

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Broadway A**Final Results****Broadway A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Broadway A	52	1-10-20-21	44:01	11:01	1:16.4

Broadway A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 YODER, Tristan	JR	1	Broadway A	1	10:09.1	5:04.5	3:09.1
2 ALLEN, Payton	FR	4001	Broadway A	10	11:02.7	5:31.3	3:25.8
3 NGUYEN, Jaiden	SO	3001	Broadway A	20	11:23.2	5:41.6	3:32.2
4 WYANT, Caleb	JR	2001	Broadway A	21	11:25.5	5:42.7	3:32.9

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Waynesboro A**Final Results****Waynesboro A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
2 Waynesboro A	54	3-7-12-32	44:16	11:04	1:21.0

Waynesboro A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 JOLIN, Miles	SO	4041	Waynesboro A	3	10:26.6	5:13.3	3:14.6
2 NORRIS, Grayson	SO	41	Waynesboro A	7	10:52.8	5:26.4	3:22.7
3 COLANDER, Dylan	JR	3041	Waynesboro A	12	11:08.5	5:34.2	3:27.6
4 MARIN PEREZ, Chris	FR	2041	Waynesboro A	32	11:47.5	5:53.7	3:39.7

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Luray A**Final Results****Luray A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
3 Luray A	62	4-14-19-25	44:49	11:13	0:52.2

Luray A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 JOHNSON, Davey	JR	19	Luray A	4	10:39.7	5:19.8	3:18.7
2 SEAL, Wyatt	JR	2019	Luray A	14	11:13.9	5:36.9	3:29.3
3 NUCKOLS, Josh	SR	4019	Luray A	19	11:22.9	5:41.4	3:32.1
4 JONES, Eli	SR	3019	Luray A	25	11:31.9	5:45.9	3:34.9

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - East Rockingham A****Final Results****East Rockingham A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
4 East Rockingham A	73	5-9-18-41	45:15	11:19	1:14.9

East Rockingham A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 YANCEY, Cade	SO	2004	East Rockingham A	5	10:49.8	5:24.9	3:21.8
2 FOX, Hayden	JR	4004	East Rockingham A	9	10:59.6	5:29.8	3:24.8
3 YANCEY, Eiler	SR	3004	East Rockingham A	18	11:21.0	5:40.5	3:31.5
4 SHIFFLETT, Sam	JR	4	East Rockingham A	41	12:04.6	6:02.3	3:45.0

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Wilson Memorial A**Final Results****Wilson Memorial A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
5 Wilson Memorial A	106	15-22-23-46	46:23	11:36	0:56.7

Wilson Memorial A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 CHILDRESS, Joseph	SR	4045	Wilson Memorial A	15	11:15.5	5:37.7	3:29.8
2 VESS, Max	SR	45	Wilson Memorial A	22	11:27.1	5:43.5	3:33.4
3 MCMAHON, Liam	FR	2045	Wilson Memorial A	23	11:27.8	5:43.9	3:33.6
4 PUMPHREY, Drew	FR	3045	Wilson Memorial A	46	12:12.2	6:06.1	3:47.4

VALLEY CUP
Fishersville, VA
Wilson Memorial High School
Tuesday, August 29, 2023



OFFICIAL MEET REPORT
printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Spotswood A

Final Results

Spotswood A TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
6 Spotswood A	110	16-27-28-39	46:33	11:39	0:46.5

Spotswood A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 KITE, Bunte	SR	2031	Spotswood A	16	11:17.5	5:38.7	3:30.4
2 SALMERON, Kenneth	SR	31	Spotswood A	27	11:34.5	5:47.3	3:35.7
3 BRADSHAW, Isaac	SO	3031	Spotswood A	28	11:36.7	5:48.3	3:36.3
4 KRAMER, Troy	JR	4031	Spotswood A	39	12:03.9	6:01.9	3:44.8

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Harrisonburg High C****Final Results****Harrisonburg High C TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
7 Harrisonburg High C	136	8-13-45-70	47:11	11:48	1:56.1

Harrisonburg High C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MCMICHAEL, Andrew	SR	17	Harrisonburg High	8	10:55.4	5:27.7	3:23.5
2 HOWLEY, Kaedon	JR	2017	Harrisonburg High	13	11:11.8	5:35.9	3:28.6
3 YOUNG, Declan	FR	3017	Harrisonburg High	45	12:11.7	6:05.8	3:47.2
4 MAYNARD, Lucas	FR	4017	Harrisonburg High	70	12:51.5	6:25.7	3:59.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Harrisonburg High A****Final Results****Harrisonburg High A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
8 Harrisonburg High A	151	11-30-35-75	47:39	11:55	1:55.2

Harrisonburg High A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 RUSH, Matt	SR	14	Harrisonburg High	11	11:05.0	5:32.5	3:26.5
2 SWARTZ, Wesley	FR	2014	Harrisonburg High	30	11:43.1	5:51.5	3:38.3
3 EANES, Donovan	JR	3014	Harrisonburg High	35	11:50.1	5:55.0	3:40.5
4 BILL, Tommy	SO	4014	Harrisonburg High	75	13:00.2	6:30.1	4:02.3

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Rockbridge County A****Final Results****Rockbridge County A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
9 Rockbridge County A	162	6-38-54-64	47:56	11:59	1:46.0

Rockbridge County A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SPANGLER, Preston	FR	26	Rockbridge County	6	10:52.6	5:26.3	3:22.6
2 MILLER, Alexander	JR	2026	Rockbridge County	38	11:57.1	5:58.5	3:42.7
3 HOWALD, Fisher	SO	4026	Rockbridge County	54	12:27.1	6:13.5	3:52.0
4 CASH, Trent	SO	3026	Rockbridge County	64	12:38.6	6:19.3	3:55.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Fort Defiance A****Final Results****Fort Defiance A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
10 Fort Defiance A	183	2-51-62-68	48:14	12:04	2:22.6

Fort Defiance A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BLOSSER, Parker	JR	6	Fort Defiance A	2	10:26.3	5:13.1	3:14.5
2 BILLER, Carson	JR	2006	Fort Defiance A	51	12:24.0	6:12.0	3:51.0
3 WRIGHT, Stevie	FR	3006	Fort Defiance A	62	12:34.3	6:17.1	3:54.2
4 FORSYTH, Harper	SO	4006	Fort Defiance A	68	12:48.8	6:24.4	3:58.7

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Mountain View High Red****Final Results****Mountain View High Red TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
11 Mountain View High Red	184	33-44-48-59	48:44	12:11	0:44.3

Mountain View High Red INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 WATKINSON, Penn	FR	23	Mountain View High	33	11:48.6	5:54.3	3:40.0
2 BOWLEY, Marcus	FR	4023	Mountain View High	44	12:08.0	6:04.0	3:46.1
3 HOOVER, Charlie	SO	3023	Mountain View High	48	12:14.4	6:07.2	3:48.1
4 FONSECA-MARTIN, Aday	JR	2023	Mountain View High	59	12:32.8	6:16.4	3:53.8

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Waynesboro B****Final Results****Waynesboro B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
12 Waynesboro B	190	26-36-43-85	48:52	12:13	1:45.9

Waynesboro B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 WILLIAMSON, Ross	SO	43	Waynesboro B	26	11:32.3	5:46.1	3:35.0
2 MAYO, Cooper	SR	4043	Waynesboro B	36	11:53.3	5:56.6	3:41.5
3 MORNINGSTAR, Owen	SO	2043	Waynesboro B	43	12:07.7	6:03.8	3:46.0
4 BRIGGS, Ryan	FR	3043	Waynesboro B	85	13:18.2	6:39.1	4:07.9

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Harrisonburg High B****Final Results****Harrisonburg High B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
13 Harrisonburg High B	192	31-37-50-74	49:01	12:16	1:14.2

Harrisonburg High B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 HULLEMAN, Cj	SR	16	Harrisonburg High	31	11:44.4	5:52.2	3:38.8
2 GRAHAM, Aaron	FR	2016	Harrisonburg High	37	11:53.7	5:56.8	3:41.6
3 FOX, Eli	FR	3016	Harrisonburg High	50	12:23.9	6:11.9	3:51.0
4 DMETRYIV, Boris	FR	4016	Harrisonburg High	74	12:58.6	6:29.3	4:01.8

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Broadway B****Final Results****Broadway B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
14 Broadway B	0*	24-53-57-83	49:41	12:26	1:41.9

Broadway B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 RYAN, Asher	JR	2	Broadway B	24	11:31.0	5:45.5	3:34.6
2 ARMENTROUT, Rhett	SR	2002	Broadway B	53	12:26.2	6:13.1	3:51.7
3 DIEHL, Gavin	JR	3002	Broadway B	57	12:31.1	6:15.6	3:53.3
4 SAYLOR, Armentrout	SO	4002	Broadway B	83	13:12.8	6:36.4	4:06.2

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Rockbridge County B****Final Results****Rockbridge County B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
15 Rockbridge County B	0*	34-40-71-72	49:40	12:25	1:03.8

Rockbridge County B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 LUDTKE, Tyler	FR	28	Rockbridge County	34	11:49.6	5:54.8	3:40.4
2 EASTWOOD, Sammy	FR	2028	Rockbridge County	40	12:04.6	6:02.3	3:45.0
3 MCCLUNG, Oscar	FR	4028	Rockbridge County	71	12:52.3	6:26.1	3:59.8
4 IMLER, Jordan	SR	3028	Rockbridge County	72	12:53.3	6:26.6	4:00.1

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Fort Defiance B****Final Results****Fort Defiance B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
16 Fort Defiance B	0*	29-49-73-77	49:59	12:30	1:24.4

Fort Defiance B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SCHULZ, Jacob	SR	7	Fort Defiance B	29	11:39.5	5:49.7	3:37.2
2 MCCRAY, Peyton	FR	3007	Fort Defiance B	49	12:20.6	6:10.3	3:50.0
3 SOMMERFIELD, BC	SR	2007	Fort Defiance B	73	12:54.9	6:27.4	4:00.6
4 MITCHELL, Connor	SR	4007	Fort Defiance B	77	13:03.8	6:31.9	4:03.4

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Wilson Memorial B****Final Results****Wilson Memorial B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
17 Wilson Memorial B	0*	47-52-60-69	50:02	12:31	0:34.6

Wilson Memorial B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SANDERS, Carter	SR	47	Wilson Memorial B	47	12:14.4	6:07.2	3:48.1
2 LOPEZ, Ever	JR	2047	Wilson Memorial B	52	12:25.0	6:12.5	3:51.3
3 MCNORTON, Landon	JR	3047	Wilson Memorial B	60	12:33.3	6:16.6	3:53.9
4 KITE, Zylar	SO	4047	Wilson Memorial B	69	12:48.9	6:24.4	3:58.8

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Grace Christian A****Final Results****Grace Christian A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
18 Grace Christian A	253	17-58-86-92	50:55	12:44	2:22.6

Grace Christian A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DERRICK, Jed	SO	12	Grace Christian A	17	11:18.7	5:39.3	3:30.8
2 REID, Canon	SO	3012	Grace Christian A	58	12:32.3	6:16.1	3:53.6
3 CASHION, Caleb	FR	2012	Grace Christian A	86	13:23.0	6:41.5	4:09.4
4 RANCK, Isaac	FR	4012	Grace Christian A	92	13:41.2	6:50.6	4:15.0

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Wilson Memorial C****Final Results****Wilson Memorial C TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
19 Wilson Memorial C	263	42-63-76-82	50:57	12:45	1:05.2

Wilson Memorial C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 COLE, Tim	SR	49	Wilson Memorial C	42	12:07.2	6:03.6	3:45.8
2 ARMSTRONG, Nelson	JR	3049	Wilson Memorial C	63	12:35.8	6:17.9	3:54.7
3 THOMAS, Brenden	JR	4049	Wilson Memorial C	76	13:01.6	6:30.8	4:02.7
4 SELLERS, Conner	JR	2049	Wilson Memorial C	82	13:12.4	6:36.2	4:06.1

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Staunton High Boys A****Final Results****Staunton High Boys A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
20 Staunton High Boys A	304	61-65-79-99	52:19	13:05	1:25.6

Staunton High Boys A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SHUEY, Wyatt	SO	34	Staunton High Boys	61	12:33.6	6:16.8	3:54.0
2 FARREL, Henry	JR	4034	Staunton High Boys	65	12:40.6	6:20.3	3:56.2
3 GRAVES, Jack	FR	2034	Staunton High Boys	79	13:05.6	6:32.8	4:04.0
4 LOUGES, Reese	FR	3034	Staunton High Boys	99	13:59.1	6:59.5	4:20.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Mountain View High White**Final Results****Mountain View High White TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
21 Mountain View High White	342	56-90-93-103	54:03	13:31	1:45.1

Mountain View High White INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BELYEA, Cade	FR	24	Mountain View High	56	12:29.4	6:14.7	3:52.7
2 CROUSHORE, Tai	SR	4024	Mountain View High	90	13:36.1	6:48.0	4:13.4
3 BRINKLEY, Landon	SO	2024	Mountain View High	93	13:42.8	6:51.4	4:15.5
4 MAHANES, Jordan	SO	3024	Mountain View High	103	14:14.4	7:07.2	4:25.3

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Stuarts Draft High Boys A****Final Results****Stuarts Draft High Boys A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread	
22	Stuarts Draft High Boys A	354	80-84-88-102	53:55	13:29	0:55.4

Stuarts Draft High Boys A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	
1	WYANT, Jackson	SO	37	Stuarts Draft High B	80	13:09.8	6:34.9	4:05.3
2	HOKE, Christian	JR	4037	Stuarts Draft High B	84	13:13.7	6:36.8	4:06.5
3	AUSTIN, Tyler	SO	2037	Stuarts Draft High B	88	13:26.6	6:43.3	4:10.5
4	PFISTER, Nathaniel	FR	3037	Stuarts Draft High B	102	14:05.1	7:02.5	4:22.4

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Spotswood B****Final Results****Spotswood B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
23 Spotswood B	359	55-81-100-123	56:07	14:02	3:58.8

Spotswood B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 SHEAHAN, Kiernan	SO	33	Spotswood B	55	12:27.1	6:13.5	3:52.0
2 HUSAM-LEWIS, Quadir	FR	2033	Spotswood B	81	13:11.7	6:35.8	4:05.8
3 CHEN, Rocky	SO	3033	Spotswood B	100	14:02.3	7:01.2	4:21.6
4 TOMEI, Ben	JR	4033	Spotswood B	123	16:25.9	8:12.9	5:06.2

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Rockbridge County C****Final Results****Rockbridge County C TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
24 Rockbridge County C	371	66-89-96-120	55:32	13:53	2:43.5

Rockbridge County C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MILLER, Finn	FR	2029	Rockbridge County	66	12:42.8	6:21.4	3:56.9
2 NEIBUR, Graham	SO	29	Rockbridge County	89	13:32.9	6:46.5	4:12.5
3 FOUNTAIN, Parker	FR	3029	Rockbridge County	96	13:49.7	6:54.8	4:17.7
4 LOWNEY, Chase	SR	4029	Rockbridge County	120	15:26.3	7:43.1	4:47.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Buffalo Gap A****Final Results****Buffalo Gap A TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
25 Buffalo Gap A	386	78-95-104-109	55:57	14:00	1:32.7

Buffalo Gap A INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DUQUETTE, Alex	JR	3	Buffalo Gap A	78	13:05.5	6:32.7	4:03.9
2 REED, Cole	JR	4003	Buffalo Gap A	95	13:44.6	6:52.3	4:16.1
3 STARCHER, Aidan	SR	3003	Buffalo Gap A	104	14:28.2	7:14.1	4:29.6
4 MURPHY, Liam	FR	2003	Buffalo Gap A	109	14:38.1	7:19.0	4:32.7

VALLEY CUP
Fishersville, VA
Wilson Memorial High School
Tuesday, August 29, 2023



OFFICIAL MEET REPORT
printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Luray B

Final Results

Luray B TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
26 Luray B	403	87-94-108-114	56:32	14:08	1:23.1

Luray B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BOWMAN, Jacob	SR	20	Luray B	87	13:25.0	6:42.5	4:10.0
2 ERNST, Michael	FR	3020	Luray B	94	13:43.0	6:51.5	4:15.6
3 GEORGE, Jackson	JR	4020	Luray B	108	14:36.1	7:18.0	4:32.1
4 BENITEZ, Alan	SR	2020	Luray B	114	14:48.0	7:24.0	4:35.8

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Staunton High Boys B****Final Results****Staunton High Boys B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
27 Staunton High Boys B	413	67-107-117-122	58:10	14:33	3:04.5

Staunton High Boys B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DEVENPORT, Anthony	SR	4035	Staunton High Boys	67	12:44.0	6:22.0	3:57.2
2 ROBINSON, Daniel	FR	3035	Staunton High Boys	107	14:34.0	7:17.0	4:31.4
3 ESPERON, Santiago	SO	35	Staunton High Boys	117	15:03.2	7:31.6	4:40.5
4 KRETSCH, Collin	FR	2035	Staunton High Boys	122	15:48.5	7:54.2	4:54.5

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - Fort Defiance C****Final Results****Fort Defiance C TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
28 Fort Defiance C	0*	98-106-111-116	58:16	14:34	1:02.0

Fort Defiance C INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 YODER, Alex	FR	4008	Fort Defiance C	98	13:58.3	6:59.1	4:20.3
2 PATTERSON, Cooper	FR	8	Fort Defiance C	106	14:33.4	7:16.7	4:31.2
3 DOLAN, Logan	FR	3008	Fort Defiance C	111	14:43.5	7:21.7	4:34.4
4 HOLLOWAY, Liam	FR	2008	Fort Defiance C	116	15:00.3	7:30.1	4:39.6

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Wilson Memorial D**Final Results****Wilson Memorial D TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
29 Wilson Memorial D	0*	101-105-110-115	58:05	14:32	0:47.9

Wilson Memorial D INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 BAIRD, Tyler	SO	4050	Wilson Memorial D	101	14:04.0	7:02.0	4:22.1
2 JORDAN, Grayson	JR	3050	Wilson Memorial D	105	14:28.4	7:14.2	4:29.7
3 LEICHNER, Finn	JR	50	Wilson Memorial D	110	14:40.5	7:20.2	4:33.4
4 PINCOCK, Joseph	SO	2050	Wilson Memorial D	115	14:51.8	7:25.9	4:37.0

VALLEY CUP
Fishersville, VA
Wilson Memorial High School
Tuesday, August 29, 2023



OFFICIAL MEET REPORT
printed: 8/29/2023 6:30 PM

Race #1
Boys Relay - Stuarts Draft High Boys B

Final Results

Stuarts Draft High Boys B TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
30 Stuarts Draft High Boys B	446	97-112-118-119	58:54	14:44	1:25.3

Stuarts Draft High Boys B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 KELTON, Micah	SO	3038	Stuarts Draft High B	97	13:49.9	6:54.9	4:17.7
2 BERRY, Andrew	SO	38	Stuarts Draft High B	112	14:44.6	7:22.3	4:34.7
3 WAITE, Davis	SO	2038	Stuarts Draft High B	118	15:04.1	7:32.0	4:40.8
4 FINT, Seth	JR	4038	Stuarts Draft High B	119	15:15.2	7:37.6	4:44.2

VALLEY CUP

Fishersville, VA

Wilson Memorial High School

Tuesday, August 29, 2023

**OFFICIAL MEET REPORT**

printed: 8/29/2023 6:30 PM

**Race #1
Boys Relay - East Rockingham B****Final Results****East Rockingham B TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
31 East Rockingham B	449	91-113-121-124	1:04:47	16:12	7:17.4

East Rockingham B INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 DIBB, Jake	JR	3005	East Rockingham B	91	13:37.2	6:48.6	4:13.8
2 GARCIA, Adrian	SO	4005	East Rockingham B	113	14:47.5	7:23.7	4:35.6
3 ZIEGLER, Cooper	SO	5	East Rockingham B	121	15:27.2	7:43.6	4:47.9
4 STEELE, Logan	JR	2005	East Rockingham B	124	20:54.5	10:27.2	6:29.6