

**WOODBERRY FOREST 47TH ANNUAL XC INVITATIONAL**

Woodberry Forest,  
Woodberry Forest 5k Course  
Friday, September 22, 2023



OFFICIAL MEET REPORT  
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**Race #3**  
**JV Girls 5K**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Riverbend High School	49	3-5-6-16-19(25)(57)	2:06:45	25:21	1:52.0
2 Centreville	97	8-13-15-27-34(38)	2:11:14	26:15	1:43.0
3 King George	98	1-18-24-26-29(30)(46)	2:08:57	25:48	4:34.3
4 Trinity Christian School	110	2-10-12-28-58(69)	2:11:42	26:21	5:07.6
5 South Lakes	136	4-11-22-47-52(59)(63)	2:13:19	26:40	3:54.6
6 Collegiate	141	17-20-32-33-39(40)(42)	2:13:47	26:46	1:17.3
7 The Covenant School	171	7-35-37-44-48(65)(68)	2:15:44	27:09	3:07.0
8 Liberty (Bealeton) High Sch	177	9-31-36-50-51(54)(55)	2:16:18	27:16	2:55.6
9 Paul VI Catholic	226	14-43-53-56-60(67)	2:20:58	28:12	3:57.8
10 Fluvanna County	253	21-45-61-62-64(66)(71)	2:25:02	29:01	4:34.9
11 Culpeper County	255	23-41-49-70-72(73)	2:32:35	30:31	11:31.3

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 CHENEY, Addison	8	272	King George	1	22:20.9	7:11.2	4:28.2
2 LOWE, Lucy	9	655	Tandem Friends Sc	-	24:02.0	7:43.7	4:48.4
3 MILLER, Evie	SR	714	Trinity Christian Sch	2	24:11.1	7:46.6	4:50.2
4 MORRA, Victoria	JR	413	Riverbend High Sch	3	24:24.6	7:50.9	4:52.9
5 FREEMAN, Sabina	SO	536	South Lakes	4	24:33.8	7:53.9	4:54.8
6 BOETIG, Claire	JR	400	Riverbend High Sch	5	24:55.7	8:00.9	4:59.1
7 STONEBREAKER, Kaylen	SR	417	Riverbend High Sch	6	25:02.7	8:03.2	5:00.5
8 LIEBENGOOD, Genevieve	9	686	The Covenant Scho	7	25:03.0	8:03.3	5:00.6
9 FISHER, Samantha	9	43	Centreville	8	25:24.8	8:10.3	5:05.0
10 FOWLER, Rebecca	SO	305	Liberty (Bealeton) H	9	25:26.5	8:10.8	5:05.3
11 SCHLIETER, Audrey	SO	718	Trinity Christian Sch	10	25:34.9	8:13.5	5:07.0
12 GHANTIWALA, Sarah	9	537	South Lakes	11	25:39.2	8:14.9	5:07.8
13 ELLIOT, Evelyn	JR	708	Trinity Christian Sch	12	25:45.6	8:17.0	5:09.1
14 ONUGHA, Evelyn	9	49	Centreville	13	25:53.7	8:19.6	5:10.7
15 FLEETWOOD, Jessica	9	364	Paul VI Catholic	14	25:54.0	8:19.7	5:10.8
16 STAZZONE, Gianna	SO	52	Centreville	15	25:56.8	8:20.6	5:11.4
17 KUHNS, Hadyn	JR	407	Riverbend High Sch	16	26:05.0	8:23.2	5:13.0
18 CRAIG, Abby	SR	83	Collegiate	17	26:09.2	8:24.6	5:13.8
19 HERBOLSHEIMER, Breana	SO	276	King George	18	26:13.2	8:25.9	5:14.6
20 HEWSON, Addison	SO	404	Riverbend High Sch	19	26:16.6	8:26.9	5:15.3
21 BOWMAN, Olivia	JR	81	Collegiate	20	26:17.0	8:27.1	5:15.4
22 NOLTE, Arianna	SR	169	Fluvanna County	21	26:19.7	8:27.9	5:15.9
23 MENSAH, Precious	SR	547	South Lakes	22	26:30.5	8:31.4	5:18.1
24 LLAMAS, Melany	SR	120	Culpeper County	23	26:30.6	8:31.4	5:18.1
25 TIDWELL, Anna	8	289	King George	24	26:38.3	8:33.9	5:19.7
26 PETERSON, Macee	9	199	Fredericksburg Chri	-	26:41.5	8:35.0	5:20.3
27 SAINZ, Puerto	SR	415	Riverbend High Sch	(25)	26:44.3	8:35.9	5:20.9
28 PREUSS, Summer	JR	285	King George	26	26:48.5	8:37.2	5:21.7
29 PORTELLA, Cara	9	50	Centreville	27	26:50.4	8:37.8	5:22.1
30 SCHLEITER, Eloise	9	717	Trinity Christian Sch	28	26:50.9	8:38.0	5:22.2

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<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
31 TURNER, Angela	9	290	King George	29	26:55.2	8:39.4	5:23.0
32 D'ANGELO, Chloe	9	273	King George	(30)	26:55.5	8:39.5	5:23.1
33 WASHINGTON, Jacinta	JR	311	Liberty (Bealeton) H	31	26:55.8	8:39.5	5:23.2
34 HOUGH, Madeline	JR	91	Collegiate	32	26:55.9	8:39.6	5:23.2
35 CRAWFORD, Caroline	JR	84	Collegiate	33	26:57.7	8:40.2	5:23.5
36 MARTIN, Lucy	SO	47	Centreville	34	27:07.8	8:43.4	5:25.6
37 FLYNN, Constance	9	382	Regents School of	-	27:10.5	8:44.3	5:26.1
38 ANDERSON, Addy	9	673	The Covenant Scho	35	27:16.8	8:46.3	5:27.4
39 JAMESON, Eilish	9	477	Saint John Paul the	-	27:18.8	8:46.9	5:27.8
40 HUGHES, Madison	SO	580	St. Stephen's and S	-	27:19.6	8:47.2	5:27.9
41 SNYDER, Anna	9	309	Liberty (Bealeton) H	36	27:20.5	8:47.5	5:28.1
42 GRAN, Maria	9	682	The Covenant Scho	37	27:21.9	8:47.9	5:28.4
43 TROUP, Jessica	SO	54	Centreville	(38)	27:23.8	8:48.6	5:28.8
44 OAKLEY, Alice	SR	95	Collegiate	39	27:26.5	8:49.4	5:29.3
45 CREMISIO, Annabella	9	607	Stafford High Schoo	-	27:30.7	8:50.8	5:30.1
46 ROBINSON, Ava	SR	96	Collegiate	(40)	27:37.7	8:53.0	5:31.5
47 RAMSEY, Kate	SO	122	Culpeper County	41	27:42.7	8:54.6	5:32.5
48 CULLEN, Katie	SR	85	Collegiate	(42)	27:43.8	8:55.0	5:32.8
49 CATES, Atalanta	JR	361	Paul VI Catholic	43	27:46.3	8:55.8	5:33.3
50 HUBER, Ella	6	247	Isle of Wight Acade	-	27:46.4	8:55.8	5:33.3
51 BEGGEROW, Emily	SO	78	Collegiate	-	27:49.2	8:56.7	5:33.8
52 DUENKE, Mae	9	679	The Covenant Scho	44	27:52.1	8:57.7	5:34.4
53 ABEL, Avery	JR	160	Fluvanna County	45	27:55.4	8:58.7	5:35.1
54 KISTLER, Grace	SR	734	Veritas School	-	27:55.6	8:58.8	5:35.1
55 TURNBULL, Sarah	JR	99	Collegiate	-	28:00.9	9:00.5	5:36.2
56 WILLAAMS, Sydney	JR	291	King George	(46)	28:02.2	9:00.9	5:36.4
57 KIERANS, Breanna	9	542	South Lakes	47	28:06.6	9:02.3	5:37.3
58 CHIRICHETTI, Teresa	JR	676	The Covenant Scho	48	28:10.0	9:03.4	5:38.0
59 HARRISON, Olivia	9	116	Culpeper County	49	28:10.1	9:03.4	5:38.0
60 RITCHIE, Molly	SR	308	Liberty (Bealeton) H	50	28:13.0	9:04.4	5:38.6
61 WASHINGTON, Elyssa	9	310	Liberty (Bealeton) H	51	28:22.1	9:07.3	5:40.4
62 MONTES, Nariko	SO	478	Saint John Paul the	-	28:26.2	9:08.6	5:41.2
63 LONGINAKER, Elise	SO	544	South Lakes	52	28:28.4	9:09.3	5:41.7
64 GRABOWSKI, Emilia	SR	365	Paul VI Catholic	53	28:28.6	9:09.4	5:41.7
65 GATEWOOD, Claire	SO	653	Tandem Friends Sc	-	28:28.7	9:09.4	5:41.7
66 QUANSAH, Bonnie	SR	307	Liberty (Bealeton) H	(54)	28:30.8	9:10.1	5:42.2
67 PATRON, Valentina	SO	770	Virginia Episcopal S	-	28:31.4	9:10.3	5:42.3
68 ANDRINGA, Katinka	SR	303	Liberty (Bealeton) H	(55)	28:38.9	9:12.7	5:43.8
69 NGUYEN, Sophia	JR	369	Paul VI Catholic	56	28:57.2	9:18.6	5:47.4
70 LYNCH, Mylee	9	410	Riverbend High Sch	(57)	29:13.2	9:23.7	5:50.6
71 TURNER, Evelyn	SO	719	Trinity Christian Sch	58	29:18.7	9:25.5	5:51.7
72 MUTH, Anja	9	279	King George	-	29:28.9	9:28.8	5:53.8
73 VOOKUR, Kirtana	JR	553	South Lakes	(59)	29:46.9	9:34.6	5:57.4
74 URGO, Melanie	JR	376	Paul VI Catholic	60	29:51.8	9:36.1	5:58.4
75 KRAMER, Cora	9	506	Seton School	-	29:54.0	9:36.8	5:58.8
76 ARNDT, Nea	JR	162	Fluvanna County	61	29:54.3	9:36.9	5:58.9

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
77 RODRIGUEZ, Jamie	SR	172	Fluvanna County	62	29:57.6	9:38.0	5:59.5
78 CONEY, Lola	9	534	South Lakes	(63)	30:06.3	9:40.8	6:01.3
79 PASSMORE, Cadence	SO	739	Veritas School	-	30:07.6	9:41.2	6:01.5
80 IRWIN, Nina	9	654	Tandem Friends Sc	-	30:07.7	9:41.3	6:01.5
81 RODRIGUEZ, Noemi	9	509	Seton School	-	30:29.5	9:48.3	6:05.9
82 SLAVIN, Juliana	SO	287	King George	-	30:47.9	9:54.2	6:09.6
83 FUSSELL, Lanier	SO	768	Virginia Episcopal S	-	30:48.9	9:54.5	6:09.8
84 MILLER, Breeanna	SO	168	Fluvanna County	64	30:54.6	9:56.3	6:10.9
85 THORNTON, Copeland	JR	98	Collegiate	-	30:57.1	9:57.1	6:11.4
86 FEATHERSTON, Ellie	SR	87	Collegiate	-	30:59.2	9:57.8	6:11.8
87 CURTIS, Caroline	9	677	The Covenant Scho	(65)	31:01.3	9:58.5	6:12.3
88 PANKAU, Nyla	SO	170	Fluvanna County	(66)	31:02.9	9:59.0	6:12.6
89 LOVELACE, Nayla Ailin	9	545	South Lakes	-	31:16.7	10:03.4	6:15.3
90 WALSH, Hannah	JR	130	Evergreen Christian	-	31:24.3	10:05.9	6:16.9
91 THOMSON, Angela	JR	375	Paul VI Catholic	(67)	31:26.5	10:06.6	6:17.3
92 DOWNEY, Ally	9	304	Liberty (Bealeton) H	-	31:38.2	10:10.4	6:19.6
93 SMITH, Adelaide	9	689	The Covenant Scho	(68)	31:40.2	10:11.0	6:20.0
94 WILLIAMS, Justyce	9	202	Fredericksburg Chri	-	31:40.5	10:11.1	6:20.1
95 YAROSCHAK, Irene	SR	720	Trinity Christian Sch	(69)	32:03.9	10:18.6	6:24.8
96 PARKER, Sara	SO	281	King George	-	32:09.4	10:20.4	6:25.9
97 DESMAR, Khali	9	111	Culpeper County	70	32:09.7	10:20.5	6:25.9
98 MEREDITH, Avery	SO	657	Tandem Friends Sc	-	32:38.6	10:29.8	6:31.7
99 MACKAY, Gabriella	SO	582	St. Stephen's and S	-	32:52.5	10:34.2	6:34.5
100 PORTMAN, Eliana	SO	171	Fluvanna County	(71)	33:06.1	10:38.6	6:37.2
101 KRAMER, Colette	SO	505	Seton School	-	33:20.7	10:43.3	6:40.1
102 ROGERS, Alani	9	173	Fluvanna County	-	33:45.4	10:51.3	6:45.1
103 SOIKA, Deanna	9	383	Regents School of	-	34:29.8	11:05.5	6:54.0
104 SMITH, Madeline	9	551	South Lakes	-	35:39.7	11:28.0	7:07.9
105 HARRAH, Jessica	SO	115	Culpeper County	72	38:01.9	12:13.7	7:36.4
106 GABARETTE, Allison	JR	114	Culpeper County	(73)	42:51.6	13:46.9	8:34.3