

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Women 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Gamble, Katelyn	Washington a	12.36 -0.5
2 Redmond, Sophia	Mary Washing	12.49 0.7
3 Trussell, Sydney	Christopher	12.61 0.2
4 Hooker, Kacee	Bridgewater	12.66 -0.5
5 Oguamena, Kendra	Eastern Menn	12.90 -0.5
6 Gamble, Haylee	Roanoke	12.90 -0.5
7 Hobin, Lindsey	Roanoke	13.02 0.2
8 Poole, Taylor	Roanoke	13.08 -0.5
9 Justice, Jalynn	Rowan	13.10 0.2
10 Buckles, Jade	Bridgewater	13.12 0.7
11 Moore, Paris	Rowan	13.12 0.2
12 Snodgrass, Hannah	Roanoke	13.25 0.2
13 Hamlin, Haleigh	Bridgewater	13.27 -0.5
14 Fox, Kenna	Roanoke	13.35 0.2
15 Eloy, Samantha	Rowan	13.47 0.7
16 Heward, Riley	Southern Vir	13.55 0.2
17 Birle, Susannah	Washington a	13.56 -0.5
18 Allman, Shandrey	Southern Vir	13.62 0.7
19 Zinsser, Anna	Case Western	13.72 0.2
20 Eungard, Eleanor	Christopher	13.87 0.7
21 Blodgett, Emma	Southern Vir	13.89 0.7
--- Knight, Brianna	Southern Vir	DNF 0.7

## Women 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Broadway, Jasmine	Rowan	25.16 1.1
2 Hooker, Kacee	Bridgewater	25.64 1.1
3 Redmond, Sophia	Mary Washing	25.77 2.9
4 Gamble, Haylee	Roanoke	25.93 1.1
5 Lorjuste, Nevaeh	Rowan	26.05 1.1
6 Oguamena, Kendra	Eastern Menn	26.21 2.9
7 Hinckley, Eleanor	Roanoke	26.46 1.1
8 Moore, Paris	Rowan	26.50 2.9
9 Buckles, Jade	Bridgewater	26.64 0.2
10 Rhee, Isabella	Carnegie Mel	26.73 2.9
11 Byrd, Haileigh	Mary Washing	27.12 2.9
12 Justice, Jalynn	Rowan	27.16 1.0
13 Molina-Shuman, Maryrose	Roanoke	27.30 1.0
14 Parker, Addie	Southern Vir	27.69 1.0
15 Eloy, Samantha	Rowan	27.96 2.9
16 Walker, Marissa	Eastern Menn	27.97 1.0
17 Zinsser, Anna	Case Western	28.26 1.1
18 Heward, Riley	Southern Vir	28.31 1.0
19 Castle, Kamree	Southern Vir	28.40 0.2
20 Miller, Ainsley	Christopher	28.55 +0.0
21 Sterling, Emily	Southern Vir	28.82 +0.0
22 King, Zoe	Carnegie Mel	28.84 +0.0
23 Eungard, Eleanor	Christopher	29.07 +0.0
24 Hamlin, Haleigh	Bridgewater	29.09 1.0
25 Blodgett, Emma	Southern Vir	29.17 0.2
26 Ozeki, Sarah	Case Western	29.74 +0.0

27 Horstman, Elizabeth	Christopher	30.18 0.2
28 Ogundiran, Kemi	Case Western	33.21 +0.0

## Women 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Hefferon, Mikayla	Roanoke	59.08
2 Moore, Paris	Rowan	1:00.26
3 Rhee, Isabella	Carnegie Mel	1:00.44
4 Henson, Lauren	Roanoke	1:01.49
5 Palethorpe, Jordynn	Washington a	1:01.80
6 Lannen, Emily	Carnegie Mel	1:03.24
7 Molina-Shuman, Maryrose	Roanoke	1:03.60
8 Oliver, Cassidy	Bridgewater	1:04.22
9 Satav, Rhythm	Carnegie Mel	1:04.60
10 Sterling, Emily	Southern Vir	1:05.63
11 Castle, Kamree	Southern Vir	1:06.43
12 Ogundiran, Kemi	Case Western	1:19.79

## Women 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Tummalapalli, Kavya	Carnegie Mel	2:18.88
2 Scibelli, Kate	Washington a	2:19.55
3 Liu, Jacqueline	Carnegie Mel	2:19.94
4 Kwasny, Jessica	Case Western	2:21.41
5 Yuan, Mona	Carnegie Mel	2:22.14
6 Dunlap, Zoe	Roanoke	2:22.51
7 Morgan, Liz	Southern Vir	2:22.69
8 Hawk, Parker	Washington a	2:24.33
9 Healy, Margaret Ann	Carnegie Mel	2:25.47
10 Kemp, Mimi	Washington a	2:26.25
11 Vera, Adia	Washington a	2:27.60
12 Shafer, Olivia	Rowan	2:29.60
13 Chapin, Savanna	Southern Vir	2:30.58
14 McNally, Amanda	Rowan	2:30.99
15 Mitchell, Emma	Washington a	2:31.59
16 Warner, Katelyn	Southern Vir	2:32.66
17 Barton, Heidi	Southern Vir	2:36.05
18 Burgio, Gianna	Rowan	2:36.41
19 Dalebout, Lilly	Southern Vir	2:37.30
20 Kilgore, Hayley	Carnegie Mel	2:38.30
21 Jarvis, Sasha	Rowan	2:41.41
22 Driver, Brooke	Rowan	2:43.00
23 Smith, Isabelle	Rowan	2:43.07
24 Riccardelli, Victoria	Rowan	2:43.61
25 Hale, Emmalee	Southern Vir	2:45.27
26 Lovan, Olivia	Washington a	2:47.79
27 Lloyd, Malory	Southern Vir	2:49.39
--- Baquero, Casey	Rowan	DNF

## Women 1500 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Hawk, Parker	Washington a	4:48.42
2 Tummalapalli, Kavya	Carnegie Mel	4:50.53

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Finals ... (Women 1500 Meter Run)

Name	School	Finals
3 Healy, Margaret Ann	Carnegie Mel	4:50.87
4 Liu, Jacqueline	Carnegie Mel	4:51.56
5 Yuan, Mona	Carnegie Mel	4:52.22
6 Dunlap, Zoe	Roanoke	4:55.12
7 Kwasny, Jessica	Case Western	4:59.31
8 Vera, Adia	Washington a	5:01.78
9 Clodgo, Kristen	Washington a	5:02.79
10 Weaver, Jenna	Eastern Menn	5:04.40
11 Mitchell, Emma	Washington a	5:05.27
12 Clarke, Sha'Lynn	Rowan	5:06.94
13 Shafer, Olivia	Rowan	5:08.28
14 Willie, Sasha	Southern Vir	5:09.24
15 Pagano, Gabriella	Rowan	5:12.39
16 Mast, Halie	Eastern Menn	5:17.69
17 Evans, Jesma	Washington a	5:21.43
18 Kilgore, Hayley	Carnegie Mel	5:23.82
19 Bradshaw-Meyer, Kamryn	Southern Vir	5:25.06
20 Jarvis, Sasha	Rowan	5:28.20
21 Asefa, Elili	Eastern Menn	5:28.92
22 Brown, Lauren	Roanoke	5:29.55
23 Bertollo, Nicole	Rowan	5:32.62
24 Lovan, Olivia	Washington a	5:44.09
25 McNally, Amanda	Rowan	5:45.57
26 Buckwalter, Jessica	Eastern Menn	5:49.58
27 Wimmer, Megan	Bridgewater	5:50.97
28 Woodard, Kinley	Bridgewater	6:02.03
29 Casen, Abby	Roanoke	6:50.89
--- Howell, Grace	Bridgewater	DNF

## Women 5000 Meter Run

Name	School	Finals
1 Hoffman, Alyssa	Carnegie Mel	18:14.15
2 Young, Mackenzie	Bridgewater	18:22.42
3 Smeds, Emily	Bridgewater	18:26.83
4 Hamlet, Claire	Washington a	18:28.19
5 Phillips, Catherine	Case Western	18:30.59
6 Rawlings, Maddy	Christopher	18:53.13
7 McKenna, Lauryn	Carnegie Mel	18:58.40
8 Wright, Cameron	Rowan	18:59.90
9 Sasse, Anna	Rowan	19:15.56
10 McGrail, Lex	Christopher	19:32.64
11 Brown, Ashley	Roanoke	19:34.91
12 Dana, Eliza	Christopher	19:42.01
13 Czajka, Norah	Carnegie Mel	19:46.47
14 Guerra, Mia	Rowan	19:47.84
15 Robinson, Regan	Bridgewater	19:48.01
16 Garster, Claire	Christopher	19:51.64
17 Valcich, Michelle	Christopher	19:58.44
18 Pareso, Lily	Washington a	20:29.37
19 Earle, Sarah	Bridgewater	20:32.11
20 Perez, Adalyn	Christopher	20:37.39
21 Miles, Libby	Christopher	20:38.53
22 Patria, Medha	Case Western	20:38.95

23 Pratt, Callie	Christopher	20:44.88
24 Dodd, Ashley	Bridgewater	20:48.77
25 Flower, Elizabeth	Rowan	21:10.48
26 Vaughn, Mia	Rowan	21:21.46
27 Elliott, Erin	Christopher	21:44.91
28 Castle, Allyson	Christopher	21:54.33
29 Kochanski, Sarah	Roanoke	22:22.02
30 Rhyne, Madeleine	Roanoke	22:51.59
31 Williamson, Molly	Bridgewater	23:44.05
32 Larcombe, Elena	Bridgewater	24:05.18
--- Gallagher, Nina	Washington a	DNF

## Women 10000 Meter Run

Name	School	Finals
1 Willie, Sasha	Southern Vir	39:31.60
2 Weaver, Jenna	Eastern Menn	40:02.94
3 Unzicker, Lucy	Eastern Menn	41:27.21
4 Dalebout, Lilly	Southern Vir	42:00.49
5 Chandler, Kyandra	Southern Vir	44:16.65
6 Bradshaw-Meyer, Kamryn	Southern Vir	44:57.35

## Women 100 Meter Hurdles

Name	School	Finals
1 Notarianni, Nicole	Rowan	15.10 3.5
2 Snodgrass, Hannah	Roanoke	15.17 3.5
3 Byrd, Haileigh	Mary Washing	15.35 3.5
4 Romano, Amanda	Washington a	15.83 3.5
5 Hughes, Gloria	Rowan	16.25 3.5
6 Winston, Cammi	Roanoke	16.52 3.5
7 Fox, Kenna	Roanoke	16.67 -0.3
8 Ozeki, Sarah	Case Western	16.73 -2.3
9 Heward, Riley	Southern Vir	17.17 -0.3
10 Tulenko, Paige	Washington a	17.22 -0.3
11 Allman, Shandrey	Southern Vir	17.26 -0.3
12 Bates, Olivia	Bridgewater	17.39 -2.3
13 Silva, Allison	Carnegie Mel	17.58 -0.3
14 Hurley, Olivia	Roanoke	17.67 -0.3
15 Longood, Parker	Washington a	17.74 -2.3
16 Mohanraj, Iniyaa	Carnegie Mel	17.81 -0.3
17 Hobin, Lindsey	Roanoke	18.15 3.5
18 Rehl, Allison	Southern Vir	20.42 -2.3
--- Brown, J'Quaycia	Bridgewater	DQ -2.3

## Women 400 Meter Hurdles

Name	School	Finals
1 Lodge, Molly	Rowan	1:04.46
2 Romano, Amanda	Washington a	1:07.71
3 Stocklin, Alivia	Rowan	1:08.60
4 Tulenko, Paige	Washington a	1:09.34
5 McClenahan, Mahon	Rowan	1:09.61
6 Allman, Shandrey	Southern Vir	1:09.89
7 Ladner, Ophelia	Roanoke	1:10.12
8 Lowe, Alexa	Carnegie Mel	1:10.75

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

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## Finals ... (Women 400 Meter Hurdles)

Name	School	Finals
9 Silva, Allison	Carnegie Mel	1:11.38
10 Torres, Folole	Southern Vir	1:12.17
11 Teagle, Sarah	Washington a	1:14.20
12 Bates, Olivia	Bridgewater	1:16.08
13 Hurley, Olivia	Roanoke	1:28.46

## Women 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1 Breyault, Brianna	Washington a	12:28.94
2 Spencer, Eve	Washington a	12:55.15
3 Price, Susanna	Roanoke	12:55.31
4 Reid, Savannah	Roanoke	14:18.43

## Women 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Roanoke	A	49.45
1) Poole, Taylor	2) Fox, Kenna	
3) Hobin, Lindsey	4) Hinckley, Eleanor	
2 Washington and Lee	A	49.51
1) Birle, Susannah	2) D'Ambrosia, Ashley	
3) Palethorpe, Jordynn	4) Gamble, Katelyn	

## Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Roanoke	A	4:05.37
1) Molina-Shuman, Maryrose	2) Henson, Lauren	
3) Gamble, Haylee	4) Hefferon, Mikayla	
2 Washington and Lee	A	4:06.32
1) Tulenko, Paige	2) Palethorpe, Jordynn	
3) Romano, Amanda	4) Scibelli, Kate	
3 Christopher Newport	A	4:09.24
1) Miller, Ainsley	2) Yenyoy, Casey	
3) Trussell, Sydney	4) DeSantis, Adrianna	
4 Carnegie Mellon	A	4:10.18
1) Rhee, Isabella	2) Lannen, Emily	
3) Satav, Rhythm	4) Silva, Allison	
5 Southern Virginia	A	4:13.98
1) Torres, Folole	2) Parker, Addie	
3) Chapin, Savanna	4) Chandler, Kyandra	
6 Eastern Mennonite	A	4:15.93
1) Taylor, Ray Ray	2) Oguamena, Kendra	
3) Walker, Marissa	4) Asefa, Elili	
7 Rowan	A	4:22.51
1) Moore, Paris	2) Driver, Brooke	
3) Stocklin, Alivia	4) Pagano, Gabriella	
8 Rowan	B	4:31.60
1) Clarke, Sha'Lynn	2) Burgio, Gianna	
3) Bertollo, Nicole	4) Smith, Isabelle	

## Women High Jump

Name	School	Finals
<b>Finals</b>		
1 Winston, Cammi	Roanoke	1.53m
2 Roden, Kim	Roanoke	J1.53m
3 Hinckley, Eleanor	Roanoke	J1.53m
4 Nguyen, Kaitlyn	Roanoke	1.48m
5 Pedersen, Jilane	Southern Vir	J1.48m
6 Vargo, Mia	Case Western	1.43m
7 Wright, Rachel	Rowan	J1.43m
8 Prows, Mikki	Southern Vir	1.38m
--- King, Zoe	Carnegie Mel	NH

## Women Pole Vault

Name	School	Finals
<b>Finals</b>		
1 D'Ambrosia, Ashley	Washington a	3.38m
2 Van Duyne, Chloe	Roanoke	J3.38m
3 Huczko, Jo-Michelle	Carnegie Mel	3.08m
4 Coleman, Claire	Washington a	2.93m
5 Miller, Tasha	Roanoke	J2.93m
6 Kinney, Clare	Roanoke	J2.93m
7 Mangels, Avery	Christopher	2.78m
--- Hanchett, Rory	Southern Vir	NH
--- King, Zoe	Carnegie Mel	NH
--- Chapin, Savanna	Southern Vir	NH
--- Franklin, Kailee	Eastern Menn	NH

## Women Long Jump

Name	School	Finals
<b>Finals</b>		
1 Byrd, Haileigh	Mary Washing	5.04m 0.2
2 Oliver, Cassidy	Bridgewater	J5.04m 0.3
3 Longood, Parker	Washington a	5.03m 1.4
4 Hamlin, Haileigh	Bridgewater	4.99m 1.1
5 Buckles, Jade	Bridgewater	4.97m +0.0
6 Li, Serena	Carnegie Mel	4.96m +0.0
7 Lowe, Alexa	Carnegie Mel	4.82m +0.0
8 Kiefel, Jocelyn	Carnegie Mel	4.75m 1.3
9 Brown, J'Quaycia	Bridgewater	4.68m 0.1
10 Ozeki, Sarah	Case Western	4.64m 3.3
11 Hobin, Lindsey	Roanoke	4.62m +0.0
12 Justice, Jalynn	Rowan	4.58m 4.3
13 Mohanraj, Iniyaa	Carnegie Mel	4.55m 0.9
14 Hertzberg, Elizabeth	Washington a	4.51m +0.0
15 Guzman, Alexandra	Christopher	4.38m +0.0
16 Hanchett, Rory	Southern Vir	4.20m 1.9
17 Poole, Taylor	Roanoke	4.09m +0.0
18 Hurley, Olivia	Roanoke	3.96m 0.5
19 Pusser, Skyler	Christopher	3.60m 3.7
--- Venable, Madelyn	Washington a	FOUL

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

**Women Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Ozeki, Sarah	Case Western	10.91m 3.0
2 Lowe, Alexa	Carnegie Mel	10.82m 1.0
3 Kiefel, Jocelyn	Carnegie Mel	10.65m 0.9
4 Roden, Kim	Roanoke	10.63m 0.6
5 Brown, J'Quaycia	Bridgewater	10.37m 1.5
6 Winston, Cammi	Roanoke	10.31m +0.0
7 Buckles, Jade	Bridgewater	10.19m 1.8
8 Mohanraj, Iniyaa	Carnegie Mel	10.15m +0.0
9 Oliver, Cassidy	Bridgewater	9.99m 0.8
10 Li, Serena	Carnegie Mel	9.48m 1.8
11 Ladner, Ophelia	Roanoke	9.47m -0.1
12 Guzman, Alexandra	Christopher	9.25m +0.0
13 Seaton, Layla	Case Western	9.25m +0.0
14 Rehl, Allison	Southern Vir	9.04m 0.6

**Women Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Monahan, Kathleen	Carnegie Mel	12.44m
2 Fowler, Grace	Roanoke	11.49m
3 Wachtman, Adrienne	Case Western	11.17m
4 Galvin, Emily	Rowan	10.99m
5 Symonette, Taylor	Carnegie Mel	10.97m
6 Kinney, Clare	Roanoke	10.94m
7 Bey, Alexia	Rowan	10.92m
8 Stevens, Katie	Christopher	10.76m
9 Berntson, Olivia	Washington a	10.32m
10 McGlothlin, Abigail	Roanoke	10.08m
10 vit, grace	Rowan	10.08m
12 Hedgemon, Bailey	Washington a	10.07m
13 Adesina, Comfort	Rowan	10.03m
14 Rountree, Kayla	Carnegie Mel	9.92m
15 Fuchs, Sarah	Roanoke	9.60m
16 Timmerding, Bella	Washington a	9.45m
17 Zunk, Quinlin	Washington a	9.33m
18 Dreher, Annabelle	Christopher	9.18m
19 Disbrow, Claudia	Roanoke	8.99m
20 Moore, Lauryn	Eastern Menn	8.63m
21 Lee, Michelle	Case Western	8.36m
22 Bartlett, Phoebe	Roanoke	6.92m

**Women Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 McCaffery, Natalie	Washington a	38.78m
2 Wachtman, Adrienne	Case Western	36.82m
3 Zunk, Quinlin	Washington a	35.84m
4 McGlothlin, Abigail	Roanoke	35.26m
5 Monahan, Kathleen	Carnegie Mel	35.23m
6 Stevens, Katie	Christopher	34.89m
7 Gajtkowski, Abbey	Roanoke	33.38m
8 Fowler, Grace	Roanoke	32.86m

9 Disbrow, Claudia	Roanoke	32.48m
10 Hedgemon, Bailey	Washington a	30.52m
11 Bartlett, Phoebe	Roanoke	29.88m
12 Kinney, Clare	Roanoke	29.69m
13 Cohen, Tori	Case Western	29.31m
14 Fuchs, Sarah	Roanoke	28.19m
15 Ginn, Rachel	Case Western	27.86m
16 Roskuszka, Lauren	Case Western	27.76m
17 Lee, Michelle	Case Western	27.70m
18 Morgan, Brianna	Bridgewater	27.62m
19 Moore, Lauryn	Eastern Menn	27.38m
20 Symonette, Taylor	Carnegie Mel	25.29m
21 Dreher, Annabelle	Christopher	23.88m
22 Willis, Alea	Southern Vir	22.42m
23 Gaines, Quentessa	Mary Washing	19.39m

**Women Hammer Throw**

Name	School	Finals
<b>Finals</b>		
1 Galvin, Emily	Rowan	52.17m
2 Hedgemon, Bailey	Washington a	43.62m
3 Cohen, Tori	Case Western	43.01m
4 Stevens, Katie	Christopher	42.85m
5 Monahan, Kathleen	Carnegie Mel	42.49m
6 Bey, Alexia	Rowan	41.87m
7 Rountree, Kayla	Carnegie Mel	41.20m
8 Gajtkowski, Abbey	Roanoke	40.93m
9 Zunk, Quinlin	Washington a	39.54m
10 Culhane, Caitlin	Roanoke	34.83m
11 Ginn, Rachel	Case Western	34.18m
12 Adesina, Comfort	Rowan	33.64m
13 Lee, Michelle	Case Western	32.79m
14 Agosta, Adriana	Carnegie Mel	32.14m
15 Timmerding, Bella	Washington a	32.02m
16 Fuchs, Sarah	Roanoke	30.81m
17 Morgan, Brianna	Bridgewater	29.58m
18 Roskuszka, Lauren	Case Western	29.22m
19 Berntson, Olivia	Washington a	29.02m
20 Dreher, Annabelle	Christopher	26.78m
21 Willis, Alea	Southern Vir	26.44m
22 Bartlett, Phoebe	Roanoke	25.81m
23 Disbrow, Claudia	Roanoke	25.68m
24 vit, grace	Rowan	22.59m
--- Wachtman, Adrienne	Case Western	FOUL
--- Fowler, Grace	Roanoke	FOUL

**Women Javelin Throw**

Name	School	Finals
<b>Finals</b>		
1 Wachtman, Adrienne	Case Western	38.35m
2 Roskuszka, Lauren	Case Western	37.64m
3 Pedersen, Jilane	Southern Vir	34.05m
4 Zunk, Quinlin	Washington a	31.68m
5 Rodgers, Jess	Rowan	31.01m
6 Wasserman, Jolie	Carnegie Mel	30.47m
7 vit, grace	Rowan	29.31m

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Finals ... (Women Javelin Throw)

Name	School	Finals
8 Rountree, Kayla	Carnegie Mel	28.72m
8 Lee, Michelle	Case Western	28.72m
10 McCaffery, Natalie	Washington a	28.48m
11 Kossis, Dimitra	Rowan	28.15m
12 McGlothlin, Abigail	Roanoke	24.85m
13 King, Zoe	Carnegie Mel	24.64m
14 Culhane, Caitlin	Roanoke	22.68m
15 Gajtkowski, Abbey	Roanoke	22.01m
16 Fuchs, Sarah	Roanoke	19.03m
17 Boyd, Nia	Eastern Menn	13.55m
--- Taylor, Ray Ray	Eastern Menn	FOUL

## Men 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Clanton, Kyle	Bridgewater	11.05 -0.5
2 Byrd, Masai	Rowan	11.14 -0.5
3 Johnson, Alijah	Eastern Menn	11.17 -0.5
4 Love, Shamar	Rowan	11.27 -0.5
5 de la Cruz, Daniel	Southern Vir	11.29 -1.1
6 Perez, Juan	Case Western	11.38 -0.5
7 Morgan, Damon	Eastern Menn	11.40 -0.5
8 Creadon, Reese	Mary Washing	11.40 -1.1
9 Dracon, Doug	Washington a	11.43 -0.3
10 Chapman, Ian	Mary Washing	11.44 -1.1
11 Moon, Aaron	Bridgewater	11.44 -0.5
12 Alderman, Cy	Bridgewater	11.50 1.7
13 Garin, Verne	Carnegie Mel	11.50 -1.1
14 Lesko, Kyle	Christopher	11.55 -1.1
15 Hunter, Bryson	Eastern Menn	11.61 -1.1
16 Cartwright, Keith	Case Western	11.62 -1.1
17 Mefford, Isaiah	Washington a	11.62 1.7
18 Meldrum, Duncan	Washington a	11.68 1.7
19 Wong, Bennett	Carnegie Mel	11.73 -1.1
19 Spradlin, Aiden	Roanoke	11.73 -1.0
21 Marable, George	Washington a	11.76 0.2
22 Xia, Jack	Case Western	11.80 1.7
23 McKenna, Ryan	Washington a	11.87 -0.3
24 Kronimus, Jonathon	Eastern Menn	11.90 1.7
25 Callow, Brett	Case Western	11.91 -0.5
26 Sheets, Michael	Bridgewater	11.92 -1.0
27 Johnson, Andrew	Carnegie Mel	11.92 1.7
28 Archibald, Max	Southern Vir	11.96 -1.0
29 Kibler, Chris	Eastern Menn	11.97 -1.0
30 Radiarta, Randy	Case Western	11.98 -1.0
31 Peterson, Brandon	Christopher	11.99 1.7
32 Eldridge, Joseph	Roanoke	12.04 -0.3
33 France, Patrick	Washington a	12.10 -1.0
34 Jones, Porter	Southern Vir	12.14 -0.3
35 Dhillon, Kareem	Mary Washing	12.16 -1.0
36 McMillon, Tyler	Mary Washing	12.28 0.2
37 Wilson, Da'Shawn	Bridgewater	12.37 -0.3
38 Baker, Ben	Bridgewater	12.39 0.2
39 Harold, Brian	Christopher	12.40 1.7

## Men 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Fox, Daniel	Christopher	21.81 1.3
2 Jones II, Jacinto	Mary Washing	21.99 1.3
3 Halkias, Alexander	Carnegie Mel	22.09 1.3
4 Camobreco, Lorenzo	Roanoke	22.43 -0.2
5 Agyemang, Jason	Rowan	22.44 2.7
6 Love, Shamar	Rowan	22.47 1.3
7 Perez, Juan	Case Western	22.56 -0.2
8 Callow, Brett	Case Western	22.59 -0.2
9 Dracon, Doug	Washington a	22.62 -0.2
10 Chapman, Ian	Mary Washing	22.80 0.8
11 Avalos, Kaegan	Bridgewater	22.82 1.3
12 Nkrumah, Kwaku	Rowan	22.83 2.7
13 Lesko, Kyle	Christopher	22.90 -0.2
14 Mackey, Conner	Bridgewater	22.97 0.8
15 Byrd, Masai	Rowan	22.98 1.3
16 Morgan, Damon	Eastern Menn	23.13 -0.2
17 Sheets, Michael	Bridgewater	23.16 2.7
18 Lawrence, Michael	Rowan	23.21 -1.7
19 Cartwright, Keith	Case Western	23.21 2.7
20 Spring, Perry	Christopher	23.22 2.7
21 Brennan, Leo	Christopher	23.47 0.8
22 Alderman, Cy	Bridgewater	23.51 0.8
23 Laser, John	Christopher	23.55 0.8
24 Agrinya, Jonathan	Case Western	23.55 -1.1
25 Wong, Bennett	Carnegie Mel	23.69 0.8
26 Palmer, Alexander	Carnegie Mel	23.72 0.8
27 Spradlin, Aiden	Roanoke	23.73 -1.7
28 Weltz, Austin	Carnegie Mel	23.74 -0.8
29 Young, Ethan	Mary Washing	23.81 0.8
30 Hughes, Anaiaas	Rowan	23.87 0.8
31 Meldrum, Duncan	Washington a	23.88 0.8
32 Edwards, James	Washington a	23.92 0.8
33 Boucher, Pierce	Case Western	23.96 -1.7
34 Lehman, Connor	Washington a	23.96 -1.1
35 Garin, Verne	Carnegie Mel	23.98 -1.7
36 Bishop, Logan	Christopher	23.99 NWI
37 Jones, Porter	Southern Vir	24.02 -1.7
38 DeYoung, Will	Case Western	24.13 -0.8
39 Radiarta, Randy	Case Western	24.15 -0.8
40 Xia, Jack	Case Western	24.23 -2.1
41 Moxley, Bryden	Case Western	24.25 NWI
42 Keroack, David	Christopher	24.35 NWI
43 Shaaban, Yusuf	Case Western	24.35 2.7
44 Johnson, Andrew	Carnegie Mel	24.39 -2.1
45 Eldridge, Joseph	Roanoke	24.43 -1.1
46 Graham, Daniel	Roanoke	24.45 NWI
47 Cardwell, Victor	Roanoke	24.54 -2.1
48 Num, Jeffrey	Rowan	24.60 -0.8
49 France, Patrick	Washington a	24.62 -1.7
50 Kronimus, Jonathon	Eastern Menn	24.70 NWI
51 Brula, Aaron	Case Western	24.76 -2.1
52 Abebe, Abenezzer	Eastern Menn	24.85 -2.1

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Finals ... (Men 200 Meter Dash)

Name	School	Finals
53 Wilson, Da'Shawn	Bridgewater	24.89 -2.1
54 Hamman, Jonah	Roanoke	24.96 -1.1
55 Nzebuna, Peculiar	Case Western	25.30 -0.8
56 James, Ari	Southern Vir	25.31 -1.1
57 Forte, Langley	Christopher	25.38 NWI
58 Baker, Ben	Bridgewater	25.44 -1.1
59 Archibald, Max	Southern Vir	30.66 -0.8

## Men 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Crawford, Samuel	Roanoke	49.09
2 Avigliano, Luke	Washington a	50.82
3 Avalos, Kaegan	Bridgewater	50.82
4 Wetz, Austin	Carnegie Mel	51.11
5 Davies, Leland	Carnegie Mel	51.65
6 Heffinger, Brandon	Roanoke	51.67
7 Palmer, Alexander	Carnegie Mel	52.70
8 Brula, Aaron	Case Western	52.96
9 Callow, Brett	Case Western	53.14
10 Keroack, David	Christopher	53.23
11 Abebe, Abenezer	Eastern Menn	53.29
12 DeYoung, Will	Case Western	53.77
13 Agrinya, Jonathan	Case Western	53.79
14 Birchett, Trey	Bridgewater	54.09
15 Potrebic, Casey	Carnegie Mel	54.15
16 Greene, Tyler	Rowan	54.16
17 Hamman, Jonah	Roanoke	54.59
18 Cardwell, Victor	Roanoke	55.17
19 Michael, Michael	Eastern Menn	55.50
20 Morin, Blake	Roanoke	55.76

## Men 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Kolodziej, Jake	Rowan	1:56.65
2 Ruiz, Chris	Washington a	1:57.29
3 Albright, Cooper	Christopher	1:57.61
4 Moore, Zach	Washington a	1:57.70
5 Dutton, Sean	Carnegie Mel	1:57.82
6 Moxley, Bryden	Case Western	1:58.68
7 Ferrante, Daniel	Christopher	2:00.06
8 Verrett, Connor	Washington a	2:01.20
9 Damiani, Thomas	Carnegie Mel	2:01.22
10 Hart, Anthony	Case Western	2:01.43
11 Onorato, Nick	Mary Washing	2:04.61
12 Collett, Will	Southern Vir	2:05.63
13 Peters, Caleb	Rowan	2:07.39
14 Toliver, Sean	Roanoke	2:08.45
15 Reyna-Sanchez, Raul	Southern Vir	2:11.66
16 Johnson, Carter	Southern Vir	2:14.87
17 Beasley, Branden	Southern Vir	2:17.51
18 Kemp, Kenyon	Southern Vir	2:25.12

## Men 1500 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Woodward, Ben	Rowan	4:00.74
2 Verrett, Connor	Washington a	4:02.31
3 Fingerhut, Josh	Washington a	4:03.69
4 Scharf, Charles	Washington a	4:05.49
5 Damiani, Thomas	Carnegie Mel	4:06.04
6 Neeble, Cooper	Roanoke	4:06.56
7 Kolodziej, Jake	Rowan	4:09.73
8 Immanuel, Bellamy	Eastern Menn	4:10.65
9 Conway, Matthew	Rowan	4:10.83
10 Kallen, Thomas	Washington a	4:13.17
11 Varney, Bowen	Bridgewater	4:15.61
12 Onorato, Nick	Mary Washing	4:16.79
13 Woodruff, Dawson	Eastern Menn	4:17.08
14 Collett, Will	Southern Vir	4:17.48
15 Bergmann, Ethan	Rowan	4:22.57
16 Miller, Gabe	Bridgewater	4:23.40
17 Lehman, Nate	Eastern Menn	4:27.03
18 Donovan, Jack	Bridgewater	4:29.00
19 Rose, Ryder	Bridgewater	4:31.49
20 Chlebowski, Xavier	Roanoke	4:31.95
21 Jewell, Daniel	Roanoke	4:33.48
22 Reyna-Sanchez, Raul	Southern Vir	4:52.50
23 Toms, Michael	Bridgewater	5:26.74
--- Ruiz, Chris	Washington a	DNF

## Men 5000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Coyle, Matthew	Carnegie Mel	14:44.75
2 Nathan, Aidan	Case Western	14:57.54
3 Hsu, Jacob	Carnegie Mel	14:59.34
4 Podnar, Ryan	Carnegie Mel	15:09.56
5 Sterne, Row	Washington a	15:12.57
6 Vogel, John	Christopher	15:16.36
7 Clarke, Kyle	Washington a	15:18.41
8 Verrett, Colin	Washington a	15:19.21
9 Henry, Stephen	Case Western	15:19.49
10 Cziryak, Noah	Rowan	15:22.92
11 Williams, Seth	Carnegie Mel	15:24.50
12 Thomas, Max	Washington a	15:26.19
13 Warren, Tim	Washington a	15:26.94
14 Hart, Anthony	Case Western	15:35.52
15 Tella, Kenji	Carnegie Mel	15:36.85
16 Hawkins, Luke	Christopher	15:37.32
17 Goldberg, Yonah	Carnegie Mel	15:39.60
18 Newton, Luke	Washington a	15:44.97
19 Kishna, Luke	Case Western	15:47.45
20 Chandler, Kedryn	Southern Vir	15:51.24
21 Jacobs, Jackson	Washington a	15:51.67
22 Cadle, Anthony	Bridgewater	15:53.34
23 Garis, Matt	Roanoke	15:55.21
24 Ferrante, Daniel	Christopher	16:02.04

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Finals ... (Men 5000 Meter Run)

Name	School	Finals
25 Rush, Keaton	Washington a	16:06.64
26 DiTroia, Cameron	Rowan	16:14.49
27 Tolarchyk, Nicholas	Christopher	16:21.49
28 Gregory, Jacob	Bridgewater	16:24.29
29 Nash, Victor	Case Western	16:26.66
30 Tompkins, Luke	Christopher	16:30.78
31 Atienza, John	Christopher	16:35.52
32 Sangiuliano, Jason	Christopher	16:54.92
33 Reid, Franklin	Roanoke	16:58.12
34 Duncan, Ethan	Bridgewater	16:58.40
35 Jones, Michael	Christopher	16:59.79
36 Dalton, Taylor	Christopher	17:00.33
37 Counts, Levi	Roanoke	17:09.32
38 Hughes, Hunter	Rowan	17:17.54
39 Bishop, Kellen	Roanoke	17:20.28
40 Greenstein, Jake	Roanoke	17:33.15
41 Bradley, Caleb	Bridgewater	17:38.22
42 Hoffstaetter, Tim	Roanoke	17:56.20
43 McCue, Logan	Christopher	18:17.30
44 Deel, Andrew	Roanoke	18:18.74
45 Gregorits, Andrew	Roanoke	19:09.01
--- Scharf, Charles	Washington a	DNF
--- Neeble, Cooper	Roanoke	DNF
--- Negron, Joe	Christopher	DNF
--- Conway, Matthew	Rowan	DNF
--- Fingerhut, Josh	Washington a	DNF

## Men 10000 Meter Run

Name	School	Finals
1 Murphy, Charlie	Carnegie Mel	31:41.88
2 Miller, Jansen	Eastern Menn	33:03.11
3 Haden, Henry	Washington a	33:19.14
4 Kaufman, Clay	Eastern Menn	34:05.11
5 Johnson, Carter	Southern Vir	36:05.35
6 Norcross, Denver	Southern Vir	36:51.75
7 Yoder, Nathan	Eastern Menn	36:57.82
8 Hostetler, Caleb	Eastern Menn	37:22.95
9 Munoz, Zach	Eastern Menn	39:16.28

## Men 110 Meter Hurdles

Name	School	Finals
1 Agyemang, Jason	Rowan	15.16 -3.9
2 Nkrumah, Kwaku	Rowan	15.18 -3.9
3 Rich, Thomas	Carnegie Mel	15.59 -3.9
4 Nzebuna, Peculiar	Case Western	15.68 -3.9
5 Hughes, Anaiais	Rowan	15.82 -3.9
6 Young, Ethan	Mary Washing	15.82 -3.9
7 Nowlin, Micah	Carnegie Mel	16.19 -1.1
8 Graham, Daniel	Roanoke	16.89 -1.1
9 Del Pontone, Nickolino	Southern Vir	17.09 -1.1
10 Lawrence, Michael	Rowan	17.18 -3.9
11 Num, Jeffrey	Rowan	17.35 -1.1

12 Knick, Dylan	Roanoke	17.35 -1.1
13 Leitao, Gustavo	Christopher	17.61 -1.1
14 Johnson, Tyler	Bridgewater	18.55 +0.0
15 Forte, Langley	Christopher	19.70 +0.0
--- D'Amour, Brandon	Bridgewater	DQ +0.0

## Men 400 Meter Hurdles

Name	School	Finals
1 de la Cruz, Daniel	Southern Vir	54.78
2 Marable, George	Washington a	56.05
3 Jakubowski-Lewis, Daniel	Washington a	56.41
4 McKenna, Ryan	Washington a	57.06
5 Rich, Thomas	Carnegie Mel	57.72
6 Rivera Sharp, Noah	Rowan	57.95
7 Leitao, Gustavo	Christopher	57.99
8 Radiarta, Randy	Case Western	59.21
9 Boucher, Pierce	Case Western	59.28
10 Shaaban, Yusuf	Case Western	59.30
11 Soriano, Jessier	Rowan	59.46
12 Nowlin, Micah	Carnegie Mel	1:00.06
13 Knick, Dylan	Roanoke	1:00.25
14 Armstrong, Isaac	Southern Vir	1:00.80
15 Nzebuna, Peculiar	Case Western	1:00.98
16 Anderson, Ethan	Christopher	1:05.11
17 Pena-Bandalo, Logan	Christopher	1:05.41
18 Williams, Tyler	Carnegie Mel	1:05.55
19 D'Amour, Brandon	Bridgewater	1:06.71
20 Estes, Andrew	Roanoke	1:12.69

## Men 3000 Meter Steeplechase

Name	School	Finals
1 Kallen, Thomas	Washington a	10:12.20
2 Woodley, Joshua	Roanoke	10:52.39

## Men 4x100 Meter Relay

Team	Relay	Finals
1 Christopher Newport	A	42.13
1) Lesko, Kyle	2) Fox, Daniel	
3) Spring, Perry	4) Elliott, Gage	
2 Roanoke	A	42.50
1) Spradlin, Aiden	2) Crawford, Samuel	
3) Morin, Blake	4) Camobreco, Lorenzo	
3 Carnegie Mellon	A	43.30
1) Garin, Verne	2) Kelly, Jacob	
3) Wong, Bennett	4) Halkias, Alexander	

## Men 4x400 Meter Relay

Team	Relay	Finals
1 Roanoke	A	3:19.96
1) Crawford, Samuel	2) Camobreco, Lorenzo	
3) Heffinger, Brandon	4) Bohon, Hunter	

## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
2 Carnegie Mellon	A	3:21.38
1) Weltz, Austin	2) Halkias, Alexander	
3) Davies, Leland	4) Williams, Gaven	
3 Washington and Lee	A	3:22.32
1) Marable, George	2) Dracon, Doug	
3) Moore, Zach	4) Avigliano, Luke	
4 Eastern Mennonite	A	3:23.48
1) Hunter, Bryson	2) Immanuel, Bellamy	
3) Kibler, Chris	4) Johnson, Alijah	
5 Christopher Newport	A	3:23.61
1) Elliott, Gage	2) Brennan, Leo	
3) Laser, John	4) Spring, Perry	
6 Carnegie Mellon	B	3:26.18
1) Williams, Tyler	2) Dutton, Sean	
3) Long, Clayton	4) Palmer, Alexander	
7 Case Western	A	3:26.96
1) Perez, Juan	2) Brula, Aaron	
3) Boucher, Pierce	4) Dehmler, Will	
8 Washington and Lee	B	3:30.80
1) Jakubowski-Lewis, Daniel	2) McKenna, Ryan	
3) Meldrum, Duncan	4) Wilson, Sharif	
9 Eastern Mennonite	B	3:36.49
1) Abebe, Abenezzer	2) Kronimus, Jonathon	
3) Michael, Michael	4) Woodruff, Dawson	
10 Bridgewater (Va.)	A	3:49.46
1) Donovan, Jack	2) Varney, Bowen	
3) Miller, Gabe	4) Rose, Ryder	

## Men High Jump

Name	School	Finals
<b>Finals</b>		
1 White, Jarett	Rowan	2.00m
2 Rich, Thomas	Carnegie Mel	1.94m
3 McGee, Adonis	Rowan	1.86m
4 Hughes, Anaiais	Rowan	J1.86m
4 Hall, Jayton	Southern Vir	J1.86m
6 Nkrumah, Kwaku	Rowan	1.81m
6 Birchett, Trey	Bridgewater	1.81m
8 Mackey, Conner	Bridgewater	J1.81m
9 Anderson, Ethan	Christopher	J1.81m
10 Lawhorne, Mason	Bridgewater	J1.81m
11 Moon, Aaron	Bridgewater	J1.81m
12 Smagh, Aidan	Mary Washing	1.76m
13 Bohon, Hunter	Roanoke	J1.76m
14 McIntyre, Jared	Roanoke	1.71m
--- Brula, Aaron	Case Western	NH

## Men Pole Vault

Name	School	Finals
<b>Finals</b>		
1 Langhammer, Evan	Washington a	4.43m
2 Repko, Easton	Bridgewater	4.28m
3 Arnold, Parker	Southern Vir	4.13m
4 Mwesigwa, Elvis	Rowan	3.98m

5 Enstrom, Miles	Roanoke	3.83m
6 McCombs, Dominic	Roanoke	J3.83m
7 Rich, Thomas	Carnegie Mel	3.53m
8 Bishop, Logan	Christopher	J3.53m
9 Spillman, Troy	Washington a	3.38m
--- Nye, Brock	Southern Vir	NH
--- Potrebic, Casey	Carnegie Mel	NH
--- Hayward, Harrison	Carnegie Mel	NH
--- Duckworth, Christian	Carnegie Mel	NH
--- Raimondi, Tyler	Rowan	NH
--- Jones, Porter	Southern Vir	NH

## Men Long Jump

Name	School	Finals
<b>Finals</b>		
1 Rich, Thomas	Carnegie Mel	6.95m 1.3
2 Walton, Rajai	Mary Washing	6.84m +0.0
3 Clanton, Kyle	Bridgewater	6.81m 1.7
4 Moon, Aaron	Bridgewater	6.71m +0.0
5 Halkias, Alexander	Carnegie Mel	6.62m +0.0
6 Blackwell, Luke	Carnegie Mel	6.48m +0.0
7 Gowe, Samuel	Mary Washing	6.42m +0.0
8 Peterson, Brandon	Christopher	6.36m +0.0
9 Brennan, Leo	Christopher	6.23m +0.0
10 Bohon, Hunter	Roanoke	6.20m 0.7
11 Johnson, Mikhai	Rowan	J6.20m +0.0
12 Qi, Andrew	Case Western	6.17m +0.0
13 Armstrong, Isaac	Southern Vir	6.02m +0.0
14 Rose, Matthew	Mary Washing	5.89m +0.0
15 Matthews, Anthony	Bridgewater	5.85m 0.3
16 Lawhorne, Mason	Bridgewater	5.74m +0.0
17 Foster, Jack	Washington a	5.53m +0.0
18 Skidmore, Tommy	Southern Vir	5.49m +0.0
19 Li, David	Washington a	5.46m +0.0

## Men Triple Jump

Name	School	Finals
<b>Finals</b>		
1 Blackwell, Luke	Carnegie Mel	13.57m +0.0
2 Peterson, Brandon	Christopher	13.49m 0.9
3 Moon, Aaron	Bridgewater	12.97m -0.2
4 Matthews, Anthony	Bridgewater	12.96m 1.3
5 Qi, Andrew	Case Western	12.91m 2.0
6 McIntyre, Jared	Roanoke	12.35m 1.8
7 Harold, Brian	Christopher	12.27m 1.9
8 Suen, Kenny	Case Western	12.21m 0.4
9 Skidmore, Tommy	Southern Vir	11.76m 2.8

## Men Shot Put

Name	School	Finals
<b>Finals</b>		
1 Smith, Michael	Bridgewater	13.97m
2 Knight, Will	Washington a	13.57m
3 Patel, Krish	Rowan	13.55m
4 Alligood, Samuel	Carnegie Mel	13.24m
5 Fulton, Peter	Bridgewater	13.15m



## Washington &amp; Lee Carnival - 3/18/2023

## Washington and Lee University

## Results

## Finals ... (Men Shot Put)

	Name	School	Finals
6	Roy, Adam	Washington a	12.69m
7	Palmer, Tyler	Christopher	12.58m
8	Oldham, Cole	Southern Vir	12.46m
9	Fomby, Latrell	Christopher	12.15m
10	Ntiganzwa, Dante	Christopher	11.85m
11	Rich, Thomas	Carnegie Mel	11.71m
12	Potrebic, Casey	Carnegie Mel	11.70m
13	Deyak, Nathaniel	Carnegie Mel	11.45m
14	Nesselrodt, Tony	Bridgewater	11.42m
15	Davidson, Curt (Cj)	Southern Vir	10.98m
16	Schmidt, Christian	Eastern Menn	10.87m
17	Varner, Benjamin	Christopher	10.81m
18	Lionberger, Derek	Southern Vir	10.51m
19	Sliwa, Colin	Christopher	10.50m
20	Novak, Evan	Washington a	10.31m
21	Krause, Curtiss	Roanoke	10.28m
22	Sarsfield, James	Roanoke	10.13m
23	Africa, Matthew	Southern Vir	9.92m
24	Bea, Jayven	Roanoke	9.83m
25	Field, Jeremiah	Christopher	9.23m
26	Makowski, Brandon	Washington a	8.94m
27	Duncan, Ryan	Bridgewater	8.23m
---	Young, Daniel	Christopher	FOUL

## Men Discus Throw

	Name	School	Finals
<b>Finals</b>			
1	Fulton, Peter	Bridgewater	46.81m
2	Smith, Michael	Bridgewater	43.13m
3	Bain, Ian	Rowan	42.51m
4	McNutt, Jake	Bridgewater	41.64m
5	Patel, Krish	Rowan	40.15m
6	Alligood, Samuel	Carnegie Mel	40.06m
7	Knight, Will	Washington a	39.74m
8	Lionberger, Derek	Southern Vir	37.95m
9	Hoffman, Bryce	Bridgewater	37.82m
10	Fomby, Latrell	Christopher	37.23m
11	Palmer, Tyler	Christopher	37.00m
12	Varner, Benjamin	Christopher	36.62m
13	Deyak, Nathaniel	Carnegie Mel	35.61m
14	Novak, Evan	Washington a	35.40m
15	Oldham, Cole	Southern Vir	35.30m
16	Davidson, Curt (Cj)	Southern Vir	33.27m
17	Young, Daniel	Christopher	32.78m
18	Sliwa, Colin	Christopher	32.11m
19	Africa, Matthew	Southern Vir	31.62m
20	Schmidt, Christian	Eastern Menn	31.36m
21	Arnold, Parker	Southern Vir	28.03m
22	Krause, Curtiss	Roanoke	27.83m
23	Bea, Jayven	Roanoke	27.26m
24	Sarsfield, James	Roanoke	26.98m
25	Duncan, Ryan	Bridgewater	25.91m
26	Field, Jeremiah	Christopher	25.62m
27	Miller, David	Christopher	23.98m

---	Roy, Adam	Washington a	FOUL
---	Nesselrodt, Tony	Bridgewater	FOUL

## Men Hammer Throw

	Name	School	Finals
<b>Finals</b>			
1	Smith, Michael	Bridgewater	51.52m
2	Bain, Ian	Rowan	46.31m
3	Nesselrodt, Tony	Bridgewater	43.46m
4	Soto-Ventura, Jorge	Washington a	42.12m
5	Alligood, Samuel	Carnegie Mel	42.02m
6	Novak, Evan	Washington a	41.89m
7	Roy, Adam	Washington a	38.80m
8	Ntiganzwa, Dante	Christopher	38.78m
9	Fomby, Latrell	Christopher	36.43m
10	Knight, Will	Washington a	36.25m
11	Sliwa, Colin	Christopher	35.75m
12	Deyak, Nathaniel	Carnegie Mel	35.71m
13	Palmer, Tyler	Christopher	35.17m
14	Krause, Curtiss	Roanoke	35.01m
15	Sarsfield, James	Roanoke	34.56m
16	Oldham, Cole	Southern Vir	34.40m
17	Young, Daniel	Christopher	34.20m
18	Davidson, Curt (Cj)	Southern Vir	33.85m
19	Varner, Benjamin	Christopher	32.71m
20	Lionberger, Derek	Southern Vir	30.83m
21	Field, Jeremiah	Christopher	30.30m
22	Miller, David	Christopher	22.15m
23	Duncan, Ryan	Bridgewater	18.17m
---	McNutt, Jake	Bridgewater	FOUL
---	Fulton, Peter	Bridgewater	FOUL

## Men Javelin Throw

	Name	School	Finals
<b>Finals</b>			
1	Poloso, Greg	Rowan	62.95m
2	Rosa, Edgar	Rowan	58.03m
3	Armstrong, Kevin	Rowan	57.26m
4	Lebron, Julio	Rowan	56.95m
5	Roy, Adam	Washington a	54.48m
6	Parry, Koby	Southern Vir	51.69m
7	Potrebic, Casey	Carnegie Mel	49.28m
8	Wilson, Jeremiah	Rowan	49.17m
9	Lehman, Connor	Washington a	45.81m
10	Arnold, Parker	Southern Vir	45.50m
11	Cartwright, Keith	Case Western	43.34m
12	Spikers, Euan	Bridgewater	41.66m
13	Makowski, Brandon	Washington a	41.25m
14	Nye, Brock	Southern Vir	41.19m
15	Novak, Evan	Washington a	39.34m
16	Africa, Matthew	Southern Vir	35.81m
17	Sarsfield, James	Roanoke	31.81m
18	Munoz, Zach	Eastern Menn	28.03m
19	Krause, Curtiss	Roanoke	27.13m
20	Bea, Jayven	Roanoke	25.74m