

Licensed to Blue Ridge Timing - Contractor License

JF Seminole Quad - 1/11/2024
Heritage HS Indoor Track
Results

Girls 55 Meter Dash

Name	Year School	Finals	H#
Finals			
1 Hall, Marianna	E.C. Glass	7.66	1
2 Stewart, Traniya	E.C. Glass	7.91	1
3 Smith, Kimora	Jefferson Fo	7.97	3
4 Harrington, Heaven	E.C. Glass	8.02	1
5 Earsing, Jamie	Rustburg	8.07	1
6 Braxton, Alexis	Rustburg	8.10	2
7 Franklin, Elizabeth	Rustburg	8.13	1
8 Burks, Yhana	Rustburg	8.20	2
9 Crance, Jacey	Rustburg	8.21	2
10 Hamlett, Makaylah	Jefferson Fo	8.24	2
11 Wilson, Chanen	E.C. Glass	8.31	1
12 Williamson, Janiah	E.C. Glass	8.38	2
13 Kauffman, Kylie	Jefferson Fo	8.42	7
14 Labor, Zoie	Jefferson Fo	8.52	3
15 Jones, Makayla	Jefferson Fo	8.71	4
16 Johnson, Dallas	Liberty (Bed	8.73	3
17 Aragon, Sierra	Jefferson Fo	8.82	4
18 Charlton, Shamoni	Rustburg	8.86	3
19 Riddle, Reagan	Rustburg	8.89	4
20 Elakkad, Aisha	Jefferson Fo	8.94	5
21 Tibbs, Ellie	Jefferson Fo	8.95	4
22 Hale, Faye	Rustburg	8.96	5
23 Presley, Amaya	Jefferson Fo	8.98	4
24 Dronso, Kaylee	Jefferson Fo	9.07	5
25 Dews, Madison	Jefferson Fo	9.14	5
26 Kuminski, Meadow	Jefferson Fo	9.15	4
27 Surprenant, Grace	Liberty (Bed	9.37	5
28 Hicks, Sydney	Jefferson Fo	9.47	6
29 Khan, Amina	Jefferson Fo	9.55	7
30 Baldwin, Lillie	Jefferson Fo	9.63	6
31 Meador, Kaelyn	Liberty (Bed	9.68	6
32 Oliver, Joana	Liberty (Bed	9.69	6
33 Bradford, Ella	Liberty (Bed	9.71	6
34 Diaz, Jitka	Liberty (Bed	10.47	6
35 Forrester, Catye	Liberty (Bed	10.64	7
36 Boose, Sadie	Liberty (Bed	11.42	7

Girls 300 Meter Dash

Name	Year School	Finals	H#
1 Hall, Marianna	E.C. Glass	46.34	1
2 Harrington, Heaven	E.C. Glass	47.61	1
3 Hull, Julia	E.C. Glass	48.91	1
4 Burks, Alexis	Rustburg	49.37	1
5 Pillow, Alyssa	Rustburg	49.95	2

6	Braxton, Alexis	Rustburg	50.13	2
7	Hamlett, Makaylah	Jefferson Fo	50.80	4
8	Cawthorne, Cindy	Rustburg	51.35	5
9	Burks, Yhana	Rustburg	51.98	3
10	Stinnett, Audrey	Jefferson Fo	52.03	4
11	Kauffman, Kylie	Jefferson Fo	52.77	4
12	Bennett, Audrey	Rustburg	52.80	5
13	Riddle, Reagan	Rustburg	52.86	3
14	Smith, Kimora	Jefferson Fo	53.69	6
15	Labor, Zoie	Jefferson Fo	54.76	6
16	Kuminski, Meadow	Jefferson Fo	55.40	5
17	Tibbs, Ellie	Jefferson Fo	55.73	5
18	Charlton, Shamoni	Rustburg	55.80	2
19	Hicks, Sydney	Jefferson Fo	56.31	9
20	Dronso, Kaylee	Jefferson Fo	56.99	7
21	Baldwin, Lillie	Jefferson Fo	57.19	7
22	Elakkad, Aisha	Jefferson Fo	58.22	6
23	Aragon, Sierra	Jefferson Fo	58.79	8
24	Khan, Amina	Jefferson Fo	59.49	9
25	Dews, Madison	Jefferson Fo	59.71	7
26	Hale, Faye	Rustburg	1:00.93	8
27	Presley, Amaya	Jefferson Fo	1:02.64	7
28	Surprenant, Grace	Liberty (Bed	1:02.65	9
29	Meador, Kaelyn	Liberty (Bed	1:06.06	8
30	Bradford, Ella	Liberty (Bed	1:07.82	9
31	Boose, Sadie	Liberty (Bed	1:08.49	10
32	Diaz, Jitka	Liberty (Bed	1:11.19	10
33	Forrester, Catye	Liberty (Bed	1:11.78	10

Girls 500 Meter Dash

Name	Year School	Finals	
1	Cawthorne, Cindy	Rustburg	1:36.00
2	Grooms, Kathryn	Jefferson Fo	1:42.36
3	Layne, Ella	E.C. Glass	1:46.13

Girls 1000 Meter Run

Name	Year School	Finals	
1	Carwile, Carly	Rustburg	3:41.27
2	Petty, Alexandra	E.C. Glass	3:41.90
3	Hamilton, Eleanor	E.C. Glass	3:42.48
4	Maggiara, Megan	Rustburg	3:50.77
5	Hunt, Althea	E.C. Glass	4:10.42
6	Waterworth, Ann	E.C. Glass	4:12.43
7	Boogades, Jaidyn	E.C. Glass	4:24.56
8	Hunter, Kaiylyn	Rustburg	4:26.63

Girls 1600 Meter Run

Name	Year School	Finals	
1	Carwile, Carly	Rustburg	6:18.08
2	Maggiara, Megan	Rustburg	6:23.42
3	Brendle, Ryan	Rustburg	7:01.64

4 Justice, Iiana

Rustburg

7:16.30

Girls 55 Meter Hurdles

Name	Year School	Finals
1 Pillow, Alyssa	Rustburg	9.35
2 Hull, Julia	E.C. Glass	10.44
3 Earsing, Jamie	Rustburg	10.85

Girls 4x200 Meter Relay

School	Finals
1 Jefferson Forest 'A'	1:58.15
2 Rustburg 'A'	2:02.12
-- Liberty (Bedford) 'A'	DNF
1) Bradford, Ella	2) Forrester, Catye
3) Johnson, Dallas	4) Meador, Kaelyn

Girls 4x800 Meter Relay

School	Finals
1 Rustburg 'A'	12:56.75

Girls High Jump

Name	Year School	Finals
1 Hull, Julia	E.C. Glass	4-10.00
2 Powers, Natalee	Liberty (Bed	4-08.00
3 Long, Kaitlyn	Jefferson Fo	4-04.00
4 Pillow, Alyssa	Rustburg	4-02.00

Girls Pole Vault

Name	Year School	Finals
1 Loucks, Emily	Jefferson Fo	9-06.00
2 Stinnett, Audrey	Jefferson Fo	8-06.00
3 Williamson, Janiah	E.C. Glass	6-06.00
4 Hall, Lilly	E.C. Glass	16-06.00
5 Uhl, Amelia	E.C. Glass	6-00.00
5 Honeycutt, Laura	E.C. Glass	6-00.00
5 Boyers, Anna	E.C. Glass	6-00.00
5 Kicklighter, Josephine	E.C. Glass	6-00.00

Girls Long Jump

Name	Year School	Finals
1 Hull, Julia	E.C. Glass	16-01.00
2 Franklin, Elizabeth	Rustburg	15-08.00
3 Stewart, Traniya	E.C. Glass	15-06.50
4 Harrington, Heaven	E.C. Glass	15-00.00
5 Crance, Jacey	Rustburg	13-02.00

6 Elakkad, Aisha	Jefferson Fo	12-11.00
-- Powers, Natalee	Liberty (Bed	FOUL
-- Khan, Amina	Jefferson Fo	FOUL
-- Pillow, Alyssa	Rustburg	FOUL

Girls Triple Jump

Name	Year School	Finals
1 Hull, Julia	E.C. Glass	33-00.00
2 Franklin, Elizabeth	Rustburg	31-08.00

Girls Shot Put

Name	Year School	Finals
1 Gilbert, Sonyae	E.C. Glass	38-02.50
2 Dawkins, A'Zaria	Jefferson Fo	33-03.00
3 Clark, Taylor	Rustburg	29-10.00
4 Allen, Taytum	Jefferson Fo	29-07.00
5 jones, Tylia	Rustburg	28-03.00
6 Clark, Zaria	E.C. Glass	24-02.00
6 Grimes, Kiara	E.C. Glass	24-02.00
8 Jenkins, Keely	E.C. Glass	23-10.00
9 Elliott, Sydney	Rustburg	22-08.00
10 Maggi, Sarah	Rustburg	20-07.50
11 Glickstein, Corine	Jefferson Fo	20-05.00
12 Grimes, Pressley	E.C. Glass	18-11.00
13 Torres, Maria	Jefferson Fo	17-05.00

Boys 55 Meter Dash

Name	Year School	Finals	H#
1 Smith, Ja'mar	E.C. Glass	6.47	1
2 Rosser, Marshawn	Rustburg	6.56	1
3 Sherard, Elijah	Rustburg	6.57	1
4 Flemming, Jamier	Rustburg	6.66	1
5 Dunn, Alex	Rustburg	6.76	2
6 Waller, Seven	E.C. Glass	6.83	1
7 Taylor, Kaydon	Rustburg	6.87	2
8 Dixon, Ashton	Rustburg	6.89	1
9 Burns, Jordan	E.C. Glass	6.99	2
10 Thane, Samuel	Jefferson Fo	7.05	2
11 Morgan, Brayden	E.C. Glass	7.12	3
12 Nichols, Owen	Liberty (Bed	7.14	3
13 Ford, Najee	E.C. Glass	7.15	4
14 Johnson, Amartazis	E.C. Glass	7.16	2 7.153
15 Dillard, Nathan	E.C. Glass	7.16	2 7.157
16 Wood, Brice	Jefferson Fo	7.16	3 7.159
17 Fernandez, Jonathan	Jefferson Fo	7.19	6
18 Burani, Riccardo	Rustburg	7.20	4
19 Settje, Mark	Jefferson Fo	7.21	5 7.202
20 Kuminski, Jacob	Jefferson Fo	7.21	3 7.204
21 Carter, Harrison	Jefferson Fo	7.21	5 7.208
22 Johnson, Luke	Jefferson Fo	7.22	4
23 Garland, Matei	E.C. Glass	7.23	3 7.223

24	Carter, Taveon	E.C. Glass	7.23	3	7.229
25	Shobayo, Samuel	Jefferson Fo	7.25	5	
26	Cook, Julian	Jefferson Fo	7.28	4	
27	Preston, Jameke	E.C. Glass	7.29	4	
28	Vitale, Landon	Jefferson Fo	7.32	6	
29	Browley, Dre'Shaud	E.C. Glass	7.35	5	
30	Tanner, Gavin	Jefferson Fo	7.42	4	
31	Jones, Xavier	Liberty (Bed	7.44	6	
32	Adkins, Trent	Jefferson Fo	7.47	8	7.463
33	Nguyen, Dany	Jefferson Fo	7.47	6	7.466
34	Dale, Trevor	E.C. Glass	7.49	6	
35	Harris, Jaiden	Jefferson Fo	7.51	5	
36	Barot-Masse, Merlin	Rustburg	7.52	7	
37	Thompson, Kaidon	Jefferson Fo	7.53	6	
38	Apperson, Duncan	Jefferson Fo	7.64	5	
39	Bougniart, Ethan	Jefferson Fo	7.68	7	
40	Palhatiya, Abhi	Jefferson Fo	7.75	11	
41	Morris, Jonah	E.C. Glass	7.77	7	7.767
42	Almond, Zach	Jefferson Fo	7.77	7	7.769
43	Bryant, Jaiden	Liberty (Bed	7.80	9	7.793
44	Martin, Micah	Jefferson Fo	7.80	9	7.796
45	Everhart, Jeremiah	Jefferson Fo	7.84	9	
46	Xie, Daniel	Jefferson Fo	7.85	8	7.841
47	Harvey, Caden	Jefferson Fo	7.85	8	7.849
48	Brehm, Keelan	E.C. Glass	7.87	8	
49	Aune, Christian	Liberty (Bed	7.90	8	7.896
50	Khurana, Syon	E.C. Glass	7.90	9	7.900
51	Dennis, Johnathan	Liberty (Bed	7.91	9	
52	Whitlow, Ashton	Jefferson Fo	7.92	9	
53	Lester, Justin	Jefferson Fo	8.02	10	
54	Vaughn, William	Jefferson Fo	8.08	10	
55	Naraine, Eric	Jefferson Fo	8.17	10	
56	Laughon, Evan	Liberty (Bed	8.28	11	
57	Watts, Sean	Liberty (Bed	8.32	10	
58	Tankersley, Luke	Jefferson Fo	8.40	7	
59	Carter, Jason	Rustburg	8.61	11	
60	Patel, Aarish	Jefferson Fo	8.95	11	
61	Bryant, Jarell	Liberty (Bed	9.62	11	

Boys 300 Meter Dash

Name	Year School	Finals	H#
1	Dillard, Nathan	E.C. Glass	41.20 1
2	Seagle, Deiondre	Rustburg	41.73 1
3	Tanner, Gavin	Jefferson Fo	41.91 5
4	Preston, Jameke	E.C. Glass	41.92 2
5	Shobayo, Samuel	Jefferson Fo	42.31 3
6	Adkins, Trent	Jefferson Fo	42.65 2
7	Harris, Jaiden	Jefferson Fo	42.84 13
8	Vitale, Landon	Jefferson Fo	43.28 4
9	Barot-Masse, Merlin	Rustburg	43.37 6
10	Fernandez, Jonathan	Jefferson Fo	43.51 5
11	Blake, Matthewson	Rustburg	43.58 4
12	Harvey, Caden	Jefferson Fo	43.65 6
13	Kirby, Thomas	Liberty (Bed	43.76 8
14	Nguyen, Dany	Jefferson Fo	43.82 7

15 Brehm, Keelan	E.C. Glass	44.07	7
16 Palhatiya, Abhi	Jefferson Fo	44.36	4
17 Bougniart, Ethan	Jefferson Fo	45.27	3
18 Clark, Triston	E.C. Glass	45.55	9
19 Carter, Harrison	Jefferson Fo	45.94	5
20 Almond, Zach	Jefferson Fo	46.08	5
21 Khurana, Syon	E.C. Glass	46.24	8
22 Aune, Christian	Liberty (Bed	46.45	8
23 Xie, Daniel	Jefferson Fo	46.51	10
24 Bryant, Jaiden	Liberty (Bed	46.66	9
25 Everhart, Jeremiah	Jefferson Fo	46.71	10
26 Martin, Micah	Jefferson Fo	47.08	9
27 Cook, Julian	Jefferson Fo	47.45	3
28 Hunt, Knore	E.C. Glass	47.57	11
29 Crouch, Mason	Liberty (Bed	48.67	11
30 Vaughn, William	Jefferson Fo	48.93	7
31 Carter, Jason	Rustburg	50.27	13
32 Laughon, Evan	Liberty (Bed	50.94	11
33 Naraine, Eric	Jefferson Fo	54.93	12
34 Watts, Sean	Liberty (Bed	55.63	11
35 Patel, Aarish	Jefferson Fo	56.71	12
36 Bryant, Jarell	Liberty (Bed	58.77	10

Boys 500 Meter Dash

Name	Year School	Finals
1 Graves, Jaylen	E.C. Glass	1:22.16
2 Miller, Matthew	E.C. Glass	1:22.61
3 Dooley, Landon	Liberty (Bed	1:23.12
4 Black, Evan	E.C. Glass	1:24.25
5 Adkins, Trent	Jefferson Fo	1:24.91
6 Johnson, Amartazis	E.C. Glass	1:25.35

Boys 1000 Meter Run

Name	Year School	Finals	H#
1 McEntyre, Jalil	E.C. Glass	3:05.96	2
2 Davis, Brayden	Jefferson Fo	3:09.45	2
3 Milhorn, Jeremiah	Jefferson Fo	3:09.59	2
4 Liberty, Logan	Rustburg	3:17.76	1
5 Corre, Kevin	Rustburg	3:25.30	1
6 Hall, Braeden	Rustburg	3:25.81	1
7 Stone, George	E.C. Glass	3:30.32	2
8 Morgan, Aiden	Jefferson Fo	3:48.82	2
9 Marple, Isaac	Rustburg	3:52.79	1
10 Chin, Veness	Rustburg	4:01.69	2
11 Jarels, Elisha	Liberty (Bed	4:14.14	2
12 Hubbard, Clint	Rustburg	4:17.75	1
13 Williams, Randall	Liberty (Bed	4:20.15	2

Boys 1600 Meter Run

Name	Year School	Finals
1 Talmadge, Noah	Jefferson Fo	5:24.41

2 Rippley, Lucas	Rustburg	5:25.41
3 Liberty, Logan	Rustburg	5:28.99
4 Hudson, Aiden	Rustburg	5:31.77
5 Gonzales, Andres	Jefferson Fo	5:32.44
6 Wooten, Wesley	Rustburg	5:45.88

Boys 55 Meter Hurdles

Name	Year School	Finals
1 Smith, Ja'mar	E.C. Glass	7.40
2 Carlson, Hunter	Rustburg	8.15
3 Blake, Matthewson	Rustburg	9.02
4 Black, Evan	E.C. Glass	10.82

Boys 4x200 Meter Relay

School	Finals	H#
1 E.C. Glass 'A' 1) Burns, Jordan 3) Brehm, Keelan	1:43.61	1
2 Jefferson Forest 'B' 2) Hunt, Knore 4) Clark, Triston	1:44.37	1
3 Rustburg 'A'	1:46.91	1
4 E.C. Glass 'B'	1:49.56	2
5 E.C. Glass 'C'	1:53.29	2

Boys 4x800 Meter Relay

School	Finals
1 Rustburg 'A'	10:39.01

Boys High Jump

Name	Year School	Finals
1 Thornton, Amonte	Rustburg	6-06.00
2 Hipp, Aidan	Jefferson Fo	6-00.00
3 Jackson, Walter	Rustburg	J6-00.00
4 Dunn, Alex	Rustburg	5-08.00
5 Brown, Khalil	Rustburg	J5-08.00
6 Lee, Jaren	Jefferson Fo	J5-08.00
7 Goode, Patrick	E.C. Glass	5-02.00
-- Thompson, Kaidon	Jefferson Fo	FAIL
-- Jones, Xavier	Liberty (Bed	FAIL
-- Nwakor, Mobu	Jefferson Fo	FAIL

Boys Pole Vault

Name	Year School	Finals
1 Morford, Cooper	E.C. Glass	11-00.00
2 Garland, Matei	E.C. Glass	9-06.00
3 Morford, Caden	E.C. Glass	6-00.00

Boys Long Jump

Name	Year School	Finals
1 Smith, Ja'mar	E.C. Glass	23-00.00
2 Settje, Mark	Jefferson Fo	20-05.00
3 Thornton, Amonte	Rustburg	20-03.50
4 Jackson, Walter	Rustburg	19-11.00
5 Brown, Khalil	Rustburg	19-01.00
6 Jones, Xavier	Liberty (Bed	18-06.00
6 Burns, Jordan	E.C. Glass	18-06.00
8 Preston, Jameke	E.C. Glass	18-03.50
9 Pyle, Nate	Jefferson Fo	17-11.00
10 Brehm, Keelan	E.C. Glass	17-08.00
11 Dunn, Alex	Rustburg	17-02.50
12 Weikel, Cooper	Liberty (Bed	15-00.50
13 Merrow, Liam	E.C. Glass	9-08.50
-- Rucker, Ray'Quann	E.C. Glass	FOUL

Boys Triple Jump

Name	Year School	Finals
1 Smith, Ja'mar	E.C. Glass	42-04.50
2 Thornton, Amonte	Rustburg	40-11.00
3 Dunn, Alex	Rustburg	40-03.00
4 Thane, Samuel	Jefferson Fo	40-01.50
4 Burns, Jordan	E.C. Glass	40-01.50
6 Brown, Khalil	Rustburg	39-08.00
7 Carter, Taveon	E.C. Glass	37-05.00
8 Preston, Jameke	E.C. Glass	35-01.50
-- Rucker, Ray'Quann	E.C. Glass	FOUL
-- Ford, Najee	E.C. Glass	FOUL
-- Hunt, Knore	E.C. Glass	FOUL
-- Alexis, Salomon	Jefferson Fo	FOUL
-- Nwakor, Mobu	Jefferson Fo	FOUL
-- Jackson, Walter	Rustburg	FOUL

Boys Shot Put

Name	Year School	Finals	H#
1 Janney, Cayden	Jefferson Fo	48-00.00	1
2 Burani, Riccardo	Rustburg	44-02.00	1
3 Glover, Dennis	E.C. Glass	38-08.50	1
4 Paige, Jackson	E.C. Glass	36-03.00	1
5 Thomson, Xavier	Rustburg	33-10.00	1
6 Grohs, Zach	Liberty (Bed	32-08.00	1
7 Coleman, Zahmier	Rustburg	31-02.50	1
8 Wade, Jamil	E.C. Glass	30-09.00	1
9 Fuhro, Andrew	Liberty (Bed	30-01.00	2
10 Stockwell, Javion	E.C. Glass	30-00.00	1
11 Megginson, Faheem	E.C. Glass	29-11.00	2
12 Palmer, Brennan	Rustburg	29-08.00	1
13 Spraker, Chayce	Jefferson Fo	28-11.00	2
14 Lester, Justin	Jefferson Fo	28-04.50	2
15 DeNuzzio, Conner	Jefferson Fo	27-11.00	2
16 Taylor, James	E.C. Glass	27-06.00	2

17 Tolbert, DeVantae	E.C. Glass	27-01.00	1
18 Garland, Sian	E.C. Glass	26-07.00	2
19 Boyd, Tavion	Rustburg	26-02.00	1
20 Mandell, Ethan	Jefferson Fo	25-03.00	2
21 Maybery, Mark	E.C. Glass	23-11.50	2
22 Ryder, Casey	Liberty (Bed	23-11.00	2
23 Malcolm, Ben	Liberty (Bed	22-10.00	2
24 Kuminski, Caleb	Jefferson Fo	20-09.00	2
25 Smith, Jedidiah	Liberty (Bed	19-10.00	2