

WOODBERRY FOREST 47TH ANNUAL XC INVITATIONAL

Woodberry Forest,
Woodberry Forest 5k Course
Friday, September 22, 2023



OFFICIAL MEET REPORT
printed: 9/22/2023 5:45 PM

Race #1
Varsity Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Riverbend High School	89	10-12-14-26-27(31)(53)	1:47:40	21:32	1:03.3
2 The Covenant School	93	1-2-4-42-44(48)(81)	1:42:43	20:33	4:46.2
3 South Lakes	121	5-17-18-29-52(55)(57)	1:48:42	21:45	2:27.0
4 Collegiate	127	7-19-22-36-43(45)(59)	1:49:09	21:50	1:45.4
5 Stafford High School	200	8-34-41-46-71(75)(82)	1:52:24	22:29	2:43.5
6 Veritas School	219	30-32-47-49-61(106)(120)	1:53:29	22:42	1:07.1
7 Centreville	220	9-38-51-56-66(76)(79)	1:53:20	22:40	2:26.4
8 Trinity Christian School	231	13-35-50-65-68(73)(87)	1:53:51	22:47	2:30.4
9 Fluvanna County	232	3-6-11-104-108(136)	1:53:17	22:40	5:13.9
10 Stonebridge School	250	15-16-64-67-88(134)(137)	1:54:33	22:55	3:20.4
11 Saint Catherine's	311	20-24-70-78-119(123)(133)	1:57:21	23:29	4:34.6
12 Paul VI Catholic	329	21-28-74-95-111(112)(126)	1:58:10	23:38	4:06.3
13 Fredericksburg Christian	370	39-62-77-93-99(113)(115)	1:59:55	23:59	2:29.3
14 St. Stephen's and St. Agne	396	25-54-60-128-129	2:02:22	24:29	4:56.5
15 Virginia Episcopal School	400	23-40-109-110-118	2:01:46	24:22	4:14.6
16 Culpeper County	408	58-63-83-101-103(105)	2:01:23	24:17	1:52.7
17 King George	413	37-69-86-90-131	2:02:38	24:32	4:40.8
18 Immanuel Christian School	422	33-91-96-100-102(116)	2:02:15	24:27	2:47.9
19 Saint John Paul the Great	427	72-84-85-89-97(121)(122)	2:02:28	24:30	1:10.4
20 Seton School	536	80-98-114-117-127(132)	2:07:47	25:34	2:33.2
21 Walsingham Academy	595	94-107-125-130-139	2:13:47	26:46	4:41.0
22 Isle of Wight Academy	629	92-124-135-138-140	2:26:46	29:22	13:57.9

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DALTON, Reese	SR	678	The Covenant Scho	1	17:53.5	5:45.2	3:34.7
2 CHANEY, Kerrigan	JR	344	North Cross	-	18:47.5	6:02.5	3:45.5
3 GARDINER, Maddie	SR	681	The Covenant Scho	2	19:06.2	6:08.6	3:49.2
4 AMATO, Anna	JR	161	Fluvanna County	3	20:23.7	6:33.5	4:04.7
5 WOOD, Savannah	SO	691	The Covenant Scho	4	20:27.0	6:34.5	4:05.4
6 HARSANYI, Bella	SR	539	South Lakes	5	20:37.2	6:37.8	4:07.4
7 FARLEY, Sophie	SR	165	Fluvanna County	6	20:47.1	6:41.0	4:09.4
8 HARRIS, Virginia	9	90	Collegiate	7	20:50.7	6:42.2	4:10.1
9 POORBAUGH, Sierra	9	611	Stafford High Schoo	8	20:59.9	6:45.1	4:12.0
10 TELLEEN, Devyn	JR	53	Centreville	9	21:01.4	6:45.6	4:12.3
11 CHRISTY, Caroline	SO	402	Riverbend High Sch	10	21:03.6	6:46.3	4:12.7
12 FRAZIER, Ruby	SO	166	Fluvanna County	11	21:07.8	6:47.7	4:13.6
13 VISIONI, Sofia	JR	418	Riverbend High Sch	12	21:09.2	6:48.1	4:13.8
14 MYERS, Caroline	JR	715	Trinity Christian Sch	13	21:11.9	6:49.0	4:14.4
15 HOWELL, Madeline	9	405	Riverbend High Sch	14	21:15.3	6:50.1	4:15.1
16 FROST, Eve	SO	627	Stonebridge School	15	21:22.8	6:52.5	4:16.6

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Varsity Girls 5K**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
17 NUNZIATA, Josie	9	629	Stonebridge School	16	21:23.4	6:52.7	4:16.7
18 HA, Irene	SO	538	South Lakes	17	21:23.7	6:52.8	4:16.7
19 RYAN, Aya	SO	548	South Lakes	18	21:26.0	6:53.5	4:17.2
20 BLASZAK, Bridget	JR	80	Collegiate	19	21:26.7	6:53.7	4:17.3
21 WULFF, Caroline	SR	428	Saint Catherine's	20	21:31.1	6:55.1	4:18.2
22 RICHARDS, Catherine	JR	373	Paul VI Catholic	21	21:34.2	6:56.1	4:18.8
23 FERRELL, Rosie	9	89	Collegiate	22	21:47.5	7:00.4	4:21.5
24 FLIPPIN, Kate	SO	767	Virginia Episcopal S	23	21:49.8	7:01.2	4:22.0
25 BAYLER, Annabel	SO	419	Saint Catherine's	24	21:51.1	7:01.6	4:22.2
26 MYLES, Ainsley	9	345	North Cross	-	21:53.8	7:02.4	4:22.8
27 CONSTANDY, Karina	JR	579	St. Stephen's and S	25	22:00.1	7:04.5	4:24.0
28 MORRA, Olivia	JR	412	Riverbend High Sch	26	22:04.2	7:05.8	4:24.8
29 BARBER, Alexis	SO	398	Riverbend High Sch	27	22:06.9	7:06.7	4:25.4
30 PARKER, Lauren	SO	370	Paul VI Catholic	28	22:07.2	7:06.8	4:25.4
31 SATTERFIELD, Ava Grace	9	549	South Lakes	29	22:10.9	7:07.9	4:26.2
32 SHEPHERD, Amelie	JR	742	Veritas School	30	22:14.4	7:09.1	4:26.9
33 GHOSHEH, Amalay	JR	403	Riverbend High Sch	(31)	22:15.3	7:09.4	4:27.1
34 LANPHEAR, Lauren	SO	737	Veritas School	32	22:18.7	7:10.5	4:27.7
35 CURREY, Agnes	SO	226	Immanuel Christian	33	22:22.0	7:11.5	4:28.4
36 BURNETT, Emily	SR	604	Stafford High Schoo	34	22:24.1	7:12.2	4:28.8
37 CHRONISTER, Anna	8	706	Trinity Christian Sch	35	22:26.0	7:12.8	4:29.2
38 BLACKWOOD, Ellie	9	79	Collegiate	36	22:27.5	7:13.3	4:29.5
39 RASH, Callista	SO	286	King George	37	22:28.2	7:13.5	4:29.6
40 VAFIER, Jayden	SR	55	Centreville	38	22:30.8	7:14.3	4:30.2
41 HENSON, Virginia	JR	195	Fredericksburg Chri	39	22:33.6	7:15.2	4:30.7
42 MOORE, Emerson	9	769	Virginia Episcopal S	40	22:35.5	7:15.9	4:31.1
43 KHATCHERESSIAN, Cecilia	9	610	Stafford High Schoo	41	22:35.6	7:15.9	4:31.1
44 BRADLEY, Orla	9	674	The Covenant Scho	42	22:35.8	7:15.9	4:31.2
45 LINKONIS, Gabriela	JR	93	Collegiate	43	22:36.1	7:16.0	4:31.2
46 KINCEL, Carrington	9	685	The Covenant Scho	44	22:39.7	7:17.2	4:31.9
47 LEWIS, Anne	9	92	Collegiate	(45)	22:39.8	7:17.2	4:32.0
48 IRISH, Gabriella	SO	609	Stafford High Schoo	46	22:40.8	7:17.6	4:32.2
49 LANPHEAR, Jenna	SO	735	Veritas School	47	22:45.3	7:19.0	4:33.1
50 BRADLEY, Peyton	9	675	The Covenant Scho	(48)	22:46.2	7:19.3	4:33.2
51 CRUESS, Siobhan	SR	732	Veritas School	49	22:48.5	7:20.0	4:33.7
52 DEAN, Julia	JR	707	Trinity Christian Sch	50	23:02.1	7:24.4	4:36.4
53 CHEONG, Amy	JR	40	Centreville	51	23:02.8	7:24.6	4:36.6
54 HOBSON, Rebecca	JR	540	South Lakes	52	23:04.2	7:25.1	4:36.8
55 LEE, Sophia	JR	409	Riverbend High Sch	(53)	23:07.8	7:26.2	4:37.6
56 SCOTT, Lauren	SR	584	St. Stephen's and S	54	23:10.4	7:27.1	4:38.1
57 AGUIRRE-MARTINEZ, Julia	SO	532	South Lakes	(55)	23:11.7	7:27.5	4:38.3
58 SAYEN, Madison	JR	51	Centreville	56	23:16.7	7:29.1	4:39.3
59 MENZENWERTH, Ashleigh	9	411	Riverbend High Sch	-	23:17.1	7:29.2	4:39.4
60 LABRUSCIANO, Anna	SR	408	Riverbend High Sch	-	23:19.3	7:29.9	4:39.9
61 SODERHOLM, Lea	JR	552	South Lakes	(57)	23:19.4	7:30.0	4:39.9
62 LANE, Sarah	SR	119	Culpeper County	58	23:20.2	7:30.2	4:40.0

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
63 WALLACE, Nora	SR	100	Collegiate	(59)	23:20.6	7:30.4	4:40.1
64 WANAMAKER, Sydney	9	585	St. Stephen's and S	60	23:20.7	7:30.4	4:40.1
65 VONCANON, Violet	SO	744	Veritas School	61	23:21.5	7:30.6	4:40.3
66 LUCAS, CeCe	SR	198	Fredericksburg Chri	62	23:21.8	7:30.7	4:40.4
67 BROWN, Emerson	SR	109	Culpeper County	63	23:24.6	7:31.6	4:40.9
68 BOYER, Macy	SO	82	Collegiate	-	23:26.0	7:32.1	4:41.2
69 BUSBY, Sarah	9	626	Stonebridge School	64	23:27.4	7:32.5	4:41.5
70 HENSLEY, Ari	SO	710	Trinity Christian Sch	65	23:27.8	7:32.7	4:41.6
71 CUELLAR, Daniela	SO	42	Centreville	66	23:27.8	7:32.7	4:41.6
72 LOWIT, Eleanor	JR	546	South Lakes	-	23:29.8	7:33.3	4:42.0
73 NUNZIATA, Lucy	SR	630	Stonebridge School	67	23:35.6	7:35.2	4:43.1
74 SLOAN, Sophie	JR	97	Collegiate	-	23:38.2	7:36.0	4:43.6
75 HSIEH, Leyla	JR	711	Trinity Christian Sch	68	23:42.3	7:37.3	4:44.5
76 HAGA, Brelyn	9	275	King George	69	23:42.4	7:37.4	4:44.5
77 THURMOND, Elizabeth	9	426	Saint Catherine's	70	23:43.3	7:37.7	4:44.7
78 DIENG, Oumi	SO	608	Stafford High Schoo	71	23:43.4	7:37.7	4:44.7
79 HOOD, Eleanor	JR	541	South Lakes	-	23:43.8	7:37.8	4:44.8
80 PETRAS, Melissa	JR	479	Saint John Paul the	72	23:46.1	7:38.6	4:45.2
81 NOEL, Caitlyn	8	716	Trinity Christian Sch	(73)	23:49.8	7:39.7	4:46.0
82 FERRELL, Giles	SR	88	Collegiate	-	23:52.6	7:40.6	4:46.5
83 JEWELL, Hannah	JR	367	Paul VI Catholic	74	23:55.3	7:41.5	4:47.1
84 WHITE, Emily	SO	614	Stafford High Schoo	(75)	23:56.3	7:41.8	4:47.3
85 MAGENHEIMER, Leah	9	46	Centreville	(76)	23:57.1	7:42.1	4:47.4
86 WRIGHT, Addison	8	203	Fredericksburg Chri	77	24:04.6	7:44.5	4:48.9
87 AGUIRRE-MARTINEZ, Joha	JR	531	South Lakes	-	24:06.5	7:45.1	4:49.3
88 CARINGTON, Grace	SO	420	Saint Catherine's	78	24:08.9	7:45.9	4:49.8
89 FORCIER, Falyn	SO	44	Centreville	(79)	24:11.7	7:46.8	4:50.3
90 WALDRON, Rose	JR	510	Seton School	80	24:13.7	7:47.4	4:50.7
91 HUTCHINSON, Paige	SR	683	The Covenant Scho	(81)	24:13.9	7:47.5	4:50.8
92 POTEET, Adalynn	9	612	Stafford High Schoo	(82)	24:15.9	7:48.1	4:51.2
93 ISHMAEL, Susan	SR	118	Culpeper County	83	24:18.6	7:49.0	4:51.7
94 CHOI, Kate	SO	41	Centreville	-	24:24.6	7:50.9	4:52.9
95 JONES, Emilia	SO	684	The Covenant Scho	-	24:26.2	7:51.4	4:53.2
96 SPIEGELER, Erynn	JR	480	Saint John Paul the	84	24:28.1	7:52.1	4:53.6
97 MCCOMB, Maddie	JR	94	Collegiate	-	24:31.2	7:53.1	4:54.2
98 ALBANESE, Gianna	SO	471	Saint John Paul the	85	24:33.1	7:53.7	4:54.6
99 PAGE, Ruth Louise	SO	280	King George	86	24:33.6	7:53.8	4:54.7
100 KILCOURSE, Amalia	SO	406	Riverbend High Sch	-	24:35.4	7:54.4	4:55.1
101 JENNINGS, Maddie	SO	713	Trinity Christian Sch	(87)	24:40.8	7:56.1	4:56.2
102 STIMSON, Lily	8	632	Stonebridge School	88	24:43.2	7:56.9	4:56.6
103 CARTER, Katrina	JR	475	Saint John Paul the	89	24:43.6	7:57.0	4:56.7
104 PERKINS, Isabella	SR	283	King George	90	24:44.3	7:57.3	4:56.9
105 FORTIER, Grace	SO	228	Immanuel Christian	91	24:44.5	7:57.3	4:56.9
106 WILSON, Alexandra	SR	250	Isle of Wight Acade	92	24:49.0	7:58.8	4:57.8
107 HOWELL, Kate	9	196	Fredericksburg Chri	93	24:51.2	7:59.5	4:58.2
108 BLINN, Kate	9	779	Walsingham Acade	94	24:52.1	7:59.8	4:58.4

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109 NEELY, Isabelle	SR	368	Paul VI Catholic	95	24:52.6	7:59.9	4:58.5
110 FORTIER, Faith	8	227	Immanuel Christian	96	24:54.4	8:00.5	4:58.9
111 BECHTEL, Tegan	9	474	Saint John Paul the	97	24:56.5	8:01.2	4:59.3
112 GRIFFIN, Lily	SR	502	Seton School	98	24:56.6	8:01.2	4:59.3
113 HANNA, Katherine	SR	709	Trinity Christian Sch	-	24:56.8	8:01.3	4:59.4
114 CASTILLO, Izabella	JR	191	Fredericksburg Chri	99	25:02.9	8:03.2	5:00.6
115 TALIAFERRO, Isabel	8	229	Immanuel Christian	100	25:03.7	8:03.5	5:00.7
116 CRUZAN, Abigail	JR	110	Culpeper County	101	25:05.8	8:04.2	5:01.2
117 HSIEH, Maggi	9	712	Trinity Christian Sch	-	25:06.5	8:04.4	5:01.3
118 ENNIS, Avery	SR	86	Collegiate	-	25:06.6	8:04.4	5:01.3
119 TAYLOR, Grace	9	230	Immanuel Christian	102	25:09.9	8:05.5	5:02.0
120 FERRERIA, Amalia	9	113	Culpeper County	103	25:12.9	8:06.5	5:02.6
121 ARGUETA, Jennifer	JR	603	Stafford High Schoo	-	25:18.2	8:08.2	5:03.6
122 BEST, Kate	SO	163	Fluvanna County	104	25:20.7	8:09.0	5:04.1
123 WYKLE, Ansley	JR	123	Culpeper County	(105)	25:23.2	8:09.8	5:04.6
124 WHITAKER, Ellie	JR	745	Veritas School	(106)	25:29.7	8:11.9	5:05.9
125 CASTELLANOS, Kaiylah	SO	605	Stafford High Schoo	-	25:31.0	8:12.3	5:06.2
126 MEHFOUD, Madeline	JR	48	Centreville	-	25:34.0	8:13.2	5:06.8
127 MONGA-ROCHARD, Louise	JR	782	Walsingham Acade	107	25:37.0	8:14.2	5:07.4
128 KOZELLA, Kayla	SR	167	Fluvanna County	108	25:37.6	8:14.4	5:07.5
129 FENTON, Frances	JR	766	Virginia Episcopal S	109	25:37.9	8:14.5	5:07.6
130 CLARK, Ava	SO	765	Virginia Episcopal S	110	25:38.3	8:14.6	5:07.7
131 EGGERS, Annabelle	SO	363	Paul VI Catholic	111	25:40.5	8:15.3	5:08.1
132 ROBERTS, Morgan	SO	374	Paul VI Catholic	(112)	25:42.0	8:15.8	5:08.4
133 ROBERSON, Emma	SO	200	Fredericksburg Chri	(113)	25:48.3	8:17.8	5:09.7
134 HARTUNG, Monica	SO	503	Seton School	114	25:50.6	8:18.6	5:10.1
135 DIX, Courtney	SO	192	Fredericksburg Chri	(115)	25:51.4	8:18.8	5:10.3
136 BESS, Maddisen	SO	224	Immanuel Christian	(116)	25:57.3	8:20.7	5:11.5
137 MUNSELL, Mary Catherine	SO	508	Seton School	117	25:58.8	8:21.2	5:11.8
138 BROWN, Ana	JR	764	Virginia Episcopal S	118	26:04.4	8:23.0	5:12.9
139 RHODES, Gigi	SO	424	Saint Catherine's	119	26:05.7	8:23.4	5:13.1
140 LANGAAS, Savannah	SO	197	Fredericksburg Chri	-	26:05.8	8:23.5	5:13.2
141 PETERSEN, Natalie	SR	741	Veritas School	(120)	26:14.2	8:26.2	5:14.8
142 ALMELOR, Reese	SO	473	Saint John Paul the	(121)	26:26.4	8:30.1	5:17.3
143 ZEBALLOS, Monica	JR	482	Saint John Paul the	(122)	26:26.5	8:30.1	5:17.3
144 HUFF, Phoebe	SO	421	Saint Catherine's	(123)	26:29.5	8:31.1	5:17.9
145 FOSTER, Jillian	SO	245	Isle of Wight Acade	124	26:34.5	8:32.7	5:18.9
146 BLACK, Alex	SR	778	Walsingham Acade	125	26:39.6	8:34.3	5:19.9
147 QUINTAS, Ava	JR	371	Paul VI Catholic	(126)	26:41.3	8:34.9	5:20.3
148 KRAMER, Penny	9	507	Seton School	127	26:46.9	8:36.7	5:21.4
149 CHRISTACOS, Julia	SO	578	St. Stephen's and S	128	26:53.4	8:38.8	5:22.7
150 MONTEITH, Isla	9	583	St. Stephen's and S	129	26:56.6	8:39.8	5:23.3
151 SALDANA-FITZGERALD, De	9	613	Stafford High Schoo	-	27:03.1	8:41.9	5:24.6
152 KREYDATUS, Gabriel	JR	780	Walsingham Acade	130	27:05.0	8:42.5	5:25.0
153 MURILLO, Jacqueline	SO	278	King George	131	27:09.0	8:43.8	5:25.8
154 BRANHAM, Ruby	JR	731	Veritas School	-	27:21.6	8:47.8	5:28.3

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155 KAY, Philomena	9	504	Seton School	(132)	27:22.5	8:48.1	5:28.5
156 GEYER, Addison	JR	193	Fredericksburg Chri	-	27:24.8	8:48.9	5:29.0
157 READ, Mason	JR	423	Saint Catherine's	(133)	27:34.0	8:51.8	5:30.8
158 HOYMAN, Paige	JR	733	Veritas School	-	27:35.2	8:52.2	5:31.0
159 LANPHEAR, Katherine	SR	736	Veritas School	-	27:35.7	8:52.4	5:31.1
160 THOMAS, Katelynn	SO	743	Veritas School	-	27:36.0	8:52.5	5:31.2
161 GOMOKE, Emmy	9	628	Stonebridge School	(134)	27:59.3	9:00.0	5:35.9
162 WHITLEY, Hannah	8	249	Isle of Wight Acade	135	28:06.9	9:02.4	5:37.4
163 CANTAGALLO, Margeaux	SO	164	Fluvanna County	(136)	28:07.3	9:02.5	5:37.5
164 RIVERA, Allie	SO	631	Stonebridge School	(137)	28:13.8	9:04.6	5:38.8
165 WHITLEY, Hailey	JR	248	Isle of Wight Acade	138	28:28.2	9:09.3	5:41.6
166 DAONOFRIO, Maddy	FR	557	St. Gertrude	-	28:41.1	9:13.4	5:44.2
167 TIGANI, Alice	SO	427	Saint Catherine's	-	28:49.2	9:16.0	5:45.8
168 BARTHOLMAE, Kayla	SR	625	Stonebridge School	-	28:52.2	9:17.0	5:46.4
169 COTTRELL, Sydney	SO	606	Stafford High Schoo	-	28:56.1	9:18.2	5:47.2
170 OHALLARN, Summerlin	SR	783	Walsingham Acade	139	29:33.1	9:30.1	5:54.6
171 NYSTROM, Becca	SO	422	Saint Catherine's	-	30:58.7	9:57.7	6:11.7
172 COUNTS, Lydia	SO	556	St. Gertrude	-	31:45.9	10:12.8	6:21.2
173 AGOSTINO, Emily	9	555	St. Gertrude	-	36:39.9	11:47.4	7:20.0
174 GARZON, Grace	SR	246	Isle of Wight Acade	140	38:46.9	12:28.2	7:45.4