Paul	JR George Mason	1:54.10	3		
25.716 (25.716)	52.984 (27.269)	1:22.548 (29.565)		1:54.097 (31.549)	
7 Lombardo, Alex	JR George Mason	1:55.73	2		
26.675 (26.675)	53.890 (27.215)	1:23.977 (30.087)		1:55.724 (31.748)	
8 Harris, Micah	SR George Mason	1:59.63	1		
26.043 (26.043)	53.965 (27.923)	1:22.123 (28.158)		1:59.628 (37.506)	

**Men 1000 Meter Run**

Name	Year School	Prelims	H#		
=====					
Preliminaries					
1 Moelter, Owen	SR St Josephs Pa	2:26.08Q	3		
29.480 (29.480)	57.862 (28.382)	1:27.051 (29.189)		1:56.954 (29.903)	
2:26.075 (29.121)					
2 Queen, Joseph	SR George Mason	2:26.59Q	2		
29.015 (29.015)	59.170 (30.155)	1:29.182 (30.012)		1:58.626 (29.444)	
2:26.581 (27.955)					
3 Muldoon, Jack	JR Davidson	2:28.50Q	1		
29.171 (29.171)	59.879 (30.708)	1:30.732 (30.853)		2:00.358 (29.626)	
2:28.492 (28.134)					
4 Ochs, Collin	SR Rhode Island	2:26.29Q	3		
29.719 (29.719)	58.127 (28.408)	1:27.313 (29.186)		1:57.189 (29.876)	
2:26.281 (29.092)					
5 Grant, Shane	JR Umass Amherst	2:27.57Q	2		
29.202 (29.202)	59.346 (30.144)	1:29.009 (29.663)		1:58.651 (29.642)	
2:27.564 (28.913)					
6 Bezuneh, Nathaniel	JR Fordham	2:28.95Q	1		
29.637 (29.637)	1:00.132 (30.495)	1:31.054 (30.922)		2:00.705 (29.651)	
2:28.943 (28.238)					
7 Fleischer, Owen	SO Rhode Island	2:27.96q	2		
29.384 (29.384)	59.506 (30.122)	1:29.422 (29.916)		1:58.905 (29.483)	
2:27.951 (29.046)					
8 Breiter, Graham	JR Davidson	2:28.47q	3		
29.963 (29.963)	58.746 (28.783)	1:28.202 (29.456)		1:58.872 (30.670)	
2:28.461 (29.589)					
9 Mullahy, Owen	JR Umass Amherst	2:28.90	2		
28.867 (28.867)	58.945 (30.078)	1:29.253 (30.308)		1:59.288 (30.035)	
2:28.892 (29.604)					
10 Chapple, Brendan	FR St Bonaventure	2:28.98	3		
30.169 (30.169)	58.964 (28.795)	1:28.427 (29.463)		1:59.120 (30.693)	
2:28.974 (29.854)					
11 Ryan, Alex	SO St Bonaventure	2:29.14	1		
30.034 (30.034)	1:00.529 (30.495)	1:31.304 (30.775)		2:00.133 (28.829)	
2:29.138 (29.005)					
12 Przybylak, Tomek	SO St Josephs Pa	2:29.40	1		
29.972 (29.972)	1:00.124 (30.152)	1:31.269 (31.145)		2:01.173 (29.904)	
2:29.392 (28.219)					
13 Campbell, Gavin	SR St Josephs Pa	2:29.50	1		
29.237 (29.237)	59.933 (30.696)	1:30.874 (30.941)		2:00.876 (30.002)	
2:29.499 (28.623)					
14 Hymans, Caleb	FR George Mason	2:30.20	3		
29.889 (29.889)	58.393 (28.504)	1:27.844 (29.451)		1:58.601 (30.757)	
2:30.199 (31.598)					

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**  
**Virginia Beach Sports Center**  
**Results**

**...Men 1000 Meter Run**

15 Phillips, Kendall	JR Vcu	2:31.68	1
29.760 (29.760)	1:00.361 (30.601)	1:31.071 (30.710)	2:01.574 (30.503)
2:31.677 (30.103)			
16 Reidy, Sean	FR Fordham	2:33.93	3
30.184 (30.184)	59.408 (29.224)	1:30.554 (31.146)	2:04.020 (33.466)
2:33.921 (29.901)			
17 Lopez, Joshua	FR St Bonaventure	2:33.99	2
29.733 (29.733)	59.924 (30.191)	1:30.399 (30.475)	2:01.871 (31.472)
2:33.985 (32.114)			
18 Smith, Carter	FR Vcu	2:34.35	2
29.579 (29.579)	59.722 (30.143)	1:30.235 (30.513)	2:02.156 (31.921)
2:34.343 (32.187)			
19 Bovone, Anton	FR St Josephs Pa	2:34.56	3
30.657 (30.657)	1:00.268 (29.611)	1:31.880 (31.612)	2:04.133 (32.253)
2:34.552 (30.419)			

**Men 1000 Meter Run**

Name	Year School	Finals	Points
Finals			
1 Ochs, Collin	SR Rhode Island	2:26.38	10
29.656 (29.656)	59.949 (30.294)	1:29.214 (29.265)	1:58.368 (29.155)
2:26.374 (28.006)			
2 Queen, Joseph	SR George Mason	2:26.95	8
30.147 (30.147)	1:00.361 (30.215)	1:30.018 (29.658)	1:59.126 (29.108)
2:26.946 (27.820)			
3 Muldoon, Jack	JR Davidson	2:27.51	6
29.954 (29.954)	1:00.186 (30.232)	1:29.450 (29.265)	1:58.419 (28.970)
2:27.507 (29.088)			
4 Fleischer, Owen	SO Rhode Island	2:27.67	5
29.794 (29.794)	1:00.118 (30.325)	1:29.393 (29.275)	1:58.558 (29.165)
2:27.663 (29.106)			
5 Grant, Shane	JR Umass Amherst	2:28.34	4
29.585 (29.585)	59.795 (30.210)	1:28.958 (29.164)	1:58.233 (29.275)
2:28.334 (30.101)			
6 Moelster, Owen	SR St Josephs Pa	2:29.00	3
29.721 (29.721)	1:00.023 (30.303)	1:29.303 (29.280)	1:58.465 (29.162)
2:28.993 (30.529)			
7 Bezuneh, Nathaniel	JR Fordham	2:31.28	2
30.074 (30.074)	1:00.321 (30.247)	1:29.798 (29.478)	1:59.668 (29.870)
2:31.273 (31.605)			
8 Breiter, Graham	JR Davidson	2:35.96	1
29.830 (29.830)	1:00.563 (30.734)	1:30.530 (29.967)	2:01.575 (31.045)
2:35.958 (34.384)			

**Men 1 Mile Run**

Facility: # 4:01.11	Brandon Tubby, UNC			
Meet: \$ 4:06.76 2023	Joe doe Reis, DAV			
Name	Year School	Finals	H#	Points
1 Martinenko, Harrison	JR Saint Louis	4:07.28	3	10
30.919 (30.919)	1:02.771 (31.852)	1:33.521 (30.750)	2:04.418 (30.897)	
2:35.848 (31.430)	3:06.959 (31.111)	3:37.627 (30.668)	4:07.276 (29.649)	

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Men 1 Mile Run**

2	Kenney, Will	JR Umass Amherst	4:08.59	3	8
	30.141 (30.141)	1:01.206 (31.065)	1:32.130 (30.924)		2:03.274 (31.144)
	2:34.319 (31.045)	3:05.594 (31.275)	3:36.784 (31.190)		4:08.581 (31.797)
3	Ptack, James	SO La Salle	4:08.72	3	6
	31.206 (31.206)	1:02.624 (31.418)	1:32.655 (30.031)		2:03.383 (30.728)
	2:34.488 (31.105)	3:05.794 (31.306)	3:37.102 (31.308)		4:08.717 (31.615)
4	Smit, Gabe	JR Loyola	4:09.05	3	5
	31.088 (31.088)	1:02.453 (31.365)	1:33.062 (30.609)		2:03.896 (30.834)
	2:35.028 (31.132)	3:06.357 (31.329)	3:37.744 (31.387)		4:09.048 (31.304)
5	Flood, Colin	SR Fordham	4:13.78	3	4
	31.498 (31.498)	1:03.420 (31.922)	1:35.115 (31.695)		2:06.920 (31.805)
	2:39.353 (32.433)	3:11.872 (32.519)	3:43.568 (31.696)		4:13.774 (30.206)
6	Hazlett, Charlie	SO La Salle	4:17.94	3	3
	31.229 (31.229)	1:02.603 (31.374)	1:33.276 (30.673)		2:04.165 (30.889)
	2:36.293 (32.128)	3:11.942 (35.649)	3:44.839 (32.897)		4:17.935 (33.096)
7	Stearns, Cameron	SO George Mason	4:18.07	3	2
	30.864 (30.864)	1:02.644 (31.780)	1:34.295 (31.651)		2:05.466 (31.171)
	2:39.542 (34.076)	3:14.040 (34.498)	3:47.782 (33.742)		4:18.065 (30.283)
8	Catherwood, Collin	FR Umass Amherst	4:18.47	3	1
	31.454 (31.454)	1:03.404 (31.950)	1:34.816 (31.412)		2:07.039 (32.223)
	2:40.410 (33.371)	3:15.084 (34.674)	3:47.675 (32.591)		4:18.461 (30.786)
9	Pifer, Jack	JR Saint Louis	4:19.80	2	
	32.762 (32.762)	1:07.097 (34.335)	1:39.839 (32.742)		2:13.182 (33.343)
	2:45.861 (32.679)	3:18.424 (32.563)	3:50.118 (31.694)		4:19.794 (29.676)
10	Anderson, Trent	FR Loyola	4:20.00	2	
	33.054 (33.054)	1:07.130 (34.076)	1:39.684 (32.554)		2:13.035 (33.351)
	2:46.174 (33.139)	3:19.016 (32.842)	3:50.385 (31.369)		4:19.998 (29.613)
11	Birnie, Finn	JR La Salle	4:20.31	3	
	31.131 (31.131)	1:02.880 (31.749)	1:33.687 (30.807)		2:04.965 (31.278)
	2:38.971 (34.006)	3:13.911 (34.940)	3:47.162 (33.251)		4:20.306 (33.144)
12	McGregor, Evan	SO St Josephs Pa	4:22.70	2	
	32.571 (32.571)	1:06.888 (34.317)	1:39.406 (32.518)		2:12.546 (33.140)
	2:44.992 (32.446)	3:18.072 (33.080)	3:50.797 (32.725)		4:22.696 (31.899)
13	Mullahy, Owen	JR Umass Amherst	4:23.60	2	
	32.903 (32.903)	1:06.547 (33.644)	1:39.103 (32.556)		2:12.498 (33.395)
	2:46.037 (33.539)	3:19.260 (33.223)	3:51.946 (32.686)		4:23.591 (31.645)
14	Cooper, John	FR Davidson	4:25.74	2	
	32.981 (32.981)	1:06.708 (33.727)	1:39.573 (32.865)		2:12.972 (33.399)
	2:45.699 (32.727)	3:19.394 (33.695)	3:53.701 (34.307)		4:25.732 (32.031)
15	Scattergood, Aiden	SO St Bonaventure	4:26.20	1	
	32.850 (32.850)	1:06.312 (33.462)	1:39.355 (33.043)		2:13.307 (33.952)
	2:47.500 (34.193)	3:22.081 (34.581)	3:56.261 (34.180)		4:26.200 (29.939)
16	Girciz, Kyle	FR Saint Louis	4:26.70	1	
	32.076 (32.076)	1:05.576 (33.500)	1:38.568 (32.992)		2:12.422 (33.854)
	2:46.976 (34.554)	3:21.667 (34.691)	3:56.157 (34.490)		4:26.693 (30.536)
17	Cichocki, Ryan	FR St Josephs Pa	4:27.30	1	
	32.861 (32.861)	1:06.031 (33.170)	1:39.693 (33.662)		2:14.245 (34.552)
	2:48.043 (33.798)	3:22.324 (34.281)	3:56.579 (34.255)		4:27.300 (30.721)
18	Rau, Will	SO St Josephs Pa	4:27.59	3	
	31.018 (31.018)	1:02.944 (31.926)	1:35.262 (32.318)		2:08.762 (33.500)
	2:43.392 (34.630)	3:17.969 (34.577)	3:52.576 (34.607)		4:27.588 (35.012)
19	Ryan, Alex	SO St Bonaventure	4:30.75	1	
	33.446 (33.446)	1:06.650 (33.204)	1:39.472 (32.822)		2:14.058 (34.586)
	2:48.414 (34.356)	3:23.800 (35.386)	3:58.629 (34.829)		4:30.741 (32.112)



**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**...Men 1 Mile Run**

20	Isabella, Stefano	SR La Salle	4:30.81	2	
	32.871 (32.871)	1:06.840 (33.969)	1:39.317 (32.477)	2:12.771 (33.454)	
	2:45.361 (32.590)	3:19.153 (33.792)	3:54.204 (35.051)	4:30.807 (36.603)	
21	Cortese, Daniel	FR Davidson	4:30.99	1	
	32.151 (32.151)	1:05.463 (33.312)	1:37.788 (32.325)	2:10.066 (32.278)	
	2:43.798 (33.732)	3:19.317 (35.519)	3:55.106 (35.789)	4:30.983 (35.877)	
22	Gargani, Anthony	SO St Josephs Pa	4:32.32	1	
	32.844 (32.844)	1:05.799 (32.955)	1:38.976 (33.177)	2:12.937 (33.961)	
	2:46.907 (33.970)	3:21.895 (34.988)	3:57.444 (35.549)	4:32.313 (34.869)	
23	Barrow, Jacob	FR Vcu	4:37.75	2	
	32.661 (32.661)	1:06.736 (34.075)	1:40.210 (33.474)	2:13.826 (33.616)	
	2:50.349 (36.523)	3:26.091 (35.742)	4:02.557 (36.466)	4:37.741 (35.184)	
24	Holt, Aiden	SO St Bonaventure	4:38.32	1	
	33.045 (33.045)	1:06.582 (33.537)	1:39.561 (32.979)	2:14.674 (35.113)	
	2:50.224 (35.550)	3:26.999 (36.775)	4:02.772 (35.773)	4:38.319 (35.547)	
--	Eheman, Kenny	JR Davidson	DNF	3	
	31.675 (31.675)	1:03.232 (31.557)	1:34.803 (31.571)	2:07.794 (32.991)	
	2:42.397 (34.603)				

**Men 3000 Meter Run**

=====					
Facility: #	7:47.74	Emmanuel Bor			
Meet: \$	8:10.66	2023	Toby Gillen, SLU		
Name	Year	School	Finals	H#	Points
=====					
1	Clayton, Jason	JR Loyola	8:15.85	2	10
	31.732 (31.732)	1:08.209 (36.477)	1:42.351 (34.142)	2:17.171 (34.820)	
	2:51.516 (34.345)	3:25.505 (33.989)	3:59.659 (34.154)	4:34.237 (34.578)	
	5:09.133 (34.896)	5:43.227 (34.094)	6:16.289 (33.062)	6:47.092 (30.803)	
	7:17.742 (30.650)	7:47.556 (29.814)	8:15.841 (28.285)		
2	Sanchez, Rodolfo	SO Fordham	8:19.05	2	8
	32.299 (32.299)	1:09.251 (36.952)	1:43.635 (34.384)	2:18.357 (34.722)	
	2:52.672 (34.315)	3:26.711 (34.039)	4:00.785 (34.074)	4:35.338 (34.553)	
	5:10.068 (34.730)	5:44.180 (34.112)	6:17.059 (32.879)	6:48.768 (31.709)	
	7:18.659 (29.891)	7:48.402 (29.743)	8:19.045 (30.643)		
3	Carew, Robert	JR Umass Amherst	8:20.32	2	6
	31.696 (31.696)	1:08.476 (36.780)	1:42.758 (34.282)	2:17.546 (34.788)	
	2:51.894 (34.348)	3:25.880 (33.986)	4:00.041 (34.161)	4:34.329 (34.288)	
	5:09.420 (35.091)	5:43.587 (34.167)	6:16.248 (32.661)	6:47.278 (31.030)	
	7:17.951 (30.673)	7:48.504 (30.553)	8:20.316 (31.812)		
4	Cosson, Arthur	SR La Salle	8:21.91	2	5
	31.818 (31.818)	1:08.494 (36.676)	1:42.852 (34.358)	2:17.939 (35.087)	
	2:51.738 (33.799)	3:26.335 (34.597)	4:00.333 (33.998)	4:34.594 (34.261)	
	5:09.732 (35.138)	5:43.335 (33.603)	6:16.518 (33.183)	6:47.623 (31.105)	
	7:18.196 (30.573)	7:48.427 (30.231)	8:21.902 (33.475)		
5	Zucca, Steve	JR Fordham	8:22.53	2	4
	32.523 (32.523)	1:09.480 (36.957)	1:43.716 (34.236)	2:18.180 (34.464)	
	2:52.431 (34.251)	3:26.430 (33.999)	4:00.469 (34.039)	4:34.957 (34.488)	
	5:10.144 (35.187)	5:43.960 (33.816)	6:16.901 (32.941)	6:49.094 (32.193)	
	7:21.077 (31.983)	7:52.919 (31.842)	8:22.526 (29.607)		
6	Boutin, Nate	FR Loyola	8:23.36	2	3
	31.970 (31.970)	1:08.626 (36.656)	1:42.907 (34.281)	2:17.593 (34.686)	
	2:52.021 (34.428)	3:25.981 (33.960)	4:00.200 (34.219)	4:34.886 (34.686)	
	5:09.359 (34.473)	5:43.625 (34.266)	6:16.750 (33.125)	6:48.871 (32.121)	
	7:20.845 (31.974)	7:52.665 (31.820)	8:23.353 (30.688)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Men 3000 Meter Run**

7	Fleischer, Ben	SR Rhode Island	8:23.86	2	2
	32.322 (32.322)	1:08.569 (36.247)	1:43.139 (34.570)		2:17.576 (34.437)
	2:51.628 (34.052)	3:25.649 (34.021)	3:59.826 (34.177)		5:09.227 (1:09.401)
	5:09.854 (0.627)	5:43.005 (33.151)	6:16.667 (33.662)		6:49.177 (32.510)
	7:21.252 (32.075)	7:53.907 (32.655)	8:23.859 (29.952)		
8	Harrington, Fionn	JR Loyola	8:24.03	2	1
	32.138 (32.138)	1:09.034 (36.896)	1:42.876 (33.842)		2:17.537 (34.661)
	2:51.819 (34.282)	3:25.872 (34.053)	4:00.051 (34.179)		4:34.810 (34.759)
	5:09.978 (35.168)	5:44.220 (34.242)	6:17.257 (33.037)		6:49.539 (32.282)
	7:21.600 (32.061)	7:53.484 (31.884)	8:24.021 (30.537)		
9	Bond, Wesley	JR George Mason	8:24.99	2	
	31.947 (31.947)	1:08.870 (36.923)	1:42.690 (33.820)		2:17.365 (34.675)
	2:51.786 (34.421)	3:25.788 (34.002)	3:59.931 (34.143)		4:34.525 (34.594)
	5:09.424 (34.899)	5:43.882 (34.458)	6:16.851 (32.969)		6:49.677 (32.826)
	7:22.678 (33.001)	7:54.603 (31.925)	8:24.985 (30.382)		
10	Mulholland, Cael	FR Loyola	8:25.19	2	
	31.742 (31.742)	1:08.271 (36.529)	1:42.584 (34.313)		2:17.325 (34.741)
	2:51.678 (34.353)	3:25.642 (33.964)	3:59.814 (34.172)		4:34.438 (34.624)
	5:09.260 (34.822)	5:43.469 (34.209)	6:16.589 (33.120)		6:48.535 (31.946)
	7:21.317 (32.782)	7:54.011 (32.694)	8:25.183 (31.172)		
11	Ouellette, Liam	SO Umass Amherst	8:28.13	2	
	31.881 (31.881)	1:08.668 (36.787)	1:42.985 (34.317)		2:17.789 (34.804)
	2:52.292 (34.503)	3:26.221 (33.929)	4:00.503 (34.282)		4:34.710 (34.207)
	5:09.569 (34.859)	5:43.812 (34.243)	6:17.090 (33.278)		6:50.028 (32.938)
	7:22.919 (32.891)	7:55.977 (33.058)	8:28.122 (32.145)		
12	Ahmed, Firaol	SO Saint Louis	8:28.73	1	
	32.914 (32.914)	1:07.626 (34.712)	1:40.959 (33.333)		2:15.167 (34.208)
	2:48.927 (33.760)	3:23.162 (34.235)	3:58.407 (35.245)		4:33.843 (35.436)
	5:07.960 (34.117)	5:42.843 (34.883)	6:17.367 (34.524)		6:52.120 (34.753)
	7:25.693 (33.573)	7:58.273 (32.580)	8:28.727 (30.454)		
13	Love, Mason	SO George Mason	8:29.26	2	
	32.582 (32.582)	1:08.902 (36.320)	1:43.317 (34.415)		2:17.847 (34.530)
	2:51.959 (34.112)	3:26.028 (34.069)	4:00.132 (34.104)		4:34.953 (34.821)
	5:09.810 (34.857)	5:43.602 (33.792)	6:18.041 (34.439)		6:51.251 (33.210)
	7:24.113 (32.862)	7:55.646 (31.533)	8:29.256 (33.610)		
14	Glavin, Michael	FR St Josephs Pa	8:29.31	1	
	32.669 (32.669)	1:06.768 (34.099)	1:40.766 (33.998)		2:14.719 (33.953)
	2:48.939 (34.220)	3:23.624 (34.685)	3:58.998 (35.374)		4:34.196 (35.198)
	5:08.403 (34.207)	5:43.349 (34.946)	6:18.215 (34.866)		6:52.930 (34.715)
	7:26.551 (33.621)	7:58.522 (31.971)	8:29.305 (30.783)		
15	Butts, David	JR La Salle	8:29.89	2	
	32.100 (32.100)	1:09.088 (36.988)	1:43.159 (34.071)		2:17.704 (34.545)
	2:52.124 (34.420)	3:26.141 (34.017)	4:00.340 (34.199)		4:34.841 (34.501)
	5:09.606 (34.765)	5:43.937 (34.331)	6:17.335 (33.398)		6:50.292 (32.957)
	7:23.314 (33.022)	7:56.804 (33.490)	8:29.890 (33.086)		
16	Bogebjerg, Malthe	FR La Salle	8:30.61	1	
	32.801 (32.801)	1:07.023 (34.222)	1:41.014 (33.991)		2:14.367 (33.353)
	2:48.461 (34.094)	3:23.423 (34.962)	3:58.880 (35.457)		4:34.366 (35.486)
	5:08.146 (33.780)	5:43.205 (35.059)	6:17.806 (34.601)		6:52.081 (34.275)
	7:25.374 (33.293)	7:58.099 (32.725)	8:30.605 (32.506)		
17	Rodrigues, Loeden	JR Umass Amherst	8:31.52	2	
	32.663 (32.663)	1:09.274 (36.611)	1:43.746 (34.472)		2:18.329 (34.583)
	2:52.894 (34.565)	3:26.963 (34.069)	4:01.344 (34.381)		4:35.203 (33.859)
	5:10.441 (35.238)	5:44.683 (34.242)	6:18.964 (34.281)		6:53.133 (34.169)
	7:25.793 (32.660)	7:59.710 (33.917)	8:31.519 (31.809)		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Men 3000 Meter Run**

18 Forrest, Josh	JR St Josephs Pa	8:31.67	1		
32.980 (32.980)	1:07.226 (34.246)	1:41.183 (33.957)		2:14.916 (33.733)	
2:49.149 (34.233)	3:23.822 (34.673)	3:59.088 (35.266)		4:34.667 (35.579)	
5:08.523 (33.856)	5:43.452 (34.929)	6:17.697 (34.245)		6:52.977 (35.280)	
7:26.953 (33.976)	8:00.263 (33.310)	8:31.667 (31.404)			
19 DeRoussel, Alex	SO George Mason	8:32.17	1		
33.167 (33.167)	1:07.940 (34.773)	1:42.120 (34.180)		2:16.038 (33.918)	
2:49.642 (33.604)	3:24.248 (34.606)	3:59.256 (35.008)		4:34.572 (35.316)	
5:08.866 (34.294)	5:43.113 (34.247)	6:18.043 (34.930)		6:53.249 (35.206)	
7:27.308 (34.059)	8:00.540 (33.232)	8:32.168 (31.628)			
20 Courtwright, Zane	SR St Bonaventure	8:32.64	1		
32.162 (32.162)	1:05.975 (33.813)	1:39.902 (33.927)		2:13.878 (33.976)	
2:48.714 (34.836)	3:23.465 (34.751)	3:58.795 (35.330)		4:33.750 (34.955)	
5:08.190 (34.440)	5:42.711 (34.521)	6:17.668 (34.957)		6:53.263 (35.595)	
7:27.970 (34.707)	8:01.730 (33.760)	8:32.638 (30.908)			
21 Celinkal, Bora	SO Saint Louis	8:33.00	1		
32.490 (32.490)	1:06.443 (33.953)	1:40.313 (33.870)		2:14.112 (33.799)	
2:48.495 (34.383)	3:23.192 (34.697)	3:58.522 (35.330)		4:33.883 (35.361)	
5:07.648 (33.765)	5:43.011 (35.363)	6:17.558 (34.547)		6:52.505 (34.947)	
7:26.702 (34.197)	8:00.120 (33.418)	8:32.997 (32.877)			
22 Deckert, Noah	SR St Josephs Pa	8:34.00	2		
31.900 (31.900)	1:08.999 (37.099)	1:43.387 (34.388)		2:18.148 (34.761)	
2:52.251 (34.103)	3:26.605 (34.354)	4:00.675 (34.070)		4:35.299 (34.624)	
5:09.644 (34.345)	5:44.198 (34.554)	6:18.450 (34.252)		6:52.130 (33.680)	
7:26.343 (34.213)	8:00.838 (34.495)	8:33.991 (33.153)			
23 Blanco, George	JR Saint Louis	8:34.33	2		
32.028 (32.028)	1:08.730 (36.702)	1:43.094 (34.364)		2:18.031 (34.937)	
2:52.146 (34.115)	3:26.096 (33.950)	4:00.281 (34.185)		4:35.096 (34.815)	
5:09.677 (34.581)	5:44.037 (34.360)	6:18.088 (34.051)		6:52.886 (34.798)	
7:26.638 (33.752)	8:01.071 (34.433)	8:34.321 (33.250)			
24 Paolangeli, Nathan	SR La Salle	8:38.77	1		
32.863 (32.863)	1:07.391 (34.528)	1:41.386 (33.995)		2:15.292 (33.906)	
2:49.424 (34.132)	3:23.942 (34.518)	3:59.320 (35.378)		4:34.868 (35.548)	
5:09.060 (34.192)	5:43.767 (34.707)	6:18.828 (35.061)		6:53.476 (34.648)	
7:28.282 (34.806)	8:03.675 (35.393)	8:38.761 (35.086)			
25 Dawson, Cole	FR Vcu	8:39.17	1		
33.518 (33.518)	1:08.185 (34.667)	1:41.623 (33.438)		2:15.612 (33.989)	
2:49.796 (34.184)	3:24.703 (34.907)	3:59.615 (34.912)		4:35.122 (35.507)	
5:09.375 (34.253)	5:44.045 (34.670)	6:19.158 (35.113)		6:53.961 (34.803)	
7:29.014 (35.053)	8:04.416 (35.402)	8:39.169 (34.753)			
26 Norberg, Michael	JR Umass Amherst	8:40.16	2		
32.266 (32.266)	1:08.074 (35.808)	1:42.139 (34.065)		2:17.024 (34.885)	
2:51.348 (34.324)	3:25.377 (34.029)	3:59.547 (34.170)		4:34.167 (34.620)	
5:09.029 (34.862)	5:43.650 (34.621)	6:17.924 (34.274)		6:53.068 (35.144)	
7:28.450 (35.382)	8:04.141 (35.691)	8:40.155 (36.014)			
27 Schweizer, Tyler	SO Saint Louis	8:44.00	1		
32.396 (32.396)	1:05.488 (33.092)	1:39.496 (34.008)		2:12.983 (33.487)	
2:47.562 (34.579)	3:22.701 (35.139)	3:58.622 (35.921)		4:34.126 (35.504)	
5:08.165 (34.039)	5:42.957 (34.792)	6:17.947 (34.990)		6:52.835 (34.888)	
7:28.488 (35.653)	8:05.841 (37.353)	8:43.991 (38.150)			
28 Abdallah, Nahim	JR Vcu	8:46.44	1		
32.212 (32.212)	1:04.682 (32.470)	1:37.485 (32.803)		2:10.979 (33.494)	
2:45.342 (34.363)	3:20.514 (35.172)	3:56.444 (35.930)		4:32.233 (35.789)	
5:07.732 (35.499)	5:43.169 (35.437)	6:18.633 (35.464)		6:54.756 (36.123)	
7:32.693 (37.937)	8:10.587 (37.894)	8:46.432 (35.845)			

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**...Men 3000 Meter Run**

29 Weldon, Kyle	SR Vcu	8:48.14	1		
33.207 (33.207)	1:07.879 (34.672)	1:41.884 (34.005)	2:16.113 (34.229)		
2:49.983 (33.870)	3:24.455 (34.472)	3:59.481 (35.026)	4:34.989 (35.508)		
5:09.609 (34.620)	5:44.409 (34.800)	6:19.531 (35.122)	6:55.474 (35.943)		
7:32.416 (36.942)	8:09.818 (37.402)	8:48.138 (38.320)			
30 McCarthy, Willian	FR St Bonaventure	8:51.44	1		
33.832 (33.832)	1:08.971 (35.139)	1:43.859 (34.888)	2:19.511 (35.652)		
2:55.082 (35.571)	3:30.535 (35.453)	4:06.038 (35.503)	4:41.544 (35.506)		
5:17.015 (35.471)	5:52.498 (35.483)	6:28.136 (35.638)	7:03.856 (35.720)		
7:39.953 (36.097)	8:16.335 (36.382)	8:51.434 (35.099)			

**Men 5000 Meter Run**

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Facility: # 13:05.60 Emmanuel Bor, US Army  
 Meet: \$ 13:52.66 2008 Sean Quigley, LAS

Name	Year School	Finals	H#	Points
1 Guilhot, Francois	JR Loyola	14:05.46	2	10
33.095 (33.095)	1:07.132 (34.037)	1:40.270 (33.138)	2:15.307 (35.037)	
2:50.434 (35.127)	3:25.617 (35.183)	4:01.349 (35.732)	4:36.635 (35.286)	
5:10.940 (34.305)	5:43.798 (32.858)	6:16.611 (32.813)	6:49.861 (33.250)	
7:23.279 (33.418)	7:56.385 (33.106)	8:29.477 (33.092)	9:01.993 (32.516)	
9:35.206 (33.213)	10:08.739 (33.533)	10:42.134 (33.395)	11:15.705 (33.571)	
11:49.078 (33.373)	12:23.131 (34.053)	12:57.684 (34.553)	13:32.324 (34.640)	
14:05.455 (33.131)				
2 Love, Mason	SO George Mason	14:13.54	2	8
32.546 (32.546)	1:06.025 (33.479)	1:40.138 (34.113)	2:15.677 (35.539)	
2:51.101 (35.424)	3:26.377 (35.276)	4:01.708 (35.331)	4:37.470 (35.762)	
5:12.143 (34.673)	5:45.398 (33.255)	6:18.483 (33.085)	6:51.989 (33.506)	
7:25.384 (33.395)	7:59.739 (34.355)	8:34.244 (34.505)	9:08.777 (34.533)	
9:43.006 (34.229)	10:17.296 (34.290)	10:51.777 (34.481)	11:26.050 (34.273)	
12:00.428 (34.378)	12:35.706 (35.278)	13:09.974 (34.268)	13:43.655 (33.681)	
14:13.536 (29.881)				
3 Fleischer, Ben	SR Rhode Island	14:14.37	2	6
31.913 (31.913)	1:04.977 (33.064)	1:39.547 (34.570)	2:14.904 (35.357)	
2:50.136 (35.232)	3:25.870 (35.734)	4:01.816 (35.946)	4:37.036 (35.220)	
5:11.625 (34.589)	5:44.548 (32.923)	6:17.284 (32.736)	6:50.740 (33.456)	
7:23.610 (32.870)	7:56.724 (33.114)	8:29.891 (33.167)	9:03.381 (33.490)	
9:38.056 (34.675)	10:13.260 (35.204)	10:48.546 (35.286)	11:24.204 (35.658)	
12:00.044 (35.840)	12:36.009 (35.965)	13:10.494 (34.485)	13:44.279 (33.785)	
14:14.370 (30.091)				
4 Rodrigues, Loeden	JR Umass Amherst	14:20.88	2	5
32.132 (32.132)	1:05.502 (33.370)	1:39.678 (34.176)	2:14.958 (35.280)	
2:50.161 (35.203)	3:25.594 (35.433)	4:01.113 (35.519)	4:36.926 (35.813)	
5:11.937 (35.011)	5:45.564 (33.627)	6:18.913 (33.349)	6:52.416 (33.503)	
7:26.321 (33.905)	8:00.452 (34.131)	8:35.607 (35.155)	9:10.533 (34.926)	
9:46.163 (35.630)	10:21.956 (35.793)	10:57.033 (35.077)	11:32.929 (35.896)	
12:08.485 (35.556)	12:43.919 (35.434)	13:18.540 (34.621)	13:50.892 (32.352)	
14:20.876 (29.984)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Men 5000 Meter Run**

5 Bond, Wesley	JR George Mason	14:23.18	2	4
32.660 (32.660)	1:06.111 (33.451)	1:40.011 (33.900)	2:15.172 (35.161)	
2:50.693 (35.521)	3:25.930 (35.237)	4:02.273 (36.343)	4:37.238 (34.965)	
5:11.895 (34.657)	5:44.961 (33.066)	6:17.967 (33.006)	6:51.576 (33.609)	
7:25.249 (33.673)	7:59.681 (34.432)	8:34.282 (34.601)	9:09.060 (34.778)	
9:44.202 (35.142)	10:19.401 (35.199)	10:55.244 (35.843)	11:30.532 (35.288)	
12:06.269 (35.737)	12:42.224 (35.955)	13:17.452 (35.228)	13:51.610 (34.158)	
14:23.179 (31.569)				
6 Cosson, Arthur	SR La Salle	14:25.92	2	3
31.715 (31.715)	1:04.544 (32.829)	1:39.183 (34.639)	2:14.656 (35.473)	
2:49.811 (35.155)	3:25.275 (35.464)	4:01.257 (35.982)	4:36.877 (35.620)	
5:11.190 (34.313)	5:44.047 (32.857)	6:16.817 (32.770)	6:50.185 (33.368)	
7:23.995 (33.810)	7:58.515 (34.520)	8:33.913 (35.398)	9:09.010 (35.097)	
9:43.972 (34.962)	10:19.703 (35.731)	10:55.464 (35.761)	11:30.735 (35.271)	
12:06.454 (35.719)	12:42.113 (35.659)	13:17.829 (35.716)	13:51.638 (33.809)	
14:25.916 (34.278)				
7 Phillips, Jake	SO Loyola	14:27.37	2	2
32.244 (32.244)	1:06.835 (34.591)	1:40.591 (33.756)	2:15.713 (35.122)	
2:51.054 (35.341)	3:26.308 (35.254)	4:02.116 (35.808)	4:37.673 (35.557)	
5:12.623 (34.950)	5:46.535 (33.912)	6:19.858 (33.323)	6:52.815 (32.957)	
7:27.054 (34.239)	8:01.797 (34.743)	8:37.458 (35.661)	9:12.702 (35.244)	
9:47.975 (35.273)	10:23.448 (35.473)	10:59.041 (35.593)	11:34.597 (35.556)	
12:10.043 (35.446)	12:45.417 (35.374)	13:20.893 (35.476)	13:56.962 (36.069)	
14:27.370 (30.408)				
8 Carew, Robert	JR Umass Amherst	14:29.87	2	1
32.292 (32.292)	1:05.751 (33.459)	1:39.899 (34.148)	2:15.212 (35.313)	
2:50.587 (35.375)	3:25.930 (35.343)	4:01.605 (35.675)	4:37.188 (35.583)	
5:12.155 (34.967)	5:46.132 (33.977)	6:19.748 (33.616)	6:53.539 (33.791)	
7:28.077 (34.538)	8:02.402 (34.325)	8:37.256 (34.854)	9:12.459 (35.203)	
9:48.094 (35.635)	10:23.256 (35.162)	10:58.817 (35.561)	11:34.301 (35.484)	
12:09.791 (35.490)	12:44.982 (35.191)	13:21.202 (36.220)	13:55.715 (34.513)	
14:29.867 (34.152)				
9 Zucca, Steve	JR Fordham	14:33.04	2	
32.306 (32.306)	1:06.239 (33.933)	1:40.375 (34.136)	2:15.452 (35.077)	
2:50.805 (35.353)	3:26.148 (35.343)	4:01.901 (35.753)	4:37.440 (35.539)	
5:11.978 (34.538)	5:45.196 (33.218)	6:18.241 (33.045)	6:51.877 (33.636)	
7:25.754 (33.877)	8:00.601 (34.847)	8:35.342 (34.741)	9:10.565 (35.223)	
9:46.392 (35.827)	10:21.483 (35.091)	10:57.336 (35.853)	11:33.263 (35.927)	
12:09.521 (36.258)	12:45.980 (36.459)	13:22.819 (36.839)	13:59.736 (36.917)	
14:33.039 (33.303)				
10 Birnie, Finn	JR La Salle	14:35.95	1	
34.564 (34.564)	1:08.996 (34.432)	1:43.303 (34.307)	2:17.648 (34.345)	
2:51.937 (34.289)	3:26.484 (34.547)	4:01.378 (34.894)	4:35.704 (34.326)	
5:09.770 (34.066)	5:43.900 (34.130)	6:18.446 (34.546)	6:53.342 (34.896)	
7:28.305 (34.963)	8:03.202 (34.897)	8:38.469 (35.267)	9:13.421 (34.952)	
9:48.863 (35.442)	10:24.164 (35.301)	10:59.926 (35.762)	11:35.699 (35.773)	
12:12.177 (36.478)	12:48.901 (36.724)	13:25.201 (36.300)	14:01.082 (35.881)	
14:35.950 (34.868)				

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Men 5000 Meter Run**

11 Ahmed, Firaol	SO Saint Louis	14:39.90	2		
31.509 (31.509)	1:04.099 (32.590)	1:38.646 (34.547)		2:14.477 (35.831)	
2:49.977 (35.500)	3:25.490 (35.513)	4:01.639 (36.149)		4:37.349 (35.710)	
5:12.334 (34.985)	5:46.298 (33.964)	6:19.550 (33.252)		6:53.111 (33.561)	
7:27.519 (34.408)	8:02.088 (34.569)	8:37.223 (35.135)		9:13.100 (35.877)	
9:48.275 (35.175)	10:24.101 (35.826)	11:00.400 (36.299)		11:36.662 (36.262)	
12:14.111 (37.449)	12:52.061 (37.950)	13:29.363 (37.302)		14:05.598 (36.235)	
14:39.900 (34.302)					
12 Ouellette, Liam	SO Umass Amherst	14:45.33	2		
32.525 (32.525)	1:06.405 (33.880)	1:39.992 (33.587)		2:14.919 (34.927)	
2:50.457 (35.538)	3:25.351 (34.894)	4:01.005 (35.654)		4:36.661 (35.656)	
5:11.769 (35.108)	5:45.083 (33.314)	6:19.200 (34.117)		6:53.321 (34.121)	
7:28.017 (34.696)	8:02.847 (34.830)	8:38.204 (35.357)		9:14.033 (35.829)	
9:50.381 (36.348)	10:26.800 (36.419)	11:03.849 (37.049)		11:41.144 (37.295)	
12:18.456 (37.312)	12:55.792 (37.336)	13:32.828 (37.036)		14:09.842 (37.014)	
14:45.328 (35.486)					
13 Moulai, Nick	SR La Salle	14:50.09	1		
34.285 (34.285)	1:08.711 (34.426)	1:43.057 (34.346)		2:17.398 (34.341)	
2:51.867 (34.469)	3:26.696 (34.829)	4:01.629 (34.933)		4:35.929 (34.300)	
5:09.959 (34.030)	5:43.851 (33.892)	6:18.241 (34.390)		6:53.109 (34.868)	
7:28.049 (34.940)	8:02.995 (34.946)	8:38.676 (35.681)		9:14.057 (35.381)	
9:50.538 (36.481)	10:27.311 (36.773)	11:04.617 (37.306)		11:41.748 (37.131)	
12:19.352 (37.604)	12:57.369 (38.017)	13:35.508 (38.139)		14:13.233 (37.725)	
14:50.085 (36.852)					
14 Coffey, Matthew	SR St Josephs Pa	14:52.49	2		
32.749 (32.749)	1:06.301 (33.552)	1:39.787 (33.486)		2:14.687 (34.900)	
2:49.595 (34.908)	3:25.042 (35.447)	4:00.813 (35.771)		4:36.459 (35.646)	
5:11.452 (34.993)	5:44.706 (33.254)	6:17.572 (32.866)		6:51.165 (33.593)	
7:24.894 (33.729)	7:59.418 (34.524)	8:33.975 (34.557)		9:08.980 (35.005)	
9:45.092 (36.112)	10:21.441 (36.349)	10:58.731 (37.290)		11:37.147 (38.416)	
12:16.667 (39.520)	12:56.493 (39.826)	13:36.242 (39.749)		14:14.895 (38.653)	
14:52.481 (37.586)					
15 Lavey, Stephen	SR Loyola	14:58.71	2		
32.920 (32.920)	1:07.119 (34.199)	1:40.895 (33.776)		2:15.853 (34.958)	
2:51.415 (35.562)	3:26.692 (35.277)	4:02.539 (35.847)		4:38.014 (35.475)	
5:13.057 (35.043)	5:47.733 (34.676)	6:23.097 (35.364)		6:58.913 (35.816)	
7:35.380 (36.467)	8:11.843 (36.463)	8:48.538 (36.695)		9:25.194 (36.656)	
10:02.677 (37.483)	10:40.000 (37.323)	11:17.263 (37.263)		11:55.119 (37.856)	
12:33.072 (37.953)	13:10.676 (37.604)	13:48.783 (38.107)		14:24.324 (35.541)	
14:58.703 (34.379)					
16 Barrow, Jacob	FR Vcu	15:00.04	1		
35.124 (35.124)	1:09.547 (34.423)	1:43.823 (34.276)		2:18.217 (34.394)	
2:52.530 (34.313)	3:27.212 (34.682)	4:02.187 (34.975)		4:36.481 (34.294)	
5:10.484 (34.003)	5:45.185 (34.701)	6:20.954 (35.769)		6:58.381 (37.427)	
7:35.421 (37.040)	8:12.972 (37.551)	8:50.029 (37.057)		9:26.652 (36.623)	
10:03.885 (37.233)	10:41.565 (37.680)	11:19.364 (37.799)		11:57.854 (38.490)	
12:35.467 (37.613)	13:12.851 (37.384)	13:49.555 (36.704)		14:26.552 (36.997)	
15:00.038 (33.486)					

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****....Men 5000 Meter Run**

17 Celinkal, Bora	SO Saint Louis	15:02.28	2		
32.004 (32.004)	1:05.193 (33.189)	1:38.937 (33.744)	2:14.739 (35.802)		
2:50.197 (35.458)	3:25.705 (35.508)	4:01.915 (36.210)	4:37.606 (35.691)		
5:12.493 (34.887)	5:46.652 (34.159)	6:20.805 (34.153)	6:55.529 (34.724)		
7:31.601 (36.072)	8:07.787 (36.186)	8:44.697 (36.910)	9:21.459 (36.762)		
9:58.394 (36.935)	10:35.534 (37.140)	11:13.129 (37.595)	11:50.946 (37.817)		
12:29.246 (38.300)	13:07.761 (38.515)	13:45.780 (38.019)	14:23.922 (38.142)		
15:02.272 (38.350)					
18 DeRoussel, Alex	SO George Mason	15:08.22	1		
34.827 (34.827)	1:09.225 (34.398)	1:43.534 (34.309)	2:17.892 (34.358)		
2:52.143 (34.251)	3:26.949 (34.806)	4:01.880 (34.931)	4:36.201 (34.321)		
5:10.224 (34.023)	5:44.751 (34.527)	6:20.695 (35.944)	6:58.081 (37.386)		
7:35.680 (37.599)	8:13.286 (37.606)	8:50.359 (37.073)	9:27.648 (37.289)		
10:06.043 (38.395)	10:44.813 (38.770)	11:23.876 (39.063)	12:02.360 (38.484)		
12:40.971 (38.611)	13:19.005 (38.034)	13:56.935 (37.930)	14:33.602 (36.667)		
15:08.212 (34.610)					
19 Norberg, Michael	JR Umass Amherst	15:12.05	2		
31.383 (31.383)	1:03.810 (32.427)	1:38.217 (34.407)	2:13.670 (35.453)		
2:49.337 (35.667)	3:24.812 (35.475)	4:00.574 (35.762)	4:36.313 (35.739)		
5:11.716 (35.403)	5:46.499 (34.783)	6:21.929 (35.430)	6:58.091 (36.162)		
7:34.914 (36.823)	8:11.570 (36.656)	8:48.422 (36.852)	9:25.899 (37.477)		
10:03.920 (38.021)	10:42.472 (38.552)	11:20.921 (38.449)	11:59.650 (38.729)		
12:38.254 (38.604)	13:16.893 (38.639)	13:54.797 (37.904)	14:33.389 (38.592)		
15:12.049 (38.660)					
20 Boerger, Jack	FR Fordham	15:16.25	1		
35.479 (35.479)	1:10.252 (34.773)	1:44.648 (34.396)	2:19.133 (34.485)		
2:54.659 (35.526)	3:30.447 (35.788)	4:06.460 (36.013)	4:43.011 (36.551)		
5:19.757 (36.746)	5:57.083 (37.326)	6:34.470 (37.387)	7:12.515 (38.045)		
7:50.923 (38.408)	8:27.433 (36.510)	9:03.509 (36.076)	9:40.284 (36.775)		
10:17.691 (37.407)	10:55.166 (37.475)	11:33.151 (37.985)	12:11.276 (38.125)		
12:49.229 (37.953)	13:26.924 (37.695)	14:04.815 (37.891)	14:42.333 (37.518)		
15:16.241 (33.908)					
21 Jerome, Woody	SO Loyola	15:19.78	2		
32.679 (32.679)	1:06.805 (34.126)	1:40.772 (33.967)	2:15.584 (34.812)		
2:50.932 (35.348)	3:26.141 (35.209)	4:02.046 (35.905)	4:37.588 (35.542)		
5:12.514 (34.926)	5:47.048 (34.534)	6:21.084 (34.036)	6:56.459 (35.375)		
7:33.569 (37.110)	8:11.257 (37.688)	8:49.342 (38.085)	9:27.919 (38.577)		
10:05.915 (37.996)	10:43.662 (37.747)	11:23.335 (39.673)	12:02.765 (39.430)		
12:43.517 (40.752)	13:24.670 (41.153)	14:05.215 (40.545)	14:45.535 (40.320)		
15:19.778 (34.243)					
22 Abdallah, Nahim	JR Vcu	15:22.34	2		
32.755 (32.755)	1:06.574 (33.819)	1:40.582 (34.008)	2:15.881 (35.299)		
2:51.265 (35.384)	3:26.567 (35.302)	4:02.334 (35.767)	4:37.907 (35.573)		
5:13.136 (35.229)	5:48.133 (34.997)	6:24.455 (36.322)	7:02.005 (37.550)		
7:40.094 (38.089)	8:18.282 (38.188)	8:56.258 (37.976)	9:34.838 (38.580)		
10:13.482 (38.644)	10:52.092 (38.610)	11:30.556 (38.464)	12:09.752 (39.196)		
12:48.694 (38.942)	13:27.832 (39.138)	14:06.679 (38.847)	14:45.252 (38.573)		
15:22.336 (37.084)					

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**...Men 5000 Meter Run**

23 Baptiste, Dawson	JR St Josephs Pa	15:46.14	1		
35.245 (35.245)	1:10.064 (34.819)	1:44.381 (34.317)	2:18.897 (34.516)		
2:54.955 (36.058)	3:30.750 (35.795)	4:06.888 (36.138)	4:43.430 (36.542)		
5:20.460 (37.030)	5:58.251 (37.791)	6:35.698 (37.447)	7:13.468 (37.770)		
7:51.882 (38.414)	8:30.786 (38.904)	9:08.093 (37.307)	9:47.330 (39.237)		
10:26.900 (39.570)	11:06.538 (39.638)	11:46.758 (40.220)	12:27.653 (40.895)		
13:08.417 (40.764)	13:49.245 (40.828)	14:29.994 (40.749)	15:09.944 (39.950)		
15:46.137 (36.193)					
24 Jumper, Kevin	JR St Josephs Pa	15:51.23	1		
35.387 (35.387)	1:09.870 (34.483)	1:44.113 (34.243)	2:18.562 (34.449)		
2:53.936 (35.374)	3:30.222 (36.286)	4:06.231 (36.009)	4:42.765 (36.534)		
5:19.511 (36.746)	5:56.806 (37.295)	6:34.223 (37.417)	7:12.258 (38.035)		
7:50.749 (38.491)	8:29.522 (38.773)	9:08.694 (39.172)	9:48.660 (39.966)		
10:28.520 (39.860)	11:08.835 (40.315)	11:49.289 (40.454)	12:30.183 (40.894)		
13:11.069 (40.886)	13:51.653 (40.584)	14:31.654 (40.001)	15:11.667 (40.013)		
15:51.224 (39.557)					
-- Hernandez, Andres	SO La Salle	DNF	2		
31.806 (31.806)	1:04.740 (32.934)	1:39.414 (34.674)	2:14.845 (35.431)		
2:50.342 (35.497)	3:25.401 (35.059)	4:01.382 (35.981)	4:37.103 (35.721)		
5:11.358 (34.255)	5:44.295 (32.937)	6:17.050 (32.755)	6:50.522 (33.472)		

**Men 60 Meter Hurdles**

Facility: # 7.69 Dylan Beard, Unattached  
 Meet: \$ 7.77 2023 Jayden Smith, DAV

Name Year School Prelims H#

Preliminaries

1 Bynum, Isaac	JR Davidson	8.05Q	2	
2 Wilson, Marcus	JR Vcu	8.07Q	1	8.065
3 Schmidt Bilowith, Kai	JR Rhode Island	8.07q	2	8.064
4 Asare, Albert	SO George Mason	8.10q	1	
5 Perry, Nasir	JR Umass Amherst	8.13q	2	
6 Donahue, Devin	SR Rhode Island	8.20q	2	
7 Johnson, Dean	SR George Mason	8.46q	1	
8 Bryant, Ethan	SO Saint Louis	8.49q	1	
9 Pascoe, Alec	SO Umass Amherst	8.57	2	
10 Thomas, Trevor	SR Vcu	8.65	1	
11 Broiles, Winston	SO Vcu	8.98	1	
-- White, Christopher	SR Vcu	DQ	2	Rule 7.6-2d

**Men 60 Meter Hurdles**

Facility: # 7.69 Dylan Beard, Unattached  
 Meet: \$ 7.77 2023 Jayden Smith, DAV

Name Year School Finals Points

Finals

1 Bynum, Isaac	JR Davidson	8.13	10
2 Wilson, Marcus	JR Vcu	8.14	8
3 Schmidt Bilowith, Kai	JR Rhode Island	8.17	6
4 Asare, Albert	SO George Mason	8.21	5
5 Donahue, Devin	SR Rhode Island	8.29	4
6 Johnson, Dean	SR George Mason	8.40	3
7 Perry, Nasir	JR Umass Amherst	8.42	2



**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**....Men 60 Meter Hurdles**

8 Bryant, Ethan SO Saint Louis 8.47 1

**Men 4x400 Meter Relay**

Facility: # 3:09.63 Pitt St., Pitt St.

Meet: \$ 3:14.85 1998 Temple, Temple

School Finals H# Points

1	Vcu 'A'			3:13.52\$	2	10
	1) Okafor, Jude FR		2) Pratt, Kacey JR			
	3) Freeman, Lewis SR		4) Mathis, Chanan FR			
	49.505 (49.505)	1:37.939 (48.434)	2:25.965 (48.026)			3:13.519 (47.554)
2	Rhode Island 'A'			3:13.70\$	2	8
	1) Creeley, Liam JR		2) Kiviat, CJ SO			
	3) Ochs, Collin SR		4) Young, Jarrett JR			
	49.464 (49.464)	1:38.233 (48.769)	2:26.207 (47.974)			3:13.692 (47.485)
3	George Mason 'A'			3:15.38	2	6
	1) Meyer, Calvin FR		2) Carter, Isaiah SR			
	3) Brooks, Ryan JR		4) Flaker, Jarett SR			
	49.624 (49.624)	1:38.861 (49.237)	2:27.811 (48.950)			3:15.373 (47.562)
4	St Josephs Pa 'A'			3:15.54	2	5
	1) Noss, Luke SO		2) Carrubba, Jake JR			
	3) Henry, Ben SO		4) Cammauf, Darren SO			
	50.336 (50.336)	1:38.974 (48.638)	2:27.841 (48.867)			3:15.533 (47.692)
5	Umass Amherst 'A'			3:17.77	1	4
	1) Lewis, Winston FR		2) McKay, Sean SO			
	3) Harden, Michael SO		4) Gaskins, Godot SO			
	50.905 (50.905)	1:41.723 (50.818)	2:30.161 (48.438)			3:17.766 (47.605)
6	Fordham 'A'			3:19.41	1	3
	1) Strain, Dakota FR		2) Brown, Erik SR			
	3) Nurse, Matthew SO		4) Freeman, Sam FR			
	51.060 (51.060)	1:41.527 (50.467)	2:30.643 (49.116)			3:19.409 (48.766)
7	Saint Louis 'A'			3:20.67	1	2
	1) Peterson, Jace FR		2) Amstutz, Carson SO			
	3) Martin, Aidan JR		4) Stewart, Malik JR			
	51.752 (51.752)	1:41.057 (49.305)	2:31.210 (50.153)			3:20.665 (49.455)
8	Davidson 'A'			3:29.01	1	1
	1) Sanderson, Owen FR		2) Markos, Amit JR			
	3) Patry, Anderson FR		4) Breiter, Grahm JR			
	52.146 (52.146)	1:43.106 (50.960)	2:37.121 (54.015)			3:29.009 (51.888)

**Men 4x800 Meter Relay**

School Finals Points

1	George Mason 'A'			7:32.80		10
	1) Lombardo, Alex JR		2) Hymans, Caleb FR			
	3) Queen, Joseph SR		4) McClain, Paul JR			
	1:54.321 (1:54.321)	3:49.005 (1:54.684)	5:41.021 (1:52.016)			7:32.797 (1:51.776)
2	St Josephs Pa 'A'			7:33.60		8
	1) Phillips, Graham JR		2) Campbell, Gavin SR			
	3) Moelter, Owen SR		4) Greene, Jayden SR			
	1:54.709 (1:54.709)	3:49.219 (1:54.510)	5:41.668 (1:52.449)			7:33.600 (1:51.932)
3	Loyola 'A'			7:37.16		6

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**  
**Virginia Beach Sports Center**  
**Results**

**....Men 4x800 Meter Relay**

1) Arkesteyn, Cameron SR	2) Smit, Gabe JR					
3) Slaughter, Jack JR	4) Howell, James FR					
1:54.677 (1:54.677)	3:48.767 (1:54.090)	5:42.241 (1:53.474)	7:37.158 (1:54.917)			
4 Fordham 'A'		7:42.47	5			
1) Rinn, Trevor SO	2) Reidy, Sean FR					
3) Croke, Darren SO	4) Flood, Colin SR					
1:55.350 (1:55.350)	3:50.766 (1:55.416)	5:47.891 (1:57.125)	7:42.461 (1:54.570)			
5 Umass Amherst 'A'		7:43.85	4			
1) Grant, Shane JR	2) Kirn, Colin FR					
3) Calitri, Nicholas JR	4) Kenney, Will JR					
1:56.082 (1:56.082)	3:51.021 (1:54.939)	5:47.966 (1:56.945)	7:43.842 (1:55.876)			
6 Rhode Island 'A'		7:47.95	3			
1) Baker, Eli SO	2) Fleischer, Owen SO					
3) Melnick, Adam FR	4) Capalbo, Antonio SO					
2:00.428 (2:00.428)	3:57.110 (1:56.682)	5:53.303 (1:56.193)	7:47.947 (1:54.644)			
7 Davidson 'A'		7:48.45	2			
1) Harris, Ryan SO	2) Maurillo, Liam FR					
3) Griffith, Henry SR	4) Muldoon, Jack JR					
1:56.421 (1:56.421)	3:53.815 (1:57.394)	5:52.007 (1:58.192)	7:48.450 (1:56.443)			
8 Saint Louis 'A'		7:57.95	1			
1) McPhillips, Jack JR	2) Iwanowski, Lukasz SO					
3) Pifer, Jack JR	4) Girciz, Kyle FR					
1:56.612 (1:56.612)	3:56.378 (1:59.766)	5:55.767 (1:59.389)	7:57.950 (2:02.183)			

**Men Distance Medley**

=====						
Facility: # 9:42.81	Wingate, Wingate					
Meet: \$ 9:50.07 2023	Davidson, Davidson					
School		Finals	Points			
=====						
1 Loyola 'A'		9:51.70	10			
1) Smit, Gabe JR	2) Howell, James FR					
3) Abaitua, Miguel SR	4) Clayton, Jason JR					
3:02.878 (3:02.878)	3:53.094 (50.216)	5:47.132 (1:54.038)	9:51.696 (4:04.564)			
2 St Josephs Pa 'A'		9:54.91	8			
1) Rau, Will SO	2) Cammauf, Darren SO					
3) Campbell, Gavin SR	4) Deckert, Noah SR					
3:03.659 (3:03.659)	3:52.018 (48.359)	5:47.473 (1:55.455)	9:54.906 (4:07.433)			
3 Umass Amherst 'A'		9:55.39	6			
1) Catherwood, Collin FR	2) Matthews, Christopher SR					
3) Calitri, Nicholas JR	4) Kenney, Will JR					
3:04.382 (3:04.382)	3:55.526 (51.144)	5:51.817 (1:56.291)	9:55.388 (4:03.571)			
4 Fordham 'A'		9:59.07	5			
1) Sanchez, Rodolfo SO	2) Strain, Dakota FR					
3) Bezuneh, Nathaniel JR	4) Flood, Colin SR					
3:02.826 (3:02.826)	3:52.217 (49.391)	5:48.469 (1:56.252)	9:59.064 (4:10.595)			
5 Rhode Island 'A'		10:04.09	4			
1) Melnick, Adam FR	2) Morrison, Nick FR					
3) Kiviat, CJ SO	4) Capalbo, Antonio SO					
3:04.881 (3:04.881)	3:53.131 (48.250)	5:49.554 (1:56.423)	10:04.090 (4:14.536)			
6 Davidson 'A'		10:05.69	3			
1) Eheman, Kenny JR	2) Bynum, Isaac JR					
3) Harris, Ryan SO	4) Cooper, John FR					
3:03.860 (3:03.860)	3:53.809 (49.949)	5:50.343 (1:56.534)	10:05.690 (4:15.347)			
7 George Mason 'A'		10:11.48	2			

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**....Men Distance Medley**

1) Emmert, Nicholas SO	2) Walcott, Aidan SO
3) Hymans, Caleb FR	4) Stearns, Cameron SO
3:06.634 (3:06.634)	3:55.568 (48.934) 5:53.093 (1:57.525) 10:11.478 (4:18.385)
8 Saint Louis 'A'	10:21.60 1
1) Iwanowski, Lukasz SO	2) Amstutz, Carson SO
3) Stewart, Malik JR	4) Blanco, George JR
3:10.452 (3:10.452)	4:00.923 (50.471) 5:59.035 (1:58.112) 10:21.600 (4:22.565)
9 La Salle 'A'	10:28.45
1) Butts, David JR	2) Zanck, Gavin SO
3) Hazlett, Charlie SO	4) Ptack, James SO
3:09.617 (3:09.617)	4:02.594 (52.977) 6:03.627 (2:01.033) 10:28.447 (4:24.820)

**Men High Jump**

Facility: # 2.19m		Kamyren Garrett, IN	
Meet: \$ 2.17m 1996		Barry Cantrell, URI	
Name	Year School	Finals	Points
1 Santy, Matthew	SO Rhode Island	2.07m	6-09.50 10
1.79 1.84 1.89 1.92 1.95 1.98 2.01 2.04 2.07 2.10			
--- --- --- O O XO O XO O XXX			
2 Fehm, Patrick	SR St Josephs Pa	J2.07m	6-09.50 8
1.79 1.84 1.89 1.92 1.95 1.98 2.01 2.04 2.07 2.10			
--- --- --- --- O --- XXO XO XXX			
3 Smith, Terrian	JR George Mason	2.01m	6-07.00 6
1.79 1.84 1.89 1.92 1.95 1.98 2.01 2.04			
--- --- --- O O O XO XXX			
4 Walcott, Aidan	SO George Mason	J2.01m	6-07.00 5
1.79 1.84 1.89 1.92 1.95 1.98 2.01 2.04			
--- --- --- XO O XXO XO XXX			
5 Oglesby, Jaiden	FR Vcu	1.98m	6-06.00 4
1.79 1.84 1.89 1.92 1.95 1.98 2.01 2.04			
--- --- --- O --- O XX- X			
6 Santos, John	JR Rhode Island	J1.98m	6-06.00 3
1.79 1.84 1.89 1.92 1.95 1.98 2.01			
--- O O O XO XXX			
7 Kouadio, Jayden	JR Saint Louis	J1.98m	6-06.00 2
1.79 1.84 1.89 1.92 1.95 1.98 2.01			
--- --- XXO --- O XO XXX			
8 Shultz, Nathan	FR Rhode Island	1.95m	6-04.75 1
1.79 1.84 1.89 1.92 1.95 1.98			
O O XO O XXO XXX			
9 Mantena, Arun	SO George Mason	1.89m	6-02.25
1.79 1.84 1.89 1.92			
O O XXO XXX			
-- Tona, Ryan	JR Rhode Island	NH	
1.79 1.84			
--- XXX			

**Men Pole Vault**

Facility: # 5.51m		Vlad Malykhin, Harding	
Meet: \$ 5.20m 1993		Jeff Core, WVU	
Name	Year School	Finals	Points

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**....Men Pole Vault**

1	Bannerman, Walter	FR George Mason	4.90m	16-00.75	10
	3.95 4.10 4.25 4.40 4.50 4.60 4.70 4.80 4.90				
	--- --- --- O --- O --- XXO O				
2	Brubaker, Mason	JR Rhode Island	4.80m	15-09.00	8
	3.95 4.10 4.25 4.40 4.50 4.60 4.70 4.80 4.90				
	--- --- --- --- --- O --- XO XXX				
3	Ocetnik, Colton	SO George Mason	4.70m	15-05.00	6
	3.95 4.10 4.25 4.40 4.50 4.60 4.70 4.80				
	--- --- --- --- --- O O XXX				
4	Myers, Brody	JR George Mason	J4.70m	15-05.00	5
	3.95 4.10 4.25 4.40 4.50 4.60 4.70 4.80				
	--- --- --- --- XO O XO XXX				
5	Scouloukas, Damian	FR Rhode Island	4.60m	15-01.00	4
	3.95 4.10 4.25 4.40 4.50 4.60 4.70				
	--- --- O O XXO O XXX				
6	Waldhausen, Neil	SR Rhode Island	4.40m	14-05.25	3
	3.95 4.10 4.25 4.40 4.50				
	--- O O O XXX				
7	Scott, Nick	JR George Mason	J4.40m	14-05.25	2
	3.95 4.10 4.25 4.40 4.50				
	--- --- XXO O XXX				
8	Croke, Michael	SO Fordham	4.25m	13-11.25	1
	3.95 4.10 4.25 4.40				
	--- --- O XXX				
9	Desrosiers, Greg	SO Umass Amherst	4.10m	13-05.25	
	3.95 4.10 4.25				
	XXO XXO XXX				
--	Baker, James	JR Saint Louis	NH		
	3.95 4.10				
	--- XXX				

**Men Long Jump**

=====						
Facility:	# 8.03m	Henry Kiner, Pitt St.				
Meet:	\$ 7.46m 2022	Xavier Shirley, Mason				
Name	Year	School	Finals	Points		
=====						
1	Chalmers, Derek	JR Rhode Island	7.37m	24-02.25	10	
	7.37m FOUL 7.12m 6.86m FOUL					
2	Henriques-Setho, Israel	JR Rhode Island	7.31m	23-11.75	8	
	6.82m 6.84m FOUL 6.95m 7.09m 7.31m					
3	Mantena, Arun	SO George Mason	7.13m	23-04.75	6	
	6.75m 7.13m 6.98m 6.95m 5.26m 6.97m					
4	Fehm, Patrick	SR St Josephs Pa	7.11m	23-04.00	5	
	FOUL FOUL 7.11m FOUL					
5	Tona, Ryan	JR Rhode Island	7.10m	23-03.50	4	
	FOUL 7.10m 7.09m 6.46m 7.01m 6.96m					
6	Roberts, Geni	JR George Mason	6.95m	22-09.75	3	
	6.85m 6.90m 4.92m 6.82m 6.95m 6.70m					
7	Thomas, Trevor	SR Vcu	6.80m	22-03.75	2	
	5.03m 6.66m 6.77m 6.59m 6.42m 6.80m					
8	Galante, Eric	JR Fordham	6.79m	22-03.50	1	
	6.79m 6.09m FOUL FOUL FOUL FOUL					
9	Oglesby, Jaiden	FR Vcu	6.70m	21-11.75		
	6.69m 6.64m 6.70m FOUL 6.46m 6.50m					

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**...Men Long Jump**

10	Ennoo, Joachim	SO Umass Amherst	6.67m	21-10.75
	6.31m 6.63m 6.67m			
11	Shultz, Nathan	FR Rhode Island	6.66m	21-10.25
	FOUL FOUL 6.66m			
12	Campbell-Miller, Cameron	SO St Josephs Pa	6.52m	21-04.75
	6.46m 6.52m 6.24m			
13	Harden, Michael	SO Umass Amherst	J6.52m	21-04.75
	6.52m FOUL FOUL			
14	Adams, Donald	SR St Josephs Pa	6.50m	21-04.00
	FOUL 6.36m 6.50m			
15	Rhee, Justin	JR Fordham	6.24m	20-05.75
	5.96m 6.24m 5.94m			
16	Salt, John	SR St Josephs Pa	6.17m	20-03.00
	FOUL FOUL 6.17m			

**Men Triple Jump**

Facility: # 15.87m                      Treyvon Ferguson, Pitt. St.

Meet: \$ 15.83m 1993                      Tommie Campbell, URI

Name	Year	School	Finals	Points
1 Bruenderman, Evan	JR	Saint Louis	15.27m	50-01.25 10
	15.27m 15.15m 15.16m	14.92m FOUL 14.54m		
2 Roberts, Geni	JR	George Mason	14.93m	48-11.75 8
	14.19m 14.93m 14.61m	14.42m 14.46m 14.53m		
3 Joyner, Orion	SR	Rhode Island	14.76m	48-05.25 6
	FOUL 14.67m 14.27m	14.76m 14.34m 14.30m		
4 Coles, David	JR	Vcu	14.69m	48-02.50 5
	14.09m FOUL 14.35m	14.63m 14.54m 14.69m		
5 Kouadio, Jayden	JR	Saint Louis	14.63m	48-00.00 4
	FOUL 14.58m 14.63m	14.58m 14.00m 14.45m		
6 Henriques-Setho, Israel	JR	Rhode Island	14.52m	47-07.75 3
	14.52m 14.43m 14.40m	FOUL FOUL 14.49m		
7 Kargbo-Owens, Isaiah-Taj	FR	Vcu	14.42m	47-03.75 2
	14.31m FOUL 14.42m	FOUL 13.78m 14.05m		
8 Ennoo, Joachim	SO	Umass Amherst	14.39m	47-02.50 1
	14.39m 14.03m 13.68m	13.65m 14.08m 14.16m		
9 Lightbourne, Ryan	JR	George Mason	13.89m	45-07.00
	13.66m 13.23m FOUL	13.15m 13.22m 13.89m		
10 Rhee, Justin	JR	Fordham	13.23m	43-05.00
	13.23m 12.92m 11.45m			
-- Bowerman, Sam	SO	Saint Louis	FOUL	
	FOUL			

**Men Shot Put**

Facility: # 20.52m                      Roury McCloyen, MS

Meet: \$ 19.33m 2020                      Jaylen Simmons, Mason

Name	Year	School	Finals	Points
1 Tavarone, Christopher	JR	Rhode Island	16.98m	55-08.50 10
	16.78m 16.98m 16.66m	FOUL FOUL FOUL		
2 Puterbaugh, Theo	FR	Rhode Island	16.07m	52-08.75 8
	FOUL 16.07m FOUL	14.85m 15.43m FOUL		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**  
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**....Men Shot Put**

3	Casper, John	JR Vcu	15.85m	52-00.00	6
	15.85m FOUL 15.75m FOUL FOUL FOUL				
4	Duggan, Joseph	JR Umass Amherst	15.69m	51-05.75	5
	FOUL 15.69m 14.79m FOUL FOUL FOUL				
5	Stajos, Jack	JR Davidson	15.66m	51-04.50	4
	15.26m FOUL 14.31m 15.66m FOUL 15.35m				
6	Yaqubi, Arsalan	JR George Mason	15.41m	50-06.75	3
	14.15m 14.51m 14.74m 15.05m 15.41m FOUL				
7	Donahue, Devin	SR Rhode Island	15.05m	49-04.50	2
	14.63m 15.05m 14.37m 14.29m 13.88m PASS				
8	Turner, Diego	FR Vcu	15.02m	49-03.50	1
	14.78m 15.02m FOUL 14.79m FOUL 14.77m				
9	Hawk, Shinobu	FR Vcu	14.82m	48-07.50	
	13.71m 14.61m 14.82m 14.74m FOUL 14.49m				
10	McDermott, CJ	FR Rhode Island	14.64m	48-00.50	
	13.81m 14.53m 14.64m				
11	Kestyn, Robert	SR George Mason	14.36m	47-01.50	
	14.24m 14.36m FOUL				
12	Baker, William Michael	FR George Mason	13.72m	45-00.25	
	13.06m 13.72m 13.71m				
13	Ngo, Jack	FR Umass Amherst	13.17m	43-02.50	
	11.55m 12.26m 13.17m				
14	Ibbitson, Brennan	FR Umass Amherst	12.79m	41-11.50	
	12.79m FOUL FOUL				

**Men Weight Throw**

Facility: # 24.06m		Logan Coles, RI		
Meet: \$ 20.49m 2020		Will Schwartz, VCU		
Name	Year	School	Finals	Points
1	Casper, John	JR Vcu	21.76m\$	71-04.75 10
	19.32m 20.70m 19.66m 19.86m 20.39m 21.76m			
2	Yaqubi, Arsalan	JR George Mason	19.03m	62-05.25 8
	17.14m FOUL FOUL 17.58m 18.47m 19.03m			
3	Baez, Alexander	SO Rhode Island	18.28m	59-11.75 6
	17.84m FOUL 17.00m 18.28m FOUL 18.02m			
4	Kestyn, Robert	SR George Mason	16.70m	54-09.50 5
	15.66m FOUL 16.08m FOUL 16.35m 16.70m			
5	Field, Nathan	SO Rhode Island	16.46m	54-00.00 4
	14.88m 16.19m FOUL 15.81m 16.46m 16.14m			
6	Brooks, Devon	FR Vcu	15.47m	50-09.25 3
	15.47m 14.34m 14.02m 13.74m 13.71m 14.22m			
7	Fishler, Aaron	SO Umass Amherst	15.10m	49-06.50 2
	15.10m 14.77m FOUL FOUL 14.57m 13.97m			
8	Hawk, Shinobu	FR Vcu	14.39m	47-02.50 1
	FOUL 13.05m 14.39m 13.92m FOUL 13.36m			
9	Turner, Diego	FR Vcu	13.78m	45-02.50
	13.74m 13.78m 12.72m 13.47m FOUL 13.71m			
10	Puterbaugh, Theo	FR Rhode Island	13.32m	43-08.50
	13.32m FOUL FOUL			
11	Ngo, Jack	FR Umass Amherst	12.90m	42-04.00
	12.83m 12.41m 12.90m			

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Year School	Finals	H#	Points
1 Donahue, Devin	SR Rhode Island	7.09	2	851
2 Hassan, Abdurrazzaq	FR George Mason	7.10	2	847
3 Desrosiers, Greg	SO Umass Amherst	7.12	2	840
4 Tona, Ryan	JR Rhode Island	7.29	2	782
5 Scouloukas, Damian	FR Rhode Island	7.44	2	732
6 Ferrarelli, John	FR Umass Amherst	7.50	1	713
7 Baker, James	JR Saint Louis	7.55	2	697
8 Bryant, Ethan	SO Saint Louis	7.56	1	694
9 Wolinski, Elijah	FR Umass Amherst	7.64	1	668
10 Perenick, Alexander	FR Umass Amherst	7.77	1	628
11 Pomer, George	SO Fordham	8.20	1	503

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Year School	Finals	Points
1 Perenick, Alexander	FR Umass Amherst	2:45.40	814
29.826 (29.826)	1:02.316 (32.490)	1:37.294 (34.978)	2:12.208 (34.914)
2:45.398 (33.190)			
2 Baker, James	JR Saint Louis	2:45.84	810
29.015 (29.015)	1:01.969 (32.954)	1:36.799 (34.830)	2:11.501 (34.702)
2:45.836 (34.335)			
3 Bryant, Ethan	SO Saint Louis	2:53.69	727
31.531 (31.531)	1:06.095 (34.564)	1:42.961 (36.866)	2:20.557 (37.596)
2:53.684 (33.127)			
4 Tona, Ryan	JR Rhode Island	2:53.78	726
30.565 (30.565)	1:05.124 (34.559)	1:42.245 (37.121)	2:19.404 (37.159)
2:53.777 (34.373)			
5 Pomer, George	SO Fordham	2:55.15	713
30.177 (30.177)	1:03.447 (33.270)	1:41.979 (38.532)	2:20.027 (38.048)
2:55.142 (35.115)			
6 Wolinski, Elijah	FR Umass Amherst	2:55.56	708
31.226 (31.226)	1:05.781 (34.555)	1:42.944 (37.163)	2:21.060 (38.116)
2:55.554 (34.494)			
7 Donahue, Devin	SR Rhode Island	2:57.30	691
30.982 (30.982)	1:05.479 (34.497)	1:42.589 (37.110)	2:20.578 (37.989)
2:57.296 (36.718)			
8 Ferrarelli, John	FR Umass Amherst	3:02.28	642
28.768 (28.768)	1:02.358 (33.590)	1:40.828 (38.470)	2:20.196 (39.368)
3:02.277 (42.081)			
9 Scouloukas, Damian	FR Rhode Island	3:07.04	597
32.086 (32.086)	1:07.475 (35.389)	1:46.214 (38.739)	2:27.233 (41.019)
3:07.031 (39.798)			
10 Desrosiers, Greg	SO Umass Amherst	3:18.96	490
28.137 (28.137)	1:01.709 (33.572)	1:41.946 (40.237)	2:29.600 (47.654)
3:18.957 (49.357)			

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Year School	Finals	H#	Points
1 Donahue, Devin	SR Rhode Island	8.23	2	925
2 Bryant, Ethan	SO Saint Louis	8.43	2	877 8.424

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**...Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

3	Tona, Ryan	JR Rhode Island	8.43	2	877	8.425
4	Ferrarelli, John	FR Umass Amherst	8.64	3	827	
5	Desrosiers, Greg	SO Umass Amherst	8.78	1	795	
6	Wolinski, Elijah	FR Umass Amherst	8.79	3	793	
7	Baker, James	JR Saint Louis	8.84	3	781	
8	Scouloukas, Damian	FR Rhode Island	9.07	3	730	
9	Perenick, Alexander	FR Umass Amherst	9.15	1	713	
10	Pomer, George	SO Fordham	9.57	1	625	9.561
11	Hassan, Abdurrazzaq	FR George Mason	9.57	2	625	9.569

**Heptathlon: #4 Men High Jump Heptathlon**

Name	Year	School	Finals										Points						
1	Hassan, Abdurrazzaq	FR George Mason	1.91m	6-03.25	723														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
2	Tona, Ryan	JR Rhode Island	1.88m	6-02.00	696														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
3	Donahue, Devin	SR Rhode Island	1.82m	5-11.50	644														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85			
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
3	Baker, James	JR Saint Louis	1.82m	5-11.50	644														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85			
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
3	Pomer, George	SO Fordham	1.82m	5-11.50	644														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85			
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
6	Scouloukas, Damian	FR Rhode Island	1.79m	5-10.50	619														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82				
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
6	Wolinski, Elijah	FR Umass Amherst	1.79m	5-10.50	619														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82				
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
8	Perenick, Alexander	FR Umass Amherst	1.76m	5-09.25	593														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79					
			---	---	---	XO	O	O	O	XO	XXO	O	XXO	XXX					
9	Bryant, Ethan	SO Saint Louis	1.73m	5-08.00	569														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79					
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
10	Desrosiers, Greg	SO Umass Amherst	1.67m	5-05.75	520														
			1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70								
			---	---	---	---	---	O	XXO	O	XXX								
11	Ferrarelli, John	FR Umass Amherst	1.58m	5-02.25	449														
			1.46	1.49	1.52	1.55	1.58	1.61											
			---	---	O	XXO	XO	XXX											

**Heptathlon: #6 Men Pole Vault Heptathlon**

Name	Year	School	Finals										Points							
1	Baker, James	JR Saint Louis	4.55m	14-11.00	775															
			2.95	3.05	3.15	3.25	3.35	3.45	3.55	3.65	3.75	3.85	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65
			---	---	---	---	---	---	---	---	---	---	---	---	O	O	XXO	XO	O	XXX



**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**....Heptathlon: #6 Men Pole Vault Heptathlon**

1	Scouloukas, Damian	FR Rhode Island	4.55m	14-11.00	775
	2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65				
	---			0 0 0 XO XXX	
3	Tona, Ryan	JR Rhode Island	4.35m	14-03.25	716
	2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45				
	---			0 --- 0 XXO 0 0 XXX	
3	Donahue, Devin	SR Rhode Island	4.35m	14-03.25	716
	2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45				
	---			0 0 0 0 0 XXO XXO XXX	
5	Desrosiers, Greg	SO Umass Amherst	4.05m	13-03.50	631
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15				
	---			0 0 0 0 XXX	
6	Wolinski, Elijah	FR Umass Amherst	3.85m	12-07.50	576
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95				
	---			0 --- 0 XO 0 0 XXX	
7	Perenick, Alexander	FR Umass Amherst	3.45m	11-03.75	469
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55				
	---			0 0 0 XO XXO XXX	
8	Ferrarelli, John	FR Umass Amherst	3.35m	10-11.75	444
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45				
	---			0 XO XXO XXX	
9	Bryant, Ethan	SO Saint Louis	3.25m	10-08.00	418
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45				
	---			0 0 XO 0 0 XO XX R	
10	Pomer, George	SO Fordham	2.95m	9-08.00	345
	2.55 2.65 2.75 2.85 2.95 3.05				
	---			0 0 0 0 XXX	
--	Hassan, Abdurrazzaq	FR George Mason	NH		
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45				
	---			XX R	

**Heptathlon: #2 Men Long Jump Heptathlon**

Name	Year School	Finals	Points
1 Tona, Ryan	JR Rhode Island	6.83m 22-05.00	774
	6.58m 6.83m PASS		
2 Donahue, Devin	SR Rhode Island	6.57m 21-06.75	713
	6.43m 6.38m 6.57m		
3 Scouloukas, Damian	FR Rhode Island	6.39m 20-11.75	673
	FOUL 6.31m 6.39m		
4 Desrosiers, Greg	SO Umass Amherst	6.38m 20-11.25	670
	FOUL 6.38m 6.25m		
5 Bryant, Ethan	SO Saint Louis	6.25m 20-06.25	641
	6.14m 6.04m 6.25m		
6 Hassan, Abdurrazzaq	FR George Mason	6.22m 20-05.00	635
	4.23m 6.22m FOUL		
7 Wolinski, Elijah	FR Umass Amherst	6.20m 20-04.25	630
	6.12m FOUL 6.20m		
8 Baker, James	JR Saint Louis	6.09m 19-11.75	606
	6.08m 6.09m 5.88m		
9 Perenick, Alexander	FR Umass Amherst	5.48m 17-11.75	477
	5.48m 5.13m FOUL		
10 Ferrarelli, John	FR Umass Amherst	5.47m 17-11.50	475
	5.33m 5.47m PASS		

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024****Virginia Beach Sports Center****Results****...Heptathlon: #2 Men Long Jump Heptathlon**

11 Pomer, George	SO Fordham	5.45m	17-10.75	471
5.36m	5.45m	5.40m		

**Heptathlon: #3 Men Shot Put Heptathlon**

Name	Year	School	Finals	Points	
1 Donahue, Devin	SR	Rhode Island	14.76m	48-05.25	775
14.27m	14.36m	14.76m			
2 Tona, Ryan	JR	Rhode Island	12.68m	41-07.25	648
12.51m	12.68m	12.00m			
3 Desrosiers, Greg	SO	Umass Amherst	11.78m	38-07.75	593
11.78m	11.25m	11.78m			
4 Perenick, Alexander	FR	Umass Amherst	11.60m	38-00.75	582
10.32m	11.60m	FOUL			
5 Baker, James	JR	Saint Louis	10.06m	33-00.25	489
9.14m	9.25m	10.06m			
6 Ferrarelli, John	FR	Umass Amherst	9.96m	32-08.25	483
9.66m	9.96m	FOUL			
7 Scouloukas, Damian	FR	Rhode Island	9.90m	32-05.75	480
8.38m	9.90m	9.49m			
8 Wolinski, Elijah	FR	Umass Amherst	9.33m	30-07.50	445
9.09m	9.08m	9.33m			
9 Bryant, Ethan	SO	Saint Louis	9.31m	30-06.50	444
9.31m	9.16m	8.84m			
10 Pomer, George	SO	Fordham	8.52m	27-11.50	397
8.46m	8.52m	8.38m			
11 Hassan, Abdurrazzaq	FR	George Mason	8.37m	27-05.50	388
7.77m	8.37m	FOUL			

**Men Heptathlon**

Facility: # 5623	Jakob Tordsen
Meet: \$ 5770 2017	John Seals

Name	Year	School	Finals	H#	Points
1 Donahue, Devin	SR	Rhode Island	5315	10	
2 Tona, Ryan	JR	Rhode Island	5219	8	
3 Baker, James	JR	Saint Louis	4802	6	
4 Scouloukas, Damian	FR	Rhode Island	4606	5	
5 Desrosiers, Greg	SO	Umass Amherst	4539	4	
6 Wolinski, Elijah	FR	Umass Amherst	4439	3	
7 Bryant, Ethan	SO	Saint Louis	4370	2	
8 Perenick, Alexander	FR	Umass Amherst	4276	1	
9 Ferrarelli, John	FR	Umass Amherst	4033		
10 Pomer, George	SO	Fordham	3698		

**Women - Team Rankings - 20 Events Scored**

1) VCU	135	2) Richmond	100
3) George Mason	89	4) UMass Amherst	73
5) Duquesne	70	6) Dayton	66
7) Rhode Island	56	8) La Salle	48
9) Loyola	38	10) Saint Louis	34
11) Davidson	32	12) Fordham	15

**Atlantic 10 Indoor Championships - 2/23/2024 to 2/24/2024**

**Virginia Beach Sports Center**

**Results**

**....Men Heptathlon**

13) St Josephs Pa	14	14) George Washington	10
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 Men - Team Rankings - 20 Events Scored  
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1) Rhode Island	227	2) George Mason	142
3) VCU	92	4) Saint Louis	62
5) UMass Amherst	60	6) St Josephs Pa	57
7) Loyola	51	8) Fordham	34
9) Davidson	27	9) La Salle	27