

**VHSL Class 3 and Class 4 - 6/1/2024**  
**Outdoor State TF Championships**  
**Liberty University**  
**Results**

**Girls 100 Meter Dash Class 4**

Meet Records: 11.63 # 6/4/2022 Madison Whyte

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Emeryce Worrell	11 John Handley	12.20Q-1.3
2	Josie Rempe	12 Atlee	12.30Q-0.5
3	Jada Arrington	11 Millbrook	12.32Q-3.1
4	Tori Goodson	11 Atlee	12.33Q-0.8
5	Trinity Jones	11 Monacan High	12.62q -0.5
6	DaNae Lane	11 King George	12.64q -0.5
7	Maren Benyo	11 Jefferson Fo	12.73q -0.5
8	Yowome Ayim	11 Manor	12.73q -1.3
9	Jazmen Bright	10 Churchland	12.83 -0.5
10	Dyvine Brooks	10 Henrico	12.84 -1.3
11	Lilia Jones	11 Rock Ridge H	12.85 -3.1
12	Nyla Jones	11 Varina	12.85 -1.3
13	Marianna Hall	11 E.C. Glass	12.87 -0.8
14	Aniah Ross	12 Huguenot	12.88 -0.5
15	Destiny Jackson	10 Halifax Coun	12.92 -3.1
16	Lauren Castro	12 Courtland	12.92 -1.3
17	Renya Russell	11 E.C. Glass	12.94 -0.8
18	Shaniya Robinson	11 Salem (Roano	12.96 -3.1
19	Tamoy Douglas	9 Blacksburg H	12.99 -0.8
20	Kamani Ward	11 Manor	13.03 -1.3
21	Ivana Ayikwei	11 Heritage (Le	13.04 -1.3
22	Bria Reese	10 Churchland	13.05 -3.1
23	Grace Mimnaugh	12 Eastern View	13.06 -3.1
24	Tamirra Young	12 Eastern View	13.08 -3.1
25	Samaria Brandon	9 Halifax Coun	13.12 -0.8
26	Rylin Todd	10 King George	13.15 -0.5
27	Amber Glass	11 Loudoun Vall	13.17 -0.8
28	Deziray Bellinger	11 Gloucester H	13.20 -0.8
29	Camryn Ballard	9 Halifax Coun	13.23 -3.1
30	Syn-Nirah Young	12 Churchland	13.35 -0.5

**Girls 100 Meter Dash Class 4**

Meet Records: 11.63 # 6/4/2022 Madison Whyte

Name	Yr	School	Finals
<b>Finals</b>			
1	Emeryce Worrell	11 John Handley	11.86 10
2	Josie Rempe	12 Atlee	11.96 8
3	Jada Arrington	11 Millbrook	11.97 6
4	Tori Goodson	11 Atlee	12.06 5
5	Yowome Ayim	11 Manor	12.41 4
6	Trinity Jones	11 Monacan High	12.44 3
7	Maren Benyo	11 Jefferson Fo	12.52 2
8	DaNae Lane	11 King George	12.60 1

**Girls 200 Meter Dash Class 4**

Meet Records: 23.16 # 6/3/2023 Madison Whyte

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Emeryce Worrell	11 John Handley	24.87Q1.0
2	Josie Rempe	12 Atlee	25.24Q0.6

3	Jada Arrington	11 Millbrook	25.37Q-1.1
4	Micailah Cook	12 Henrico	25.05q 1.0
5	Jaelynn Joiner	11 Hanover	25.71q 0.6
6	Mia Littlejohn	12 Blacksburg H	25.72q -1.1
7	Marianna Hall	11 E.C. Glass	25.74q -1.1
8	Kionna Grubb	10 Blacksburg H	26.14q -1.1
9	Hannah McPherson	11 Hampton	26.15 0.6
10	Maren Benyo	11 Jefferson Fo	26.20 1.0
11	Alysa Carrigan	12 Tuscarora Hi	26.21 -1.1
12	Deziray Bellinger	11 Gloucester H	26.23 1.0
13	Lauren Castro	12 Courtland	26.36 0.6
14	Amber Glass	11 Loudoun Vall	26.46 0.6
15	Mirabella Garza	9 Blacksburg H	26.63 1.0
16	Tamoy Douglas	9 Blacksburg H	26.78 0.6
17	Lilia Jones	11 Rock Ridge H	27.57 0.6
18	Tamirra Young	12 Eastern View	27.99 -1.1

**Girls 200 Meter Dash Class 4**

Meet Records: 23.16 # 6/3/2023 Madison Whyte

Name	Yr	School	Finals
<b>Finals</b>			
1	Josie Rempe	12 Atlee	24.27 10
2	Emeryce Worrell	11 John Handley	24.41 8
3	Micailah Cook	12 Henrico	24.64 6
4	Jada Arrington	11 Millbrook	24.78 5
5	Marianna Hall	11 E.C. Glass	25.41 4
6	Mia Littlejohn	12 Blacksburg H	25.44 3
7	Jaelynn Joiner	11 Hanover	25.44 2
8	Kionna Grubb	10 Blacksburg H	25.81 1

**Girls 400 Meter Dash Class 4**

Meet Records: 53.79 # 6/3/2023 Madison Whyte

Name	Yr	School	Finals
<b>Finals</b>			
1	Micailah Cook	12 Henrico	56.28 10
2	Jada Arrington	11 Millbrook	57.18 8
3	Trinity Jones	11 Monacan High	57.33 6
4	Jaelynn Joiner	11 Hanover	58.62 5
5	Triniti Desince	9 Churchland	59.07 4
6	Madeline Sipe	12 Warhill	59.41 3
7	Grace Mimnaugh	12 Eastern View	59.91 2
8	Mirabella Garza	9 Blacksburg H	59.93 1
9	Tinyia Terrell	12 Caroline Hig	1:00.68
10	Adrienne Lwanga	9 Rock Ridge H	1:00.90
11	Jaydah Howell	11 Churchland	1:00.93
12	Ava Cassella	9 Loudoun Vall	1:01.01
13	Trinity Reed	9 Churchland	1:01.43
14	Lana Sakhel	11 John Champe	1:01.85
15	Wren Ackerman	11 Charlottesvi	1:02.20
16	Janai Washington	9 Millbrook	1:02.28
17	Nylah Orr	10 Heritage (Le	1:04.58
---	Callista Rash	10 King George	DQ

## VHSL Class 3 and Class 4 - 6/1/2024

## Outdoor State TF Championships

## Liberty University

## Results

## Girls 800 Meter Run Class 4

Meet Records: 2:11.48 # 6/2/2019 Grace Boone

Name	Yr	School	Finals
<b>Finals</b>			
1 Zoie Lamanna	12	Jefferson Fo	2:12.78 10
2 Elaina Pierce	10	Charlottesvi	2:16.14 8
3 Raini Mayo	12	Jamestown	2:17.86 6
4 Ella Peterson	12	Loudoun Vall	2:19.41 5
5 Iyndia Bey	12	Monacan High	2:19.93 4
6 Sophia Price	9	Heritage (Le	2:20.27 3
7 Paige Simpkins	12	Tuscarora Hi	2:20.58 2
8 Anna Ellison Downey	11	Heritage (Le	2:21.06 1
9 Liana Perez	10	Warhill	2:21.50
10 Tess Dickhans	10	Blacksburg H	2:21.50
11 Gracie Defibaugh	11	Sherando	2:23.55
12 Kayla Diggs	10	Warhill	2:23.65
13 Madeline Montgomery	11	Monacan High	2:26.57
14 Acadia Kincaid	10	Loudoun Vall	2:27.05
15 Danica Sale	12	Caroline Hig	2:27.74
16 Mya Baker	12	Gloucester H	2:27.93
17 Evie Lashey	12	Tuscarora Hi	2:30.00
18 Callista Rash	10	King George	2:30.38
19 Anna Hardiman	10	John Champe	2:34.27

## Girls 1600 Meter Run Class 4

Meet Records: 4:51.63 # 6/5/2022 Cassidy Scott

Meet Records: 5:01.31 # 6/4/2016 Libby Davidson

Name	Yr	School	Finals
<b>Finals</b>			
1 Elaina Pierce	10	Charlottesvi	4:49.12# 10
2 Ellie Agustin	11	Hanover	4:58.36# 8
3 Kylie Brooks	12	Jamestown	5:02.28 6
4 Ella Peterson	12	Loudoun Vall	5:05.51 5
5 Cameron Lee	12	Blacksburg H	5:07.89 4
6 Allie McDonald	12	Blacksburg H	5:12.59 3
7 Anna Ellison Downey	11	Heritage (Le	5:13.13 2
8 Madeline Montgomery	11	Monacan High	5:13.88 1
9 Fallon Fetterolf	9	Loudoun Coun	5:13.92
10 Mary Raterman	12	Broad Run	5:15.28
11 Noelle Cates	9	Loudoun Vall	5:24.96
12 Kate Konyar	10	James Wood H	5:25.51
13 Allison Nelson	11	Spotsylvania	5:25.97
14 Carissa Ambrose	9	Atlee	5:27.28
15 Eryn Lackey	12	Loudoun Vall	5:30.23
16 Emily Dahl	10	Jamestown	5:30.53
17 Claire Bauer	12	Jamestown	5:30.58
18 Harper Bartlett	9	Loudoun Vall	5:31.30
19 Amelia Waggoner	10	Atlee	5:33.11
20 Hannah Howard	11	Warhill	5:35.73
21 Gracie Defibaugh	11	Sherando	5:40.95

## Girls 3200 Meter Run Class 4

Meet Records: 10:09.70 # 6/4/2016 Weini Kelati

Meet Records: 10:09.70 # 6/4/2016 Weini Kelati

Name	Yr	School	Finals
<b>Finals</b>			
1 Zoie Lamanna	12	Jefferson Fo	10:15.70 10
2 Kylie Brooks	12	Jamestown	10:36.91 8
3 Fallon Fetterolf	9	Loudoun Coun	11:08.05 6
4 Kate Konyar	10	James Wood H	11:18.87 5
5 Emily Dahl	10	Jamestown	11:24.69 4
6 Claire Bauer	12	Jamestown	11:25.22 3
7 Noelle Cates	9	Loudoun Vall	11:31.23 2
8 Eryn Lackey	12	Loudoun Vall	11:33.53 1
9 Aamina Poonawala	9	Broad Run	11:40.94
10 Eliza Conaway	9	Blacksburg H	11:41.70
11 Carissa Ambrose	9	Atlee	11:42.34
12 Alina Kieffer	10	James Wood H	11:45.15
13 Harper Bartlett	9	Loudoun Vall	11:47.75
14 Mya Baker	12	Gloucester H	11:48.16
15 Addison Crow	11	Atlee	11:55.19
16 Ava Wilson	11	Tuscarora Hi	11:58.63
17 Antoinette Haines	10	Jamestown	12:21.94
18 Ruby Griggs	11	Blacksburg H	12:31.81
19 Hannah Neff	12	Warhill	13:02.56

## Girls 100 Meter Hurdles Class 4

Meet Records: 14.20 # 6/6/2015 Brandee' Johnson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Tori Goodson	11	Atlee	14.41Q0.7
2 Savannah Hunter	11	Manor	14.84Q-0.3
3 Leah Moye	12	Smithfield	14.93Q-1.3
4 Kionna Grubb	10	Blacksburg H	15.17q 0.7
5 Mia Littlejohn	12	Blacksburg H	15.26q -1.3
6 Josie Marshall	10	Blacksburg H	15.33q -0.3
7 June Hobaugh	12	Monacan High	15.34q -1.3
8 Makaylah Dandrade	10	Monacan High	15.34q -0.3
9 Tori Lewis	12	Monacan High	15.47 -1.3
10 Stella Blum	12	Tuscarora Hi	15.77 0.7
11 Jasmine Greenidge	12	Monacan High	16.17 0.7
12 Nyomi Rhodes	12	Warhill	16.26 0.7
13 Clarice Hartman	12	Loudoun Vall	16.56 -1.3
14 Isabelle French	10	James Wood H	16.69 -0.3
15 Jada Jones	9	John Champe	16.83 -1.3
16 Yowome Ayim	11	Manor	17.20 -0.3
17 Anna Helstrom	12	Park View (S	17.78 -0.3

## Girls 100 Meter Hurdles Class 4

Meet Records: 14.20 # 6/6/2015 Brandee' Johnson

Name	Yr	School	Finals
<b>Finals</b>			
1 Tori Goodson	11	Atlee	14.07# 10
2 Savannah Hunter	11	Manor	14.50 8
3 Mia Littlejohn	12	Blacksburg H	14.51 6

**VHSL Class 3 and Class 4 - 6/1/2024**  
**Outdoor State TF Championships**  
**Liberty University**  
**Results**

**Finals ... (Girls 100 Meter Hurdles Class 4)**

Name	Yr	School	Finals
4 June Hobaugh	12	Monacan High	14.95 5
5 Makaylah Dandrade	10	Monacan High	15.01 4
6 Josie Marshall	10	Blacksburg H	15.19 3
7 Leah Moye	12	Smithfield	15.20 2
8 Kionna Grubb	10	Blacksburg H	15.63 1

**Girls 300 Meter Hurdles Class 4**

**Meet Records: 41.71 # 6/6/2015 Brandee' Johnson**

Name	Yr	School	Finals
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**Finals**

1 Kionna Grubb	10	Blacksburg H	42.91 10
2 Josie Remppe	12	Atlee	42.91 8
3 Mia Littlejohn	12	Blacksburg H	43.73 6
4 Yowome Ayim	11	Manor	44.35 5
5 Tori Lewis	12	Monacan High	44.36 4
6 June Hobaugh	12	Monacan High	44.38 3
7 Nyomi Rhodes	12	Warhill	45.87 2
8 Savannah Hunter	11	Manor	45.89 1
9 Josie Marshall	10	Blacksburg H	46.85
10 Leah Moye	12	Smithfield	46.99
11 Dyvine Brooks	10	Henrico	47.01
12 Rose O'Shea	12	Charlottesvi	47.19
13 Kayla Veney	10	Caroline Hig	48.03
14 Jasmine Greenidge	12	Monacan High	48.15
15 Mercedes Silver	10	Sherando	48.15
16 Ivana Ayikwei	11	Heritage (Le	48.61
17 Brienza Marraccini	11	Woodgrove	48.79
18 Stella Blum	12	Tuscarora Hi	49.03
19 Tori Goodson	11	Atlee	49.06
20 Anna Helstrom	12	Park View (S	49.45
21 Julia Hull	11	E.C. Glass	50.42

**Girls 4x100 Meter Relay Class 4**

**Meet Records: 46.93 # 6/5/2022 Kings Fork**

**D Ward, T Spruill, C Johnson, A Powell**

**Meet Records: 48.30 # 6/4/2016 Churchland**

**Q Reed, D Parker-Love, S Elliott, S Wesby**

Team	Relay	Finals
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**Finals**

1 Churchland	A	49.09 10
1) Jazmen Bright 10	2) Bria Reese 10	
3) Jaydah Howell 11	4) Trinita Desince 9	
2 Halifax County	A	49.73 8
1) Camryn Ballard 9	2) Destiny Jackson 10	
3) Hanna Sutphin 11	4) Samaria Brandon 9	
3 Huguenot	A	49.77 6
1) J'Miaya Muse 12	2) Aniah Ross 12	
3) Ama Cousins 11	4) Kanaan Banks 10	
4 Manor	A	49.82 5
1) Jazzryia Armstrong 9	2) Kamani Ward 11	
3) Kayla Johnson 11	4) Saniyah Pegues 11	

5 King George	A	49.82 4
1) Rylin Todd 10	2) Ava Peters 10	
3) Lauren Reynolds 11	4) DaNae Lane 11	
6 Blacksburg H	A	50.02 3
1) Tamoy Douglas 9	2) Mirra Bowman 11	
3) Cate Catterson 9	4) Tatianna Gibson 9	
7 Monacan High School	A	50.12 2
1) June Hobaugh 12	2) Taylor Samuels 12	
3) Jasmine Greenidge 12	4) Makaylah Dandrade 10	
8 E.C. Glass	A	50.15 1
1) Traniya Stewart 10	2) Renya Russell 11	
3) Julia Hull 11	4) Marianna Hall 11	
9 Rock Ridge H	A	50.30
1) Zoe Fyne-Okorie 10	2) Adrienne Lwanga 9	
3) Micah Younger 11	4) Lilia Jones 11	
10 Hampton	A	50.41
1) Hannah McPherson 11	2) Chri'shiya Rogers 10	
3) Alexis Dilliard 12	4) Brielle Sidebottom 10	
11 Charlottesville	A	50.63
1) Aniyah Pearson-Bobbitt 10	2) Nulia Obiorah 11	
3) Sahana Gupta 12	4) Rose O'Shea 12	
12 Loudoun Valley	A	50.73
1) Ava Cassella 9	2) Amber Glass 11	
3) Alyssa Tribino 10	4) Clarice Hartman 12	
13 Caroline High School	A	50.75
1) Kayla Veney 10	2) Kennedy Jones 10	
3) Alysha Coleman 11	4) Tinyia Terrell 12	
14 Heritage (Leesburg)	A	50.88
1) Cacey Campbell 10	2) Sabrina Toumi 10	
3) Kendall Cross 11	4) Ivana Ayikwei 11	
15 Jefferson Forest	A	51.04
1) Madisyn Zegarelli 10	2) Maren Benyo 11	
3) Makaylah Hamlett 9	4) Kimora Smith 9	
16 Phoebus	A	51.40
1) Forâ€™tia Lamotte 9	2) V'Nya Strachon 12	
3) Alaysia Thomas 11	4) Danniell Johnson 12	
17 Varina	A	53.16
1) Nyla Jones 11	2) Breuna Bullock 11	
3) Toyre McGeorge 9	4) Jalyynn Seward 9	
18 Atlee	A	53.89
1) Blake Crawford 9	2) Kori Weimer 10	
3) Eliza Racer 10	4) Amelia Sobotka 9	
19 Tuscarora Hi	A	53.93
1) Marian Flores 11	2) Ruthie Dickersheid 12	
3) Claire Gibson 12	4) Veronica Barney 12	
20 Courtland	A	55.08
1) Janaya Raynor 10	2) Sophia Gonzalez 10	
3) Kennedy Pendleton 11	4) Brianna Dunston 10	
--- Salem (Roanoke)	A	DQ
1) Isabella Bruno-Gaston 10	2) Erin Armistead 11	
3) Annae Lingenfelter 11	4) Shaniya Robinson 11	

**VHSL Class 3 and Class 4 - 6/1/2024**  
**Outdoor State TF Championships**  
**Liberty University**  
**Results**

**Girls 4x400 Meter Relay Class 4**

**Meet Records: 3:53.50 # 6/7/2014 Nansemond River High School**

**K Howard, C James, M McClain, K Lyles**

Team	Relay	Finals
<b>Finals</b>		
1 Monacan High School	A	3:57.38 10
1) Tori Lewis 12	2) Taylor Samuels 12	
3) Iyndia Bey 12	4) Trinity Jones 11	
2 Churchland	A	3:57.53 8
1) Daynah Harrell 11	2) Triniti Desince 9	
3) Trinity Reed 9	4) Jaydah Howell 11	
3 Blacksburg H	A	3:58.64 6
1) Mirra Bowman 11	2) Tess Dickhans 10	
3) Cameron Lee 12	4) Allie McDonald 12	
4 Courtland	A	4:04.42 5
1) Lauren Castro 12	2) Brianna Dunston 10	
3) Sophia Gonzalez 10	4) Janaya Raynor 10	
5 Warhill	A	4:04.89 4
1) Nyomi Rhodes 12	2) Liana Perez 10	
3) Kayla Diggs 10	4) Madeline Sipe 12	
6 Henrico	A	4:05.39 3
1) Tinae Jackson 9	2) Dyvine Brooks 10	
3) McKenzie Wiggans 12	4) Micailah Cook 12	
7 Tuscarora Hi	A	4:05.42 2
1) Evie Lashey 12	2) Stella Blum 12	
3) Paige Simpkins 12	4) Alysa Carrigan 12	
8 Charlottesville	A	4:05.42 1
1) Rose O'Shea 12	2) Wren Ackerman 11	
3) Quinn Connaughton 11	4) Elaina Pierce 10	
9 Hampton	A	4:08.83
1) Alexis Dilliard 12	2) Brielle Sidebottom 10	
3) Chri'shiya Rogers 10	4) Hannah McPherson 11	
10 Hanover	A	4:10.57
1) Lilly Zygloucke 9	2) Ellie Caldas 9	
3) Eliza Sanders 11	4) Jaelynn Joiner 11	
11 Caroline High School	A	4:10.92
1) Ariya Bolden 11	2) Alysha Coleman 11	
3) Danica Sale 12	4) Tinyia Terrell 12	
12 Jamestown	A	4:12.46
1) Raini Mayo 12	2) Kathleen Kellogg 9	
3) Samantha Andresky 9	4) Braelyn Hollenbeck 12	
13 Loudoun Valley	A	4:14.61
1) Teagan Sisk 10	2) Acadia Kincaid 10	
3) Zoey Nicodemus 11	4) Ava Cassella 9	
14 E.C. Glass	A	4:15.53
1) Julia Hull 11	2) Heaven Harrington 10	
3) Lauren Polley 12	4) Renya Russell 11	
15 Manor	A	4:15.88
1) Savannah Hunter 11	2) Jalesa Edwards 11	
3) Ieshia Crawford 10	4) Kamani Ward 11	
16 James Wood H	A	4:16.07
1) Mallory Juvinal 10	2) Katelyn Palmer 10	
3) Isabelle French 10	4) Megan Vreeland 12	

17 Millbrook	A	4:17.31
1) Janai Washington 9	2) Caydence Bayne 10	
3) Emma Gressley 12	4) Savannah Florek 11	
18 Heritage (Leesburg)	A	4:19.31
1) Taegan Wilczynski 11	2) Olivia Brown 10	
3) Stella King 9	4) Sophia Price 9	
19 Woodgrove	A	4:20.87
1) Adriana Miranda 11	2) Brienza Marraccini 11	
3) Bella Jones 11	4) Brinnay Nickola 11	

**Girls 4x800 Meter Relay Class 4**

**Meet Records: 9:14.13 # 6/3/2016 E.C. Glass**

**H Carrington, K DeCarmo, L Davidson, M Rennyson**

**Meet Records: 9:14.13 # 6/3/2016 E.C. Glass**

**H Carrington, K DeCarmo, L Davidson, M Rennyson**

Team	Relay	Finals
<b>Finals</b>		
1 Jamestown	A	9:26.58 10
1) Raini Mayo 12	2) Claire Bauer 12	
3) Emily Dahl 10	4) Kylie Brooks 12	
2 Blacksburg H	A	9:31.68 8
1) Cameron Lee 12	2) Allie McDonald 12	
3) Penny Griggs 9	4) Tess Dickhans 10	
3 Loudoun Valley	A	9:38.31 6
1) Acadia Kincaid 10	2) Noelle Cates 9	
3) Eryn Lackey 12	4) Ella Peterson 12	
4 Warhill	A	9:40.70 5
1) Kayla Diggs 10	2) Madeline Sipe 12	
3) Hannah Howard 11	4) Liana Perez 10	
5 Monacan High School	A	9:45.66 4
1) Iyndia Bey 12	2) Erin Defazio 9	
3) Audrey Shepley 11	4) Madeline Montgomery 11	
6 Tuscarora Hi	A	9:47.17 3
1) Audrey Yemo 10	2) Evie Lashey 12	
3) Katherine Sillman 11	4) Paige Simpkins 12	
7 Heritage (Leesburg)	A	9:49.54 2
1) Sophia Price 9	2) Taegan Wilczynski 11	
3) Olivia Brown 10	4) Anna Ellison Downey 11	
8 Hanover	A	9:51.55 1
1) Hannah Clarke 12	2) Elizabeth Coleman 11	
3) Adelynn Carpenter 12	4) Ellie Agustin 11	
9 Atlee	A	9:52.94
1) Carissa Ambrose 9	2) Amelia Waggoner 10	
3) Teagan Gilhooly 10	4) Sarah Bland 12	
10 Loudoun County	A	9:54.32
1) Esther Paul 11	2) Kalie Brown 10	
3) Margot O'Brien 12	4) Fallon Fetterolf 9	
11 James Wood H	A	10:05.54
1) Lauren Thompson 10	2) Katelyn Palmer 10	
3) Ally Oliver 9	4) Ruby Ostrander 11	
12 Broad Run	A	10:08.06
1) Sarah Colquitt 10	2) Aamina Poonawala 9	
3) Lydia Wallace 11	4) Mary Raterman 12	

VHSL Class 3 and Class 4 - 6/1/2024

Outdoor State TF Championships

Liberty University

Results

Finals ... (Girls 4x800 Meter Relay Class 4)

Team	Relay	Finals
13 Charlottesville	A	10:14.85
1) Wren Ackerman 11	2) Ramsey Edwards 10	
3) Sofie Yoder 10	4) Quinn Connaughton 11	
14 Gloucester H	A	10:21.06
1) Mya Baker 12	2) Avalynn Hutton 10	
3) Mary VanFossen 11	4) Kayla Turner 11	
15 Mechanicsvil	A	10:23.15
1) Camille Williams 9	2) Carys Khan 10	
3) Sara Hale 11	4) Andie Darko 12	
16 Woodgrove	A	10:25.60
1) Adriana Miranda 11	2) Ariya Shah 11	
3) Ella Woodley 9	4) Bella Jones 11	
17 Millbrook	A	10:26.69
1) Savannah Florek 11	2) Caydence Bayne 10	
3) Addison Stover 9	4) Emma Gressley 12	
18 Churchland	A	11:15.86
1) Grace Wray 10	2) Jaza Walls 11	
3) Kaela Walley 10	4) Hailey Stewart 9	

Girls High Jump Class 4

Meet Records: 5-08.25 # 6/3/2023 Alysa Carrigan

Meet Records: 5-06 # 6/2/2018 Taylor Beard

Name	Yr	School	Finals
<b>Finals</b>			
1 Alysa Carrigan	12	Tuscarora Hi	5-08.50# 10
2 Mia Littlejohn	12	Blacksburg H	5-04.00 8
3 Maggie Mills	10	Loudoun Vall	5-02.00 6
4 Janai Washington	9	Millbrook	5-00.00 5
5 Julia Hull	11	E.C. Glass	J5-00.00 4
6 Mercedes Silver	10	Sherando	J5-00.00 3
7 Josie Rempe	12	Atlee	4-10.00 1.5
7 Elisabeth Pitcock	9	John Handley	4-10.00 1.5
9 V'Nya Strachon	12	Phoebus	J4-10.00
10 Sahmera Green	10	Warhill	J4-10.00
10 Acadia Kincaid	10	Loudoun Vall	J4-10.00
--- Allison Sommer	10	Hanover	NH
--- Lilly Zyglocke	9	Hanover	NH
--- Ma'Riyah Williams	9	Churchland	NH
--- Ellen Gulden	12	Warhill	NH
--- Clarice Hartman	12	Loudoun Vall	NH
--- Amber Glass	11	Loudoun Vall	NH
--- Neema Shabani	10	Warhill	NH
--- Grace Mimnaugh	12	Eastern View	NH

Girls Pole Vault Class 4

Meet Records: 12-06 # 6/3/2017 Autumn White

Meet Records: 12-06 # 6/2/2019 Gracie Jauch

Name	Yr	School	Finals
<b>Finals</b>			
1 Layla Boyle	10	Blacksburg H	10-00.00 10
2 Erianna Mendieta	11	Warhill	9-06.00 8
3 Kaelynn Smith	11	Amherst Coun	J9-06.00 6
4 Leilani Spruill	12	Manor	J9-06.00 5

5 Kaylei Zambos	12	Atlee	9-00.00 4
6 Brianna Chapman	11	Amherst Coun	J9-00.00 3
7 Mirabella Hunter	12	Jamestown	J9-00.00 2
8 Alex Brown	9	Atlee	8-06.00 1
--- Eva Wylie	9	Charlottesvi	NH
--- Zoey Artis	12	Atlee	NH
--- Madeline Gray	10	Warhill	NH
--- Emily Loucks	9	Jefferson Fo	NH
--- Ayn Fenderson	11	Atlee	NH

Girls Long Jump Class 4

Meet Records: 19-00 # 6/7/2014 Micah Hanks

Name	Yr	School	Finals
<b>Finals</b>			
1 Josie Rempe	12	Atlee	19-01.50# 10
2 Alysa Carrigan	12	Tuscarora Hi	18-08.50 8
3 Jaelynn Joiner	11	Hanover	17-07.50 6
4 Grace Mimnaugh	12	Eastern View	17-03.75 5
5 Yowome Ayim	11	Manor	17-02.00 4
6 Nulia Obiorah	11	Charlottesvi	17-00.75 3
7 Julia Hull	11	E.C. Glass	16-11.00 2
8 Destiny Jackson	10	Halifax Coun	16-10.50 1
9 Josie Marshall	10	Blacksburg H	16-08.25 NWI
10 Bria Reese	10	Churchland	16-03.50 NWI
11 Samaria Brandon	9	Halifax Coun	16-03.25 NWI
12 Tori Goodson	11	Atlee	J16-03.25 NWI
13 Ivana Ayikwei	11	Heritage (Le	16-02.75 NWI
14 Jayla Bandy	9	Blacksburg H	16-00.75 NWI
15 Lauren Castro	12	Courtland	15-11.50 NWI
16 Leah Moye	12	Smithfield	15-10.00 NWI
17 Mirabella Garza	9	Blacksburg H	15-08.00 NWI
18 Clarice Hartman	12	Loudoun Vall	15-06.50 NWI
19 Heaven Harrington	10	E.C. Glass	15-06.25 NWI
20 Lindsay Miller	11	Dominion	15-05.25 NWI
21 Anna Helstrom	12	Park View (S	15-03.75 NWI
22 Emma Smiley	9	Dominion	15-02.25 NWI
23 Alexis Dilliard	12	Hampton	15-01.50 NWI
24 Alyssa Tribino	10	Loudoun Vall	14-07.75 NWI
25 Adama Conteh	10	Park View (S	13-03.75 NWI
--- Hanna Sutphin	11	Halifax Coun	FOUL

Girls Triple Jump Class 4

Meet Records: 39-07.25 # 6/3/2016 Alantra Mines

Meet Records: 39-07.25 # 6/3/2016 Alantra Mines

Name	Yr	School	Finals
<b>Finals</b>			
1 Alysa Carrigan	12	Tuscarora Hi	38-09.25 10
2 Nulia Obiorah	11	Charlottesvi	38-07.25 8
3 Yowome Ayim	11	Manor	37-07.50 6
4 Hanna Sutphin	11	Halifax Coun	37-00.50 5
5 DaNae Lane	11	King George	36-11.00 4
6 Grace Mimnaugh	12	Eastern View	36-09.75 3
7 Jaelynn Joiner	11	Hanover	36-08.00 2
8 Mirabella Garza	9	Blacksburg H	36-05.00 1
9 Savannah Hunter	11	Manor	36-01.25 NWI

**VHSL Class 3 and Class 4 - 6/1/2024**  
**Outdoor State TF Championships**  
**Liberty University**

**Results**

**Finals ... (Girls Triple Jump Class 4)**

Name	Yr	School	Finals
10 Lauren Castro	12	Courtland	35-11.25 NWI
10 Julia Hull	11	E.C. Glass	35-11.25 NWI
12 Josie Remppe	12	Atlee	35-09.75 NWI
13 Leah Moye	12	Smithfield	35-08.50 NWI
14 V'Nya Strachon	12	Phoebus	35-03.50 NWI
15 Clarice Hartman	12	Loudoun Vall	34-11.00 NWI
16 Makia Herndon	9	Caroline Hig	34-09.00 NWI
17 McKenna Hardy	11	Sherando	34-06.00 NWI
18 Emma Smiley	9	Dominion	34-05.75 NWI
19 Amber RePass	12	Charlottesvi	34-02.00 NWI
20 Chloe Winn	9	Loudoun Vall	33-02.75 NWI
21 Syn-Nirah Young	12	Churchland	31-10.75 NWI

**Girls Shot Put Class 4**

**Meet Records: 44-01 # 6/7/2014 Zakiya Rashid**

Name	Yr	School	Finals
1 Mia Bryson	11	Atlee	39-04.50 10
2 Michelle Pendleton	12	Courtland	38-04.50 8
3 Sarah Starling	12	Sherando	35-11.00 6
4 Ruthie Dickersheid	12	Tuscarora Hi	35-10.00 5
5 Leah Williams	9	Manor	35-09.00 4
6 Sonyae Gilbert	12	E.C. Glass	35-03.50 3
7 Shantey Dyer	11	Spotsylvania	34-06.00 2
8 Kadance Sawyer	12	Churchland	34-05.50 1
9 Elizabeth Robinson	10	Heritage (Le	33-05.00
10 Anna Surline	12	Tuscarora Hi	32-06.50
11 Jillian Taylor	11	Millbrook	32-03.50
12 Mariana Doud	12	Rock Ridge H	30-11.00
13 Lilyanna Johnson	10	Caroline Hig	30-06.00
14 A'Zaria Dawkins	12	Jefferson Fo	30-00.00
15 Alexis Daughtry	10	Manor	29-07.00
16 Alyssa Monger	12	Warhill	29-06.00
17 Emoniee Hollowell	12	Manor	29-05.00
18 Riley Forehand	10	Caroline Hig	29-04.00
19 Alaiya Tompkins	10	Caroline Hig	29-01.50

**Girls Discus Throw Class 4**

**Meet Records: 144-05 # 6/6/2015 Zakiya Rashid**

Name	Yr	School	Finals
1 Leah Williams	9	Manor	125-05 10
2 Anna Surline	12	Tuscarora Hi	114-01 8
3 Mia Bryson	11	Atlee	111-07 6
4 Michelle Pendleton	12	Courtland	110-10 5
5 Kadance Sawyer	12	Churchland	109-07 4
6 Kameelah Hagues	12	Henrico	108-06 3
7 Cate Morrison	11	Hanover	106-05 2
8 Valerie McElveen	10	Phoebus	104-07 1
9 Grace Crowe	11	Blacksburg H	104-00
10 Jillian Taylor	11	Millbrook	103-10
10 MJ Jordan	11	Broad Run	103-10
12 Rachel Pike	12	Courtland	103-09

13 Sonyae Gilbert	12	E.C. Glass	99-08
14 Sarah Starling	12	Sherando	96-06
14 Macy Singleton	11	Tuscarora Hi	96-06
16 Emoniee Hollowell	12	Manor	95-05
17 Summer Gee	11	Eastern View	92-08
18 Sammi Gaylord	10	Loudoun Vall	91-06

**Women - 3A - Team Rankings - 17 Events Scored**

1) Heritage (Lynchburg)	79
2) Western Albemarle	59
2) Fauquier	59
4) Abingdon High School	35
5) Maggie Walker	34
5) I.C. Norcom	34
7) Northside High School	31
8) Tabb	30
9) Spotswood	28
10) Fluvanna County	25
11) Liberty Christian Academy	22
12) Culpeper County	20
12) Brentsville District	20
14) James Monroe	16
14) Lafayette	16
16) Brookville High School	14
16) Grafton High School	14
18) Bassett	13
19) William Byrd High School	12
19) Kettle Run	12
19) Heritage (Newport News)	12
22) Alleghany	11
23) Christiansburg	10
24) Wilson Memorial	9
25) Magna Vista	8
25) Lakeland	8
25) East Rockingham High School	8
28) York	7
28) Hidden Valley High School	7
30) Waynesboro	4
30) Lord Botetourt	4
32) Turner Ashby	1
32) Warren County	1

**Women - Class 4 - Team Rankings - 17 Events Scored**

1) Blacksburg High School	74
2) Atlee	73.5
3) Manor	52
4) Tuscarora High School (VA)	48
5) Monacan High School	46
6) Jamestown	39
7) Charlottesville	30
8) Churchland	27
9) Hanover	26
10) Loudoun Valley	25
11) Millbrook	24
12) Jefferson Forest	22
12) Henrico	22
12) Warhill	22

**VHSL Class 3 and Class 4 - 6/1/2024****Outdoor State TF Championships****Liberty University****Results**

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15) John Handley	19.5
16) Courtland	18
17) E.C. Glass	14
17) Halifax County	14
19) Eastern View High School	10
20) Sherando	9
20) Amherst County	9
20) King George	9
23) Heritage (Leesburg)	8
24) Loudoun County	6
24) Huguenot	6
26) James Wood High School	5
27) Spotsylvania	2
27) Smithfield	2
29) Phoebus	1