

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #2
Girls Relay - Spotswood A**Final Results****Spotswood A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Spotswood A	17	1-2-4-10	49:59	12:30	1:31.0

Spotswood A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DICKEL, Marika	JR	3030	Spotswood A	1	11:57.5	5:58.7	3:42.8
2 MYERS, Taylor	SR	2030	Spotswood A	2	12:11.3	6:05.7	3:47.1
3 DICKEL, Ashland	JR	4030	Spotswood A	4	12:21.8	6:10.9	3:50.4
4 JOYNER, Peyton	FR	30	Spotswood A	10	13:28.4	6:44.2	4:11.0

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Race #2
Girls Relay - Harrisonburg High A**Final Results****Harrisonburg High A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
2 Harrisonburg High A	45	7-8-11-19	54:16	13:34	0:43.1

Harrisonburg High A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BLAGG, Lena	SR	13	Harrisonburg High	7	13:18.1	6:39.0	4:07.8
2 SAUNDERS, Brooke	FR	2013	Harrisonburg High	8	13:20.2	6:40.1	4:08.5
3 KAUFFMAN, Sophie	SO	3013	Harrisonburg High	11	13:36.3	6:48.1	4:13.5
4 POIROT, Annie	SR	4013	Harrisonburg High	19	14:01.1	7:00.6	4:21.2

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Race #2
Girls Relay - Fort Defiance Girls A**Final Results****Fort Defiance Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
3 Fort Defiance Girls A	69	3-16-23-27	55:18	13:50	2:22.2

Fort Defiance Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 LANE, Abby	SR	9	Fort Defiance Girls	3	12:18.6	6:09.3	3:49.4
2 LANG, Bethany	SR	4009	Fort Defiance Girls	16	13:56.1	6:58.0	4:19.7
3 CONNER, Maddie	SO	3009	Fort Defiance Girls	23	14:22.3	7:11.1	4:27.8
4 CUBBAGE, Taylor	SO	2009	Fort Defiance Girls	27	14:40.8	7:20.4	4:33.5

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Race #2
Girls Relay - Rockbridge County A**Final Results****Rockbridge County A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
4 Rockbridge County A	90	5-17-26-42	56:23	14:06	2:52.3

Rockbridge County A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 LUDTKE, Deena	SR	25	Rockbridge County	5	12:28.4	6:14.2	3:52.4
2 BLACK, Nicole	SR	2025	Rockbridge County	17	13:56.8	6:58.4	4:19.9
3 LEWIS, Dorothy	SO	3025	Rockbridge County	26	14:36.9	7:18.4	4:32.3
4 EICHELBERGER, Brooke	JR	4025	Rockbridge County	42	15:20.7	7:40.3	4:45.9

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Race #2
Girls Relay - Grace Christian A**Final Results****Grace Christian A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
5 Grace Christian A	102	6-20-37-39	57:24	14:21	1:51.6

Grace Christian A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BABISH, Georgia	SO	11	Grace Christian A	6	13:10.9	6:35.4	4:05.6
2 DRYER, Jessica	SR	4011	Grace Christian A	20	14:11.8	7:05.9	4:24.5
3 HARPER, Kaitlyn	JR	3011	Grace Christian A	37	14:58.7	7:29.3	4:39.1
4 HARPER, Maddie	SR	2011	Grace Christian A	39	15:02.5	7:31.2	4:40.3

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Race #2
Girls Relay - Wilson Memorial A**Final Results****Wilson Memorial A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
6 Wilson Memorial A	116	9-13-40-54	58:02	14:31	2:15.5

Wilson Memorial A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 PLAUTZ, Cassidy	SR	4044	Wilson Memorial A	9	13:27.8	6:43.9	4:10.9
2 FRANKLIN, Quinn	SR	44	Wilson Memorial A	13	13:38.0	6:49.0	4:14.0
3 TROXELL, Alison	SO	2044	Wilson Memorial A	40	15:12.9	7:36.4	4:43.5
4 CORBETT, Linley	FR	3044	Wilson Memorial A	54	15:43.3	7:51.6	4:52.9

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Race #2
Girls Relay - Waynesboro A**Final Results****Waynesboro A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
7 Waynesboro A	118	25-28-31-34	58:54	14:44	0:20.1

Waynesboro A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BOUCHER, Cadence	SR	2040	Waynesboro A	25	14:30.2	7:15.1	4:30.2
2 KIMMELL, Lydia	JR	40	Waynesboro A	28	14:44.7	7:22.3	4:34.7
3 KIMMELL, Amelia	FR	4040	Waynesboro A	31	14:48.4	7:24.2	4:35.9
4 AUSTIN, Alexis	FR	3040	Waynesboro A	34	14:50.3	7:25.1	4:36.5

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Race #2
Girls Relay - Wilson Memorial B**Final Results****Wilson Memorial B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
8 Wilson Memorial B	128	22-24-29-53	59:17	14:50	1:23.0

Wilson Memorial B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 CRONK, Erika	SO	2046	Wilson Memorial B	22	14:19.7	7:09.8	4:27.0
2 FRANKLIN, Thea	SO	46	Wilson Memorial B	24	14:29.5	7:14.7	4:30.0
3 TROXELL, Sydney	SO	4046	Wilson Memorial B	29	14:45.3	7:22.6	4:34.9
4 FORBUS, Lainey	JR	3046	Wilson Memorial B	53	15:42.6	7:51.3	4:52.7

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Race #2
Girls Relay - Luray A

Final Results

Luray A TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
9 Luray A	140	12-14-41-73	1:00:29	15:08	4:11.4

Luray A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 WHITMER, Annah	JR	18	Luray A	12	13:36.9	6:48.4	4:13.7
2 WOOD, Carolina	JR	2018	Luray A	14	13:47.8	6:53.9	4:17.1
3 JENKINS, Maya	FR	3018	Luray A	41	15:15.2	7:37.6	4:44.2
4 ROY, Laney	JR	4018	Luray A	73	17:48.3	8:54.1	5:31.7

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Race #2
Girls Relay - Waynesboro B**Final Results****Waynesboro B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
10 Waynesboro B	158	18-32-49-59	1:00:31	15:08	2:12.1

Waynesboro B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SLOAT, Skylar	SO	4042	Waynesboro B	18	14:00.6	7:00.3	4:21.1
2 CARVER, Emma	SO	2042	Waynesboro B	32	14:48.8	7:24.4	4:36.0
3 MATHERLY, Gillian	SR	42	Waynesboro B	49	15:28.8	7:44.4	4:48.4
4 SLOAT, Sierra	JR	3042	Waynesboro B	59	16:12.7	8:06.3	5:02.1

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Race #2
Girls Relay - Harrisonburg High B**Final Results****Harrisonburg High B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
11 Harrisonburg High B	173	35-38-44-56	1:01:14	15:19	0:54.0

Harrisonburg High B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 GIBSON, Abby	SO	15	Harrisonburg High	35	14:56.1	7:28.0	4:38.3
2 RUSH, Bethany	FR	2015	Harrisonburg High	38	15:01.9	7:30.9	4:40.1
3 BUNN, Matilda	SO	4015	Harrisonburg High	44	15:25.9	7:42.9	4:47.5
4 CAMPILLO, Anna	SR	3015	Harrisonburg High	56	15:50.1	7:55.0	4:55.1

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Race #2
Girls Relay - Fort Defiance Girls B**Final Results****Fort Defiance Girls B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
12 Fort Defiance Girls B	195	36-45-47-67	1:03:08	15:47	2:19.9

Fort Defiance Girls B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BROWN, Avery	SO	10	Fort Defiance Girls	36	14:57.2	7:28.6	4:38.6
2 CLARK, Karina	JR	4010	Fort Defiance Girls	45	15:26.1	7:43.0	4:47.6
3 BAST, Violet	FR	2010	Fort Defiance Girls	47	15:26.9	7:43.4	4:47.8
4 MCLAUGHLIN, Mia	SO	3010	Fort Defiance Girls	67	17:17.1	8:38.5	5:22.1

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Race #2
Girls Relay - CHS

Final Results

CHS TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
13 CHS	203	15-43-69-76	1:05:09	16:18	4:27.9

CHS INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 HOOVER, Asia	SR	51	CHS	15	13:55.7	6:57.8	4:19.5
2 RIMEL, McKenna	SR	2051	CHS	43	15:25.9	7:42.9	4:47.5
3 ERICKSON, Lucie	JR	4051	CHS	69	17:23.8	8:41.9	5:24.1
4 GEORGRE, Katherine	SR	3051	CHS	76	18:23.5	9:11.7	5:42.7

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Race #2
Girls Relay - Spotswood B**Final Results****Spotswood B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
14 Spotswood B	214	21-61-64-68	1:04:31	16:08	3:05.6

Spotswood B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 RUEBKE, Kate	SR	32	Spotswood B	21	14:12.9	7:06.4	4:24.9
2 RASCOE, Ruth	SO	2032	Spotswood B	61	16:20.2	8:10.1	5:04.4
3 ARGUETA-ROMERO, Carla	SO	3032	Spotswood B	64	16:39.5	8:19.7	5:10.4
4 DUA, Pria	SR	4032	Spotswood B	68	17:18.5	8:39.2	5:22.5

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**Race #2
Girls Relay - Rockbridge County B****Final Results****Rockbridge County B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
15 Rockbridge County B	217	50-52-55-60	1:03:11	15:48	0:44.5

Rockbridge County B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 HOLSTON, Kate	SO	2027	Rockbridge County	50	15:28.8	7:44.4	4:48.4
2 NYE, Anna	FR	27	Rockbridge County	52	15:42.5	7:51.2	4:52.7
3 GEARHART, Ruby	FR	3027	Rockbridge County	55	15:45.7	7:52.8	4:53.7
4 SILVER, Cassandra	SO	4027	Rockbridge County	60	16:13.3	8:06.6	5:02.2

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Race #2
Girls Relay - Mountain View High Go Girls**Final Results****Mountain View High Go Girls TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
16 Mountain View High Go Gir	221	33-51-63-74	1:05:05	16:17	3:16.9

Mountain View High Go Girls INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 FOSTER, JadyN	SR	4022	Mountain View High	33	14:48.8	7:24.4	4:36.0
2 FOSTER, Jordyn	SR	22	Mountain View High	51	15:34.4	7:47.2	4:50.2
3 ANDERSON, Rachelle	JR	3022	Mountain View High	63	16:36.1	8:18.0	5:09.3
4 STANLEY, Trinity	JR	2022	Mountain View High	74	18:05.6	9:02.8	5:37.1

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Race #2
Girls Relay - Stuarts Draft High Girls A
Final Results**Stuarts Draft High Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread	
17	Stuarts Draft High Girls A	224	30-58-66-70	1:05:00	16:15	2:38.2

Stuarts Draft High Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	
1	HIBSHMAN, Angela	FR	3039	Stuarts Draft High	30	14:47.1	7:23.5	4:35.5
2	BARRAGAN, Ale	SR	39	Stuarts Draft High	58	15:59.4	7:59.7	4:57.9
3	MISICK, Isabel	JR	2039	Stuarts Draft High	66	16:48.3	8:24.1	5:13.1
4	QUINTERO, Blanca	SO	4039	Stuarts Draft High	70	17:25.3	8:42.6	5:24.6

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Race #2
Girls Relay - Wilson Memorial C**Final Results****Wilson Memorial C TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
18 Wilson Memorial C	232	48-57-62-65	1:04:27	16:07	1:14.1

Wilson Memorial C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 KNIGHT, Asia	JR	48	Wilson Memorial C	48	15:27.7	7:43.8	4:48.1
2 AIKENS, Mikayla	JR	3048	Wilson Memorial C	57	15:51.3	7:55.6	4:55.4
3 MILLER, Meghan	SO	2048	Wilson Memorial C	62	16:26.0	8:13.0	5:06.2
4 STEVENS, Avere	JR	4048	Wilson Memorial C	65	16:41.7	8:20.8	5:11.1

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Race #2
Girls Relay - Staunton High Girls A
Final Results**Staunton High Girls A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
19 Staunton High Girls A	264	46-71-72-75	1:09:08	17:17	2:51.3

Staunton High Girls A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BROWN, Kendal	SR	2036	Staunton High Girls	46	15:26.2	7:43.1	4:47.6
2 LOAR, Brook	JR	36	Staunton High Girls	71	17:40.8	8:50.4	5:29.4
3 STATON, Georgia Grande	SR	3036	Staunton High Girls	72	17:43.6	8:51.8	5:30.3
4 FRYE, Ella	JR	4036	Staunton High Girls	75	18:17.4	9:08.7	5:40.8